

The Voice of CLUSI



January 2016

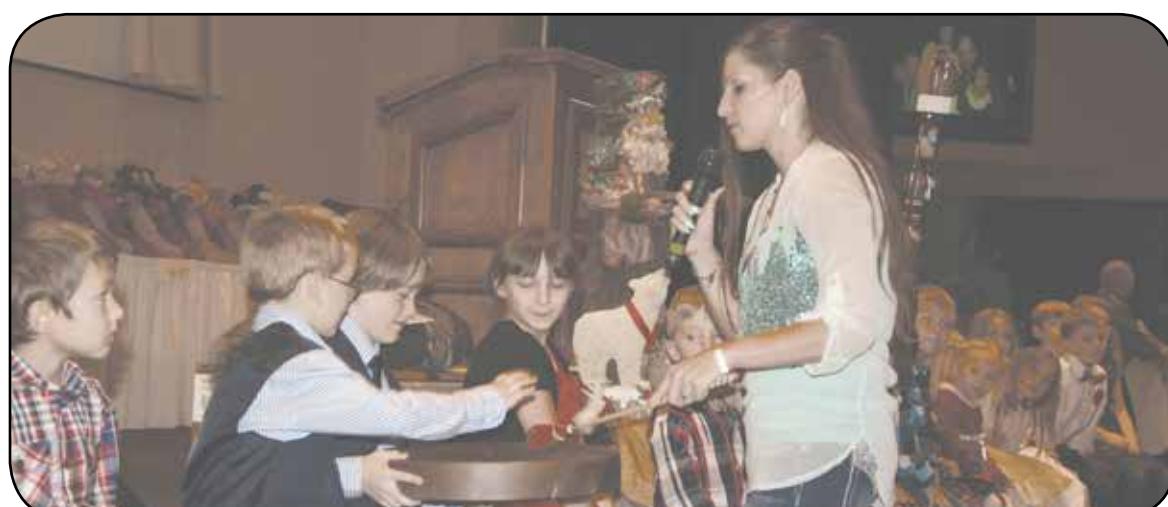
Issue 1

Volume 17

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Annual Holiday Celebration Helps Bring 2015 to a Close



Submitted by Morgan Gaines, Communications Specialist

Holiday spirit filled the air at the Three Rivers Casino Resort on Saturday, December 12th as the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians celebrated with their annual Holiday Party. Tribal families and friends gathered together for the festivities and to spend time with one another this joyous holiday season.

The halls were adorned with holiday decorations and a large Christmas tree sparkled from the stage at the front of the room. Tribal members were greeted by Tribal Government staff as well as given gifts throughout the room. Human Resources was available to answer Tribal member's questions about upcoming

employment and student internship opportunities. The Health and Human Services booth passed out lots of resource information including applications for Purchase and Referred Care (PRC) (previously known as CHS) for the New Year. PRC also held a special drawing for an electric toothbrush and a dental care package raffled later in the evening. Packets were also available for the upcoming Spring Break Camp, as well as information on the Healing of the Canoe Curriculum. The Department of Natural Resource gave out beautiful stickers with traditional language, xap tlewetos (Hanis) and chii taiyuu (Siuslaw/ Lower Umpqua) which means water is life. Also available

were Hanis language cd's, smudge sticks, and tide books. Another present came from the Housing Department, forget-me-not flower seed packet planters featuring the Tribes logo. Also given out was the Tribal calendar for 2016; Indigenous Resources, which featured photographs taken by Tribal members within Tribal territory of plants that have always been an important part of the Tribes culture. Each month features a different Indigenous Resource that has our Tribal language names along with descriptions which were generously provided by Tribal Linguist Patty Whereat-Phillips.

While holiday music played and Tribal members visited with one another, last

Members of Tribal Council pose with "Santa"

Story continues on page 4, more photos can also be found on pages 8 & 9

Save the Date

Elders Honor Day

March 18th & 19th, 2016

Tribal Council Business

As Reported at the December 13, 2015 Regular Tribal Council Meeting

Chief Warren Brainard:

Nov 8 Excused Council Meeting due to Veterans Parade
 Nov. 9 Parade Meeting
 Nov. 12 Elders Committee Meeting; Culture Committee Meeting
 Nov. 14 Fall Harvest Dinner; Drum Making
 Nov. 17 Enrollment Meeting
 Nov. 18 Tribal Government All Staff Meeting
 Nov. 19 Three Rivers Casino all Team Member Meeting; Weekly Teleconference
 Nov. 21 Budget Committee Meeting
 Nov. 24 Management & Business Tribal Council Meeting
 Nov 26 Weekly Teleconference
 Dec. 4 Transportation Meeting
 Dec 3 Weekly Teleconference
 Dec 4 Holiday Appreciation for Tribal Government
 Dec. 9 Lane ACT meeting in Springfield
 Dec. 10 Elders Committee Meeting; Culture Committee Meeting
 Dec 12 Blue Earth Services and Technology Meeting; Tribal Christmas Dinner
 And of course all executive telephone teleconferences

Doc Slyter:

Nov. 8 Regular Tribal Council Meeting
 Nov. 9 &10 Meeting with Stan Speaks, BIA
 Nov. 12 Tribal Court
 Nov. 14 Fall Harvest; Drum Making

Nov. 17 Tribal Government Staff Lunch, PRAISE
 Nov 19 Weekly Teleconference
 Nov. 23 Tribal Sweat
 Nov. 24 Business Tribal Council Meeting
 Nov 26 Weekly Teleconference
 Dec 3 Weekly Teleconference
 Dec. 7 Moved wood
 Dec. 9 Tribal Sweat
 Dec 10 Culture Committee Meeting; Elders Committee Meeting and Elders Lunch
 Dec 12 Tribal Christmas Dinner

Dec 4 Transportation Meeting
 Dec 12 Tribal Christmas Dinner

Arron McNutt:

Nov. 8 Regular Tribal Council Meeting
 Nov 24 Business Tribal Council Meeting
 Dec 3 Weekly Teleconference

Tara Bowen:

Nov 8 Regular Tribal Council Meeting
 Nov 9 Court Trial at Coos County Courthouse
 Nov 14 Fall Harvest and Drum Making
 Nov 19 Weekly Teleconference
 Nov 24 Business Tribal Council Meeting
 Nov 26 Weekly Teleconference
 Dec 12 Tribal Christmas Dinner

Mark Ingersoll, Chairman:

Nov 8 Regular Tribal Council Meeting
 Nov 10 Blue Earth Services and Technology (BEST) Meeting
 Nov 14 Fall Harvest and Drum Making
 Nov 19 Weekly Teleconference
 Nov 21 Budget Committee Meeting
 Nov. 24 Business Tribal Council Meeting
 Nov 26 Weekly Teleconference
 Dec 3 Weekly Teleconference
 Dec 12 Blue Earth Services & Technology (BEST) Meeting; Blue Earth Meeting; Tribal Christmas Dinner

Teresa Spangler, Vice - Chairman:

Nov. 14 Fall Harvest; Drum Making
 Nov 19 Weekly Teleconference
 Nov. 21 Budget Committee Meeting
 Nov. 24 Management Meeting; Business Tribal Council Meeting
 Nov 26 Weekly Teleconference
 Dec 3 Weekly Teleconference
 Dec 4 Holiday Appreciation for Tribal Government

CTCLUSI Resolutions

RESOLUTION NO.: 15-072

Date of Passage: November 24, 2015

Subject (title): Approval of Contract with Beebe Enterprises, Inc.

Explanation: Tribal Council approved a Contract with Beebe Enterprises, Inc., to design and construct an insulated shop and storage building at 1245 Fulton Avenue, Coos Bay, Oregon.

RESOLUTION NO.: 15-073

Date of Passage: November 24, 2015

Subject (title): Appointment of the Tribal Benefits Board

Explanation: Tribal Council appointed six members to the Tribal Benefits Board.

RESOLUTION NO.: 15-074

Date of Passage: December 13, 2015

Subject (title): Approval of the 2016 Tribal Government Budget

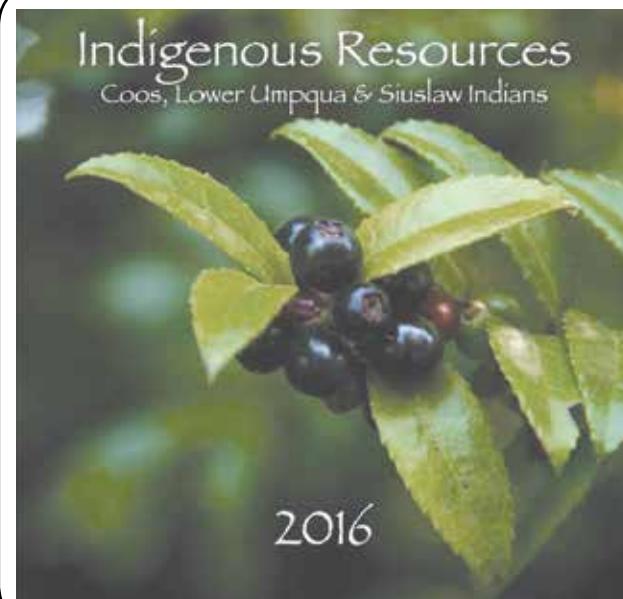
Explanation: Tribal Council approved the proposed budget in the amount of \$14,984,632 for the calendar year 2016.

ORDINANCE NO.: 030D

Date of Passage: December 13, 2015

Subject (title): An Ordinance Revising Gaming Code (CLUSITC Chapter 5-2)

Explanation: Tribal Council adopted Ordinance 030D to amend the Gaming Code in order to: (1) clarify the role of the Tribal Gaming Commission and the Director of the Tribal Gaming Commission; (2) ensure that the Gaming Code is in compliance with applicable regulations; and (3) update its provisions consistently with Gaming Commission and tribal practices that have developed over time.



***The Indigenous Resources
Coos, Lower Umpqua & Siuslaw
Indians
2016 Tribal Calendar***

The 2016 calendar was gifted to Tribal members at the Annual Holiday Celebration on December 12, 2015. We will be mailing these calendars to members who were unable to join us for the celebration.

A special thank you to Tribal member Patty Whereat-Phillips for providing the traditional language and ethnobotany information for each month.

Happy Holidays & Happy New Year!

EDUCATION DEPARTMENT

Notice: No More Higher Education Packet Deadlines!

We now offer funding for on-line and part time classes.

If you have any questions please contact us



Angela Bowen/Education Director

abowen@ctclusi.org

Karen Porter/Educator Asst.

kporter@ctclusi.org

Call 1-888-280-0726 Toll Free



Higher Education Students: After Each Term We Must Have Your Official Transcript and Your Official Upcoming Schedule BEFORE We Can Turn In A Stipend Request To Be Processed.

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

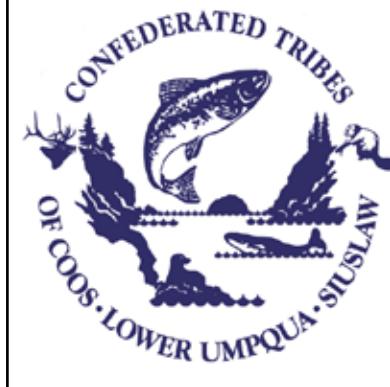
Now available at the Tribal Administration Building, Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard,

Chief

Tribal Chief

541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter

Position #1 Council
541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen

Position #2 Council
541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll,

Chairman

Position #3 Council
541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen

Position #4 Council
541-808-7394
tbowen@ctclusi.org

Teresa Spangler,

Vice Chair

Position #5 Council
541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt

Position #6 Council
541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting

January 10, 2016

Tribal Community Center
338 Wallace Street, Coos Bay,
OR. 97420

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Administration Building

Alexis Barry
Tribal Administrator
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division

Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department

Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Contract Health Services

Sharon Arnold - Contract Health Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department

Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services

Shayne Platz, Caseworker
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic

Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Health Services

Assistant Director
Iliana Montiel
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-5388
Toll Free 1-888-280-0726
imontiel@ctclusi.org

Tribal Court

J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department

Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office

1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police

Brad Kneaper
Chief of Police
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi
Interim Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

Holiday Celebration *continued from cover page...*

year's celebration photos were displayed in a slideshow on the big screen. A special photo booth was set up by Team Casino where fun props and big smiles made for some wonderful family photo prints.

Chairman Mark Ingersoll welcomed everyone to the celebration and then introduced Council member Doc Slyter who played two beautiful songs on one of his handmade flutes. Chairman Ingersoll then invited all of Tribal Council to the stage where they all shared some warm words with the crowd. Chairman Ingersoll also recognized past members of Council and thanked them for all their work in getting the Tribes to where we are today.

Chief Warren Brainard also made a special announcement. Chief spoke about all the hard work that had gone into making the Eagle Staff that had been gifted to the Tribe's during the 31st Restoration. He then proceeded to thank the artists who had worked on it and gave them each a special gift. To Sue Olson who did all the detailed bead work he showed us the Pendleton bag he would give her the next time he saw her. He then presented a Pendleton vest to Skip Brainard who selected and prepared the wooden base of the staff, and a Pendleton vest to Kip Brainard for carving the beautiful three eagle heads at the top of the staff. Chief, Skip, and Kip then gave Chairman Ingersoll the gift of a hand carved and finished club, jokingly 'to keep the rest of Council in line'. Chief Brainard then gave an invocation, acknowledging our thankfulness for those around us and to those that helped prepare such a wonderful celebration. Chief then invited everyone to join in the holiday meal. Thankfully there was more than enough to go around as we had 269 Tribal members and their family and friends in attendance, far more than the 140 who R.S.V.P.'d. We even set up a few extra tables to accommodate everyone. It was wonderful to have so many people come together.

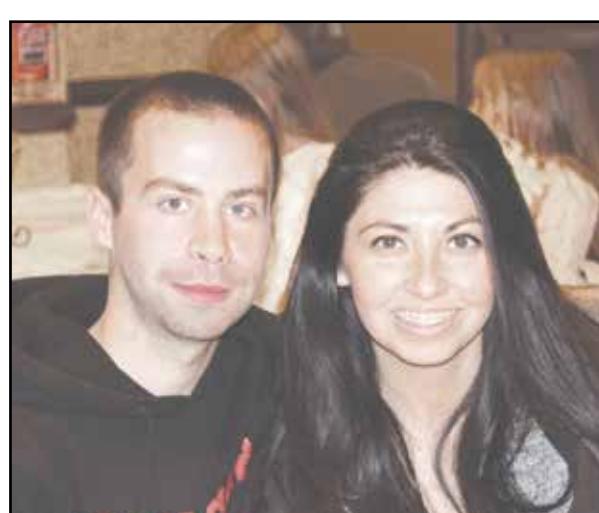
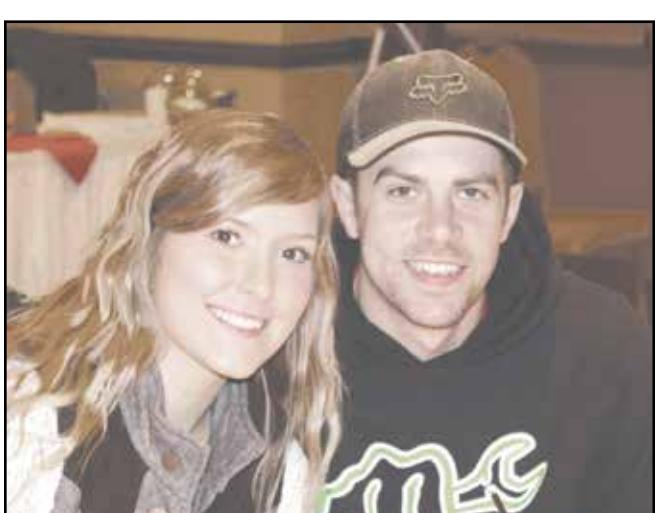
Following dinner, Tribal member Ashley Russell lead the youth in a round of traditional songs followed by a few holiday jingles to get them in the spirit for the next big event of the evening: Santa!

Santa Claus entered to the delight of the youth in the crowd. They eagerly lined up to have their turn to talk with him. One by one every child spoke with Santa and received a stocking filled with goodies. Santa had lots of helpers this year from our very own Tribal Council. Chairman Mark Ingersoll, Beaver Bowen, Teresa Spangler, Tara Bowen, and Doc Slyter all happily helped Santa give out stockings to our Tribal youth. Everyone was pleased to see such big smiles on the faces of all our youth at the end of the evening.

After all the children received their stocking and before prizes were raffled away, Chairman Ingersoll had one more special announcement; Tribal member Talice Russell had just turned four years old that day. The whole room sang him a round of Happy Birthday to his delight! During the raffle some amazing prizes were given out including a Kitchen Aid mixer, Pendleton blanket, digital camera, and so much more. At the end of the evening Chief Warren Brainard thanked everyone for coming and gifted away the beautiful poinsettia centerpieces to the eldest Elder at each table.

The holidays are a time to join together with those close to you, and the spirit of the holiday was alive with everyone on this night as family and friends gathered to share in the fun and excitement of the celebration. Thank you to all those who worked so hard to make this event happen and to all those that traveled to be there.

Happy Holidays and Happy New Year!





Longevity and 5 Steps that Can Help Restore Balance into Your Life

Submitted by Heidi E Helms, Tribal Tobacco Program Coordinator

Quitting tobacco and E-cigarettes is the single most important step you can take to improve the length and quality of your life. Quitting can be hard, so a good plan can help you get past symptoms of withdrawal. Here are five steps that can help you.

(1) Set a Quit Date.

Stay Active—Create a quit plan that balances your day, with modern to traditional activities. Do a sweat in the sweat lodge or use the sauna/steam room at the athletic club to help release toxins. Stay hydrated and active from walking to swimming to going to the gym.

Any day is a great day to quit!

(2) Get Support.

Stay Connected – Find a buddy to support you. Support is key!

Share your quit date with important people in your life and seek support.

(3) Remove Temptation.

Stay Free – Remove all tobacco, ashtrays, lighters and matches out of the house and vehicles. Old cigarette and tobacco odors can cause cravings.

Find and create environments free of commercial tobacco.

(4) Anticipate and Plan for Challenges.

Stay Positive – Find fun activities that improve your mood. The urge to use tobacco is short, usually lasting only three to five minutes. Before your quit day, write down healthy ways to cope with cravings.

If you get stuck, look within yourself and unearth self-discipline and willpower.

You got this!

(5) Consider Medications.

Tobacco cessation products are provided by CTCLUSI who live within the 5-county service areas of Coos, Curry, Douglas, Lane and Lincoln Counties. You may obtain this through Purchased/Referred Care at 1-800-227-0392. Additionally, the Oregon Tobacco Quit Line provides free and friendly support to quit smoking or chewing. Call 1-800-QUIT-NOW.

Stay Traditional – Keep Tobacco Sacred.



Pictured at left:

Native Tobacco plants were grown and harvested from Belex Tlxanii (Butterfly Garden), the Tribal Community Garden located on the Tribal reservation.

**Stay Traditional -
Keep Tobacco Sacred**



Diabetes Wellness Day

Our first Diabetes Wellness Day was a great success. We had 8 Tribal members and family come and enjoy healthy snacks and learn more about diabetes, fitness, nutrition and living a healthy lifestyle. We started by passing around a medicine rock so that everyone could talk about what they were thankful for, it was a great icebreaker. It was so nice to talk to everyone and to focus on their future goals. This was our first wellness day so it was great to see how it turned out and what to work on for next time. With the help of Nicole Mendoza we had great conversation and lots of information to give out. I look forward to our next Diabetes Wellness Day.

SAVE THE DATE:

**Thursday, February 18, 2016 @ 1:00 pm to 3:00 pm
— Our Diabetes Wellness Day at
The Florence Outreach Office**

FOR MORE INFORMATION CONTACT: TRACI STEFANEK TSTEFANEK@CTCLUSI.ORG
CELL #: 541-808-8684



Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians, 338 Wallace Avenue, Coos Bay, OR

We Welcome You to Our

Tribal Community Garden!

*Tribal Elder quotes,
"gardens grow more
than vegetables,
gardens grow
friendships too..."*

- Tribal Elder, Debra Fisher

ATTENTION: Garden Beds are Available, 1/2 or whole bed per Tribal family household on a first come, first serve basis. Garden beds can be equipped with automatic watering system.

Current Events:

Saturday, January 23rd, 11:00am—Potluck and Plant a few seeds in the Greenhouse Activity.

Planting Season is just around the corner, we will discuss the upcoming community activities for the year!

We are looking for ideas, thoughts and ways to expand on the Native plants within the garden and to create a daily log of plant care in the Greenhouse. Sign up with Mark Petrie, Cultural Assistant.

To Nurture a Garden is to Feed Not Only the Body, but the Soul.



Garden plots

Reasons to Garden at Belex Tlxanii:

- Garden Space is Free!
- It's Local!
- It's Sustainable!
- It's all Natural & Organic!
- It Builds Community!

Please Contact Mark Petrie at 541-297-3681 to learn more about the Tribal Garden.

Tribe Represented at Geology Lecture Series at Local Community College

Submitted by Mark Petrie, Cultural Assistant

In the latest Geology Lecture Series at the Hales Center for the Performing Arts at the Southwestern Oregon Community College (SWOCC) campus, renowned maritime archaeologist, author, and explorer, Dr. James Delgado, led the geology lecture entitled: The Great Museum of the Sea: Exploring the Ocean's Depths For History. Dr. James Delgado is currently the Director of NOAA's Maritime Heritage Program and is famous for his undersea explorations, including the RMS Titanic and the "ghost ship" Mary Celeste. Over 400 people attended the fascinating lecture and were treated with desserts in the lobby by SWOCC's very own Culinary Institute. CTCLUSI, the Coquille Indian Tribe, Marshfield Pioneer Cemetery, and the Coos Historical and Maritime Museum also captivated guests with local historical information relating to the Coos Bay/North Bend area in the main lobby before and after the geology series presentation. CTCLUSI's booth displayed traditional tools, basketry and weaving materials, regalia, and a history and traditional foods poster. We interacted with guests and shared our collective knowledge relating to the items displayed in hopes of raising Cultural Awareness. We were received kindly and look forward to more opportunities to promote Cultural Awareness.



Tribe Educates Youth at Boy's and Girl's Club Event

Submitted by Mark Petrie, Cultural Assistant

Native American Heritage Day at the Boy's and Girl's Club on November 18th in Coos Bay was organized by Nancy Caffey and Annette Brainard, Coos Bay and North Bend Indian Ed Coordinators. Roughly 300 native and non-native students attended five stations where they could make tule ducks with Doug Barrett, learn about Traditional Tools with Mark Petrie, drumming with Nicole Norris, dancing with Traci Kelley, and beading with Nancy and Annette. Thank you to everyone who had a hand in this educational event!

Prevention Activity Beading & Paddles

Prevention Topic: HOC (Healing of the Canoe Curriculum) Canoe Journey
All Tribal Members and the Families of the
Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
are eligible to attend.

*Please choose from one of the two locations and two dates below,
then Please R.S.V.P. by the date indicated.*

JANUARY COOS BAY

Saturday, January 9, 2016
Meet at Tribal Hall,
338 Wallace, Coos Bay OR
For Beading, Necklace Making
& Paddle Making
10:00 AM to 2:00 PM
Please R.S.V.P. by Tuesday,
January 5th.

FEBRUARY SPRINGFIELD

Saturday, February 13, 2016
Chifin Youth Center
1084 G Street Springfield OR, East Entrance
For Beading, Necklace Making
& Paddle Making
10:00 AM to 2:00 PM
Please R.S.V.P. by Tuesday,
February 9th.



RSVP to Doug at:
541-297-2130,
541-888-7512 or
1-800-618-6827



We will be providing:
Snacks
Beads, Necklace Making
Supplies & Paddles Blanks



Sponsored by:
Confederated Tribes of Coos, Lower
Umpqua & Siuslaw Indians
Prevention Program,
Family Services,
Health & Human Services Division
& The Culture Department

English to Hanis Food & Mealtime Phrases

Food = tluuwawas

Salmon = qalyeq

Chicken, pheasant = hehek

Roasted meat = tk'wíwíi

Bread = qalax

Apples = sisuuwx

Potatoes = kwiimots

Blackberries = wixaíni

Roots = Lopiihqos

We're roasting the meat = Xwin skiniiyat

Everyone is eating dinner = Guus le me tluuyam

Have a happy winter! = Niwets qaluu!

Each month we will have a list of words to encourage learning the Hanis Coos language. Visit Hanis.org and request a login today! Contact the Culture Department for more info at (541)888-1318.
Thank you





Department of Natural Resources Offers “Green Cleaning” Tips

Cleaning is an essential task in maintaining our homes, the idea being that we are removing potentially harmful dirt, dust and residues that collect in the buildings we spend our lives in. Unfortunately the chemical cleaners and supplies the average person uses to clean with can cause health problems as well.

How can cleaning supplies, household products affect health?

Many cleaning supplies or household products can irritate the eyes or the throat or cause headaches or other health problems. Some products release dangerous chemicals, including volatile organic compounds (VOCs). Other harmful ingredients include ammonia and bleach. Even natural fragrances such as citrus can react to produce dangerous pollutants indoors.

VOCs and other chemicals released when using cleaning supplies contribute to chronic respiratory problems, allergic reactions and headaches. Studies are underway to assess how these chemicals affect people who have asthma and other respiratory illnesses. However, past studies link exposure to chemicals from cleaning supplies to occupational asthma and other respiratory illnesses.

Products containing VOCs and other toxic substances can include:

- Aerosol spray products, including health, beauty and cleaning products;
- Air fresheners;
- Chlorine bleach;
- Detergent and dishwashing liquid;
- Dry cleaning chemicals;
- Rug and upholstery cleaners;
- Furniture and floor polish; and
- Oven cleaners.^{1,2}

Never mix bleach or any bleach-containing product with any cleaner containing ammonia. The gases created from this combination can lead to chronic breathing problems and even death.² Read all labels and follow instructions when using cleaning products. It could save your life.

Recent research has found that even natural fragrances in cleaning products, particularly in air fresheners, may react with high levels of ozone from indoor sources, like some air cleaning devices, or from outdoor air to form formaldehyde and dangerous fine particles indoors.⁵

⁶ Ozone is a harmful, but invisible, gas that worsens asthma and other lung diseases. Particles are also common air pollutants that can worsen asthma and other lung diseases and risk heart attacks and stroke. Both ozone and particles can be life-threatening. Formaldehyde is a known human carcinogen.

Source:<http://www.lung.org/our-initiatives/healthy-air/indoor/indoor-air-pollutants/cleaning-supplies-household-chem.html?referrer=https://www.google.com/>

Thankfully there are products you can buy which are made with no, or lower levels of VOCs. Another alternative it to make, natural or “green cleaning” products on your own. This is healthier and you know what is in your cleaning products, and it's CHEAPER too! Below are a three recipes for healthy cleaning products for your home.

Note: These formulas and substitutions are offered to help minimize the use of toxic substances in your home, and reduce the environmental harm caused by the manufacture, use and disposal of toxics. Results may vary and cannot be guaranteed to be 100% safe and effective. Before applying any cleaning formulations, test in small hidden areas if possible. Always use caution with any new product in your home.

Make sure to keep all home-made formulas well-labeled, and out of the reach of children.

All-Purpose Cleaner: Mix 1/2 cup vinegar and 1/4 cup baking soda (or 2 teaspoons borax) into 1/2 gallon (2 liters) water. Store and keep. Use for removal of water deposit stains on shower stall panels, bathroom chrome fixtures, windows, bathroom mirrors, etc. Or use a citrus-based natural all-purpose cleaner.

Bathroom mold: Mold in bathroom tile grout is a common problem and can be a health concern. Mix one part hydrogen peroxide (3%) with two parts water in a spray bottle and spray on areas with mold. Wait at least one hour before rinsing or using shower.

Laundry Detergent: Mix 1 cup Ivory soap (or Fels Naptha soap), 1/2 cup washing soda and 1/2 cup borax. Use 1 tbsp for light loads; 2 tbsp for heavy loads. Commercial natural, biodegradable laundry detergents are also now available online and in select stores.

More recipes: [http://eartheeasy.com/live_nontoxic_solutions.htm#formulas](http://eartheasy.com/live_nontoxic_solutions.htm#formulas)

IMPORTANT NOTICE from Purchase/ Referred Care (formerly known as Contract Health):

The Pharmacy for the Confederated Tribes of Grand Ronde has decided to close their mail-order pharmacy business effective January 31, 2016. If you live in the Oregon 5-county service area (Coos, Curry, Douglas, Lane and Lincoln counties) you should have received a letter in the mail by now with instructions on how to switch your prescriptions. If you have any questions, or if you need assistance, call 541-888-4873 or 1-800-227-0392.

2015 Fitness Deadline

All 2015 receipts and invoices must be received in the Florence Outreach Office by

January 15th, 2016

2015 receipts or reimbursement request will not be accepted after the deadline

*Contact Dee Dee Plaep for more information
by calling 541-997-6685*

Keep Mold and Mildew Out of Your Home

Submitted by the Housing Department

Did you know that just by breathing, you add about three pints of moisture to the air inside of your home everyday? In fact, many factors contribute to the level of moisture inside your home. Moisture can lead to mold and mildew growing and that can lead to an unhealthy environment for your household. If you live in a newer home, chances are that it's very airtight. The air quality inside your home can be worse than the pollution outside. And since you spend about 60 % of your time indoors, your health can be affected by poor indoor air quality. The following are some tips to help you control the moisture level inside your house this Fall and Winter.

Bathroom: One ten minute shower produces one pint of moisture

- Always use the fan while showering or bathing. It may seem loud, but all that moisture needs to escape. Let it run a few minutes after you have finished.
- If your toilet sweats or has condensation dripping on the outside of the tank or bowl, your house is too humid. Use the fan or insulate your toilet tank.

Kitchen: Cooking three meals per day produces over 4 pints of moisture daily

- Always use the vent/fan above your stove to help get rid of the steam.
- Use a ceiling fan while cooking.
- Open a window if the weather allows
- Make sure your fridge has a tight seal

Laundry Room: One Unvented Dryer Load produces over 6 pints of moisture

- Vent your dryer to the outside
- Keep clothes and belongings off the floor
- Keep lint from gathering around dryer
- Install an exhaust fan near the washer and dryer

Windows: Do your windows sweat during the winter?

- You can place a plastic film over the windows and this will save your energy bill as well as the window sills. These kits are cheap and can be found at hardware stores everywhere. Do it before winter.

Test Your Fans and Fridge

- Hold a piece of toilet paper next to the bathroom fan. The paper should stay and not fall to the ground. If it falls, you'll need a more powerful fan or maybe it needs cleaning.
- Put a dollar bill in between the fridge and its door. Can you easily pull the dollar out? If you can, then you need a new seal.

This month in the Department of Natural Resources...

John Schaefer (pictured at right), the Tribes' water protection specialist/biologist is shown repairing a sonde (water quality testing) site near the Empire docks.



CTCLUSI Family Services Wishes You a Safe and Happy New Year ! !

With the cold weather it is the time to stay safe and warm ! Winter is upon us and CTCLUSI Family Services continues to offer Energy assistance to families who qualify through our LIHEAP Program (Low Income Home Energy Assistance). Please feel free to contact us and learn more.

Many other programs and services are also available such as resumé building, clothing for new employment, childcare assistance to low income families, outreach services and assistance, school-to-work program for Tribal youth, parenting program services, alcohol and drug treatment service referrals, as well as resource knowledge and service referrals.

Most programs and services are based on eligibility and available funding and the only way to know more and learn more is to contact us. Family Services is here to help! For Coos Bay Outreach call 541-888-7516

For Springfield Outreach call 541-744-1334

For Florence Outreach call 541-997-6685



Sponsored by the CTCLUSI Health and Human Services Division

The Confederated Tribes of
Coos, Lower Umpqua & Siuslaw Indians

Presents

Parenting with Love and Logic®

When: Tuesdays: February 16, February 23, March 1, and March 8, 2016

Time: 5:30 PM – 7:30 PM

Location: CTCLUSI Tribal Community Center
338 Wallace St.

Coos Bay, OR 97420



RSVP by Contacting:

CTCLUSI Family Services

541-744-1334 or 1-800-877-2718

Free Dinner and Childcare will be provided.

Clean Up Your “ACT”!

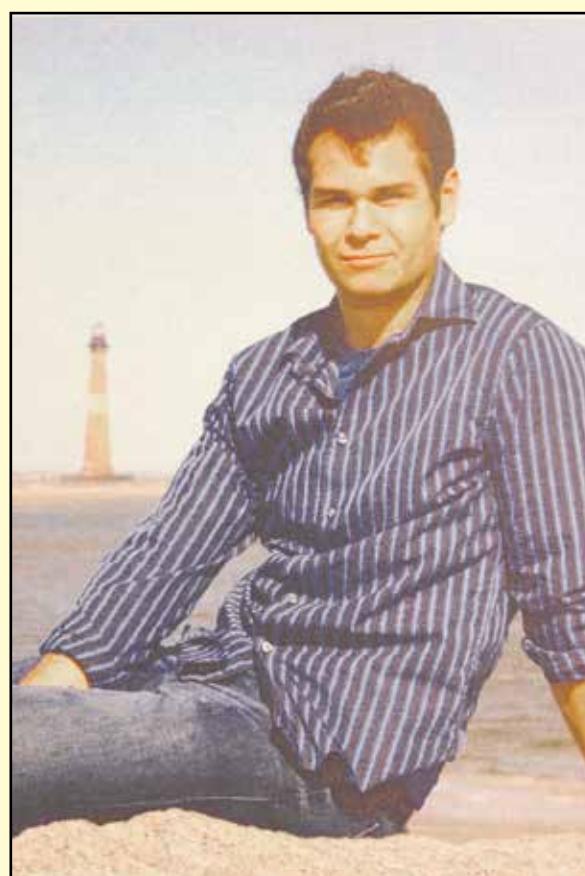
Submitted by Shannon M. Schritter, BS, RDH

Has your dentist or dental hygienist recommended a daily fluoride rinse to you? Nearly everyone could benefit from a daily topical fluoride exposure. Fluoride helps prevent decay and strengthens your teeth. ACT is the most widely known mouthwash that contains adequate amounts of fluoride, but the ACT manufacturers recently added some products to their line that contain little to no fluoride at all. Here at the CTCLUSI Dental Clinic, we know how overwhelming it can be to walk down the dental aisle at the store, so here is a chart about ACT mouthwashes to hopefully make it a little easier on you.

If you still need help deciphering dental products, ask your friendly dental hygienist to help you. There are a lot of different products in the dental aisle for a lot of different purposes. Some are just gimmicks, but there are a lot of things there that can help you do a better job with your home care. And don't forget to make an appointment for your dental cleaning and checkup today. (541) 888-6433.

Type of ACT	% of fluoride	Alcohol Content	Other
Anticavity	0.05% sodium fluoride	NONE	#1 choice!
Kids	0.05% sodium fluoride	NONE	#1 choice!
Restoring	0.05% sodium fluoride	11% alcohol	Contains a lot of alcohol, which can be drying to tissues.
Total Care	0.05% sodium fluoride	Clean Mint=NONE Icy Clean Mint contains 11% alcohol.	Look carefully at the flavors if you need alcohol free.
Sensitive	0.02% sodium fluoride	NONE	Less fluoride
Dry Mouth	0.02% sodium fluoride	NONE	Less fluoride
Braces Care	0.02% sodium fluoride	NONE	Less fluoride, but also contains xylitol!! ☺
Advanced Care	NONE	Clean Mint=NONE Frosted Mint contains 11% alcohol	This line of products also contains CPC's, which have a tendency to stain teeth. Look carefully at the flavors if you need alcohol free. Clean Mint does contain xylitol! ☺

Tribal Member Achievement



Garrett Bradley Brainard

Congratulation Garrett Brainard for graduating with a Bachelors of Science in Electrical Engineering and pursuing a Master's Degree upon acceptance in the Fall of 2016

Class of 2015
Colorado School of Mines
Friday, December 18, 2015
Golden, Colorado

Announcing RED ROAD WELLBRIETY MEETINGS

Come join us for a Native American recovery group experience.

WHERE: Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians

Tribal Hall

338 Wallace Ave, Coos Bay, 97420

WHEN: Thursdays at 5:30 pm, beginning November 5, 2015

WHO: All CTCLUSI and Coquille Tribal Members and their families are welcome to attend





Call for Counselors

SPRING BREAK CAMP

4-H Camp, Salem — March 21-25, 2016

(8 hour Orientation/Training on March 12, 2016)

- Are you a positive role model?
- Do you enjoy working with others in a team environment?
- Do you enjoy working with Tribal Youth and Staff?

Then Sign Up and be a Counselor (ages 18+) or
Counselor-In-Training (ages 16+)

(Must be CTCLUSI Tribal Member, CTCLUSI Spouse or Domestic Partner or applicant with longstanding relationship with the Tribe and are in Tribal Families.)

HOW TO APPLY

Complete the online application:
Website: www.ctclusi.org

If you have any questions, please call Pam Hickson at 541-902-6504

Deadline to apply: January 18, 2016 by 4pm

Elders Corner

Tribal Elders Celebrate the Holidays

Submitted by Iliana Montiel, Assistant Health Director

On Thursday, December 10th, the Elder's Luncheon was held in Coos Bay at the Community Center. Our friends the Coquille Elders joined us as well. We had a wonderful turnout with about 45 Elders that braved the blustery day. Tribal Member Joe Barton put out a delightful spread of delicious food. Prior to lunch, Tribal Elder Doc Slyter enchanted us with a little holiday music on his flute. After lunch, we headed to Tribal Hall to enjoy some yummy desserts that several of the Elders made and brought to share. An option of a gift exchange was given and many participated. It was fun to see all the gift giving. Many thanks to all my staff that helped that day and to the After-School Program and Culture Department for setting up and decorating such a beautiful Christmas Tree.



Welcome New Elder

Jeffrey Barrett

Elders Luncheon

January 7th @ 11:30
Hole in the Wall BBQ
1807 Olympic St., Springfield, OR
RSVP to Andrew at 541-888-7533
by January 4th.

Elders Committee Meeting

January 14, 2016
Florence Outreach Office @ noon

Save the Date

Elders Honor Day
March 18th & 19th, 2016
The Mill Casino



Spring Break Activity Camp

March 21—March 25, 2016

**We Have New and Exciting Activities Planned
for a Week of Fun Adventures!**

Call for more information

Register for camp by
**5:00 p.m. Friday,
February 19, 2016**

You must register by the
above date to have the
required registration packets
for camp mailed to you.



Tribal Youth
between the ages of 10
and 18 who are enrolled
in school are eligible to
attend.

**All registration packets are due by
5:00 p.m. Friday, March 4, 2016**

To register for camp please call:
Tami Foster @ (541) 888-1311 or DeeDee Plaep @ (541) 997-6685



Spring Break Camp 2016

March 21 – 25, 2016

(8 hour Orientation/Training on March 12, 2016)

Program and Application information

Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians

WHAT IS Spring Break Camp Counselor or Counselor in Training?

This position is responsible for providing assistance and support to the Camp Director for the Tribal Youth Camp. Position is responsible for assisting the Camp Director in carrying out activities during the youth camp as well as providing direction for the youth campers.

WHO IS ELIGIBLE TO APPLY?

To be eligible to participate in the 2016 Spring Break Camp:

- Meet minimum requirements as outlined in the job description
- Must be CTCLUSI Tribal Member, CTCLUSI Spouse or Domestic Partner or applicant with longstanding relationship with the Tribe and/ or are in Tribal Families.

WHAT IS THE PROCESS OF SELECTION?

The Recruitment Specialist for Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians will review submitted applications for completeness and administer the evaluation process. All qualified applicants will be forwarded to the Camp Director for review. The following criteria are considered during the selection process: presentation of application, and involvement in the Native community. An appointed committee conducts a final review of the application and makes an official selection of awarded applicants.

WHEN IS THE APPLICATION DEADLINE?

Completed applications must be received **ONLINE by 4pm on Monday, January 18, 2016 (Applications accepted beginning January 4, 2016)**

For questions, contact:
Pam Hickson, Recruitment Specialist
5647 Hwy 126
Florence, Oregon 97439
Phone: 541-902-6504
Website: www.ctclusi.org

WHEN WILL YOU BE NOTIFIED IF YOU ARE SELECTED?

All qualified applicants will be notified by the week of February 15th, 2016 by Human Resources.

WHAT ARE THE EMPLOYMENT REQUIREMENTS?

Spring Break Camp Counselors must meet the following award requirements.

- Complete ONLINE Application by the specified deadline
- Must be interviewed and selected by the appointed committee.
- Pass pre-employment drug test
- Pass background information and obtain fingerprints through Tribal Police Department

WHO DO I CONTACT IF I HAVE QUESTIONS?

Vicki Faciane, Health & Human Services Director
Health Services Department for CTCLUSI
Phone: (541) 888-9577
Email: vfaciane@ctclusi.org

Pam Hickson, Recruitment Specialist
Human Resources Department
Phone: (541) 902-6504
Email: phickson@ctclusihr.org

Coos Head Public Forum

Submitted by Melinda Sprague, Planning Assistant/ Grant Specialist

The Coos Head Integrated Resource Management Plan (IRMP) developed in 2008 created an overall vision for Coos Head and was based on Tribal Member input. The goal of the Coos Head Area Master Plan (CHAMP) is to create a further detailed plan for Coos Head that does justice to the efforts and vision of the many Tribal members who contributed. The Coos Head Area Master Plan (CHAMP) takes up where the Coos Head Integrated Resource Management Plan left off. The monthly Coos Head Public Forums provide Tribal member input and information for determining appropriate on-site (Tribal property) uses. The process for Tribal input has started and will continue with monthly meetings. CHAMP will also look at the off-site infrastructure supporting Coos Head including roads, bike and pedestrian trails, and sewer. Bastendorff Beach and Chicken Point will also be part of the planning process.

Weather permitting, our next CHAMP public forum will be held Saturday, January 9th at 11:00 A.M. at the Tribal Community Center.

If you have questions, would like more information or need to confirm a meeting hasn't been canceled due to bad weather, please contact Jeff Stump at jstump@ctclusi.org or 541-888-1305.

Historical Fact: In his 1932 interview with anthropologist Melville Jacobs, James Buchanan reported the name Xitxaldich (meaning the place of dim light becoming daylight), referring to the tunnel by Coos Head known as Tunnel Point and giving a name to the geological Tunnel Point formation.



COMING SOON!

CTCLUSI

Student Internships

The CTCLUSI Student Intern is a paid internship with the goal to assist current College Students in supplementing their work and education experience based work experience along with their needs, desires and interests.

Minimum Requirements:

- Must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
- Must be an Enrolled Full-Time Student (Sophomore status or above) in any Accredited College including on-line schools (NOTE: Students may qualify even if they are not on a Tribal educational stipend)
- Must have verifiable transcripts that show a current GPA of 2.0 – can be obtained from your college's registrars or campus placement office.
- This position is subject to pre-employment drug testing and criminal history background check which may include fingerprinting.

Online Applications will be taken starting April 1, 2016.

Tribal Members will need to www.ctclusi.org to apply. Go to Job Opportunities and click on the CTCLUSI Tribal Member link.

Deadline to apply is May 6, 2016.

For Additional Information, Contact

Stephanie Watkins at 541-902-6502 or Pam Hickson at 541-902-6504

TRIBAL COURT GIVE US FACTS ABOUT DOMESTIC VIOLENCE and RESOURCE SERVICES

Submitted by Diane Whitson, Tribal Court Clerk and Peacegiving Court

In presenting these facts, I will be referring to the victim as "she" because in over 90% of domestic assault cases, the victim is the woman. That is not to say that men are never the victim. In many cases it simply means that men are less likely to be the victim OR they do not report as often.

Have you ever known someone who lives in a home where there is domestic assault? Do you know what to do or do you ignore it because people do not like to be involved in family matters?

Did you know that Native American women are four times as likely to be victims of domestic violence as non-native women? And did you know that abuse is generally at the hands of non-native men?

Did you know that the average victim is assaulted 7-9 times before they leave for good? Domestic violence generally escalates over a period of time. Usually after the first domestic assault, the offender is sorry, tells the victim they did not mean it, and they will never do it again. The offender is probably telling the truth as he believes it to be. It rarely means that the violence will end.

Have you ever said to yourself...Why doesn't she just leave him? In domestic violence situations, you have to remember that in most cases the offender knows more about the victim than any other person in their life. The offender knows where all the victim's important papers are stored. They know the victim's social security number, what bank she uses, who she works with, her friends, all her family member's names and addresses. They often use children as a weapon or threaten to harm the victim or

her friends and family.

Have you ever said...Why does she keep picking the wrong man? Domestic abuse is about Power and Control. Domestic violence is generally not something a person makes a choice to be around. During courtship everyone is on their best behavior and the offending behavior is not prevalent. Sometimes the victim is flattered that finally someone wants to take care of her. An abuser can often spot a new victim just by the way they walk or talk. Remember, they want to have someone that they can control.

Did you know that domestic abuse is one of the only crimes where the legal system blames the victim; i.e. What did you do to make him mad? We have to remember who the criminal is in a domestic assault. It is the person who assaults. In other words, if you leave your keys in your car, and someone steals it, are you to blame? No. It may have been a dumb thing to do, but the person who steals the car is the criminal. It is the same way with domestic assault.

Did you know that there are more murders of victims after the filing of a restraining/protective order?

Do you know that in the United States there are more animal shelters (2,700) than domestic abuse shelters (1,800)?

Finally, do not remain silent. Victims of domestic assault need an advocate and support. Contact CTCLUSI Family Services for assistance. In the alternative, in Coos County, Women's Safety and Resource Center assists most victims of domestic assault with safe housing and additional services. In Lane County, contact Women's Space.

Home Security Protection

Submitted by the Tribal Police Department

Two million home burglaries are reported each year in the United States. About 30 percent of all burglaries are through an open or unlocked window or door. Nearly 66 percent of all burglaries are residential (home) break-ins. Renters are just as likely to be the victims of property crime as homeowners. The highest percentage of burglaries occur during the summer months. Homes without security systems are up to 300% more likely to be broken into.

To protect your home, here are some suggestions on what to have/do:

- If you have light timers, have them set for all year round
- Buy some cameras (working or not)
- Place a motion sensor near your garage or front door
- Make sure that everything is locked (doors, windows, and garages)
- Leave extra key with someone that you trust
- Keep records of all your valuables
- Trim hedges and bushes

If you are looking for some security systems, here are a few to consider:

- Frontpoint
- ADT
- Vivint
- Protect America
- Link Security

If this does happen to you call your local police department and take inventory of all your items.



PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.



Photo By: Morgan Gaines

For more information about Peacegiving or Peacegiving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420
PHONE: (541) 888-1306 or (541) 888-1316
EMAIL: Peacegivingcourt@ctclusi.org Website: <http://ctclusi.org/peacegiving>

JANUARY



TIME TO DO YOUR FAFSA!

Higher Education Students and HS Seniors...
Contact Your Education Director if you
Have any questions.

Angela Bowen/Education Director
abowen@ctclusi.org

1-541-888-1317

1245 Fulton Ave.

Coos Bay, OR 97420

Fax 541-888-2853



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter by e-mailing mgaines@ctclusi.org

-Morgan Gaines

Improving Work Relationships in the New Year

Submitted by Mike Smith, Training and Development Specialist

Stephen R. Covey, the best-selling author of The 7 Habits of Highly Effective People, emphasized the value and importance of personal development skills as tantamount to one's success in business and life. The rise and fall of our career and business is often rooted in our ability to network, build, sustain and nurture professional relationships, both within and outside the workplace, in an authentic manner. Consequently, it is imperative we seize the opportunity to develop and enhance our relationship skills any chance we get.

The most important relationship we have is the one we have with our self. Understanding yourself is the foundation upon which all other interactions, both professionally and personally stem. Reflect on the past year and make an honest assessment of how you relate to others in the work place. Make a conscious effort to work on your personal flaws, while continuing to develop your interpersonal strengths. Many of us need to improve our communication skills -- where our ability to effectively listen is often inadequate. Additionally, we need to learn to understand our emotions better so we control them, instead of our emotions controlling us.

The more confident and secure we are with ourselves, the less we will need to lash out at others, especially when criticized and/or stressed with looming deadlines. Rather than being defensive when criticized, try to pause and reflect upon the elements of truth found within the criticism, keeping our anger in check.

Reach out to your colleagues to nurture and solidify the relationships you have already established with them. During the holiday season thank your clients and anyone else within or outside your organization with whom you have worked with throughout the past year. Let them know how much you appreciate their help and efforts in achieving your organizations common goal. Do not underestimate the importance of how far a sincere "thank-you" goes in the work place. Regardless of one's position within an organization, everyone loves to be acknowledged and appreciated. While reaching out to your colleagues, make sure you let them know you will be more than willing to help them out in any way possible in the coming year.

A sincere attempt to mend any friction you may have created or been a part of this past year could potentially go a long way in creating a friendlier, less contentious relationship and work environment in the upcoming year. If you have had difficult moments with co-workers in the past year, now is a great time to reach across the aisle and extend a hand. Make amends and try to re-assure them that any work differences, whether it was in developing a strategic business plan, marketing initiative, setting goals, etc., was in fact a business difference and not a personal matter. Clearly state your intention and desire to work together in a more harmonious and aligned way in the upcoming year.

Success is not achieved within a vacuum. We must be able to build healthy relationships with others to achieve any success in business and life. Commit to increasing your ability to build these relationships in the upcoming year!

Reprinted from "Reflections for Improving Work Relationships in the New Year" by Dr. Patty Ann Tublin, published 12/24/2012 in the [The BLOG](#) ©2015 TheHuffingtonPost.com, Inc.



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

<p><u>Three Rivers Casino Resort ~ Florence</u></p> <p>Beverage Server Busperson Host ~ Buffet Cashier Front Desk Clerk Environmental Services Technician Soft Count Dual Rate Lead Slot/Keno/Bingo Attendant Security Officer I Special Events Team Member Table Games Dealer</p> <p><u>Three Rivers Casino Resort ~ Coos Bay</u></p> <p>No openings at this time</p> <p><u>Blue Earth</u></p> <p>No openings at this time</p>	<p>Tribal Government Offices</p> <p>Special Events Employee Procurement & Contracts Specialist Spring Break Counselor Spring Break Counselor in Training</p>	 <p>http://ctclusi-int.atsondemand.com/ Go to Job Opportunities on the website for full job posting and to Apply Online Updated Daily Or call Recruitment at 541-902-6504</p>
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THREE RIVERS
 CASINO RESORT

NEW YEAR'S EVE
2016
 THURSDAY, DECEMBER 31
 IN FLORENCE & COOS BAY

Florence - 2 FREE PARTIES & Cash Drawings!
 FEATURING:
 HIGH STREET BAND & JONATHAN HARRIS BAND

Coos Bay - FREE COMEDY & Cash Drawings!
 FEATURING: AL ROJAS

Justin Shandor as:
ELVIS
In Florence!
 '50s Elvis - Friday, Jan. 15 at 8:00PM
 '60s Elvis - Saturday, Jan. 16 at 2:00PM
 '70s Elvis - Saturday, Jan. 16 at 7:00PM
Tickets: \$15 for one show, \$45 for all 3

Things are luckier here! • FLORENCE • COOS BAY • 877-374-8377 • THREE RIVERS CASINO.COM



Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
Three Rivers Casino & Hotel
5647 HWY 126, Florence Oregon 97439 (541) 902-6504

2016 THREE RIVERS CASINO RESORT SUMMER EMPLOYMENT APPLICATION INFORMATION LETTER

WHAT IS THE TRC & H SUMMER EMPLOYMENT PROGRAM?

Three Rivers Casino Resort is delivering a paid Summer Employment Program beginning June 13, 2016 to August 19, 2016 for CTCLUSI Tribal Members. Three Rivers Casino Resort in Florence, Oregon and is offering this employment opportunity as an integral part of its long-term strategy of providing the highest quality of career and employment opportunities to all CTCLUSI Tribal Members. Three Rivers Casino Resort provides work experience in a range of Guest Service professions and support services including Hotel, Finance, Casino Marketing, Human Resources, Food & Beverage, and Informational Technology.

WHO IS ELIGIBLE TO APPLY?

To be eligible to participate in the TRC & H Summer Employment program, you must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians.

WHAT IS THE PROCESS OF SELECTION?

The Director of Human Resources and the Recruitment Specialist for Three Rivers Casino Resort review submitted applications for completeness and administer the evaluation process. The following criteria are considered during the selection process: academic merit, presentation of application, and involvement in the Native community. An appointed committee conducts a final review of the application evaluations and makes an official selection of awarded applicants.

WHEN IS THE APPLICATION DEADLINE?

Applications are being received ONLINE **March 7, 2016 through May 9, 2016**. Completed application must be received online by **Spm on Monday: May 9, 2016** at www.ctclusi.org. Go to Job Opportunities and click on the CTCLUSI Tribal Member link.

WHEN WILL YOU BE NOTIFIED IF YOU ARE SELECTED?

Interviews and hiring decisions will be complete Monday – June 6, 2016

WHAT ARE THE EMPLOYMENT REQUIREMENTS?

TRC & H Summer Employment recipients must meet the following award requirements. All rights to the Three Rivers Casino Resort Summer Employment program are waived if the requirements are not met.

- Submit an online application at www.ctclusi.org (log in or register to see job announcement)
- Pass pre-employment drug test.
- Obtain Gaming License from CTCLUSI Gaming Commission.
- Actively participate in the TRC & H Summer Employment.
- Adhere to current Three Rivers Casino Resort policies as outlined in Team Member Handbook.

WHO DO I CONTACT IF I HAVE QUESTIONS?

Stephanie Watkins, Director of Human Resources
Phone: (541) 902-6502
Email: swatkins@ctclusihr.org

Pam Hickson, Recruitment Specialist
Phone: (541) 902-6504
Email: phickson@ctclusihr.org

Online Applications: March 7, 2016 - May 9, 2016

The Voice of CLUSI



February 2016

Issue 2

Volume 17

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Amanda Trail Bridge and Statue Washed Away in Storm, Peace Hike Prevails



The bridge at the Amanda Trail washed out after heavy rainfall on December 18th
Photograph courtesy of Loren Edward Wheeler



Photo taken during the Peace Hike, Photograph courtesy of Jesse Beers

Submitted by Jesse Beers, Culture Director

Every year for New Year's Day many of us join the community of Yachats in a peace hike on the Amanda Trail to bring in the new year with a healthy hike and ceremony. Doing this has really brought the community of Yachats and our Tribe together with healing. Unfortunately, on December 18th I received a phone call from Joanne Kittel informing us that something terrible had happened. After receiving one storm after another bringing in record rainfalls, Joanne informed me that there was a mudslide and both the Amanda Trail Bridge and the Amanda Statue had washed out. At first this was very sad news. The Amanda Statue served as a reminder of our history and was used as a place of healing for many of us. Gifting Amanda always made us feel good like we were able to show our Ancestors that we care, acknowledge them, and are doing what we can to honor them.

Amanda was one of many of our Ancestors that had to march their way north to the Great Coast Reservation. Amanda was blind, separated from her daughter, and in the diary of Royal A. Bensell he says, "Amanda...tore her feet horribly over these ragged rock, leaving blood sufficient to track her by."

The Amanda statue and grotto was a place of healing. The only positive thing I could glean from the mudslide was that maybe after all these years of healing the Creator wanted to take Amanda down to cleanse her. That was until after the New Year's Day Hike.

The route for the Peace Hike this year obviously had to be changed. People gathered at the Yachats Commons and after a few speakers, including our own Tribal Council Member Doc Slyter, we hiked south along the ocean on the Historic 804 trail and then up into the woods on the Ya'Xaik (the Alsea word

in which Yachats is based on) Trail. We then hiked down into the Gerdeman Botanic Preserve's public footpath and back to behind the commons where we performed a fire ceremony and brought in the new year with songs and good words from many. It was a beautiful ceremony on a very beautiful, albeit very windy day.

On my way back home from the Ceremony I stopped at the Amanda Grotto because I wanted to see the damage with my own eyes. Walking up the gravel drive I realized there were many trees down across the trail near the top where everyone would have been gathering before we went down into the grotto. At first, I thought this mess of trees must have been part of the slide but upon arrival Joanne informed me that this wasn't down this morning and it must have happened at some point during the hike. We and others stopped and helped cut and clean as much as we could out of the driveway. Later Joanne Kittel wrote me and said what I had not thought of before. She wrote, if it had not been for the former terrible news of the slide and the destruction of the Amanda Trail Bridge then that New Year's Day we may have had a real tragedy. Many people may have been standing in that very spot where the trees fell and many people could have been injured or even killed. Only by having to change our hike route because of the slide we avoided this. Our Ancestors are truly looking out for us.

Reminder, the rains are still falling and the area around the Amanda Trail and Grotto are still deemed unstable and therefore unsafe. Please do not visit this area until it is deemed safe once again. If you have any questions please feel free to Contact Cultural Director, Jesse Beers.

Save the Date

Elders Honor Day

March 18th & 19th, 2016

Tribal Council Business

As Reported at the January 10, 2016 Regular Tribal Council Meeting

Chief Warren Brainard:

Dec. 13 Blue Earth Services & Technology (BEST) Meeting; Regular Tribal Council Meeting
Dec. 17 Weekly Teleconference
Dec. 30 Business Tribal Council Meeting
Jan. 6 Lunch for Beading Group in Springfield
Jan. 7 Elders Lunch, gave Invocation
Jan. 9. Positive Reward and Incentives Supporting Employees (PRAISE) Dinner

Doc Slyter:

Dec. 13 Regular Tribal Council Meeting
Dec. 15 &16 Tribal Government to Government Conference
Dec. 17 Weekly Teleconference
Dec. 18 Jordan Cove Public Hearing – Coquille
Dec. 20 Trip to Yachats to see destruction of Amanda Bridge and Statue
Dec. 21 Winter Solstice – Plankhouse
Dec. 30 Business Tribal Council Meeting
Jan 1 Peacewalk – Yachats, Oregon
Jan 6 Flute Circle

Jan 9 Native American Flute Presentation – Coos Art Museum
Jan. 9. Positive Reward and Incentives Supporting Employees (PRAISE) Dinner

Beaver Bowen:

Dec. 13 Regular Tribal Council Meeting
Dec. 17 Weekly Teleconference
Dec. 30 Business Tribal Council Meeting
Jan 6 Three Rivers Foundation Board Meeting
GFORB Meeting

Teresa Spangler, Vice - Chairman:

Dec. 13 Regular Tribal Council Meeting:
Budget Hearing
Dec. 15 &16 Tribal Government to Government Conference
Dec. 17 Weekly Teleconference
Dec. 30 Business Tribal Council Meeting
Jan 6 Three Rivers Foundation Board Meeting

Arron McNutt:

Not Present

Tara Bowen:

Dec. 13 Regular Tribal Council Meeting
Dec. 15 &16 Tribal Government to Government Conference
Dec. 17 Weekly Teleconference
Dec. 18 Jordan Cove Public Hearing – Coquille
Dec. 30 Business Tribal Council Meeting; Budget Hearing

Mark Ingersoll, Chairman:

Dec. 13 Blue Earth Services & Technology (BEST) Meeting; Regular Tribal Council Meeting
Dec. 15 &16 Tribal Government to Government Conference
Dec. 17 Weekly Teleconference
Dec. 30 Business Tribal Council Meeting
Jan. 9. Positive Reward and Incentives Supporting Employees (PRAISE) Dinner

CTCLUSI Resolutions

RESOLUTION NO.: 15-075

Date of Passage: December 30, 2015

Subject (title): Approval of Oregon Judicial Case Information Network Terms of Use

Explanation: Tribal Council approved the OJCIN Terms of Use to govern the Tribes use of the Oregon Judicial Information Network ("OJIN"), Appellate Case Management System ("ACMS"), collectively "OJIN OnLine," and the Oregon eCourt Case Information System ("OECL").

RESOLUTION NO.: 15-076

Date of Passage: December 30, 2015

Subject (title): Approval of Appointment of New Election Board Members

Explanation: Tribal Council approved the appointment of the following individuals to the Election Board for the position and term of service set out below:

POSITION	NAME	TERM ENDS
#1	Andrew Brainard	12/31/17
#3	Laura Coleman-Doll	12/31/18
#4	Vicki Faciane	12/31/19
#5	Melinda Sprague	12/31/19

RESOLUTION NO.: 15-077

Date of Passage: December 30, 2015

Subject (title): Committee Appointments

Explanation: Tribal Council appointed the following individuals to the committees for positions and terms of service set out below:

POSITION	NAME	TERM ENDS
#4	Doc Slyter	12/31/19
#5	Teresa Spangler	12/31/19

BUDGET COMMITTEE

POSITION	NAME	TERM ENDS
#3	Laura Coleman-Doll	12/31/18

CULTURAL COMMITTEE

POSITION	NAME	TERM ENDS
#3	Laura Coleman-Doll	12/31/18

ELDERS' COMMITTEE

POSITION	NAME	TERM END
#4	Jerry Garcia	12/31/18
#5	Tom Brainard	12/31/19

ENROLLMENT COMMITTEE

POSITION	NAME	TERM ENDS
#5	Laura Coleman-Doll	12/31/19

HOUSING COMMITTEE

POSITION	NAME	TERM ENDS
#2	Jon Barton	12/31/17
#4	Andrew Brainard	12/31/18
#5	Teresa Spangler	12/31/19

INVESTMENT COMMITTEE

POSITION	NAME	TERM ENDS
#5	Vicki Faciane	12/31/19

TRIBAL HEALTH COMMITTEE

POSITION	NAME	TERM ENDS
#4	Warren Brainard	12/31/18
#5	Melinda Sprague	12/31/19

RESOLUTION NO.: 16-001

Date of Passage: January 10, 2016

Subject (title): Certification of Cigarette Tax Refund Agreement for 2016

Explanation: Per the requirements of the Cigarette Tax Refund Agreement ("Agreement") with the State of Oregon, by and through the Oregon Department of Revenue, Tribal Council certified the number of Tribal members residing within the Five-County Services Area as follows:

Year	Five-County Service Area Tribal Population
2016	449

RESOLUTION NO.: 16-002

Date of Passage: January 10, 2016

Subject (title): Certification of the Enrollment Roll

Explanation: Tribal Council certified the Membership Roll as required by Article III, Section 5 of the Constitution of the Confederated Tribes of the Coos, Lower Umpqua and Siuslaw Indians.

RESOLUTION NO.: 16-003

Date of Passage: January 10, 2016

Subject (title): Approval of Enrollment of New Tribal Members

Explanation: Tribal Council, by a majority vote, adopted the Resolution approving the enrollment of the applicants listed below and found and certified them to be Members of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians effective January 10, 2016:

Leo George Leelen Bixby - Ernest Leroy Lott	Lower Umpqua
Harold Dean Eckworth - Eliese Swigert	Coos
Justus Rowyn Baldwin - Davies - Sandy Baldwin	Coos
Benjamin Eugene Coleman - Arlene Perkins	Coos
Addison Ann Brainard - William Brainard	Coos
Sophia Rose Lozeau - Susan Thomas	Coos
Jonaoh Jesus Lopez - John Perry	Lower Umpqua
Najavi Julian Lopez - John Perry	Lower Umpqua

RESOLUTION NO.: 16-004

Date of Passage: January 10, 2016

Subject (title): Changes and Corrections to the Roll - Name Change

Explanation: Tribal Council accepted and approved the Enrollment Committee's recommendation to change the names as listed below and directed the Enrollment Roll to be changed as follows to reflect the action:

ROLL #	FORMER NAME	NEW NAME
0069	Taunya Fay Hepner	Taunya Fay Turner
0224	Kathy Cay Henderson	Kathy Cay Perkins
1032	Mary Lou Greene	Mary Lou Hunter
0413	Stacie Diane Stewart	Stacie Diane Lopez

RESOLUTION NO.: 16-005

Date of Passage: January 10, 2016

Subject (title): Enrollment – Active to Historic

Explanation: Tribal Council approved the removal of the following deceased person's name from the Roll. Tribal Council also approved entering the deceased person's name in the Tribal Historical File for a permanent record and placing the name of the Tribal Member listed below on the plaque located in the Tribal Hall.:

Enrollment Number	Tribal Member
#0270	Eliese Jo Swigert

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard,

Chief

Tribal Chief

541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter

Position #1 Council

541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen

Position #2 Council

541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll,

Chairman

Position #3 Council

541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen

Position #4 Council

541-808-7394
tbowen@ctclusi.org

Teresa Spangler,

Vice Chair

Position #5 Council

541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt

Position #6 Council

541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting

February 14, 2016

10:00 a.m.

Community Center

338 Wallace St., Coos Bay,
Oregon 97420

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Administration Building

Alexis Barry
Tribal Administrator
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division

Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department

Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Purchased/Referred Care (FKA Contract Health Services)

Sharon Arnold - PRC Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department

Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services

Shayne Platz, Caseworker
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic

Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Health Services

Assistant Director
Iliana Montiel
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-997-6685
Fax 541-997-1715
imontiel@ctclusi.org

Tribal Court

J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department

Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office

1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police

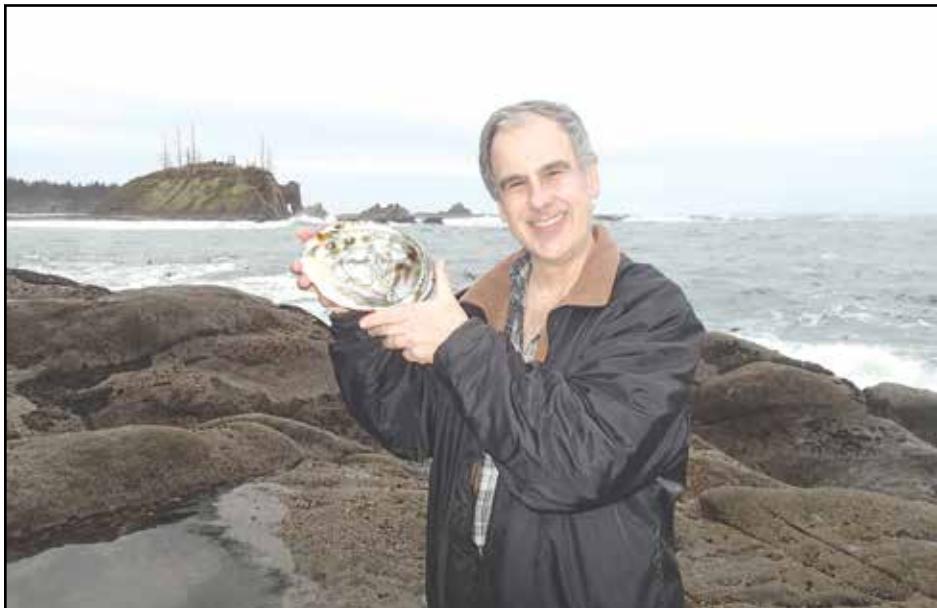
Brad Kneaper
Chief of Police
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi
Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

This month in the Department of Natural Resources...

Our newly merged Natural Resources Department and Culture Department conducted a survey of Baldich in search of endangered and culturally significant species. John Schaefer, pictured at right, discovered an 8 ½ inch red abalone shell (*Haliotis rufescens*) off the point of Baldich. Other culturally significant species were also documented, including gumboot chitons, katy chitons, purple shore crabs, lined shore crabs, and urchins. Pictured below, Ashley Russell and Mark Petrie.



Congratulations Tribal Member Margaret Corvi for going from the Interim Director to a permanent Full Time position as the Director of the Department of Natural Resources.

-Councilman Doc Slyter

Building Resilience

Submitted by Jesse Beers, Culture Director and Margaret Corvi, Natural Resource Director

On January 7th members of the Natural Resources Department and the Cultural Department joined together to begin a joint strategic planning session facilitated by Rich Foster of Cascadia Consulting. The goal of this process is to develop consensus around a set of principles that will serve as the foundation for merging what was previously two distinct departments into a single coordinated unit.

The day began with the participants discussing the mission and goals of the two departments and exploring how this set of principles and priorities could be blended into a single purpose. Through the conversations it became apparent that combining these departments will best serve the Tribe. It was brought up that our Culture came from the lands and waters of our Ancestors. Through thousands of years of working sustainably with our environment our culture grew to reflect that. It therefore makes sense that our culture should be a base for how we treat and work to sustain our natural resources for future generations. From this discussion, a general consensus was formed around the primary purposes of



Members of the Natural Resources and Culture Departments hold some of the cultural resources of the Tribes that are of special significance to them.

this new department identified as utilizing the lessons and lifeways of the Tribal ancestors to inform and enhance

- 1) the lives of the people,
- 2) the health of the environment, and
- 3) the sustainability of the community.

Over the course of the rest of the day, the participants discussed priorities and goals of the department as well as exploring options for a new departmental name that best reflects the principles developed throughout the day.

The team will continue to meet over the next six weeks, while keeping up with regular duties. During this time, we will be formalizing the mission statement, developing goal statements, formulating measurable objectives, and laying out specific strategies and action plans that include time-driven benchmarks and quantifiable impact indicators. When this process is completed, this new Strategic Plan will be used to set priorities, allocate resources, and evaluate the effectiveness of this new department's efforts and outcomes for the good of our Tribe.



Winter Solstice 2015

Submitted by Mark Petrie, Cultural Assistant

The shortest day and longest night fell on Monday, Dec. 21 this year. It was a wet, cold, beautiful day in Coos Bay on our 6 acre reservation. Nine of us slept in our plank house which was warmed by a ceremonially blessed fire; special thanks to Tribal Council Person Doc Slyter for leading the ceremony. Our Tribal Hall was filled with bustling cultural activities, refreshments, warm cooked meals, and bonding experiences.

I see Winter Solstice as a celebration of a perpetual relationship with the environment and changes of the seasons. Some of us may hold the rain, cold, wind, and inclement weather as something negative or adverse. I like to hold a more positive perspective: to have such a wonderfully diverse ecosystem and beautiful landscape that you can find in our homeland, you need to appreciate the climate it takes to create it. So, rather than curse the rain and the cold, I welcome and appreciate it as a crucial piece of nature that supports the surrounding environment that I love so much. But that's just me.

We in the Culture Department would like to send our gratitude to those who came and partook in the celebration for the Winter Solstice of 2015. Happy Winter!

English to Hanis

Weather

Good Weather = wule'en

Rain(noun) = gimgimis

It's raining = gimiit

It's stopped raining = iniya
gimiit

I'm glad it's not raining =

luuwii neu ilwechos in gimiit

Snow(noun) = stlalis

It's snowing = stlalisa

I wish it would snow = shantl

stlalisa nduuwaya

Wind = k'wesis

It's windy = k'wesisa

How is the weather today? =

Tiitse xchiichuu lo wule'en

It's good weather = wule'en

Sun = tk'alis ('the awakener')

Moon = tluuwa'is

Stars = yuumii

Cloud = dakinis

Sky = qais

Rainbow = uuyuu

Each month we will have a list of words to encourage learning the Hanis Coos language. Visit Hanis.org and request a login today! Contact the Culture Department for more info at (541)888-1318.

Thank you

PREVENTION ACTIVITIES

Necklace Making & Paddles 2016

Submitted by Doug Barrett, Prevention Activities Coordinator

This prevention activity was in Coos Bay on January 9th. The class was an opportunity to get the community together to share knowledge on how to make paddles and necklaces.

The morning began by getting some folks started on necklaces. The young and young-at-heart put together some beads and shells to form necklaces for the Canoe Journey. Thank you to Ashley Russell for her help and knowledge of how to put them all together. We talked about respect and the Healing of the Canoe (HOC) program and the HOC curriculum. One of our youth volunteered to say the blessing for lunch. We enjoyed an assortment of sandwiches for our nourishment and strength. I had paddle blanks already cut out to start on a paddle. However, everyone chose to stay with making necklaces at this activity. We did have fun picking through and separating many new beads and shells.

A big thank you goes out to everyone who showed up on this rainy day. Our next class will be in Springfield on February 13th. Please be sure to read your Tribal newsletter for more information.

Prevention Activity

Beading & Paddles

Prevention Topic: HOC (Healing of the Canoe Curriculum) Canoe Journey
All Tribal Members and the Families of the
Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
are eligible to attend.

*Please choose from one of the two locations and two dates below,
then Please R.S.V.P. by the date indicated.*

JANUARY

COOS BAY

Saturday, January 9, 2016

Meet at Tribal Hall,
338 Wallace, Coos Bay OR
For Beading, Necklace Making
& Paddle Making
10:00 AM to 2:00 PM
Please R.S.V.P. by Tuesday,
January 5th.

FEBRUARY

SPRINGFIELD

Saturday, February 13, 2016

Chifin Youth Center
1084 G Street Springfield OR, East Entrance
For Beading, Necklace Making
& Paddle Making
10:00 AM to 2:00 PM
Please R.S.V.P. by Tuesday,
February 9th.



RSVP to Doug at:
541-297-2130,
541-888-7512 or
1-800-618-6827



We will be providing:
Snacks
Beads, Necklace Making
Supplies & Paddles Blanks



Sponsored by:
Confederated Tribes of Coos, Lower
Umpqua & Siuslaw Indians
Prevention Program,
Family Services,
Health & Human Services Division
& The Culture Department

Qaxas Trail Cleanup Featured on Oregon Knowledge Bank Website

Tribal Police Lieutenant Brian Dubray recently shared with the Tribal Government that the Tribe has been featured on the Oregon Knowledge Bank website for the work that the Tribal Police, Housing Department, and Qaxas residences recently did together for the Qaxas Trail Cleanup. The story was featured in the September 2015 issue of The Voice of CLUSI. You can read about the project on the Oregon Knowledge Bank website by going to <http://okb.oregon.gov/portfolio-item/qaxas-trail-cleanup/>

Lieutenant Dubray shared that the "Oregon Knowledge Bank was designed to showcase community policing projects across the state of Oregon. I was selected to present this program to the first annual Oregon Problem Oriented Policing Conference.

As you can see on the site, there are many different programs that have impacted multiple communities throughout the state.

In appreciation for presenting at the conference, DPSST provided me with a scholarship to attend the International Problem Oriented Policing Conference held prior to the Oregon Conference. The International conference featured programs that were implemented not only across the United States, but also in the U.K., Bahamas, and others.

We were the only Tribe to be represented at this conference, and I am excited to see how the site grows so that others can see the positive impact that we are having upon the Tribal community."

Love the Teeth You're With!!

Submitted by Shannon M. Schritter, BS, RDH

The holidays are over, and now it's time for a new start with the New Year. A lot of times we as a dental profession hear about what a patient doesn't like about their teeth, whether it's the color (I want whiter teeth!), how crooked they are, the spaces in between, etc. Most times we have a solution for you, but sometimes the timing of the procedure is all wrong, or finances do not allow. Then what? Well, then you love the teeth you're with, and you take care of them until you can do the recommended treatment to have them fixed just the way you want. With that in mind, this month we are going to review the best way to take care of your teeth.

Brushing your teeth is the most obvious thing you can do. Most of us heard it from our parents, day after day: "Did you brush your teeth today?" The best way to brush your teeth is to invest in an electric toothbrush. Oral B and Sonicare are the leaders in the electric toothbrush industry, but anything that has a rechargeable base will do. Avoid ones that you have to replace the battery yourself, as they tend to wear out quickly and do not do as thorough of a job. The clinic is still offering the Oral B Vitality toothbrush for \$20 for all tribal members and we have several different types of replacement heads for \$5 as well. It is quite the deal if you go out and price these for yourself.

But what if \$20 is a little out of your reach after the holidays? You can use a regular toothbrush and do just as good of a job, if you're willing to put in the effort. Hold your toothbrush with the bristles half on your tooth and half on your gums. Then move the toothbrush slowly over your teeth, doing the little circles you learned about in grade school. Remember to do the cheek side of your teeth, the tongue side of your teeth, and the chewing surfaces. It is also important to brush your tongue, as bacteria like to colonize there as well! You should do this twice a day (at least morning and night), and you should spend two minutes doing it. Two minutes doesn't seem like a lot on paper, but if you ever time yourself while brushing your teeth, I think you'll be surprised at the amount of time you are NOT spending brushing that you SHOULD be.

Next, it's time for flossing. Did you know that if you are not flossing you are missing about 40% of the tooth surface? That's 40% of your tooth that is vulnerable to decay and gum disease when you don't floss! The diagram at right shows how to properly floss, and if you have any questions, don't hesitate to ask your friendly dental hygienist. Or, if you find flossing difficult, ask what other methods are available to clean in between your teeth. I am always happy to take a few minutes to show you how you can floss better or more effectively. (In fact, it kinda makes my day that some people actually care about this stuff!)

Now it's time for some extra credit: rinsing with mouthwash. In general, a fluoride mouthwash is best for the general dental population. "ACT" is the most prominent brand, and as long as you are getting the "anticavity" rinse, you are doing a good job (most fluoride available, no alcohol in that particular formula, and a couple of flavors to choose from). But there are several different mouthwashes out there for specific purposes that may be better suited to your specific dental needs. If you ever have any questions, don't hesitate to ask.

Are you due for a dental cleaning or need that filling done you have been putting off? Call the CTCLUSI Dental Clinic today to schedule an appointment at (541) 888-6433.



Place bristles along the gumline at a 45° angle. Bristles should contact both the tooth surface and the gumline.



Gently brush the outer tooth surfaces of 2-3 teeth using a vibrating back, forth & rolling motion. Move brush to the next group of 2-3 teeth and repeat.



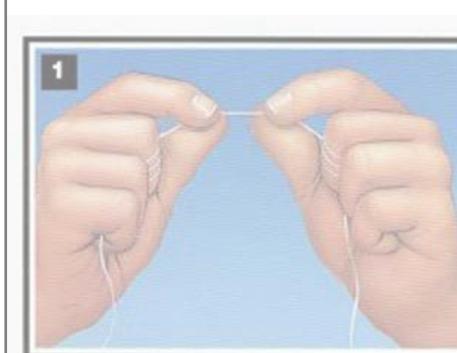
Maintain a 45° angle with bristles contacting the tooth surface and gumline. Gently brush using back, forth & rolling motion along all of the inner tooth surfaces.



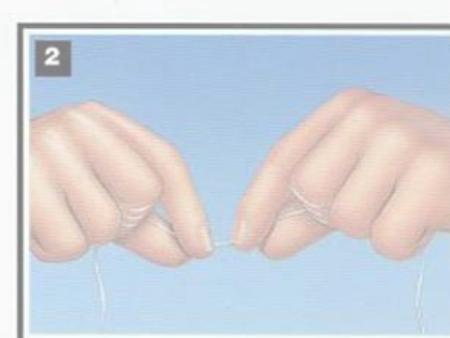
Tilt brush vertically behind the front teeth. Make several up & down strokes using the front half of the brush.



Place the brush against the biting surface of the teeth & use a gentle back & forth scrubbing motion. Brush the tongue from back to front to remove odor-producing bacteria.



Wind 18" of floss around middle fingers of each hand. Pinch floss between thumbs and index fingers, leaving 1" - 2" length in between. Use thumbs to direct floss between upper teeth.



Keep a 1" - 2" length of floss taut between fingers. Use index fingers to guide floss between contacts of the lower teeth.



Gently guide floss between the teeth by using a zig-zag motion. DO NOT SNAP FLOSS BETWEEN YOUR TEETH. Contour floss around the side of the tooth.



Slide floss up and down against the tooth surface and under the gumline. Floss each tooth thoroughly with a clean section of floss.

Dental Clinic Hours are Changing

Clinic Hours: Open 8:00 a.m. - Close 5:00 p.m.

The clinic will be closed on Fridays during Odd Months (January, March, May, July, September, November)

The clinic will be closed on Mondays during Even Months (February, April, June, August, October, December)

Call the Dental Clinic today to schedule your appointment (541) 888-6433

Tribes Leading Oregon to Better Oral Health

Many Oregonians struggle to get the dental care they need. In fact, more than half of children in our state with Medicaid coverage did not see a dentist in 2014.¹ American Indians are among those who suffer from oral health issues, but we often face even greater challenges getting regular care. That is why we are excited to bring a proven, innovative solution to Oregon: expanding our dental team to include midlevel dental providers.

Called dental health aide therapists, these providers will help us expand care to more people. They can perform preventive care and routine restorative duties, such as filling cavities. Similar to physician assistants, they focus on a limited number of much-needed procedures and go through a rigorous educational program. For the procedures in their scope of practice, they get as much clinical experience as dentists and research shows they provide high-quality care.²

Partnering with the Northwest Portland Area Indian Health Board, the Coquille Tribe and the Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians have submitted a pilot application to the Oregon Health Authority to integrate dental health aide therapists into our health care systems. The pilot will operate under an Oregon law approved in 2011 that promotes innovative and data-driven improvements to the state's oral health system.

The pilot would replicate what Alaska Natives did more than a decade ago by educating and hiring these providers to help their dentists extend care to more people. The educational program is provided by the Alaska Native Tribal Health Consortium (ANTHC) and the University of Washington's School of Medicine. Notably, ANTHC reported in 2014 that their dental health aide therapists helped extend care to more than 40,000 Alaskans in rural communities.³ In addition to expanding care to many who need it, this approach has brought jobs to Tribal communities in Alaska, economic growth to participating clinics and cost savings to patients that used to travel hundreds of miles to see a dentist for urgent, and costly care. We know these economic benefits will translate to our communities at the same time growing the number of American Indian dental providers that can offer culturally competent care to our members.

The idea has been so successful that both Minnesota and Maine have followed Alaskan Tribes' lead to authorize their own midlevel dental providers. Many other states are thinking about doing the same. A dentist in rural western Minnesota has been able to expand the number of low-income patients on Medicaid that his practice treats, but urban parts of the state have benefited as well.⁴ For instance, federally qualified health centers, community clinics, and safety net programs in Minneapolis and St. Paul have been able to see more patients.⁵ Maine's law was passed in 2014 and is being implemented right now.

For Sale: Electric
Toothbrushes!

For Sale by CTCLUSI Dental
ONLY \$20.00

Oral-B Vitality Electric Toothbrushes! Refill heads also available!

Call - (541) 888-1301

Remove more plaque and decrease inflammation with an electric toothbrush!! This brush features 7600 oscillations per minute, a 2-minute timer, 2 brush heads, 1 charging station, and 1 rechargeable battery!

Order yours today!! Must pre-pay when ordered. (Shipping available for an extra fee)



Of course, our current focus is increasing access to care for our Tribal members in Oregon because the suffering from oral health problems is even greater among American Indians. The rates of untreated tooth decay are four times higher nationally for native preschool-aged children compared to their non-native peers.⁶ The last time rates of untreated decay were measured for American Indians and Alaska Natives ages 35-44, they were more than twice the rate of the general population.⁷

In the future, we hope our effort will provide a roadmap for all of Oregon to follow. By approving this pilot, the Oregon Health Authority will make it possible for the entire state to learn from our experiences and continue a long tradition of innovation in health care. Other states have proven that midlevel dental providers can help dentists improve access to care, especially those who are low-income or in rural areas. We should do the same in Oregon.

(Endnotes)

¹ Centers for Medicare and Medicaid Services, "Annual EPSDT Participation Report, Form CMS-416 (State) Fiscal Year: 2014," accessed Sept. 29, 2015, <http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Benefits/Early-and-Periodic-Screening-Diagnostic-and-Treatment.html>. This figure counts children who were eligible for the Early and Periodic Screening, Diagnostic, and Treatment benefit for 90 continuous days and received any dental service.

² David A. Nash, W. K. Kellogg Foundation. A Review of the Global Literature on Dental Therapists: In Context of the Movement to Add Dental Therapists to the Oral Health Workforce in the United States. April 2012. <http://www.wkkf.org/~media/pdfs/dental%20therapy/nash%20dental%20therapist%20literature%20review.ASHX>; Wetterhall et.al, An Evaluation of the Dental Health Aide Workforce Model in Alaska: Final Report, RTI International, October 2010 <https://www.rti.org/pubs/alaskadhatprogramevaluationfinal102510.pdf>

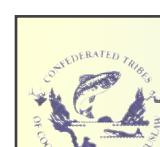
³ Alaska Native Tribal Health Consortium, W.K. Kellogg Foundation. "Press Release: Alaska Dental Health Aide Therapists mark 10 years in practice, expanding access to dental care for 40,000 Alaska Native people." June 4, 2014. <http://goo.gl/UWBre9>

⁴ The Pew Charitable Trusts. Expanding the Dental Team: Studies of Two Private Practices. February 2014. http://www.pewtrusts.org/~media/legacy/uploadedfiles/pcs_assets/2014/expandingdentalteamreportpdf.pdf

⁵ Minnesota Department of Health and Minnesota Board of Dentistry. Early Impact of Dental Therapists in Minnesota: Report to the Minnesota Legislature 2014. February 2014. <http://www.health.state.mn.us/divs/orhpc/workforce/dt/dtlegisrt.pdf>; Expanding the Dental Team: Increasing Access to Care in Public Settings. June 2014. http://www.pewtrusts.org/~media/assets/2014/06/27/expanding_dental_case_studies_report.pdf.

⁶ Indian Health Service. The oral health of American Indian and Alaska Native children aged 1-5 years: results of the 2014 IHS oral health survey. 2015. http://www.ihs.gov/doh/documents/IHS_Data_Brief_1-5_Year-Old.pdf.

⁷ Indian Health Service, An Oral Health Survey of American Indian and Alaska Native Dental Patients: Findings, Regional Differences and National Comparisons. 1999. http://dhss.alaska.gov/dph/wcfh/Documents/oralhealth/docs/Oral_Health_1999_IHS_Survey.pdf.



PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.



For more information about Peacegiving or Peacegiving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator

1245 Fulton Avenue

Coos Bay, OR 97420

PHONE: (541) 888-1306 or (541) 888-1316

EMAIL: Peacegivingcourt@ctclusi.org

Website: <http://ctclusi.org/peacegiving>

Photo By: Morgan Gaines

Purchased/Referred Care Update

Submitted by Vicki Faciane, CTCLUSI Health & Human Services Director

A few reminders as we begin the new year:

- Beginning January 1, 2016, Contract Health's name changed to Purchased/Referred Care (PRC).
- Annual renewals for Purchased/Referred Care were mailed in October to all Tribal members living in the 5-county service delivery area (Oregon counties of Coos, Curry, Douglas, Lane and Lincoln). Completed forms were due back to us by November 28, 2015. If you do not turn in your annual renewal you will not be able to get a Purchase Order and you may receive a denial for any claims we receive. If we have not received your form, or if it is incomplete, you will receive a letter from PRC. Please respond to this letter promptly to ensure that your PRC benefits continue.
- If you have any changes to your insurance, please be sure to get the new information to us as soon as possible. You will also need to provide us copies of the front and back of all insurance cards you receive.
- In October the Grand Ronde Tribe notified us they were closing their mail-order pharmacy business. This was very sad news since the program has been really successful for us. The final day to fill prescriptions through Grand Ronde Pharmacy was January 31, 2016. If you have not moved your prescriptions yet you need to do so immediately. Please remember you need to use a local pharmacy that is able to direct-bill our PRC program. Do not pay any portion of your pharmacy bill as we are

not able to reimburse you directly. We will be looking for new pharmacy options in the next few months. As soon as we make a decision on a new pharmacy provider we will send a notice out to all Tribal members living in the 5-county service delivery area.

- Don't forget to call PRC to get a Purchase Order (PO) before you receive medical or dental care. If a claim is received and we don't have a PO for the visit, the claim will be denied. Also, you need to get separate POs for each provider you see, including for any lab work and/or radiology. Some major tests and procedures require prior authorization, so make sure to get your POs in advance.
- Finally, please remember if you are eligible for an alternate resources such as the Oregon Health Plan (OHP/CHIP), Medicare, etc., you are required to use those benefits **BEFORE** you can access PRC. This means you must choose a doctor and/or dentist who is on your alternate resource's program (for example, if you have OHP you have to use an OHP provider; PRC cannot pay for care you receive at a non-OHP provider unless it was an emergency). So, even if you get a Purchase Order for your visit, if you choose to see a provider who does not or cannot bill your alternate resource, your claim will be denied by PRC and you will be responsible for the bill.

Thank you and we wish all of you a healthy and happy 2016. If you have any questions about Purchased/Referred Care you can call us at 1-541-888-4873 or toll-free at 1-800-227-0392.

Healing of the Canoe Curriculum Training

Submitted by Diann Weaver, Self-Governance/Grants Specialist HHSD

On Tuesday, January 12, 2016, a Healing of the Canoe (HOC) Curriculum Training was held at the Tribal Community Center in Coos Bay, Oregon. Just what is the HOC Curriculum – quoting language directly from the HOC training binder: “The Healing of the Canoe curriculum is a life skills and substance abuse prevention curriculum for use with tribal youth. It was designed to be adapted by tribal communities – using unique tribal traditions, practices, beliefs, values and stories to teach youth the skills they need to navigate life’s journey, and to promote a sense of belonging to their tribal community. We are now holding trainings to train other tribal members and service providers in how to adapt and implement the Healing of the Canoe curriculum in their communities.” Tribal member Jesse Beers took the section of the training binder entitled “Generic Curriculum” and customized the thirteen chapters in that section with CTCLUSI specific information so that we renamed that section tab “CTCLUSI Curriculum.”

The Healing of the Canoe Project is a collaborative research project between the Suquamish Tribe, the Port Gamble S’Klallam Tribe, and the University of Washington Alcohol & Drug Abuse Institute over the last 8+ years.

The goal of this training for CTCLUSI is to have the HOC Curriculum be the foundation for all prevention activities and to eventually branch out to all aspects of the Tribal government program services, particularly collaboration with Health & Human Services, Culture Department, and Education Department and expanding out to DNR, Peacemaking Court, and Housing.

There were 28 in attendance which included 4 trainers and 24 “students,” with five Coquille employees attending. It was a full day of training and a fantastic opportunity for all to come together for a common goal. We were honored to have 4 trainers present: Dennis Donovan and Lisette Austin from the Alcohol & Drug Abuse Institute, University of Washington, Laura Price from Port Gamble S’Klallam (Washington), and Albie Lawrence from Suquamish (Washington).

When arrangements for this training began back in September, it was to be the last “official” training to be done by the folks mentioned above. However, it was announced at our training that they had received another year’s funding to enable them to continue this very worthwhile program.

Please be sure to check back with future editions of The Voice of CLUSI for further information as this program unfolds.



Pictured above: Attendees participate in the Healing of Canoe Training

Pictured below: The Healing of the Canoe presenters are gifted with items made by Tribal members to thank them



Tribal Community Needs Assessment and Resource Directory

Submitted by Melinda Sprague, Planning Assistant/Grant Specialist

In an effort to assess the needs of our Tribal families, we have compiled a Tribal Community Needs Assessment and mailed one to every Tribal member age 18 and older. Answering the questions posed in the Tribal Community Needs Assessment will aid Tribal members in a variety of ways. This assessment will generate data regarding the need for specific services and potentially show need in an area that does not have associated services. Also, this assessment will be used to generate statistical data that will be used to pursue funding sources, such as grants and cooperative agreements. Many of the programs offered to Tribal members are partially or fully funded through grants or cooperative agreements. Having demographic data about our Tribal population is crucial to displaying the needs of our Tribal community when advocating for funding and resources. The data will also help us to identify any gaps in the services available to Tribal members. After completing the Tribal Community Needs Assessment, fill out the bottom portion on the last page of the needs assessment with your name and contact information. This tear off portion is your entry into the

prize drawing. Every Tribal member that sends back their fully completed Tribal Community Needs Assessment will be entered into a drawing for a chance to win a \$500 cash gift card, a \$250 cash gift card or one of three \$25 cash gift cards. Please place the fully completed Tribal Community Needs Assessment in the postage paid envelope included in your packet. In addition to the Tribal Community Needs Assessment, we have included a Tribal Member Resource Directory. The Tribal Member Resource Directory lists available services (based on eligibility) and contact information for the associated services.

Please assist the Tribal Government identifying the needs of our Tribal members.

To be entered into the prize drawing, please return your completed Tribal Community Needs Assessment and tear off portion in the postage paid envelope included in the packet by February 26th, 2016.

If you have questions or do not receive a packet contact the Planning Department at 541-888-9577.

New Building Construction at Tribal Government Office in Coos Bay

On January 13, 2016 the posts for the new building were being placed. As you can see in the images the framework is coming along quite nicely. This new building is located directly behind the maintenance building. The current plans for its use are maintenance, storage, canoe and boat housing, and as a wood working shop.

Check back in future issues of the Voice of CLUSI for updates.



COOS HEAD AREA MASTER PLAN (CHAMP) Public Forum

**Saturday, February 6th, 2016
11:00 A.M.
Community Center**

The Coos Head Area Master Plan will create a detailed plan for the Coos Head site that will best suit Tribal members. The monthly Coos Head Public Forums provide Tribal member input and information for determining appropriate on-site (Tribal property) uses. The process for Tribal input has started and will continue with monthly meetings. CHAMP will also look at the off-site infrastructure supporting Coos Head including roads, bike and pedestrian trails, and sewer. Bastendorff Beach and Chicken Point will also be part of the planning process. Come join us in creating a feasible, sustainable plan for the Coos Head site to benefit all our Tribal members for many generations.



Data Sharing Attention Parents!

The Oregon Department of Education (ODE) and the 9 Federally Recognized Tribes of Oregon have been invited to participate in data sharing with ODE. For the final report students will remain anonymous. The Tribes have given ODE permission to get information from the student's school.

CTCLUSI has agreed to share information to help ODE collect information from the schools. regarding grades, absenteeism and behavior. **If you DO NOT WANT to not have your child's information included in the data collection please let the CTCLUSI Education Department know by February 19, 2016 by 4:00 P.M.**

The report will not reveal any student. The data is to help the Tribes and the State of Oregon to better serve our youth.

CTCLUSI Education Department Phone: 541-888-1317 or 541-888-1315

Housing Programs

The Housing Department works to improve the quality of life of all eligible Tribal Members and members of other Tribes by providing housing assistance to ensure they have decent, safe and affordable housing. We offer five affordable housing assistance programs which benefit about 100 Tribal families every month. All Housing programs are funded through a Housing and Urban Development (HUD) grant and must follow their federal guidelines and our Tribal Policies.

Tribal Housing

We have 27 housing units located in the Coos Bay/North Bend area. These homes include duplexes, a 4-Plex and single family homes ranging in size from 1-bedroom units to 4 bedroom homes.

We also have 2 4-Plexes in Florence consisting of 1 and 2 bedroom units. These Florence units give preference to employees of our Tribal Entities including the Three Rivers Casino and Hotel, Tribal Government and Blue Earth.

Rent amounts for Tribal Housing are calculated based on the total household income.

Rental Assistance

Our Rental assistance program allows eligible families to rent a home from a private landlord anywhere in the State of Oregon and outside of Oregon if they are a full time college student. We pay a calculated portion of the rent, based on the total household income, and the family pays the balance. There is a waiting list for this program and all families are assisted on a first come, first served basis.

Home Rehabilitation

Our Home Repair program provides up to \$10,000 for rehabilitation on a home owned and occupied by an eligible Tribal family. The rehabilitation can include, but is not limited to roof or window replacement, electricity and plumbing, dry rot, disability accessibility issues and other needed rehabilitation work needed to ensure the home is decent, safe, sanitary and a healthy place to live. This program is currently open to eligible Tribal families living anywhere in the United States.

Down Payment Loan Assistance

We can provide up to \$10,000 towards the down payment and/or closing costs for the purchase of a home as long as you have not owned a home within the last 3 years. All participants must qualify as low to moderate income based on HUD's federal income guidelines and this program is open to eligible families anywhere in Oregon. All participants are required to take a First Time Homebuyers class, which we will pay for, so they will understand the responsibilities of home ownership.

Emergency Assistance

This program is available to eligible families who are homeless through no fault of their own. We work in conjunction with the Tribal Family Services staff who monitor need and family performance. We can offer short term safe, clean, temporary housing while the family works to find permanent housing and stable income.

Contact the Housing Department by calling
Linda Malcomb, Housing Director (541) 888-1310
Laura Doll, Housing Assistant (541) 888-7504

Identity Theft

Submitted by the Tribal Police Department



Identity theft is a growing problem for everyone around the world, know how to protect yourself. Between 500,000 and 700,000 people will be victimized by identity thieves this year. That equates to about \$2 billion in losses each year. Victims will spend on average about two years or more attempting to regain their identity and remove false charges.

Here are some steps to help protect your identity from thieves:

- Protect your personal information. Think about what you are putting in the trash.
- Buy a paper shredder and use it on papers that may contain names, addresses, or account numbers.
- Don't leave bills or bank statements in your mailbox. Drop off bills at the Post Office.
- Cancel credit cards you don't use and don't carry extra cards in your wallet.
- Destroy (shred) pre-approved credit card solicitations.
- Don't carry your Social Security Card, birth certificate, or passport with you.
- Don't have your Social Security Number, telephone number, or other unnecessary information printed on checks.
- Pick up new checks at the bank.
- Don't use birth-date or Social Security Number as password or PIN
- Monitor your bank and credit card statements. Check your credit report for any irregularities.

If you are a victim of identity theft, here are some basic steps to take back your life:

- Notify the police, banks, loan agencies, and creditors. Get a copy of the police report and keep a record for all contacts with legal and financial institutions.
- Ask creditors to call in an alert if any new charges are added.
- Cancel all credit cards, bank accounts, PINs and passwords.
- Call the Social Security Administration at **1-800-269-0271** to report fraud.
- Call the major credit reporting agencies and ask them to attach a fraud alert and victim's statement to their report.
- If a civil judgment has been entered in your name for actions taken or debts incurred by a thief, contact the court where the judgment was entered and report that you are a victim of Identity Theft. Ask how your name can be cleared.
- If bank accounts were set up fraudulently or checks were stolen, contact check verification agencies.

FEBRUARY 19, 2016

FIT FOR LIFE CHALLENGE

Are you ready to make the change in your life?

Join me in changing your life forever. Eating more healthy foods, exercising and staying on track are the main goals for this challenge. Do you have what it takes to finally take charge of your life? I will be here to help you, motivate you and most of all encourage you to stay on track. I know you can do this!!

Join me and change your life!

TRACI STEFANEK

CHR & Diabetes Coordinator

1126 Gateway Loop, Suite 102

Springfield, Oregon 97477

tstefanek@ctclusi.org

541-744-1334

541-808-8684

IHS Diabetes Program



Save the Date

Tribal Council sponsored Tribal Committee Day

Saturday, April 9, 2016

(The day before the General Council Meeting)

Community Center/ Tribal Hall
Details to Follow



CTCLUSI Family Services February Announcement !

Your Tribal Family Services continues to offer energy assistance to families who qualify through our LIHEAP Program (Low Income Home Energy Assistance).

Contact us Today !

The LIHEAP program is also offering limited assistance for Weatherization needs for qualified Households. Weatherization assistance can possibly include new insulation, weather stripping, caulking, storm windows, to help weatherize a home and lower energy costs.

Other services are also available such as resume building, clothing for new employment, childcare assistance to low income families, outreach services, school to work program for Tribal youth, parenting program services, counseling referrals, alcohol and drug treatment service referrals, as well as resource knowledge.

Most programs and services are based on eligibility and available funding and the only way to know more and learn more is to contact us!

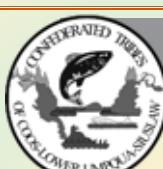
For Coos Bay Outreach call 541-888-7516

For Springfield Outreach call 541-744-1334

For Florence Outreach call 541-997-6685



Sponsored by the CTCLUSI Health and Human Services Division



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Three Rivers Casino Resort ~ Florence

Beverage Server
Food Server Buffet
Bussperson Buffet
Dish Machine Operator
Environmental Services Technician
Players Club Representative
Security Officer I
Special Events Team Member
Table Games Dealer-In-Training
Table Games Dealer

Tribal Government Offices

Special Events Employee
Spring Break Counselor
Spring Break Counselor in Training



Three Rivers Casino Resort ~ Coos Bay

No openings at this time

Blue Earth

No openings at this time

<http://ctclusi-int.atsondemand.com/>

Go to **Job Opportunities** on the website for full job posting and to Apply Online
Updated Daily

Or call Recruitment at **541-902-6504**

Fossil Point

Posted November 30, 2015 on Patricia Whereat-Phillips blog <http://shichils.wordpress.com>

Since it came out in the current newsletter that the Tribes have acquired lands near Fossil Point, I thought I'd share a story Annie Miner Peterson told about the fossils around Fossil Point. It was printed in Melville Jacobs' Coos Narrative and Ethnologic Texts, pages 69-79:

Since the commencement of the land, since that time the people have seen those wonderful rocks. All kinds of things are imbedded there, just as if all those kinds of things were gathered together there.

Bones and people were (as if) gathered there, some of them in the very way in which people cook. Children were there also like that, as if in baby baskets. Their food was as if standing against the walls, their cooking stood by the fire.

There were some dogs lying there like that, some other dogs were standing up. And some people were as if lying out in the sun, some others were as if about to commence eating. That is the way it appeared, when they were fixed there.

The people had turned to rock, when they were there. Their canoes were beached there. Many of their canoes had some things in them. Some had paddles athwart them, others had some of their paddles hanging from the sides.

That is what the people said. "Maybe they had eaten something such as a dangerous poison fish. That dangerous poison fish was the only thing that caused death, when that sort of thing was eaten. Then they just got stuck to it" (to this ogre fish).

That is what the people said. "That is what they must have eaten. That is why they got attached there from that time on." However they really did not know that it was indeed that, that had explained it in that manner, when they spoke about the people who had become kind of dangerous poison fish. The father of the people was the one who no longer wanted that sort of thing (poison fish), because that old man had tried to kill him with that sort of thing. That is why the father of the people did not want it. Since that time there are no more of those poison fish."

The people say that. That is why so many people adhered there with the rocks. To the people it was wonderful to see all those things stuck there, just as if melted there. That is the way the people spoke of it.

Now that is all I know of that.



Photograph taken by Phillip A. White

*since this posting Patty has updated her blog with a translated version of the story Annie Peterson told to Melville Jacobs. Check out her blog <http://shichils.wordpress.com> to read more.

Tribal Member Achievements

Tribal member Patricia Whereat-Phillips Publishes text on Ethnobotany of the Coos, Lower Umpqua, and Siuslaw Indians

Ethnobotany of the Coos, Lower Umpqua, and Siuslaw Indians

Patricia Whereat-Phillips

Foreword by Nancy J. Turner

Available May 2016

ISBN: 978-0-87071-852-6, \$22.95, Paperback

Myrtlewood is most often thought of as beautiful wood for woodworking, but to Native people on the southern Oregon coast it was an important source of food. The roasted nuts taste like bitter chocolate, coffee, and burnt popcorn. The roots of Skunk Cabbage provided another traditional food source, while also serving as a medicine for colds. In tribal mythology, the leaves of Skunk Cabbage were thought to be tents where the Little People sheltered.

Very little has been published until now on the ethnobotany of western Oregon indigenous peoples. *Ethnobotany of the Coos, Lower Umpqua, and Siuslaw Indians* documents the use of plants by these closely-related coastal tribes, covering a geographical area that extends roughly from Cape Perpetua on the central coast, south to the Coquille River, and from the Coast Range west to the Pacific shore. With a focus on native plants and their traditional uses, it also includes mention of farming crops, as well as the highly invasive Himalayan blackberry, which some Oregon coast Indians called the "white man's berry."

The cultures of the Coos Bay, Lower Umpqua and Siuslaw are distinct from the Athabaskan speaking people to the south, and the Alsea to the north. Today, many tribal members are reviving ancient arts of basket weaving and woodworking, and many now participate in annual intertribal canoe events. *Ethnobotany of the Coos, Lower Umpqua, and Siuslaw Indians* contributes to this cultural renaissance by filling an important gap in the historical record. It is an invaluable resource for anyone who wishes to learn about the indigenous cultures of the central and southern Oregon coast, as well as those who are interested in Pacific Northwest plants and their cultural uses.



About the Author

PATRICIA WHEREAT-PHILLIPS holds a BS in Biology from Oregon State University and a MA in Linguistics from the University of Oregon, where her studies focused on the Hanis Coos language. She has worked with the US Forest Service in Oregon Dunes National Recreation Area and Mt. Hood National Forest, and served as the Cultural Resources Director for the Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians from 1997 to 2001. Subsequently she has worked as a consultant to the Tribes on traditional language, storytelling, and ethnobotany. She lives in Sonoma, California.



Melinda Sprague

Named to the Dean's List for Fall Term 2015 at Eastern Oregon University

LA GRANDE, Ore. (January 6, 2016) - Melinda Sprague of Coquille was one of 541 students named to the dean's list for fall term 2015 at Eastern Oregon University. Qualifying students achieve and maintain a grade point average of 3.5 or higher on a 4.0 scale while completing a minimum of 12 hours of graded coursework for the duration of the term.

Congratulations Melinda! Keep up the good work.



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter by e-mailing mgaines@ctclusi.org. The deadline for submission to the March newsletter is Friday, February 12th by 5:00 p.m.

-Morgan Gaines

Elders Corner



Elders Spotlight Birthday Luncheon

We would like to Honor all Elders that are
“75” and older in the year 2016.



THURSDAY, February 4, 2016
at 11:30 a.m.

Three Rivers Casino- back room of the World Market Buffet

**Contact Andrew Brainard at 541-888-7533
By February 1st to RSVP.**



Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Elders Activity Program

Welcome New Elders Committee Members

Tom Brainard & Gerry Garcia

Meeting Changes:

Elders Committee Meetings have changed from Monthly to Quarterly in Coos Bay.

The next Elders Committee Meeting will be Thursday, April 14th @ 12:00 p.m. in Coos Bay at Tribal Hall

Elders Honor Day Planning meeting will be held Thursday, February 11th @ 12:00 p.m. at Tribal Hall in Coos Bay

ANTI-AGING SUPERPOWERS: Help your Heart

Step Away from your INBOX:

It's no secret that the never-ending influx of e-mail can be a stress inducer. What you might now know: Constantly feeling overwhelmed can be tough on the ticker.

Stress is the most underrated risk factor for cardiovascular disease and stroke. It is more difficult to measure than high blood pressure, diabetes and high cholesterol, so it's de-emphasized. (Robert Greenfield, MD, a medical director at Orange Coast Memorial Medical Center's Memorial Care heart and Vascular Institute in Long Beach, CA).

But, you don't need to commit to hours of meditation to keep tension at bay. Adults who check their e-mail just three times a day report feeling significantly less stressed compared to people who have unlimited access to their inbox, found one recent study at the University of British Columbia.

So, you've got a few minutes. What could you do in that time, besides check email?

- Take a walk
- Read intentionally, things you've chosen to read later, either for work or for fun
- Write: a few words, or a few minutes
- Do a workout
- Breathe. Count backward.
- Make a to-do list
- Do a mind sweep
- Drink some water
- Take a nap
- Clean your desk around your computer space

Remember the story around a photo or other item on your desk

Play memory games (on line) that are specifically designed for elders: Luminosity, Memozor, Countdown, Private Eye, Shapes and Colors and so many more. If you cannot find these, go to the AARP website for a list of Senior Memory games [www.aarp.org/health/brain-health/grain_games/]

Sources:

article: Walgreens; Anti Aging Superpowers,
Marygrace Taylor
clip art: clipartpanda.com
10 things to do instead of email:
chronicle.com/blogs/profhacker/thingstodo



**The Coquille Indian Tribe
and
The Confederated Tribes of
Coos, Lower Umpqua & Siuslaw Indians**



wish to invite you to the

**20th Annual Oregon Tribal Elders Honor Day
to be held on March 18th & 19th, 2016
at the Mill Casino & Hotel ~ Salmon Room**

Friday, March 18th (Events in the Salmon Room):

10:30 to 11:30 ~ Registration
11:30 to 12:00 ~ Opening, Welcome by CTCLUSI, Presentation of the Flags, Honor Oldest Native Elders, Honoring of King & Queen
12:00 to 1:00 ~ Prayer and Lunch hosted by CTCLUSI
1:00 to 2:00 ~ Entertainment
2:00 to 2:30 ~ Break
2:30 to 4:00 ~ Bingo in Salmon Room or Visit Coos History Museum & Maritime Collections
4:00 to 6:00 ~ Meet & Great The Tribal Chiefs (Salmon Pit outside of hotel)
6:00 to 7:30 ~ Prayer, Dinner hosted by Coquille Indian Tribe, Retirement of the Flags.
7:30 to 9:00 ~ Entertainment

Saturday, March 19th:

7:00 to 9:30 – Breakfast in the Salmon Room

Please RSVP by March 1st to:
Iliana Montiel, CTCLUSI Assistant Health Director
541-888-7526 or email: imontiel@ctclusi.org

There will not be a charge to Tribal Elders for any of the activities. All other guests, with the exception of legal spouses & caregivers will be charged for meals.

ALL GUEST MUST BE OVER 55, WITH THE EXCEPTION OF LEGAL SPOUSES, CAREGIVERS AND STAFF.

Call for Counselors

SPRING BREAK CAMP

4-H Camp, Salem — March 21-25, 2016

(8 hour Orientation/Training on March 12, 2016)

- Are you a positive role model?
- Do you enjoy working with others in a team environment?
- Do you enjoy working with Tribal Youth and Staff?

Then Sign Up and be a Counselor (ages 18+) or

Counselor-In-Training (ages 16+)

(Must be CTCLUSI Tribal Member, CTCLUSI Spouse or Domestic Partner or applicant with longstanding relationship with the Tribe and are in Tribal Families.)

HOW TO APPLY

Complete the online application:
Website: www.ctclusi.org

If you have any questions, please call Pam Hickson at 541-902-6504

Deadline to apply: As Soon As Possible

THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter by e-mailing mgaines@ctclusi.org

The deadline for submission to the March newsletter is Friday, February 12th by 5:00 p.m.

-Morgan Gaines

Spring Break Camp 2016

March 21 – 25, 2016

(8 hour Orientation/Training on March 12, 2016)

Program and Application information
Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians

WHAT IS Spring Break Camp Counselor or Counselor in Training?
This position is responsible for providing assistance and support to the Camp Director for the Tribal Youth Camp. Position is responsible for assisting the Camp Director in carrying out activities during the youth camp as well as providing direction for the youth campers.

WHO IS ELIGIBLE TO APPLY?
To be eligible to participate in the 2016 Spring Break Camp:

- Meet minimum requirements as outlined in the job description
- Must be CTCLUSI Tribal Member, CTCLUSI Spouse or Domestic Partner or applicant with longstanding relationship with the Tribe and/ are in Tribal Families.

WHAT IS THE PROCESS OF SELECTION?
The Recruitment Specialist for Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians will review submitted applications for completeness and administer the evaluation process. All qualified applicants will be forwarded to the Camp Director for review. The following criteria are considered during the selection process: presentation of application, and involvement in the Native community. An appointed committee conducts a final review of the application and makes an official selection of awarded applicants.

WHEN IS THE APPLICATION DEADLINE?
Completed applications must be received As Soon As Possible.
For questions, contact:
Pam Hickson, Recruitment Specialist
5647 Hwy 126
Florence, Oregon 97439
Phone: 541-902-6504
Website: www.ctclusi.org

WHEN WILL YOU BE NOTIFIED IF YOU ARE SELECTED?
All qualified applicants are expected to be will be notified by the week of February 15th, 2016 by Human Resources.

WHAT ARE THE EMPLOYMENT REQUIREMENTS?
Spring Break Camp Counselors must meet the following award requirements.

- Complete ONLINE Application by the specified deadline
- Must be interviewed and selected by the appointed committee.
- Pass pre-employment drug test
- Pass background information and obtain fingerprints through Tribal Police Department

WHO DO I CONTACT IF I HAVE QUESTIONS?
Vicki Faciane, Health & Human Services Director
Health Services Department for CTCLUSI
Phone: (541) 888-9577
Email: vfaciane@ctclusi.org

Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
Three Rivers Casino & Hotel
5647 HWY 126, Florence Oregon 97439 (541) 902-6504

2016 THREE RIVERS CASINO RESORT SUMMER EMPLOYMENT APPLICATION INFORMATION LETTER

WHAT IS THE TRC & H SUMMER EMPLOYMENT PROGRAM?
Three Rivers Casino Resort is delivering a paid Summer Employment Program beginning June 13, 2016 to August 19, 2016 for CTCLUSI Tribal Members. Three Rivers Casino Resort in Florence, Oregon and is offering this employment opportunity as an integral part of its long-term strategy of providing the highest quality of career and employment opportunities to all CTCLUSI Tribal Members. Three Rivers Casino Resort provides work experience in a range of Guest Service professions and support services including Hotel, Finance, Casino Marketing, Human Resources, Food & Beverage, and Informational Technology.

WHO IS ELIGIBLE TO APPLY?
To be eligible to participate in the TRC & H Summer Employment program, you must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians.

WHAT IS THE PROCESS OF SELECTION?
The Director of Human Resources and the Recruitment Specialist for Three Rivers Casino Resort review submitted applications for completeness and administer the evaluation process. The following criteria are considered during the selection process: academic merit, presentation of application, and involvement in the Native community. An appointed committee conducts a final review of the application evaluations and makes an official selection of awarded applicants.

WHEN IS THE APPLICATION DEADLINE?
Applications are being received ONLINE **March 7, 2016 through May 9, 2016**. Completed application must be received online by **5pm on Monday: May 9, 2016** at www.ctclusi.org. Go to Job Opportunities and click on the CTCLUSI Tribal Member link.

WHEN WILL YOU BE NOTIFIED IF YOU ARE SELECTED?
Interviews and hiring decisions will be complete Monday – June 6, 2016

WHAT ARE THE EMPLOYMENT REQUIREMENTS?
TRC & H Summer Employment recipients must meet the following award requirements. All rights to the Three Rivers Casino Resort Summer Employment program are waived if the requirements are not met.

- Submit an online application at www.ctclusi.org (log in or register to see job announcement)
- Pass pre-employment drug test.
- Obtain Gaming License from CTCLUSI Gaming Commission.
- Actively participate in the TRC & H Summer Employment.
- Adhere to current Three Rivers Casino Resort policies as outlined in Team Member Handbook.

WHO DO I CONTACT IF I HAVE QUESTIONS?
Stephanie Watkins, Director of Human Resources
Phone: (541) 902-6502
Email: swatkins@ctclusihr.org

Deadline to apply – As Soon As Possible

Online Applications: March 7, 2016 - May 9, 2016

Upcoming Events

February 2016

February 4th – Elders Birthday Luncheon, Three Rivers Casino World Market Buffet 11:30 a.m.

February 6th – CHAMP Public Forum, Community Center 11:00 a.m.

February 11th – Elders Honor Day Planning Meeting, Tribal Hall 12:00 p.m.

February 13th – Prevention Activity, Beading & Paddles – Chifin Youth Center Springfield 10:00 a.m.

February 14th – Council Meeting, Community Center 10:00 a.m.

February 16th – Parenting with Love & Logic, Tribal Community Center 5:30 p.m.

February 18th – Diabetes Wellness Day – Florence Outreach Office 1:00 p.m.

February 19th – Fit for Life Challenge begins!

February 23rd – Parenting with Love & Logic, Tribal Community Center 5:30 p.m.

February 26th – Needs Assessment due today

Spring Break Activity Camp

March 21– March 25, 2016

We Have New and Exciting Activities Planned
for a Week of Fun Adventures!

Call for more information



Register for camp by

5:00 p.m. Friday,

February 19, 2016

You must register by the above date to have the required registration packets for camp mailed to you .

Tribal Youth

between the ages of 10 and 18 who are enrolled in school are eligible to attend.

**All registration packets are due by
5:00 p.m. Friday, March 4, 2016**

To register for camp please call:

Tami Foster @ (541) 888-1311 or DeeDee Plaep @ (541) 997-6685



COMING SOON! CTCLUSI Student Internships

The CTCLUSI Student Intern is a paid internship with the goal to assist current College Students in supplementing their work and education experience based work experience along with their needs, desires and interests.

Minimum Requirements:

- Must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
- Must be an Enrolled Full-Time Student (Sophomore status or above) in any Accredited College including on-line schools (NOTE: Students may qualify even if they are not on a Tribal educational stipend)
- Must have verifiable transcripts that show a current GPA of 2.0 – can be obtained from your college's registrars or campus placement office.
- This position is subject to pre-employment drug testing and criminal history background check which may include fingerprinting.

Online Applications will be taken starting April 1, 2016.

Tribal Members will need to www.ctclusi.org to apply. Go to Job Opportunities and click on the CTCLUSI Tribal Member link.

Deadline to apply is May 6, 2016.

For Additional Information, Contact

Stephanie Watkins at 541-902-6502 or Pam Hickson at 541-902-6504

TRIBAL FAMILY GATHERING

TUESDAY, MARCH 15, 2016 6:00 PM TO 8:00 PM

AT

Izzy's

950 Seneca Road

Eugene, Oregon 97402

We will have guest speakers talking about
Career Development, Employment and Business Generation



PLEASE RSVP TO: TRACI STEFANEK @ 541-808-8684

TOLLFREE @ 1-800-877-2718

BY WEDNESDAY, MARCH 9, 2016

ALL TRIBAL FAMILIES WELCOME TO ATTEND

NO TRANSPORTATION WILL BE PROVIDED

SPONSORED BY: HEALTH & HUMAN SERVICES DIVISION - DIABETES GRANT

The Confederated Tribes of
Coos, Lower Umpqua & Siuslaw Indians

Presents

Parenting with  Love and Logic®

When: Tuesdays: February 16, February 23, March 1, and March 8, 2016

Time: 5:30 PM – 7:30 PM

Location: CTCLUSI Tribal Community Center

338 Wallace St.

Coos Bay, OR 97420



RSVP by Contacting:

CTCLUSI Family Services

541-744-1334 or 1-800-877-2718

Free Dinner and Childcare will be provided.

Don't Let Fear of Failure Ruin Your Goals for 2016

Submitted by Mike Smith, Training and Development Specialist

New Year's resolutions are practically an institution. Maybe your big goal for 2016 is to lose weight, quit smoking, work out, advance your career, start a business, double sales revenue, run a marathon, go back to school, save more money, etc. Whatever your goal, I encourage you to make it H.A.R.D. Goals that are Heartfelt, Animated, Required and Difficult stimulate and engage the brain in profound ways, increasing the motivational power that make our goals happen. All the studies on H.A.R.D. Goals indicate that the more difficult your goal, the better your performance will be. But there's still one universal issue that holds people back from realizing H.A.R.D. Goals: fear of failure. Big goals are intimidating, and in spite of all the studies on H.A.R.D. Goals, it can still prove tough to shake the belief that the more difficult your goal, the higher the possibility that you could fail.

So how do we overcome that fear of failure and mentally leap the hump of trepidation (or anxiety or fear or whatever you want to call it)? With a pretty simple, three-step process that uses the logical/analytical parts of our brain to rewire the way we think. In clinical psychology, it's called reframing.

Step one requires asking yourself a very simple question: "What happens to me if I fail at this goal?" I say it's a simple question, but that doesn't mean it's an easy question. Answering it truthfully requires a deep look into some of your inner mental processes. When I'm working with someone (or an entire organization) to figure out what they're really afraid will happen if they fail at this goal, here are the kinds of answers I hear:

- People will think I'm weak and couldn't hack it.
- People will be disappointed in me.
- People will never believe in me again.
- I'll never believe in myself again.
- I'll die from embarrassment.
- If I can't do this, it means I'll never be able to do anything.
- It'll mean that I'm not as smart/talented/skilled as I like to think I am.
- This is my only shot at this and if I screw up I'll never get another chance.
- It means I'm stuck in this state forever.

All these statements are highly problematic. Too often, when we describe what will happen to us if we fail, we use words like never, always, only, die. These are serious and highly charged words, and they reflect a deep level of fear. Saying, "I'll die of embarrassment if I fail to achieve this goal" is probably a bit of an overstatement when we assess the actual facts. But it is a true reflection of how intensely we feel these fears (even if we don't acknowledge that intensity at a conscious level).

It's not unexpected to feel a fear of failure, but the intensity of our feelings can often rival or even exceed the fear we feel from things that might truly kill us. When a fear of failure stops us from tackling a goal, 99% of the time the fear we feel is very different from the fear we'd feel if, say, a hungry lion were charging at us. Some fear is very healthy. From an evolutionary perspective, fear kept us alive. But there are times when our fear reactions get pointed to something quite abstract, and perhaps even imagined. If you fail in your goal to escape that lion, there's a really good chance you'll die. But if you fail in your goal to increase your savings this month, it's not going to kill you. Nor will we die of embarrassment. Most of the repercussions we face if we fail in achieving our goals won't really kill us. The statements on our list of "what happens to us if we fail" are not proven facts; they're interpretations, assumptions, emotionally charged extrapolations, irrational beliefs. Call them what you will. But they are not proven facts.

Step two proves this. We're human beings, not computers, so we can't just flip a switch and say, "OK, feeling like I'll die of embarrassment is irrational, so I'll just stop feeling that way." Instead, we've got to debunk these thoughts in our heads, just as if we were attorneys cross-examining a witness. We're going to take each of these statements and, one by one, ask ourselves if we can find any examples that might provide evidence to the contrary of what we said.

Let's take the example, "If I fail to achieve my goal, I'll die from embarrassment." Can you find any examples in your life (or even someone else's life) where you failed to achieve a goal but didn't die? To take it a step further, can you find any examples where any embarrassment you felt was far less than what you were expecting? Now, by virtue of your being alive right now, I'm

guessing you found at least one example that refutes the belief that "I'll die from embarrassment."

That's a pretty easy example to counter, so let's try something more difficult. How about, "If I fail at this goal, people will think I'm weak and couldn't hack it." Again, search your history, or someone else's history, for counterarguments. We literally need to take those "what happens to us if we fail" statements and debunk them, one by one. Use your analytical brain and your life history. I'm confident if you take every one of them apart, you'll find they hold no real power.

Step three is rewriting those original statements. You've debunked them, so now turn them around into something a lot more encouraging. Here are some examples of revised statements:

- If I fail at this goal, people won't think I'm weak. In fact, they may even rally to my defense.
- If I fail at this goal, people will still believe in me.
- If I can't do this specific goal, it has no bearing on my ability to tackle other difficult goals.

You've disproved the negative statements you started with, so it's just a question of closing the loop and cementing this logically sound bit of encouragement in your consciousness. Overwhelmingly, we have little or nothing to fear from attempting (and even failing at) a H.A.R.D. Goal, because it's only by attempting our goals that we hone our ability to successfully achieve them. And remember, we'll have absolutely no control over our lives and destinies if we're paralyzed by the fear of the mostly imagined consequences of failing at our goals. H.A.R.D. Goals give us the motivational jolt we need to stimulate the brain, get us out of our comfort zone, and excite us emotionally so we're able to deliver our best performance. Expect some fears, it's natural. But as those fears pop up, don't dodge them. Face your goal fears squarely and evaluate how much validity they really have. Are you really going to die of embarrassment if you don't achieve your goal? Of course not. Nothing rips the power away from fear like a good debunking.

Content taken from "Don't Let Fear of Failure Ruin Your 2016 Goals" by Mark Murphy ©Forbes.com January 7, 2016

THREE RIVERS CASINO RESORT

OCEAN DUNES Golf Links

SPECIAL TRIBAL PRICING!
2016 TRIBAL Membership

Single Including Cart: \$500.00
Family Including Cart: \$750.00

For more information:
541-997-3232 • threeriverscasino.com/golf

\$6,000.00
SWEETHEARTS HOT SEAT DRAWING

Sunday, February 14th in Florence

Hourly Hot Seat Drawings from 3PM - 10PM
Win a share of \$6,000 in CASH & Free Play

BINGO BASH!
\$12,000.00

Saturday, February 20 in the Casino's Events Center

RESERVE YOUR BINGO HANDHELD TODAY!
541-902-2518!

Things are luckier here! • FLORENCE • COOS BAY • 877-374-8377 • THREERIVERSCASINO.COM

The Voice of CLUSI



March 2016

Issue 3

Volume 17

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Three Rivers Foundation Awards \$100,000 to 20 Non-Profit Organizations

February 18, 2016 -- FOR IMMEDIATE RELEASE

Contact: Stephanie Watkins – www.threeriversfoundation.org

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians & Three Rivers Foundation Mark Fifth Round of Giving with Luncheon Gala

Florence, OR— February 18, 2016 marked the 5th annual gifting luncheon of the Three Rivers Foundation held at the Three Rivers Casino Resort in Florence. The Three Rivers Foundation, established by the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians as the giving arm of its Three Rivers Casino Resort, announced gifts totaling more than \$100,000 to 20 deserving nonprofit organizations in the Tribe's service district areas.

"There is a Native American proverb that says 'We will be known forever by the tracks we leave,'" said Teresa Spangler, Chair of the Three Rivers Foundation and Vice Chairman of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians Tribal Council. "Together [with these organizations] we are leaving good tracks both for now and future generations to find."

During this gifting cycle, the Foundation received 153 grant proposals from non-profits located in Coos, Curry, Douglas, Lane, Lincoln & Polk counties, as well as many communities throughout Oregon. One of this year's highlights was the pleasure of funding a project for our Tribe's Department of Natural Resources. Under Tribal Administrator Alexis Barry's direction, Tribal Member & Director of Natural Resources, Margaret Corvi is making great gains with the Cultural Resources Protection Program to secure some of our most treasured historical relics. They are diligently identifying and cataloging our archaeological sites, cultural properties and artifacts in accordance with standards defined by the Secretary of the Interior's *Standards and Guidelines for Archeology and Historic Preservation*, and maintaining these records in a GIS and Past-Perfect database. This grant funding will provide necessary equipment and support for this important and sensitive work for our Tribe.

Of this cycle's many proposals, the following were awarded grant dollars:

Coos County:

Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians, Coos Bay, Oregon
Coos Elderly Services, Coos Bay, Oregon
Crossroads Community Cafe, North Bend, Oregon



Three Rivers Foundation Board of Trustees pictured from left to right:
Teresa Spangler, Tom Grove, Stephanie Watkins, Bob Main, Faye Stewart, Jay Bozievich, Arron McNutt, and Beaver Bowen

Curry County:

Gold Beach Lions Club, Gold Beach, Oregon
Gold Beach Senior Center, Gold Beach, Oregon

Douglas County:

Applegate House, Yoncalla, Oregon
Komemma Cultural Protection Association, Yoncalla, Oregon
Scottsburg Rural Fire Department, Scottsburg, Oregon

Lane County:

Children's Repertory of Oregon Workshops C.R.O.W., Florence, Oregon
Mapleton Food Share, Mapleton, Oregon
Mapleton School District, Mapleton, Oregon
Siuslaw Outreach Services S.O.S., Florence, Oregon
South Lane Mental Health, Cottage Grove, Oregon
Springfield Education Foundation, Springfield, Oregon
Springfield/Eugene Habitat For Humanity, Eugene, Oregon
Triangle Food Box, Blachly, Oregon



Tom Grove awards Stacy Scott of the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians a grant to fund a project for the Tribes Cultural Resources Protection Program

See Three Rivers Foundation page 7

Save the Date

Spring Break Camp
March 21 - 25, 2016

Tribal Committee Day
April 9, 2016

Chairman's Corner

Hello Tribal Members, Family, and Friends,

There are so many wonderful things happening within and for the Tribe, one of them being an upcoming Tribal Committee Day. I, along with your Tribal Council, would like to invite you to attend the Tribal Committee Day on April 9th, the day before our General Council Meeting. Our goal is to give current Tribal members who serve on Tribal Committees a technical work and training session designed to go over the nuts and bolts of Committee Governance which includes things like Tribal Committee Ordinances, Committee Member Responsibilities, Committee Procedures and Documentation, and more. Tribal youth, especially those of school age who are interested in Tribal Governance, as well as all Tribal members, are encouraged to attend.

We hope to see you at the Tribal Community Center on the Reservation for Tribal Committee Day on April 9, 2016. We will begin at 9:00 a.m. and run through the day, ending with actual committee meetings.



Chairman Mark Ingersoll

Save the Date

Tribal Council sponsored Tribal Committee Day

Saturday, April 9, 2016

(The day before the General Council Meeting)

Community Center/ Tribal Hall

Committee Training Begins 9:00 a.m.

Tribal Member Luncheon 12:00 p.m.

CTCLUSI Resolutions

RESOLUTION NO.: 16-007

Date of Passage: February 14, 2016

Subject (title): Approval of Intergovernmental Agreement for the Coos Head Area Master Plan

Explanation: Tribal Council approved an Intergovernmental Agreement with the State of Oregon, acting by and through the Department of Transportation ("ODOT"), to produce a master plan focusing on multimodal transportation planning and redevelopment of the Coos Head Area.

RESOLUTION NO.: 16-008

Date of Passage: February 14, 2016

Subject (title): Approval of Three Rivers Foundation Grant Agreement

Explanation: Tribal Council approved the Grant Agreement for the award of a total of \$9,700.20 by Three Rivers Foundation for the specific purpose of purchasing a TempPure Scientific 30 Cubic Foot Premier Manual Defrost Lab Freezer for the Cultural Resource Protection project.

RESOLUTION NO.: 16-009

Date of Passage: February 14, 2016

Subject (title): Approval of Public Transit Vehicle Purchase

Explanation: Tribal Council approved the purchase of a purchase transit bus in accordance with the Tribes' Coordinated Tribal Transit Plan.

RESOLUTION NO.: 16-010

Date of Passage: February 14, 2016

Subject (title): U.S. Department of Justice Coordinated Tribal Assistance Solicitation – Purpose Area #1 (COPS Office Public Safety and Community Policing)

Explanation: Tribal Council authorized the Tribes to submit an application in response to the U.S. Department of Justice Coordinated Tribal Assistance Solicitation for Purpose Areas #1 (COPS Office Public Safety and Community Policing). The funding would be used to purchase equipment and provide training for police officers.

RESOLUTION NO.: 16-011

Date of Passage: February 14, 2016

Subject (title): Approving Amendments to Chapter 7-1 (Enrollment)

Explanation: Tribal Council approved amendments to CLUSITC Chapter 7-1 (Enrollment) for first reading and posting for a twenty-eight (28) day comment period.

Tribal Council Business

As Reported at the February 14, 2016 Regular Tribal Council Meeting

Chief Warren Brainard:

Jan 10 Regular Tribal Council Meeting
Jan 13 Governors Transportation Panel in Eugene
Jan 14 Elders Meeting in Florence; Executive Work Session
Jan 16 Ribbon Cutting Ceremony for new Veterans Hospital in Eugene
Jan 21 Pre Meeting for Jordan Cove with Staff and Legal Council
Jan 25 Health Committee Meeting
Jan 26 6th Annual Cornerstone of Excellence Dinner at Three Rivers Casino & Hotel
Jan 28 Elliot State Forest Meeting in Salem
Jan 27 Business Tribal Council Meeting
Jan 29 Advisory Council of Historic Preservation Meeting (AHP); State Historic Preservation Office Meeting (SHPO); Department of State Lands Meeting(DSL)
Feb 4 Elders Luncheon
Feb 8 Jordan Cove Meeting
Feb 10 Lane Area Commission on Transportation Meeting (ACT)
Feb 10 Elders Committee Meeting, Enrollment Committee Meeting; Culture Committee Meeting
Feb 12 Land Use/Access Meeting

Doc Slyter:

Jan 10 Regular Tribal Council Meeting
Jan 12 Healing of the Canoe Training
Jan 14 Executive Work Session
Jan 21 Pre Meeting for Jordan Cove with Staff and Legal Council
Jan 22 Tribal Sweat
Jan 24 State of City Annual Meeting in Yachats, was gifted statue for the Tribe
Jan 26 6th Annual Cornerstone of Excellence Dinner at Three Rivers Casino & Hotel
Jan 27 Business Tribal Council Meeting; Toured Surveillance; Gaming Facility Operation Review Board GFORB Meeting; Toured Waste Water Treatment Plant
Jan 29 Advisory Council of Historic Preservation Meeting (AHP); State Historic Preservation Office Meeting (SHPO); Department of State Lands Meeting(DSL)
Feb 4 Elders Lunch in Florence
Feb 6 Coos Head Area Master Planning (CHAMP) Meeting
Feb 8 Jordan Cove Meeting
Feb 11 Elders Committee Meeting; Enrollment Committee Meeting; Cultural Committee Meeting
Feb 12 Land Use/Access Meeting

Beaver Bowen:

Jan 10 Regular Tribal Council Meeting
Jan 13 Gaming Facility Operation

Review Board (GFORB)

Jan 14 Executive Work Session
Jan 21 Pre Meeting for Jordan Cove with Staff and Legal Council
Jan 27 Business Tribal Council Meeting
Jan 29 Kutch Trial
Jan 31- Feb 4 ATNI
Feb 8 Jordan Cove Meeting

Teresa Spangler, Vice - Chairman:

Jan 10 Regular Tribal Council Meeting
Jan 14 Executive Work Session
Jan 20 Housing Committee Meeting
Jan 21 Pre Meeting for Jordan Cove with Staff and Legal Council
Jan 26 6th Annual Cornerstone of Excellence Dinner at Three Rivers Casino & Hotel
Jan 27 Business Tribal Council Meeting; Surveillance Meeting
Jan 31-Feb 4 ATNI
Feb 8 Jordan Cove Meeting
Feb 11 Three Rivers Foundation Board Meeting

Arron McNutt:

Jan 14 Executive Work session
Jan 21 Pre Meeting for Jordan Cove with Staff and Legal Council
Jan 26 6th Annual Cornerstone of Excellence Dinner at Three Rivers Casino & Hotel
Jan 27 Business Tribal Council Meeting
Feb 8 Jordan Cove Meeting
Feb 9 Blue Earth Services and Technology(BEST) Board Meeting

Jan 29 Advisory Council of Historic Preservation Meeting (AHP); State Historic Preservation Office Meeting (SHPO); Department of State Lands Meeting(DSL)
Feb 8 Jordan Cove Meeting

Tara Bowen:

Jan 10 Regular Tribal Council Meeting
Jan 14 Executive Work Session
Jan 21 Pre Meeting for Jordan Cove with Staff and Legal Council
Jan 27 Business Tribal Council Meeting
Jan 29 Kutch Trial
Feb 8 Jordan Cove Meeting
Planning on Committee Day

Mark Ingersoll, Chairman:

Jan 10 Regular Tribal Council Meeting
Jan 12 Blue Earth Services and Technology(BEST) Board Meeting
Jan 14 Executive Work Session
Jan 21 Pre Meeting for Jordan Cove with Staff and Legal Council
Jan 26 6th Annual Cornerstone of Excellence Dinner at Three Rivers Casino & Hotel
Jan 27 Business Tribal Council Meeting
Feb 8 Jordan Cove Meeting
Feb 9 Blue Earth Services and Technology(BEST) Board Meeting

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief
541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter

Position #1 Council
541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen

Position #2 Council
541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll, Chairman

Position #3 Council
541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen

Position #4 Council
541-808-7394
tbowen@ctclusi.org

Teresa Spangler, Vice Chair

Position #5 Council
541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt

Position #6 Council
541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting

March 13, 2016

10:00 a.m.

Community Center
338 Wallace St., Coos Bay,
Oregon 97420

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Administration Building

Alexis Barry
Tribal Administrator
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division

Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department

Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Purchased/Referred Care (FKA Contract Health Services)

Sharon Arnold - PRC Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department

Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services

Shayne Platz, Caseworker
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic

Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Health Services

Assistant Director
Iliana Montiel
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-5388
Toll Free 1-888-280-0726
imontiel@ctclusi.org

Tribal Court

J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department

Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office

1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police

Brad Kneaper
Chief of Police
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi
Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

Qa'aich Housing

NOW AVAILABLE

TWO

1 BEDROOM UNITS



The Housing Department is now accepting applications for 2 -one bedroom units located in Florence Oregon on the Tribe's Hatch Tract property.

Qa'aich Development is HUD funded housing for low to moderate income families, for questions about income limit guidelines, please contact the Housing Department Office.

Preferences for Qa'aich Housing

1st Preference:

- Indian families who are enrolled members of the CTCLUSI and who are employed by CTCLUSI.

2nd Preference:

- Indian families who are enrolled members of other Indian tribes, and who are employed by CTCLUSI.

You may pick up an application at any Tribal office or one can be mailed to you. If you have any questions or want an application mailed to you please contact the Housing Department Office at 1245 Fulton Avenue, Coos Bay, OR or by calling 541-888-9577 or toll free 888-280-0726.

Housing Department

Annual Performance Report

Submitted by Linda Malcomb, Housing Director

As required by HUD the Housing Department must complete and submit an Annual Performance Report each year. This report details all of the Housing Department goals and progress for 2015. To review the document and make comments, please contact Linda Malcomb in the Housing Department office located at 1245 Fulton Avenue, Coos Bay, OR 97420 or at 541-888-1310. All comments must be received by the Housing Department staff no later than March 10, 2016.

NOTICE OF PROPOSED CODE AMENDMENT

The following proposed Code amendment was passed for first reading by Tribal Council on February 14, 2016

TITLE:

CLUSITC Chapter 7-1 Enrollment

DATE OF THE TRIBAL COUNCIL MEETING AT WHICH THE PROPOSED CODE AMENDMENT IS EXPECTED TO BE CONSIDERED FOR FINAL PASSAGE:

April 10, 2016

The notice of the proposed amendment shall be published in the Tribal Newsletter and the text of the amendment will be posted for public comment for twenty-eight (28) days in the Administration Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino (Office of the Gaming Commission). Written comments should be sent to the Tribal Council in care of Jeannie McNeil, Administration Office, 1245 Fulton Avenue, Coos Bay OR 97420 or email: jmcneil@ctclusi.org.

00765316.v1

Posted March 1, 2016

ENROLLMENT COMMITTEE'S RECOMMENDATIONS FOR TRIBAL MEMBERSHIP

The Enrollment Committee recommends that the enrollment of the Applicants listed below should be approved. Besides publication in the Tribal Newsletter, according to CLUSITC 7-1-36(i), this information will be posted in the Administrative Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino for twenty-eight (28) days from the date listed above.

Mason Eugene Bryant	Roland Alistair Huntoon
Parent: Allison Renee Anderson	Parent: Andrea Renee Huntoon
Lineal Descendant: William Perry	Lineal Descendant: Louise Mary Mart
Tribe: Lower Umpqua	Tribe: Coos
Lilly Kamari Price	Owen Kent Ingersoll
Parent: Jeffrey Scott Price	Parent: Scott Ingersoll
Lineal Descendant: Lillian Lott	Lineal Descendant: William James Ingersoll Sr.
Tribe: Lower Umpqua	Tribe: Coos
Brandon James Ehrmantrout	Charley Rae Petrie
Parent: Devynne Krossman	Parent: Raymond T. Petrie
Lineal Descendant: Mary Adamac	Lineal Descendant: Raymond L. Petrie
Tribe: Coos	Tribe: Coos
Madison Gail Brainard	Rowdy Owen Furber
Parent: James William Brainard III	Parent: Loren Darrel Furber
Lineal Descendant: James William Brainard Jr.	Lineal Descendant: Edward "Bud" Jordan
Tribe: Coos	Tribe: Coos

In accordance with CLUSITC 7-1-37(a), Tribal Members shall have the right to protest the recommendation of the Committee approving an application and must file a written, signed protest with the Committee stating their reasons for believing that an Applicant(s) is not entitled to enrollment. The protest must be filed with the Committee within twenty-eight (28) days after notice of the proposed enrollment is posted as described in CLUSITC 7-1-36(i).



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share please submit your information and photos to the newsletter.

March 15th is the deadline for submission to April's edition of The Voice of CLUSI.

E-mail mgaines@ctclusi.org or call 541-888-7536

Tribal Elder Charlie (Charlene) Marie Moxley Has Walked On

On Sunday, February 7, 2016, Hanis Coos Tribal Elder Charlie (Charlene) Marie Moxley walked on. Charlie was born on June 13, 1944, in Aberdeen, Washington, to Myrtle (Boutin) Moxley and Charles Moxley. She graduated from Weatherwax High School and was in orchestra. She was a good student and was on the Honor Roll. She was a very accomplished seamstress, making many clothes for herself and others. She also knitted sweaters, socks and baby blankets. Charlie was especially known in the Tribal community, though, for her beautiful beadwork. Some examples of her beaded jewelry is on display at the Tribal Government office in Coos Bay.

Charlie was preceded in death by both parents, her stepfather Chet Anderson, her sister Nancy Anderson, her brother Kenneth Anderson, and her youngest son Nicholas Gollner. She is survived by her sons, Kenneth, Alex and John Osheroff, her sister Linnea Ekman, 5 grandchildren, 2 nieces and 4 grand-nephews. She lived in California, Virginia, Arizona and Colorado before moving to Coos Bay.

The family will be holding a memorial gathering at Tribal Hall on Saturday, March 19th at 1:00 p.m.



Robert (Bob) Estal Perkins Has Walked On

Robert was born March 26, 1939 and walked on Sunday, February 21, 2016. He was preceded in passing by his son Robert King and is survived by his wife of 51 years, Tribal Elder Arleen Perkins, five children, twelve grandchildren, and eighteen great-grandchildren. The family wished to let Tribal members know of his passing as he was a part of the Tribal community.



Arleen Perkins and Robert Perkins

Arleen and Bob on their wedding day in 1964

Winter Solstice 2015

Submitted by Mark Petrie, Cultural Assistant

The shortest day and longest night fell on Monday, Dec. 21 this time around. It was a wet, cold, beautiful day in Coos Bay on our 6 acre reservation. Nine of us slept in our plank house which was warmed by a ceremonially blessed fire; special thanks to Tribal Council Person Doc Slyter for leading the ceremony. Our Tribal Hall was filled with bustling cultural activities, refreshments, warm cooked meals, and bonding experiences. I see Winter Solstice as a celebration of a perpetual relationship with the environment and changes of the seasons. Some of us may hold the rain, cold, wind and inclement weather as something negative or adverse. I like to hold a more positive perspective: to have such a wonderfully diverse ecosystem and beautiful landscape that you can find in our homeland, you need to appreciate the climate it takes to create it. So, rather than curse the rain and the cold, I welcome and appreciate it as a crucial piece of nature that supports the surrounding environment that I love so much. But that's just me. We in the Culture Department would like to send our gratitude to those who came and partook in the celebration for the Winter Solstice of 2015. Happy Winter!



Pictured above left to right:
Sam Sprague, Eagle Roy, Naomi Petrie, and Mark Petrie

Pictured below are feather wands made during Winter Solstice 2016



Pictured left: Isa Helms, Megan Garcia, Raquel Helms and in front is Christine Medina

March Into Better Dental Health!

Submitted by Shannon M. Schritter, BS, RDH

Did you know that March 6th is National Dentist Day? It is a day set aside to thank your dentist, and what better way to show your appreciation than to keep up on your brushing and flossing, and get a good report on your exam the next time you come in! Last month's issue has pictures and tips for brushing and flossing, and the issue prior went over mouthwashes, so if you missed those it is worth a look back!

You can review all the previous Dental information that have appeared in past issues of The Voice of CLUSI simply by going to the Dental Clinic page on the Tribal website.

Visit www.ctclusi.org/dental today!

Since we are talking about dental facts, did you know commercial floss was first manufactured in 1882 and it was made of silk? The newest material they make floss with is Gore-Tex. It's very slippery, so although it slips through your tight contacts easily, this means it also slips right over the plaque it is meant to remove, so it's recommended that you go over the same spot 2-3 times. Before there were toothbrushes, people used "chew sticks" to clean their teeth.

"Chew sticks were twigs with a frayed end used to brush against the teeth, while the other end was used as a toothpick. The earliest chew sticks were discovered in Babylonia in 3500 BC, an Egyptian tomb dating from 3000 BC, and mentioned in Chinese records dating from 1600 BC. The Greeks and Romans used toothpicks to clean their teeth and toothpick-like twigs have been excavated in tombs. The first bristle toothbrush, resembling the modern toothbrush, was found in China during the Tang Dynasty (619–907) and used hog bristle. The bristles were sourced from hogs living in Siberia and northern China because the colder temperatures provided firmer bristles. They were then attached to a handle manufactured from bamboo or bone, forming a toothbrush. In 1223, [a] Japanese Zen master recorded...that he saw monks in China clean their teeth with brushes made of horse-tail hairs attached to an ox-bone handle. The bristle

toothbrush spread to Europe, brought back from China to Europe by travelers. It was adopted in Europe during the 17th century. The earliest identified use of the word toothbrush in English was in the autobiography of Anthony Wood, who wrote in 1690 that he had bought a toothbrush from J. Barret. Europeans found the hog bristle toothbrushes exported from merchants in China too firm, and preferred softer bristle toothbrushes manufactured from horsehair. Mass-produced toothbrushes, made with horse or boar bristle, continued to be imported to England from China until the mid-20th century.....The first patent for a toothbrush was granted to H. N. Wadsworth in 1857 (US Patent No. 18,653) in the United States, but mass production in the United States only started in 1885. The rather advanced design had a bone handle with holes bored into it for the Siberian Boar hair bristles. Unfortunately, animal bristle was not an ideal material as it retains bacteria and does not dry well, and the bristles often fell out. In addition to bone, sometimes handles were made of wood or ivory. In the United States, brushing teeth did not become routine until after World War II, when American soldiers had to clean their teeth daily."

<https://en.wikipedia.org/wiki/Toothbrush>

If you are still struggling with brushing twice a day or flossing at least once a day, or if you have any questions, please call us and make an appointment today!

Call the CTCLUSI Dental Clinic at (541) 888-6433 to schedule your next appointment.

Dental Clinic Hours Have Changed

Clinic Hours: Open 8:00 a.m. - Close 5:00 p.m.

The clinic will be closed on Fridays during Odd Months (January, March, May, July, September, November)

The clinic will be closed on Mondays during Even Months (February, April, June, August, October, December)

Call the Dental Clinic today to schedule your appointment (541) 888-6433

For Sale at the CTCLUSI Dental Clinic:

Toothbrush Heads! Only \$5.00

These will fit the following electric toothbrush types: Oral-B Pro Series 1000-7000, Oral-B Vitality, Oral-B PRO-HEALTH Precision Clean Battery, and Oral-B PRO-HEALTH Dual Clean Battery toothbrushes. Call (541)888-1301 and ask for Shannon with any questions!



NEW! Cross Action Toothbrush head: Precisely angled 16° bristles to clean deep between teeth for a superior clean. Angled bristles at alternating lengths provide excellent teeth coverage and contour adaption

Deep Sweep Toothbrush Head: Angled power tip for hard-to-reach areas. Manual-like stationary bristles thoroughly clean tooth surfaces. Wide sweeping bristles reach interdental spaces

Floss Action Toothbrush Head: Micro Pulse bristles penetrate proximal areas for a thorough, whole mouth clean. Gently removes up to 99.7% of plaque from hard-to-reach places

Precision Clean Toothbrush Head: A gentler brush head that delivers better tooth cupping for an improved every day brushing experience. Offers exceptional whole mouth cleaning for long-term oral health

Sensitive Gum Care Toothbrush Head: Extra Soft bristles gently clean sensitive and inflamed areas. Provides an extra-gentle brushing experience that's ideal for sensitive teeth and gums

For Sale: Electric Toothbrushes!

For Sale by CTCLUSI Dental

ONLY \$20.00

Oral-B Vitality Electric Toothbrushes! Refill heads also available!

Call - (541) 888-1301

Remove more plaque and decrease inflammation with an electric toothbrush!! This brush features 7600 oscillations per minute, a 2-minute timer, 2 brush heads, 1 charging station, and 1 rechargeable battery!

Order yours today!! Must pre-pay when ordered.
(Shipping available for an extra fee)

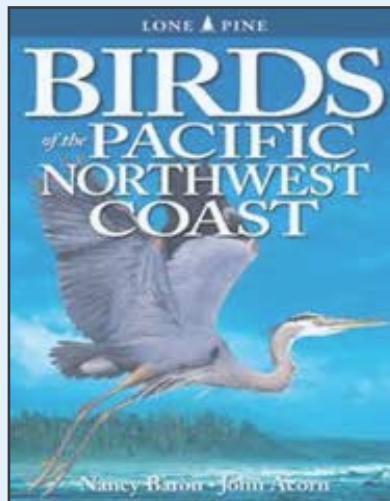


EDUCATION CORNER

The updating of our library is now complete. We invite you to come in and browse the various genres of books available for checkout. We have a Children's Corner, Fiction, Non-Fiction, and Reference sections.

With winter on its way out and spring right around the corner, the warmer weather brings us many of our favorite things, including: birds, flowers, butterflies.

That is why our feature "**BOOK OF THE MONTH**" is
Birds of the Pacific Northwest Coast

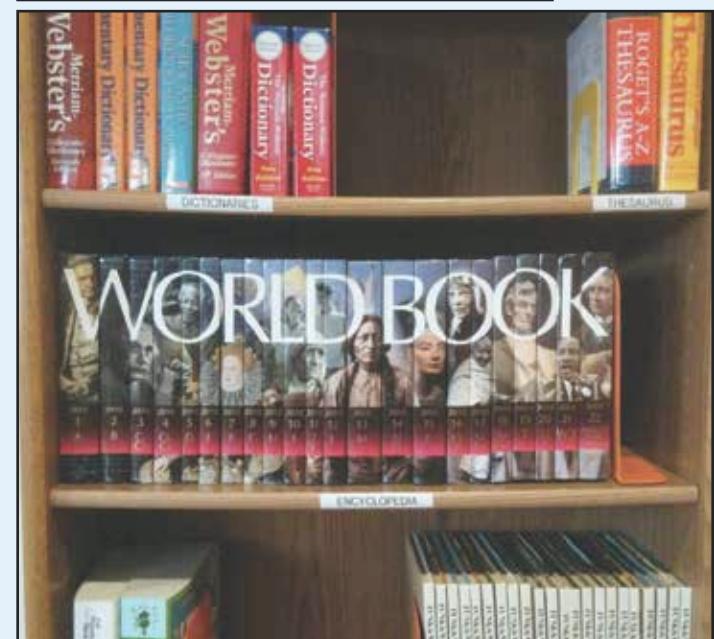


Learn about the various types of birds in our area and their habitat.
Research what attracts certain birds to your backyard.

We hope you will come and visit your Tribal Library and the Education Department Staff soon.



Pictured at left: The Kid's Corner in the CTCLUSI Education Library in the Tribal Government Offices in Coos Bay



Below: Reference book shelf in the CTCLUSI Library

Three Rivers Foundation Awards

...continued from front page

Lincoln County:

Food Share of Lincoln County, Newport, Oregon
Friends of Yachats Commons, Yachats, Oregon
Seashore Family Literacy, Waldport, Oregon

Polk County:

Confederated Tribes of the Grand Ronde, Grand Ronde, Oregon

Our successes are a reflection of the commitment and passion of our dedicated leadership. Our trustees ensure that the Three Rivers Foundation continues to reflect the goals and commitment of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians to our local communities. Our current trustees are:

Teresa Spangler, Foundation Chairperson
Jay Bozievich, Foundation Vice-Chairperson
Beaver Bowen, Trustee
Tom Grove, Trustee
Bob Main, Trustee
Arron McNutt, Trustee
Faye Stewart, Trustee
Stephanie Watkins, Trustee

The Three Rivers Foundation supports innovative ideas, collaborative approaches and grassroots efforts in the following areas: education, health, public safety, problem gambling, the arts, the environment, cultural activities and historic preservation.

Nonprofit organizations with 501 (c) (3) designation and government organizations located in Coos, Curry, Douglas, Lane and Lincoln Counties are encouraged to review grant criteria and application deadlines on the Three Rivers Foundations website. Other Oregon nonprofits seeking grant support for projects specifically important to Native American populations in Oregon, have a "statewide" impact, or other Oregon federally recognized Tribes are encouraged to apply.

If you would like to learn more about who we are and who we serve through the Three Rivers Foundation, please visit us online at www.threeriversfoundation.org.



Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
Three Rivers Casino & Hotel
5647 HWY 126, Florence Oregon 97439 (541) 902-6504

2016 THREE RIVERS CASINO RESORT SUMMER EMPLOYMENT APPLICATION INFORMATION LETTER

WHAT IS THE TRC & H SUMMER EMPLOYMENT PROGRAM?

Three Rivers Casino Resort is delivering a paid Summer Employment Program beginning June 13, 2016 to August 19, 2016 for CTCLUSI Tribal Members. Three Rivers Casino Resort in Florence, Oregon and is offering this employment opportunity as an integral part of its long-term strategy of providing the highest quality of career and employment opportunities to all CTCLUSI Tribal Members. Three Rivers Casino Resort provides work experience in a range of Guest Service professions and support services including Hotel, Finance, Casino Marketing, Human Resources, Food & Beverage, and Informational Technology.

WHO IS ELIGIBLE TO APPLY?

To be eligible to participate in the TRC & H Summer Employment program, you must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians.

WHAT IS THE PROCESS OF SELECTION?

The Director of Human Resources and the Recruitment Specialist for Three Rivers Casino Resort review submitted applications for completeness and administer the evaluation process. The following criteria are considered during the selection process: academic merit, presentation of application, and involvement in the Native community. An appointed committee conducts a final review of the application evaluations and makes an official selection of awarded applicants.

WHEN IS THE APPLICATION DEADLINE?

Applications are being received ONLINE **March 7, 2016 through May 9, 2016**. Completed application must be received online by **5pm on Monday: May 9, 2016** at www.ctclusi.org. Go to Job Opportunities and click on the CTCLUSI Tribal Member link.

WHEN WILL YOU BE NOTIFIED IF YOU ARE SELECTED?

Interviews and hiring decisions will be complete Monday – June 6, 2016

WHAT ARE THE EMPLOYMENT REQUIREMENTS?

TRC & H Summer Employment recipients must meet the following award requirements. All rights to the Three Rivers Casino Resort Summer Employment program are waived if the requirements are not met.

- Submit an online application at www.ctclusi.org (log in or register to see job announcement)
- Pass pre-employment drug test.
- Obtain Gaming License from CTCLUSI Gaming Commission.
- Actively participate in the TRC & H Summer Employment.
- Adhere to current Three Rivers Casino Resort policies as outlined in Team Member Handbook.

WHO DO I CONTACT IF I HAVE QUESTIONS?

Stephanie Watkins, Director of Human Resources
Phone: (541) 902-6502
Email: swatkins@ctclusihr.org

Pam Hickson, Recruitment Specialist
Phone: (541) 902-6504
Email: p.hickson@ctclusihr.org

Online Applications: March 7, 2016 - May 9, 2016



PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.



Photo By: Morgan Gaines
For more information about Peacegiving or Peacegiving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420
PHONE: (541) 888-1306 or (541) 888-1316
EMAIL: Peacegivingcourt@ctclusi.org Website: <http://ctclusi.org/peacegiving>

CALLING ALL VOLUNTEERS!

We are currently seeking out those who would have a passion in seeing our youth move past problems with alcohol and substance abuse problems in a productive and healing manner.

Tribal Court has received a grant with the main focus being predominantly on youth with alcohol and substance abuse problems. In receiving this grant, one of the goals is that we set up an advisory board to develop the Healing to Wellness Court which will assist these youth.

If you are interested in participating on this advisory board please contact **Tribal Court** at 541-888-1306 or e-mail at tribalct@ctclusi.org.

What is Elder Abuse? Protecting Yourself or Those You Love!

Submitted by Tribal Court

Elder abuse can occur in many different ways which range from physical abuse to financial abuse. According to the Center for Disease Control and Prevention, elder abuse is defined as, *An intentional act or failure to act by a caregiver or another person in a relationship involving an expectation of trust that causes or creates a risk of harm to an older adult. An older adult is defined as someone age 60 or older.*

There are many types of elder abuse, with some being easier to identify than others. Elder abuse is when any of the following occur: physical abuse, sexual abuse or abusive sexual contact, emotional or psychological abuse, financial abuse or exploitation, and neglect.

Possible Signs of Elder Abuse

Although not every bruise you see on a person indicates abuse, there are signs that may be indicators that abuse is occurring whether it is physical, emotional, financial or otherwise.

- Bruising, pressure marks, broken bones, abrasions, and burns.
- Withdrawal from normal activities without explanation, depression that is not normal for the individual, or change in alertness.
- Drastic changes in financial situation which occurs suddenly.
- Bedsores, lack of hygiene, sudden weight loss, etc. may be signs of neglect.

This is in no way a complete list of indicators of abuse, and some of the things listed above can happen without abuse being the issue; however, it is good to be aware of the warning signs in order to protect those we love.

For complete definitions on the different types of elder abuse and for more information on the warning signs, please visit <https://www.nia.nih.gov/health/publication/elder-abuse>.

If you suspect elder abuse you can contact Stephanie Marusich at 541-888-7516 in Family Services or you can call 1-855-503-SAFE (7233) to report to the Oregon Department of Human Services.

English to Hanis

Tools & Instruments

Axe	xatłxat	Knife, worn out; old rusty knife	tsetehl
Bailer, Canoe	qexdits'	Nail (in carpentry)	xileme'ech
Chisel, adze	tsiiñhl	Needle	kwitskuut'
Chisel, stone; pestle	qatlqai	Net, fine smelt	kuuhanyat'is
Digging stick, mud shrimp	wa'yaqwaiq'	Net, salmon	tl̄ayis
Fire Drill	hletlot	Scissors	kini'kn
Hammer, maul	paqqaq	Scraper, wooden	hamuxhamux
Hammer, stone maul	jilch'	Trap, fish	k'ala
Knife (any type)	wal'wal	Trap; spring trap	ts'hii
Knife, large stone	ch'iiyau	Wedge (for splitting wood)	tkuniimox
Knife, large whale rib	wolok	Wedge, elkhorn	k'uumax

Each month we will have a list of words to encourage learning the Hanis Coos language. Visit Hanis.org and request a login today! Contact the Culture Department for more info at (541)888-1318.

Thank you

Attention Tribal Members: The Culture Committee has two Openings

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians Culture Committee has two openings. If you have interest please write a letter of interest in to the Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians 1245 Fulton Avenue Coos Bay, OR 97420 Attn. Jeannie McNeil. Under Tribal Code 7-14-2

The Cultural Committee shall consist of six (6) Tribal members appointed by Tribal Council with the Tribal Chief serving as a seventh member. The Tribes' Cultural Coordinator shall serve as an ex officio member of the Cultural Committee.

Under Tribal Code 7-14-3

The Cultural Committee shall be an advisory Committee to the Tribal Council on Tribal cultural issues which may include, but are not limited to, promoting cultural identity, prioritizing cultural projects and fostering education of Tribal Members in cultural awareness; attending and participating in Tribal cultural events; and engaging in other activities and perform other duties as directed by the Tribal Council.

Please come and help our Culture Committee advance our Culture within our Tribes. Our Tribes Culture can use all the advocates that it can get. Meetings are held once a month on a date determined by the committee.

This Month in the “Department of Natural Resources”

Ashley Russell and Amanda Craig with the assistance of Morgan Gaines transplant some cedar, huckleberry and wild strawberry plants from Coos Head to Administration in an effort to save culturally significant species before the new signage was installed at Coos Head.

On February 2nd John Schaefer conducted a SCUBA dive under the North Bend bridge to clean and secure a sonde station for the South Slough National Estuarine Research Reserve.



Pictured at right: Ashley Russell transplants one of the cedar saplings from Coos Head

Pictured far right: One of the Huckleberry plants that was gathered from Coos Head

Below and at right: Amanda Craig and Ashley Russell look for more plants that could be transplanted from Coos Head



John Schaefer, Biologist and Water Protection Specialist pictured at right and below cleaning sonde station under the North Bend Bridge



Dai!

Spring is fast approaching, and things are happening in Belex Tlxanii. This year we will be putting our new greenhouse to use starting plants. We are hoping to have more Tribal member involvement both on workdays, and to harvest. The beds, as they were last year, will not belong to certain people. We hope to plant in such a manner that we have a large amount of food, which will be there for anyone to harvest. We don't want anything going to waste, and are hoping Tribal members will use the food that is grown. If we do have a surplus at the end of the year, our hope is to have a food preservation day at Tribal Hall, where we can enjoy the bounty of the season as well as learn how to store things for long-term use. Feel free to go look around Belex Tlxanii, and if you have any questions contact Mark Petrie in the Culture Department.

Thank you,
The Garden Committee



Tribal Councilman, Doc Slyter, Recognized

Sunday, January 24th, was a special day for me. I was honored at the Yachats City of the State annual meeting. Mayor Ron Brean presented me with a beautiful award acknowledging my dedication and integrity to the community of Yachats.

Trails Committee Chairperson, Lauralee Svendsgaard, was instrumental in nominating me for this award. Since the dedication of the Amanda Trail in 2009, I and many other Tribal members have become regular visitors in the Yachats Community. They have invited many Tribal members to come to Yachats and

share our Tribal history. I have been asked to play my flutes at various functions, including Cape Perpetua Visitor Center.

As new residents moved into the city of Yachats, the interest in the Native people and the reservation years became an important issue. In the 1970's the former director of Cape Perpetua Scenic Area wanted to build a trail down the north face of the Cape and call it Amanda after learning the true and tragic story. However, the idea never progressed because

once built it would have to cross a private property and precarious ODOT right-of-way. In 1988, new owners Joanne and Norman Kittel, approached State Parks about building a public trail through their property culminating into a ten year endeavor. In the meantime, from 1994-1996, Joanne Kittel and Suzanne Curtis, under the supervision of Don Whereat, Tribal Historian and two additional supervisors, researched and wrote "The Yachats Indians, Origins of the Yachats Name, and the Prison Camp Wars".

Finishing the Amanda Trail then became a community project. With the ingenuity of community members and the support of city officials, the dream of completing the Amanda Trail became a reality in 2009.

These community-based endeavors have opened communication amongst Tribal people and the Yachats community. They are pleased that we are willing to be a part of their community and share our culture with them.

For those Tribal members that do not know the Amanda story you can login to the Yachats webpage at: http://www.yachats.info/history/Amanda_Trail.html.

Once again, I am very proud to have received this wonderful award and I thank my many friends of the Yachats Community.



Councilman Doc Slyter awarded by
Mayor Ron Brean of Yachats



Councilman Doc Slyter

Qáchinahaníwaq (Getting to Thinking!)

Hanis Translation by Patty Whereat-Phillips

Planning Department Updates

Submitted by Jeffrey Stump, Planning Director & Melinda Sprague, Planning Assistant

Tribal Community Needs Assessment

In January a Tribal Community Needs Assessment and Tribal Member Resource Directory was mailed to all Tribal members 18 and older. We are pleased to have received a large amount of responses to the Tribal Community Needs Assessment. The drawing for those who filled out their tear-off entry portion of the Tribal Community Needs Assessment will be taking place on March 4th and winners will be notified the same day based on the contact information they provided. The Planning Department would like to thank the Tribal community for helping us complete this process which allows us to effectively evaluate and plan for the needs of our community.

Healing of the Canoe Tribal Youth Program

Tribal government staff have been working diligently to adapt and administer the Healing of the Canoe Curriculum as a culturally significant platform to facilitate Tribal youth programs. There are two full time staff positions dedicated to the Healing of the Canoe Tribal Youth Program. Both the Healing of the Canoe Program Facilitator and the Healing of the Canoe Program Assistant positions are in the hiring processes at this time. Please stay tuned for more information as we move forward with our Healing of the Canoe Tribal Youth Program.

Coos Head Area Master Plan (CHAMP)

The development of CHAMP begins in March and key to the success of CHAMP, as with most of our operations, is the participation of our Tribal members. Please come and learn about CHAMP and discuss your ideas. The Confederated Tribes are the first Tribe to receive a Transportation Growth Management (TGM) grant and CHAMP is a prime example of the Confederated Tribes conducting local government operations. This ability of the Confederated Tribes to successfully operate and participate at all levels of government (Tribal, Federal, State and Local) will almost certainly lead to the kind of future growth our Tribal members deserve. Our next meeting is Saturday, March 12, 2016 at 11:00

am in Florence in the Blue Room at the Windward Inn. Please call Jeffrey Stump at 541-888-1305 or Melinda Sprague at 541-888-9577 to RSVP or if you have any questions.

Business Incubator

Please welcome to the Confederated Tribes team Mr. Eric Speith, the Confederated Tribes first Business Incubator Manager. Mr. Speith most recently worked at Central Oregon Community College as the Business Administration Professor and Program Director for the Center for Entrepreneurial Excellence & Development. There Mr. Speith developed the entrepreneurship program from the ground up, developing an activity based, dynamic, action-oriented curriculum, consulting on building and classroom design for the new Redmond Technology Education Center, and directing the program for the Business Administration Department. Mr. Speith Taught courses in entrepreneurship, entrepreneurial management, new venture creation, and business administration, in the classroom and online, and mentored multiple graduates through successful business launch/start-up.



Eric Speith
Business Incubator Manager

CHAMP Meeting

Saturday, March 12, 2016

11:00 a.m. at the Florence Outreach Office

(Windward Inn) Blue Room

Tribal Members to be Featured in Upcoming Art Show: Woven

Submitted by Morgan Gaines, Communications Specialist

Since last September a handful of Tribal members have gathered together to learn the art of basket weaving. Thanks to the humble, generous, and wonderfully talented Coos Tribal member Sara Siestreem, a group of Tribal members' baskets will be featured alongside her own work in an upcoming exhibit at the Archer Gallery in Vancouver, Washington.

Woven: The Art of Contemporary Native Basketry will feature the work of twelve amazingly gifted contemporary Indigenous artists. We are extremely grateful and honored to be featured among them.

The basket images below are a sneak peek at the work conducted through Sara's weaving workshops that will be featured in *Woven*. We hope that you will be able to come to the show, support your Tribal members, and view some amazing works by other Indigenous artists.



Spruce Root Basket Starts from the Weaving Workshops lead by Sara Siestreem



Spruce Baskets woven by Tribal members and pictured together



Ricky and Safety Gear by Sara Siestreem



Woven: The Art of Contemporary Native Basketry March 1 - April 23, 2016

Opening reception Saturday April 2, 4-7pm
Workshops and artists talks Sunday April 3

To sign up for workshops please visit:
<http://woven.brownpapertickets.com/>

Please join us to celebrate the opening of *Woven: The Art of Contemporary Native Basketry* presented by the IMNDN: Native Art for the 21st Century exhibition series.

The exhibition runs from March 1 through April 23, 2016 at the Archer Gallery in Vancouver, WA. The Exhibition features the work of twelve incredibly talented contemporary Indigenous artists including: Joe Feddersen, Gail Tremblay, Dawn Nichols Walden, Shan Goshorn, Kelly Church, Joey Lavadour, Pat Courtney Gold, Lisa Telford, Bernice Akamine, Carol Emarthle-Douglas, Sara Siestreem, Brittany Britton and Kaila Farrell-Smith. This will be a rare opportunity to meet these amazing artists!

More info at: IMNDN.org



Ek' Pasik' (small cup) by Ashley Russell



Kwiis (awakening) by Morgan Gaines



Ricky and Safety Gear by Sara Siestreem



Ricky and Safety Gear by Sara Siestreem



Ricky and Safety Gear by Sara Siestreem



Ricky and Safety Gear by Sara Siestreem



Ricky and Safety Gear by Sara Siestreem



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Ricky and Safety Gear by Sara Siestreem

23RD ANNUAL POW-WOW
Native American Education Program
Siuslaw School District

March 19, 2016

Siuslaw Middle School
2525 Oak St., Florence, Oregon
North on Hwy 101 from Hwy. 126 to 22nd St.
Left on 22nd to Oak St., right on Oak

Grand Entry 1:00 to 6:00 pm
Open Drum
Potluck to follow Pow Wow
Native American Arts & Crafts
For more information Call 541-997-5458
NO SMOKING, DRUGS, ALCOHOL or POLITICAL CAMPAIGNING ALLOWED!

SILETZ ELDERS HONOR DAY

SAVE THE DATE

When: April 5, 2016

Where: Chinook Winds Casino Resort

All Tribal Elders and spouse OR Care Giver have been invited to the Annual Circle of Wisdom Siletz Tribal Elders Honor Day.
NO CHILDREN OR FAMILIES PLEASE.

Tasha Rilatos 1-800-922-1399 ext. 1212
Cecelia De Anda 1-800-922-1399 ext. 1261

Theme: Shirt and Shawls

Special Sale Prices for New Beds to CTCLUSI Tribal Members

The Simmons Beautyrest Classic Felicity II Super Pillowtop Mattress Sets

Sizes available to order in King, Queen, Full and Twin. Mattresses, box springs and frames.

Complete information and order forms will be mailed to each head of household in Coos, Curry, Douglas, Lane and Lincoln counties of Oregon by March 1st. Included will be price and payment details if you are interested in purchasing a new bed.

If you live outside the service area and are able to pick up your order in Florence, Oregon, please contact Jeannie McNeil (contact info below) to request information sent to you.

Order deadline will be April 22, 2016 by 5:00 p.m.

All beds orders are expected to arrive in Florence, Oregon in early June. You will be notified of the exact time and location so you can make arrangements for pick up as soon as a date is set.

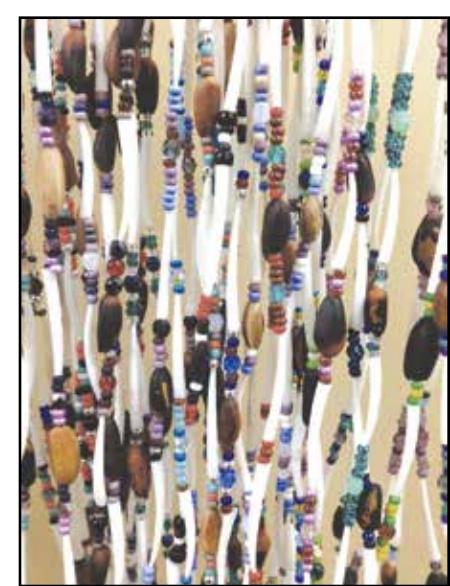
YOU WILL BE RESPONSIBLE FOR PICK UP; no delivery or storage options are available

Please be aware that full payment will be required in advance or at the time of pick up.

Questions? Please contact Jeannie McNeil at jmcneil@ctclusi.org or by phone 541-888-7506

The 20th Annual Oregon Tribal Elders Honor Day is March 18th & 19th, 2016

Tribal members and staff have been working hard on preparations for this special day of honoring our Tribal Elders. Here's a glimpse at what awaits you on your special day.



Elders Corner



The Coquille Indian Tribe
and
The Confederated Tribes of
Coos, Lower Umpqua & Siuslaw Indians
wish to invite you to the
20th Annual Oregon Tribal Elders Honor Day
to be held on March 18th & 19th, 2016
at the Mill Casino & Hotel ~ Salmon Room



Friday, March 18th (Events in the Salmon Room):

10:30 to 11:30 ~ Registration
11:30 to 12:00 ~ Opening, Welcome by CTCLUSI, Presentation of the Flags,
Honor Oldest Native Elders, Honoring of King & Queen
12:00 to 1:00 ~ Prayer and Lunch hosted by CTCLUSI
1:00 to 2:00 ~ Entertainment
2:00 to 2:30 ~ Break
2:30 to 4:00 ~ Bingo in Salmon Room or Visit Coos History Museum & Maritime Collections
4:00 to 6:00 ~ Meet & Greet The Tribal Chiefs (Salmon Pit outside of hotel)
6:00 to 7:30 ~ Prayer, Dinner hosted by Coquille Indian Tribe, Retirement of the Flags.
7:30 to 9:00 ~ Entertainment

Saturday, March 19th:

7:00 to 9:30 ~ Breakfast in the Salmon Room

Please RSVP by March 1st to:

Iliana Montiel, CTCLUSI Assistant Health Director
541-888-7526 or email: imontiel@ctclusi.org

There will not be a charge to Tribal Elders for any of the activities. All other guests,
with the exception of legal spouses & caregivers will be charged for meals.

**ALL GUEST MUST BE OVER 55, WITH THE EXCEPTION OF LEGAL SPOUSES,
CAREGIVERS AND STAFF.**

Spotlight Birthday Luncheon

Submitted by Iliana Montiel, Assistant Health Director

On Thursday, February 4th we held a special Birthday luncheon at Three Rivers Casino & Resort. We wanted to recognize the Elders that were 75 and older. We had a really nice turnout of Elders. The backroom was decorated in a birthday party theme with balloons, buttons, birthday hats and blow horns. Tribal Elder, George Barton made a mini paddle and Barb Barton painted the Salmon. This gift was donated to the Eldest Elder at the luncheon. Tribal Carolyn Slyter was the happy recipient. Thanks George and Barb! The luncheon was enjoyed by all, so each year in February we will continue this tradition in hopes that more Elders will be able to join us.



Elder George Barton happily celebrates during the Elders Birthday Luncheon



Elder Carolyn Slyter holds a beautifully carved and painted dance paddle



Elders Luncheon

THURSDAY, April 7th, 2016

at 11:30 a.m.

CICCARELLI'S RESTAURANT

2076 Sherman Ave., North Bend



R.S.V.P. by April 4th, 2016

Please contact Andrew Brainard,
CHR/Elders Coordinator, at (541) 888-7533
LIMITED TRANSPORTATION IS PROVIDED.

Meeting Changes:

Elders Committee Meetings have changed from Monthly to Quarterly in Coos Bay.

The next Elders Committee Meeting will be Thursday, April 14th @ 12:00 p.m. in Coos Bay at Tribal Hall

Elders Committee Meeting

April 14, 2016 at Tribal Hall

Welcome New Tribal Elders

David Barton & Debra Chew-Romero



Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Elders Activity Program

Community Fair to Bring 50 New Jobs To Florence Area

FLORENCE, OR – Three Rivers Casino Resort will host a community job fair on Thursday, March 24th from 10:00AM-5:30PM in the Casino's Event Center. The event will offer over 50 available positions within the community. Attendance is free and all ages are welcome. "We are happy host the community job fair in our Event Center," said Mike Rose, COO at Three Rivers Casino Resort. "The event will provide ample opportunities for job seekers in Florence." The event will offer valuable employment opportunities from various businesses in the community. Participants will have the ability to connect with local employers and find resources for a great career. The job fair will feature on-hand assistance to job seekers provided by Worksource Lane (Employment Department). In addition to job recruitment, the event will feature volunteer opportunities. "Lane Community College at Florence is excited to be participating in this event that focuses on local career opportunities and businesses. We strive to provide members of our rural community a path to finding a new career or to enhance existing skills to move into the workforce", said Beth Habian, Administrative Coordinator at Lane Community College. "Whether you're interested in earning an associate degree, a certificate or planning to transfer to a university, check out what LCC Florence has to offer!" Approximately 24 business and community partners will be represented at the job fair. There will be several job categories available, including healthcare, grocery stores, restaurants, resorts, youth opportunities, state and federal, and education. The Confederated Tribes of the Coos, Lower Umpqua and Siuslaw Indians, Oregon Pacific Bank, Angell Job Corps, The Siuslaw News, and Driftwood Shores are among the employers. For more information, please contact Pam Hickson at 541-902-6504.



Community Job Fair

Three Rivers Casino Resort,
Events Center
5647 Highway 126 Florence, OR

Thursday March 24th

Time: 10:00 am to 5:30 pm



This is a one stop
Community Job Fair
featuring:

- Employment Opportunities including Summer Employment
- Community Business Connections
- Meet Local Employers
- Find the Resources you need for a great career choice

**For more information
please call, 541-902-6504**

Free to Participate

Job Seekers of All Ages Welcome

Vendors available
throughout the day on a
drop-in basis.



COMING SOON! CTCLUSI Student Internships

The CTCLUSI Student Intern is a paid internship with the goal to assist current College Students in supplementing their work and education experience based work experience along with their needs, desires and interests.

Minimum Requirements:

- Must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
- Must be an Enrolled Full-Time Student (Sophomore status or above) in any Accredited College including on-line schools (NOTE: Students may qualify even if they are not on a Tribal educational stipend)
- Must have verifiable transcripts that show a current GPA of 2.0 – can be obtained from your college's registrars or campus placement office.
- This position is subject to pre-employment drug testing and criminal history background check which may include fingerprinting.

Online Applications will be taken starting April 1, 2016.

Tribal Members will need to www.ctclusi.org to apply. Go to Job Opportunities and click on the CTCLUSI Tribal Member link.

Deadline to apply is May 6, 2016.

For Additional Information, Contact

Stephanie Watkins at 541-902-6502 or Pam Hickson at 541-902-6504

Spring Break Activity Camp

March 21—March 25, 2016

**We Have New and Exciting Activities Planned
for a Week of Fun Adventures!**

Call for more information



Tribal Youth between the ages of 10 and 18 who are enrolled in school are eligible to attend.

**All registration packets are due by
5:00 p.m. Friday, March 4, 2016**

To register for camp please call:
Tami Foster @ (541) 888-1311 or DeeDee Plaep @ (541) 997-6685

CTCLUSI Family Services Staff is Here to Serve You

Some of the services we provide are: energy assistance (LIHEAP), clothing for new employment, school to work program for Tribal youth, parenting program services, counseling referrals, alcohol and drug treatment service referrals, childcare assistance to low income families, as well as resource knowledge, referrals, case coordination, and support.

Most of our programs and services are based on eligibility and available funding. Please contact Family Services staff to find out if we can be of service to you, your family, or loved ones.

Coos Bay: 541.888.7516

Springfield: 541.744.1334

Florence: 541.997.6685

Announcing RED ROAD WELLBRIETY MEETINGS

Come join us for a Native American recovery group experience.

WHERE: Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians

Tribal Hall

338 Wallace Ave, Coos Bay, 97420

WHEN: Thursdays at 5:30 pm

WHO: All CTCLUSI and Coquille Tribal Members and their families are welcome to attend



ON THE ROAD TO **HELPING OTHERS ALONG THE ROAD** LIVING WELL

Knowing the warning signs of a mental health condition will help you to make a positive difference in someone else's life.



10 COMMON WARNING SIGNS:

- ✓ Feeling very sad or withdrawn for more than two weeks
- ✓ Seriously trying to harm or kill oneself or making plans to do so
- ✓ Severe out-of-control, risk-taking behaviors
- ✓ Sudden overwhelming fear for no reason
- ✓ Not eating, throwing up or using laxatives to lose weight; significant weight loss or weight gain
- ✓ Seeing, hearing or believing things that are not real
- ✓ Repeated use of drugs or alcohol
- ✓ Drastic changes in mood, behavior, personality or sleeping habits
- ✓ Extreme difficulty in concentrating or staying still
- ✓ Intense worries or fears that get in the way of daily activities

STARTING THE CONVERSATION ➔

Use "I" statements so your friend knows that you care and want to help. Try one of these to get things started.

- I've noticed you're [sleeping more, eating less, etc.]. Is everything okay?
- I've noticed that you haven't been acting like yourself lately. Is something going on?
- It worries me to hear you talking like this. Let's talk to someone about it.
- I am always here if you ever need me.
- I want you to know that you are not alone; I am always here for you.

OFFER SUPPORT!

Tell your friend that you want to help. Use one of these statements to show your support:

- Let's sit down together and look for mental health services. Can I help you make an appointment?
- Can I help with things that you need until you're feeling better, like grocery shopping or walking your dog?
- Would you like me to go with you to a support group or a meeting? Do you need a ride to any of your appointments?

BE A FRIEND

- ✓ Check-in regularly and include your friend in your plans. Social isolation is common with mental health conditions and your friend needs you now more than ever.
- ✓ Learn more about mental health conditions to understand what your friend is going through.
- ✓ Avoid using judgmental or dismissive language, such as "you'll get over it," "toughen up," or "you're fine."
- ✓ Remind your friend that their mental health condition does not change their worth or the way you feel about them.
- ✓ Your friend may be feeling confused, alone or scared. Reassure him or her that with the right services and supports, it gets better.



Take care of yourself and keep healthy boundaries. Your mental health matters too! You may want to reach out to someone to talk to about how you're feeling or to get advice on how to help your friend. Consider talking to a:

- Family member
- Resident advisor
- School counselor or advisor
- Coach
- Faith Leader

To learn more, please visit www.nami.org.

Copyright July 2015

How to Keep Technology From Distracting You at Work

Submitted by Mike Smith, Training and Development Specialist

Technology has forever altered the ways in which we work—or avoid work.

Employees have access through numerous devices, applications and platforms to vast amounts of work-related and non-work-related information. While knowing more about technology's capabilities could actually make us more efficient, experts and studies say technological distractions are making us less productive. For example, *Cornerstone on Demand*'s latest Workplace Productivity Report found that 47 percent of surveyed employees were overwhelmed by technology and 16 percent felt technology was hurting their ability to be productive.

Companies are trying to address workers' difficulties managing technology. They are eliminating voice mail and embracing apps that reward employees who shut off their mobile phones.

"It is estimated that interruptions consume 28 percent of the average workday and cost companies more than \$650 billion a year," author, app creator and productivity expert Geraldine Markel, Ph.D., told *SHRM Online*.

"When you are distracted or interrupted, you lose your focus," she said. "Your efforts to be productive are thwarted. You lose your place when reading, writing or calculating; waste time getting back on track; and feel frustrated and irritated when you don't complete tasks with accuracy or

completeness."

Markel said overwhelmed workers can take control of distractions in three steps:

Identify the ways in which technology and social media drain your time and energy.

Create a simple plan and schedule.

Enlist support and collaboration. "Everyone is facing this problem, and others need to be part of the solution," she said.

How to Be More Productive

Productivity expert Mike Song, CEO of *GetControl.net*, a Connecticut-based time management training company, said people can learn how to effectively use technology to manage their time. His videos show how to use the dictation function on iPhone and Android devices to quickly send better e-mails and how to organize e-mails within Gmail and Outlook. Song said employees should focus on one task at a time.

"It's more about disconnecting the dings, the pop-ups, the buzzes, the rings ... because our human brains love information. We love to multitask, [yet] all the research seems to indicate we're not good at it," Song said.

App developer Steven Ismach agrees. Technology, he says, "has us doing a lot more at a lower level."

Ismach teaches Talmudic Law to high school students as an assistant rabbi at Young Israel Academy in Great Neck, N.Y.

"I see the distractions with kids and their phones," he said. "Some schools are trying to integrate the phone into the learning experience, and even that balance becomes hard."

For those who lack the willpower to shut off their mobile phones, Ismach's app, *OFFr*, incentivizes employees to stay off their phones for certain

periods of time by offering them prizes like gift cards or a free lunch when they do. A timer records how long users have the app open without doing anything else on their phones. Registered employers are notified when an employee participating in the app's incentive plan hits a cellphone-free milestone at work

Author of *Defeating the 8 Demons of Distraction: Proven Strategies to Increase Productivity and Decrease Stress* (iUniverse, 2008), Markel is also creator of the productivity app *8 Demons*, which aims to help people work more efficiently and without distraction. She offered these tips:

Collect information on the number of hours you spend on technology, both at work and at home. Figure out how much technology-related distraction or social media costs you in terms of time, money and stress.

Enforce an "electronic lockdown." Stop using all technology for a 15-minute period so you can think, analyze and create.

Establish a "no-fly zone," a distraction-free location in which you can easily focus and be protected from interruptions.

Stop unnecessary interruptions. Post signs that say things like "Please do not disturb, genius at work" or tell others the best times to reach you.

Learn to say no, nicely. For example, say, "Interruptions are really interfering with my work. Please help me out. Text or call after 6 p.m."

Employing these tips and techniques can make your day more efficient and your work more impactful. Technology is a tremendous tool for business; just don't let it be an obstacle to your success.

Content reprinted from "How to Keep Technology from Distracting You at Work" by Aliah D. Wright for SHRM Online 2/9/2016

The advertisement features a large cruise ship sailing on the ocean. The text "Choose Your Cruise!" is written in a stylized font. Below the ship, there are four small photos showing various cruise destinations: Hawaii, Alaska, Bimini, and Coos Bay. The text "WIN A DREAM VACATION EVERY HOUR FROM 3PM - 6PM SATURDAY, APRIL 16TH" is displayed. At the bottom, there is a green street sign that reads "COMMUNITY JOB FAIR". To the right of the sign, the text "THURSDAY, MARCH 24TH 10:00AM - 5:30PM IN THE CASINO'S EVENT CENTER" is shown. The bottom of the ad includes the text "Things are luckier here! • FLORENCE • COOS BAY • 877-374-8377 • THREE RIVERS CASINO.COM".



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Three Rivers Casino Resort ~ Florence

Beverage Server
Food Server Buffet ~ Busperson Buffet
Lead Cook ~ Line Cook ~ Buffet Station Attendant
Dish Machine Operator
Golf Course Assistant
Front Desk Clerk ~ PBX/Reservations Clerk
Guest Room Attendant ~ Laundry Attendant
Environmental Services Lead
Players Club Representative
Special Events Team Member
Table Games Dealer

Blue Earth

No openings at this time

Tribal Government Offices

Special Events Employee
Dental Assistant



<http://ctclusi-int.atsondemand.com/>

Go to **Job Opportunities** on the website for full job posting and to Apply Online
Updated Daily

Or call Recruitment at **541-902-6504**

The Voice of CLUSI



April 2016

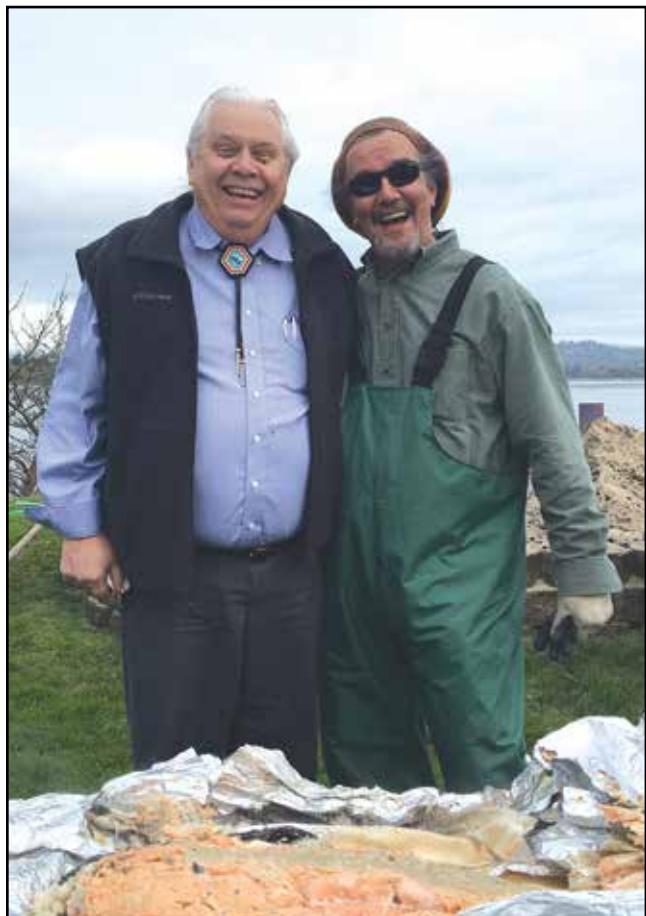
Issue 4

Volume 17

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

20th Annual Elders Honor Day Celebration

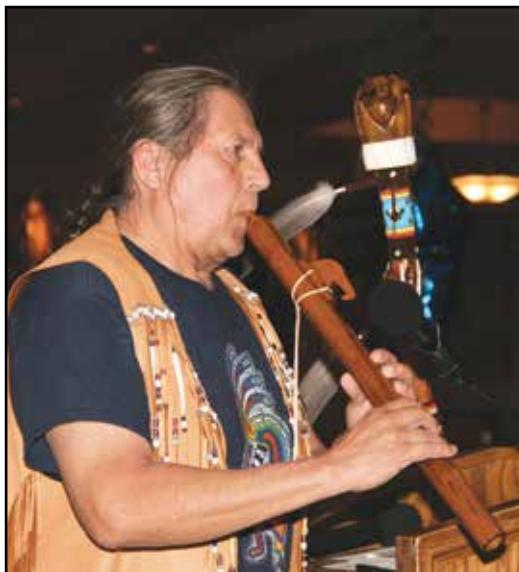


Chief Warren Brainard and Chief Don Ivy held a meet and greet at the Salmon Pit outside of the Mill Casino during the 20th Annual Elders Honor Day
Photograph courtesy of Andrew Brainard

Submitted by Iliana Montiel, Assistant Health Director

This year marked our 20th year hosting Elder's Honor Day. We wanted this year to be extra special to show off 20 years of Honoring Our Elders. We started a few months ago with preparations. One of the things that we worked so hard together as a Tribal team were the necklaces that went in the gift bags. I had several helpers from various departments pitch in as we made 400 necklaces. I couldn't have done it without them, so many, many, thanks to you all!

Friday, March 18th was the big event that we had been waiting for. It started with registration, as Andrew Brainard and I greeted and directed more than 360 Elders. Once inside they were handed gift bags from our staff and The Coquille staff. The gift bags consisted



Councilman Doc Slyter plays flute during dinner (shown above)
The King & Queen of the Elders Honor Day shown at right wearing cedar crowns



Tribal Youth from the Coquille after school program danced to the drumming of the Nasomah Singers during the 20th Annual Elders Honor Day Event

of a T-shirt, smoked Salmon donated by Chief Brainard, a blown glass float made by a Coquille Tribal member Bill Murphy and his wife Robin, a beaded necklace made by CTCLUSI staff and a ribboned book mark made by Lower Umpqua Tribal member Sue Olson and the Springfield beaders.

Chairman Mark Ingersoll opened the ceremony with the presentation of flags. Chairman Ingersoll then searched for the Eldest Elder's. Our Eldest Man was Ed Ben from Siletz and our Eldest Woman was Blanche Doyle from Coquille. Tribal Elder

Story continues on page 12

Save the Date

Clam Dig & DNR/ Culture Open House
April 23, 2016

Cedar Bark Gathering
May 14, 2016

Tribal Committee Day

sponsored by *Tribal Council*

Saturday, April 9, 2016

(The day before the Regular & General Council Meetings)

Tribal Community Center
338 Wallace St., Coos Bay, Oregon 97420

Committee Training Begins 9:00 a.m.

Tribal Member Luncheon 12:00 p.m.

Did You Know?

Free Eye Exams in North Bend / Coos Bay

If you are an established patient at the Coquille Indian Tribe Community Health Center you are eligible to get a free eye exam at Cheslock Optical. On the third Tuesday of every month Cheslock Optical has Native Eye Day. Patients of the Coquille clinic get a free eye exam; if you're uninsured you also receive 20% off the cost of equipment. You must be an established patient of the clinic. You can call (541) 888-9494 for more information or to schedule your eye exam.

CTCLUSI Resolutions

RESOLUTION NO.: 16-012

Date of Passage: February 24, 2016

Subject (title): Approval of Master Agreement and Addendum with Micros Fidelio Worldwide LLC ("Oracle")

Explanation: Tribal Council approved the Agreement and Addendum with Oracle to govern the business between the Three Rivers Casino & Resort and Oracle including an update the point of sale system throughout the casino and hotel.

RESOLUTION NO.: 16-013

Date of Passage: February 24, 2016

Subject (title): Approval of Expedia Traveler Preference (ETP) Contract

Explanation: Tribal Council approved the Contract and Addendum with Expedia to make rate plans available for booking by guests through the Expedia System.

RESOLUTION NO.: 16-014

Date of Passage: February 24, 2016

Subject (title): Approval of Statement of Work and Agreement for Equipment & Services and Addendum with Surveillance Systems Incorporated ("SSI")

Explanation: Tribal Council approved the Agreement and Addendum with SSI to upgrade the surveillance system for the casino.

RESOLUTION NO.: 16-015

Date of Passage: March 13, 2016

Subject (title): Approval of the Submission of the 2015 Annual Performance Report to HUD

Explanation: Tribal Council approved the Annual Performance Report to be submitted annually as a requirement for the Indian Housing Block Grant.

RESOLUTION NO.: 16-016

Date of Passage: March 13, 2016

Subject (title): Approval of REDW_{LLC} Engagement Letter

Explanation: Tribal Council approved the engagement of REDW to provide compensation planning services to meet the needs of the Tribes.

Tribal Council Business

As Reported at the March 13, 2016 Regular Tribal Council Meeting

Chief Warren Brainard:

Feb 14 Regular Tribal Council Meeting
Feb 18 Three Rivers Foundation Granting Luncheon
Feb 22 Administration Meeting in Coos Bay
Feb 23 Tahkenitch Core Analysis
Feb 24 Business Tribal Council Meeting
Feb 25 Carried Flag – Honor Guard Wall of Honor
Feb 27 Perkins Memorial; Coquille Chamber of Commerce Awards, asked to do an invocation
Mar 3 Meeting with Reedsport School Superintendent – Mascot
Mar 9 Coos Head Master Plan Meeting; Lane Area Commission on Transportation Meeting (ACT)
Mar 3 Executive Work Session
Mar 10 Culture Committee Meeting; Meeting for Jordan Cove; Executive Work Session

Doc Slyter:

Feb 14 Regular Tribal Council Meeting
Feb 15 Tribal Sweat
Feb 17 Meeting in Yachats with Forestry Department, State Parks & Joanne Kittel – Amanda Bridge
Feb 18 Three Rivers Foundation Granting Luncheon
Feb 24 Business Tribal Council Meeting
Feb 27-Mar 2 Personal Vacation to Las

Vegas/Grand Canyon Skywalk

Mar 3 Executive Work Session

Mar 5 Cape Perpetua- Amanda Trail Story/Power Point w/ Joanne Kittel

Mar 9 Flute Circle – Plankhouse

Mar 10 Executive Work Session

Beaver Bowen:

Feb 14 Regular Tribal Council Meeting
Feb 18 Three Rivers Foundation Granting Luncheon
Feb 24 Business Tribal Council Meeting
Mar 3 Meeting with Reedsport School Superintendent – Mascot; Executive Work Session
Gaming Facility Operation Review Board (GFORB)

Teresa Spangler, Vice - Chairman:

Feb 14 Regular Tribal Council Meeting
Feb 17 Housing Committee Meeting
Feb 18 Three Rivers Foundation Granting Luncheon
Feb 24 Business Tribal Council Meeting
Mar 3 Meeting with Reedsport School Superintendent – Mascot Executive Work Session
Mar 10 Executive Work Session
Mar 12 Rotary Club Auction - Florence

Arron McNutt:

Feb 14 Regular Tribal Council Meeting
Feb 18 Three Rivers Foundation Granting

Luncheon

Feb 24 Business Tribal Council Meeting
Mar 3 Executive Work Session

Mar 10 Executive Work Session

Tara Bowen:

Feb 14 Regular Tribal Council Meeting
Feb 18 Three Rivers Foundation Granting Luncheon
Feb 24 Business Tribal Council Meeting
Mar 3 Meeting with Reedsport School Superintendent – Mascot; Executive Work Session
Committee Day

Mark Ingersoll, Chairman:

Feb 14 Regular Tribal Council Meeting
Feb 18 Three Rivers Foundation Granting Luncheon
Feb 19 Meetings at the State Capital with Arnie Roblan , Caddy McKeown & Gov. Brown; Legislative Commission on Indian Services
Feb 24 Business Tribal Council Meeting
Feb 27 Coquille Chamber of Commerce Awards
Mar 3 Meeting with Reedsport School Superintendent – Mascot Executive Work Session
Mar 10 Executive Work Session
Mar 12 Rotary Club Auction - Florence

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief
541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter

Position #1 Council
541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen

Position #2 Council
541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll, Chairman

Position #3 Council
541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen

Position #4 Council
541-808-7394
tbowen@ctclusi.org

Teresa Spangler,

Vice Chair

Position #5 Council
541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt

Position #6 Council
541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting

April 10, 2016

Regular Meeting 10:00 a.m.
General Council Meeting will begin at 1:00 p.m. in the Community Center
338 Wallace Street
Coos Bay, Oregon

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Administration Building

Alexis Barry
Tribal Administrator
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division

Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclsihr.org

Tribal Housing Department

Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Purchased/Referred Care (FKA Contract Health Services)

Sharon Arnold - PRC Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department

Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services

Shayne Platz, Caseworker
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic

Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Health Services

Assistant Director
Iliana Montiel
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-5388
Toll Free 1-888-280-0726
imontiel@ctclusi.org

Tribal Court

J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department

Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office

1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police

Brad Kneaper
Chief of Police
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi
Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

Special Sale Prices for New Beds to CTCLUSI Tribal Members

The Simmons Beautyrest Classic Felicity II Super Pillowtop Mattress Sets

Sizes available to order in King, Queen, Full and Twin. Mattresses, box springs and frames.

Complete information and order forms will be mailed to each head of household in Coos, Curry, Douglas, Lane and Lincoln counties of Oregon by March 1st. Included will be price and payment details if you are interested in purchasing a new bed.

If you live outside the service area and are able to pick up your order in Florence, Oregon, please contact Jeannie McNeil (contact info below) to request information sent to you.

Order deadline will be April 22, 2016 by 5:00 p.m.

All beds orders are expected to arrive in Florence, Oregon in early June. You will be notified of the exact time and location so you can make arrangements for pick up as soon as a date is set.

YOU WILL BE RESPONSIBLE FOR PICK UP; no delivery or storage options are available

Please be aware that full payment will be required in advance or at the time of pick up.

Questions? Please contact Jeannie McNeil at jmcneil@ctclusi.org or by phone 541-888-7506

Cedar Bark Gathering

Saturday, May 14, 2016

We will leave the Florence Office, 3757 Hwy 101 at the old Windward Inn, at 10:00 am.

We plan to return around 4:00 pm.
Lunch and drinks will be provided.

This is an enjoyable event for Tribal Members

R.S.V.P. to Mark Petrie
541-888-9577
or Doug:

541-888-7512 or 541-297-2130

no later than

Tuesday, May 10th, 2016



Co-Sponsored by:
Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Prevention Activity Program
and Heritage Resource Stewardship.



We are Gathering to process cedar bark.
These pictures are of Folded Bark Containers handmade by David Brainard.



No transportation provided to the Florence office.
We will provide transportation from Florence to the gathering site, due to lack of parking space on the mountain.

Hama Hlineu Halqaima (All Our Relations)

The phrase Hama Hlineu Halqaima in Hanis Coos translates to All Our Relatives/Relations. It is used to remind us that we are related to everything. Councilman Doc Slyter asked that this phrase be recorded and added to the Tribal website. Tribal members can hear the correct pronunciation as recorded by Tribal member and linguist Patty Wherat Phillips. Using your login (or register for a log in) to access the Tribal member private web pages. Navigate to the Culture tab located on the left side bar menu, and then the language section. Here you will have access to the various Tribal language websites where you can learn and hear more of our Tribal language. Check back often for new audio clips! Visit www.ctclusi.org today.



CTCLUSI Student Internships

The CTCLUSI Student Intern is a paid internship with the goal to assist current College Students in supplementing their work and education experience based work experience along with their needs, desires and interests.

Minimum Requirements:

- Must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
- Must be an Enrolled Full-Time Student (Sophomore status or above) in any Accredited College including on-line schools (NOTE: Students may qualify even if they are not on a Tribal educational stipend)
- Must have verifiable transcripts that show a current GPA of 2.0 – can be obtained from your college's registrars or campus placement office.
- This position is subject to pre-employment drug testing and criminal history background check which may include fingerprinting.

Online Applications will be taken starting April 1, 2016.

Tribal Members will need to www.ctclusi.org to apply. Go to Job Opportunities and click on the CTCLUSI Tribal Member link.

Deadline to apply is May 6, 2016.

For Additional Information, Contact

Stephanie Watkins at 541-902-6502 or Pam Hickson at 541-902-6504

First Canoe Pull of the Year

Submitted by Jesse Beers, Cultural Director

Feb 27th some members of our canoe family got together with Tribal Staff to have our first canoe pull of the year. The morning started off at our canoe shed where we started the day by putting the first coat of oil on our new dugout canoe. According to the Carver of Lottie, (our 32+ ft dugout canoe) Guy Capoeman, the canoe was to stay under cover until fully cured in March. Once cured the canoe should be oiled.

After putting a good coat of oil on the new canoe, named Lottie, we set out in Tyee E. Bowen (our 33' cedar strip canoe) We put in down at the hollering place to pull and pray for the health of the land and then we went under the McCullough Memorial Bridge and around the north bend. It was a beautiful day to be out on the water as it was sunny and warm, a nice break between several rainy days. We did some pulling drills on the way which worked all of us pretty good. There was definitely some burning muscles in the canoe that morning. We came ashore at the California St. Docks. It was a short hour long pull but it was a great first pull and we hope more people join us for the next one!

Thanks to all that came out for the first pull and a special thanks to John Schaefer for piloting our safety boat.

If you're interested in Coming Canoeing and Canoe Culture please contact Jesse Beers at jbeers@ctclusi.org or his work cell 541 297-0748. We would like to get a phone/E-mail tree started for those that are interested in going canoeing regularly.



Photographs courtesy of John Schaefer who piloted the support/ safety boat during the Canoe pull



English to Hanis Spring Time

Spring = tshlimiya

Grow, to = hew-

Fresh, alive = tsehes

Start, to = qalam-

Grass, leaf, brush, forest = hlínik'

Forest, timber = nok'wiin

Salmon, Spring Chinook = domali

Salmonberry = mí'ya

Each month we will have a list of words to encourage learning the Hanis Coos language. Visit Hanis.org and request a login today! Contact the Culture Department for more info at (541)888-1318.

Thank you

Qa'aich Housing

NOW AVAILABLE

ONE AND TWO BEDROOM UNITS

The Housing Department is now accepting applications for units located in Florence Oregon on the Tribe's Hatch Tract property.

Qa'aich Development is HUD funded housing for low to moderate income families, for questions about income limit guidelines, please contact the Housing Department Office.

Preferences for Qa'aich Housing

1st Preference:

- Indian families who are enrolled members of the CTCLUSI and who are employed by CTCLUSI.

2nd Preference:

- Indian families who are enrolled members of other Indian tribes, and who are employed by CTCLUSI.

You may pick up an application at any Tribal office or one can be mailed to you. If you have any questions or want an application mailed to you please contact the Housing Department Office at 1245 Fulton Avenue, Coos Bay, OR or by calling 541-888-9577 or toll free 888-280-0726.

Periodontal Disease is No Joke

Submitted by Shannon M. Schritter, BS, RDH

It's April, and while the first day of the month is usually met with tricksters and pranks, periodontal disease is no laughing matter. Most people think that gum disease (periodontal disease), is caused by not brushing and flossing well enough, and while this is true at a basic level, the importance of regularly spaced (every 3-6 month) professional dental hygiene visits cannot be overstated. There are many other risk factors for the disease as well, that should be addressed in addition to good home care and professional dental hygiene visits. Do any of the following diseases or conditions apply to you or your life?

Tobacco Use — Tobacco users are at increased risk for periodontal disease. Studies have shown that tobacco use may be one of the most significant risk factors in the development and progression of periodontal disease. Smokeless tobacco is no better. You'll feel healthier, and your teeth and gums will thank you, if you are able to quit tobacco for good!

Diabetes — Diseases that interfere with the body's inflammatory system may worsen the condition of the gums. Having healthy gums makes your diabetes easier to control, so it's important that you see a dental hygienist very regularly, sometimes every 3 or 4 months, simply because you are diabetic.

Autoimmune Diseases — Diseases that interfere with the body's inflammatory system may worsen the condition of the gums, simply because they cause an inflammatory response that affects the gums and then the bone holding your teeth in.

Pregnancy — Diseases that interfere with the body's inflammatory system may worsen the condition of the gums. Plus, some women have trouble with things like morning sickness, and the thought of putting a toothbrush near their mouth makes them want to vomit. This can cause a lot of damage to not only the teeth but the bone and gums supporting them.

Age — The Centers for Disease control has said over 70% of Americans 65 and older have periodontitis, but this doesn't mean that just because great grandpa got dentures at 25 means that you are also doomed to that fate. Regular dental visits and good home care habits can help you keep your teeth for a very long time, and hopefully forever!

Stress — Research demonstrates that stress can make it more difficult for the body to fight off infection, including periodontal diseases. This has been seen time and time again in college students around midterms and finals week.

Medications — Some drugs, such as oral contraceptives, anti-depressants, and certain heart medicines, can affect your oral health. And some medications, either by themselves or in combination with other medications, cause dry mouth which leads to more decay.

Clenching and Grinding — Clenching or grinding your teeth can put excess force on the supporting tissues of the teeth and could speed up the rate at which these periodontal tissues are destroyed.

Cardiovascular Disease — Diseases that interfere with the body's inflammatory system may worsen the condition of the gums. While a cause-and-effect relationship has not yet been proven, research has indicated that periodontal disease increases the risk

Dental Clinic Hours

Clinic Hours: Open 8:00 a.m. - Close 5:00 p.m.

The clinic will be closed on Fridays during Odd Months
(January, March, May, July, September, November)

The clinic will be closed on Mondays during Even Months (February, April, June, August, October, December)

Call the Dental Clinic today to schedule your appointment (541) 888-6433

For Sale: Electric Toothbrushes!

For Sale by CTCLUSI Dental

ONLY \$20.00

Oral-B Vitality Electric Toothbrushes! Refill heads also available!

Call - (541) 888-1301

Remove more plaque and decrease inflammation with an electric toothbrush! This brush features 7600 oscillations per minute, a 2-minute timer, 2 brush heads, 1 charging station, and 1 rechargeable battery!

Order yours today!! Must pre-pay when ordered. (Shipping available for an extra fee)



of heart disease. Scientists believe that inflammation caused by periodontal disease may be responsible for the association.

Stroke — Additional studies have pointed to a relationship between periodontal disease and stroke. In one study that looked at the causal relationship of oral infection as a risk factor for stroke, people diagnosed with acute cerebrovascular ischemia (stroke) were found more likely to have an oral infection when compared to those in the control group. So keeping your teeth as clean and healthy as possible could possibly be a preventive factor for having a stroke.

Rheumatoid Arthritis — Diseases that interfere with the body's inflammatory system may worsen the condition of the gums. "If you look at the tissues of the mouth in periodontitis and the tissues of the joint in rheumatoid arthritis, there are a number of similarities – including the types of cells that are infiltrating tissues of the mouth in periodontitis and the tissue of the joint," says Clifton O. Bingham III, MD, associate professor of medicine and director of the Johns Hopkins Arthritis Center at Johns Hopkins University in Baltimore.

Poor Nutrition — A diet low in important nutrients can compromise the body's immune system and make it harder for the body to fight off infection. Periodontal disease begins as an infection, which means poor nutrition can worsen the condition of your gums.

Obesity — Research has shown that obesity may increase the risk of periodontal disease. It has been suggested that obesity is second only to smoking as the strongest risk factor for inflammatory periodontal tissue destruction. Obesity causes an increase in oxidative stress, which leads to periodontitis because of the increase in proinflammatory cytokines. This needs to be studied a lot more, but there may be a cause and effect mechanism happening here.

Just about everyone I know can say they have at least one or more of the above listed risk factors, and even if you do not right now, none of us are getting any younger, so the age risk factor can eventually catch up with you. If it has been a while since your last dental visit, maybe now is the time to schedule and make sure your teeth and gums are still in good shape. At the CTCLUSI Dental Clinic we can teach you different ways to help keep your teeth as clean as possible and help you keep them for a long time to come. Call us at (541)888-6433.

For further reading you can check out the following links if you are interested:

<https://www.perio.org/consumer/risk-factors>

https://www.perio.org/consumer/heart_disease

<http://www.arthritis.org/living-with-arthritis/comorbidities/gum-disease/ra-and-gum-disease.php>

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3110475/>

Dental Health Aide Therapist (DHAT)

Submitted by Vicki Faciane, Health and Human Services Director

The Alaska Native Dental Health Aide Story

For years, Alaska Native leaders searched for ways to meet the dental needs of their communities. Itinerant dentists would visit only once or twice a year, mostly to pull infected teeth, and teenagers were graduating from high school with full sets of dentures. Then tribal leaders learned about an 80 year old program in New Zealand which had been training and deploying mid-level dental practitioners known as dental nurses to provide preventive and routine dental care since the 1920s. In 2003, they sent a group of motivated young Alaska Natives halfway around the world for training at New Zealand's University of Otago.

In 2005, after completing their training, 4 new Alaska Native Dental Health Aide Therapists (DHATs) returned home, ushering in new era of culturally competent, high quality dental care and blazing a pathway for Tribes in the United States. The Alaska Dental Society and the American Dental Association immediately filed a lawsuit to stop the DHATs from practicing to protect the interests of dentists. The Alaska Native Tribal Health Consortium prevailed and an Alaska-based training program opened in 2007 and continues to thrive.

Today, there are around 30 DHATs serving 81-plus Alaskan towns and villages, where they are putting routine dental care within reach of 45,000 people who never had it before. Alaska's DHATs are changing the face of dentistry and ushering in a new era for oral health in Alaska's Tribal communities. With 11 years of experience under their belts, Alaska's Tribal health programs are seeing fewer dental emergencies, no safety or quality issues, satisfied patients, and many cavity-free children.

As Tribes struggle to overcome the oral health crisis brought on by decades of underfunded IHS dental budgets, poverty, remote locations, and dental provider shortages, the Alaska DHAT model of expanding dental care looks like a model for success in the 21st Century.

What are dental therapists?

Dental therapists are experts in routine and preventive care. They join hygienists and assistants on teams led by dentists, in much the same way physician assistants serve on medical teams. They are trained to clean and fill teeth and perform non-surgical extractions. They refer anything more serious to the dentist on their team. In addition to providing routine care, dental therapists play the critical role of patient educator, bringing greater awareness to the importance of good oral health. They also practice in Minnesota and more than 50 countries worldwide and are being introduced in Maine. Scientific studies in Alaska, Minnesota, and around the world demonstrate the high quality of their care.

"Dental therapists are experts in routine and preventive care. They join hygienists and assistants on teams led by dentists, in much the same way physician assistants serve on medical teams."

Alaska's DHATs undergo an intensive education program in Anchorage and Bethel. They essentially obtain an associate's degree with an additional 400-hour "mini-residency" spent side by side with a dentist. Students use the same textbooks as dental school students to learn the same procedures. They are taught by university professors. By the time they begin practicing, dental therapists have more clinical experience in their small number of procedures than dentistry school graduates.

DHATs at CTCLUSI

In partnership with the Coquille Indian Tribe and the Northwest Portland Area Indian Health Board, CTCLUSI has received approval from the Oregon Health Authority for a pilot project to integrate DHATs into our health care system. The pilot will operate under an Oregon law approved in 2011 that promotes innovative and data-driven improvements to the state's oral health system.

The CTCLUSI dental clinic cares largely for our own Tribal members, as well as American Indians and Alaska Natives living in western/southwestern Oregon who are members of federally-recognized Tribes. With one full time dentist at the clinic, the need for more providers is acute. An experienced DHAT will be hired later this year to start providing services. CTCLUSI Tribal member Naomi Petrie is currently attending the 2-year Alaska DHAT Education program—she will graduate and join the dental team mid-2017. The Tribe is also in the process of recruiting another Tribal member to start the educational program this summer.

For further information or inquiries please contact Vicki Faciane, Health and Human Services Director by calling 541-888-7515.



Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
Three Rivers Casino & Hotel
5647 HWY 126, Florence Oregon 97439 (541) 902-6504

2016 THREE RIVERS CASINO RESORT SUMMER EMPLOYMENT APPLICATION INFORMATION LETTER

WHAT IS THE TRC & H SUMMER EMPLOYMENT PROGRAM?

Three Rivers Casino Resort is delivering a paid Summer Employment Program beginning June 13, 2016 to August 19, 2016 for CTCLUSI Tribal Members. Three Rivers Casino Resort in Florence, Oregon and is offering this employment opportunity as an integral part of its long-term strategy of providing the highest quality of career and employment opportunities to all CTCLUSI Tribal Members. Three Rivers Casino Resort provides work experience in a range of Guest Service professions and support services including Hotel, Finance, Casino Marketing, Human Resources, Food & Beverage, and Informational Technology.

WHO IS ELIGIBLE TO APPLY?

To be eligible to participate in the TRC & H Summer Employment program, you must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians.

WHAT IS THE PROCESS OF SELECTION?

The Director of Human Resources and the Recruitment Specialist for Three Rivers Casino Resort review submitted applications for completeness and administer the evaluation process. The following criteria are considered during the selection process: academic merit, presentation of application, and involvement in the Native community. An appointed committee conducts a final review of the application evaluations and makes an official selection of awarded applicants.

WHEN IS THE APPLICATION DEADLINE?

Applications are being received ONLINE **March 7, 2016 through May 9, 2016**. Completed application must be received online by **4pm on Monday: May 9, 2016** at www.ctclusi.org. Go to Job Opportunities and click on the CTCLUSI Tribal Member link.

WHEN WILL YOU BE NOTIFIED IF YOU ARE SELECTED?

Interviews and hiring decisions will be complete Monday – June 6, 2016

WHAT ARE THE EMPLOYMENT REQUIREMENTS?

TRC & H Summer Employment recipients must meet the following award requirements. All rights to the Three Rivers Casino Resort Summer Employment program are waived if the requirements are not met.

- Submit an online application at www.ctclusi.org (log in or register to see job announcement)
- Pass pre-employment drug test.
- Obtain Gaming License from CTCLUSI Gaming Commission.
- Actively participate in the TRC & H Summer Employment.
- Adhere to current Three Rivers Casino Resort policies as outlined in Team Member Handbook.

WHO DO I CONTACT IF I HAVE QUESTIONS?

Stephanie Watkins, Director of Human Resources
Phone: (541) 902-6502
Email: swatkins@ctclusihr.org

Pam Hickson, Recruitment Specialist
Phone: (541) 902-6504
Email: phickson@ctclusihr.org

Online Applications: March 7, 2016 - May 9, 2016

Announcing

RED ROAD WELLBRIETY
MEETINGS

Come join us for a Native American recovery group experience.

WHERE: Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians

Tribal Hall

338 Wallace Ave, Coos Bay, 97420

WHEN: Thursdays at 5:30 pm

WHO: All CTCLUSI and Coquille Tribal Members and their families are welcome to attend



Natural Resources/ Culture Department Open House

Submitted by Amanda Craig, Air and Water Quality Protection Specialist

Late 2015 the Natural Resources and Cultural Departments undertook a strategic planning process that has resulted in the merging of our two departments. In the February newsletter we announced the beginning of our work together, alongside Rich Foster of Cascadia Consulting, to develop a strategic plan that embodies the mission and goals of the two departments and how those "principles and priorities could be blended into a single purpose". We are still working through our planning and continue to refine our goals and objectives and discuss strategies for our programs to thrive.

We are pleased to announce now that we will be moving offices and facilities! Please join us on Saturday, April 23rd for an Open House. From 12:00 p.m. to 2:00 p.m. we will open the doors of our new department offices. These two buildings sit together at the south end of the parking lot at Tribal Government in Coos Bay. These buildings will continue to be remodeled but we anticipate

transitioning to our new buildings starting in April.

The eastern building features a new environmental lab and curation facility. The curation room will facilitate the work of our Tribal Historic Preservation Officer, contract and on-call archaeology staff protecting, preserving, and documenting Tribal artifacts, both old and new. This building will also house our laboratory where the Environmental protection staff will continue to maintain and improve Tribal air and water quality and more.

The adjacent building, offices for Archeology, Forestry, Environmental Protection and Cultural staff, were designed to emphasize our Tribal heritage and cultural practices by incorporating basketry patterns into flooring design. These stunning floors will be a daily reminder of our history and continued practice of integrating our culture into our work for the Tribe.

Similar to the process of merging these two departments, a lot of thought and consideration has gone into the construction.

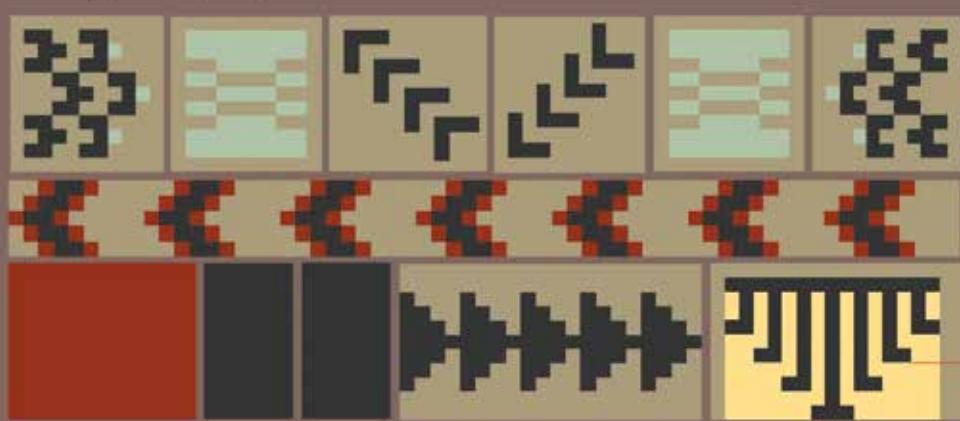
We wanted to ensure that the facilities were being put to the best use for the Tribes as we continue our work to enhance environmental health, protect cultural resources, manage resources sustainably and educate our community. **We also want to give our thanks to the Maintenance Department for all of the hard work, time and through they have put into these beautiful additions to our Tribal Facilities, Luuwii (thank you - Hanis).**

We hope that you will come and join us, following the Clam Dig, eat and celebrate!

Again, the open house will be from 12:00 p.m. to 2:00 p.m. on Saturday, April 23, 2016 at 1245 Fulton Ave. Coos Bay, Oregon. See you there!

Hiis Haiyach (with a good heart- Siuslaw/Lower Umpqua).

Basketry Flooring Designs



This Month...be on the Lookout for Salmon Berry

Submitted by Ashley Russell, Water Protection Specialist & Amanda Craig, Air and Water Quality Protection Specialist

Plant description: Salmonberry is in Rosaceae, the rose family – which not only has roses but many of our local berries (black berries, black caps, strawberries and thimbleberries). Salmonberries grow as tall shrubs with small bright pink flowers in spring that mature into orange or red berries.

Food: Salmonberries are the first berries of the year to ripen-around June. They do not dry well, so the berries were eaten only fresh, in season. Fresh berries were also dipped in seal oil, to improve the flavor and because oily foods were supposed to be more nourishing.

The young shoots were eaten as well. This was one of the earliest fresh green foods of spring. In Hanis the shoots had their own name distinct from the berries, yuuk'wa. They were peeled and eaten raw or cooked over a fire. The shoots were often eaten with dried salmon eggs.

Other: The calendar was marked by watching when certain plants blossomed and fish runs peaked. At Coos Bay, when the salmonberries began to bloom, flounders were running in the lower bay. In the Siuslaw, herrings entered the river when the berries were getting ripe.

**Hanis: mi'ya
Milluk: q'emq
Siuslaw & Lower Umpqua: tl'ux, tluu'ux**

**Scientific name:
*Rubus spectabilis***



When a girl was judged old enough to have some sense and self-discipline, she was told to come along on a salmonberry picking expedition, but she was not allowed to eat a single berry. The girl would return to the village and visit the elders in her village. To each elder, she distributed some of her berries, and each elder would pray over the girl, wishing her a long and healthy life.

It was said that when a person dreamed of salmon berries, he or she would make a new friend but this friend, like the short lived berry, will drop quick. The false friend would last only a short time, before making mischief and deceiving one.

Technology: Salmonberry sticks could be used to make the poles in the Coos Bay hoop and pole game. The sticks were peeled and dried. Then they were straightened by working with hot stones. For a description of the game, known in Hanis as tlaxaúk'wanawas, see the entry under red elderberry.

Reference: Ethnobotany of the Coos, Lower Umpqua & Siuslaw; Plants used for food, medicine, clothing and tools. Patricia Whereat Phillips

New Building Construction at Tribal Government Office Update

Storage Building update: This new building is located directly behind the maintenance building. The current plans for its use are maintenance, storage, canoe and boat housing, and as a wood working shop. The frame posts were put up mid-January and the outer walls went up early March.



Natural Resources/ Cultural Department facilities update: One building will feature an environmental lab and curation facility and the other will house offices for the Archeology, Forestry, Environmental Protection and Cultural staff. Please join them for an Open House on Saturday, April 23rd from 12:00 p.m. to 2:00 p.m. to see the new office space and meet the staff.



Let's Go Clam Digging With Culture & Prevention

Saturday, April 23, 2016

Meet at Tribal Hall at 8:00 A.M. Digging Clams at 9:00 A.M.

After the dig, meet back at Tribal Hall to clean clams.

Bring boots, shovels, and buckets if you have them.



Prevention Topic: HOC & Respect

Sponsored by:
Confederated Tribes of Coos,
Lower Umpqua & Siuslaw Indians
Health Services Division,
Prevention Activities,
Culture Committee
& Culture Department



Youself and Mother Earth

Call Doug Barrett at
541-888-7512 or toll-free at
1-800-618-6827 to R.S.V.P.
For more information, call
Doug Barrett @ 541-297-2130
RSVP by Friday, April 15, 2016



Culture Camp 2016 Call For Counselors

**Camp Scheduled for July 11-15, 2016
(Orientation/Training on July 10, 2016)**

Now accepting applications for Counselors –in- Training (Ages 16+) and Counselors (Ages 18+).

Culture Camp provides Tribal Counselors and youth with the opportunity to learn and teach traditional skills from cooking to games, as well as how to be better stewards of our lands and waters in a beautiful setting.



Questions? Call: 541-902-6504 or 541-888-7523

Or email jgoff@ctclusihr.org

**Apply online www.ctclusi.org ~ Deadline: April 29, 2016
(Accepting Applications April 4, 2016 – April 29, 2016)**



**Culture Camp 2016
July 11 – 15, 2016**

(Orientation/Training on July 10, 2016)

Program and Application information
Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians

WHAT IS Culture Camp?

Culture Camp is a yearly camp sponsored by the CTCLUSI Culture Department for Tribal family youth, 8-18 years of age. This year's location of Culture camp will be held at Camp Easter Seals in Lakeside, Oregon. CTCLUSI offers job opportunities for the positions of Counselor and Counselor in Training. These positions are responsible for providing assistance and support to the Camp Director in carrying out activities during the youth camp as well as providing direct supervision for the youth campers.

WHO IS ELIGIBLE TO APPLY?

To be eligible to participate in the 2016 Culture Camp:
Meet minimum requirements as outlined in the position description and can be inquired through Human Resources.
The job posting may also be found on the CTCLUSI website at www.ctclusi.org or by contacting Human Resources.

WHAT IS THE PROCESS OF SELECTION?

The Recruitment Specialist for Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians will review online applications for completeness and administer the evaluation process. All qualified applicants will be forwarded to the Camp Director for review. The following criteria are considered during the selection process: presentation of application, and involvement in the Native community. An appointed committee conducts a final review of the application and makes an official selection of awarded applicants.

WHEN IS THE APPLICATION DEADLINE?

Online applications must be received by 4pm on Friday, April 29, 2016
Apply online at www.ctclusi.org or by contacting Human Resources

WHEN WILL YOU BE NOTIFIED IF YOU ARE SELECTED?

All qualified applicants will be notified by Friday, July 1, 2016 by Human Resources.

WHAT ARE THE EMPLOYMENT REQUIREMENTS?

Culture Camp Counselors must meet the following award requirements.

- Complete Online Application by the specified deadline (see Human Resources if you unable to see announcement online)
- Must be interviewed, pass reference checks and selected by the appointed committee.
- Pass pre-employment drug test
- Pass background information and obtain fingerprints, processed Tribal Police Department

WHO DO I CONTACT IF I HAVE QUESTIONS?

Jesse Beers, Camp Director
Cultural Department for CTCLUSI
Phone: (541) 297-0748
Email: jbeers@ctclusi.org

Department of Human Resources
Phone: (541) 902-6504
(541) 888-7523
Email: phickson@ctclusihr.org
jgoff@ctclusihr.org

**Deadline to apply – Friday, April 29, 2016
(Applications Accepted April 4, 2016 – April 29, 2016)**

Qáchinahaniíwaq (*Getting to Thinking!*)

Hanis translation by Patty Whereat-Phillips

Planning Department Updates

Submitted by Jeffrey Stump, Planning Director & Melinda Sprague, Planning Assistant

Tribal Community Needs Assessment

In January, a Tribal Community Needs Assessment and Tribal Member Resource Directory was mailed to all Tribal members 18 and older. We are pleased to have received a large amount of responses to the Tribal Community Needs Assessment. The drawing for those who filled out the bottom portion of their needs assessment took place on March 4th. The winners of the gift cards include:

- \$500- **Roseana Perry**
- \$250- **Lonnie Perry**
- \$25- **James W Brainard III**
- \$25- **Christy Wurster**
- \$25- **Raymond T. Petrie**

The Planning Department would like to thank the Tribal community for helping us complete this process which allows us to effectively evaluate and plan for the needs of our community.

Healing of the Canoe Tribal Youth Program

Tribal government staff have been working diligently to adapt and administer the Healing of the Canoe Curriculum as a culturally significant platform to facilitate Tribal youth programs. We have recently welcomed our Healing of the Canoe Program Assistant, Ms. Anne Niblett to the planning team. Ms. Niblett brings a wide variety of cultural skills and knowledge and many years' experience working with youth. We are currently in the process of hiring our Healing of the Canoe Facilitator. Please stay tuned for updates as we develop the Healing of the Canoe Tribal Youth Program.

CTCLUSI Family Services Employment Program



Job Search Skills. Resume Building. Job Interviewing Techniques. Career Planning... and much more.

Please contact us! To learn more information or to make an appointment, please contact a Family Services Caseworker who can assist you. For Coos Bay contact Stephanie Marusich at 541-888-7516. For Springfield Outreach contact Shayne Platz at 541-744-1349.

"The Best way to predict your future is to Create it!"

Coos Head Area Master Plan (CHAMP)

The development of the CHAMP continues. Cogan, Owens and Green (COG) is now on board and will be managing the development of CHAMP as well as the coordination between the Tribes and ODOT. The official kick-off meeting took place on March 21st. Over the next few months, key deliverables for the project include a Technical Memorandum describing existing conditions, policies and codes key to the development of Coos Head. COG will be evaluating the Coos Head transportation infrastructure, sanitary sewer, water supply, storm water, electrical power, natural gas, natural and cultural resources and land use. No outreach meetings are planned for April. Please call Jeffrey Stump at 541-888-1305 or Melinda Sprague at 541-888-9577 if you have any questions.

Business Incubator

Last month the Confederated Tribes Planning team welcomed Mr. Eric Speith, the Confederated Tribes newly appointed Business Incubator Manager. Mr. Speith has been working diligently to create a business plan for the CTCLUSI Business Incubator and begin establishing a network of small business resources and contacts. We are in the beginning stages of our Business Incubator program. Please stay tuned for more information as the Business Incubator develops.



CALLING ALL TRIBAL YOUTH AGES 14 TO 24!!

Join us for fun, food, prizes, and learn more about how you can become a member of

CTCLUSI's -

YOUTH LEADERSHIP COUNCIL

Who: Tribal Youth ages 14-24 are welcome to attend

What: In addition to bowling, food, and cool prizes, we will provide you with information about how you can be a part of CTCLUSI's Youth Leadership Council

When: Two events, at two convenient, fun locations:
(Transportation will not be provided.)

***Saturday, April 9, 2016, 5:30 pm - 7:30 pm**
North Bend Lanes
1225 Virginia Avenue, North Bend, Oregon

***Saturday, April 23, 2016, 5:30 pm - 7:30 pm**
Emerald Lanes
140 Oakway Road, Eugene, Oregon

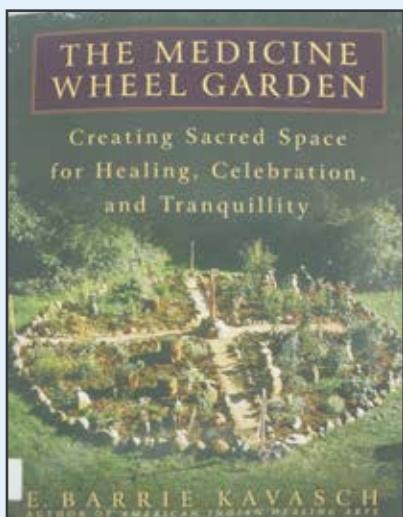
RSVP: Tami S. Foster, Behavioral Health Services
tfoster@ctclusi.org or 541.888.1311

EDUCATION CORNER

Your Tribal Library currently has 1,068 titles to choose from. There is something for everyone. The Education Department Staff welcomes you to come in and check out a book for pleasure as well as education. The check-out period for any book is 3 weeks, with a renewal of another 3 weeks.

The April "BOOK OF THE MONTH" is:

The Medicine Wheel Garden



The American Indian medicine wheel was an ancient way of creating sacred space and calling forth the healing energies of nature. Learn how to create your own sacred garden and use herbal recipes, plus delicious healing foods.

We hope you will come and visit your Tribal Library and the Education Department Staff soon.

PREVENTION ACTIVITY Glass Float Hunt



**All Tribal Families are invited to join us on
Saturday, April 16, 2016
12:00 P.M. to 4:00 P.M.**

Please R.S.V.P. by Wednesday, April 13, 2016
DeeDee at: 541-997-6685, Toll-Free 1-866-313-9913
Or Doug's Cell at: 541-297-2130

*We will meet at 3757 Hwy 101, the Windward Office
at 12:00 P.M. for a Prevention Activity and Food.
You must attend the Prevention Activity to hunt for glass floats.*

Prevention Topic: HOC and Beach Clean Up
Sponsored by:
Confederated Tribes of
Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Family Services
Prevention Activity Program



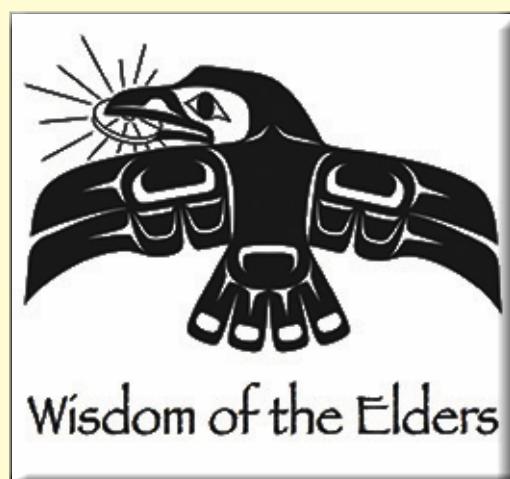
Wisdom of the Elders (WOE) Film Documentary Seeking Tribal Elders to Speak on Experience with Climate Change

Submitted by Amanda Craig, Air and Water Quality Specialist

Wisdom of the Elders (WOE) is a collaborative group in the Pacific Northwest who, "records and preserves traditional cultural values, oral history, prophecy and other messages of guidance from indigenous elders in order to regenerate the greatness of culture among today's and future generations of native peoples." Currently the WOE are working on a Documentary about Climate Change, specifically how Climate Change impacts Tribal Peoples and Communities. They're looking for Tribal Elders who've seen or experienced the effects of Climate Change and have asked if any CTCLUSI Elders would like to participate. In addition we will be having a small canoeing and weaving gathering for the filming as well.

"Wisdom of the Elders acknowledges the need for reconciliation between Indian and non-Indian. As part of its race reconciliation mission, Wisdom of the Elders strives to share with all peoples, using public radio and documentary production, book publishing and other educational venues in collaboration with diverse cultural organizations and educational institutions."

WOE will be filming in Coos Bay approximately April 10-13, if you would like to participate please contact Amanda Craig by phone or email; 541-888-1304 - acraig@ctclusi.org by April 9th at 5 pm.



THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share please submit your information and photos to the newsletter.

April 15th is the deadline for submission to the May edition of The Voice of CLUSI.

E-mail mgaines@ctclusi.org or call 541-888-7536

Elders Corner

Elders Honor Day...continued from cover page

and Elders Committee Member Arleen Perkins presented gifts to both. Next it was on to the King and Queen as two tickets were randomly chosen. This year's Queen was Bernadine Shriver from Grand Ronde and our King was new Elder Jeff Wasson from Coquille. They were crowned and gifted from both Tribes. The crowns were made from cedar adorned with dentallium and abalone, and were absolutely amazing. These beautiful crowns were made by Lower Umpqua Tribal Member Morgan Gaines and Coquille staff member Roni Jackson. Our gifts baskets included: a gorgeous necklace made by Tribal Elder Arleen Perkins, a mini paddle made by Tribal Elder George Barton and a painting on the paddle by his spouse Barb Barton, and a drum with a beautiful painting by Lower Umpqua Tribal member Morgan Gaines.

After lunch we were entertained by The Nasomah Singers, CIT Head Start, After School dancers and Coquille Tribal Elder Terry Doyle, who was a storyteller. Throughout the day we also had a photo booth, where guests could get their picture taken with their friends or family. Chairman Ingersoll took advantage of that and got a quick picture with our lovely Queen. She was ecstatic! There was a table of boas, funny glasses, tiara's, etc. to liven up your pictures. After the entertainment we took a quick break and then Elders were given the choice to either stay for Bingo or go to the Coos History Museum and Maritime Collections. Now came my favorite part of the day; - doing Bingo with Tribal Elder George Barton. He "entertained" and called Bingo for 1 ½ hours and for the third year, I was his sidekick. We had 125 people that stayed and played. That is the biggest crowd we have ever had. Thanks George! It's always a great time.

This year we tried something new and had a Meet & Greet with both Tribal Chiefs. Chief Ivy from The Coquille Indian Tribe did a Salmon presentation. He pulled Salmon that had been buried at the pit earlier that morning. Those that made it to the presentation also got to try the fresh Salmon as it was being pulled out. After the presentation, we were welcomed back by Coquille's Chairperson Brenda Meade for a wonderful dinner. As dinner was wrapping up, Tribal Elder and Councilman Doc Slyter played several songs for us on various flutes. Miluk Coos Tribal Member Ashley Russell joined the stage and serenaded us with her beautiful voice. To end the evening we had a Coquille Tribal Members band "Port Orford Blues and Dance Club Band" play for the evening. We had several Elders stay and dance into the night. Saturday we all gathered together again for breakfast in the Salmon room before Elders headed on their long journeys home. I would like to thank everyone that helped us make this year such a huge success. Hope to see you next year at the Three Rivers Casino Resort!



Linnea Ekman



Phyllis Howlett, Julie Belcher,
and Debra Fisher



Arleen Perkins

Below: Salmon cooking during
the Salmon Presentation

Elders Committee Meeting

**April 14, 2016
Tribal Hall @ 12:00 p.m.**



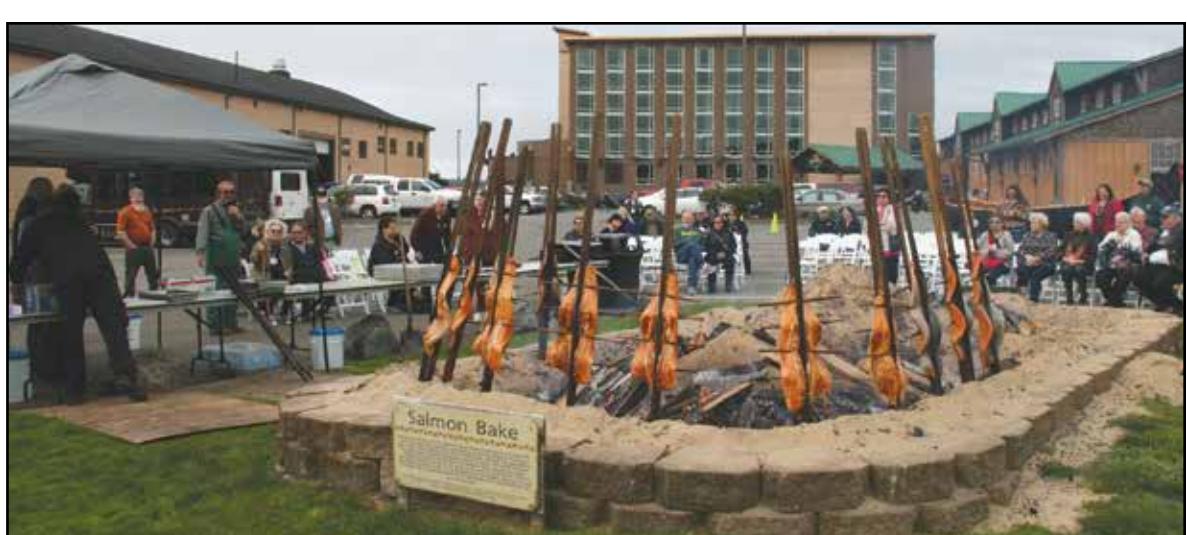
Anna Campbell and Carolyn Slyter enjoy the evening



Jean Cookson and Billie Lewis smile for the camera



Lynette and Tim Gaines admire the blown glass sphere gifts to Elders



Elders Corner

Elders Luncheon

THURSDAY, April 7th, 2016
at 11:30 a.m.

CICCARELLI'S RESTAURANT
 2076 Sherman Ave., North Bend



R.S.V.P. by April 4th, 2016

Please contact Andrew Brainard,
 CHR/Elders Coordinator, at (541) 888-7533
 LIMITED TRANSPORTATION IS PROVIDED.



Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
 Health & Human Services Division
 Elders Activity Program

Elders Luncheon

THURSDAY, MAY 5th, 2016
at 11:30 a.m.

MEMOS MEXICAN RESTAURANT
 737 Main Street, Springfield OR 97477

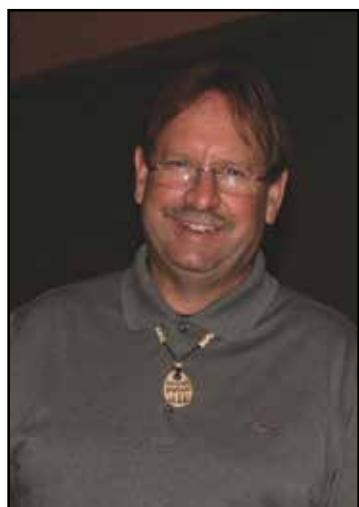


R.S.V.P. by May 2nd, 2016

Please contact Andrew Brainard,
 Elders Coordinator/ CHR, at (541) 888-7533
 LIMITED TRANSPORTATION IS PROVIDED.



Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
 Health & Human Services Division
 Elders Activity Program



Chairman Mark Ingersoll



Iliana Montiel and Tribal Elder George Barton call the numbers for Bingo



Councilman Doc Slyter pictured with Glenn Campbell



Sue James shows us her winning black out bingo card and prize!



Butch and Kathy Swigert pictured left; pictured right Shanna and Joe Swigert



ELDERS HALIBUT FISHING TRIP

May 11-13, 2016

In Newport, Oregon

- 12 hour (6:00 am—6:00pm) offshore Halibut trip includes a crabbing option.
- You must bring a minimum of 1 Day Angling license & 1 day shellfish license if you would like to crab. Crabbing is optional.
- Limited availability—first come basis (28 spots)
- You will be responsible for fillet services. (.30-.40 cents per lb.) cash only accepted and a cooler to take your catch home.

Please R.S.V.P. by Monday, April 25th

After this day, we will release a boat if less than 14 reservations.

For further information and to R.S.V.P. please contact:

Andrew Brainard CHR/Elders Activity Coordinator

541-888-7533

Agenda's will be mailed out to those who RSVP.



Sponsored by:
 Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
 Health & Human Services Division
 Elders Activity Program

McMinnville Grizzlies Place at State!



Chris Dauterman (pictured at far left) coaches alongside Shan Stassens (middle) and Adam Dean (far right) his son Cody Dauterman's (pictured middle in the #2 jersey) basketball team: The Grizzlies. Cody is a Lower Umpqua Tribal member who plays basketball with a group of 6th graders who play for the McMinnville Basketball Association.

Great Job Grizzlies for taking First place in the Sisters Shootout, taking First place at the Capitol City Classic and First place with the Three Rivers Basketball League! Their hard work paid off and they earned a spot at the State Championships in March where they placed 4th.

Way to go Grizzlies!

Congratulations Andrew & Jennifer Brainard!

Congratulations to Tribal member Andrew Brainard and his lovely wife Jennifer. The happy couple were wed on March 3, 2016 in Maui, Hawaii.



WOVEN
THE ART OF CONTEMPORARY NATIVE BASKETRY
MARCH 1–APRIL 23, 2016
ARCHER GALLERY | VANCOUVER, WASHINGTON
TUES–THURS 10AM–7PM | FRI–SAT NOON–5PM

THANK YOU TO OUR EXHIBITION SPONSORS:

Woven: The Art of Contemporary Native Basketry

March 1 - April 23, 2016
Opening reception Saturday April 2, 4-7pm
Workshops and artists talks Sunday April 3

To sign up for workshops please visit:
<http://woven.brownpapertickets.com/>

Please join us to celebrate the opening of Woven: The Art of Contemporary Native Basketry presented by the IMNDN: Native Art for the 21st Century exhibition series.

The exhibition runs from March 1 through April 23, 2016 at the Archer Gallery in Vancouver, WA. The Exhibition features the work of twelve incredibly talented contemporary Indigenous artists including: Joe Feddersen, Gail Tremblay, Dawn Nichols Walden, Shan Goshorn, Kelly Church, Joey Lavadour, Pat Courtney Gold, Lisa Telford, Bernice Akamine, Carol Emarthle-Douglas, Sara Siestreem, Brittany Britton and Kaila Farrell-Smith. This will be a rare opportunity to meet these amazing artists!

More info at: IMNDN.org

PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.



Photo By: Morgan Gaines

For more information about Peacegiving or Peacegiving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420
PHONE: (541) 888-1306 or (541) 888-1316
EMAIL: Peacegivingcourt@ctclusi.org Website: <http://ctclusi.org/peacegiving>

Looking for Slow Pitch Softball Players!

CTCLUSI Tribal Members, Staff, Casino Team

Members & Spouses



THREE RIVERS
CASINO RESORT



Come Join the Team

Season: June 1st — September 1st

Deadline for joining Thursday, April 28th, 2016



For more Information and/or to sign up contact:

Head Coach Andrew Brainard 541-297-1001 & Asst. Coach Courtney Krossman 541-260-9594



CTCLUSI Softball Team at the end of a game during the 2015 season

YOUR LIFE
MATTERS.



PLEASE JOIN US FOR GOOD FOOD AND FUN WITH OTHER
TRIBAL FAMILIES.
ALL TRIBAL FAMILIES WELCOME TO ATTEND.
NO TRANSPORTATION IS PROVIDED.

TRIBAL FAMILY GATHERING

TUESDAY, APRIL 19TH , 2016

AT

CICCARELLI'S RESTAURANT

6:00 PM—8:00 PM



PLEASE CONTACT ANDREW BRAINARD TO R.S.V.P.

541-888-7533 OR TOLL FREE 1-888-280-0726

By April 15th

SPEAKERS:

ERIC SPIETH, BUSINESS INCUBATOR MANAGER

SHAYNE PLATZ, FAMILY SERVICES CASE WORKER

STEPHANIE WATKINS, DIRECTOR OF HUMAN
RESOURCES

TOPIC: TRIBAL WORKFORCE PROGRAMS

DO YOU KNOW THE WARNING SIGNS OF SUICIDE?

The following signs may mean someone is at risk for suicide.

If you or someone you know exhibits any of these signs, seek help as soon as possible by calling the Lifeline at 1-800-273-TALK (8255).



- Talking about wanting to die or to kill themselves.
- Looking for a way to kill themselves, such as searching online or buying a gun.
- Talking about feeling hopeless or having no reason to live.
- Talking about feeling trapped or in unbearable pain.
- Talking about being a burden to others.
- Increasing the use of alcohol or drugs.
- Acting anxious or agitated; behaving recklessly.
- Sleeping too little or too much.
- Withdrawing or isolating themselves.
- Showing rage or talking about seeking revenge.
- Displaying extreme mood swings.

How to Survive Being In-Between Jobs

Submitted by Mike Smith, Training & Development Specialist

Your Department of Human Resources focuses primarily on increasing the employment opportunities for Tribal Members, fellow Native Americans in other Tribal communities, and others who share our collective vision. At various times in our lives, however, we all realize that we can find ourselves between jobs or searching for our chosen career path. How we move through those times to our next employment opportunity can be a crucial part of our personal development. Unemployment isn't ideal... But it's not the end of the world. Here's some suggestions on how to make the most of your time in-between jobs.

Anger, relief and anxiety are just a few of the feelings I had the morning I received my termination notice. Granted, it was from a job whose shelf life had expired many years before—one of my predecessors had called it a “stepping-stone” position—but it was still a shock.

Questions ran through my head: Is this really happening? What do I do now? How will I pay my bills?

It was the last, most important, question that kept repeating through my head. If I didn't have an income, how would I support myself?

So, I did what I do best: I researched it. And what I found was surprising. Most of the information out there is for professionals who “voluntarily” leave their employment. I didn't choose this path, it was chosen for me; “assigned” to me, so to speak. Which made me think: What about those of us that are thrust into unemployment? What are the “recommendations” for us to successfully survive being in-between jobs?

Here are a few of my tips for successfully surviving being in-between jobs (voluntarily or not):

Create a daily routine

Not having a desk or an office or a supervisor to report to at a specific time doesn't mean you should sleep in and relax every day. I find this to be one of the major misconceptions of unemployment. It is as if some people think I'm on vacation when I say I'm “unemployed.”

I don't sleep until noon. I set an alarm every day, I get up, I check email and social media, I go to the gym, I come home, I shower, and I get back to my search.

I don't sit around with my feet up, hoping for the phone to ring. My next job isn't just going to fall into my lap and neither is yours. We need to work on making it happen.

Cut out unnecessary spending

A number of the articles I read, pertaining to people deciding to leave one job in pursuit of another, advise seekers to have at least three to six months' worth of savings burrowed away. Thankfully, I had been remarkably fiscally responsible throughout most of my career, so I was able to segue into this new phase fairly easily. However, don't be fooled—establishing and adhering to a budget can be tricky.

After budgeting in necessities like rent, a car payment and insurance, your cellphone bill, utilities and other monthly expenses, figure out where you can comfortably exist. If you realize that there are aspects you need to cut out, do it strategically. For example, if you can live without a daily coffee run (or two), invest in a coffee machine that will allow you to save a few dollars each day. Or, if you have a tendency to eat out for lunch and dinner, start stocking your fridge and cooking a few times a week.

The point isn't to alter your life in a way that makes you feel stifled, but to make your dollars last for as long as they possibly can. The one aspect about unemployment that nobody can predict is how long it will last, so in order to be prepared for anything that may arise, you should try to save wherever possible.

Don't close yourself off from fun – or friends

I spent the first six weeks of my unemployment on my couch with my laptop. I applied for every job that I was remotely qualified for, even if I lacked interest. My friends tried, over and over, to get me out of the house,

but the shame and embarrassment of what I was going through wouldn't let me leave that couch.

I cut myself off from civilization for a while. Was I depressed? No, I don't think so. I would describe it more as “determined.” I was determined to not let this setback affect me, and to get past it before anyone really knew it had happened. Did that work? No. And the only person it hurt was me.

Go out. Leave the house. Laugh. Have fun.

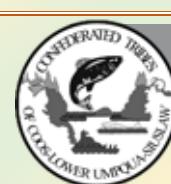
If I could impart a little wisdom to those that may be going through the same things that I did: Let your friends help. It will make you feel better. It will make them feel like they are helping, and it really is a win-win for all.

Why am I offering up these tips and tidbits?

Well, I recently came to the realization that being unemployed isn't actually the end of the world. My life isn't always going to be like it is right now. This is a phase, it will pass, and when I look back on it, I want to be proud of the way I handled myself and of how I bounced back from this unexpected change of course.

But, more than anything, I want to be proud of the fact that even though I didn't choose to make this change—it was forced upon me—I worked through it as hard as possible.

Content taken from “How To Survive Being In-Between Jobs” by Jaclynn Knecht, © 2015 [Career Contessa](#) Published 6-25-2015



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Three Rivers Casino Resort ~ Florence
Bartender ~ Beverage Server
Barista
Food Server Buffet ~ Busperson
Lead Cook ~ Line Cook
Golf Course Groundskeeper I
Security Officer I
Special Events Team Member
Cage Cashier
Soft Count Team Member Dual Rate Lead
Table Games Dealer
Three Rivers Casino Summer Employee

Tribal Government Offices
Special Events Employee
Dental Assistant
Dental Health Aid Therapist Education
Tribal Court Case Manager/Resource Coordinator
Culture Camp Counselor
Culture Camp Counselor in Training
Student Intern
Summer School Teacher and Teacher's Assistant
Planning Assistant – Grant Specialist

Three Rivers Casino Resort ~ Coos Bay
No openings at this time

Blue Earth
No openings at this time



<http://ctclusi-int.atsondemand.com/>
Go to Job Opportunities on the website for full job posting and to Apply Online
Updated Daily
Or call Recruitment at 541-902-6504

The Voice of CLUSI



May 2016

Issue 5

Volume 17

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Tribal Member Volunteers to Aid Refugee Efforts in Greece



Kris Krossman carries life jackets from the beach in Lesvos, Greece

Contributed photo by the CK Team Lesvos Refugee

Contributed by Morgan Gaines, Communications Specialist

Miluk Coos Tribal member Kris Krossman recently reached out to share his experience as a volunteer in Greece during the migration of refugees coming from Syria, Afghanistan, Iraq, Iran, Morocco, Pakistan and many more nations.

"I would really like to reach out to you and our Tribe to share my story. I am currently working for a non-governmental organization (NGO) in Lesvos, Greece. We are the only land support, search and rescue team in our zone and deal with up to hundreds of refugees a day, from all over the world. I am a trained EMT and am the only ground based medic in my zone of operations. An average day for me includes assisting 40 to 100 refugees from various countries, often times I have to triage and treat people in a very low resource environment."

Story continues on page 5 - See Kris Krossman

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Lower Umpqua and Siuslaw Indians

Tribal Council Visits Capitol to Move Tribal Land Bill HR 2791 Forward

Contributed by Council member Doc Slyter

Tribal Council consisting of Chief Warren Brainard, Chairman Mark Ingersoll, Council Member Doc Slyter, Council Member Beaver Bowen, Administrator Alexis Barry and Pete Shepherd flew to Washington, D.C. April 3rd – 8th.

The purpose of this trip was to move forward the Tribal Land Bill HR 2791 - Coos, Lower Umpqua, and Siuslaw Ancestral Lands.

While in D.C. we attended previously scheduled meetings with the Advisory Council on Historic Preservation, various Senators and staff from the State of Oregon, Bureau of Indian Affairs, National Congress of American Indians, BLM Directors, and Office of Self Governance.

Since our Tribes' existence 10,000 years ago, we have demonstrated courage, patience, endurance and alertness. The status of our Tribe today, is due to the hard work of our current Tribal Members, as well as our Ancestors.

Remember Chief Daloose Jackson's Power Dream song says it all:

Hii'in hel hantl tuuwitinye
(We're Not Going To Fall Down)



Pictured left to right: Alexis Barry, Chief Warren Brainard, Beaver Bowen, and Chairman Mark Ingersoll. Photograph courtesy of Council member Doc Slyter

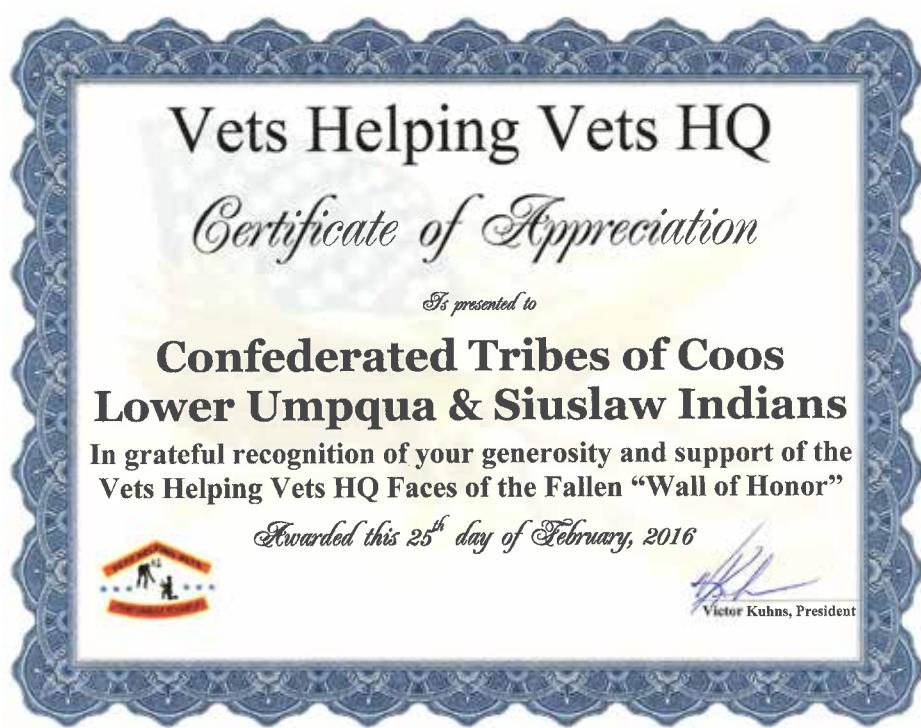
Save the Date

Cedar Bark Gathering

May 14, 2016

Student Recognition Dinner

June 18, 2016



During a ceremony held on February 28, 2016 the Tribe was awarded a certificate of appreciation in recognition of our contributions in supporting Vets Helping Vets. Visit www.vetshelpingbetshq.com to learn more about Vets Helping Vets.

In observance of Memorial Day, Gregory Point will be open to Tribal members on Monday, May 30th. The gate will be unlocked from Dawn to Dusk, please swing the gate closed behind you during your visit to prevent the general public from entering.

Post: [5/1/16 thru 5/16/16](#)

**** FIFTEEN (15) DAY NOTICE ****
NOTICE OF VACANCY
CTCLUSI 5-2-7(a)(3)

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians' Gaming Commission is established pursuant to CLUSITC 5-2-7. The purpose of the Gaming Commission is to regulate Class II and Class III gaming on the Confederated Tribes' Indian Land. The Commission consists of three (3) members appointed by a majority vote of the Tribal Council.

A vacancy will occur on May 30, 2016, when a current commission member's term expires. Vacancies shall be filled within sixty (60) days by the Commission with the approval of Tribal Council. The vacant position is for a person with accounting experience. CTCLUSI 5-2-7(a)(3) The term of this position is three years.

Pursuant to CLUSITC 5-2-7(c), when a vacancy occurs, notice of such vacancy shall be published and posted for at least fifteen (15) days. The notice shall identify the qualifications, if any, specific to the vacancy and request interested parties to file a statement with the Commission reflecting their qualifications and interest in serving as a Commission member.

Qualifications for the Posted Vacancy:

Minimum qualifications for membership on the Gaming Commission are as follows:

Must be at least twenty-one (21) years of age;

May not be employed in or own any interest in or gamble in a gaming operation authorized by the Tribes; and

May not participate in the management of the Three Rivers Casino;

May not hold an elected or management position with the Confederated Tribes;

Specific qualifications for the vacant Commissioner position are as follows:

Must be a person with at least ten (10) years of accounting experience, or a person with a bachelor's degree in accounting or related field and at least five (5) years of accounting experience.

Each applicant for Commission membership shall be subject to a background investigation (CTCLUSI 5-2-12) and drug testing (CTCLUSI 5-2-15). The duties of the Commission are enumerated at CTCLUSI 5-2-7(i)(1)-(13).

Interested parties may file a statement of interest with the Commission reflecting their qualifications and interest in serving as a Commission member to Bradley Knaper, Chief Law Enforcement Officer for the Gaming Commission, at the following address:

5647 Hwy 126 Suite 100
 Florence, OR 97439

You may also fax your statement to 541-997-7293, or email at bknapier@ctclusi-gc.com.

6. Upon termination of the notice period, the Commission shall develop selection procedures which are designed to promote appointment of the most qualified person.

This notice of vacancy shall be posted at all Tribal offices.

CTCLUSI Resolutions

RESOLUTION NO.: 16-017

Date of Passage: March 30, 2016

Subject (title): Approval for Submission of National Park Service FY 2016 Historic Preservation Fund Grant Application

Explanation: Tribal Council approved the submission of the National Park Service FY 2016 Historic Preservation Fund Grant Application for a project entitled: "Ntlaxam (I am speaking): Documenting Oral Fishing History and Culture."

RESOLUTION NO.: 16-018

Date of Passage: March 30, 2016

Subject (title): Approval of Service Order Under the Data Networking Service Agreement

Explanation: Tribal Council approved the Service Order with Charter Fiberlink OR-CCVII, LLC, to provide data networking services to the Tribes' government offices, the two casinos and the Windward Inn.

RESOLUTION NO.: 16-019

Date of Passage: March 30, 2016

Subject (title): Approval of Service Order Under the Business Internet, Video and Music Service Agreement

Explanation: Tribal Council approved the Service Order with Falcon Cable Systems Company II, L.P., to provide business internet, video and music services to the Tribes' government offices.

Indian-Themed Mascots in the Local Community

Contributed by Morgan Gaines, Communications Specialist

The Oregon State Board of Education adopted a rule in 2013 banning all schools from using any Indian-themed mascot effective July 1, 2017. Our Tribe supported that rule in hopes of eliminating the bias, prejudice, misinformation and undermining of education experience that often result from such mascots. This support was based not only on the view and beliefs of Tribal members but on recommendations by groups like the United States Commission on Civil Rights, the Society of Native American Psychologists, and the American Psychological Association.

The Oregon Legislature subsequently compelled the Board of Education to create a limited exception to the Board's complete ban on Indian-themed mascots. The exception adopted by the Board in January of 2016 allows a school district to enter into an agreement with the Native American Tribe in its area to allow continued use of the mascot, but it applies only to a mascot that "represents, is associated with or is significant to the Tribe." The exception does not apply to generic mascots, such as "Braves", when the mascot does not have a close connection to the local Tribe.

Our Tribe is the Tribe whose connection to the Reedsport, Oregon School District, is relevant under this rule. The "Braves" mascot does not represent and is not associated with or significant to the Tribe so therefore, under the current rule, does not allow the school district to enter into agreement with the Tribe to continue use of the mascot.

Tribal Chairman Mark Ingersoll said "We appreciate the Reedsport school official's willingness to meet with the Tribal Council...to discuss this issue. We strongly support the school's efforts to provide the best possible education for all kids, and we will continue to work with them to achieve that goal."

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief
541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter

Position #1 Council
541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen

Position #2 Council
541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll, Chairman

Position #3 Council
541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen

Position #4 Council
541-808-7394
tbowen@ctclusi.org

Teresa Spangler, Vice Chair

Position #5 Council
541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt

Position #6 Council
541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting

May 15, 2016

10:00 a.m.

Community Center

338 Wallace Street, Coos Bay, Oregon 97420

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Administration Building

Alexis Barry
Tribal Administrator
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division

Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department

Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Purchased/Referred Care (FKA Contract Health Services)

Sharon Arnold - PRC Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department

Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services

Shayne Platz, Caseworker
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic

Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Health Services

Assistant Director
Iliana Montiel
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-5388
Toll Free 1-888-280-0726
imontiel@ctclusi.org

Tribal Court

J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department

Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office

1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police

Brad Kneaper
Chief of Police
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi
Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

Exercise and Diabetes

FIT for LIFE UPDATE

Contributed by Traci Stefanek, CHR/Diabetes Coordinator

Exercise can be difficult for some people to start or get into. Don't get discouraged if you are having trouble getting started. Here are some helpful tips to get motivated, stay motivated, become healthy and to help stop Diabetes.

Write it Down: Make a list of fun activities to do, you have lots of options. Try something new: get a gym membership, do yoga, go on a nearby hiking trail, go swimming, a different sport, try dancing, anything that will get your heart rate up. Even the at home 30-day challenges and DVD videos can be fun.

Talk to Your Doctor: You just want to make sure everything is okay, especially if you have diabetes. The doctor can tell you if you are ready for physical activity and if you need changes with any insulin intake. Ask your doctor if you should take your blood sugar before physical activity and definitely after; that way you will know if you should have a snack handy. Adjust as needed.

Snacks: Always carry a snack and water or healthy sports drink with you. It is better to be safe than sorry, especially when it comes to having Diabetes.

Baby Steps: Take it easy at first. If you are not a very active person start with 10 minutes a day of any physical activity. Gradually work up to 30 to 60 minutes a day. It can improve your blood sugar control. Lift weights at least twice a week, do some cardio, do some resistance training. Just make sure you ease into it. Patience and Consistency are key.

Healthy Habits: Make healthy eating, exercising, drinking your water and taking your medications a daily routine — it makes for healthy habits and helps keep your blood sugar stay consistent.

Make it Known: Tell your friends and family that you're getting ready to make some life changes, find someone that will do it with you! Make sure that they know you have Diabetes and what to do if your blood sugar drops or gets too high! It is also way more fun to have a partner in crime!

Take Care of Your Feet! Make sure that you are wearing a comfortable athletic shoe that fits your feet, and that it is the right type of shoe for the activity that you are doing. Check and clean your feet daily — it is very important to your health. If you find anything out of the ordinary, call your doctor immediately!

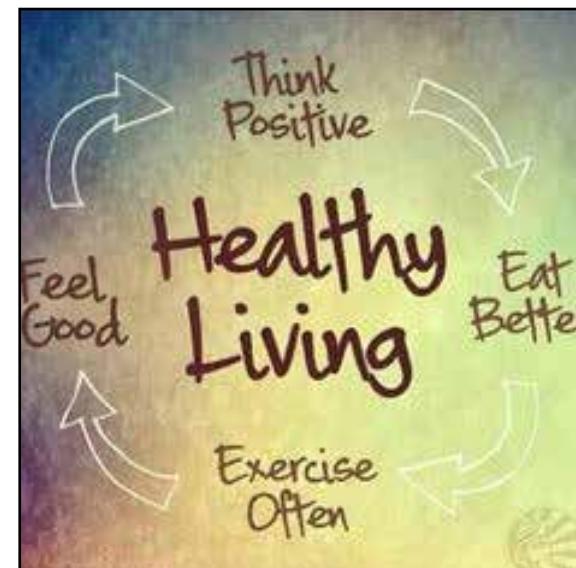
Make sure that you are getting plenty of water — before, during and after any physical activity!

If you are feeling sore from the physical activity, don't worry, that is normal and although it depends on what you are doing, with daily exercise it will eventually not feel sore. If you feel any sudden pain that does not feel normal, stop what you are doing immediately, you may be doing too much too soon! If the pain persists call your doctor.

These daily changes are a great start. Make smart decisions, take it slow and be consistent and you will see positive changes!

Our first group in the Fit for Life Challenge has started and the participants are really a great motivated group. They are doing such a great job at meeting goals and milestones. It's all about being positive and being there for them. Losing weight is not as easy as people might think. It's about knowing your limits, your willpower, making the time for yourself, and knowing that YOU can make the changes for a healthy lifestyle. I can't wait to see how this group feels at the end of this challenge. I am so very excited for all of them!

Stay tuned for more in the upcoming newsletters. I will be starting another Fit for Life Challenge in July so look for that in the June Newsletter.



Egg Muffins Recipe

A great way to have a Snack or a fast Breakfast! You could even add 1 cup of ground sausage to the mix. I hope you enjoy! Makes 12 muffins. Serving size is 2 muffins.

Ingredients:

3 Cups – Your Choice of Veggie (Peppers, Spinach, Kale, Mushrooms, Onions)
12 Eggs
½ tsp – Sea Salt
¼ tsp – Garlic Powder
¼ tsp – Pepper
½ Cup – Feta or Mozzarella Cheese

Directions:

Mix all ingredients together.
You can use olive oil to coat the muffin pan or use muffin liners. Preheat oven to 350 degrees.
Spoon the mixture so that it is only ½ full into the muffin pan and bake for 25 minutes.

Kris Krossman...story continued from cover page

While Kris could have donated monetary relief to the organization he decided to go a step further and traveled to Lesvos, Greece in late February. He has been there all this time, self-funded, and had planned to stay through April. After being there and seeing the need Kris has decided to extend his stay through June or July to provide as much extra needed support as possible. "I could certainly just donate money to a relief organization, but they desperately need volunteers on the ground to help distribute supplies and assist the relief workers. While the people of Lesvos have been amazingly generous in their volunteer efforts, they are shorthanded (and frankly overwhelmed) and need help...As someone not tied to a specific job or schedule, I have the luxury of time to give. I have watched for months as the largest refugee crisis in Europe since WW2 has overwhelmed the Greek Islands beyond the capacity of the local Greek communities to handle. Yet they continue to assist the men, women, and children desperate enough to risk their lives crossing the sea from Turkey. I can no longer sit back and do nothing, so I am going to help, as I feel I am being called to do, and trust the funds necessary to make an impact will be possible."

Kris is the only medically trained EMT volunteer in his zone. He and the Coordination Kleio (CK) Team Lesvos help the people flooding into Greece on the last leg of their journey, which is possibly the most difficult and dangerous. Their travel can often exacerbate any pre-existing conditions they have. Many times people come to shore overloaded in these rafts and dinghies, leading to the smallest people, often children, getting pushed to the bottom of these boats. Kris treats lots of broken bones as well due to these and other conditions that people are traveling in. Another huge issue and concern are the overabundance of poor quality life jackets being sold to people. Counterfeit life jackets are being sold in Turkey, and Kris's team actively travel to these shops, through donations, and gives them real life jackets to sell instead, because most drownings are avoidable if people have the proper lifesaving equipment.

Through all the hardship, Kris has still managed to see the good that can come of such harrowing times. The local community gives more than most, "all the people come together and provide donations...This is a human issue, we're all the same people. Not a lot of people think about it or recognize that, they think we're divided by lines and barriers and social boundaries. Even I've been narrow minded in that sense at times but being here really changes how I see these issues."

Through our conversation Kris reminded me how our



Kris Krossman (pictured second in from the right) with some of his fellow CK Team Lesvos Refugees members and their new ambulance to help aid in medical transports
Contributed photo by the CK Team Lesvos Refugees

preconceived notions about the issues these refugees are facing can be misleading. It's easy to make assumptions about a group of people or the issues they face but Kris is seeing first hand that these issues are human issues that we all can be affected by. "A lot of the people that we meet are minority groups where they come from, they are the people that are persecuted on the regular. Iraq, Pakistan, Syria, and Afghanistan people are traditionally granted asylum regularly but we've been seeing people from all over Africa, the Middle East, and even from the Dominican Republic traveling all this way." It's important not to lose sight of the bigger picture. These are people just like us that need help, and if our roles were reversed we would certainly hope that they would be the ones helping us.

I asked Kris what he and his team are doing to provide self-care, on an emotional level, to process some of the things that they are seeing and dealing with every day. He shared that simply talking with one another and with the people coming in everyday has been of large benefit to everyone. The CK Team Lesvos Refugee that Kris works with often coordinates with other teams such as Sea Watch, another volunteer organization that they conduct sea rescues with. The comradery with fellow volunteers and the refugees as well helps to keep the team grounded. "Communication has been a huge part of our interaction with not only the refugees but with each other. My team and I have become best friends. We all have absolutely become emotional at some time. So we communicate about it and try not to repress it. We have meetings where we debrief every other day...talking about my experience helps me get things off my chest, which is why I wanted to reach out to you and the Tribe."

Currently Kris is self-funded, which means he is paying out of his own pocket to be in Greece to volunteer his time in aiding these efforts. He has recently been offered a position with a group called Borderline Europe who will provide him with shelter, and he is looking for opportunities to work with Doctors without Borders should the chance arise. If you would like to donate to help fund Kris's volunteer expenses for basic accommodations on the island, food, and local bus transport, you can donate to his Go Fund Me account by visiting <https://www.gofundme.com/Refugee-Aid-Volunt>. At the end of his time volunteering, any and all remaining funds will be donated directly to the relief organizations on the ground in Lesvos, Greece.

If you want to follow Kris's team and read current stories on their experience you can follow them on Facebook by searching for the Non-Profit Organization, CK Team Lesvos Refugees.

How Can We Help?

Support Kris by contributing to his Go Fund Me account by visiting <https://www.gofundme.com/Refugee-Aid-Volunt>

Support the CK Team Lesvos Refugees by contributing to their GoFundMe account by visiting <https://www.gofundme.com/lesvosrefugeehelp>

Follow the CK Team Lesvos Refugees by liking their page on Facebook or visiting <http://www.refugeeslesvos.com/>

Two is Too Late: Have Your Child See the Dentist or Dental Hygienist Sooner

Contributed by Shannon M. Schritter, BS, RDH

As much as we, the dental profession, try to eradicate decay, it's still present in our community. A combination of a high carbohydrate diet, sugary drinks including juice, acidic sodas (most of them), street drug use, prescription drugs and taking multiple prescription drugs (most cause dry mouth), health disorders, and lack of home care all contribute to the fact that cavities will always be with us. Despite the daily challenges, there are some things you can do to help prevent getting a cavity, and you can start by helping your own children get to the dentist when he or she has their first tooth.

As a parent, you anxiously await the day your little one gets his or her first tooth. But why do so many people do nothing about it once the tooth comes in? Even before the tooth appears you should be wiping your child's gums off with a wash cloth after every feeding, and once that first tooth appears it needs to be brushed twice a day. Your child's first dental visit needs to occur sometime between six months of age and one year old. The first six months of tooth eruption are critical. Even though we all know a child this small will not open and close on command, this first appointment is critical in order for the parent to learn and understand how to best take care of the erupting teeth, what to expect as far as erupting patterns, what to look for in case you think there is decay starting, best practices as far as pacifiers, sippy cups, and snacks, putting the child to sleep, and any other questions you might have. We are usually able to place fluoride varnish as well at this first appointment, which helps prevent decay (very important since little ones are typically not too cooperative with having their teeth brushed, and let's be honest, how many of us really brush our kids' teeth twice a day?) If you wait until your child is two years old for their first visit, he or she already has all 20 baby teeth present, and we frequently see damage (cavities) due to improper bottle or sippy cup use or other causes because the primary caregiver did not

know how to best keep this from happening. Too often I hear "I didn't know that" when a quick 20-minute appointment when the child was 6 months old could have prevented decay from happening.

Another important reason for having your child visit the dentist or dental hygienist at such a young age is to get them comfortable with the dental team and all the strange sounds and tools we use to keep teeth healthy. The more "happy visits" they have with us at a young age, the more apt they are to grow up with strong teeth, good habits, and a positive attitude about dental care. The days are long gone that visits to the dentist were "scary." We no longer use wheels and pulleys to operate our equipment. We don't recommend a shot of whiskey before an extraction. You are never tied to the chair, and you don't only have to come in when something hurts. Preventative dentistry has changed all of this. Regular (six month) visits, along with good home care habits and fluoride for prevention, can mean that your child will never have a cavity. I know I want that for my child, and you can make that happen for yours. Schedule your kids (and yourself) today for a routine checkup at the CTCLUSI Dental Clinic. We love to see you smile! (541) 888-6433

"The first six months of tooth eruption are critical. Even though we all know a child this small will not open and close on command, this first appointment is critical in order for the parent to learn and understand how to best take care of the erupting teeth, what to expect as far as erupting patterns, what to look for in case you think there is decay starting, best practices as far as pacifiers, sippy cups, and snacks, putting the child to sleep, and any other questions you might have."

*Call the clinic today to make your dental appointment!
541-888-6433*



For Sale: Electric Toothbrushes!

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ONLY \$20.00

Oral-B Vitality Electric Toothbrushes! Refill heads also available!

Call - (541) 888-1301

Remove more plaque and decrease inflammation with an electric toothbrush!! This brush features 7600 oscillations per minute, a 2-minute timer, 2 brush heads, 1 charging station, and 1 rechargeable battery!

Order yours today!! Must pre-pay when ordered.

(Shipping available for an extra fee)



Dental Clinic Hours

Clinic Hours:
Open 8:00 a.m.
Close 5:00 p.m.

The clinic will be closed on Fridays during Odd Months (January, March, May, July, September, November)

The clinic will be closed on Mondays during Even Months (February, April, June, August, October, December)

Call the Dental Clinic today to schedule your appointment
(541) 888-6433

Purchased/Referred Care (PRC) Services Updates

Contributed by Vicki Faciane, Health & Human Services Director

Annual renewal applications for PRC services were due in December 2015 for Calendar Year 2016. As of this date we still haven't received applications from some Tribal members. We'll be sending letters in April to those from whom we haven't received a renewal application. If you get a letter please respond promptly to ensure you can continue to get Purchase Orders from PRC. If you don't respond by the date requested, your PRC benefits will be suspended and you'll only be eligible for direct services at an IHS or Tribal 638 clinic or hospital.

On January 31, 2016, the Grand Ronde closed their mail-order pharmacy. If you haven't transferred your prescriptions to a local pharmacy yet, you must do so immediately. If you have any issues with your pharmacy benefits, please call PRC at (541) 888-4873. Please remember the following:

- PRC can't reimburse Tribal members for out-of-pocket expenses; if a pharmacy is asking for a co-pay call PRC.
- You must use alternate resources first before using PRC, including but not limited to private insurance, Oregon Health Plan, Children's Health Insurance Plan, Medicare and Veteran's benefits.
- PRC doesn't pay for OTC (over the counter) medications or vitamins. You can obtain certain OTCs (such as cold medicines, multi-vitamins, and fever suppression medicines) at any of our three office locations in Coos Bay, Florence, or Springfield. OTC medications are only available for PRC-eligible Tribal members.

We're looking for a replacement program for the Grand Ronde mail-order pharmacy but the process will take several months to complete and implement. I will provide updates on this in future newsletters.

Other Updates:

If you are receiving bills from your medical provider please call PRC to check that the provider has sent the bill to us. Some Tribal members have been receiving bills from providers who have not been billing us. If we do not get the bill and the Explanation of

Benefits, we cannot pay the provider. Once it goes to collections, PRC cannot pay the bill and you will be responsible for it.

If you're a Tribal member living in the five counties and are on Medicare, you're eligible for reimbursement for your Medicare Part B and Part D premiums. You must provide PRC with a copy of your Medicare card(s) and a copy of your Part B and/or Part D Benefits Statement. To continue to receive reimbursement you must send PRC your Benefits Statement each year. Also remember, if you will be turning 65 in 2016 you need to apply for Medicare 90 days before your birthday. If you need help with Medicare call the staff in PRC.

Finally, if you're eligible for OHP, Medicare, or other alternate resources, you're required to use that resource before you can use PRC. This is an IHS regulation and CTCLUSI PRC is required to enforce this. If your income falls within the guidelines for the alternate resource, you must submit an application and provide either the acceptance or denial letter to PRC.

If you're accepted for the Oregon Health Plan (OHP), you're required to use OHP providers unless you use an IHS or Tribal clinic. This includes dental care and urgent care centers. As an American Indian, you can be on an open card or you can join a coordinated care organization (CCO) for your care. There are pros and cons to each option. Even if you choose to join a CCO, though, you can still receive services at an IHS/Tribal clinic (such as the Coquille Health Center and the CTCLUSI Dental Clinic), usually at no cost to you. If you're on OHP, when you call PRC for a Purchase Order (PO) the staff will ask if the provider is an OHP provider. If not, you'll be directed to select an OHP provider. PRC won't issue POs for non-OHP providers unless there isn't an OHP provider within 50 miles of your location.

Once you become eligible for OHP, you must continue to maintain it unless you become ineligible. If you refuse to apply for OHP when eligible, or if you allow your OHP to expire because you do not reapply when required, you will not be eligible for PRC benefits.

If you have any questions about your PRC benefits please call the PRC staff at (541) 888-4873. In addition to issuing POs and answering your questions, the PRC staff are trained to assist you with applications for OHP and Medicare and with navigation on the Marketplace to purchase insurance from the healthcare exchange.

Tribe Welcomes New Domestic Violence Program Coordinator/Caseworker

Contributed by Vicki Faciane, Health and Human Services Director

The Health and Human Services Department has hired a new Domestic Violence Program Coordinator/Caseworker. Rebecca Ambrose came to us in mid-March from Curry Community Health in Gold Beach, OR, where she was working as an Addictions Prevention Coordinator and Qualified Mental Health Associate (QMHA). Rebecca has over ten years' experience working in Human Services, Family Advocacy and Domestic Violence programs in western and southwestern Oregon. She is a Western Oregon University graduate with a Bachelor of Arts degree in Community Crime Prevention and minor degree in Legal Studies. Tribal members are welcome to contact Rebecca by calling her office phone at (541) 888-1309 or cell phone at (541) 252-0511. Rebecca can also be reached by email at rambrose@ctclusi.org.



Rebecca Ambrose
Domestic Violence Program Coordinator/
Caseworker

Did You Know?

Free Eye Exams in North Bend / Coos Bay

If you are an established patient at the Coquille Indian Tribe Community Health Center you are eligible to get a free eye exam at Cheslock Optical. On the third Tuesday of every month Cheslock Optical has Native Eye Day. Patients of the Coquille clinic get a free eye exam; if you're uninsured you also receive 20% off the cost of equipment. You must be an established patient of the clinic. You can call (541) 888-9494 for more information or to schedule your eye exam.

The Healing of the Canoe Program

Contributed by Anne Niblett, Healing of the Canoe Program Assistant

Culture is who we are, it's the way our heart shows up in the world; how we live, whom we talk to, the language we speak, the clothes we wear, how we go about our daily lives. Our culture says a lot about us as human beings.

So what is Tribal culture? What does it mean to be a CTCLUSI Tribal member and live in this modern world, yet still hold to the values and traditions of our ancestors that made them such a dynamic, intelligent people?

Recently CTCLUSI received a generous grant to incorporate a new program into the Tribe that will help answer some of these cultural questions, especially for our Tribal youth.

Long before the first European immigrants arrived, the CTCLUSI people had a rich culture and kinship with each other and the land that allowed them to grow and prosper for thousands of years. Despite the genocide and loss that occurred later, the CTCLUSI survived and their heritage was passed on to their children. The years of loss took their toll though, and served to weaken Tribal identity. Even still, some Tribal members feel out of touch with their Indian ancestry. This is a common problem in Indian country today that has affected many Tribes.

Several years ago, the University of Washington Alcohol and Drug Abuse Institute teamed up with the Suquamish and Port Gamble S'Klallam Tribes in Washington to develop a program to help Tribal youth. They believed that if Indian children knew their Tribal identity and were strong in the knowledge of their cultural practices, it would serve to keep them from engaging in harmful activities and help them stand strong against addictions to drugs and alcohol.

The result of this joint venture, was a curriculum using the metaphor of the Canoe Journey – an annual event that numerous Tribes in the Pacific Northwest participate in to celebrate Indian culture and bless our waterways – to teach Tribal youth about the journey of life and how to effectively navigate its obstacles. The curriculum was called, The Healing of the Canoe Program.

Thanks to the diligent efforts of several key staff members, a CTAS grant was acquired that will allow the CTCLUSI the opportunity to utilize this curriculum and start a Healing of the Canoe (HOC) Program here in our community. The HOC Program will not only seek to strengthen existing Tribal programs, but emphasize reaching out to the community at large and partnering with public agencies for the benefit of all our children.

Anne Niblett, of Sioux and Miluk Coos descent, and a Coquille Tribal member, was recently hired to begin serving our tribal youth and the CTCLUSI family. Anne was born in Coos Bay and moved back to the area 3 and ½ years ago with her five children. She attended SWOCC and received her AA degree with an emphasis in Cultural Anthropology. She has a passion for service, Tribal culture, and helping facilitate healing in

people's lives. She feels honored to be partnered with her Tribal cousins and the Healing of the Canoe Program.

Look for upcoming programs with the Healing of the Canoe curriculum in the near future and please join us in lending your support where you can!

Save the Dates!

All tribal youth and parents, the Healing of the Canoe (HOC) Program is having its inaugural kickoff event for the year. This is for all Tribal youth age 14 -24. Three, 3 –day workshops are planned with a canoe trip to follow. More details upcoming!

June 3 – 5 weekend workshop

June 17 – 19 weekend workshop

July 8 -10 weekend workshop

End of July – canoe trip and honoring ceremony

This will be a joint venture with the Coquille Tribal youth. Mark your calendars and expect more information coming in the mail soon!

For more information please contact
Anne Niblett at (541) 888-7514



Anne Niblett and her five children Noah, Charis, Canyon, Josiah, and Enoch Niblett

Botanical Walk in South Slough

Contributed by Mark Petrie, Cultural Assistant

Please join the Tribes and Anders Hansen on a botanical walk at the South Slough National Estuarine Research Reserve on May 21st. The walk is part of South Slough's education outreach program, a program that helps fund school field trips into the research reserve. The botanical walk is offered to the public at a small fee of \$15 and will be centered on the uses of plants for both food and medicine. We will be meeting at the South Slough Interpretive Center (IC) at 9:00 am to begin hiking. The hike will last 3-4 hours. After the hike we will meet up back at the IC for a sampling of nature's bounty.

Call Mark Petrie for more information (541)297-3681

South Slough NERR
61907 Seven Devils Road
P.O. Box 5417 Charleston, OR 97420

Summer Solstice

Save the Date

June 20th – Tribal Hall, Plankhouse & Community Center in Coos Bay

Call Mark Petrie at (541)297-3681 or
Jesse Beers at (541)297-0748
if you have any questions.

Spring Break Camp 2016

Contributed by Doug Barrett, Prevention Coordinator/Family Services/Health & Human Services Division

The week of March 21-25 we had our annual Spring Break Camp. This year we took our youth to the Oregon 4-H Conference and Education Center west of Salem. It is nestled in a beautiful Sequoia grove on top of a hill. The camp features several cabins, a large dining and activities hall, a gym facility, a campfire arena and a large recreational field.

Day One: We arrived in mid-afternoon on Monday and we did a short orientation of the facility. A staff from the Thrive program did a pre-test of our youth's knowledge of Healing of the Canoe Curriculum (HOC). Then campers, counselors and adults went to their cabins to put their gear away. After a great dinner provided by the 4-H staff, we went to the gym to make Clacker sticks. After everyone had made one, we did free time with shinny, beading, basketball and whatever they wanted to do. Some cabins worked on skits as well. We cleaned up and headed back to the cabins for talking circles.

Day Two: We started every morning by drumming and singing everyone to the dining hall for breakfast. After cleaning up, we went to the John Grey Building, (the gym) for more HOC. This was an awesome curriculum taught by Jesse Beers. Everyone was participating and enjoying the stories. Next was free time with all the activities again. We did make necklaces and earrings for the Canoe Journey. We had a great lunch back down at Clark Hall, the mess hall and meeting room. After cleaning up we went back up to the gym for an awesome presentation from Amanda Craig and Ashley Russell from DNR, (Department of Natural Resources). Then DNR took the kids on a nature hike, gathering samples to put into a press for each camper and counselor to take home. Then back to some more of the HOC program. Next was free time with more skit practice and necklace making. Back down the hill to set up for dinner. Each day one cabin would set up for meal times and another would clean up after. We had a great dinner and cleaned up again. We went back up to the gym for skits and activity stations. It was great to sit and watch everyone performing their well thought out skits. Then we did activity stations with some cabins practicing skits, songs and drumming. All the cabins went back down to the cabins for showers, talking circles and lights out.

Day Three: After a hearty breakfast Wednesday morning, we went to McMinnville to the Evergreen Aviation and Space Museum. We saw an awesome collection of history, airplanes, and space vehicles. This facility is the home of the famous Spruce Goose. This plane is constructed of wood – 1% is spruce and the remainder is birch. We spent the morning exploring the Air Museum and Space Museum in two different buildings. We ate lunch at the Air Museum. The afternoon was spent having fun and getting wet at the Wings and Waves Water Park. This park is on the same grounds as the Aviation



Tribal youth pose for a quick group picture outside of the Evergreen Aviation and Space Museum during Spring Break Camp 2016.

and Space Museums. It features several large slides, a wave pool, and many other activities. The four largest slides start from inside a 747 mounted on the roof of the building. Each slide is unique with a different twist and lots of fun. Everyone had a great time. After another awesome dinner back at camp, we all gathered in the John Grey Gym for more HOC curriculum followed by basketball, beading, and having fun. We also played a few rounds of Sweep the Plank House. Again, all the cabins went back down to the cabins for showers, talking circles and lights out.

Day Four: We started this morning again by drumming and singing everyone to the dining hall for breakfast. After cleaning up, we went to the John Grey Building, (the gym) for more HOC. Another great day of HOC training and participation by everyone. Next was our Culture activity stations. We made more necklaces and earrings for the Canoe Journey. We had a great lunch back down at Clark Hall, the mess hall and meeting room. After cleaning up we went to our Native Olympic stations for bow and arrows, atlatl and shinny. Then back to some more of the HOC program. Next was free time with more skit practice and necklaces made. Back down the hill to set up for dinner. After another great dinner we went back up to the gym for skits. After the amazing skits were done, one of our councilors suggested we all do an impromptu talent show. It was really amazing to watch each one get up and sing, dance and show us their talents.



Drug and Alcohol Prevention Coordinator Doug Barrett talks to Tribal youth at Spring Break Camp about Healthy Living

Then we did activity stations and practiced songs and drumming. All the cabins went back down to the cabins for showers, talking circles and lights out.

Day Five: The final day was a chance to sleep in a little bit. After a late breakfast we loaded the vehicles for the drive home. Megan from Thrive came back to issue the post test for the HOC Curriculum. Before getting on the road we had a couple more rounds of Sweep the Plank House. These five days of camp were filled with education, culture and loads of fun activities.

We have many thanks for all of the people who made this camp possible, but especially we want to thank the 4-H Center's staff for the use of their awesome facilities and for all of the great food they provided. We also want to thank our staff and counselors who kept our youth safe and helped them have a good time. Finally, thanks to all of the Tribal youth who participated in camp. Everyone had a great time!

This Month...be on the Lookout for Camas

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Camas, is in the family Liliaceae, the lily family. At the onset of spring, grass like leaves emerge from a deep rooted bulb followed by wide star-shaped flowers, ranging from pale purple to deep blue or white, seated on a stout stem up to 2 feet tall, depending on the species. Also part of the lily family and found in our ancestral territory are chocolate lily, harvest brodiaea, tiger lily, western lily (endangered), and fawn lily.

Food: The showy purple-to-blue flower is not only a site to behold, but the brilliant perennial also produces a delicious, edible bulb that has been compared to a mash up of a potato and baked pear. Camas bulbs were one of the most important traditional plant foods of our peoples and were cared for by selectively harvesting and burning off competing vegetation. Occasional transplants and other techniques were also employed to ensure their prosperous return.

Upon gathering, camas were cooked in earth ovens for a full day. Bulbs that were not promptly eaten were peeled and pressed into 'cakes' for storage in grass-lined baskets through winter. It is said that these camas cakes were somewhat reminiscent of cheese, as far as the consistency goes.

Fall is the best time to harvest camas as they are the most flavorful. Unfortunately, death camas, which is deadly (hence the name), often grows alongside camas and the bulbs of either are very difficult to differentiate. For this reason, bulbs were often gathered in late spring to early summer, right after the blooms died back.

Other: Raw camas bulbs were also rubbed on baskets to make them water tight.

Reference:
Ethnobotany of
the Coos, Lower
Umpqua &
Siuslaw; Plants
used for food,
medicine, clothing
and tools. Patricia
Whereat Phillips

Hanis: qe'me
Miluk: qem
Siuslaw &
Lower Umpqua: auchiisii

Scientific name:
Camassia Spp.



Camas photo from
the CTCLUSI 2016
Calendar

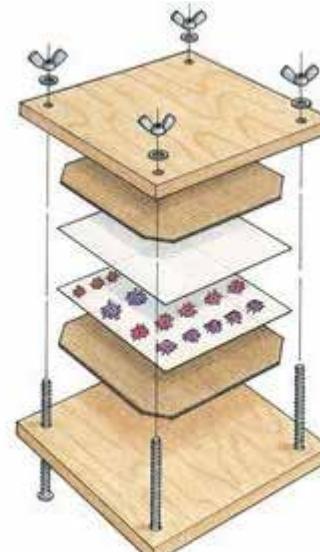
Photograph taken
by Lower Umpqua
Tribal member
Morgan Gaines

Natural Resources Does Plant Identification at Camp

Contributed by Amanda Craig, Air & Water Protection Specialist

This year the Tribes' Spring Break camp was held at the 4-H camp just outside of Salem, OR. The Department of Natural Resources (DNR) traveled up to the camp for one day to host a Botany activity with the campers. The youth were shown a presentation about Non-point source pollution and its effects on the native plant species of our Ancestral areas. The presence of invasive plant species in our area, which compete with native species for resources, was also discussed. After the presentation and a small question-and-answer session, the campers were taken on a guided nature-walk. The youth were armed with scavenger hunt worksheets for identification of the flora throughout the 4-H camp trails. Salmon berry, wild violets, licorice fern, sword fern, red cedar and Indian plum were abundant throughout the camp's trails. The campers enthusiastically picked some of their favorite leaves and flowers to be pressed in small homemade flower presses. The presses were made of plywood, recycled newspapers and cardboard for the activity by DNR with the help of the Maintenance Department. The campers pressed all of their newly identified leaves and flowers, and then personalized their flower presses with decorations to take home. It was amazing to see how many plants they were able to easily identify, some of which even the common person may not have known. Great work campers!

At right is a diagram of how to make a flower/plant press.



Supplies needed to make:

- 2 6x6 pieces of plywood
- (*Whatever size you'd like, just make sure they are both the same dimensions*)
- Several pieces of card board cut to the same dimensions as the wood
- Several pieces of newspaper cut to the same dimensions as the wood
- 4 long screws
- 4 wingnuts
- 4 washers
- Drill a hole in each corner of the pieces of plywood, large enough for the screws to fit through.
- Assembly like diagram.

How to use a flower Press:

- Select the flower, leaf, petal, etc., that you would like to press
- Remove excess moisture from the plants with a paper towel
- Place plants in between two pieces of newspaper, in-between two pieces of cardboard
- Repeat for as many sets as you can in your press
- Close press and tighten wingnuts
- Leave undisturbed for 5-10 days, the larger or thicker the plant the more time needed
- Remove from press when flattened and dry

SIUSLAW & LOWER UMPQUA

Flower: **chaxaa**
Grass: **tsahauya**
Leaf: **tl'tip**

HANIS COOS

Fern: **hlk'wotimhl**
Flower: **pkiisawas**
Leaf, grass: **hlinik'**

Warmer Winter Temperatures Impact Salal Viability

Contributed by John Schaefer, Water Protection Specialist and Biologist

You may have recently noticed large patches of salal (*Gaultheria shallon*) with bleached white or silvery leaves. This is especially noticeable along Highway 101 between Reedsport and Florence, but the problem is widespread. This damage is alarming as salal berries are an important First Food for our people. Large amounts of berries were mashed, often with crabapples, and then dried and pressed into cakes for winter use.

The bleaching damage isn't from roadside herbicide spraying, a coating of road dust or an exotic fungus. The culprits are tiny insects called greenhouse thrips (*Heliothrips haemorrhoidalis*). As the common name suggests, it is predominately associated with greenhouses in temperate climates. Originally from South America, it has been a greenhouse pest in Europe and the United States for over 100 years. In Southern California it is a significant outdoor pest of avocados and ornamental shrubs and trees.

Greenhouse thrips attack the undersides of salal leaves and



Pictured above is a thrips shown to scale on the head of a penny

Photographs courtesy of John Schaefer



Pictured above is an example of the damage that the thrips are doing to the salal. The salal appear to have bleached white or silvery leaves once the thrips attack the undersides of the leaves

reproduce quickly during warm weather. As feeding progresses and the population increases, the upper surface of the leaves becomes ghostly pale. At the same time, the undersides of the leaves become covered with small excreted droplets of a reddish fluid that turns black over time. The damaged leaves tend to remain attached to the plant through the winter and drop off as they are replaced by new growth in the spring.

Since this pest is originally from a warm climate, it isn't considered cold hardy and should die off during winter freezes. Unfortunately, our recent mild winters and early spring weather do not appear to be harsh enough to prevent overwintering survival. DNR staff collected a sample of salal leaves at Sunset Bay on April 12th with at least 2 adult greenhouse thrips present. The affected plants are not dead and new spring leaves are emerging. It is unknown if the salal plants will continue to survive successive years of thrips damage. Greenhouse thrips are also known to damage rhododendrons, azaleas and ferns and may spread to those and other plants in the future.

Natural Resources Awarded Grant to Support Lamprey

Contributed by Margaret Corvi, Natural Resources Director

Lamprey are a culturally important species to the Tribe. We have heard from our Elders that the lamprey eels have been struggling; their presence in our waters is not what it used to be.

Taking to heart what our Elders have said, our Tribe, along with other Tribes, federal and state agencies, signed the 2012 Pacific Lamprey Conservation Agreement to support this important species. As a government we have been advocating for lamprey. The Natural Resources department hosted an identification workshop for Tribes, federal and state agencies, learning about the species and their life history. We have scouted for lamprey in nearby rivers to better understand what is happening in our local systems. We voice the importance of this species to our government counterparts at meetings and conferences. We now have a chance to give something back.

The Tribe recently received a grant from the United States Fish and Wildlife Service (USFWS) through the Tribal Wildlife Grant (TWG) to support lamprey. Country-wide TWG awards support over two dozen fish and wildlife conservation projects and promote wildlife and habitat,

including Tribally culturally significant species. The mission of our project, the Tenmile Lakes Basin Lamprey Conversation Project, is to "return of vibrancy of lamprey populations in the Tenmile Lakes Basin on the Southern Oregon Coast." The Project isn't large, but it is a first step to caring for the lamprey. The one year project sets forth to:

- Develop a 30-year Lamprey Conservation Plan for the Tenmile Lakes Basin in collaboration with our partners, Oregon Department of Fish and Wildlife and Tenmile Lakes Basin Partnership
- Complete a demonstration project on Eel Creek in the basin
- Conduct an in-stream survey and document lamprey spawning habitat conditions and passage impediments
- Mitigate in-stream lamprey passage impediments
- Design, fabricate, and install a Lamprey Passage Structure at the Eel Creek Dam to allow for lamprey access to Eel Lake
- Develop and test monitoring/reporting

protocols to provide baseline data on which future initiatives can be evaluated

This grant represents what we hope is the beginning of us giving back and taking care of lamprey. Lamprey support the health of our rivers and all that depend on the rivers. These eels supported our ancestors for generations and we hope they will someday, once again, support our future generations.

"Lamprey are a culturally important species to the Tribe. We have heard from our Elders that the lamprey eels have been struggling... This grant represents what we hope is the beginning of us giving back and taking care of lamprey."

Wisdom of the Elders Film Crew Visits Tribe

Contributed by Morgan Gaines, Communications Specialist

A Film crew from the Wisdom of the Elders (WOE) visited the Confederated Tribes on April 11th, 12th, & 13th to film interviews with Tribal Elders and some Tribal activities to include in an upcoming documentary about climate change, in particular climate change in relation to Tribal peoples and communities. Information about how to be a part of the WOE filming was published in the April 2016 edition of The Voice of CLUSI, and lead to a handful of Elders and Tribal community members sharing their experience with climate change and its effects on the environment in relation to traditional gathering and practices.

The Wisdom of the Elders, Inc. "was founded in 1993 by the late Martin High Bear, Lakota medicine man and spiritual leader, and Rose High Bear, Deg Hitan Dine, (Alaskan Athabascan)...[WOE] records and preserves traditional cultural values, oral history, prophecy and other messages of guidance from indigenous elders in order to regenerate the greatness of culture among today's and future generations of native peoples."

The WOE crew worked in large part with the Department of Natural Resources. Hanis Coos Tribal member and Air and Water Protection Specialist, Amanda Craig coordinated with director Rose High Bear and the WOE film crew on this project and will continue to work with them to receive the footage they gathered with the Tribe for our own uses.

On Monday, April 11th Tribal members gathered at Tribal Hall and worked on a number of traditional practices for the group to film. Among them were Mark Petrie making a lamprey eel gaff, Ashley Russell working on her beaded collars and cattail basket, Morgan Gaines working on a cedar basket weaving, Amanda Craig weaving spruce root, and Doug Barrett making ocean

spray needles for weaving tule mats. The film crew focused on the hands of the Tribal artisans as they worked and filmed the raw materials and some finished pieces.

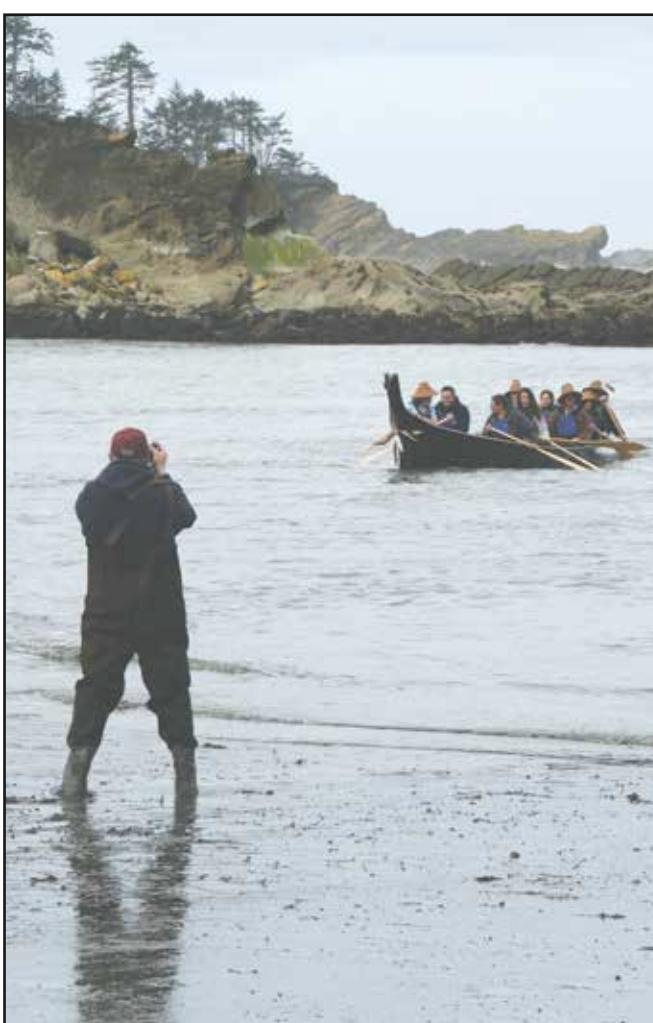
Tuesday, April 12th, the crew was excited to film a canoe pull in the beautiful setting of Sunset Bay. Pullers gathered around 9:30 a.m. at Sunset Bay where they put in the cedar strip canoe Tyee E. Bowen. Among the pullers were Tribal members Amanda Craig, Ashley Russell, John Schaefer, and Mark Petrie from the Natural Resources and Culture Department; Doug Barrett and Andrew Brainard from the Health and Human Services Department, Anne Niblett from the Tribal Planning Department, and Tribal Council member Doc Slyter. Before the pull a bald eagle circled overhead which made the beautiful setting all the more special. After a blessing and smudge the pullers took the canoe into the bay, paddling over the waves rolling in, and also singing some of our Tribes songs.

To finish the day some of the pullers also went and gathered Labrador Tea. This traditional, delicious, and vitamin C filled tea will be available during the upcoming Natural Resources and Culture Department Open House on April 23rd for all to try.

Wednesday, April 13th, one of the WOE crew went along with the Department of Natural Resources on a water quality

sonde (data logger) swap in Coos Bay, capturing the hands on work that the Tribes do monitoring the water quality in the bay.

Check the Tribal website www.ctclusi.org and future editions of The Voice of CLUSI for possible updates on the WOE documentary.



WOE Crew member films Tribal members pulling canoe Tyee E. Bowen in Sunset Bay April 12, 2016



Above: John Schaefer at Sunset Bay after pulling the canoe in Sunset Bay



Above: Courtney Krossman gathers Labrador Tea



Above right: Pullers paddle Tyee E. Bowen at Sunset Bay



At Right: Andrew Brainard, Doc Slyter, Rose High Bear, and Anne Niblett enjoy the day at the beach filming the canoe pull for the Wisdom of the Elders documentary

Elders Corner

Elders Luncheon

THURSDAY, MAY 5th, 2016

at 11:30 a.m.

MEMOS MEXICAN RESTAURANT

737 Main Street, Springfield OR 97477



R.S.V.P. by May 2nd, 2016

Please contact Andrew Brainard,
Elders Coordinator/ CHR, at (541) 888-7533
LIMITED TRANSPORTATION IS PROVIDED.



Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Elders Activity Program

Elders Luncheon

THURSDAY, June 2, 2016

at 11:30 a.m.

Three Rivers Casino & Resort

5647 OR- 126 Florence, OR 97439



R.S.V.P. by May 31st , 2016

Please contact Andrew Brainard,
Elders Coordinator/ CHR, at (541) 888-7533
LIMITED TRANSPORTATION IS PROVIDED.



Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Elders Activity Program

Welcome New Tribal Elders

Barry Mitchell & Carla Dunlap

Save the Date

*Stern Wheeler/ Hood River Train Trip
August 26th - 28th*

LADIES TEA PARTY

Saturday, May 7, 2016 at Tribal Hall

11:00 a.m. - 3:00 p.m.

Light refreshments will be served

Please RSVP to
Arleen Perkins at 541-888-5266

All ladies are invited

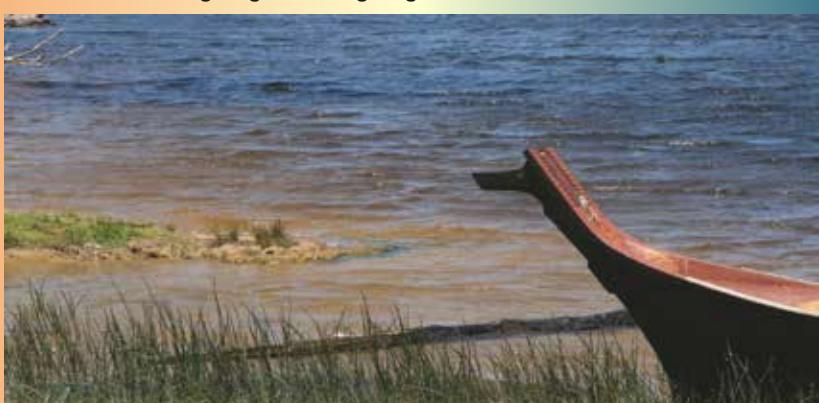
Event sponsored by Elders Committee



PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.



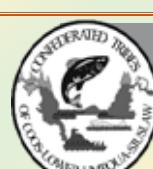
For more information about Peacegiving or Peacegiving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420

PHONE: (541) 888-1306 or (541) 888-1316

EMAIL: Peacegivingcourt@ctclusi.org

Website: <http://ctclusi.org/peacegiving>



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Three Rivers Casino Resort ~ Florence

Bartender ~ Beverage Server
Barista ~ Food Server Buffet ~ Busperson ~ Host
Lead Cook ~ Line Cook ~ Prep Cook
Dish Machine Operator
Environmental Services Technician
Guest Room Attendant
Security Officer I
Special Events Team Member
Soft Count Team Member Dual Rate Lead
Table Games Dealer 1-8
Summer Employee (Florence or Coos Bay)

Blue Earth

No openings at this time

Tribal Government Offices

Special Events Employee
Planning Assistant/Grant Coordinator
Dental Health Aid Therapist
Culture Camp Counselor
Culture Camp Counselor in Training
Summer School Teacher
Student Intern



<http://ctclusi-int.atsondemand.com/>
Go to **Job Opportunities** on the website for full job posting and to Apply Online
Updated Daily
Or call Recruitment at 541-902-6504

Re-Teaching 4th Grade about Tribal Culture from the Tribal Perspective

Contributed by Mark Petrie, Cultural Assistant

For the last 5 years I have had the great pleasure of teaching about our coastal ancestor's tool technology to 4th grade students from all over the State of Oregon. Each year, the Coos History Museum's Education Coordinator plans the 4th grade program with collaboration from Coos Bay and North Bend Indian Education coordinators, Coquille Indian Tribe staff, and CTCLUSI Cultural staff.

Through all of the planning and scheduling with as many Oregon schools as can participate, we ended up having nearly 1,500 students come through the program this year. The program starts in the classroom at the schools, where they learn about: names of the 9 federally recognized Tribes in Oregon, Tribal Logos, common stereotypes of Native Americans, inward reflection of differences about themselves and others, vocabulary related to their upcoming fieldtrip to the Coquille Community Plank House. Before or after the fieldtrip to the Plank House, most classes make a visit to the Coos History Museum in Coos Bay. At the new museum they see artifacts related to the program's content, learn of contributions made by the local Tribes, as well as meeting living history characters like Annie Miner Peterson and Coquelle Thompson.

At the Coquille Community Plank House, we ready ourselves for the buses to arrive full of little people along with their teachers, parents and chaperones. The plank house portion of the program typically has 5 presenters, 2 of which are Jesse Beers and Mark Petrie from CTCLUSI and the rest being Coquille Tribal staff and Tribal members.

The program begins outside around a welcome fire where the groups are greeted and taught about the Potlatch tradition:

"Fortunately, things are getting better. Our children have the opportunity to learn about their heritage and culture today...and they will be proud to call themselves Tribal people!"

welcome and greetings, exchanging gifts, and food. The gifts being exchanged for this program will be knowledge and teachings from the presenters in turn for respect and attention from the students and guests. The groups are then led through the circular door of the plank house to sit inside on the benches as they learn about the house. Traditional Tools is the next presentation followed by Coastal Basketry, Canoe Culture, First Foods, and ending with a story of the Five Grizzly Bears. By this time, the plank house is filled with the smell of deliciously baked salmon for all the students and guests, ending the Potlatch protocol. The 2-hour plank house program is one of the more impactful and impressionable fieldtrips the 4th grade students will likely experience.

I have to mention an observation I had during one of the plank house presentations. A local school class of about 30 had a Coquille Tribal member in it, and this young girl knew a lot about her culture and traditions. I had heard her whisper little things to her friends about different events and ceremonies held at the plank house, and you could just tell how proud and confident she was. Her friends listened intently, visibly jealous of their friend, whom had such an awesome place that was part of her Tribe. I couldn't help but grin. This young girl was so proud of her Tribal heritage, and is not afraid to tell people or talk about it. In the past, and even today, Tribal members, ours included, are not proud to say they're part of a Tribe. In the recent past, some were beaten, harassed and treated adversely just for being a Tribal person. Fortunately, things are getting better. Our children have the opportunity to learn about their heritage and culture today, like this young Coquille girl, and they will be proud to call themselves Tribal people!



Please join us for dinner, fun and friendship
with Tribal families

Tribal Family Gathering Dinner

Tuesday, May 17, 2016

at

The Three Rivers Casino and Hotel

Buffet Meeting Room

5647 Highway 126 Florence, Oregon

Doors Open 5:30 pm Dinner 6:00 pm

Dinner to be Catered by Three Rivers Casino and Hotel

Please R.S.V.P Doug Morrison or Dee Dee Plaep @ (541) 997-6685

No transportation available

Sponsored by: Health & Human Services Division

IHS Diabetes Grant

Cedar Bark Gathering

Saturday, May 14, 2016

We will leave the Florence Office, 3757 Hwy 101
at the old Windward Inn, at 10:00 am.
We plan to return around 4:00 pm.
Lunch and drinks will be provided.

This is an enjoyable event for Tribal Members

R.S.V.P. to Mark Petrie

541-888-9577

or Doug:

541-888-7512 or 541-297-2130

no later than

Tuesday, May 10th, 2016



Co-Sponsored by:
Confederated Tribes of Coos, Lower
Umpqua & Siuslaw Indians
Health & Human Services Division
Prevention Activity Program
and Heritage Resource Stewardship.



We are Gathering to
process cedar bark.

These pictures
are of Folded Bark
Containers handmade by
David Brainard.

No transportation provided
to the Florence office.

We will provide transportation from
Florence to the gathering site, due to lack
of parking space on the mountain.

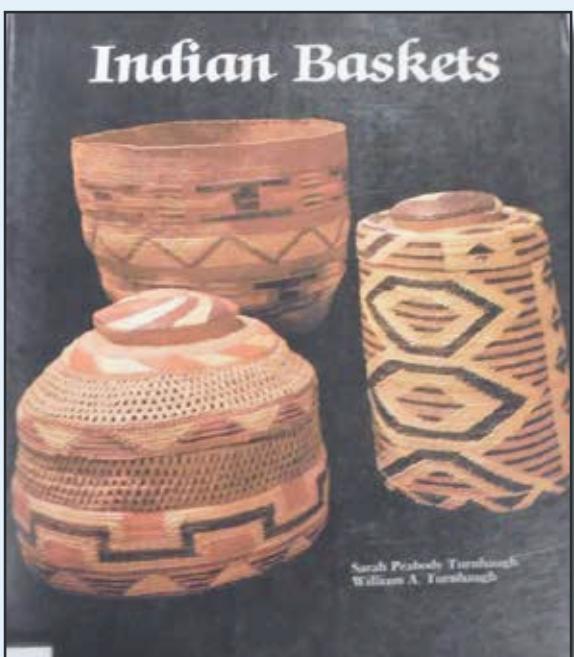


EDUCATION CORNER

Now is the time to think about gathering materials to make your baskets. Everyone is welcome to join the annual cedar bark gathering on May 14th. Collect your own materials for use in making a basket

The May "BOOK OF THE MONTH" is:

Indian Baskets



By: Sarah Peabody Turnbaugh
William A. Turnbaugh

In this book you will discover many basket techniques, learn about various raw materials, forms and decoration with information on Native lifeways. This book is located in the Non-Fiction section of your Tribal Library under the Call Number 746.41 TUR and is available for checkout.

SIGN UP for SUMMER SCHOOL

Dates: June 20th - July 1st

Times: 8:00 a.m. - 3:00 p.m.

Open to all students ages 5 -18 or Grades K-12

This includes Tribal children, staff children, Tribal children from other Tribes, Step, Foster, and Adopted Children in Tribal families.

Contact the Education Department to sign up!



STUDENT RECOGNITION DINNER 2016



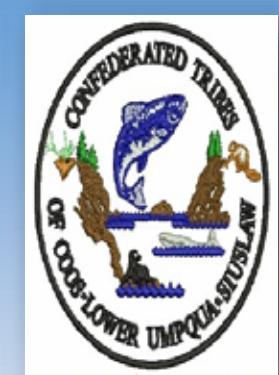
WHERE: CTCLUSI COMMUNITY CENTER
338 WALLACE AVE.
COOS BAY, OR 97420

WHEN: SATURDAY JUNE 18TH
TIME: 4:00 P.M. TO 7:00 P.M.

RSVP: EDUCATION DEPARTMENT 1-541-888-9577
KAREN PORTER/EDUCATION ASSISTANT 1-541-888-1315



There will be a raffle... Come Join Us! You might just win a prize!



CTCLUSI

Student Internships

The CTCLUSI Student Intern is a paid internship with the goal to assist current College Students in supplementing their work and education experience based work experience along with their needs, desires and interests.

Minimum Requirements:

- Must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
- Must be an Enrolled Full-Time Student (Sophomore status or above) in any Accredited College including on-line schools (NOTE: Students may qualify even if they are not on a Tribal educational stipend)
- Must have verifiable transcripts that show a current GPA of 2.0 – can be obtained from your college's registrars or campus placement office.
- This position is subject to pre-employment drug testing and criminal history background check which may include fingerprinting.

Online Applications will be taken starting April 1, 2016.

Tribal Members will need to www.ctclusi.org to apply. Go to Job Opportunities and click on the CTCLUSI Tribal Member link.

Deadline to apply is May 6, 2016.

For Additional Information, Contact

Stephanie Watkins at 541-902-6502 or Pam Hickson at 541-902-6504

Tutoring Services

The Education Department has tutoring services available for students k to 12 in the five county service area.

Please contact us any time and we will do our best to assist you.

CONTACT INFORMATION:
Angela Bowen/Education Director abowen@ctclusi.org 1-541-888-9577

MAILING:
CTCLUSI EDUCATION DEPARTMENT
1245 FULTON AVE.
COOS BAY, OR 97420
FAX: 1-541-888-2853

Personal Growth Success Requires an Efficient System

Contributed by Mike Smith, Training and Development Specialist

Do you allow your life to be shaped simply by what happens to you? Many people float through life, waiting for what comes to them, reacting to the events that fall their way. Unfortunately, when most people look back on their lives they realize they should have been more pro-active in shaping the outcome of their lives.

How much time, effort, and planning do you put into your personal growth? In reality, most people invest their energy into what will give them the most immediate reward – planning a vacation, weekend, or party, buying a boat, car, or clothing. But what about planning your life and who you want to become? Planning your life is about finding yourself, knowing who you are, and then customizing a plan for growth. German Bell, a noted behavioral scientist, did a study of retired, successful executives; he asked them what they would do differently if they had the opportunity. The response that ranked far ahead of the rest was this: I should have taken charge of my life and set my goals earlier.

We do not get a rehearsal in life; we must make the best decisions we can in the moment. But life can become complicated, throwing us off course. And when you realize your life becomes the culmination of all of your daily decisions, you can start to grasp the importance of investing your time into developing a master plan for who you want to become. When we know where we are going, it is easier to make the multitude of daily decisions that impact our lives.

The best strategy is to develop a system. What is a system? A system is a process for achieving a goal based on specific, orderly, repeatable practices. Efficient systems will leverage your time, money, and abilities. Consider the following “system developing ideas” expressed by John Maxwell in his book, The 15 Invaluable Laws of Growth:

1) Effective systems focus on the big picture. You may be busy but to be truly effective you must know where you want to go; you must have the end in mind. It is not enough to just be busy; you must be targeted on the areas of your life that are essential to your personal growth. To be successful in growing yourself, you must have the big picture in mind. What is your big picture? Your big picture is the areas you desire to grow to achieve your purpose. Consider the themes in your life that are important to you and where you would like to improve. For example, your spiritual life, your primary relationship, more meaningful friendships,

maintaining your health, hobbies, a skill to advance your career, facing fears that are holding you back, or perhaps a new attitude toward failing experiences. Once you have determined a few themes of where you would like to improve, you are ready to develop the systems to advance yourself in those areas.

2) Make use of priorities. Every efficient system focuses your attention toward what is the best use of your time right now. Make it a habit to write down your priorities for each day. A priority based system will help you not to get lost in the daily clutter of life but rather help to refocus your mind on what is important; focusing on priorities will aid you in moving forward toward your life goals.

3) Measure your progress. When you have written goals for improvement, it allows you to measure your progress. Reviewing your goals and actions periodically allow you to evaluate your progress, judge results, diagnose problems, and create new actions steps for moving forward.

4) Every effective system must include action steps. What value does a written plan of your personal growth goals provide without the written action steps to get you where you want to go? Ask yourself, “what are you going to do now to accomplish your goals?” Planning is important, but it is not enough; it is the action steps that get you there. People who develop written action steps within their systems are almost always more successful than people who don’t.

5) An organized system utilizes time efficiencies. Time is what life is made of; how you spend your time every day will determine who you become. An organized system gives you power over how you spend your time, moving you closer toward your personal growth goals. When you know your purpose and priorities, and you have planned your daily actions, you have clarity of thought that strengthens everything you do. Use systems to organize how well you use your time.

6) Effective systems promote consistency. You will never change your life until you change something you do daily. So the secret of your success will always be found in how favorably you have changed your daily habits. As a result, any system you develop must promote day in and day out consistency.

Your Department of Human Resources is committed to aiding you in your personal career growth areas and developing our Tribal workforce. Please contact us to find out what resources may be available to add to your success.

Content taken from “Personal Growth: To Succeed Requires an Efficient System”, published March 28, 2016, www.personalgrowthapproach.com



Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
Three Rivers Casino & Hotel
5647 HWY 126, Florence Oregon 97439 (541) 902-6504

2016 THREE RIVERS CASINO RESORT SUMMER EMPLOYMENT APPLICATION INFORMATION LETTER

WHAT IS THE TRC & H SUMMER EMPLOYMENT PROGRAM?
Three Rivers Casino Resort is delivering a paid Summer Employment Program beginning June 13, 2016 to August 19, 2016 for CTCLUSI Tribal Members. Three Rivers Casino Resort in Florence, Oregon and is offering this employment opportunity as an integral part of its long-term strategy of providing the highest quality of career and employment opportunities to all CTCLUSI Tribal Members. Three Rivers Casino Resort provides work experience in a range of Guest Service professions and support services including Hotel, Finance, Casino Marketing, Human Resources, Food & Beverage, and Informational Technology.

WHO IS ELIGIBLE TO APPLY?
To be eligible to participate in the TRC & H Summer Employment program, you must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians.

WHAT IS THE PROCESS OF SELECTION?
The Director of Human Resources and the Recruitment Specialist for Three Rivers Casino Resort review submitted applications for completeness and administer the evaluation process. The following criteria are considered during the selection process: academic merit, presentation of application, and involvement in the Native community. An appointed committee conducts a final review of the application evaluations and makes an official selection of awarded applicants.

WHEN IS THE APPLICATION DEADLINE?
Applications are being received ONLINE **March 7, 2016 through May 9, 2016**. Completed application must be received online by **4pm on Monday: May 9, 2016** at www.ctclusi.org. Go to Job Opportunities and click on the CTCLUSI Tribal Member link.

WHEN WILL YOU BE NOTIFIED IF YOU ARE SELECTED?
Interviews and hiring decisions will be complete Monday – June 6, 2016

WHAT ARE THE EMPLOYMENT REQUIREMENTS?
TRC & H Summer Employment recipients must meet the following award requirements. All rights to the Three Rivers Casino Resort Summer Employment program are waived if the requirements are not met.

- Submit an online application at www.ctclusi.org (log in or register to see job announcement)
- Pass pre-employment drug test.
- Obtain Gaming License from CTCLUSI Gaming Commission.
- Actively participate in the TRC & H Summer Employment.
- Adhere to current Three Rivers Casino Resort policies as outlined in Team Member Handbook.

WHO DO I CONTACT IF I HAVE QUESTIONS?
Stephanie Watkins, Director of Human Resources
Phone: (541) 902-6502
Email: sWatkins@ctclusihr.org

Pam Hickson, Recruitment Specialist
Phone: (541) 902-6504
Email: pHickson@ctclusihr.org

Online Applications: March 7, 2016 - May 9, 2016

THREE RIVERS CASINO RESORT

MAY 20 • 21 • 22

RHODY FESTIVAL WEEKEND

DON'T MISS US AT THE BIG PARADE ON SUNDAY AT NOON!



Supremes & Drifters

LIVE IN CONCERT!
SATURDAY, MAY 21 AT 7PM
SUNDAY, MAY 22 AT 3PM & 6PM
TICKETS: \$14.99 & \$19.99



Blue Bills
POOL, BILLIARDS & TAP ROOM

BUMP IN THE ROAD
LIVE ON STAGE!
FRIDAY & SATURDAY
MAY 20 - 21 7PM - 12:30AM

OREGON BREWERY TOUR
SATURDAY, MAY 21
OAKSHIRE BREWING



Let it Ride

MOTORCYCLE SHOW
SATURDAY, MAY 21 1PM - 3PM

POKER RUN - 9AM - 2PM
\$1,000.00 HIGH HAND PRIZE

Official Oregon State BBQ Championship

FIRE IT UP! BBQ COOK OFF!

Sunday, June 5

In the Casino's Event Center • FREE guest admission

Things are luckier here! • FLORENCE • COOS BAY • 877-374-8377 • THREE RIVERS CASINO.COM

The Voice of CLUSI



June 2016

Issue 6

Volume 17

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Reconciliation Ceremony Occurs Between Tribes and Tall Ships

Contributed by Jesse Beers, Culture Director

The tall ships were in our waters yet again and as our ancestors did we pulled our canoes out to meet them on the water. Us in our new Cedar Dug Out Canoe, "Lottie" and the Coquille's in their Canoe, "Ponto". We pulled from the east side of the river and encountered the "Hawaiian Chieftain," and the "Lady Washington," between the Coos Bay Boardwalk and the Mill Casino. We circled both ships several times. We then pulled up and faced them with our paddles up, a sign of peace and sang a few songs. After a friendly introduction between our Canoes and their Tall Ships we led them back to the boardwalk where our Chief, Warren Brainard, gave the ships' crew permission to be on our shores and exchanged gifts. The Canoe Crews also docked and traded many items with the visiting people. We also invited them to dinner with us. Tribal Chef, Joey Barton cooked up a wonderful meal which we enjoyed in our Tribal Hall with the Crews. Jesse Beers Cooked Salmon in one of the traditional ways. After enjoying some after dinner stories, we all walked up to our Plank house for some Labrador Tea. Jesse also gave a history presentation to our guests and Doc Slyter gave an introduction to Native Instruments. The visitors were obviously happy to be visiting around the fire in the Plank House sharing and listening to stories and listening to Doc's amazing flute music. Thanks to all that helped host the tall ships another year.

Meeting the tall ships is always an amazing experience but this time was even more special because we got to pull for the first time in our new 32.5-foot cedar dugout canoe. It was my first time pulling in this cedar dugout and I was amazed at how easy she pulled and steered. She is a beautiful canoe and we look forward to using it for many years to come.



Pictured above: Chief Warren Brainard exchanges gifts with the Captain of the Lady Washington during the 2016 Reconciliation Ceremony

Pictured below left: Chief Warren Brainard and Chairman Mark Ingersoll during the exchange of gifts at the Reconciliation Ceremony between the Tribe and Tall Ships

Below: The beautiful new canoe, Lottie, in one of her first pulls on the water during the Reconciliation Ceremony. Lottie was named for the leadership, strength, and character of our people that Tribal member Lottie (Jackson) Evanoff represents.



Permit #44
North Bend, OR
PAID
U.S. Postage
Presorted Standard

Coos Bay, OR 97420
1245 Fulton Avenue

Lower Umpqua and Siuslaw Indians
Confederated Tribes of Coos,

Save the Date

Canoe Journey Paddle

July 21 - 30, 2016

Canoe Journey Protocol, Nisqually, WA.

August 1 - 4, 2016

Salmon Ceremony

August 7, 2016

Tribal Council Business

As Reported at the May 15, 2016 Regular Tribal Council Meeting

Chief Warren Brainard:

Mar 13 Regular Council Meeting; Land Act Workshop
Mar 17 Executive Work session
Mar 18 Elders Honor Day, Meet the Chiefs with Coquille
Mar 19 Memorial for Charlie Moxley
Mar 22 Coos Head Site Visit
Mar 24 Meetings
Mar 25-27 Enrollment Special Meeting: off site workshop
Mar 30 Business Meeting
Mar 31 Executive Work Session
April 1 Lane Transportation Focus group
April 3-7 Washington DC Trip
April 8 Investment Committee Dinner
April 9 Committee Day
April 10 Regular Council Meeting; General Council Meeting
April 11 Graveyard Point meeting; Lane Act Meeting
April 12 Meetings and Interview in Coos Bay
April 13 Lane Act in Springfield
April 14 Tour of Wygant Lane property; Employee of Month Award; Culture Committee; Executive Work Session
April 18 Meetings
April 19 FAST Tribal Transportation
April 23-29 Self Governess Conference
May 5 Salmon Ceremony Meeting; Ex Work Session
May 7 Tall Ships Ceremony and Gift Exchange
May 10 Tall Ships Dinner
May 11 Grave Yard Point Meeting
May 12 FEMA Boat Building Dinner
May 13 SWAC; US Forest Service Meeting

Doc Slyter:

Mar 13 Regular Tribal Council Meeting
Mar 15 Tribal Lands Access Work Group Meeting
Mar 16 Meeting at Plankhouse with Ray Nickson PHD
Mar 17 Executive Work Session
Mar 18-19 Elders Honor Day
Mar 25-27 Off Site Workshop
Mar 29 Tribal Sweat
Mar 30 Business Council Meeting
Mar 31 Executive Work Session
April 2 Played Flute for 'My Sisters Place'
April 3-8 Washington DC Trip
April 9 Tribal Committee Day
April 10 Regular Council Meeting; General Council

Meeting
April 11 Wisdom fo Elders Interview
April 12 Canoe filming with Wisdom of the Elders
April 14 Tour of Wygant Lane property; Culture Committee; Executive Work Session
April 15 Flute Circle - Plankhouse
April 16 Coos Art Museum Story Telling
April 17 Artist Storybook Workshop – Tribal Hall
April 18 City of North Bend Meeting; Graveyard Point
April 23 Open House – Department of Natural Resources New Buildings
April 27 Business Council Meeting
April 30 Cape Peretua Visior Center – Amanda Trial Talk for OSU Students with Joanne Kittel
May 5 Executive Work Session
May 9 Tribal Sweat
May 10 Tall Ships Dinner
May 11 Played Flute on the "Lady Washington"
May 12 Harvest Lamprey Eels with Coquille Tribe
May 14 Attended Cedar Gathering

Beaver Bowen:

Mar 13 Regular Tribal Council Meeting
Mar 17 Executive Work session
Mar 25-27 Off Site Workshop
Mar 30 Business Council Meeting
Mar 31 Executive Work Session
April 3-8 Washington DC Trip
April 9 Tribal Committee Day
April 10 Regular Council Meeting; General Council Meeting
April 14 Executive Work Session
April 27 Business Council Meeting
May 5 Executive Work Session
GFORB

Teresa Spangler, Vice - Chairman:

Mar 13 Regular Tribal Council Meeting
Mar 17 Executive Work session
Mar 25-27 Off Site Workshop
Mar 30 Business Council Meeting
Mar 31 Executive Work Session
April 14 Executive Work Session
April 18 Meeting with City of North Bend
Apr 20 Benefits Board Meeting
April 23 Open House – Department of Natural Resources New Buildings
April 27 Business Council Meeting
May 3 Finance Meeting
May 5 Executive Work Session

Arron McNutt:

Mar 13 Regular Tribal Council Meeting
Mar 17 Executive Work session
Mar 25-27 Off Site Workshop
Mar 30 Business Council Meeting
Mar 31 Executive Work Session
April 14 Tour of Wygant Lane property; Culture Committee Meeting; Executive Work Session
April 27 Business Council Meeting
May 5 Salmon Ceremony Meeting; Executive Work Session

Tara Bowen:

Mar 13 Regular Tribal Council Meeting
Mar 17 Executive Work session
Mar 26-27 Off Site Workshop
Mar 30 Business Council Meeting
Mar 31 Executive Work Session
April 9 Tribal Committee Day
April 10 Regular Council Meeting; General Council Meeting
April 14 Executive Work Session
April 18 Meeting with City of North Bend
April 27 Business Council Meeting
May 5 Executive Work Session

Mark Ingersoll, Chairman:

Mar 13 Regular Tribal Council Meeting
Mar 17 Elders Honor Day Meeting; Executive Work session
Mar 18 Presenter for Elders Honor Day
Mar 25-27 Off Site Workshop
Mar 30 Business Council Meeting
Mar 31 Executive Work Session
April 3-8 Washington DC Trip
April 9 Tribal Committee Day
April 10 Regular Council Meeting; General Council Meeting
April 14 Executive Work Session
April 23 Open House – Department of Natural Resources New Buildings
April 27 Business Council Meeting
April 29 Meeting with IHS, Katherine Jones & Alexis Barry.
May 3 Meeting with Alexis Barry & Stephanie Watkins
May 5 Executive Work Session
May 7 Tall Ships Meeting
May 10 Tall Ships Dinner
May 12 Boat Building Dinner
May 13 Watchman Canoe Review

Resolution Summaries

RESOLUTION NO.: 16-020

Date of Passage: April 27, 2016

Subject (title):Renewal of Water Purchase and Sale Agreement with the City of Florence

Explanation: Tribal Council authorized and directed the Tribal Administrator to submit a written request for renewal to the City to extend the Agreement for an additional term of two (2) years. This will allow the Tribes to purchase additional water from the City to store in the Tribes' water storage reservoir to obtain a reliable and redundant water supply, particularly in case of fire emergency.

RESOLUTION NO.: 16-021

Date of Passage: April 27, 2016

Subject (title):Approval of Advantage OHP Provider Agreement

Explanation: Tribal Council approved the Agreement with Advantage to provide Covered Services to persons entitled to receive benefits under the Oregon Health Plan and pursuant to Advantage OHP's contract with either DMAP or a CCO to OHP enrollees.

RESOLUTION NO.: 16-022

Date of Passage: April 27, 2016

Subject (title):Approval of Merrill Lynch Investment Advisory Program Client Agreement and Amendment

Explanation: Tribal Council approved the Agreement and Amendment with Merrill Lynch to appoint Merrill Lynch to act as the Tribes' investment advisor and agent, to

grant Merrill Lynch power of attorney with respect to chosen services, and to authorize Merrill Lynch to enter into relationships on behalf of the Tribes with certain other entities necessary to provide the Tribes with the chosen services.

ORDINANCE NO.: 030E

Date of Passage: April 27, 2016

Subject (title):An Ordinance Revising Gaming Code (CLUSITC Chapter 5-2)

Explanation: Tribal Council adopted Ordinance 030E to include the minor revisions to the Gaming Code (CLUSITC Chapter 5-2)that were requested by the NIGC.

RESOLUTION NO.: 16-023

Date of Passage: May 15, 2016

Subject (title):Approval of Enrollment of New

Tribal Members

Explanation: Tribal Council, by a majority vote, adopted this Resolution approving the enrollment of eight applicants and found and certified them to be Members of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians.

RESOLUTION NO.: 16-024

Date of Passage: May 15, 2016

Subject (title):Changes and Corrections to the Roll - Name Change

Explanation: Tribal Council accepted and approved the Enrollment Committee's Recommendation to change the names of

two members on the Tribes' Enrollment Roll.

RESOLUTION NO.: 16-025

Date of Passage: May 15, 2016

Subject (title):Enrollment – Active to Historic

Explanation: Tribal Council approved the removal of the deceased person's name listed below from the Roll and approved entering the deceased person's name in the Tribal Historical File for a permanent record and placing the name of the Tribal Member on the plaque located in the Tribal Hall.

Enrollment Number	Tribal Member
--------------------------	----------------------

#0355 Franklin Fay Elliott

RESOLUTION NO.: 16-026

Date of Passage: May 15, 2016

Subject (title):Approving Amendments to Chapter 7-12 (Tribal Health Committee)

Explanation: Tribal Council approved the amendments to CLUSITC Chapter 7-12 (Tribal Health Committee) to require the Committee to meet at least quarterly, rather than monthly as required by CLUSITC Chapter 7-5 (General Committee Code). The proposed revisions will be posted for a twenty-eight (28) day comment period.

RESOLUTION NO.:16-027

Date of Passage: May 15, 2016

Subject (title):Approving Amendments to Chapter 7-11 (Elders' Committee)

Explanation: Tribal Council approved the amendments to CLUSITC Chapter 7-11 (Elders' Committee) to require the

Committee to meet at least quarterly, rather than monthly as required by CLUSITC Chapter 7-5 (General Committee Code). The proposed revisions will be posted for a twenty-eight (28) day comment period.

RESOLUTION NO.: 16-028

Date of Passage: May 15, 2016

Subject (title):Denial of Enrollment

Explanation: Tribal Council, by a majority vote, denied the enrollment of an applicant because applicant does not meet membership requirements set forth in CTCLUSI Constitution, Article III, Section 1 and Article III, Section 3.

ORDINANCE NO.: 050G

Date of Passage: May 15, 2016

Subject (title):An Ordinance Revising Enrollment Code (CLUSITC 7-1)

Explanation: Tribal Council adopted Ordinance 050G revising Enrollment Code (CLUSITC 7-1) to require DNA testing for all applicants seeking enrollment, to require DNA testing of newborn children within the first month after birth if certain newborn child benefits are sought for the child, to clarify the Tribes' right to suspend benefits during disenrollment proceedings, to recover benefits provided to persons who are disenrolled after obtaining enrollment by fraudulent conduct for which the person is responsible, and to clarify the enrollment status of artificially conceived children.

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief
541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter

Position #1 Council
541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen

Position #2 Council
541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll, Chairman

Position #3 Council
541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen

Position #4 Council
541-808-7394
tbowen@ctclusi.org

Teresa Spangler, Vice Chair

Position #5 Council
541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt

Position #6 Council
541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting

June 12, 2016

Tribal Community Center
338 Wallace Street, Coos Bay, Oregon 97420

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Administration Building

Alexis Barry
Tribal Administrator
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division

Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department

Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Purchased/Referred Care (FKA Contract Health Services)

Sharon Arnold - PRC Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department

Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services

Shayne Platz, Caseworker
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic

Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Health Services

Assistant Director
Iliana Montiel
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-5388
Toll Free 1-888-280-0726
imontiel@ctclusi.org

Tribal Court

J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department

Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office

1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police

Brad Kneaper
Chief of Police
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi
Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

FLOAT HUNT PREVENTION ACTIVITY

Contributed by Doug Barrett, Prevention Coordinator / Family Services / Health & Human Services

I showed up early Saturday morning, March 16, 2016, and started coffee. I talked to the group about the HOC (Healing of the Canoe Program) and the curriculum we are teaching. I talked about living a healthy balanced life. We discussed the importance of having a balanced life and using the canoe as a life metaphor. The canoes have to be balanced as well as your own life: Physical, Mental, Emotional and Spiritual. I talked about the Canoe Journey and Protocol. Protocol is dancing and singing of our songs. This year the Canoe Journey Landing is in Nisqually, Washington. The theme this year is "Don't Forget the Water." This is another reason we should protect and try to conserve water when possible.

We did a blessing and ate sandwiches, chips and cookies. After everyone had filled their tummies with nourishment for this journey, we left to hide the floats at the north jetty site. In all, about 45 floats were hidden. This site is also an old fishing site and camp of the Siuslaw's.

The Elders hit the beach first, while I held the youth back for a bit. The beach was packed with about 42 Tribal family members looking under trees, in the bushes, in the rocks, in the water, and mostly under the sand next to trash. After most of the floats were found and everyone had a float, we went back to the Florence office. Everyone grabbed their tickets and called the names of the winners of the large floats. Haley Pace and Teresa Brainard were the Big Winners!

Special thanks to Wilma Ellensburg's Antiques & Collectables for continuing again to find us these old Fishing Floats for this activity.

Thank you to everyone who did show up for this event and for picking up garbage/trash on the beach!



Julie Belcher



Emily Stefanek



Left to Right: Saralynn, Kayla, Kyle, Thorin, and Morgan Gaines



Ashley and Richard Russell



Karen Nissan



Barb and George Barton



Teresa Brainard and Hailey Pace
Photo courtesy of Traci Stefanek

Posted June 1, 2016

ENROLLMENT COMMITTEE'S RECOMMENDATIONS FOR TRIBAL MEMBERSHIP

The Enrollment Committee recommends that the enrollment of the Applicants listed below should be approved. Besides publication in the Tribal Newsletter, according to CLUSITC 7-1-36(i), this information will be posted in the Administrative Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino for twenty-eight (28) days from the date listed above.

Tennyson Perry Vickrey	Kara Laine Sweet
Parent: Brittany Dionne Low	Parent: Jaycob Sweet
Lineal Descendant: Carmen Faye Thompson	Lineal Descendant: Sharon Arnold
Tribe: Coos	Tribe: Coos
Logan Steven Gardner	Raisa Ray Jutte
Parent: Jess William Gardner	Parent: Morgan Esther Krossman
Lineal Descendant: Jesse Raymond Gardner	Lineal Descendant: Mary Adamec
Tribe: Lower Umpqua	Tribe: Coos
Abigail Clementine Sallinger	Hayley Kaye Greep
Parent: Dana Elliott/ Sallinger	Parent: Shelby Elliott
Lineal Descendant: Franklin Fay Elliott	Lineal Descendant: Franklin Fay Elliott
Tribe: Coos	Tribe: Coos
Ryan Joseph Sallinger	Kaiden Micheal Lemos
Parent: Dana Elliott/ Sallinger	Parent: Kaitlyn Carnation /Lemos
Lineal Descendant: Franklin Fay Elliott	Lineal Descendant: Etta Carlson
Tribe: Coos	Tribe: Coos
Jack Elliott Sallinger	Weston Michael-Thomas Garcia
Parent: Dana Elliott/ Sallinger	Parent: Antonia Garcia
Lineal Descendant: Franklin Fay Elliott	Lineal Descendant: Terri Jo Jordan
Tribe: Coos	Tribe: Coos
Norah Kate Backman	Riley Thomas Helms
Parent: James Peter Backman	Parent: Jessie Lee Helms
Lineal Descendant: Orlena Lowery	Lineal Descendant: Eddie Helms
Tribe: Coos	Tribe: Coos

In accordance with CLUSITC 7-1-37(a), Tribal Members shall have the right to protest the recommendation of the Committee approving an application and must file a written, signed protest with the Committee stating their reasons for believing that an Applicant(s) is not entitled to enrollment. The protest must be filed with the Committee within twenty-eight (28) days after notice of the proposed enrollment is posted as described in CLUSITC 7-1-36(i).

Tribal Member Achievement

Kendall Norton

Sunset Middle School
5th Grade Student of the Month
for Cooperation

Great job Kendall! Keep up the good work.



School To Work is Here Again!

Monday – Friday
June 20 - 24, 2016

9:00 a.m.— 5:00 p.m.

Transportation will be Provided from the
Coos Bay and Springfield Offices



Florence Outreach Office
3757 Hwy 101, Florence, OR 97439

This is a one week program that provides job readiness training for Tribal Youth between 15– 21 years of age. Youth will learn how to write a strong resume, write a cover letter, build your effective interview skills, career exploration, obtain a food handlers card, and MUCH MORE !



NOTICE OF PROPOSED CODE AMENDMENT

The following proposed Code amendment was passed for first reading by Tribal Council on May 15, 2016

TITLE:

CLUSITC Chapter 7-11 Elders' Committee

DATE OF THE TRIBAL COUNCIL MEETING AT WHICH THE PROPOSED CODE AMENDMENT IS EXPECTED TO BE CONSIDERED FOR FINAL

PASSAGE:

July 10, 2016

The notice of the proposed amendment shall be published in the Tribal Newsletter and the text of the amendment will be posted for public comment for twenty-eight (28) days in the Administration Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino (Office of the Gaming Commission). Written comments should be sent to the Tribal Council in care of Jeannie McNeil, Administration Office, 1245 Fulton Avenue, Coos Bay OR 97420 or email: jmcneil@ctclusi.org.

NOTICE OF PROPOSED CODE AMENDMENT

The following proposed Code amendment was passed for first reading by Tribal Council on May 15, 2016

TITLE:

CLUSITC Chapter 7-12 Tribal Health Committee

DATE OF THE TRIBAL COUNCIL MEETING AT WHICH THE PROPOSED CODE AMENDMENT IS EXPECTED TO BE CONSIDERED FOR FINAL

PASSAGE:

July 10, 2016

The notice of the proposed amendment shall be published in the Tribal Newsletter and the text of the amendment will be posted for public comment for twenty-eight (28) days in the Administration Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino (Office of the Gaming Commission). Written comments should be sent to the Tribal Council in care of Jeannie McNeil, Administration Office, 1245 Fulton Avenue, Coos Bay OR 97420 or email: jmcneil@ctclusi.org.

Is Your Blood Pressure Too High? *Why Is That Important at a Dental Appointment?*

Contributed by Shannon M. Schritter, BS, RDH

High blood pressure (hypertension) is an important risk factor for the development and worsening of many other diseases and can even affect your dental appointment. Compared to people with normal blood pressure readings, men and women with hypertension (high blood pressure) have an increased risk of: coronary artery disease (heart disease), stroke, peripheral vascular disease (hardening of the arteries in the legs and feet), blood vessel damage, heart failure/heart attack, and kidney failure. In today's society, high blood pressure is the most common problem managed by general practitioners. One third of individuals affected by the disease don't know they have high blood pressure, hence why hypertension is referred to as the "silent killer."

How does high blood pressure affect your dental appointment? As you know, going to the dentist can be stressful for many people. Stress alone raises your blood pressure. If you are in pain, this raises your blood pressure, too. If you are getting numbed up for a procedure on the day of your dental visit, you can expect your blood pressure to rise approximately ten points as well. For an example, let's say your blood pressure tends to run a little high, but not high enough that you need medication. We'll pretend it's normally about 136/82. You are scheduled today for a filling on a tooth that has started to bother you, and not only do you dread going to the dentist, but you know this requires that you get numb, and you didn't sleep well last night just thinking about it. Now you're stressed (+5 points), you didn't sleep (another 5 points), and we anticipate you going up about 10 points when you get numb. So potentially your blood pressure could be 156/102 during your appointment today, which puts you at risk for a stroke! We'd prefer not to take this risk with your health, and

that is why we take your blood pressure for you before any visit that you need anesthesia for, and periodically at other visits just as a screening tool so you know where you are in case you do not have the equipment to check it periodically at home. Remember, high blood pressure doesn't always have symptoms associated with it, so even though you "feel fine" you might not be.

Thankfully, there are some things you can do at home to help lower your blood pressure. The first thing is the usual speech you hear every time you see your physician: exercise regularly, eat more fruits and vegetables and less fried foods, and maintain a healthy body weight. Eating less salt in your diet will also help bring your blood pressure down. This might mean you have to read nutrition labels and choose lower sodium options, cook your meals at home from scratch and use herbs and spices rather than salt or packaged sauces to season your foods, or you could ask restaurants for low sodium options or ask them to not add salt to your food. Being a non-smoker helps lower your blood pressure as well. Watching your alcohol intake (fewer than two drinks per day for men, or one drink per day for women) is another way to keep your blood pressure low. Probably the easiest thing you can do at home if you have already been prescribed blood pressure medication, is to take it as directed. If you have trouble with side effects, talk to your healthcare professional about other medications you can try.

Here at the CTCLUSI Dental Clinic we care not only about your teeth, but your overall health as well. If you have questions about how your specific health problem is affecting your teeth, don't hesitate to ask us. We have tips and tricks and suggestions that will help you keep your teeth for the rest of your life. Call us at (541) 888-6433 to schedule your next dental visit.

Dental Health Aide Therapist (DHAT) Program Update

Contributed by Vicki Faciane, CTCLUSI Health & Human Services Director

I am excited to announce we have chosen a second Tribal member to attend the Dental Health Aide Therapist (DHAT) training program in Alaska. Marissa Gardner went to Alaska for an interview on May 6 and was selected for the session beginning July 2016 and ending in June 2018. She will be in Anchorage, Alaska, for one year and will then go to Bethel, Alaska, to complete her training. Upon graduation in June 2018, Marissa will be joining

Naomi Petrie working here in the CTCLUSI Dental Clinic.

Marissa is the daughter of Jesse Gardner and Regina Lewis and she was born in Coos Bay. She likes hiking, fishing and anything in the outdoors. She is very family-oriented. She wants to become a DHAT so she can help others in our Tribal community. Congratulations Marissa!



Marissa Gardner

Peace and Dignity Run 2016 - Save the Date

Contributed by Jesse Beers, Culture Director

It's that time again...time for the People of the Eagle (North America) and the people of the Condor (Central and South America) to come together. The Peace and Dignity Run has been occurring every four years since its origin in 1992. This run is part of a prophecy to spiritually re-connect the people of the Condor to the people of the Eagle. It reminds us that before the European Culture drew lines across the Americas we were all one people. We represent different Tribes, different Cultures, and occupied different Lands but one people; indigenous people. Each time the run is dedicated to another aspect of Native Culture that we all can agree on, this year is centered on saving Traditional Foods. Traditional Foods are held Sacred by all Native Cultures and all across the world these foods are being threatened. They are threatened because many are not being managed anymore and many because of the GMO movement, harmful chemical sprays, a shortage in pollinating bees, and climate change. Our Tribe has begun work to once again manage and spread our traditional foods so we are very happy to hear that we are going to be getting some spiritual help with that effort this year.

The Peace and Dignity Runners are tentatively scheduled to be in Coos Bay around the 20th-21st of June. Everybody who wants to is encouraged to run with them. If you would like to represent

our Tribes through running then please give Jesse Beers a call at (541) 297-0748. You may run for a short distance or a long distance. We may also be making a Prayer Staff to go with them on their run. The Staffs are carried by the runners to their final destination. When they get here we will also house them in our Plank House and share community with them. If you would like to participate in this as well please give Jesse a call in order to prepare.

Thank you.



CTCLUSI Tribal members joined the Peace and Dignity runners in 2008
Photograph courtesy of Jesse Beers

New Dental Assistant in the CTCLUSI Dental Clinic

Contributed by Vicki Faciane, CTCLUSI Health & Human Services Director

The CTCLUSI Dental Clinic would like to introduce you to our new Dental Assistant, Jessica Hathcock. Jessica was born and raised here in Coos Bay and moved to West Virginia shortly after her high school graduation to spend time with family there. During her two years in West Virginia she went to school for dental assisting. She moved back to Coos Bay and continued to take classes in pre-dental hygiene. When she is not working she enjoys spending time with family and friends, going to the movies, going to the beach and traveling. Please join us in welcoming Jessica!



Jessica Hathcock

CLUSI SUMMER SCHOOL!

BEGINS: MONDAY JUNE 20TH, 2016

ENDS: FRIDAY JULY 1ST, 2016

WHERE: CLUSI COMMUNITY CENTER

WHO CAN ATTEND: STUDENTS K–12TH GRADE

STUDENTS THAT ARE: CLUSI ENROLLED, LIVING IN AN ENROLLED TRIBAL FAMILY, ENROLLED IN A FEDERALLY RECOGNIZED TRIBE, AND CLUSI TRIBAL GOVERNMENT

STAFF CHILDREN.

CONTACT CLUSI EDUCATION FOR PACKETS!

541-888-9577 or email Karen Porter - kporter@ctclusi.org

Student Recognition Dinner

Saturday, June 18, 2016

4:00 p.m. - 7:00 p.m.

RSVP to the Education Department by calling 541-888-9577 or Karen Porter, Education Assistant at 541-888-1315

There will be a raffle...come join us! You might just win a prize!

EDUCATION



BACK TO SCHOOL TIME....



CUT OUT THIS SIGN UP AND SEND TO :

CTCLUSI EDUCATION DEPT.

1245 FULTON AVE..

COOS BAY, OR 97420

SIGN UP STARTS NOW UNTIL August 12, 2016

(No sign ups accepted after that date.)

Supplies cards will be sent after the closing date.

Grades K-12 or ages 5-18 **Enrolled CLUSI Students Only.**

Name _____

Enrollment # _____

Address _____

School Attending _____ Grade _____

Phone Number _____

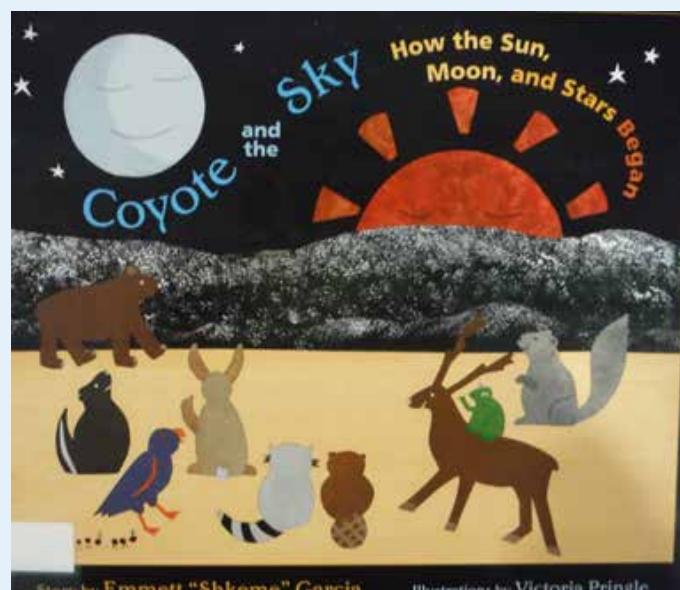
Parent/Guardian _____

Signature _____

EDUCATION CORNER

Summer is quickly approaching and fun activities such as camping and family gatherings will soon be here. With that in mind, what better way to spend quality time than reading about a Native American legend?

The June "BOOK OF THE MONTH" is:



**Coyote and the Sky
How the Sun, Moon, and Stars Began**

Author: Emmett "Shkeme" Garcia

Although, the story is written for young children, adults will enjoy it too. The author is a member of the Santa Ana Pueblo Tribe and is pleased to share his Pueblo's story of the beginnings of the stars and constellations. This book can be found in the Non-Fiction section under the Dewey Decimal number assigned to Fables and Legends - 398.

Welcome Mary Jo Koreiva, Small Business Incubator Manager

Contributed by the Planning Department

Mary Jo (MJ) is now working with the Planning Department as the Small Business Incubator Manager. Answering the need to foster the creation of small businesses which are owned and operated by Tribal Members, access to a Small Business Incubator Labs - both a physical lab and a virtual lab - will help Tribal Members plan, develop and launch a successful small business. We will be looking to provide Small Business Development support to Tribal Members in the 5-county service area and beyond.



MJ is taking a 2-pronged approach to provide this support. One is to hear from Tribal Members who have ideas about starting their own business, already have plans in place to start their own business or need help in expanding their current small business. Matching up the needs of Tribal Members with a Small Business Incubator, we are looking to provide the kind of programming, classes and mentors that will give support to help you get from the idea stage all the way to the entrepreneur stage. The other approach is to show how Tribal Members can use 'virtual' incubator labs. Accessing online programming from where you are, that can help support your plans for a small business.

If you have an idea for a small business, a plan in place or need help getting a small business up and running, please contact MJ at the Tribal Administrative Offices, 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-9577, ext 7549, email: mkoreiva@ctclusi.org.

Tribal Court Welcomes Jennifer Stephens

Contributed by Diane Whitson, PLS, Tribal Court Clerk - Peacegiving Court Outreach



The Tribal Court is excited to announce that Jennifer Stephens is now working in the Case Manager-Resource Coordinator position for the proposed Healing to Wellness Court. Jennifer comes to us from Oregon State Police and the Coquille Indian Tribe where she worked in the Health Department as Health Programs Coordinator.

Something Jennifer enjoys about her work is connecting people to resources that best fit their needs. She is also a fitness trainer who already knows some of the Tribal members through her personal training programs at local fitness centers.



Culture Camp July 11th - 15th 2016

REGISTRATION DEADLINE IS 5:00pm July 1st

Culture Camp invites Tribal Family Youth 8-18 year old of the Coos, Lower Umpqua, Siuslaw, and the Coquille with the opportunity to learn traditional ways of living and having fun!

Activities will include Ethnobotany, Traditional Games, Canoeing, as well as a range of self building and team building activities pertaining to Native Youth and our Culture

Youth 12-and up: Canoeing in the Siuslaw, Umpqua & Coos Rivers

Youth 8-11: Day trips in each of the Siuslaw, Umpqua & Coos watersheds

Families are invited to come to the end-of-camp Potlatch Friday, May 15th @ John Topits Park Empire Lake (Middle Lake) Landing 11:00 —1:30 pm

Culture is Prevention!

Alcohol, Drug & Tobacco FREE Camp



TRANSPORTATION IS PROVIDED FROM THREE LOCATIONS,
PLEASE STAY WITH YOUR CHILD UNTIL THEY ARE CLEARED TO GO:

PARENTS MUST DROP OFF YOUTH: PARENTS MUST PICK UP YOUTH:

Monday July 11th

Coos Bay Tribal Hall

5:00 p.m.

Florence Outreach

2:00 p.m.

Springfield Outreach

1:00 p.m.

Fri day July 15th

Coos Bay Tribal Hall

1:30 p.m.

Florence Outreach

3:00 p.m.

Springfield Outreach

5:00 p.m.

For questions and to register contact Jesse Beers, Camp Director :
CELL: (541) 297-0748 or EMAIL: jbeers@ctclusi.org



PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.



Photo By: Jesse Beers

For more information about Peacegiving or Peacegiving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420
PHONE: (541) 888-1306 or (541) 888-1316
EMAIL: Peacegivingcourt@ctclusi.org Website: <http://ctclusi.org/peacegiving>

She is eager to become more involved with the development of the Tribal Healing to Wellness Court and encourage awareness among the community.

Please stop by Tribal Court and introduce yourself to her in her new position for the Tribes.
Her contact information: 1245 Fulton Ave., Coos Bay, Oregon.
Phone: 541-888-1307, e-mail: jstephens@ctclusi.org

Culture Committee Invites You to Join

Dai (hello) Tribal Family,

My name is Scott Slyter and I am the Chairman of the Culture Committee.

"Culture Committee, what's that?"

Glad you asked! The Culture Committee is a committee formed by Tribal members, and with the help of staff, we advise Tribal Council on cultural matters. Members of this committee work on cultural projects, educate cultural awareness, attend/participate in Tribal events, and engage in a variety of other activities, as well as perform duties directed by Tribal Council.

Some projects that we have been apart of, or are working on, include: Tall Ships ceremony, salmon cleaning, Culture Camp, Canoe Journey, sweats, canoe carving, and much, much more.

We are currently looking for individuals who would be interested in sitting on the Culture Committee, and we would like to invite anyone who is interested, to attend any of our meetings. Our meetings are held the second Thursday of every month at 4:00 pm at Tribal Hall. Our next meeting will be held on June 9th. Feel free to stop by and say hi!

If you have questions, comments, suggestions, or concerns regarding Tribal culture, email me at: CultureCommitteeChair@gmail.com.

Thank you!



Scott Slyter
Culture Committee Chairman

Healing of the Canoe For Tribal Youth

Ages 12-21

Hosted by:

Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians.

Co-Hosted by: Coquille Indian Tribe Prevention Program

June 3, 4, & 5, 2016

June 17, 18, & 19, 2016

July 8, 9, & 10, 2016

In Late July, graduates of the program will be attending The Canoe Journey.

Come Dig Deep and Get Inspired!

**Questions or RSVP contact: Anne Niblett
541-888-7514**



Pictured left: CTCLUSI and the Coquille Indian Tribe take community members for pulls in the canoes at Empire Lakes

At right: Becky Cantrell, Stephanie Marusich, and Doug Barrett

Save the Dates - Canoe Journey -

July 21st — 30th

Canoe Journey Paddle
(see insert details)

July 30th

Canoe Journey Landing
Olympia, WA

August 1st — 4th

Canoe Journey Protocol
Nisqually, WA

Call Margaret Corvi (541) 888-1304 or
Jesse Beers (541) 297-0748 for more information

Join a Committee!

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

Family Fun Day 2016!

Contributed by Shayne Platz, CTCLUSI Family Services Caseworker

It was another amazing, energetic, and sunny day at this year's "Family Fun Day" at the Empire Lakes in Coos Bay, Oregon. Once again the CTCLUSI Family Services and Culture departments teamed up with our community partners to stage a free community event during National child abuse prevention month in April 2016.

In addition to a barbecue, youth run, fishing, and multiple activities, CTCLUSI and the Coquille Tribe offered canoe rides across the Empire Lakes. Doug Barrett, a CTCLUSI Tribal member, shared the message with participants "that a canoe is like a metaphor for life." That is, it needs balance and needs occasional adjustment in order to achieve a good balance. Doug Barrett, the Tribe's Prevention and Activities coordinator and Jesse Bears, our Cultural Director, gave canoe rides and taught many people how to paddle in the Tribe's canoe.

Family Fun Day is an event we look forward to every April to promote "Child Abuse Awareness" and the importance of family activities in a positive, healthy and memorable way with the entire community.



This Month...be on the Lookout for Pacific Blackberry

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Blackberry, is in the family Rosaceae, the rose family. Also known as trailing wild blackberry, Pacific Blackberry is the only true native blackberry of our ancestral territory and has male and female vines. The female vines are the only vines that produce the berries. This shrub is the earliest of the blackberries to bloom and ripen and has been deemed far superior than their flashy, non-native competitors, including the Himalayan (Armenian) and evergreen (cutleaf) blackberry. The white flowers of the Pacific Blackberry can be distinguished from those of other blackberries by their narrow petals. Also part of the rose family and found in our ancestral territory are: salmonberry, thimbleberry, black raspberry, coastal strawberry, indian plum, silverweed, and sitka mountain-ash.

Food: Fresh blackberries were mostly gathered and preserved and/or pressed into cakes and stored for winter use. Dried berries were soaked in cold water until softened before they were eaten. Berries were also fermented and made into a slightly alcoholic beverage called lo'ol (Hanis).

The leaves and vines of Pacific Blackberry were also gathered to make a tea called yaxdana'ahl (Hanis). The leaves were steeped in warm water in a basket near the hearth.

Hanis: wixainii, wixaini

Miluk: dzuuudzuua

Siuslaw: ts'xat'aat'

Scientific Name: Rubus ursinus



Photograph courtesy of John Schaefer

Reference: Ethnobotany of the Coos, Lower Umpqua & Siuslaw; Plants used for food, medicine, clothing and tools. Patricia Whereat Phillips

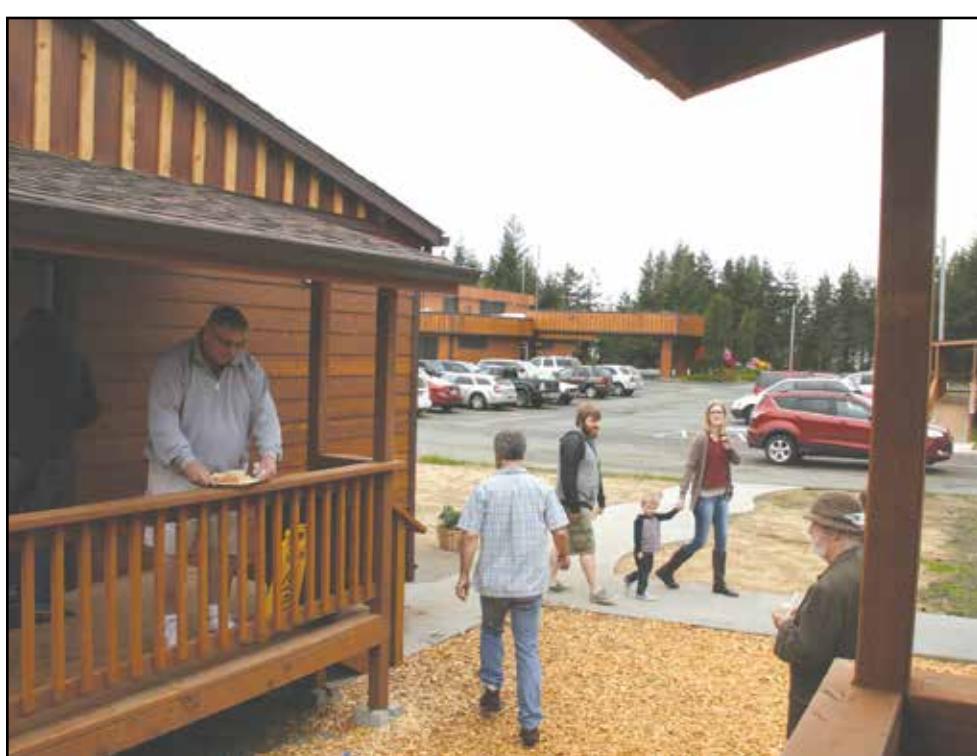
Cultural and Natural Resources Hold Open House in New Facilities

Contributed by Amanda Craig, Air & Water Protection Specialist

April 23rd the combined departments of Cultural & Natural Resources (CNR) held their open house in celebration of the Tribes completion of their new office building, curation facility and laboratory, which have been under construction over the last 8 months. At noon, after the annual clam dig, CNR staff provided a hearty lunch, the menu highlighting several of the Tribes traditional foods. Fresh red-rock crabs and clams (gapers, little necks, butter), harvested over the previous two days, were held in an homemade saltwater tank, making the Traditional sea foods as fresh as possible cooked the day of the event. An assortment of Traditional local teas were made for refreshments; blackberry, salmon berry, thimble berry, mint, nettle, spruce-tip and Labrador tea. Clam Chowder, Chili, Smoked Salmon Dip, Potato Salad, freshly cooked salmon over the departments new fire pit and a myriad of sweets all lined the tables of the open house. The afternoon was spent amongst staff and Tribal members touring the new buildings, socializing and enjoying good food.



Pictured above: Mark Petrie talks to youth about the crabs caught for the Open House



Pictured left: Tribal members and Tribal Government staff enjoy a good meal and explore the new facilities

Pictured right: Salmon was cooked on cedar stakes over a dug out fire pit behind the new facilities



Tribal Members Attend Annual Lamprey Harvest

Contributed by Amanda Craig, Air & Water Protection Specialist

This year several CTCLUSI Tribal members were able to attend the Coquilles' Annual Lamprey Float on the Coquille River. Every year the Coquilles Natural Resources Dept. and Tribal Members head up river to float the Coquille River looking for lamprey and their spawning grounds. The fish harvested are used in a stew at a Tribal event each year, where everyone can partake in trying a traditional food. In recent years' lamprey populations in this area have drastically declined due to habitat degradation, stream alterations, ocean conditions, commercial fishing, predation, and ecological health. During the float data is collected to monitor the health of the river and the hopeful resurgence of this significant species. Number of redds (spawning "nest"), live fish, spawning pairs, carcasses, and female/male

ratios are collected for the survey. Females with eggs or spawning pairs are left to continue populations, only a select few are harvested for consumption. All the CTCLUSI members who attended are grateful that they were welcomed to take part. Lamprey are an important part of our cultural and our environment. This float is a coming together of Tribes; it not only brings Tribal members closer to their culture and the rivers, but allows for Tribes to continue to support the ecological health & diversity of the rivers and streams that have provided for our ancestors.



Right: Tribal members kayak the Coquille river on the annual lamprey harvest

Above: Lamprey shown on bottom of the Coquille river

Photographs courtesy of Amanda Craig



Summer Solstice & Tribal Family Gathering

Monday, June 20th – Tribal Hall & Plankhouse in Coos Bay

This Summer Solstice will be combined with the Tribal Family Gathering Dinner.

Cultural Events will start after Summer School ends around 3:30 pm

Dinner 6:00 pm in Tribal Hall

Plankhouse time after Tribal Family Gathering Dinner

Please RSVP

Call Mark Petrie at (541)297-3681 or Jesse Beers at (541)297-0748 if you have any questions.

Cedar Bark Gathering

Contributed by Mark Petrie, Cultural Assistant

Culture and Prevention's annual Cedar Bark Gathering was held Saturday May 14th. Twelve Tribal members and Tribal spouses gathered at the Windward Florence Outreach to listen to Doug Barrett's presentation on trending illegal drugs in Drug & Alcohol Prevention. We left for the Siuslaw National Forest to a cedar forest with a decent selection of cedars to peel from. Some of the prime cedars were deep down the ridge. After blessing the trees and peeling what they had to offer without killing them, the 50-100 foot strips of bark were then drug up the ridge back to the makeshift processing area of sawhorses. The arduous climb up the ridge with a 75-foot tail of cedar bark was fraught with tenacity by the pullers.

To peel the bark from a cedar tree, the sap needs to be running so the bark will slip from the trunk. The sap runs up the cedar around the same time each year; which typically coincides with the blooming of trilliums in the forest. Trilliums have been indicators for the time to harvest cedar and maple bark for thousands of years for our people. Cedar bark is used to make clothing, cordage, baskets, hats, canoe bailers, and a whole multitude of things. We are blessed to have such a beautifully useful tree grace our lands.

Pictured left to right back row:

Mark Petrie, Maree Beers, Jesse Beers, Julie Belcher, Brenda Brainard, Tenneah Brainard, Scott Slyter, Doc Slyter, Joe Brainard

Front Row:

Ramil Beers and Zhade Beers





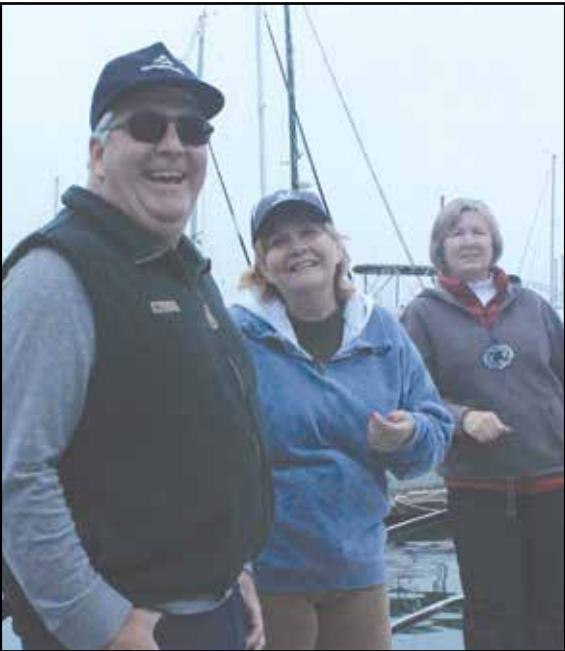
Tribal Elders return from halibut fishing



Mike, Butch, and Joe Swigert hold up their catches of the day!



Janet Brainard



Mike Swigert, Pauline Benson, and Peggy Hopkins

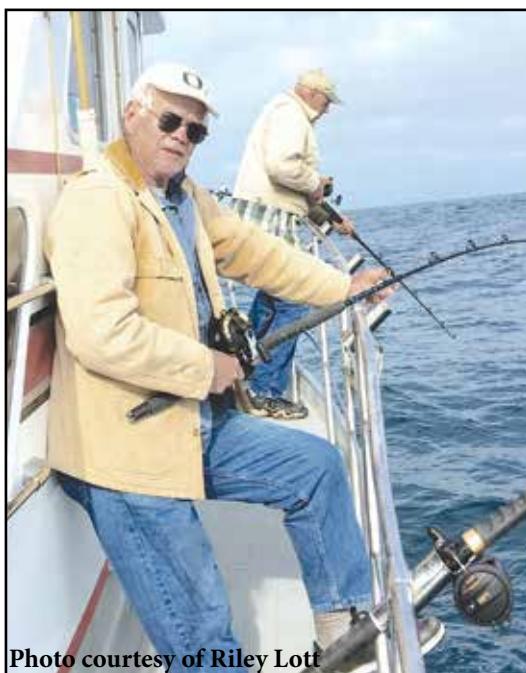
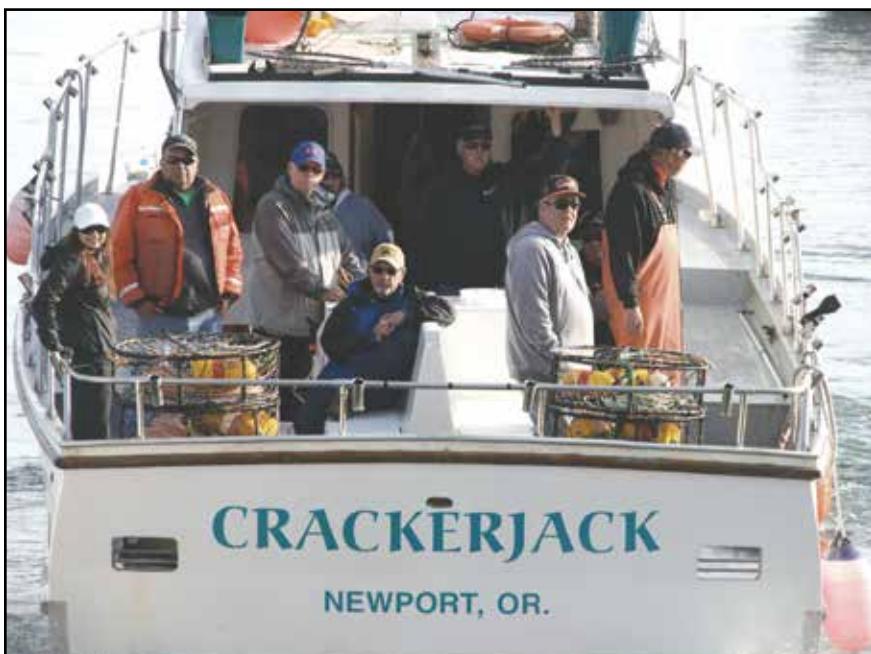


Photo courtesy of Riley Lott



Dee Dee Plaep and Mary Byer



Above: The Elders return from their fishing excursion
Below: Tom Brainard reels in a big one!



Gerry Perry and Chet Perry

Stephanie and Darth Watkins

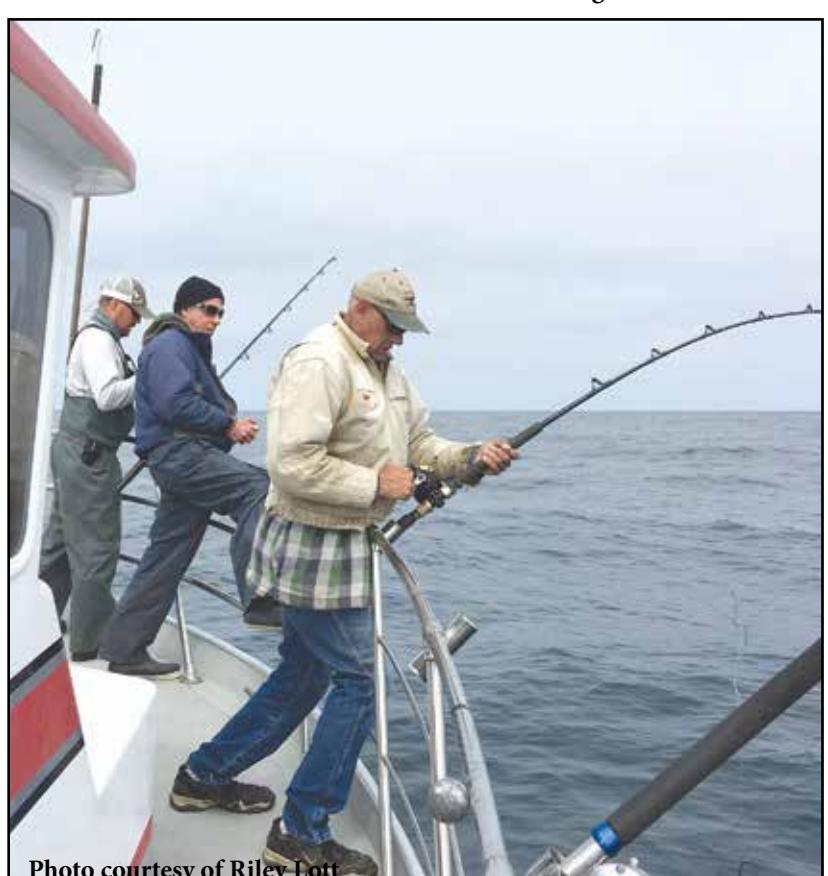


Photo courtesy of Riley Lott



Photo courtesy of Andrew Brainard



Elders Corner

Elders Halibut Fishing Excursion

Contributed by Iliana Montiel, Assistant Health Director

Our Trip started on Wednesday, May 11th, as the Coos Bay Bus headed towards Florence. In Florence we met the Springfield group and all loaded onto the bus. We checked into the Embarcadero Resort Hotel and they had a lovely welcome sign waiting for us. We met up with the rest of the Elders for dinner at Georgie's Beachside Grill. Then it was off to bed for the fishermen as they had an early day ahead of them. Andrew Brainard and Traci Stefanek met the Elders on Thursday at 5:30 am in the lobby. DeeDee Plaep and I slept in a tad bit longer, while our paparazzi Morgan Gaines took shots of the boats from her window at 6:00 am. We met the three remaining spouses that did not go on the fishing trip in the lobby at 9:00 am.

Our day was also amazing. We started by going to breakfast at the Nye Beach Café. It was a quaint little spot with homemade bread and "wake up" coffee. We walked along the great little boutiques at Nye Beach before heading to OR Coast Glassworks. OR Coast Glassworks is owned by Bill and Robin Murphy. Bill is a Tribal member of the Coquille Tribe. They made our wonderful floats that were in the gift bags for Elders Honor Day. Robin had our day planned with each of us getting to make a beautiful float. We were able to pick out our design, colors and pattern. Each float took about 30 minutes to make and during that time the rest of us looked around the shop and visited. At lunch time, Bill came in and cooked for us right in the glass shop. We had clam chowder, salad, traditional rice, veggies, "flashed" prawns and halibut. After lunch and the floats were finished, they were put in the oven to be sealed and picked up the next day. Bill ended our day with making a gorgeous vase and letting us have a drawing. Way to go Kathy Swigert!

Then it was time to go greet our fishermen and check out their catch. Some were sunburnt, wind burnt, a little sick, a little tired . . . but some were really excited. In all, 11 fish and about 80 crabs were caught. Everyone seem to have a really good time. I hear that Tom Brainard, Jr. caught the most fish, unfortunately none of them were halibut and he wasn't able to keep them. But sounds like he was busy all day fishing. Larry Byer was the winner with a 52 lb halibut and Butch Swigert a close second. Our day ended with a lovely catered dinner by the Embarcadero Resort.

The next morning we let the Elders sleep in and had a breakfast buffet set up rom 9:00 am to 10:00 am. Everyone was still exchanging fish stories and can't wait until next year. Thank you to all the wonderful staff: Andrew, DeeDee and Traci that assisted to make this trip such a success. A special thanks to Morgan, who was able to come and take some great pictures!

Kathy Swigert stands by her almost finished glass float



Larry Byer shows us his halibut, the largest catch of the day!



Photo courtesy of Traci Stefanek

Save the Date

Stern Wheeler/ Hood River Train Trip
August 26th - 28th

Elders Luncheon

Thursday, July 7, 2016 at 11:30 a.m.

BBQ at Woahink
84505 U.S. 101, Florence, OR 97439

RSVP by July 5th to Andrew Brainard, Elders Coordinator/ CHR 541-888-7533

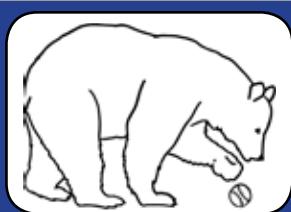
Elders Fishing Trip...Boat Perspective

Contributed by Traci Stefanek, CHR Springfield Outreach

We started our morning at 5:30 am with my group all loaded up on the CRACKERJACK charter boat. It happened to be the first opening day of halibut season and there were a large number of boats out on the water. It was the perfect day for halibut fishing as the ocean was calm with no rain, no fog, no big swells, and the sun was shining. You couldn't have asked for a better day.

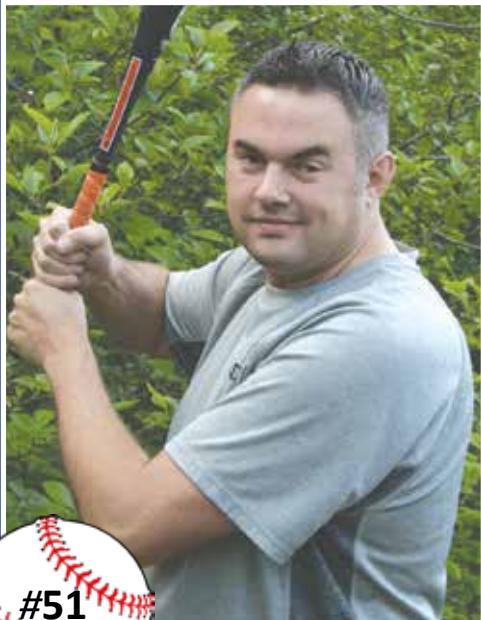
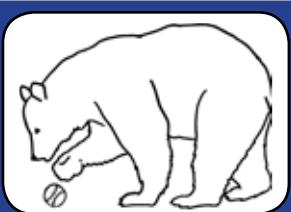
The first thing we did after passing the jetty was to drop our crab pots into the water and then headed two hours out into the ocean. We needed to be this far out because the halibut are in the depths of the ocean about 500 to 600 feet down. When we arrived at our first spot, Captain Jack stopped the boat and we all got our poles ready. We had to cast at the same time to reduce the risk of our lines getting tangled, yet some still managed to do just that. We started getting some bites and you could hear how excited everybody was getting. The adrenaline and excitement was over the top. One at a time we would reel up our lines but the only thing at the end of our poles were yellow-eyed rockfish, tiger rockfish, some spiny dogfish sharks or lingcod just to name a few of what we were catching. Even though we were all having fun and getting a little frustrated, Captain Jack had us all reel in our lines and we moved out a little farther into the ocean. We ran into the same problem at this location as the halibut just weren't biting, so we moved again and as we were moving locations this time we were being followed by a pod of dolphins - it was so awesome! The dolphins were swimming next to the boat and jumping out of the water and then they were gone. We got to our next spot and fished some more only this time a couple of our Elders had gotten their lines tangled. One of them had a fish at the end of their pole and as Captain Jack and Geno were trying to get it untangled, a huge salmon shark came up and grabbed the fish. It was the scariest and coolest thing we had all seen! After the shock and excitement settled, we moved locations again and we hit the halibut jackpot. Almost everyone was catching a halibut, but not all of us were able to go home with one. The biggest halibut caught was by Larry Byer at 48".

Before we headed back over the jetty, we stopped to collect our crab pots. We ended up with a nice load of crabs. We got back to the dock and unloaded all of our fish. It was really nice when we got back to the dock, because there were a few guys all ready to filet the fish for us and clean and cook our crab, too. It was a fantastic day and was a great experience not only for me, but for our Elders — we all had an amazing time.

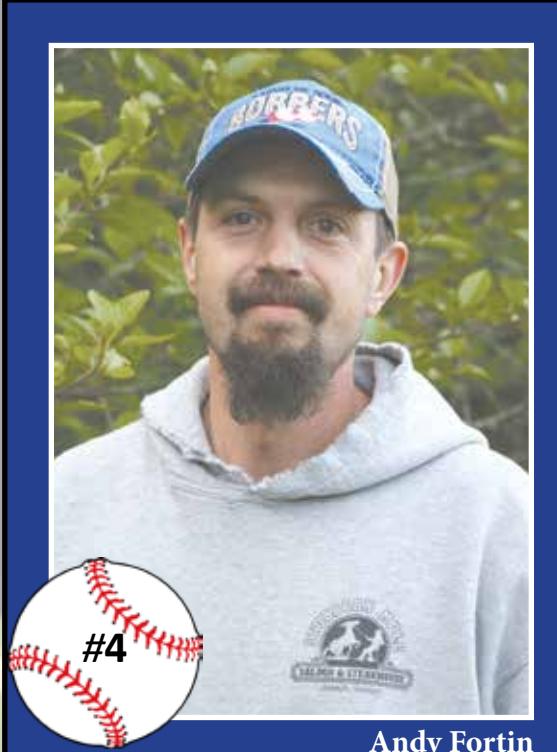


CTCLUSI Softball Team Ti'ii

Meet the Players



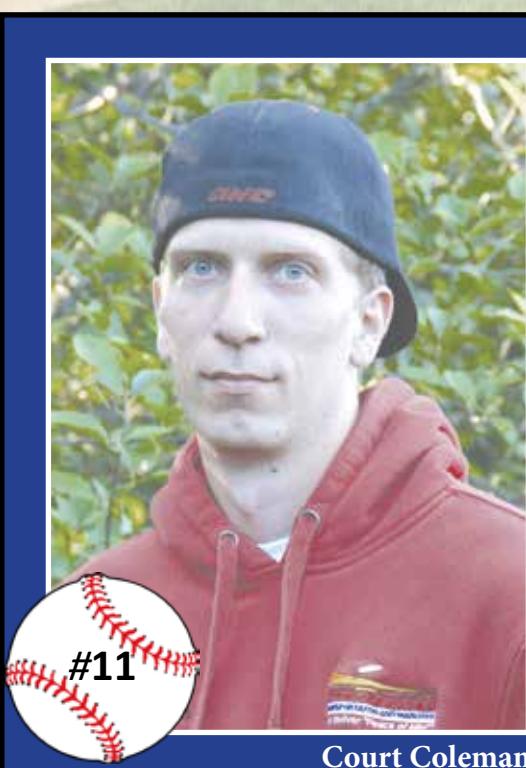
Head Coach
Andrew Brainard



Andy Fortin



Courtney Krossman



Court Coleman



Shauna Wright



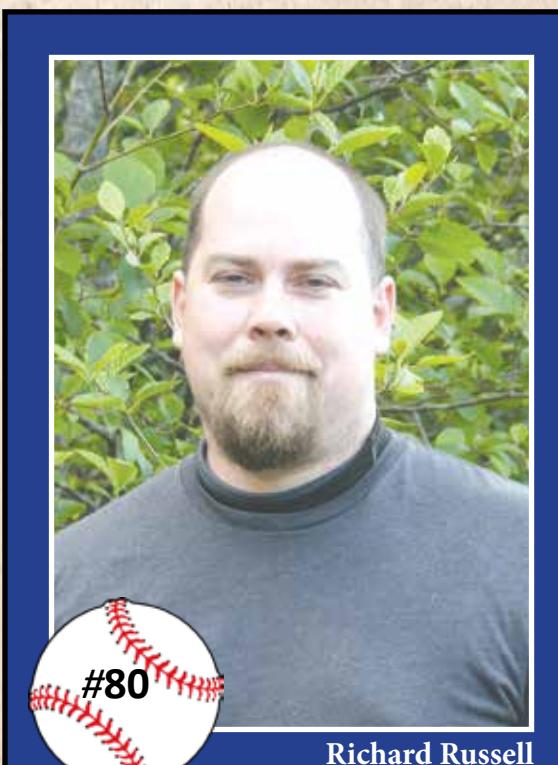
Doug Laird



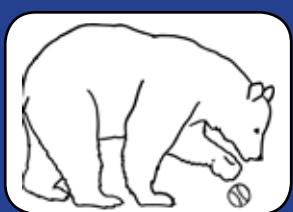
Kassandra Rippee



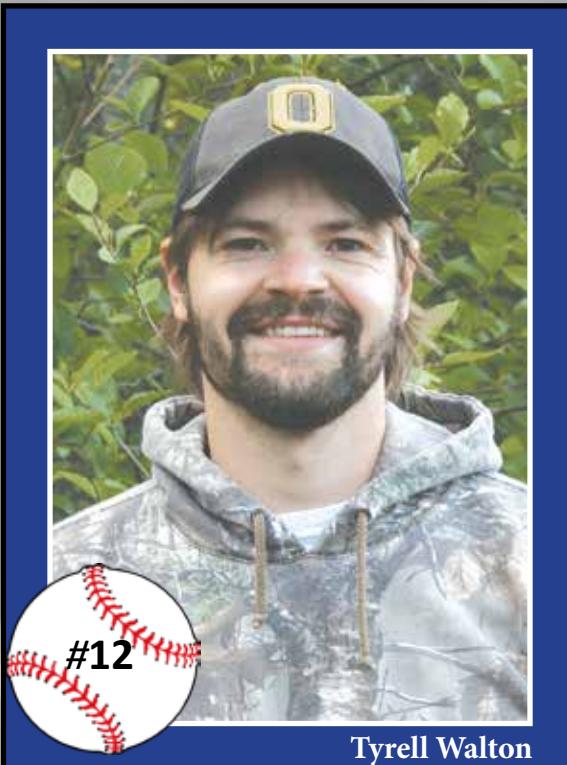
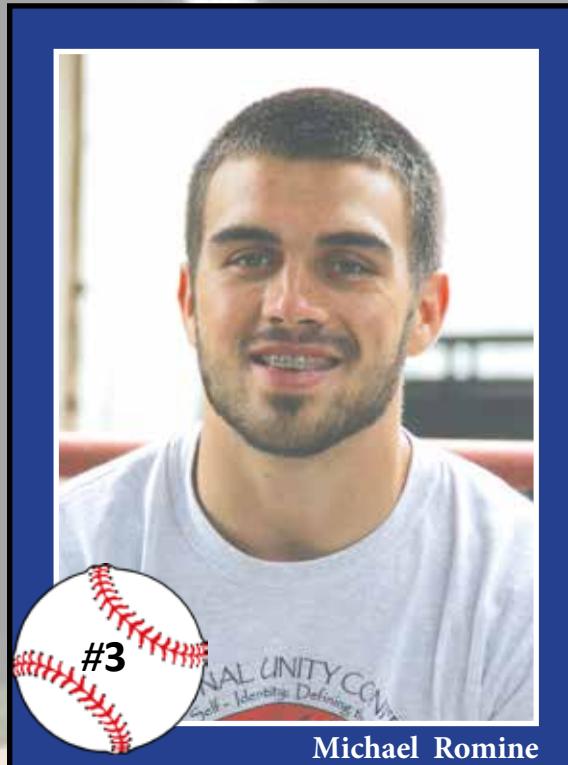
Nicole Romine



Richard Russell



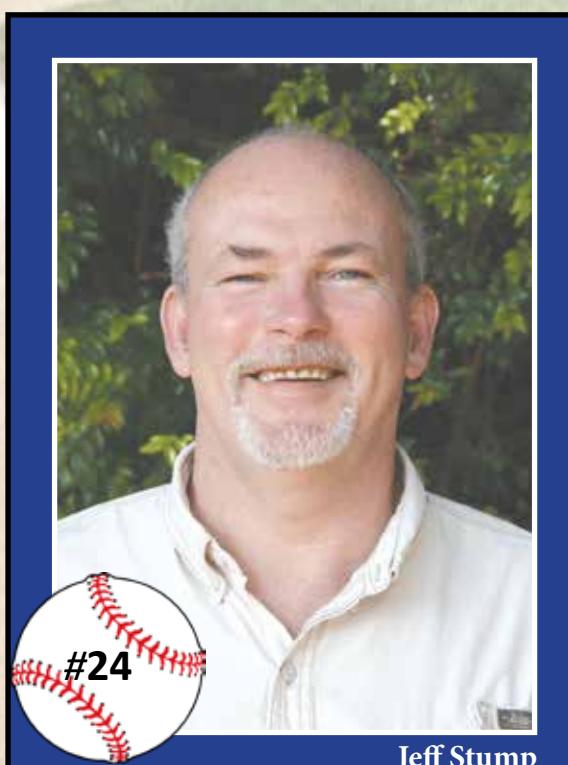
CTCLUSI Softball Team Ti'ii Meet the Players



Michael Romine

Tyrell Walton

Amanda Craig



Jeff Stump

Chris Coleman

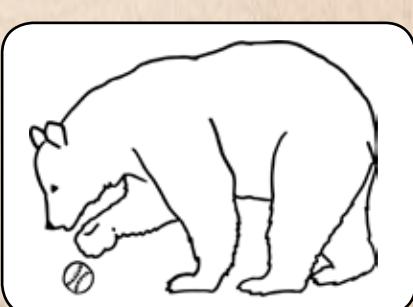
Kayla Coleman

Game Schedule

Mingus Park in Coos Bay, Oregon (Games are Weather Dependant)

Month	Day	Time	Opponent	Month	Day	Time	Opponent
June	16 th Thursday	6:30PM	Tri County Plumbing	August	25 th Thursday	6:30PM	Bay Cities
June	16 th Thursday	7:45PM	Shark Bites	August	25 th Thursday	9:00PM	The Misfits
July	8 th Friday	7:45PM	Bay Clinic	Sept	2 nd Friday	9:00PM	Les Schwab
July	14 th Thursday	6:30PM	National Guard	Sept	7 th Wednesday	9:00PM	Grand Management
July	14 th Thursday	9:00PM	Reedsport	Sept	9 th Friday	7:45PM	Walts Pourhouse
August	1 st Monday	6:30PM	Indians				
August	1 st Monday	9:00PM	Wilsons Market				
August	23 rd Tuesday	6:30PM	Roto Rooter				
August	23 rd Tuesday	7:45PM	The Revelation				

Ti'ii Softball Logo
designed by Tribal
member Amanda Craig



Recipe For Success – Mixing School With a Full-Time Job

Contributed by Mike Smith, Recruitment Specialist

The alarm goes off at 5:30 am, and you could swear you went to sleep five minutes ago. First a quick shower, followed by the finishing touches on that homework assignment due tonight over coffee and breakfast — if there's time.

Then it's off to work, a solid eight-plus hours of time where you're busy with reports, meetings and other assorted tasks. At the end of your workday, your coworkers are heading home to their families or off to other fun activities. You, on the other hand, are heading to class.

Going back to school can be one of the most challenging undertakings of your life. Continuing education is different than going to school back in your youth because now you have to fit schooling around a full adult life with responsibilities like a mortgage, bills, and children. But it can be done.

Follow this advice to reach your educational goals while keeping some semblance of your sanity.

Set Your Expectations

You know going to school at the same time you're working 40 (or more) hours per week is going to be tough. Now it's time to get real about how tough it's going to be. If you expect to get eight hours of sleep and three leisurely meals a day, you're going to be very disappointed. Don't be surprised if you have to pull some late nights studying. You can't skip out on your work responsibilities even if you're completely drained when that alarm clock wakes you up out of a deep slumber.

The best solution is to create a written log of how you expect to spend your time before you start your schooling. Be honest! Listing all the responsibilities in your life that you can't afford to neglect will alert you to how much spare time you really have. This will help you figure out if combining the two is feasible and you'll probably be more likely to avoid every student's worst enemy: procrastination.

Know Your Goals

THREE RIVERS CASINO RESORT

THE GREAT ESCAPE

Three Rivers Casino Resort Celebrates 12th Anniversary

Earn Entries June 1-26

Drawing is Sunday, June 26 in Florence

Lee Ann Womack

FRIDAY, JULY 8 SATURDAY, JULY 9

TICKETS START AT \$19.99

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Don't go back to school because you're bored or hope you'll be inspired to some greater heights than you can imagine right now. If you don't have a tangible reason to learn new skills or pursue a degree, you'll be far less likely to succeed.

Remember, school can be costly in terms of money and time. Make sure it's worth your while. Only learn new skills for your current job if it will make you a markedly better employee, and preferably, put you in line for a promotion or raise. If you are going for a degree, have a clear plan as to how that degree is going to help your career aspirations.

Treat School Like It's Your Job

Many people are tempted by online schools because they think the curriculum will be easier than traditional in-the-classroom schooling, like the difference between an open-book or closed-book test. Wrong. As online schools become more mainstream, their reputations are at stake. As a result, the curriculum at online universities and colleges can actually be more intensive than what you're used to.

If the way you attend class is at home via your computer, treat it like any other kind of school. Give yourself a private area to study where loved ones or the TV can't distract you. And if you're attending classes after work in an actual classroom, don't be tempted to skip out because of an unforeseen distraction. It's really true that a large part of success is showing up. Miss one class and it'll be easier to miss another. And another...

Don't Go It Alone

You can't make your friends go to work for you, and you definitely shouldn't copy anybody else's homework. Still, it is almost impossible — and definitely foolhardy — to work a full-time job and go to school at the same time without any help. Let people you trust know that you're going to need some support.

Whether it's a relative picking up your daughter from soccer practice or your spouse taking over dinner duties, it's extremely important to accept help when offered, and to ask for it when needed. One person can only handle so much, and your true friends and loved ones should be happy to help as long as they aren't being taken advantage of. Reward them with small tokens of appreciation and remember to thank them after you've reached your educational goals.

And finally, remember that you can do it. You can work hard during the day and still have the ability to focus on your schooling at night. It won't be easy, but the payoff can be tremendous. Just make sure to understand what exactly it is you're working toward, focus on time management and build a solid support system you can lean on when times (and classroom assignments) get tough. If you can do those things, continuing education is an investment in yourself that's sure to pay off.

Going to school with, or without, a full-time job can be a huge undertaking. Your Department of Human Resources may have avenues to assist you in your personal educational and career goals. Please contact us to find out what ingredients we might be able to mix into your recipe.

Content taken from "Mixing School With a Full-Time Job" by Steve Berman for [MediaBuzz](#) 5/21/2010 © 2016 MediaBuzz



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Three Rivers Casino Resort ~ Florence

- Barista
- Bartender ~ Beverage Server
- Buffet Cashier ~ Busperson ~ Host ~ Food Server
- Lead Cook ~ Line Cook
- Buffet Station Attendant ~ Dish Machine Operator
- Guest Room Attendant ~ Laundry Attendant
- Environmental Services Technician I
- Security Officer I
- Special Events Team Member
- Soft Count Team Member Dual Rate Lead
- Table Games Dealer 1-8

Blue Earth

No openings at this time

Tribal Government Offices

Special Events Employee



<http://ctclusi-int.atsondemand.com/>

Go to **Job Opportunities** on the website for full job posting and to Apply Online

Updated Daily

Or call Recruitment at **541-902-6504**

The Voice of CLUSI



July 2016

Issue 7

Volume 17

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Amanda Trail Has Been Reawakened

Contributed by Joanne Kittel

As heartbreaking as it's been to have our beloved statue, bridge and grotto be destroyed last Dec. 18th, through the efforts of over 90 individuals, Amanda has been reawakened in time for National Trails Day. It was a passionate effort by individuals from Oregon Parks and Recreation Department led by Doug Sestrich; Siuslaw National Forest, led by Kraig Lindelin; Urban Forestry Program of the Angell Job Corps led by Austin Wienecke; Lincoln County Jail Crew; and our own Yachats Trails crew and leaders, led by Bob Langley, Loren Dickinson, Wally Orchard, Jan Brown and I. We were able to salvage 18 feet of the fiberglass bridge. The conifers that fell across my driveway on New Year's Day were cut up and the trunks used for seats and benches with the cedar railings are now the bench tops. Those seats and benches are located in a new gathering area just north of where the bridge once was. Two angels by the name of Joan Wikler and Beth Cook who originally commissioned two of three statues that were created by Sy Meadow in 1999, donated one. Each is a bit different. Our new Amanda looks up from a knoll and is now facing her homeland.

As horrible as this loss was, it saved lives. Those large conifers that fell on New Year's Day between 11:30 and 12:30 fell exactly where 200+ hikers would've been gathering for the annual Peace Ceremony. Amanda sacrificed her symbol, the bridge and grotto to save our lives. I have come to know through this experience that the journey is the goal. I am truly grateful for her and all who have reawakened Amanda.



Photographs courtesy of Joanne Kittel

Shown Above: The beautiful "new" statue of Amanda was graciously donated by Joan Wikler and Beth Cook who originally commissioned two of three statues created by Sy Meadow in 1999. She was placed on the knoll facing her homeland.

Pictured left: Tribal Council member Doc Slyter and his son Scott Slyter attended the re-opening of the Trail on June 4th. Doc played some beautiful flute songs in dedication of the reawakening of the Amanda Trail.

Permit #44
North Bend, OR
PAID
U.S. Postage
Presorted Standard

Coos Bay, OR 97420
1245 Fulton Avenue
Lower Umpqua and Siuslaw Indians

Save the Date
Canoe Journey Paddle
July 21 - 30, 2016
Canoe Journey Protocol, Nisqually, WA.
August 1 - 4, 2016
Salmon Ceremony
August 7, 2016

Tribal Council Business

As Reported at the June 12, 2016 Regular Tribal Council Meeting

Chief Warren Brainard:

May 15 Regular Council Meeting
 May 17 Meeting with Ryan Ward, Native American Youth
 May 18 Color Guard, Legislative Commission on Indian Services
 May 19 Government to Government meetings at Three Rivers Casino; Enrollment Committee Meeting
 May 22 -25 Attended Affiliated Tribes of Northwest Indians (ATNI)
 May 24 Went to State Capital for our Dentist to testify for support of Dental Health Aid Therapist(DHAT)Program
 May 25 Business Council Meeting; Gaming Facilities Review Board Meeting (GFORB)
 June 1 Attended the Veterans Affairs new Secretary Appointment
 June 2 Elders Luncheon; Enrollment Committee Special Meeting
 June 8 Coos Head Meeting
 June 9 Salmon Cleaning – Annual Salmon Allotment
 June 10-11 Family Graduations

Doc Slyter:

May 15 Regular Council Meeting
 May 17 Jordan Cove Interview; Tribal Family Dinner
 May 18-19 Attended Legislative on Commission on Indian Services (LCIS) and Government to Government meetings at Three Rivers Casino
 May 20-22 Warm Springs Flute Quest
 May 25 Business Council Meeting; Gaming Facilities Review Board Meeting (GFORB)
 May 26 Camp Myrtlewood Outdoor School – 6th Graders
 May 27 Cold Water Training – Sunset Bay
 May 28 Visited the Lighthouse, Gregory Point
 June 4 Amanda Trial Back to Life Dedication. "An Amanda Statue was donated , the artist made 3 and one of the owners donated it because the one at the site was washed away in a storm."
 June 6th Met Ray Nickson – PHD Lecturer for Peacegiving
 June 9 Three Rivers Casino Staff Meeting; Salmon Cleaning – Annual Salmon Allotment

Beaver Bowen:

May 15 Regular Tribal Council Meeting
 May 25 Business Council Meeting; Gaming Facilities Review

Resolution Summaries

RESOLUTION NO.:16-029

Date of Passage: May 25, 2016

Subject (title): Appointment to Blue Earth Federal Corporation Board of Directors

Explanation: Tribal Council appointed Kerry Brainard as a Director for Blue Earth Federal Corporation for Position #1 with a term ending May 25, 2018.

RESOLUTION NO.:16-030

Date of Passage: June 12, 2016

Subject (title): Tribal Participation in Nationwide Elder Needs Assessment, Title VI

Explanation: Tribal Council authorized the Tribes' participation in a needs assessment that is designed to help identify the needs of American Indian, Alaska Native, and Native Hawaiian elders nationwide. Tribal Council granted permission to the North Dakota, Alaska, and Hawaii National Resource Centers on Native Aging to use the collected needs assessment information for the purpose of disseminating state, regional, and national results from analyses of the data.

Board Meeting (GFORB)

May 27 Sen. Wyden Town Hall Meeting
 June 9 Salmon Cleaning – Annual Salmon Allotment

Teresa Spangler, Vice - Chairman:

May 15 Regular Tribal Council Meeting
 May 17 Meeting with Ryan Ward, Native American Youth
 May 18-19 Legislative Commission on Indian Services (LCIS); Government to Government Meeting at Three Rivers Casino
 May 18 Bowling Night for Government Staff
 May 24-25 Attended Affiliated Tribes of Northwest Indians (ATNI)
 May 25 Business Council Meeting; Gaming Facilities Review Board Meeting (GFORB)
 June 2 Elders Luncheon
 June 7-9 Three Rivers Casino & Government Staff meeting (6 total)

Arron McNutt:

Excused

Tara Bowen:

May 15 Regular Tribal Council Meeting
 May 25 Business Council Meeting; Gaming Facilities Review Board Meeting (GFORB)
 May 27 Sen. Wyden Town Hall Meeting

Mark Ingersoll, Chairman:

May 15 Regular Tribal Council Meeting
 May 17 Bowling Night for Three Rivers Casino Staff
 May 18-19 Attended Legislative Commission on Indian Services (LCIS) and Government to Government. "I sat on a panel with other Tribal Chairman. Discussion about Sen. Ferrioli and the public meeting laws and how they don't apply to tribes."
 May 25 Business Council Meeting; Gaming Facilities Review Board Meeting (GFORB)
 June 2 Visit to Umatilla Tribe, returned flag staff left a LCI. I visited their museum, RV Park and met with Tribal leaders to discuss economic development.



Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard,

Chief

Tribal Chief

541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter

Position #1 Council

541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen

Position #2 Council

541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll,

Chairman

Position #3 Council

541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen

Position #4 Council

541-808-7394
tbowen@ctclusi.org

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Administration Building

Alexis Barry
Tribal Administrator
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division

Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department

Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Purchased/Referred Care (FKA Contract Health Services)

Sharon Arnold - PRC Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department

Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services

Shayne Platz, Caseworker
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic

Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Health Services

Assistant Director
Iliana Montiel
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-5388
Toll Free 1-888-280-0726
imontiel@ctclusi.org

Tribal Court

J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department

Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office

1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police

Brad Kneaper
Chief of Police
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi
Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

Teresa Spangler,

Vice Chair

Position #5 Council

541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt

Position #6 Council

541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting

July 10, 2016

10:00 a.m.

University of Oregon

Many Nations Long House
1630 Columbia Street, Eugene,
Oregon 97403

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org



Ti'ii Softball Game Schedule

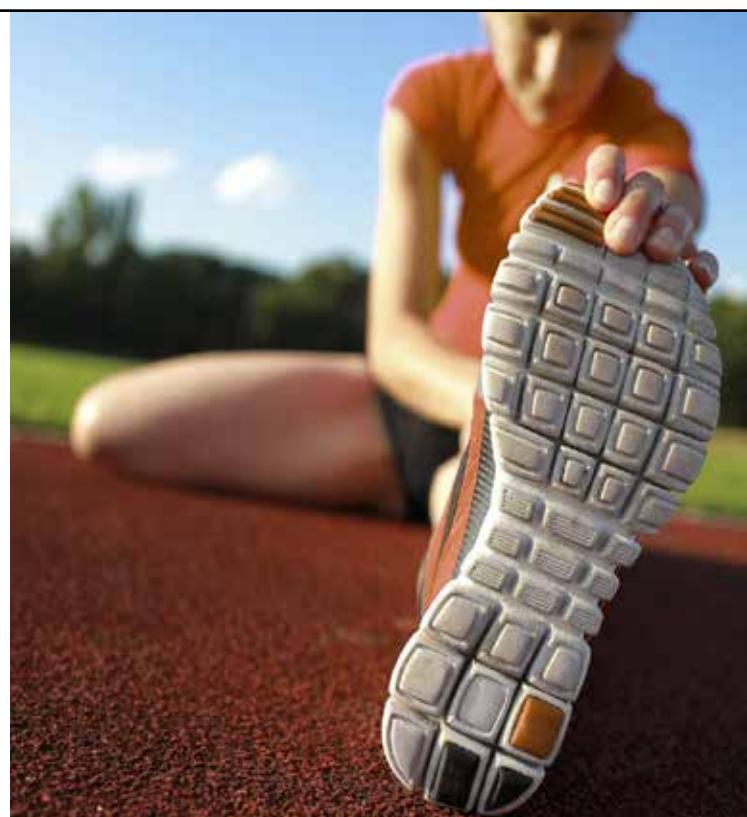
Mingus Park in Coos Bay, Oregon (Games are Weather Dependant)

Ti'ii Softball Logo designed by Tribal member Amanda Craig

Month	Day	Time	Opponent
July	8 th Friday	7:45PM	Bay Clinic
July	14 th Thursday	6:30PM	National Guard
July	14 th Thursday	9:00PM	Reedsport
August	1 st Monday	6:30PM	Indians
August	1 st Monday	9:00PM	Wilsons Market
August	23 rd Tuesday	6:30PM	Roto Rooter
August	23 rd Tuesday	7:45PM	The Revelation
August	25 th Thursday	6:30PM	Bay Cities
August	25 th Thursday	9:00PM	The MisFits
Sept	2 nd Friday	9:00PM	Les Schwab
Sept	7 th Wednesday	9:00PM	Grand Management
Sept	9 th Friday	7:45PM	Walts Pourhouse



Members of the Ti'ii Softball Team 2016 Back row left to right: Michael Romine, Kayla Coleman, Kassandra Rippee, Jeff Stump, Richard Russell, Chris Coleman, Nicole Romine, Court Coleman, Amanda Craig, Courtney Krossman and Andrew Brainard. Middle row: Tyrell Walton, Shauna Wright, Doug Laird. Front: Andy Fortin



JULY 8, 2016 FIT FOR LIFE CHALLENGE

Are you ready to make the change in your life?

Join me in changing your life forever. Eating more healthy foods, exercising and staying on track are the main goals for this challenge. Do you have what it takes to finally take charge of your life? I will be here to help you, motivate you and most of all encourage you to stay on track. I know you can do this!! Join me and change your life!



Diabetes Program – Sponsored by Indian Health Services Grant

FIT FOR LIFE

WELLNESS

HEALTHY

I AM DOING IT
FOR ME

CHOICE
CHANCE
CHANGE

TRACI STEFANEK

CHR & Diabetes Coordinator

1126 Gateway Loop, Suite
102 Springfield, Oregon
97477

tstefanek@ctclusi.org

541-744-1334

541-808-8684

Wellness Day

Please join us Wednesday,
July 20, 2016, for our next

Diabetes Wellness Day

Held at the Florence Outreach
Office
from 1:00 -3:00 p.m.

3757 Highway 101
Florence, OR 97439

All Tribal Families Welcome

Please RSVP to Traci Stefanek by
Friday, July 15, 2016
(541) 744-1334
tstefanek@ctclusi.org

Healthy
Snack Provided.
We will be talking about Food
and Exercise and how it's
important for your health
and your Diabetes.

No Transportation is provided.

Qáchinahaniíwaq (Getting to Thinking!)

Hanis translation by Patty Whereat-Phillips

Planning Department Updates

Contributed by Jeff Stump, Planning Director

Healing of the Canoe Tribal Youth Program

Mission: "Engaging Youth Culturally for Healthy Futures"

Vision: "I see strong tribal youth restoring the wisdom of the elders in their community"

The Tribes continue with the development of their Healing of the Canoe (HOC) Tribal Youth Program. The program utilizes tribal culture, tradition and values to help guide tribal youth through their journey through life. The Canoe Journey is used as a metaphor for that journey. The first Healing of the Canoe workshop took place the first weekend in June. The Tribes youth joined with tribal youth from the Coquille Indian Tribe and paddled canoes on Tarheel reservoir, learned about their tribal heritage and tackled issues facing many Indian youth today. The second workshop is scheduled for June 17-19th. The last workshop of the summer will be held July 8-10th. Youth that participate in the HOC program can qualify to participate in the actual Canoe Journey in July. For more information contact Anne Niblett, Healing of the Canoe Program, Tribal Government Offices, 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-9577, ext 7514, email:aniblet@ctclusi.org.

Coos Head Area Master Plan (CHAMP)

The Tribes are currently directing the development of the first CHAMP technical memorandum by Parametrix and Cogan, Owens, Greene. The memorandum, Technical Memo #1, will be available in July and the Planning Department will present the information Saturday, July 16th at the Tribal Community Center. To recap, the purpose of the CHAMP is to produce a Master Plan that will guide and inform multimodal transportation access and other infrastructure and land use redevelopment for the Coos Head area which serves primarily the Tribes Coos Head property.

Our next meeting is Saturday, July 16, 2016 at 11:00 am at the Tribal Community Center, 338 Wallace Ave, Coos Bay, Oregon. Please call Jeffrey Stump at 541-888-1305 for further information or to RSVP.

Business Incubator

Mary Jo (MJ) Koreiva, our Business Incubator Manager, continues to consult with Tribal Members on their ideas for Small Businesses. Working with Tribal Members, MJ can help to refine their idea for a product or service, help them develop a business plan, assist on in-depth research on the marketplace and competition or provide analysis of operating costs and help with marketing ideas.

For Tribal Members that have an established small business, MJ is working to connect them with the information, educational courses and infrastructure resources that will help grow their business. In some cases, it is connecting them with classes that will help them better manage anything from marketing, suppliers, employees, to book keeping.

We want to hear from Tribal Members who have ideas about starting their own business, already have plans in place to start their own business or need help in expanding their current small business. If you have an idea for a small business, a plan in place or need help getting a small business up and running, please contact MJ at the Tribal Government Offices, 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-9577, ext 7549, email:mkoreiva@ctclusi.org.

Healing of the Canoe

Program Dates

July 8-10, 2016

CHAMP Meeting

July 16, 2016

Community Center 11:00 a.m.

Tribe Welcomes Zach Flathers, Planning Assistant/ Grant Specialist

Contributed by The Planning Department

Zach Flathers, our new planning assistant/grant specialist, joined the CTCLUSI Planning Department in June. Zach comes to CTCLUSI from The Maslow Project, a Coos Bay School District program, where he helped more than 25 at-risk youth earn their GEDs and plan for the future. Zach grew up in eastern Oregon and graduated from Marshfield High School in 2009. Prior to his return to Coos Bay, Zach spent time at economic and community development non-profits in Springfield, Portland, and Warm Springs, where his work ranged from project coordination to grant writing. Zach went to college at the University of Puget Sound in Tacoma, WA, where he earned his BA in 2013. To bolster his professional skills, Zach recently completed a career pathways professional certificate in Geographic Information Systems (GIS) through Lane Community College. In his spare time, Zach likes to spend time outdoors with his dog, play guitar, read, and travel to see friends and family east of the Cascades



Zach Flathers

What Can You Do to Strengthen Your Teeth This Summer?

Contributed by Shannon M. Schritter, BS, RDH

Summer time brings the excitement of camping trips, fire pits, fishing, sunshine, water activities, and much more. These activities bring people together, which often means: food and sweets. Even with the best of intentions, brushing and flossing can often be skipped or forgotten about, which leaves your teeth vulnerable to decay. Thankfully, there are some things you can do to help strengthen your teeth for those times that maybe you weren't an oral health all-star. Read on to find out more.

The easiest and quickest thing you can do if you just had lunch and don't have a toothbrush handy is to drink or swish with water. Eating food, especially acidic foods like fruits, soda, or carbohydrates, lowers the pH level in your mouth, and it is that lowering which leads to more decay. Chewing a piece of xylitol gum is another great defense. Xylitol is a special sugar that bacteria cannot metabolize, and therefore it does not breakdown the same as traditional sugar, which means it does not cause cavities like traditional sugar does. Getting exposures of 5g of xylitol a day can actually lead to a decrease in cavities.

What can you do if your toothbrush isn't

handy, and you are out of Xylitol? You can start a daily fluoride regimen. Fluoride is a naturally occurring mineral that is found in soil, in water sources (oceans, lakes, streams, wells, etc.), and also in the plants and animals (fish) that live and absorb nutrients from these sources. Fluoride

Another great option is something called MI Paste. MI Paste contains the active ingredients Casein Phosphopeptide and Amorphous Calcium (CPP-ACP), special milk-derived proteins that have a unique ability to release bio-available calcium and phosphate to tooth surfaces. MI Paste Plus has the CPP-ACP and fluoride as well. Casein Phosphopeptides (CPP) are natural occurring molecules which are able to release calcium and phosphate ions and stabilize Amorphous Calcium Phosphate (ACP), which is also the source of calcium and phosphate. These ingredients replenish the calcium, phosphate, and fluoride ions that are so important for remineralizing your teeth's enamel. MI Paste is not available in stores, but it is available at the CTCLUSI Dental Clinic. We can also fabricate you some trays that help hold the MI Paste on your teeth overnight (similar to whitening trays). Call (541)888-6433 to set up your appointment for a cleaning and exam. Have a great summer!

Call the clinic today to make your dental appointment!

541-888-6433



helps strengthen your teeth against decay by reducing the solubility of tooth enamel. It is found in most toothpastes and some mouthwashes. Look for the ADA (American Dental Association) seal of approval on the packaging, and check the ingredient list for "sodium fluoride 0.05%" on mouthwash and usually 0.24% in the toothpastes.

Dental Clinic Hours

Clinic Hours: Open 8:00 a.m. - Close 5:00 p.m.

The clinic will be closed on Fridays during Odd Months (January, March, May, July, September, November)

The clinic will be closed on Mondays during Even Months (February, April, June, August, October, December)

Call the Dental Clinic today to schedule your appointment (541) 888-6433

For Sale at the CTCLUSI Dental Clinic:

Toothbrush Heads! Only \$5.00

These will fit the following electric toothbrush types: Oral-B Pro Series 1000-7000, Oral-B Vitality, Oral-B PRO-HEALTH Precision Clean Battery, and Oral-B PRO-HEALTH Dual Clean Battery toothbrushes. Call (541)888-1301 and ask for Shannon with any questions!



NEW! Cross Action Toothbrush head:
Precisely angled 16° bristles to clean deep between teeth for a superior clean. Angled bristles at alternating lengths provide excellent teeth coverage and contour adaption



Deep Sweep Toothbrush Head:
Angled power tip for hard-to-reach areas. Manual-like stationary bristles thoroughly clean tooth surfaces. Wide -sweeping bristles reach interdental spaces



Floss Action Toothbrush Head:
Micro Pulse bristles penetrate proximal areas for a thorough, whole mouth clean. Gently removes up to 99.7% of plaque from hard-to-reach places



Precision Clean Toothbrush Head:
A gentler brush head that delivers better tooth cupping for an improved every day brushing experience. Offers exceptional whole mouth cleaning for long-term oral health



Sensitive Gum Care Toothbrush Head:
Extra Soft bristles gently clean sensitive and inflamed areas. Provides an extra-gentle brushing experience that's ideal for sensitive teeth and gums

Did You Know?

Free Eye Exams in North Bend / Coos Bay

If you are an established patient at the Coquille Indian Tribe Community Health Center you are eligible to get a free eye exam at Cheslock Optical. On the third Tuesday of every month Cheslock Optical has Native Eye Day. Patients of the Coquille clinic get a free eye exam; if you're uninsured you also receive 20% off the cost of equipment. You must be an established patient of the clinic. You can call (541) 888-9494 for more information or to schedule your eye exam.

Congratulations Naomi Petrie on the Successful Completion of Your First Year of the DHAT Program!



Contributed by Morgan Gaines, Communications Specialist

Tribal member Naomi Petrie was selected as one of only two students in the lower 48 states to be accepted into the Dental Health Aide Therapist (DHAT) program back in July 2015. For the first year, Naomi lived in Anchorage, Alaska where she began her training. Upon completion of the first year of the two year program Naomi just had a transition ceremony with her fellow DHAT students on June 3, 2016. Now she is on her way to Bethel, Alaska to complete a year of practical application training.

What is a Dental Health Aide Therapist? DHAT's work under the supervision of a dentist and are experts in routine and preventative care. When Naomi completes her program she will be trained to provide 46 procedures and play a critical role as a patient educator, bringing greater awareness to the importance of good oral health.

Once finished with the two year program, Naomi will have the opportunity to work in our very own CTCLUSI Dental Clinic.

Congratulation on the completion of your first year, Naomi! Keep up the good work!

A few of Naomi's siblings attended her transition ceremony to help her celebrate her amazing accomplishment.

Pictured from left to right: Jeremy Petrie, Marie Petrie, Naomi Petrie, and Mathew Petrie

Purchase/ Referred Care (PRC) – AWARD RECIPIENT

Contributed by Diann Weaver, Self-Governance/ Grants Specialist

On May 20th, Diann Weaver, Self-Governance/ Grants Specialist, attended the IHS Portland Director's Recognition of Excellence Ceremony and accepted an award on behalf of the PRC personnel. Mary Brickell of the Portland Area IHS Office nominated FOIA (Freedom of Information Act) Tribal sites to receive this award for their hard work inputting data into the new RPMS database due to the implementation of the medical billing ICD-10 Codes. This was a very arduous task to say the least, and we are very proud of our PRC personnel, spearheaded by Nancy Spray, Dental Billing/Claims Specialist. Ms. Brickell's nomination stated in part:

"The RPMS Site Managers as well as their staff at these Tribal Programs have supported the IHS mission and goals by taking on the burden of completely setting up and populating a brand new blank FOIA RPMS database to achieve ICD-10 compliance. This task included, but was not limited to:

- ◊ Setting up site parameters and other settings for all the RPMS packages they use
- ◊ Setting up all their RPMS User and Provider accounts, granting security keys and menu options
- ◊ Re-entering all patient registrations, employer and insurer files, PRC vendors, and problem lists and diabetes data.



Pictured from left to right: Starla Brown, Nancy Spray, Sharon Arnold, and Maryann Adams; those who also worked on the project, but are not shown were: Jayme Smith and Karen Johnston.

This took an extreme amount of planning and work that needed to be done in a very short amount of time due to not being able to get on their new server until we (Area Office) received the new FOIA and got it configured for each site. This was a big undertaking for DIRM staff, but so much more so for the Tribes that received the new RPMS databases. All the Tribal sites took this daunting task on with extreme grace and commitment. Without them, and their willingness, hard work and patience, this would not have been the success it has turned out to be."

Congratulations to All!

Tribal Member Joe Barton Gets Hired as Tribal Cook

Contributed by Morgan Gaines, Communications Specialist

The Tribe is happy to announce the hiring of Miluk Coos Tribal Member Joe Barton, son of David Barton and grandson of George Barton, as Tribal Cook. Many of you know Joe from the work he has done previously with the Tribe on countless occasions. He is a friendly and familiar face at our Tribal events and activities. Graduating from the Southwestern Oregon Community College Culinary Institute in 2012, Joe has been working as a chef for a number of years. He has worked for the Three Rivers Casino and Resort kitchens as a prep cook for three years as well as having worked as Camp Cook for the Tribe's Culture Camp, and as On-Call Cook for many Tribal events such as Fall Harvest, Salmon Ceremony, and numerous Tribal Government trainings and meetings. Joe was hired on in May of this year and already has his schedule filled with upcoming Tribal events that he will be working on providing amazing meals for.

Joe is also heavily involved with forming and contributing to the Tribal Youth Council. He is working hard to recruit Tribal youth ages 14 - 24 to participate in Youth Council. Youth Council is a great way for the Tribal youth in our community to have their voices heard and to work on projects promoting Native Youth and our own Tribal community.

The Tribe is very excited to have Joe on staff. Should you see Joe around, please help us in welcoming him as the Tribal Chef. A happy chef makes wonderful meals! If you're interesting in being a part of or supporting Youth Council please feel free to contact Joe.



Joe Barton
Tribal Cook

Youth Council Movie Night



✓ Where: Tribal Hall
Coos Bay

✓ When: Saturday
August 20th @ 3:00pm-
7:00pm

✓ Who: Ages 14-24
Interested in
participating in the
Tribal Youth Council

*No guests please

✓ Pizza and snacks will
be provided



Transportation
Springfield outreach
office leave @ 12:00pm
Florence Outreach
office leave @ 1:30pm

*You must be at the outreach
office before departure time

TO ENTER DRAWING
YOU MUST R.S.V.P BY
AUGUST 18TH

Joe Barton
541-808-4059
Joebarton@ctclusi.org

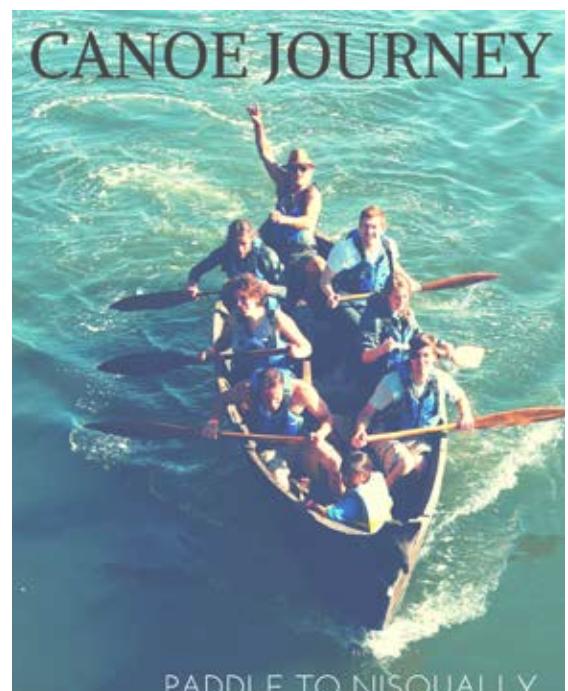
Save the Dates - Canoe Journey -

July 21st — 30th
Canoe Journey Paddle
(see insert details)

July 30th
Canoe Journey Landing
Olympia, WA

August 1st — 4th
Canoe Journey Protocol
Nisqually, WA

Call Margaret Corvi (541) 888-1304 or
Jesse Beers (541) 297-0748 for more
information



Preparing for Canoe Journey 2016 with Cold Water Training

Contributed by Doug Barrett, CADC1, CPS, Prevention Coordinator

On May 25th, 26th and 27th, we held a Cold Water Training for kayaks and canoes. There was a total of 16 attendees that included CTCLUSI employees as well as employees from the Coquille Tribe. Classroom training was done at Tribal Hall and in the water training at Sunset Bay. Travis J. Reid of Oregon Rescue from Bend was our instructor. Travis is a Professional Safety & Rescue Instructor and Accomplished International Guide. He certified us through ACA (American Canoe Association) by giving all of us a Canoe & Kayak Training & Water Rescue course. This was an awesome training and we learned safe ways to paddle, roll and bail the kayaks and canoes. The kayaks were self-bailing sit-on-tops; however, the hardest part was pulling yourself on without flipping or falling off again. With his proper instructions we were all able to get back on and paddle again. We also learned safe methods of rescuing another person and swimming back to the kayak or to safety. He also taught CPR and first aid with proper bandaging techniques. We learned some great new knots and a quick release knot that we now call the bailer's knot and also how to safely water rescue and release a victim if needed. The best experiences we all could have gone through were the canoe rollovers. We would roll and "sink" the canoe, then untie our bailers with our quick knots and start moving water out. After some major water movement, it was time to get the paddlers back in. It was a little tricky getting the first couple folks in. We had to stabilize the canoe and pull ourselves in without rolling or adding more water. It wasn't too long and we were all back in position and paddling again. We practiced this several times throughout the training and we were able to get the procedure down pretty well at the end. Again, this was a great training and our hands go up to Travis for his teachings and knowledge!

We need to live our lives in Balance and live with the Earth instead of on it. If we are out of balance with our Physical, Emotional, Mental or Spiritual aspects, we need to work on bringing our selves back to Balance.

Staying away from Alcohol, Tobacco and other Drugs is part of that good Balance. The same goes for paddling in the canoe, we need to get in with a good heart, good balance and paddle in our ancestor's footprints.



Pictured left to right: Jesse Beers, Instructor Travis Reid, Anne Niblett, Jennifer Stephens, Mark Petrie, Becky Cantrall, Quila Doyle, Laura Angulo, Jesse Davis, Kara Towner, John Schaefer, Doug Barrett, Ashley Russell, Amanda Craig, Courtney Krossman, and Heidi Helms



Participants of the Cold Water Training practice how to bail out the canoe should it tip during a roll.
The Coquille's Canoe Ponto was used to practice these techniques

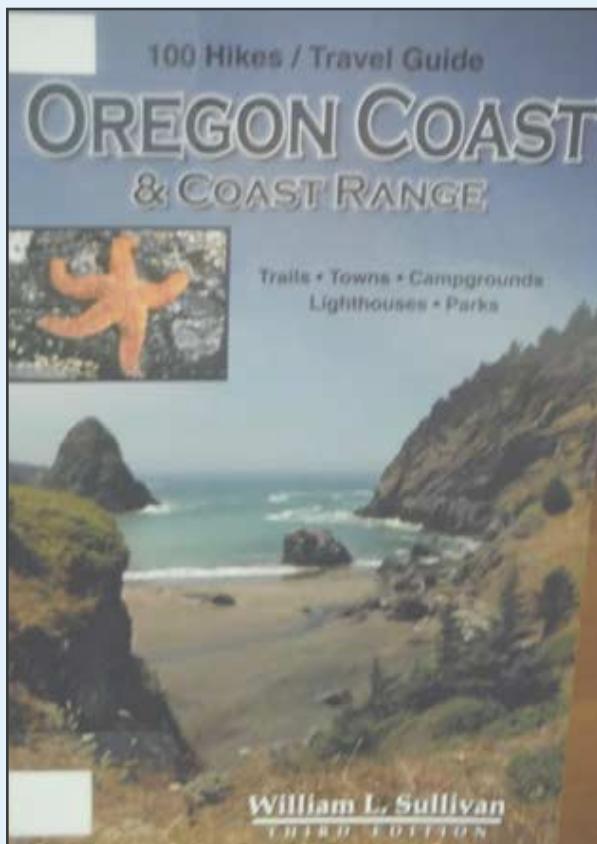


Photographs courtesy of Amanda Craig

EDUCATION CORNER

Planning a vacation? Welcome to the Oregon Coast – with 363 miles of cliff-edged capes, public beaches, wild rivers, sand dunes, rainforest, and coastal mountains.

The July "BOOK OF THE MONTH" is:



100 Hikes / Travel Guide Oregon Coast & Coast Range

Author: William L. Sullivan

This book shows a detailed **Travel Guide** for touring by car and a complete Trail Guide for planning adventures on foot. Each hike's difficulty is clearly identified as easy, moderate, or difficult. You will find easy-to-read maps and tips on discovering lighthouses, beaches, harbors, picnic spots and campgrounds. Check it out now in your Tribal Library located in the Coos Bay Administration Building.

CONGRATULATIONS GRADUATES!!!

Help us to celebrate your amazing accomplishments. If you have recently graduated from High School, College, or University please send in your Graduation photo and information on your degree or certificate, as well as your next education or career step.

Submissions for the August 2016 newsletter are due by 5:00 p.m. on July 15th. Contact Morgan Gaines at mgaines@ctclusi.org or by calling 541-888-7536.

EDUCATION

BACK TO SCHOOL TIME....

CUT OUT THIS SIGN UP AND SEND TO :

CTCLUSI EDUCATION DEPT.

1245 FULTON AVE..

COOS BAY, OR 97420

SIGN UP STARTS NOW UNTIL August 12, 2016

(*No sign ups accepted after that date.*)

Supplies cards will be sent after the closing date.

Grades K-12 or ages 5-18 **Enrolled CLUSI Students Only.**

Name _____

Enrollment # _____

Address _____

School Attending _____ Grade _____

Phone Number _____

Parent/Guardian _____

Signature _____

This Month...be on the Lookout for Salal

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Salal is in the family Ericaceae, the Heath family. Cranberries, huckleberries, blueberries, kinnickinnick, rhododendrons, and azaleas also belong to this family. This evergreen plant can be found in the understory of low-elevation forests or in shore-edge or rocky clearings and produces berries that ripen mid-summer. Black dogs were occasionally named 'salal' for some salal berries are nearly black.

Food: This plant was an important food staple and gathered in vast quantities. The berries were eaten fresh as well as dried for winter use. Some berries were mashed and made into fruit leather or cakes along with crabapples and dried for use throughout the year. Today, salal is more often times made into jellies or syrups with huckleberries.

Other: Salal leaves were used medicinally. Some uses included poultices for burns or sores and teas to treat illnesses from tuberculosis to upset stomach.

Hanis: ba'mos

Miluk: ba'mis

Siuslaw: qwaninii'i

Lower Umpqua: kwannii

Scientific Name: Gaultheria shallon

Reference:
Ethnobotany of
the Coos, Lower
Umpqua & Siuslaw;
Plants used for food,
medicine, clothing
and tools. Patricia
Whereat Phillips



Photograph courtesy of John Schaefer

Springfield After School Program Has Successful and Fun Year!

Pictured at Right: Youth take victory in a five point tally game of **nauhina'nowos** (shinny) against adults. Raquel is a strong player, Royce is really good at swiping the toggle while Isa has some intense defense mechanisms going on

Pictured Below: Zak Pace leads youth in a traditional language activity during the afterschool program.



Isa Helms, Raquel Helms, and Royce Huntoon play together during the After School Program in Springfield
Photographs courtesy of Heidi Helms



Students, Did You Know?!



UNIVERSITY OF OREGON

TO: Oregon's 9 Federally Recognized Tribes and Residency by Aboriginal Rights Tribes

FR: Dr. Scott Pratt, Dean of the Graduate School

Dr. Jason Younker, Assistant Vice President and Advisor to the President for Sovereignty and Government-to-Government Relations

Jason

RE: University of Oregon Future Stewards Program Tuition Waiver

Date: November 12, 2015

Dear Friends,

It is with great pleasure that the UO announces an exciting and innovative graduate school funding program. The Future Stewards Program (FSP) is intended to support American Indian graduate students who are members of Oregon's 9 Federally Recognized Tribes or those who are enrolled members from one of the 44 tribes listed among the Residence by Aboriginal Rights Program.

The FSP is a partnership between the Tribes and the UO. We seek scholars who are committed to graduate education and especially those who desire to work within a tribal community. Eligible scholars will need to secure tribal funding to offset the cost of student fees and health insurance. In addition, they will need to provide proof of enrollment in a federally recognized tribe. While FSP is intended to serve Oregon or Residency by Aboriginal Rights tribes, scholars from other tribes can be considered depending upon available funding.

Funding can be used for Master's or Doctoral degrees. Please see the list below identifying the eligible graduate programs. Tuition waivers do not cover costs on self-support coursework and programs. If you do not see your field of study below, please contact the Graduate School to see if your program may be a self-support program.

OFFICE OF THE PRESIDENT
1226 University of Oregon, Eugene OR 97403-1226 T 541-346-3036 F 541-346-3017 www.uoregon.edu

An equal-opportunity, affirmative-action institution committed to cultural diversity and compliance with the Americans with Disabilities Act

Join a Tribal Committee

The Education Committee currently has two openings. If you would like to participate and join this or any Tribal committee please submit a Letter of Interest. Letter of Interest forms can be found on the Tribal member side of the website. Simply log in on www.ctclusi.org and type <http://ctclusi.org/committees> into your web browser. Here you will find all the necessary forms and committee information. Please submit your Letter of Interest to Jeannie McNeil at 1245 Fulton Avenue, Coos Bay, Oregon 97420 or through e-mail at jmcneil@ctclusi.org

Tribe Hires Bill Dean, Tribal Housing Maintenance

Contributed by Morgan Gaines, Communications Specialist



Bill Dean
Housing Maintenance

Bill Dean, Tribal Housing Maintenance, comes to the Tribe with over 25 years of experience and plant services doing Housing, most recently coming from Southwestern Oregon Community College as their night custodian. Bill is well rounded in his knowledge and brings many skills to his position with the Tribe.

Bill and his wife moved to Oregon 16 years ago from Delaware to be closer to family. He sits on the local July Jubilee Committee and runs a free community disc golf tournament each year. Bill competes in disc golf tournaments himself and placed second in the Winter Disc Golf Series Master Division just last year. Outside of work Bill's time is filled camping, fishing, and hiking.

On June 9th Bill graduated from CNA School and will take the state board test on July 3rd. Bill will receive his CNA certification as well. He is always looking to further his education in the medical field but finds that this position is a complimentary fit to helping him meet his education goals.

Say hello and give Bill a warm welcome if you see him around Tribal Housing. He is certainly a welcome addition to the Tribal Government. He shared that he is excited to be working here and that "I'm looking forward to serving Tribal members. Feel free to flag me down anytime you see me if you have a question. I have some really exciting ideas and I'm going to follow through with some of the groundwork that has been started at Qaxas. I'll try to make it as beautiful as I can make it."



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

<p>Three Rivers Casino Resort ~ Florence</p> <ul style="list-style-type: none"> Barista ~ Bartender ~ Beverage Server Buffet Cashier ~ Busperson ~ Food Server Lead Cook ~ Line Cook ~ Prep Cook Buffet Station Attendant ~ Dish Machine Operator Hotel Front Office Manager Guest Room Attendant Environmental Services Technician 1 Soft Count Team Member Dual Rate Lead Security Officer I ~ Security Officer 2 DR Lead Golf Course Golf Shop Clerk Slot/Keno/Bingo Attendant Table Games Dealer 1-8 <p>Three Rivers Casino Resort ~ Coos Bay</p> <ul style="list-style-type: none"> Casino Team Member Dish Machine Operator/Prep Cook Bartender/Server Electronic Gaming Machine Technician 	<p>Blue Earth No openings at this time</p> <p>Tribal Government Offices</p> <ul style="list-style-type: none"> Canoe Journey Volunteer Special Events Employee Planning Assistant/Grant Coordinator Healing of the Canoe Program Facilitator Caseworker/ICWA Specialist Surveillance Agent I <p style="text-align: right;"></p> <p style="text-align: right;">http://ctclusi-int.atsondemand.com/ Go to Job Opportunities on the website for full job posting and to Apply Online Updated Daily Or call Recruitment at 541-902-6504</p>
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Save the Date

Canoe Journey Landing, July 30, 2016 Olympia, WA.

Canoe Journey Protocol, Nisqually, WA.

August 1 - 4, 2016



AGENDA
August 26th—28th, 2016
Mt. Hood RR/Sternwheeler
Hood River, OR

Limited transportation is being provided from the Coos Bay, Florence and Springfield Offices

Friday, August 26th

- 8:00—Tribal transportation leaves Coos Bay office.
- 9:30—Tribal transportation leaves Florence office.
- 10:45—Tribal transportation leaves Springfield office.
- 12:00—Lunch at HomeTown Buffet (**636 Lancaster DR NE, Salem, OR**)
- 3:30—Check in at Hotel in Hood River (TBA—with final itinerary)
- 4:30—Depart to Cascade Locks
- 5:30—Boarding Time to Columbia Gorge Sternwheeler (**355 Wa-Na-Pa St., Cascade Locks, OR**)
- 6:00—8:00—Dinner Cruise
- 8:00—Depart to Hotel in Hood River

Saturday, August 27th

- 6:00—10:00 Continental breakfast at Hotel
- TBA—with final itinerary
- 4:45—Board at Mt. Hood Railroad (**110 Railroad Ave., Hood River, OR**)
- 5:30—7:30 Dinner on Train
- 7:30—Return to Hotel

Sunday, Auugst 28th

- 6:00—10:00 Continental breakfast at Hotel
- 10:30—Depart for home

For further information and to **RSVP please contact: Iliana Montiel, Asst Health Director by August 1st.**

541-888-7526 (office) or 541-217-4613 (cell)



Sponsored by:
Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Elders Activity Program

Elders Corner

Elders Luncheon

THURSDAY, July 7, 2016
at 11:30 A.M.

BBQ At Woahink
84505 U.S. 101, Florence, OR 97439



R.S.V.P. by July 5th 2016

Please contact Andrew Brainard,

Elders Coordinator/ CHR, at (541) 888-7533

LIMITED TRANSPORTATION IS PROVIDED.

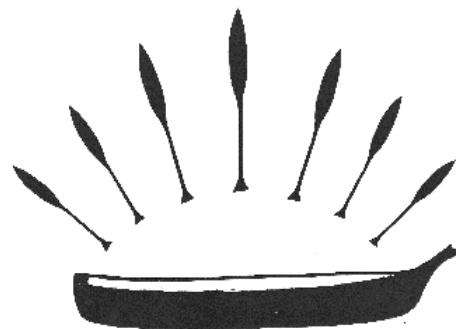


Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
 Health & Human Services Division
 Elders Activity Program

Welcome New Tribal Elder

Marie Lynn Bouman-Smith

ELDERS come enjoy the last day of the Tribes 2016 Culture Camp and Potlatch



Friday July 15th, 11:00 AM – 2:00 PM, at John Topits Park near Empire Lakes Coos Bay, OR.

Transportation will be provided from the Florence and Springfield Outreach Offices

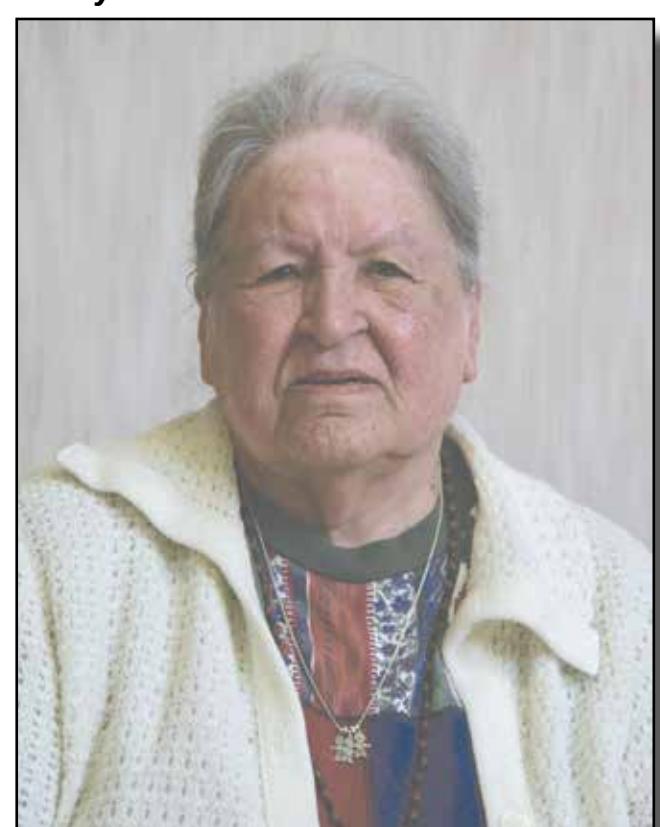
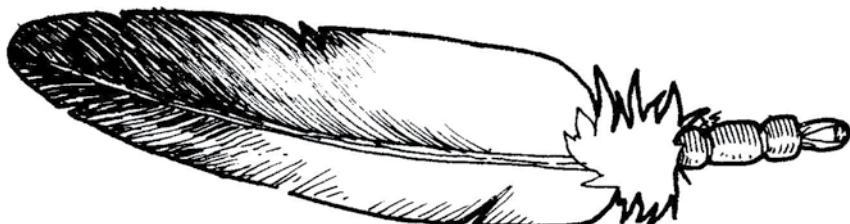
Please RSVP by July 12th by calling Andrew Brainard at (541) 888-7533

ELDER SPOTLIGHT OF THE MONTH - JULY 2016

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. If the next Elder on the list chooses to participate they will be interviewed for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. **Thank you Elders!**

Contributed by Andrew Brainard, CHR and Elders Activity Program Coordinator

Congratulations to Carolyn Slyter, our first Elder Spotlight of the Month for July 2016. Carolyn is a Hanis Coos member and has 2 children, 4 grandchildren and 3 great grandchildren. In Carolyn's spare time she is the Vice-President of the Coos Bay Garden Club, a board member of the OSU Extension Services, and for over 18 years has been a board member of the Empire Coalition! Carolyn is one the key leaders that helped get the Tribes restored in 1984, and served on Tribal Council for 12 years. She is currently on the Enrollment Committee and has served on that committee for nearly 30 years. In addition, Carolyn has been a part of the Peacegiving Court Program for almost 14 years. Carolyn says that one of the key things she would love to see is for the Tribes to get involved again with storytelling for the Tribal youth, as well as more youth programs to keep them on the right path in life. Congratulations to Carolyn Slyter for her continuing support of the Tribes and community!



Tribal Elder Carolyn Slyter

Tribal Family Gathering

Join Us for our Tribal Family Dinner

Tuesday, July 19, 2016

Home Town Buffet
3000 Gateway St.
Springfield, OR 97477

6:00 to 8:00 pm

Guest Speakers will be:
Rebecca Ambrose, Domestic Violence Program Coordinator, Family Services
Topic: Intimate Partner Violence and
Joey Barton will speak about the Youth Council

We look forward to seeing all of you!

Please RSVP by July 14, 2016

RSVP to Traci Stefanek
541-744-1334
541-808-8684
[**tstefanek@ctclusi.org**](mailto:tstefanek@ctclusi.org)

Post: 7/1/16 thru 7/16/16

****** FIFTEEN (15) DAY NOTICE ******
NOTICE OF VACANCY
CTCLUSI 5-2-7(a)(3)

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians' Gaming Commission is established pursuant to CLUSITC 5-2-7. The purpose of the Gaming Commission is to regulate Class II and Class III gaming on the Confederated Tribes' Indian Land. The Commission consists of three (3) members appointed by a majority vote of the Tribal Council.

A vacancy will occur on July 31, 2016, when a current commission member's term expires. Vacancies shall be filled within sixty (60) days by the Commission with the approval of Tribal Council. The vacant position is for a person with accounting experience. CTCLUSI 5-2-7(a)(3) The term of this position is three years.

Pursuant to CLUSITC 5-2-7(c), when a vacancy occurs, notice of such vacancy shall be published and posted for at least fifteen (15) days. The notice shall identify the qualifications, if any, specific to the vacancy and request interested parties to file a statement with the Commission reflecting their qualifications and interest in serving as a Commission member.

Qualifications for the Posted Vacancy:

Minimum qualifications for membership on the Gaming Commission are as follows:

- Must be at least twenty-one (21) years of age;
- May not be employed in or own any interest in or gamble in a gaming operation authorized by the Tribes; and
- May not participate in the management of the Three Rivers Casino;
- May not hold an elected or management position with the Confederated Tribes;

Specific qualifications for the vacant Commissioner position are as follows:

- Must be a person with at least ten (10) years of accounting experience, or a person with a bachelor's degree in accounting or related field and at least five (5) years of accounting experience.

Each applicant for Commission membership shall be subject to a background investigation (CTCLUSI 5-2-12) and drug testing (CTCLUSI 5-2-15). The duties of the Commission are enumerated at CTCLUSI 5-2-7(i)(1)-(13).

Interested parties may file a statement of interest with the Commission reflecting their qualifications and interest in serving as a Commission member to Bradley Kneaper, Chief Law Enforcement Officer for the Gaming Commission, at the following address:

5647 Hwy 126 Suite 100
Florence, OR 97439

You may also fax your statement to 541-997-7293, or email at bkneaper@ctclusi-gc.com.

6. Upon termination of the notice period, the Commission shall develop selection procedures which are designed to promote appointment of the most qualified person.

This notice of vacancy shall be posted at all Tribal offices.

Page 1 of 1

Child Care Payment Assistance

- ⇒ Do you need child care payment assistance?
- ⇒ Are your children enrolled members of CTCLUSI?
- ⇒ Are you employed or in school for a total of 40 hours per week?

The Child Care Development Fund helps pay for qualifying child care expenses.

To qualify your family must:

- ⇒ Meet Income Eligibility Requirements
- ⇒ Use a State Licensed Provider (We can help.)

For more information about the CTCLUSI Tribal CCDF Program call: CTCLUSI Family Services at:

(541) 888-7599

Circle of Healing

If you have been the victim of domestic violence or sexual assault, please reach out to the Circle of Healing Program for assistance. Rebecca Ambrose, a trained victim service professional, can be reached at: **(541) 888-1309.**

Charleston Marine Life Center Grand Opening: Tribal Members Work on Display in Exhibits

Contributed by Morgan Gaines, Communications Specialist

The Charleston Marine Life Center held its grand opening on May 21, 2016. Located in Charleston Oregon and an entity of the University of Oregon's Institute of Marine Biology, the Marine Life Center has been in the works for over eight years. The museum is a two- story building that focuses on the diversity of ocean life. It displays the skeletons of large sea mammals, including those of a killer whale, gray whale and a variety of other toothed whales. Numerous large tanks, two of which were funded by the Three Rivers Foundation, highlight the diversity of local marine life, and a tidepool "touch tank" that simulates the local diversity of the Oregon coast tide pools. Video exhibits of ocean reefs and undersea volcanoes are presented with specimens of many deep-sea animals.

The fisheries gallery has an exhibit on the indigenous peoples of the area and their relationship with the ocean. Coos Tribal member David Brainard's hand carved tools can be viewed at the center, including a leister spear, herring rake, double harpoon, fishing gaff, fish trap, various fishing hooks, as well as cedar bark containers, and more.

Lower Umpqua Tribal member Pam Stoehsler's work can also be viewed in the museum, in the form of a beautiful painting depicting trader and explorer Jedediah Smith trading for sea otter pelts with the Tribes. For the kids, a display on harbor seals includes a modern rendition of the traditional tribal story "The woman who married the seal" with original cartoon illustrations.

Over 600 people visited the Marine Life Center during the grand opening. Following a ceremony thanking the many contributors to the center's completion, OIMB released over 5,000 Chinook salmon hatchlings, provided by the Oregon Department of Fish and Wildlife, into the OIMB stream. Coos Tribal Elder George Barton was present at the ceremony and was one of the few folks who helped to release the fish. After the ceremony I spoke with him and he shared that he wanted to be a part of the release of the salmon for our Tribe. Those salmon will be a part of the waters in our ancestral lands and help to nourish our people and waters for generations to come.

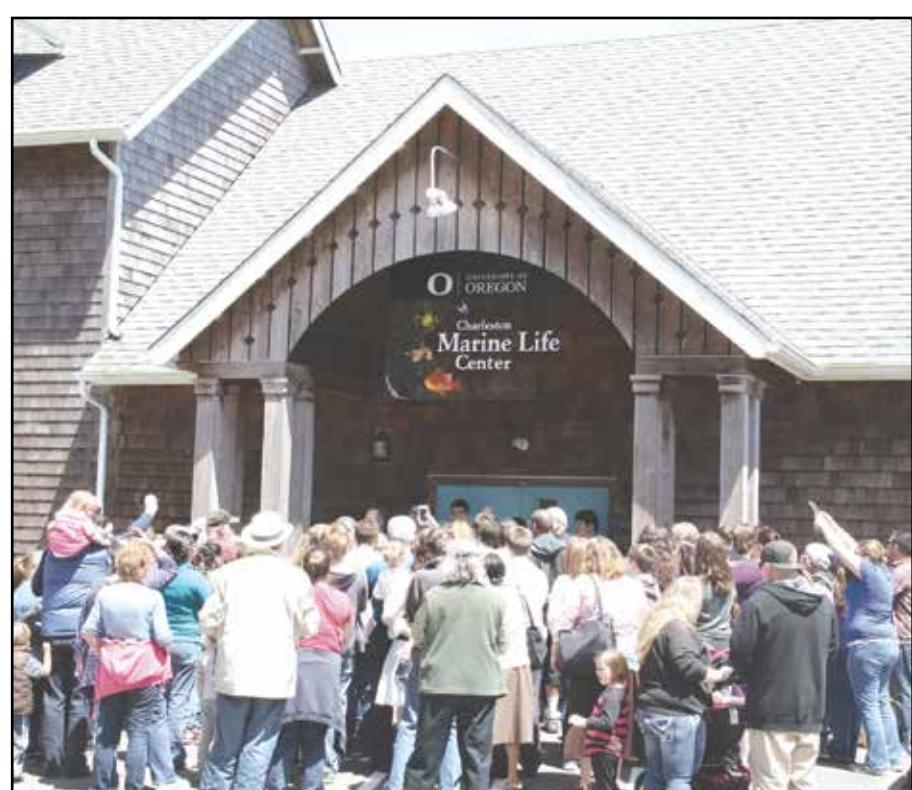
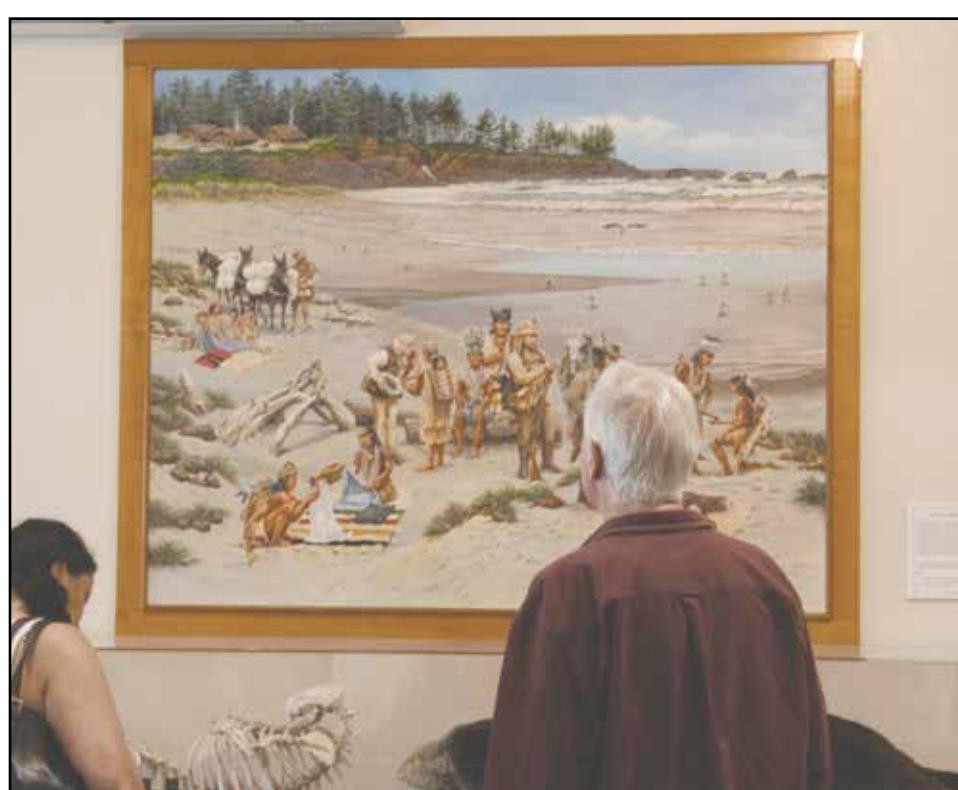
The museum is open from 11:00 a.m. – 5:00 p.m. on Wednesday through Saturday. Admission is \$5 for adults, \$4 for seniors, and free for children and students of the University of Oregon.

Top left photo: Tribal Elder George Barton helps release salmon into the stream at OIMB during the Marine Life Center Grand Opening Ceremony

Top right: Members of the community enjoy the display of traditional tools by Tribal Elder David Brainard

Bottom left: A gentleman views the painting by Tribal member Pam Stoehsler

Bottom right: Over 600 people attending the Marine Life Center Grand Opening



The Most Inspirational Career Advice from This Year's Commencement Speeches

Contributed by Mike Smith, Recruitment Specialist

You're not done learning just yet.

Congratulations to all the graduates who may read this edition of the newsletter. For the many years, you've had your head in the books, and it's all led to this one pivotal moment: the moment you receive your degree. What a feeling! You've finally done it! Let that soak in.

Now, it's time to pass or flunk in the real world (no pressure, right?). Lucky for you there are plenty of people who have been there and done it. They've had their successes and their failures—but now, it's time for them to pass their wisdom on to you. We've compiled the best career advice from the 2016 college commencement speeches. If you follow some of the advice here, maybe you'll be the one giving it on some future Saturday in June.

1. Resilience is a learned trait.

"When the challenges come, I hope you remember that anchored deep within you is the ability to learn and grow."

—Sheryl Sandberg, Chief Operating Officer, Facebook | University of California, Berkeley, May 14

You'd be hard-pressed to find a more emotionally impactful commencement speech than the one she gave to the graduating class of UC Berkeley. Sandberg, widely renowned for her book and subsequent movement *Lean In*, took a personal tone in her speech. She suffered a tragedy when her husband, David Goldberg, died suddenly in May 2015; Sandberg spoke about facing challenge—a theme that could be applied personally or professionally.

What's her advice mean for you, oh brave class of 2016? Never stop being a student to your problems. Take the time to reflect on the big challenges in your life.

With your successes, there'll be tough times at work—friends and co-workers leaving the company, missed opportunities, botched presentations. The best advice? Find a mentor. By having a dedicated person who you can bounce ideas off of and learn from you'll be better able to learn and grow.

2. Count the small wins.

"Success, however small, however incomplete, success is still success. I always tell my daughters, you know, better is good. It may not be perfect, it may not be great, but it's good. That's how progress happens—in societies and in our own lives." —President Barack Obama | Rutgers University, May 15

And he couldn't be more right. Yes, your career will suffer setbacks—and that's OK. But you will also find small successes that you should feel proud of throughout your working life.

Get a new part-time gig? That goes in the win column. Make a new professional connection? Excellent, now foster that relationship. However small the success, use it as a stepping stone to achieve greater career goals.

3. Don't be afraid of the big challenges.

"Turn toward the problems that you see." —Matt Damon, Actor | Massachusetts Institute of Technology, June 3

Former President Bill Clinton actually gave Damon this advice a little more than a decade ago, as *The Martian* star explained to MIT students and family members in his speech. But these seven words have stuck with Damon and he urges the students to embrace in their own careers.

You, too, should not back down from complicated challenges on the job. There will be times when you're asked to do something at work that you're totally unprepared to do. And then there will be times when you'll recognize opportunities to bring people together at work—whether through a culture committee, an editorial board for the business' blog, or otherwise—even though no one's asking you to. If you involve stakeholders from multiple departments from the outset, people will look to you as a leader and a problem-solver.

4. Focus your career—and learn how to sell it.

"This act of choosing—the stories we tell versus the stories we leave out—will reverberate across the rest of your life. Don't believe me? Think about how you celebrated this senior week, and contrast that with the version you shared with the parents and grandparents sitting behind you..." —Lin-Manuel Miranda, Actor | University of Pennsylvania, May 16

Too true. Miranda's words remind young workers that focus in a career—and developing an ability to sell your skills through storytelling—is as important as ever.

There is huge value in being able to tap into people's ability to empathize. For example, if you're putting together a presentation, why not start with a single conflict? Who is the protagonist of your story, and what do they want? How will your audience react to this character's struggle? If you tell relatable, emotionally-driven stories, you're guaranteed to stand out in a world of dry PowerPoints littered with data and key takeaways.

5. Recognize your potential.

"The sky is not the limit. It is only the beginning, so lift off." —Donovan Livingston, master's candidate at Harvard University | Harvard University, May 26

In his spoken word poem, "Lift Off," Livingston's message is to inspire grads to reach for their dreams and to always be their most authentic selves. In your career—in interviews, the workplace and elsewhere—staying true to your passions and striving for your goals is just about the best advice anyone can give, especially through such a moving poem with beautiful cosmological metaphors mixed in.

Content taken from "The most inspirational career advice from this year's commencement speeches" by Jon Simmons, 6/13/2016
© 2016 Monster Worldwide



PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.



Photo By: Morgan Gaines

For more information about Peacegiving or Peacegiving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420
PHONE: (541) 888-1306 or (541) 888-1316
EMAIL: Peacegivingcourt@ctclusi.org Website: <http://ctclusi.org/peacegiving>



**\$25,000.00
Roll to WIN!**

EARN ENTRIES JULY 1-31
WITH 4X POINTS ON JULY 4TH
Drawing Sunday, July 31

36 finalists will get a chance to roll boxcars & win \$25,000.00!

Lee Ann Womack

**FRIDAY, JULY 8
SATURDAY, JULY 9**

TICKETS START AT \$19.99

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The Voice of CLUSI



August 2016

Issue 8

Volume 17

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Tribal Youth Attend Culture Camp 2016



Tribal Council visits youth at Culture Camp on July 14, 2016

Pictured from left to right, front row: Will Clark, Ramil Beers, Jade McNutt, Nicole Clark, Lesleigh Owens, Charlie Dollins, Mary Norton, Kari Herrin. Next row, seated are members of Tribal Council: Aaron McNutt, Tara Bowen, Beaver Bowen, Doc Slyter, Teresa Spangler, Chairman Mark Ingersoll and Chief Warren Brainard, then camper Garrett Hutchinson and Officer Brian Dubray. Next row: Kendall Norton, Zak Pace, Alhana McNutt, Nicole Romine, Jesse Beers, Shyanne Gilbert, Gregory Sparhawk, Orion Petrie, Maree Beers, Nicole Mendoza, and Isaac Dull.

Back row: Alex Ford, Mark Petrie, Eagle Roy, Mary Lou Greene, Joe Barton, and Dylan Brainard.

Contributed by Morgan Gaines, Communications Specialist

The Tribe's annual youth culture camp was held Monday, July 11th through Friday, July 15th at the Tribal Reservation in Coos Bay, Oregon. This year's camp gave youth the opportunity to paddle our ancestral waters, and for some, was preparation for the upcoming Canoe Journey: Paddle to Nisqually.

The first day of camp began with all the Counselors and Counselors-in-Training (CIT's) gathering together to go over safety procedures and refresh their CPR and First Aid knowledge. They bonded over setting up their respective tents out on the reservation. The boys stayed in a tent down by belex tlxanii (the butterfly garden) while the girls tent was beyond the fire pit near Tribal Hall. That night the campers arrived, excited to start their week long adventure. They were fed a wonderful meal, and

continued to receive their fill of the bounty prepared by Tribal Cook Joe Barton and assistant Kathy Perkins.

Tuesday morning the older youth (12 and up) partook in their first pull on the water in the beautiful canoe Lottie. From Scottsburg to Reedsport, they paddled along the incredible Umpqua River. A few good sized small mouth bass were caught along the way and the pullers had a nice stop for lunch on the island across from Brandy Bar landing. The last stretch of the day the pullers paddled Lottie in front of the old Macy family homestead before taking out in front of the Discovery Center in Reedsport.

Meanwhile, the younger group of campers had been exploring inside the Umpqua Discovery Center that day. They walked through the exhibits learning about local wildlife and getting to see a little of their own Tribal history in paintings.

- Story continues on page 4, See Culture Camp

Save the Date

Salmon Ceremony

August 7, 2016

Youth Council Movie Night

August 20, 2016

Tribal Council Business

As Reported at the July 10, 2016 Regular Tribal Council Meeting

Chief Warren Brainard:

June 12 Regular Council Meeting
June 15 Special Council Meeting
June 24 Unitarian Fellowship to speak about the Tribe
June 29 Business Council Meeting
July 2 Preformed a Wedding
July 7 Coos Head Area Master Plan Meeting (CHAMP); Jordan Cove Meeting

Doc Slyter:

June 12 Regular Council Meeting
June 13 Tribal Sweat
June 15 Special Council Meeting
June 16 Employee Appreciation BBQ for Tribal Government
June 20 Tribal Family Dinner; Summer Solstice
June 29 Business Council Meeting
June 30 Spoke at U of O Language Class
July 8 Speaker at Healing of the Canoe-Coquille Plankhouse

Beaver Bowen:

June 12 Regular Council Meeting
June 15 Special Council Meeting
June 16 Employee Appreciation BBQ for Tribal Government
June 27-29 National Congress of American Indians (NCAI) Conference

Teresa Spangler, Vice - Chairman:

June 12 Regular Council Meeting
June 15 Special Council Meeting
June 16 Employee Appreciation BBQ for Tribal Government
June 18 Student Recognition Dinner
June 21 Peace and Dignity Runners Dinner
June 25 Clamboree Fry Bread at Tribal Hall
June 28 Healing of Canoe Dinner
June 29 Business Council Meeting

Arron McNutt:

June 12 Affiliated Tribes of Northwest Indians (ATNI) Conference; US Department of Agriculture Presentation; Regional Accelerator

& Innovation Network (RAIN) Presentation;
June 15 Special Council Meeting (Called in)
June 29 Business Council Meeting

Tara Bowen:

June 12 Regular Council Meeting
June 15 Special Council Meeting
June 16 Employee Appreciation BBQ for Tribal Government
June 18 Student Recognition Dinner
June 29 Elders Summer School Luncheon; Business Council Meeting

Mark Ingersoll, Chairman:

June 12 Regular Council Meeting
June 15 Special Council Meeting
June 18 Student Recognition Dinner
June 19 Summer Solstice Dinner
June 20 Tribal Family Dinner
June 21 Dignity Runners Dinner
June 25 Clamboree
June 29 Business Council Meeting

Resolution Summaries

RESOLUTION NO.: 16-031

Date of Passage: June 15, 2016

Subject (title): Approval for Submission of Spirit Mountain Community Fund Grant Application

Explanation: Tribal Council approved the proposed "Community Assessment for Vocational Education Planning" project and the submission of an application for the Spirit Mountain Community Fund Grant, which would result in an additional \$75,000 to the Tribes.

RESOLUTION NO.: 16-032

Date of Passage: June 15, 2016

Subject (title): Authorization to Request Funding from the BIA 2016 Tribal Climate Resilience Grant Program

Explanation: Tribal Council approved the submission of an application for the 2016 Tribal Climate Resilience Grant in the amount of \$250,000 to add capacity to the Tribes' Natural Resources Department for monitoring water quality, completing assessments and inventories of native species in the Coos Bay, Umpqua River, and Siuslaw River estuaries.

RESOLUTION NO.: 16-033

Date of Passage: June 29, 2016

Subject (title): Amendments to CLUSITC Chapter

1-9 (Tribal Council) for First Reading

Explanation: Tribal Council approved amendments to CLUSITC Chapter 1-9 (Tribal Council) to make it clear that Tribal Council members may participate and vote by phone or other electronic means in special meetings, but not regular meetings. The proposed amendments will be posted for a twenty-eight (28) day comment period.

RESOLUTION NO.: 16-035

Date of Passage: July 10, 2016

Subject (title): Changes and Corrections to the Roll - Name Change

Explanation: Tribal Council accepted and approved the Enrollment Committee's recommendation to change the names of two Tribal members on the Roll.

RESOLUTION NO.: 16-036

Date of Passage: July 10, 2016

Subject (title): Approval of Terms and Conditions - Quoted Service with Trane U.S. Inc.

Explanation: Tribal Council approved an agreement with Trane to provide and install additional HVAC equipment as part of the new non-smoking project in the Florence Casino.

RESOLUTION NO.: 16-037

Date of Passage: July 10, 2016

Subject (title): Support of the Dental Health Aide Therapist Pilot Study

Explanation: Tribal Council supports the Tribes' participation in the Dental Health Aide Therapist pilot study.

ORDINANCE NO.: 085B

Date of Passage: July 10, 2016

Subject (title): An Ordinance Revising Elders' Committee Code (CLUSITC 7-11)

Explanation: Tribal Council adopted amendments to CLUSITC Chapter 7-11 (Elders' Committee) to require the Committee to meet at least quarterly rather than monthly as required by CLUSITC Chapter 7-5 (General Committee Code).

ORDINANCE NO.: 086B

Date of Passage: July 10, 2016

Subject (title): An Ordinance Revising Tribal Health Committee Code (CLUSITC 7-12)

Explanation: Tribal Council adopted amendments to CLUSITC Chapter 7-12 (Tribal Health Committee) to require the Committee to meet at least quarterly rather than monthly as required by CLUSITC Chapter 7-5 (General Committee Code).

Posted: August 1, 2016

NOTICE OF PROPOSED CODE AMENDMENT

The following proposed Code amendment was passed for first reading by Tribal Council on June 29, 2016.

TITLE:

CLUSITC Chapter 1-9 Tribal Council

DATE OF THE TRIBAL COUNCIL MEETING AT WHICH THE PROPOSED CODE AMENDMENT IS EXPECTED TO BE CONSIDERED FOR FINAL PASSAGE:

September 11, 2016

The notice of the proposed amendment shall be published in the Tribal Newsletter and the text of the amendment will be posted for public comment for twenty-eight (28) days in the Administration Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino (Office of the Gaming Commission). Written comments should be sent to the Tribal Council in care of Jeannie McNeil, Administration Office, 1245 Fulton Avenue, Coos Bay OR 97420 or email: jmcneil@ctclusi.org.

Confederated Tribes of Coos, Lower Umpqua, & Siuslaw Indians

Annual Salmon Ceremony

Sunday, August 7, 2016
Gregory Point/ Chief Island
Lighthouse Way, Coos Bay, OR 97420
11:00 a.m.
R.S.V.P by July 21st by calling 541-888-9577 or 1-888-280-0726

Other Weekend Events

Saturday, August 6, 2016

Breakfast with Tribal Council at the Tribal Community Center
Tribal Council will be cooking you breakfast from 8:30 a.m.—10:30 a.m.

Salmon Ceremony is a private, Sacred ceremony for Tribal Families

One guest per adult Tribal member please
This is an alcohol & drug free event

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief
541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter

Position #1 Council
541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen

Position #2 Council
541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll, Chairman

Position #3 Council
541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen

Position #4 Council
541-808-7394
tbowen@ctclusi.org

Teresa Spangler, Vice Chair

Position #5 Council
541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt

Position #6 Council
541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting

August 14, 2016

Community Center
338 Wallace Street, Coos Bay,
OR 97420

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Administration Building

Alexis Barry
Tribal Administrator
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division

Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department

Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Purchased/Referred Care (FKA Contract Health Services)

Sharon Arnold - PRC Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department

Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services

Shayne Platz, Caseworker
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic

Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Health Services

Assistant Director
Iliana Montiel
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-5388
Toll Free 1-888-280-0726
imontiel@ctclusi.org

Tribal Court

J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department

Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office

1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police

Brad Kneaper
Chief of Police
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi
Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

Culture Camp ...

continued from cover page

One in particular showcased a group of youth sitting around a fire inside of a Plankhouse listening to traditional stories. This painting was created referencing the likeness our own Tribal members, one of whom was a counselor for the group which made the moment extra special.

The following morning the older youth once again went on the water, this time in the canoe Tyee E. Bowen, and paddled from Green Acres to California Street in Coos Bay. The younger youth got to explore the new Charleston Marine Life Center where they learned about local marine life. They were able to learn through hands on interaction in a tidal pool tank and science room. Traditional tools carved by Tribal member David Brainard were also on display as well as a beautiful painting by Tribal member Pam Stoehsler. It was wonderful for them to see Tribal members work in such an amazing place.

That afternoon they enjoyed lunch at the South Slough Estuary. While enjoying their meal they learned about the types of native plants they were about to see. During their short hike through the trails at the estuary they had a little competition to see which group could identify the most native plants. Following the hike, the younger campers dropped by Sunset Bay to play in the sand and wade in the waves.

On Thursday the younger group took the pontoon boat out to the Tribes camp on Ten Mile Lake in Lakeside, Oregon. They spent the day fishing and removing invasive species from the lake. Using bamboo rods they fished off the boat dock catching tons of perch and a few blue gills. The larger fish they caught were cooked up that night and added to dinner, which the campers just loved!

After putting in at Mapleton, the older youth pulled around 15 miles on the Siuslaw River. They stopped to eat their sack lunch at the Whiskey Creek Organic farm where they were able to walk around and view some of the property and the foods that are grown there.

To add to an already amazing day, they had a special encounter with Ti'ii (black bear). While carefully navigating through some fallen trees across the river they suddenly spotted Ti'ii swimming across the river, and her two small cubs climbing



Culture Camp participants pose for a quick picture in front of Tribal Hall on the Reservation

Pictured from left to right, top step: Mark Petrie, Joe Barton, Mary Lou Greene, and Jesse Beers. Next row down: Zak Pace, Eagle Roy, Nicole Mendoza, Alex Ford, and Isaac Dull. Third row from top: Orion Petrie, Dylan Brainard, Kari Herrin and Nicole Romine. Second row from bottom step: Gregory Sparhawk, Kendall Norton, Jade McNutt, Maree Beers, Shyanne Gilbert, and Alhana McNutt. Front row: Morgan Gaines, Nicole Clark, Charlie Dollins, Lesleigh Owens, Mary Norton, Garrett Hutchinson, Ramil Beers, and Will Clark.

Campers Not Pictured: Miikel Dollins and Issaq Ekman

across some tree limbs. With safety in mind, the pullers came to an all stop and silently paddle a ways back down the river. They watched as the two cubs played and momma bear finished crossing the river. Once all was clear and a good distance was between the canoe and Ti'ii they continued their pull down the river. The pull ended in the Port of Siuslaw in Florence where the local paper, the Siuslaw News, stopped to interview them. The pullers were featured on the cover of the July 16, 2016 publication. You can view the article online by visiting www.thesiuslawnews.com

That evening the youth had some special visitors. All of Tribal Council came to camp and spent the evening with the youth. Council members took turns introducing themselves and telling them their favorite things about being there with them. Each group of campers then performed skits that they had been practicing, while the members of Council enjoyed them. The Camp Counselors then shared with Council what their respective groups had done that day, shedding light on one of the skits as a re-enactment of the days pull on the river. After skits Chairman Mark Ingersoll had one more surprise for

the campers, s'mores over a camp fire. A big thank you to Council for making the campers last night at camp fun and memorable.

On the final day of camp the youth gathered together at John Topits Park on Empire Lakes in Coos Bay. Tribal Elders and families, and a few Council members joined the youth for some pulls in the canoe out on the lake. Everyone also enjoyed a bbq lunch before playing a few games. Dee Dee Plaep brought props for a few fun games, including 'pass the banana behind your head with your feet', 'pop everyone's balloon', 'throw cheese puff balls at your leader', and a fun 'water balloon toss' before the youth returned to Tribal Hall to meet their parents and head home.

A huge Hayu Masi (Thank you) to Tribal Council and all the staff from Culture, DNR, Prevention, HHSD, and Administration for all your hard work putting together such a great camp. Another big thank you to all the Camp Counselors and CIT's for helping to make some great memories with the youth. And of course, thank you to all the amazing campers for attending.

We hope to see you all again next year!



Culture Camp... continued from cover page



Paddling canoe Lottie in front of the old Macy family homestead on the Umpqua River



Shyanne Gilbert and Nicole Romine



Orion Petrie, Dylan Brainard, Eagle Roy, and Gregory Sparhawk



Back: Andrew Brainard, Alex Ford, Zak Pace. Front: Will Clark, Ramil Beers, Garrett Hutchinson



Miikel Dollins, Mary Lou Greene, and Kari Herrin



Lesleigh Owens, Shyanne Gilbert, and Mary Norton



Mark Petrie skippers canoe Lottie on the Umpqua River during Culture Camp



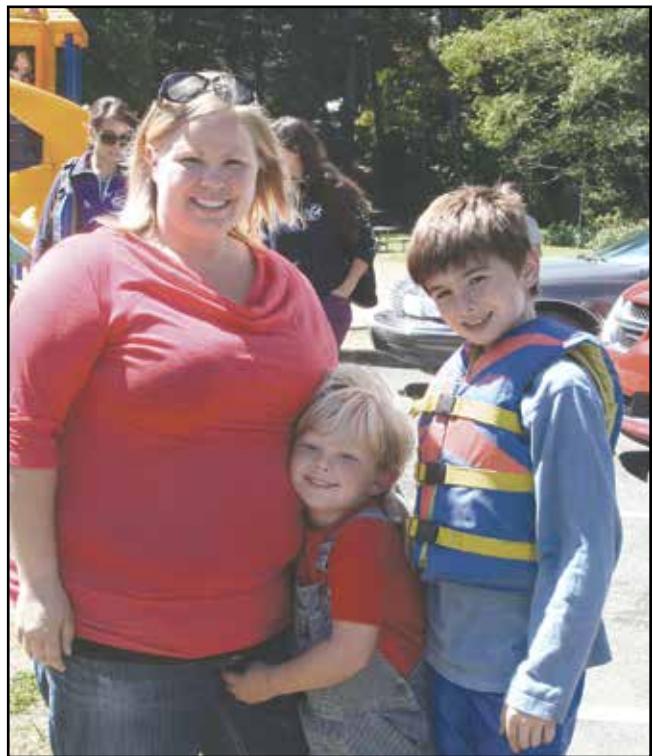
Camp counselors Shyanne Gilbert, Nicole Romine, Maree Beers, and Mary Lou Greene



Jade McNutt holds up her catch from fishing

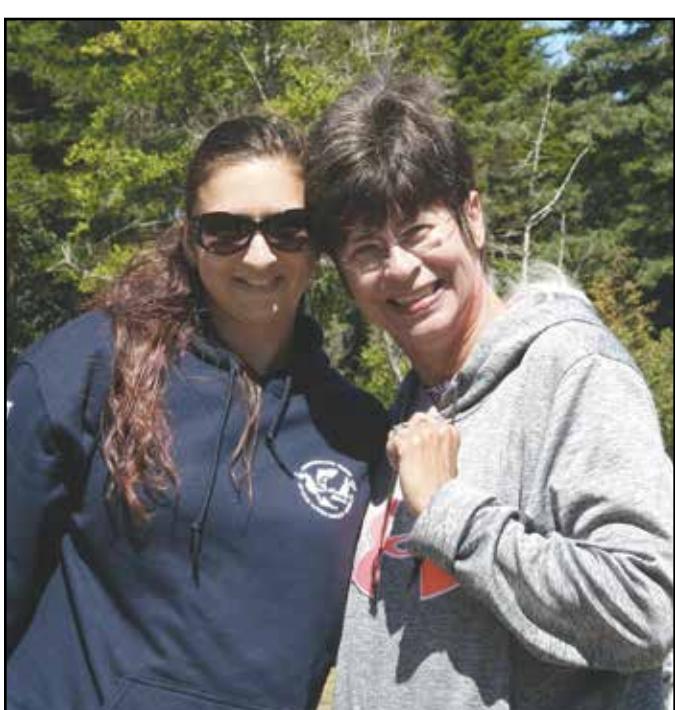


Kendall Norton shows us a shell



Camper Garrett Hutchinson's family

CULTURE CAMP 2016



Traci Stefanek and Dee Dee Plaep



Shane Henderson, Zak Pace, Eagle Roy, Alex Ford, Isaac Dull, Mark Petrie, and Brian Dubray



Will Clark and his group perform a hilarious skit at camp



Youth visited the Charleston Marine Life Center during Culture Camp



Members of Tribal Council, Elders, and family pulled the canoe with the youth on the last day of Culture Camp



Ramil Beers, Isaac Dull, and Gregory Sparhawk



Lesleigh Owens and Kari Herrin

Youth Council Movie Night

Saturday August 20th

3:00 p.m. - 7:00 p.m.

For ages 14 - 24 who are interested in participating in the Tribal Youth Council

Add a little bit of body text
Transportation will be provided
Springfield Outreach Office
will leave @ 12:00 p.m.
Florence Outreach Office
will leave @ 1:30 p.m.

To enter into a drawing
you must R.S.V.P by
August 18th
to Joe Barton
541-808-4059
joebarton@ctclusi.org

Tribal Hall
338 Wallace Street, Coos Bay, OR 97420

*no guests please

Periodontal Disease

Submitted by Shannon M. Schritter, BS, RDH

It is time for your dental visit and you are stressing about it. You have not been flossing every day and sometimes you even forget to brush before you go to bed. You have prepared yourself for the "lecture" you know you will get from your hygienist about flossing every day but there's one phrase you are hoping not to hear: "You have periodontal disease."

The truth of the matter is about "47.2% of adults aged 30 years and older have some form of periodontal disease. Periodontal disease increases with age. 70.1% of adults 65 and older have periodontal disease. This condition is more common in men than women (56.4% vs 38.4%), those living below the federal poverty level (65.4%), those with less than a high school education (66.9%) and current smokers (64.2%)." (http://www.cdc.gov/oralhealth/periodontal_disease)

Periodontal disease includes both gingivitis and periodontitis. It is caused when bacteria in the mouth infect tissue surrounding the teeth, causing inflammation around the teeth and leading to periodontal disease. When bacteria stay on the teeth long enough they form a film called plaque which eventually hardens to tartar, also called calculus. Tartar build-up can spread below the gum line, which makes the teeth harder to clean. Then only a dental health professional can remove the tartar and stop the

periodontal disease process. When your gums are inflamed, tender, swollen or bleeding, you have what is known as gingivitis. Gingivitis is reversible so good home care, including brushing twice a day and flossing at least once a day, will remedy the problem combined with a professional dental cleaning. If the inflammation is not properly taken care of it can progress to the point that you lose the bone surrounding your teeth. Once bone has been lost you have periodontitis, a disease that is not reversible. Most people notice it when their gums start pulling away from their teeth, when a permanent tooth is loose or falls out or when their teeth start "shifting." Periodontitis can be maintained with proper home care after an extensive dental cleaning and frequent dental visits every 3-4 months, but once you have periodontitis you have it for the rest of your life due to the level of bone lost that cannot be replaced.

If you have questions about your periodontal status, don't hesitate to call the CTCLUSI Dental Clinic today. We are always happy to answer questions and assist you with your dental needs. (541)888-6433.

For Sale: Electric Toothbrushes!

For Sale by CTCLUSI Dental

ONLY \$20.00

Oral-B Vitality Electric Toothbrushes! Refill heads also available!

Call - (541) 888-1301

Remove more plaque and decrease inflammation with an electric toothbrush!! This brush features 7600 oscillations per minute, a 2-minute timer, 2 brush heads, 1 charging station, and 1 rechargeable battery!

Order yours today!! Must pre-pay when ordered.

(Shipping available for an extra fee)



Tribal Business Incubator Update

Contributed by MJ Koreiva, Business Incubator Manager

Where to Start.

You've been thinking about an idea for a product or service that you just know others will want to have or use – that's how it usually gets started. The idea that sparks a small business. But what to do next. Here is one tool you can use to help you think through that 'great idea' to see if it can turn into a small business.

Start by brainstorming your ideas. Ask yourself: is there a need for my product or services? Who is the target audience for buying my product or using my services? How will my product or services stand out from others? Why is making this product or providing these services important to me?

By describing the reasons behind creating your product or providing your service, you are developing the Vision for your business.

Then review and analyze your answers. Do any themes emerge from your answers? See if you can lump the answers into categories. Pick out the answers that best describe how you feel about your idea.

Now craft a 3-4 sentence description of your 'Small Business' and try it out on a friend. Have them ask you to tell them about your new small business. If the 3-4 sentence description is enough to convey your message, you're on track. If your description raises more questions than gives answers, go back to brainstorming for more answers and continue to write out various 3-4 sentences describing your small business.

We want to hear from Tribal Members who have ideas about starting their own business, already have plans in place to start their own business or need help in expanding their current small business. If you have an idea for a small business, a plan in place or need help getting a small business up and running, please contact MJ at the Tribal Administrative Offices, 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-9577, ext 7549, email:mkoreiva@ctclusi.org.

Dental Clinic

Hours

Clinic Hours:

Open 8:00 a.m.

Close 5:00 p.m.

The clinic will be closed on Fridays during Odd Months (January, March, May, July, September, November)

The clinic will be closed on Mondays during Even Months (February, April, June, August, October, December)

Call the Dental Clinic today to schedule your appointment (541) 888-6433

Did You Know?

Free Eye Exams in North Bend / Coos Bay

If you are an established patient at the Coquille Indian Tribe Community Health Center you are eligible to get a free eye exam at Cheslock Optical. On the third Tuesday of every month Cheslock Optical has Native Eye Day. Patients of the Coquille clinic get a free eye exam; if you're uninsured you also receive 20% off the cost of equipment. You must be an established patient of the clinic. You can call (541) 888-9494 for more information or to schedule your eye exam.

Victims' Rights to Civil Remedy in Tribal Courts

Contributed by Rebecca Ambrose, Domestic Violence Program Coordinator/Caseworker

Ninety percent or more of the violence perpetrated against Indians is committed by non-Indians. Statistics show that more than 1 in 2 American Indian and Alaskan Native women and more than 1 in 4 American Indian and Alaskan Native men will experience sexual violence in their lifetime, according to the National Institute of Justice's May 2016 Research Report on 2010 findings from the National Intimate Partner and Sexual Violence Survey. The rights of native victims to seek justice against non-Native perpetrators in tribal courts have been historically limited due to factors ranging from termination and lack of court systems to jurisdictional challenges and adverse court decisions made by the United States.

On June 23, 2016, the United States Supreme Court ruled in *Dollar General vs. Mississippi Band of Choctaw Indians* that tribes have civil court jurisdiction over non-Indians when domestic or sexual violence is committed against Indians on their tribal lands. This ruling is an affirmation both of tribal sovereignty and Native victims' rights. The case arose from the sexual victimization of a tribal youth participating in an employment training program at a Dollar General store located on lands held in trust to the Mississippi Band of Choctaw Indians. Citing a 1978 Supreme Court decision in *Oliphant vs. Suquamish Indian Tribe*, which

prohibited tribes from exercising criminal court jurisdiction over non-Indians, the Dollar General Corporation unsuccessfully argued that its non-Indian employee, who was reportedly responsible for the abuse, should not be tried in tribal court.

The Dollar General decision comes one year after provisions were added into the Violence Against Women Act (VAWA) reauthorization and improvements were made to the Indian Civil Rights Act to allow tribes to take special domestic violence jurisdiction over all persons, except if both the victim and defendant are non-Indians or if the defendant lacks ties to the Indian tribe or its membership. The United States is under advisement by a United Nations Work Group on discrimination in law to "[e]mpower Native American tribes to ensure justice in their communities through the exercise of full criminal jurisdiction within their lands."

The Confederated Tribes of the Coos, Lower Umpqua and Siuslaw Indians is operating a peace-giving court and also offering assistance to victims of domestic violence and sexual assault. For more information, please contact Rebecca Ambrose, Domestic Violence Program Coordinator/Caseworker, at (541) 888-1309 or Diane Whitson, Tribal Court Clerk, at (541) 888-1306.

Healing to Wellness Court

Contributed by Jennifer Stephens, Healing to Wellness Case Manager/ Resource Coordinator

Why would you be interested in a Healing to Wellness Court? How could a Healing to Wellness Court be important in your life? Do you have a friend, family member, or neighbor who struggles with alcohol or drug abuse? Youth alcohol and drug abuse was revealed as a high priority concern in the CTCLUSI community. A Healing to Wellness Court can be not only an alternative to incarceration, but an opportunity for healing from addiction or abuse.

The CTCLUSI Tribal Court is in the first year of a three year grant to build the infrastructure for a Youth Healing to Wellness Court. By September, 2017 the Healing to Wellness Court is projected to be operational and accepting participants. We are looking forward to the creation of this court as a way to address what has been identified as one of the greatest concerns in this tribal community.

What is a Healing to Wellness Court?

A Healing to Wellness Court is not simply a tribal court that handles drug and alcohol cases. It is a problem solving court that brings a wellness concept into the court process to address the drug and alcohol abuse needs of the tribal community. A Healing to Wellness court allows a tribal community to employ cultural strategies along with drug and alcohol treatment and court supervision to address the specific needs of the community and the participant. The goal is to have tribal government institutions (including tribal court) that promote the health and well-being of individuals, families, extended families, and the tribal community. The participant should expect to complete a journey of healing that will help them become a whole, well-functioning member of their community, and guide them on the path to leading a clean, sober life. Each court case is managed by a team that typically involves the judge, a case manager, substance abuse and mental health treatment providers, police officer, tribal elder, prosecutor, and public defender. This group works together to guide the progress of the participant in their recovery process, to provide support in areas where they have barriers, such as education, job search, transportation, family environment, and to hold them accountable to their treatment schedule and efforts.

We look forward to providing much more information on the process and progress in this journey through future newspaper articles and social opportunities. Please bring your questions and thoughts to the attention of Jennifer Stephens or Tribal Court staff at any time. Jennifer Stephens is the Healing to Wellness Case Manager/Resource Coordinator and can be reached at the Tribal Court Office in Coos Bay in person, by phone at 541-888-1307, or by email at jstephens@ctclusi.org.



If you have been the victim of domestic violence or sexual assault, please reach out to the Circle of Healing Program for assistance. Rebecca Ambrose, a trained victim service professional, can be reached at: **(541) 888-1309**.



PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.



For more information about Peacegiving or Peace-giving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator
1245 Fulton Avenue

Coos Bay, OR 97420

PHONE: (541) 888-1306 or (541) 888-1316

EMAIL: Peacegivingcourt@ctclusi.org

Website: <http://ctclusi.org/peacegiving>

Tribal Youth Honored at Student Recognition Dinner 2016

Contributed by Morgan Gaines, Communications Specialist

Tribal family and friends gathered to celebrate the academic achievements of our youth during The Annual Student Recognition Dinner that was held on June 18th in the Tribal Community Center. Following welcoming remarks by Education Director Angela Bowen, and an invocation by Tribal Council member Doc Slyter, everyone feasted on a beautifully prepared meal by Tribal Cook Joe Barton. Everyone was delighted by the seafood fettucine and roasted asparagus and the many other wonderful dishes that Joe prepared. Many thanks to him and the other on-call staff who helped in the kitchen.

Each year, the Education department gives out a number of scholarships to Tribal students. This year's scholarship recipients were Grace Gagner, Grace won two scholarships for a total of \$750 to help her with college for the next school year. Natalie Waters was the next scholarship recipient. Natalie also won two scholarships giving her a total of \$750 for her academic pursuits. Julia Ingersoll also received two scholarships for a total of \$750, and last but not least, Bryson Bossely won three scholarships totally \$1,250 to help fund him in the upcoming school year. Congratulations to all our scholarship winners!

High School and College Graduates are also honored during the Student Recognition Dinner. Graduates of High School who were announced during the dinner were Jordan Dickerson and Reesha Carnine. College Graduate, Coline Benson. All students in attendance were also called up and recognized by grade level. Each youth stated their name and grade for all those in attendance and were gifted with a bag full of academic tools and other fun prizes.

Tribal Council member Teresa Spangler took a few moments to speak about the importance of continuing your education. She shared how important it is to reach your academic goals so that one day we can fill many more employment positions with educated Tribal members. She hopes to see a full circle with our youth in terms of the Tribe helping youth through their academic career and having them come back and work for the Tribe.

Another guest speaker for the evening was Shane Henderson. Shane just recently completed the Department of Public Safety Standards and Training (DPSST) and graduated on May 13th. He earned a certificate for successful completion of the Basic Police Class. Shane is currently serving as an officer on our own Tribal Police force. Shane's words seemed to mirror those of Teresa's earlier sentiments. He said "I attribute a lot of my success to our Tribe. Growing up, participating in culture camps, and the holiday festivities, I learned about our culture and the history of our Tribe which helped keep me on the right path. The Tribe has always been there for me and my family, whether it was help with housing, student loans and employment opportunities.

I've been employed by our Tribe for almost 5 years. My senior year in high school I also participated in the summer internship program with the human resources department. These jobs have given me different skills and influenced my life in many different ways.

Now, as a Tribal Police Officer, I hope to become an important resource to all of you and our Tribe." He left the youth with these inspiring words "There's one more thing that I wanted to talk to you about. And it's that you determine your success. It doesn't matter where you were born or where you come from, but where you're going and the choices you make to get there."

Throughout dinner and recognitions, participants at each table also had the opportunity to fill out cards and give advice to students of a particular grade. Angela passed the microphone to around to each table were a representative read the advice cards for each grade level. There were many wonderful things shared but the overall theme was to keep working hard and to reach for your dreams.

Many thanks goes out to all those who came to help recognize our Trial youth for all their hard work and amazing accomplishments in the academic field.



Jarun Carnine and Karen Porter



Julia Ingersoll - Scholarship Recipient pictured above with father Chairman Mark Ingersoll



Education Director Angela Bowen gifts Tribal Cook Joe Barton for the wonderful meal at the Student Recognition Dinner



Above: The Education Department gifted all the students in attendance with goodie bags

At left: Shane Henderson and his daughter Amber at the Student Recognition Dinner where Shane was also a guest speaker



Tribal Council member Teresa Spangler speaks to the Tribal Youth during the Student Recognition Dinner about the importance of Education and Employment



Bryson Bossley - Scholarship Recipient



Natalie Waters - Scholarship Recipient

Congratulations Graduates!

College Graduates



Andrea Swigert

Western Oregon University Bachelor of Arts in Business with focus on Marketing and Minor in Sports Management. Future goals are to eventually get a masters in Business Law. But first to get married the end of this month.

Congratulations Andrea and Tyler!



Fleurette Fong

UCLA - Psychobiology B.S. She is currently a National Institute on Drug Abuse research fellow at the University of Washington's Program on Pharmacokinetics of Drugs of Abuse during Pregnancy, studying the kidney toxicity of ephedrine – an abused natural supplement – due to accumulation by drug-transporting proteins. At the conclusion of the fellowship, she will continue to enjoy her gap year, pursue research in mental health and addiction, and apply for doctoral programs in clinical psychology. She is eternally grateful for the Education Department's unwavering support and encouragement throughout her undergraduate career!



High School Graduates



Ryan Harmon

Graduated with honors from Shadle Park High School in Spokane, Washington. Ryan is registering to attend the University of Oregon starting this fall and is considering a business management degree.

"I hope to use my closer proximity to the Tribe to become more involved with Tribal events. Go ducks!" - Ryan



Hope Lott

Graduated from Marshfield High School in Coos Bay, Oregon. Hope plans to get her associates degree from Southwestern Oregon Community College and then attend the Oregon Institute of Technology to study medical imaging.

Way to go Hopey!

"Thank you Graduates for answering my call and sending your photos and information to me. Your accomplishments are something to be proud of, and I am happy to feature you in The Voice of CLUSI newsletter." -Morgan Gaines

Have you recently graduated from High School or College?

It's not too late to get featured in an upcoming edition of The Voice of CLUSI.

Just send your information to Morgan Gaines at mgaines@ctclusi.org or call 541-888-7536



EDUCATION CORNER

Summer break is almost over and what better way to end the season than with a book that offers teaching activities with your children. You will find ways to teach about nature and the outdoors with hands-on activities. The August "BOOK OF THE MONTH"



Keepers of the Night

"Native American Stories and Nocturnal Activities for Children"

Night is more than just a period of time between sunset and sunrise. It is another world, fascinating and mysterious to children. In Native cultures nighttime is a crucial part of the Great Circle and balance in the universe, and "Keepers of the Night" features Native wisdom to help young people learn valuable lessons about the natural world. Come in to your Coos Bay CTCLUSI Tribal Library and check it out.

EDUCATION



BACK TO SCHOOL TIME....



CUT OUT THIS SIGN UP AND SEND TO :

CTCLUSI EDUCATION DEPT.

1245 FULTON AVE..

COOS BAY, OR 97420

SIGN UP STARTS NOW UNTIL August 12, 2016

(No sign ups accepted after that date.)

Supplies cards will be sent after the closing date.

Grades K-12 or ages 5-18 **Enrolled CLUSI Students Only.**

Name _____

Enrollment # _____

Address _____

School Attending _____ Grade _____

Phone Number _____

Parent/Guardian _____

Signature _____

Tribe Hosts the Peace and Dignity Runners

Contributed by Morgan Gaines, Communications Specialist

On June 21, 2016 the Tribe hosted the Peace and Dignity runners in the Plankhouse on the Tribal Reservation. Every four years since its start in 1992 The Peace and Dignity Run has brought together the People of the Eagle (North America) and the People of the Condor (Central and South America). This year's run was dedicated to saving traditional foods. Our Tribe has been striving to manage and spread our own traditional foods so it was especially wonderful to be a part of this spiritual journey.

According to the website www.txpeaceanddignity.com "The Peace and Dignity Journeys runners start simultaneously from both ends of Abya Yala from Chickaloon, Alaska and Tierra del Fuego, Argentina traversing community to community on foot and joining together for a final gathering in Kunayala (Panama). The 2016 run is dedicated to the seeds, a reminder and living prayer to honor and preserve the sacredness of our seeds that give food, medicine and life."

Tribal members Jesse Beers and Mark Petrie joined the runners from the McCullough Bridge in North Bend, Oregon and lead them onto the reservation where they were welcomed by Tribal Elder George Barton. Members of our Tribal community held ceremony in the Plankhouse with them and then a meal. They rested for the night and began their journey anew in the morning.

Hayu Masi (thank you) to all of those who participated and to the runners for their dedication to their journey, and all important message of protecting, reviving, and thriving on traditional foods.



The Peace & Dignity Runners run from the North Bend bridge to the CTCLUSI Reservation



PLEASE JOIN US FOR GOOD FOOD AND FUN WITH OTHER
TRIBAL FAMILIES.
ALL TRIBAL FAMILIES WELCOME TO ATTEND.
NO TRANSPORTATION IS PROVIDED.

TRIBAL FAMILY GATHERING
TUESDAY, AUGUST 16, 2016
AT
THREE RIVERS CASINO RESORT – FLORENCE
BACK OF BUFFET ROOM
6:00 PM—8:00 PM



PLEASE CONTACT DOUG MORRISON OR DEE DEE PLAEP TO
R.S.V.P.

541-997-6685 OR 1-866-313-9913

Doug Morrison EMT-I
SUMMER TIME HEAT RELATED EMERGENCIES

SPONSORED BY: HEALTH & HUMAN SERVICES DIVISION — DIABETES GRANT

23rd Annual Agness-Illahe Gathering of the People

SEPTEMBER 17-18

AT BIG BEND (NEAR FOSTER BAR — AGNESS, OR)

GRAND ENTRY SATURDAY SEPTEMBER 17

1:00 PM AND 7:00 PM

SUNDAY SEPTEMBER 18

12:00 NOON

ALL DRUMS WELCOME
ALL VENDORS WELCOME
CAMPSPACES AVAILABLE
CANOE EXHIBITS



FOR MORE INFORMATION CONTACT:

Donald L. Fry 541-267-0571
Nina Fry 541-404-3991

Tribal Youth Attend Summer School 2016

Contributed by Angela Bowen, Education Director and Karen Porter, Education Assistant

The CLUSI Summer School was a success. We had 19 students attend June 20th through July 1st.

Each day of Summer School began in the Plank House followed by breakfast in the Tribal Hall. After Breakfast the staff and students all joined in light exercises. The teachers focused on many subjects in the classrooms. Each year Certified Teachers are hired to teach our students. In addition to teachers, we also have Teacher's Assistants who help the students and teachers during the day.

Summer Solstice took place while summer school was in session. Students learned about solstice from Jesse Beers the Culture Director. The Peace and Dignity Runners visited our tribes as well. They stopped by for some good food and spoke to the children about their run from Alaska to Panama.

Jeff Krossman surprised the students by bringing his race car to show the kids. He talked to them about his car and racing. The kids had the opportunity to sit in the car if they wanted to. It was a big hit!

Some of the cultural activities at Summer School included but were not limited to, Atlatl, Shinny, Flint Knapping, Storytelling, Canoeing (for older students), shell finding and recognition, Tule braiding and Tule Duck making, beading, storytelling, Clacker Stick making and Natural Resources activities.

In the classrooms students learned all kinds of things while studying math, reading, science, engineering, music art, communities, markets and healthy eating to name a few.

The older students got to go on a Canoe fieldtrip to an Empire Lake, while the younger students went to the Farmers Market with several adult staff.

On the second Wednesday of Summer School the Elders joined us for lunch. The students honored the Elders with handmade necklaces. The students acted out skits together from historic tribal stories that were read. It was apparent that the Elders really enjoyed the theatre portion of the luncheon.

On the last day of Summer School everyone went to Sunset Bay for traditional salmon, shinny, wading in the creek, games, good food, good friends, a give a way, ceremony and memories that will last a lifetime.

Special Thanks goes out to Joe Barton for his amazing work in the kitchen preparing delicious meals and healthy snacks for the students and staff. Thank you to Nicole Romine for assisting in the kitchen. Our staff did a great job with our students. Thank you to teachers Talena Coplin, Katlin Adams and Tanya Goodson. Thank you to all of our TA's Amber Bird, Anita McHaney, Karen Porter, Patti Tores, and Devyn Krossman. for all of your dedication to our students. Thank you to the staff from the following departments who helped with Summer School; Culture and Natural Resources, Family Services, Administration, Maintenance, Human Resources and Finance.

We look forward to seeing our students throughout the year and again at Summer School next year!



Participants gather for a photo during the Potlatch on the last day of Summer School at Sunset Bay



Students learn about traditional tobacco and help out in Belex Tlxanii (the Butterfly Garden) on the reservation



Above: The younger students spent one afternoon learning about local produce at the Coos Bay Farmers Market
Below: Students were gifted blankets at the Summer School Potlatch



This Month...be on the Lookout for Huckleberry

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Evergreen huckleberry is in the family Ericaceae, the Heath family. Azaleas, blueberries, cranberries, kinnickinnick, rhododendrons, and salal also belong to this family. This medium shrub sprouts from rhizomes in clearings and on the margins of evergreen forests as well as streams, rivers, and beaches. The leathery, evergreen leaves are lance-shaped and finely toothed and the urn-shaped flowers this plant produces range from white to pale pink. These flowers produce juicy, delectable berries that can persist well into early November and nourish humans and animals alike for months.

Food: Huckleberries were eaten fresh and also dried in vast quantities for winter food reserves. They were often pounded into cakes with various meats and salmon eggs and further dried. The berries range in color from a powdery blue to a shiny dark purple and black. In Hanis, there were two different names for the two colors of evergreen huckleberries: q'áxas (black) and pasásiya'wa (blue) (l is pronounced i as in bit.)

Other: Shiny balls were carved from the roots of these balls as was rhododendron and kinnickinnick. The leaves were also made into a tea to aid in urinary infections and relieve inflammation and help with stomach ulcers.

Hanis: q' áxas

Miluk: q'as

Siuslaw: táxxai

Lower Umpqua: táxxai

Scientific Name: Vaccinium ovatum

Reference:
Ethnobotany of
the Coos, Lower
Umpqua & Siuslaw;
Plants used for food,
medicine, clothing
and tools. Patricia
Whereat Phillips



Photograph courtesy of Morgan Gaines



PLEASE JOIN US FOR GOOD FOOD AND FUN WITH OTHER
TRIBAL FAMILIES.

ALL TRIBAL FAMILIES WELCOME TO ATTEND.
No TRANSPORTATION IS PROVIDED.

TRIBAL FAMILY GATHERING
TUESDAY, SEPTEMBER 20TH , 2016
AT
CTCLUSI TRIBAL COMMUNITY CENTER
6:00 PM—8:00 PM



PLEASE CONTACT ANDREW BRAINARD TO R.S.V.P.

541-888-7533 OR TOLL FREE 1-888-280-0726

RSVP By SEPTEMBER 16TH 2016

SPEAKER:

**RITA HOOVER, SOUTH COAST DIABETES
PROGRAM AND COORDINATOR FOR BAY AREA
HOSPITAL DIABETES PROGRAM**

SPONSORED BY: HEALTH & HUMAN SERVICES DIVISION — DIABETES GRANT

Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities



Three Rivers Casino Resort ~ Florence

Food & Beverage Manager ~ Barista ~ Bartender
Beverage Server ~ Buffet Cashier ~ Bushperson~
Food Server ~ Host ~ Lead Cook
Line Cook ~ Night Cook/Cleaner
Buffet Station Attendant ~ Dish Machine Operator
Guest Room Attendant ~ PBX/Reservations Clerk
Soft Count Team Member Dual Rate Lead
Cage Cashier ~ Casino Host ~ Security Officer I
Golf Course Outside Services Team Member
Special Events Team Member
Slot/Keno/Bingo Attendant
Table Games Dealer 1-8
Table Games Dealer in Training

Three Rivers Casino Resort ~ Coos Bay

Bartender/Server
Electronic Gaming Machine Technician

Blue Earth

No openings at this time

Tribal Government Offices

Special Events Employee (Assignment Varies)
Caseworker/ICWA Specialist (Coos Bay)
Dental Assistant (Coos Bay)
Surveillance Agent I (Florence)



<http://ctclusi-int.atsondemand.com/>
Go to **Job Opportunities** on the website for
full job posting and to Apply Online
Updated Daily
Or call Recruitment at **541-902-6504**

Exciting Culture Coalition Vacancies!

The Culture Coalition has an opening and is looking for volunteers who are interested in our Tribes' culture and the arts. The Culture Coalition decides what to do with our Oregon Culture Coalition Dollars. These dollars are given to our Tribes from the Oregon Cultural Trust by way of a grant that the Culture/DNR Department maintains. Oregon Cultural Trust dollars are spent towards things that fuse culture and the arts. Some examples of accomplishments are commissioned art pieces representing our Tribes and our traditional stories, as well as the concrete animal figures in front of Tribal Hall. Right now the Culture Coalition is working on an exciting project in which they are working with Tribal Member artisans to illustrate a story book full of our traditional stories for the Tribal Membership to have and to use. If you are interested in becoming a member please call the Coalition Chair-woman, Pam Stoeshler at (541) 884-4230.

Tribal Council Member Supports Tribal Member in Reviving Traditional Language

Contributed by Doc Slyter, Tribal Council member

My wife and I recently had the honor to be invited by Tribal member Heidi Helms to observe class projects for the NILI (Northwest Indian Language Institute) 2016 Summer Program held at the University of Oregon on June 30th.

The Northwest Indian Language Institute (NILI) was created in 1997 at the University of Oregon. Their purpose is to provide language support services to Tribes, through teaching and community outreach, toward the common goal of preserving language and creating communities of speakers. NILI also implements on-going projects which meet the specific needs and desires of each language community.

The theme of the 2016 Summer Institute was "Speaking Every Day, Everyday Speaking". Heidi participated in five classes that intertwined with the main focus of encouraging them to use their languages in your daily lives. The last day of the workshop resulted in everyone presenting their final projects. It was rewarding to see how each individual or group of individuals implemented their Tribal language into the project.

There were a variety of projects: 1) Some consisted of a map depicting Tribal areas that you could select and read what the word meant in a their own Tribal language, 2) a jeopardy style game with categories that included Animals, Foods, Tribal Customs, Songs, etc. A participant could click on a category and read a question and the answer was revealed in their native language as well as the English version, 3) a multiple choice game displayed four words in the Tribal language and you had four answers in the English language and had to match each accordingly.

Heidi's project was a one-of-a kind individual presentation. She presented an iMovie language project that showed a picture of herself and a picture of Tribal Linguistic Patty Wherat. They were having a telephone conversation. Each spoke in the Hanis-Coos language with the English version displayed on the screen. Each frame moved from the picture of one to the other as they spoke. Many comments from the audience were that it seemed like you were actually there observing two people conversing in their Native language.

It was totally amazing to see how devoted everyone was in finding ways to create an inviting activity to use their own Tribal language. As one Colville descendant stated – 'we lose our language, we lose ourselves'.

Congratulations to Heidi on a fantastic project.

Tribal Court Hosts Mediation Training

Contributed by Diane Whitson, Tribal Court Clerk - Peacegiving Court Outreach

Tribal Court hosted the training "Mediation Tips and Listening Skills" on June 28 with Barbara Miles from Coos Douglas Neighbor to Neighbor as the presenter. This was an abbreviated version of the yearly 32 hour training for mediator certification in State Courts presented by Neighbor to Neighbor. This training was open to everyone and we had over 22 participants.

Developing mediation and listening skills is very important for Peacegivers and facilitators. It also helps persons who deal with people in crisis to better hear and understand what problems the person may be dealing with. It can assist the person in defusing situations. Ms. Miles showed how to take a person's statement and rephrase it without emotion. She discussed that by restating the sentence without the anger or frustration, it helps to get parties

STUDY CHINUK WAWA

FALL TERM 2016
4 CREDIT HOURS
LANE COMMUNITY COLLEGE
M/W 4:00 - 5:50 P.M.



SPECIAL OFFER!!
 An Anonymous Donor to the LCC Foundation Will Continue to Cover the Cost of CW 103 and CW 203 for Chinuk Wawa Students! This Means That When You Pay for Two Classes of Chinuk Wawa, the Third One's Free!

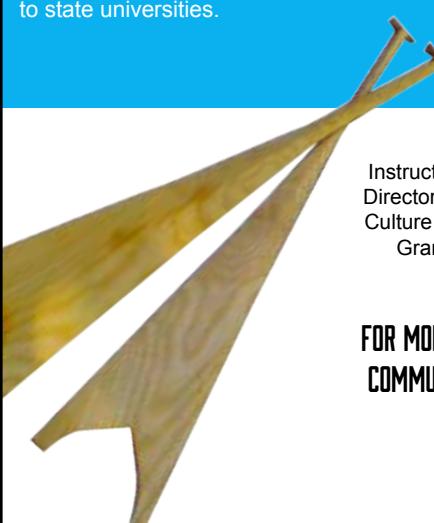


CW 101: CHINUK WAWA [4 CREDITS] CRN 22692
BLDG 31, RM 101 [LONGHOUSE]

Students will learn the fundamentals of this important language that has linked Native people of the Northwest for centuries. This course will also introduce students to many cultures of the Northwest. Completion of first-year Chinuk Wawa courses fulfills the Oregon University System's requirements for admission to state universities.

CW 201: CHINUK WAWA [4 CREDITS] CRN 22693
BLDG 31, RM 114 [LONGHOUSE]

Students will learn more Chinuk Wawa words and structure as well as improve their communicative ability through daily reading, writing, speaking and listening. Content will focus on the culture and history of Grand Ronde peoples in addition to personal conversation and storytelling. Completion of second-year Chinuk Wawa courses fulfills the Oregon University System's language requirement for graduation.



Instructors: TBA. Past instructors include Dr. Janne Underriner, Director of the Northwest Indian Language Institute, Kathy Cole, Culture Department Manager for the Confederated Tribes of the Grand Ronde Community, Dr. Henry Zenk, Jerome Viles, Heidi Helms and others.

FOR MORE INFORMATION, CALL THE LANGUAGE, LITERATURE, AND COMMUNICATION DIVISION, **541.463.5419** OR VISIT OUR WEBSITE: LANECC.EDU/LLC/LANGUAGE/CHINUK-WAWA.
 AND LOOK FOR US ON FACEBOOK!





Participants continued the mediation discussion while enjoying dinner

discussing the problem.

She also separated people into groups of two for listening skills practice. The goal was to completely listen to what the person was talking about. When listening to others, it can sometimes be difficult to focus on the conversation because most people's minds will wander to other things, such as what to fix for dinner, what are my kids doing and so on.

After the day training, Tribal Court hosted a dinner which also included a brief mediation presentation and listening demonstration. Ms. Miles also invited persons to register for the full training to be presented later this year.

Tribal Court will be hosting another day training in the near future. It is a practice they hope to continue on a regular basis.

Tribe Welcomes Holley Abrica Administrative and Payroll Assistant

Contributed by Morgan Gaines, Communications Specialist

Tribal members can expect to see another friendly face at the front desk in the Tribal Government office. Next time you come in, please help us in welcoming Holley Abrica as the Administrative and Payroll Assistant. Holley will be working part time with the Tribal Finance Department conducting payroll processing and overall support to the Finance Department as needed, and part time at the front desk as relief staff as well as other special projects and assignments in the Tribal Government Administration.

Holley just moved in May to Coos Bay from Bakersfield, California where she was raising her two children. She is originally from the Klamath Falls area but wanted to move closer to family. Out of a few job offers Holley chose to work for the Tribe because of the diversity in the work she will be doing as well as getting the opportunity to work for the Tribe and learn more about the culture. Holley is a team player and is excited to work closely with a great group of people and help Tribal members.

Outside of work Holley is looking forward to discovering what the Oregon coast has to offer. She plans on exploring and hiking some of the trails on her off time including the Golden and Silver Falls. She also hopes to volunteer for the upcoming Dune Fest or other big local events to learn more about the area and local community.

The Tribe is excited to have her onboard, please help us in welcoming her by giving her a friendly hello when you see her smiling face at the reception desk at the main Tribal Government office.

UPDATE YOUR CONTACT INFORMATION !

Tribal Council has approved a gift in the form of a check to be sent to every Enrolled Tribal Member this year.

Gifts will be mailed on December 1, 2016 to the last address we have on file. If we do not have a valid address, no check will be issued. If a check is sent to an invalid address due to lack of update, it can take up to a month to re-issue.

All Tribal information updates **must** go through the Enrollment office with a completed [Change of Address Form](#). You can find this form on the Tribes website www.ctclusi.org under Enrollment, or one can be obtained at any Tribal Government Office in Coos Bay, Florence & Springfield. You may also update your address by contacting Jeannie McNeil, Enrollment Coordinator at 541-888-7506; or by email jmcneil@ctclusi.org. Please provide a contact phone number so your information can be verified over the phone.



Holley Abrica

Coming Soon! - Work/Life Balance ... at the Wellness Fair this Fall!

...And a Team "Chopped" Competition between departments.

Work/Life Balance Tip:

Make deliberate choices about what you want out of life.

Instead of just letting life happen, people who achieve work-life balance make deliberate choices about what they want from life and how they want to spend their time. They talk to their spouses, partners, friends, and others who are important in their lives, and come up with a road map of what is important to them, how they want to spend their time, and commit to following their path.

This year's theme, Work/Life Balance, is meant to support you as an employee, and to help ensure that you find resources to assist in achieving a good work/life balance. We are asking our Vendors to cater their giveaways and information to our theme. As well, we will have a "Chopped" competition between departments. Your basket may include 4 Traditional foods that have to be incorporated into a healthy appetizer. Three departments with "Teams of two" will compete against each other in our very own "Chopped" event! Come to cheer on your department.

Historically the Wellness Fair has attracted over 100 Tribal members and 30+ vendors; similar participation is anticipated for our October 26th event. Time of the event on that day is from 10:00 a.m. to 3:00 p.m.

Date: Wednesday October 26th
Location: Tribal Community Center 338 Wallace Street, Coos Bay, OR 97420
Time: 10:00 a.m. to 3:00 p.m.
Chopped competition time: 11:00 - 12:00 noon

For more information please contact the Wellness Work Group 541-902-6505.

Tribal Member Shane Henderson Completes Basic Police Class 356



Contributed by Morgan Gaines, Communications Specialist

Pictured above and center is Shane Henderson receiving his certificate for the completion of his Basic Police Class 356 from the Department of Public Safety Standards and Training (DPSST) located in Salem. Shane graduated May 13, 2016 from the 16 week long program. He continues to serve in the CTCLUSI Tribal Police Department

Congratulation Shane and job well done!

Elders Corner

Elders Luncheon

THURSDAY, September 1st, 2016
at 11:30 A.M.

Izzy's
950 Seneca Rd., Eugene, OR 97402



R.S.V.P. by August 30th 2016

Please contact Andrew Brainard,
Elders Coordinator/ CHR, at (541) 888-7533
LIMITED TRANSPORTATION IS PROVIDED.



Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Elders Activity Program

Welcome New Tribal Elder

Michael Steinmuller



AGENDA

August 26th—28th, 2016
Mt. Hood RR/Sternwheeler
Hood River, OR

Limited transportation is being provided from the Coos Bay, Florence and Springfield Offices

Friday, August 26th.

8:00—Tribal transportation leaves Coos Bay office.
9:30—Tribal transportation leaves Florence office.
10:45—Tribal transportation leaves Springfield office.
12:00—Lunch at HomeTown Buffet (**636 Lancaster DR NE, Salem, OR**)
3:30—Check in at Hotel in Hood River (TBA—with final itinerary)
4:30—Depart to Cascade Locks
5:30—Boarding Time to Columbia Gorge Sternwheeler (**355 Wa-Na-Pa St., Cascade Locks, OR**)
6:00—8:00—Dinner Cruise
8:00—Depart to Hotel in Hood River

Saturday, August 27th

6:00—10:00 Continental breakfast at Hotel
TBA—with final itinerary
4:45—Board at Mt. Hood Railroad (**110 Railroad Ave., Hood River, OR**)
5:30—7:30 Dinner on Train
7:30—Return to Hotel

Sunday, August 28th

6:00—10:00 Continental breakfast at Hotel
10:30—Depart for home

For further information and to RSVP please contact: Iliana Montiel, Asst Health Director by August 1st.
541-888-7526 (office) or 541-217-4613 (cell)



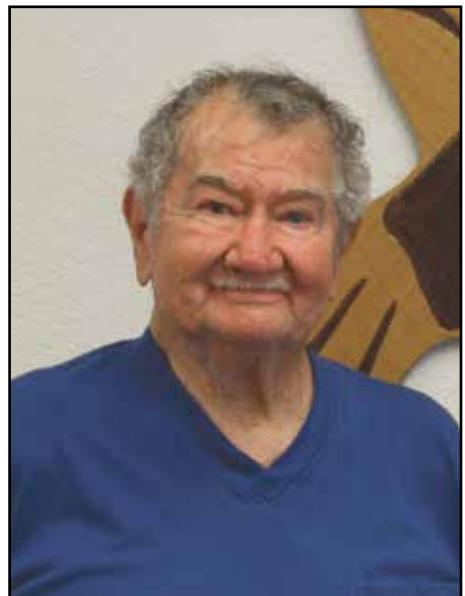
Sponsored by:
Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Elders Activity Program

ELDER SPOTLIGHT OF THE MONTH - August 2016

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. If the next Elder on the list chooses to participate they will be interviewed for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. **Thank you Elders!**

Contributed by Andrew Brainard, CHR and Elders Activity Program Coordinator

Congratulations to Paul Benasco, our first male Elder Spotlight of the Month for August 2016. Paul is a Hanis Coos Tribal member. He has 2 children, 5 grandchildren, and 2 great grandchildren. In Paul's spare time he loves to do wood work and carvings which he donates to many tribal members as gifts. One of Paul's favorite things to do is to go fishing! Congratulations to Paul Benasco for his continuing support of the Tribes!



Tribal Elder Paul Benasco

Congratulations to Maxine Marlow, our second female Elder Spotlight of the Month for August 2016. Maxine is a Miluk Coos member. She has been married for 62 years, 2 children, 5 grandchildren and 3 great grandchildren. In Maxine's spare time she is part of the Oak Way Golf Club for over 15 years, and a CTCLUSI Health Committee Board Member over 8 years. Maxine also loves to hike and travel. Congratulations to Maxine Marlow for her continuing support of the Tribes!



Tribal Elder Maxine Marlow

COMMUNITY CACHE

Announcing: Sara Siestreem (Hanis Coos) and the CTCLUSI community weavers were in a group exhibition at The Littman White Gallery at PSU in July and our September Weaving Workshop Schedule

Contributed by Sara Siestreem, Hanis Coos Tribal member, Master Artisit and Educator

In 2011, I began to study the traditional weaving culture of the Coos, Lower Umpqua, and Siuslaw tribes. This art form has been dormant since the 1850's when we were forcibly separated from our traditional land and way of life. My goal is to provide my tribal community with access to our weaving knowledge so we can collectively reactivate our culture and through this work take back our place in the contemporary discourse.

In the first years of this work I studied with Greg Archuleta (Grand Ronde) and Greg A. Robinson (Chinook) and the historic baskets themselves. I investigated institutional collections and interviewed regional knowledge holders. I then created a working archive of these findings. In the field, I locate choice gathering locations for desirable weaving materials and work to establish gathering rights on both private and public lands. I developed a digital gathering and processing handbook and built a cache of weaving materials for community workshops.

I share these tools and materials with my community in workshops and in the private portion of our tribal website. For the public, I create auxiliary insight through installations of weaving caches, our contemporary baskets, 2D hybrid work, and artist talks.

In monthly weaving and gathering workshops, I am teaching a self-selected group of tribal women to activate our year round weaving practice. I am training these artists to carry the practice forward in their own weaving as well as the places that they have impact; the various departments of our tribal government where they work and their interface with our tribal community at large. Together, we are working to integrate our weaving culture back into all aspects of our daily lives.

The baskets in this exhibition were woven by Earla Kirk (Hanis Coos), Margaret Corvi (Hanis Coos), Amanda Craig (Hanis Coos), Sara Siestreem (Hanis Coos), Ashley Russell (Miluk Coos), and Morgan Gains (Lower Umpqua). They are made from the installation materials titled: "CACHE I: wealth item" Museum of Contemporary Craft 15', "CACHE II: (don't copy living culture) an Indigenous strategy to counteract the mainstream cultural appropriation urge" Littman Gallery 15', "CACHE III: for crowns and medicine" Portland Art Museum 15'-16', and "CACHE IV: homecoming" CTCLUSI 15'-present. In those exhibitions, I claimed the space and protection of the gallery to season and house the materials for the inaugural workshops in the fall of that



The Community Cache on display in The Littman White Gallery at Portland State University

year. The materials were working to educate the mainstream about this exciting moment in our contemporary history as well as to exert that this is our cultural property and that we are still using it. The baskets in this exhibition are the foundation of our revitalized weaving culture. They are a celebration and a live birth and the audience witness of this is part of our story.

The tules, sedge, and cat tail that make up the other part of this installation were gathered by those same weavers in June and will be used in our community workshops in September. These baskets and cache represent the continuum of living culture in this place. They are the combined effort of these living weavers and the culminated efforts of all our ancestors' accomplishments in getting us here, intact, today.

Sara Siestreem (Hanis Coos and American, 1976-) is from the Umpqua River Valley in South Western Oregon. She grew up in Portland, Oregon. She is a Master Artist and Educator. She comes from a family of professional artists and educators and her training in both fields began in the home. Siestreem graduated Phi Kappa Phi with a BS from PSU in 2005. She earned an MFA with distinction from Pratt Art Institute in 2007. She is represented by Augen Gallery in Portland and her work has been shown in museums and figures in prestigious private and public collections nationally.

September Workshop Schedule

- Sep. 3** Spruce root gathering and Processing
- Sep. 10** Spruce root, stage two processing
- Sep. 17** beginning and intermediate weaving workshop (tule/spruce)
- Sep. 24** beginning and intermediate weaving workshop (tule/spruce)

*These workshops are free and open to all tribal members above 18. Please reserve your spot as soon as possible by contacting Sara Siestreem.

sarasiestreem@hotmail.com
or 503-208-2592 (this is a land line, so no text messages please)

Photographs courtesy of Sara Siestreem



Some of the beautiful baskets on display in The Littman White Gallery at Portland State University

Tribal Student Internship Program 2016

Contributed by Stephanie Watkins, Human Resources Director

During the summer of 2016 the Tribal Government will welcomed three Tribal student interns. These students are journeying through one of the most exciting stages of their lives, and our Tribe is a part of their path. Each work experience has been customized by the department to give the most value to the student's collegiate goal, as well as offering each the opportunity of giving back to the strength of the Tribe. Their customized work experiences will challenge and educate each student from the beginning of the internship to the completion. Please welcome the following young leaders:

Department of Health and Human Service: Director, Vicki Faciane welcomes Mary Lou Greene. Mary Lou is stationed at the Springfield Outreach and works under Shayne Platz, Family Services Caseworker. She is exploring the field of Social Work/Social Services/Education and is getting a hands-on experience working with Tribal Families to assess needs and provide services which are culturally appropriate and which show respect for the diverse needs of Tribal families. This fall Mary Lou is entering the Northwest Christian University as a junior. She graduated from Lane Community College with an Associates of Arts transfer degree. She will continue on working toward a Early Childhood Education degree. "I am very excited to start at the University level and continue on my path towards a great career.

Tribal Court, Judge JD Williams: The tribal court team is over the top excited about their intern this year. Michael Romine who interned with the Tribal Police department last year wanted to expand his knowledge of the Courts this year. While working for the Police department he was able to get a hands on approach to maintaining order, preventing and detecting crime, and



Mary Lou Greene

enforcing laws. With this new experience he is becoming familiar with the functions of Tribal Court, Peacegiving Court and Health to Wellness Court. He is also absorbing the importance of Tribal Code and the application of those Codes. The experience will offer informative networking opportunities when he is able to meet the law enforcement and social services agencies in the five county service district area, and become familiar with the Court docket system and the records produced by the Courts. This coming school year he will be completing his Bachelor's degree in Criminal Justice and enter into a Masters program at the University of Oregon for a masters degree in Political Science.

Department of Natural Resources: Director, Margaret Corvi welcomes back Courtney Krossman. Courtney is majoring in Anthropology with a minor in Native American Studies at the University of Oregon. Her training is under the Tribes' Tribal Historic Preservation Officer/Archeologist, Stacy Scott in the proper use of ground penetrating radar and archaeological field methodology.



Michael Romine



Courtney Krossman

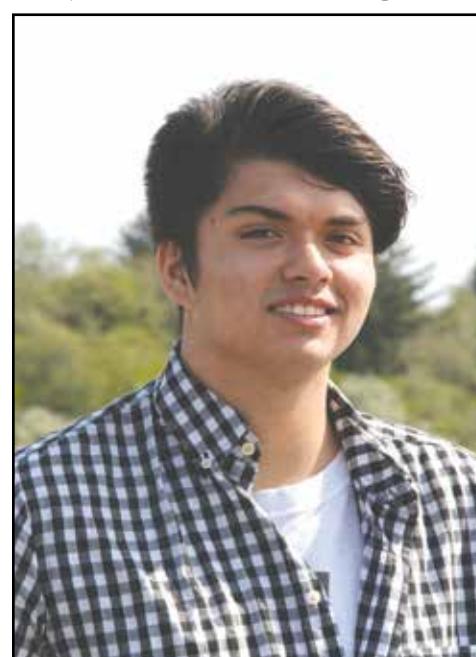
Tribal Summer Employment Program 2016

Contributed by Stephanie Watkins, Human Resources Director

After highlighting our Internship Program, I would like to introduce another Tribal Workforce Development program – the Summer Employment Program, also very important to our Tribal community. The Three Rivers Casino Resort has allocated three positons for Tribal Members seeking work for the summer months. This year we had five applicants, of the five we permanently placed three full time permanent positions, and two summer workers. This year we welcomed Shawn Brainard and Eagle Roy.

Shawn has just completed his first year at Western Oregon University in Monmouth, Oregon. The degree program he is pursuing is a Bachelor of Science in Psychology. His goal is to do his graduate work at the University of Oregon and earn his PhD. His career goal is to be a Clinical Psychologist. Shawn requested to come work at the Department of Human Resources for a second summer. Next year he will qualify for the Internship program, so who know where he will go from here...the opportunities are vast.

Eagle too is coming back for a second year with the summer employment program. He is a welcome addition to our food and beverage team at Three Rivers Casino in Coos Bay, and his co-workers were so happy to see him again. Eagle has competed his first year at the Southwestern Community College in Coos Bay, Oregon. He is currently immersed in their music program, and after he completes his transfer degree he will be majoring in music, with a minors in performing arts and psychology. In April of 2017 this very talented man has been asked to perform with the band from Southwestern Community College at the Apollo Theater in New York City, in addition he will also be part of a jazz ensemble. The Apollo has a progressive education program for our youth and adults, and we are so proud Eagle is the recipient.



Eagle Roy



Shawn Brainard

What an honor!

Summer employment opportunities like these are a winning combination for both the Tribe and our Tribal Members. For our students, the work experience is focused, practical and a key to ensuring they make good career decisions. Additionally, it aids them in building networks of resources that include our leaders, co-workers, Tribal Members and Tribal services. For the Tribe, by employing our Tribal students, we help reveal their talent early in the journey, and in turn, help support the wellbeing our Tribal Community by building their futures. What a blessing it would be to pay it forward to our next generation! We look with expectation to the future and all that these people will accomplish.

Leverage Volunteer Work on Your Resume

Contributed by Mike Smith, Training and Development Specialist

You may have altruistic reasons for volunteering, but giving your time has career-enhancing power, too.

"Volunteer work, whether in addition to a current job or an activity in between jobs, shows an employer that you are willing to try new experiences, be involved in your community and generally demonstrates a willingness to take initiative and make things happen," says Kara Montermoso, content manager at Idealist.org, a site that connects people and nonprofit organizations.

So how do you leverage these positive traits on your resume? The best way to format your volunteer work depends on your career level and track. Follow these tips:

New Grads

Entry-level workers with minimal or no work experience should emphasize their volunteer work -- even make volunteerism a central part of the resume.

"Many recent college grads do not have that much work experience, so highlighting -- in a skills-oriented way -- their volunteer experiences is a great way to go," Montermoso says. "They can highlight communication, leadership and planning skills while showing that they are adaptable and self-motivated."

You can incorporate volunteer work in the regular experience section if you have little or no paid work history. Treat the experience as if it were a paid job -- list the organization's name, location, your functional title, dates and accomplishments. Be sure to indicate your volunteer status in the description or next to the title.

Career Changers and Workers Reentering the Workforce

According to Jason Willett, director of communications at VolunteerMatch, volunteering is one of the best ways to develop and showcase new career skills. "Just because you weren't financially compensated for a skill doesn't mean that you don't have a talent for it," he says. "Mentioning volunteerism-related skills that are relevant to the professional world is one of the best ways to position yourself for a new career field."

Quinn Sidon, director of recruiting and alumni development

at Cross-Cultural Solutions, a leader in the field of international volunteering, spreads the word about the benefits of volunteering. "If you're between careers, including your volunteer work may help to offset the professional path your resume outlines and facilitate a discussion toward explaining your career change," says Sidon.

Willett emphasizes it should be clear you're listing volunteer experience and not paid employment. "It doesn't minimize your skills in any way, but it does indicate that you value good communication and are not in any way trying to misrepresent yourself," he says.

Those on a Steady Career Track

"When seeking new employment, you shouldn't overemphasize volunteer experience at the sake of directly relevant career experience," says Willett. "Simply stating volunteer organization name and date may be entirely appropriate." He advises against listing every organization you have volunteered with for the past 15 years -- rather, focus on the most recent ones.

Sidon suggests most volunteer work is best placed in a separate section. "Your volunteer work should supplement your professional accomplishments and talents, not distract from them," he says.

Target the Employer

Willett recommends researching the employer to discover how much emphasis it places on community and philanthropy. "Your volunteer section should mirror the results of your research and be modified to suit the background of the company you are interested in," he says.

Adds Montermoso, "If the place that you are applying to works within a specific issue or cause, it could be beneficial to highlight similar organizations you have volunteered with to show that you are familiar with the issue area or to display a long-term/growing interest for a particular cause."

Content taken from "Leverage Volunteer Work on Your Resume" by Kim Isaacs © 2016 Monster Worldwide



LIHEAP
Low Income Home Energy Assistance Program

CTCLUSI Family Services offers a low-income heating assistance program to our Tribal families. This energy assistance program is designed to assist persons/households who qualify to receive heating, crisis and/or weatherization assistance.

The LIHEAP program is funded through a federal grant. We are seeking feedback and participation in the development of the program plan for 2017. The proposed LIHEAP plan will be posted on the CLUSI Tribal Website from August 1st through August 19th for your input, comments, and suggestions.

During this time copies of the 2017 LIHEAP plan will also be available at the Family Services office in Coos Bay and at both Outreach offices in Florence and Springfield.

If you have questions, comments or concerns, or if you would like more information on the LIHEAP program, please contact Family Services Caseworker Shayne Platz at 541-744-1334



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The Voice of CLUSI



September 2016

Issue 9

Volume 17

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Tribe Holds Annual Salmon Ceremony at Baldich



Contributed article and photograph by Morgan Gaines, Communications Specialist

Tribal members gathered together once again on Sunday, August 7, 2016 for Salmon Ceremony. While Salmon Ceremony now takes place annually on the first Sunday of August, it is important to remember the reasons we gather together; to honor and respect the Salmon People in ceremony and through celebration. Traditionally we came together as a people on the first catch to thank and honor the Salmon People. It is important that we not forget this and that we continue to thank

them hiis haiyach (with a good heart).

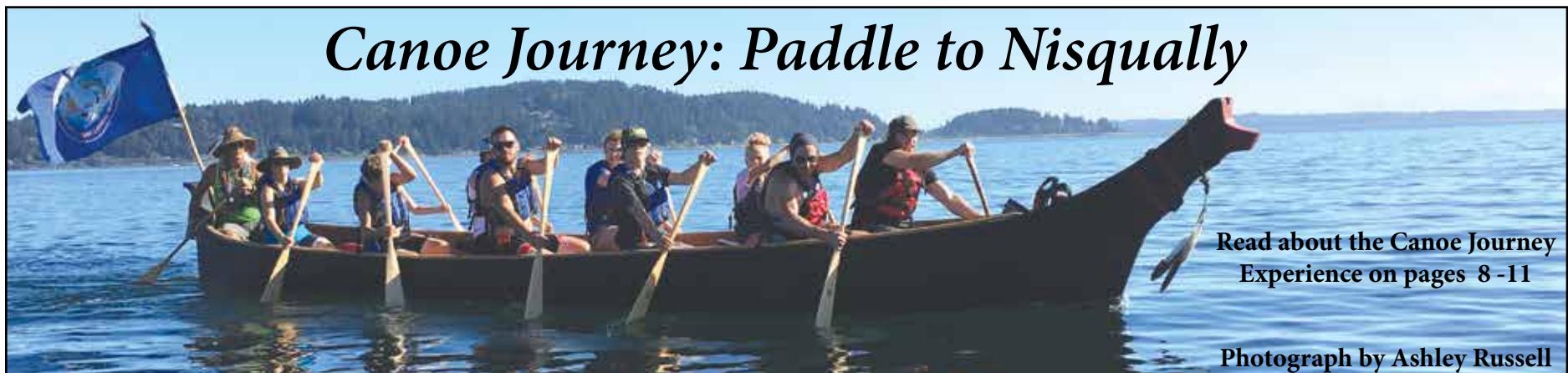
Over two hundred Tribal members and their guests attended Salmon Ceremony this year. The day began of course with the efforts of so many Tribal members and Administration Staff helping set up and organize for the day's proceedings. Tribal members, families, and guests were driven from the parking area at Coos Head out to Baldich where they signed in and received a t-shirt gift. While visiting with cousins and friends alike, people snacked on delicious

fry bread prepared on the spot.

Chief Warren Brainard welcomed everyone and raised the Tribal Flag. He then presented a plaque that was gifted to the Tribe thanking us for being a part of the community and helping the railroad between Coos Bay and Eugene. The plaque was carved on a piece of 100 year old white cedar to represent the centennial of the railroad. Chief then introduced the other members of Council that were in attendance.

See Salmon Ceremony page 6

Canoe Journey: Paddle to Nisqually



Photograph by Ashley Russell

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Chairman's Corner

Dear members,

Our Confederated Tribes have not taken an official position for or against Jordan Cove LNG or the Pacific Connector pipeline. But that doesn't mean our Confederated Tribes don't have important concerns. Experts confirm what our Elders have taught us: The Jordan Cove area was, for thousands of years, a major population center for our ancestors who lived on and around Coos Bay. Deep under the sand, peat, and asphalt now covering the Jordan Cove area, and under the waters fronting these properties, lie the remains of our people's villages and fishing weirs, and the graves of countless of our ancestors. Bridging the pre- and post-contact eras, there may even still be remnants of canoes and other possessions abandoned on the shoreline when our grandfathers and grandmothers were marched away from their homes at gunpoint in 1856.

The Jordan Cove area of northern Coos Bay is also inextricably linked to the lives of modern-day tribal families. Jordan Cove, Jordan Point, Cordes, Henderson Marsh, and Henderson Ranch all had long association with the Hanis Coos into the early twentieth century, and that continued for at least six decades into the historic period with Indian burials during the first decade of the twentieth century. This area was associated with people important in the development of Coos Bay, including James T. and Jane Jordan, Henry H. and Cora Barrett, John L. and Nancy Henderson, Henry H. and William A Luse, Fred Jarvis, and David Holden. Descendants of these families continue to play a very important part in the life of our Confederated Tribes, and more than half your current Tribal Council is composed of descendants of these founding families.

The concern of our Confederated Tribes with respect to Jordan Cove LNG and Pacific Connector pipeline is quite simple then: We have a sacred responsibility to protect and preserve the irreplaceable and invaluable cultural artifacts and resources lying in this enormous project's path. We have a sacred responsibility to prevent the desecration or destruction of the graves of hundreds of generations of our ancestors. And we have a responsibility to those of our members who wish to follow in the ways of their ancestors – of our forbearers who since time immemorial gathered and utilized the many sacred natural resources placed in and around the Jordan Cove area by our Creator.

The Jordan Cove LNG and Pacific Connector pipeline projects as presently designed are, in many respects, incompatible with our sacred responsibility to protect our cultural resources. Most worrisome, the project includes technologies that would pulverize, under the power of great vibrating machinery, the sacred remains of our Tribe's ancestors, and then entrain their crushed bones into the foundations of industrial structures. These technologies would destroy, sight unseen, the village sites and other cultural artifacts our Confederated Tribes are charged with preserving and protecting. And these enormous industrial facilities threaten to permanently disrupt the natural cycle of resource use and replenishment which have nourished and sustained our people since time immemorial.

It is for these reasons, and these alone, that our Confederated Tribes have been compelled to wade into the dense and thorny thicket of federal, state, county, and city land use regulation and permitting to protect our cultural resources. That is not a battle we would have chosen, but it is a battle that we cannot ignore. Failure to do our duty here will mean the complete destruction of cultural resources spanning thousands of years that can never be replaced. Failure will mean the wholesale desecration of the graves

of our ancestors that we have been left to tend and protect. Failure will hasten the end of a way of life our people have followed for millennia. Given those stakes, failure is simply not an option.

Will the important concerns voiced by our Confederated Tribes prevail? It's impossible to know for sure. While there are important federal and state laws on the books which seem to favor the protection of our cultural and spiritual heritage, none of those laws are self-enforcing. They all require the constant vigilance of our Tribal staff and attorneys to ensure that public officials and private industry follow the letter and spirit of those important laws.

And make no mistake. Our Confederated Tribes are up against powerful forces here who support the project notwithstanding the imminent threat to our cultural resources. And the Federal Energy Regulatory Commission (or FERC), which like all federal agencies has a solemn trust responsibility towards our Confederated Tribes, has regularly sided with the applicants and their supporters in these projects. Nor is FERC known among federal agencies for being anywhere near the forefront of protecting tribal cultural resources.

Against these powerful forces, our Confederated Tribes sought to form alliances. We have reached out to our fellow tribes in Oregon, and we still await their answers on certain important matters relating to cultural resource protection. The Oregon State Historic Preservation Office has bravely worked to do the right thing here. And we have found great support in Washington DC with the Advisory Council on Historic Preservation.

Otherwise, we are a relatively small Indian tribe with limited resources and staff time that can be devoted to this massive effort. But the daunting odds don't mean we can just turn away and allow the wholesale destruction of our cultural heritage, and the desecration of our ancestors' graves. It just means we have to work smarter and harder, and that we have to be brave and persistent. But as a people we have a proud history of doing just that, don't we?

I also have to caution that in the end, and despite their best efforts, Indian tribes sometimes lose these battles. But if we ever do lose, it should never be because we gave up without giving it our very best effort.

Our Tribal Council would be happy to hear from any of our Members who have ideas or opinions about these matters. In the meantime, our Confederated Tribes will do what we must regarding Jordan Cove LNG and Pacific Connector pipeline, while also working hard to make Oregon a better place for us all including through creation of hundreds of living-wage jobs in the areas of health and human services, housing, gaming, and Tribal government.



Chairman Mark Ingersoll

"That is not a battle we would have chosen, but it is a battle that we cannot ignore. Failure to do our duty here will mean the complete destruction of cultural resources spanning thousands of years that can never be replaced."

-Chairman Mark Ingersoll

Chairman Mark Ingersoll

Jordan Cove LNG and Pacific Connector Pipeline Projects

Jordan Cove LNG and Pacific Connector pipeline are two massive, interconnected industrial projects spearheaded by a Canadian company named Veresen, Inc., and an energy infrastructure company named Williams. In the works for more than a decade, these projects include the construction and operation of a three-foot diameter 232-mile long pipeline running from Klamath County to Coos County that would collect natural gas from wells in places like Canada, Wyoming, and Colorado, then pump that gas to an industrial facility on the northern shore of Coos Bay for liquefaction and shipment to Pacific Rim markets. Project elements on Coos Bay would include at least two massive LNG storage tanks, chilling and compression machinery, a city-scale power plant to provide all the electricity for these operations, a temporary "man camp" in North Bend to house construction workers, a newly dredged channel and terminal for ships, on- and off-site environmental mitigation efforts, and various emergency response facilities required by the hazardous nature of keeping large quantities of natural gas in one place.

Those who support these projects point to the ability of American gas producers to sell their product overseas, to the construction and long-term jobs that would be created in Oregon, and to the millions of dollars that would benefit local schools, businesses and infrastructure.

Opponents argue there are too many hazards

associated with storing large quantities of natural gas in an area so prone to earthquakes and tsunamis. Some complain about disruption to recreational and commercial marine traffic as gigantic LNG container ships ply Coos Bay waters several times weekly. Others worry about the impacts on our area's shellfish and other resource-based industries. Still others argue that the project will only contribute to the global consumption of fossil fuels that are contributing to global warming and other global environmental harms.

Opponents also question whether the project would bring long term net economic benefit to our community. Some warn that high-tech permanent jobs will likely go to outsiders, while locals will get mostly the low-paying service-sector support "sweep up" jobs. Others complain that Coos County will forego millions of dollars in property tax revenues while allowing the developers to hand over much smaller sums to private charities.

Last but not least, many landowners along the Pacific Connector route want no part of a gas pipeline on their property, and strongly oppose the seizure of their land by a foreign-owned corporation under powerful eminent domain laws.

Not surprisingly, many of our Confederated Tribes' members also have strong personal opinions about whether or not the Jordan Cove LNG and Pacific Connector projects would be good for themselves, for their families, for their businesses, or for our community.

"Our Confederated Tribes have not taken an official position for or against Jordan Cove LNG or the Pacific Connector pipeline. But that doesn't mean our Confederated Tribes don't have important concerns."

- Chairman Ingersoll



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Council Meeting

September 11, 2016

10:00 a.m.

Tribal Community Center
338 Wallace Street, Coos Bay,
Oregon 97420

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at
www.ctclusi.org

CTCLUSI Departments, Services & Offices

Administration Building

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Tribal Elder Martha Huntington Walks On



Martha Louise Huntington

Martha Louise Huntington went to be with the Lord on July 24, 2016. She was surrounded by her loving family at the time of her passing.

Martha (Tilly to close friends and family) was born on November 11, 1937, to Luddie Lucy (Shaw) and Clair Walter Lewis of Quincy, CA. She attended and graduated from Quincy High School. On the eve of her high school graduation, June 3, 1955, she married Russell R. Huntington, also of Quincy. They shared 61 years together and had three daughters.

Martha touched the hearts of all who knew her and was quickly

loved by all who met her. Russell called her his "little sparkplug" and her daughter, Kerri, describes her as being "the candles on the birthday cake." Her memory will always be cherished. Martha is survived by her husband Russell Huntington of Redding,

daughters Linda and son-in-law David Hunt of Adin, CA, Jamie and son-in-law Dellbert Tervort of Elko, NV, Kerri Huntington of Adin, CA, and daughter of her heart Lisa (Brett) Amen of Cottonwood, CA; grandchildren Stacia (and Rick) Tweddell of Reno, NV, Tyrell (and Jennifer) Tervort of Elko, NV, Chantel (and Chad) Moore of Elko, NV, Jordan (and Marlena) Hunt of Redding, CA, Whitney (and Michael) Mitchell of Adin, CA; great-grandchildren Tatum Hallmark of Reno, NV, Conner and Natasha Tervort of Elko, NV, Keagan and Emry Moore of Elko, NV, and Helen Mitchell of Adin, CA. She is also survived by her sister, Roberta Lawry of Quincy, CA, her aunt Earline McElroy of Oroville, CA, her sister-in-law Paula Lewis of Windsor, CA, and several nieces, nephews, and cousins. Martha is predeceased by her parents, as well as her brother, Thomas Lewis.

The family is deeply grateful for the outpouring of love, prayers, and support they received. Martha's family would especially like to thank the medical staff at Shasta Regional Medical Center for their care of her and her family while there.

Services were held at McDonald's Chapel on August 6, 2016, at 2:00 p.m. with a celebration of life that followed at the Chapel.

CTCLUSI Resolutions

RESOLUTION NO.:16-034 (Corrected)

Date of Passage: July 27, 2016

Subject (title): Approval of Enrollment of New Tribal Members

Explanation: Tribal Council, by a majority vote, adopted this Resolution approving the enrollment of a number of applicants and found and certified them to be Members of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians effective this date.

RESOLUTION NO.:16-038

Date of Passage: July 27, 2016

Subject (title): Approval of Memorandum of Agreement with the Indian Health Service

Explanation: Tribal Council approved the Memorandum of Agreement with Indian Health Service for the construction of sanitation facilities, including water supply and waste water disposal facility projects for qualifying homes.

RESOLUTION NO.:16-039

Date of Passage: July 27, 2016

Subject (title): FY 2017 Tribal Transportation Improvement Program (TTIP)

Explanation: Tribal Council approved the submission of the Tribal Transportation Improvement Program to the BIA Department of Transportation for inclusion into the BIA 2017 Tribal Transportation Program Transportation Improvement Program.

RESOLUTION NO.:16-040

Date of Passage: July 27, 2016

Subject (title): Approval of Tribal Transportation Program Agreement and FY2016 Referenced Funding Agreement

Explanation: Tribal Council hereby approved the Transportation Program Agreement with the Bureau of Indian Affairs. This agreement transfers to the Tribes all of the functions and duties that the Secretary of the Interior would have performed with respect to comprehensive transportation planning, research, design, engineering, construction, maintenance of highway, road, bridge, parkway, or transit facility programs or projects that are located on, or which provide access to, the Tribes' Reservation and provides to the Tribes its formula share of the TTP funds. The total amount of funding provided under the FY2016 Referenced Funding Agreement is \$215,183.00.

RESOLUTION NO.:16-041

Date of Passage: July 27, 2016

Subject (title): NCAI Membership Delegate and Alternates for Membership Year 2016-2017

Explanation: The Tribes designated persons as Delegate and Alternate Delegates to the National Congress of American Indians Annual Convention, Executive Council Winter Session and Mid-Year Conference for membership years 2016-2017.

RESOLUTION NO.:16-042

Date of Passage: July 27, 2016

Subject (title): Education Committee Appointment(s)

Explanation: Tribal Council appointed the following individual(s) to the Education Committee.

RESOLUTION NO.:16-043

Date of Passage: July 27, 2016

Subject (title): Support for Participation by Blue Earth Services & Technology, LLC, in the Southern Willamette Valley JATC Limited Energy Class A/B Technician Apprenticeship Program

Explanation: Tribal Council supports BEST's participation as an employer in the Southern Willamette Valley JATC Limited Energy Class A/B Technician Apprenticeship Program, which will provide a tribal member with an opportunity to learn skills needed by employers, obtain credit toward an associate degree, and participate in paid employment during training as well as provide BEST with an opportunity to grow its business and support the employment of tribal members.

RESOLUTION NO.: 16-044

Date of Passage: July 27, 2016

Subject (title): Appointment of Three Rivers Foundation Board of Trustees - Position #1

RESOLUTION NO.:16-045

Date of Passage: July 27, 2016

Subject (title): Appointment of Three Rivers Foundation Board of Trustees - Position #2

RESOLUTION NO.:16-046

Date of Passage: July 27, 2016

Subject (title): Appointment of Three Rivers Foundation Board of Trustees - Position #3

RESOLUTION NO.:16-047

Date of Passage: July 27, 2016

Subject (title): Appointment of Three Rivers Foundation Board of Trustees - Positions #4 and #7

RESOLUTION NO.:16-048

Date of Passage: July 27, 2016

Subject (title): Appointment of Three Rivers Foundation Board of Trustees - Positions #5 and #6

Tribal Council Business

As Reported at the August 14, 2016 Regular Tribal Council Meeting

Chief Warren Brainard:

July 10 Tribal Council Regular Meeting
-Eugene
July 14 Elders Committee Meeting, Culture Committee Meeting; Executive Work Session; Visit to Culture Camp
July 19 Tribal Family Gathering
July 20 Lane Act Meeting
July 18 Enrollment Committee Meeting; Salmon Ceremony Meeting
July 21 Salmon Ceremony Meeting
July 26 Council Training on Section 17 with Blue Earth Services & Technology, BEST
July 27 Elliott State Forest Meeting; Tribal Council Business Meeting
July 29 Executive Work Session ; Coos Bay Railroad Meeting
Aug 3 Lane Act Meeting
Aug 5 Coos Bay Rail line 100-year Celebration
Aug 6 Fire Pit Gathering at Tribal Hall
Aug 7 Salmon Ceremony
Aug 8&9 Oregon Coastal Caucus Summit; Met with U of O President Schill
Aug 9 Section 17 Follow Up Meeting
Aug 10 BEST Meeting; Lane Act Meeting

Doc Slyter:

July 10 Tribal Council Regular Meeting
-Eugene
July 14 Executive Work Session; Visit to Culture Camp
July 16 Coos Head Area Master Planning (CHAMP) Meeting
July 20 Housing Board Meeting
July 26 Council Training on Section 17 with Blue Earth Services & Technology, BEST
July 27 Tribal Council Business Meeting
July 29 Executive Work Session
Aug 4 Executive Work Session
Aug 6 Tribal Council Breakfast
Aug 8 & 9 Oregon Coastal Caucus Summit; Met with U of O President Schill

Aug 9 Section 17 Meeting Follow Up Meeting

Aug 10 Site Visit to Jordan Cove

Beaver Bowen:

July 10 Tribal Council Regular Meeting
-Eugene
July 14 Executive Work Session: Visit to Culture Camp
July 15 Elders Day at Culture Camp
July 26 Council Training on Section 17 with Blue Earth Services & Technology, BEST
July 29 Executive Work Session
July 27 Tribal Council Business Meeting
Aug 4 Executive Work Session
Aug 6 Tribal Council Breakfast
Aug 7 Salmon Ceremony
Elders Luncheon
See kids return from Canoe
Gaming Facility Operations Review Board (GFORB) (July & Aug)

Teresa Spangler, Vice - Chairman:

July 10 Tribal Council Regular Meeting- Eugene
July 14 Executive Work Session; Visit to Culture Camp
July 16 Indian Health Services Conference Call
July 19 Tribal Government Employee of the Quarter
July 20 Housing Board Meeting
July 26 Council Training on Section 17 with Blue Earth Services & Technology, BEST
July 27 Tribal Council Business Meeting
July 29 Three Rivers Casino Team Leader Meeting; Executive Work Session
Aug 4 Executive Work Session
Aug 6 Tribal Council Breakfast
Aug 7 Salmon Ceremony
Aug 8 & 9 Oregon Coastal Caucus Summit; Met with U of O President Schill
Aug 9 Section 17 Follow Up Meeting

Arron McNutt:

Not Present – Excused

Tara Bowen:

July 10 Tribal Council Regular Meeting- Eugene
July 14 Executive Work Session; Visit to Culture Camp
July 15 Elders Day at Camp
July 26 Council Training on Section 17 with Blue Earth Services & Technology, BEST
July 27 Tribal Council Business Meeting
July 29 Executive Work Session
Aug 4 Executive Work Session; Introduction to Lobby Firm
Aug 6 Tribal Council Breakfast
Aug 7 Salmon Ceremony;
Aug 8 Met with U of O President Schill
Aug 10 Site Visit to Jordan Cove

Mark Ingersoll, Chairman:

July 10 Tribal Council Regular Meeting - Eugene
July 12 BEST Boarding Meeting; Visit to Culture Camp
July 14 Executive Work Session; Visit to Culture Camp
July 27 Tribal Council Business Meeting
July 29 Executive Work Session
July 30 Three Rivers Casino Site Tour of New Wall Construction
Aug 4 Executive Work Session
Aug 5 Coos Bay Rail line 100-year Celebration
Aug 6 Peter DeFazio Breakfast; Tribal Council Breakfast; Fire Pit Gathering at Tribal Hall
Aug 7 Salmon Ceremony
Aug 9 Section 17 Follow Up Meeting
Aug 10 Met with Fawn Sharp, President of Affiliate Tribe of Northwest Indians (ATNI); Tour Tribal Property
Aug 11 Meeting with Cow Creek

Upcoming Events

September 1st – Elders Luncheon,

Izzy's Eugene OR 11:30 a.m.

September 1st – Back to School Party, Eugene (TBA)

September 2nd – Back to School Party, Coos Bay (TBA)

September 3rd – Weaving Workshop, Florence Outreach

September 5th – All Tribal Offices will be CLOSED in Observance of Labor Day

September 10th – Back to School Parties 11:00 a.m.,

Eugene – Amazon Park, Coos Bay – Mingus Park

September 10th – Weaving Workshop, Florence Outreach

September 10th – 11th – Mill Luck Days, Canoe Races, Mill Casino, Coos Bay

September 11th – Regular Council Meeting, Community Center CB 10:00 a.m.

September 14th – Deadline for Submissions to October newsletter

September 17th – Weaving Workshop, Florence Outreach Office

September 19th – 23rd – Tsalila, Reedsport, OR.

September 20th – Tribal Family Gathering, Coos Bay, Community Center, 6:00 p.m.

September 23rd – Native American Day

September 24th – Weaving workshop, Florence Outreach Office

October 1st- Prevention Activity Mahaffy Ranch Corn Maze, Coos Bay

October 8th – Prevention Activity, Putters Pizza and Lone Pine Farms, Springfield

October 15th – Restoration Celebration, TRC Florence, Event Center

October 17th – Restoration Day, All Tribal Offices will be Closed

October 26th – Wellness Fair, Community Center Coos Bay, 10:00 a.m.

October 29th – Pink & Blue Celebration, TRC Florence, Event Center, 10:00 a.m.

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.

Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
ATTN: Tribal Council 1245 Fulton Ave.

Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices.

Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org

If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.

Salmon Ceremony...continued from cover page

Chairman Mark Ingersoll also addressed Tribal members, remarking on the joyous occasion and how wonderful it was to have so many Tribal members gathered together at Baldich. Chairman spoke to the fact that our annual Salmon Ceremony is held at Baldich, which has always been a significant place for the Tribe. Once a village site for our Miluk ancestors, Baldich is rich in history. Three years have passed since a special ceremony was held there August 2013, to transfer Chief's Island and the surrounding 24-acres back to the Tribe from the U.S. Coast Guard. Though we have always been stewards of this land, words could not express what Tribal members felt with the official return of one of our villages. In the many years of effort to regain Baldich into Tribal ownership there were many individuals deserving of thanks. Again, we thank you all.

After an invocation by Chief Warren Brainard, everyone feasted on a bountiful meal prepared by cook Joe Barton, in addition to the Salmon that had been

cooked by Jesse Beers and Mark Petrie of the Culture Department. The Salmon was cooked over a fire using cedar posts and skewers to hold the salmon over the flames. The Salmon is treated with care and the upmost respect while being prepared, cooked, and served to feed our people. Before the meal, Jesse Beers gave a brief presentation on how to prepare the Salmon on the cedar stakes to a group that gathered around the fire pit.

Once everyone had their fill, Chief Brainard asked the Tribal members who had just returned from this year's Canoe Journey to come and share a few words. They spoke about their experiences, and it was a wonderful thing to hear about the positive impact that Journey had on some of the youth. Be sure to read about the Paddle to Nisqually to hear some of their remarks.

Next, members of Tribal Council raffled off prizes, once they all had new and happy homes, Chief David Brainard led us in song. Tribal youth then danced to a

song inspired by one of our Tribal youth, Jeremiah Dean and were led in dance by Heidi Helms. Everyone was then asked to join hands and dance a friendship dance. It was truly wonderful to have so many Tribal members circle together, join hands, and dance during Salmon Ceremony.

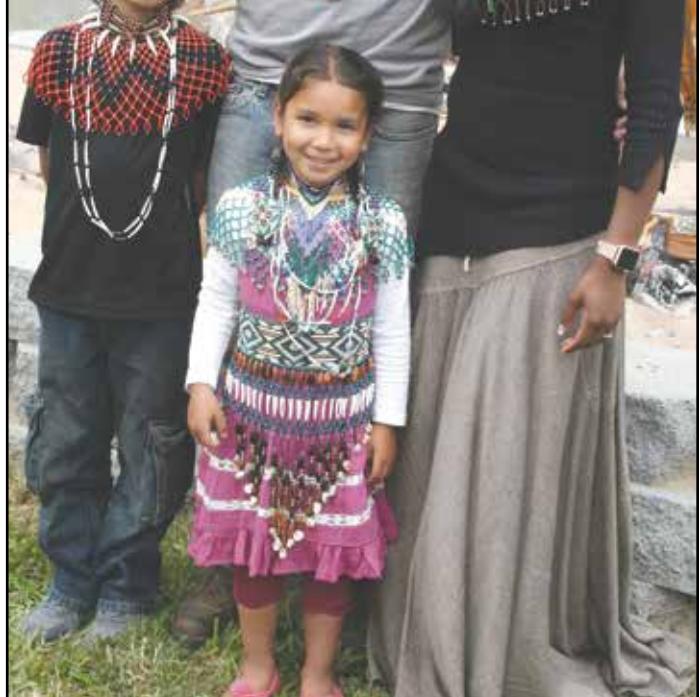
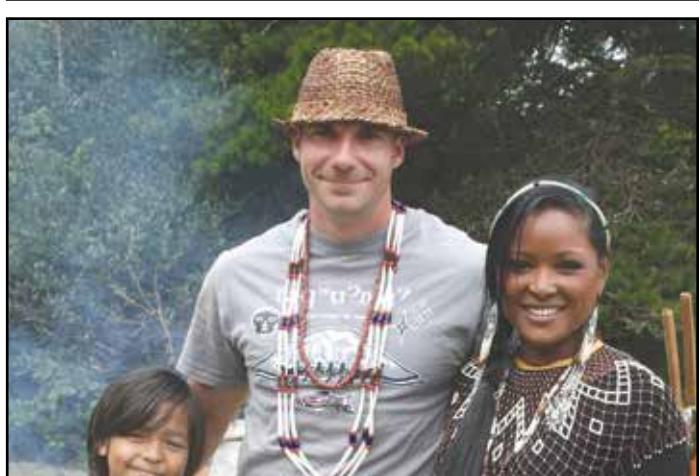
After singing and dancing together Tribal members made their way to the cliffs where Chief Warren Brainard, Jesse Beers, and Mark Petrie climbed down to a flat below. In song and prayer the Salmon People were honored and thanked for the gift of sustenance that we received and were asked to return to us again for the generations to come.

Thank you goes out to all those who contributed to Salmon Ceremony this year, the years preceding, and the years to come. Thank you to everyone who was able to come and join us in song and dance. To those unable to be present we thank you for being there in spirit and we hope to see you next year.





August 7, 2016



Canoe Journey: Paddle to Nisqually

- Don't forget the water -

Contributed by Jesse Beers, Culture Director

The Water is one of the strongest and most respected forces on Earth, as well it should be. We need Water to live but it can also take life. Water can be gentle and soothing, or destructive and overwhelming, as can we. Traditionally our Ancestors had a sacred bond with the Water, all life began with it. The waters taught us where to live, how to travel, and it supplied all the food and wealth we could ever want. What many of us don't realize is that this is still the case. Nothing has changed except our appreciation of the water. We still need water to survive, live and thrive. Don't forget the water was the theme of this year's Canoe Journey to help remind us of how much we desperately need clean water and how sacred our waters are and that we are all responsible for it every day.

To help facilitate this message not just through words there was minimal plastic bottles on site, instead rehydration stations in order to refill reusable water bottles were used. Camps were supplied with not only garbage bags but also recycle and compost bags which were taken daily. Porta-Potties were used which saves on thousands of gallons of water. The greatest act of appreciation for the water on journey is the act of canoeing itself.

When we pull through the water in our western red cedar dugout canoe named Lottie we bless the water with every stroke, the only thing we leave behind in the water is our blessings and some sweat. In the canoe you see the pollution, we pick up the garbage along the way. We learn to appreciate the journey as much as the destination. This was Lottie's first time on canoe journey although this was not Lottie's first long pull. During Culture Camp we took Lottie on each one of our rivers. We pulled 16 miles on the Umpqua, 14 miles on the Coos and 15 miles on the Siuslaw, learning each rivers' personality. Of course, on the canoe journey in Washington these were the length of the shortest pull. Most of the pulls were over 20 miles with the longest being 27 miles.

Lottie performed very well, I was impressed on how we kept up with many of the cedar strip and plywood canoes. We started referring to Lottie as heavy on land but light on water due to the natural buoyancy of western red cedar and the amount of people needed to lift her to the landing once we were on land. In most cases it was necessary to lift Lottie and carry her higher onto land to avoid the tides.

This year we took not only ourselves but the Coquille also travelled with us. It was so good to see our young people pulling together in the canoe and talking around camp. The young men had a talking circle in which many of them got to know a lot about each other and really bonded. We had many volunteers to help from both our tribe and the Coquille. A few staff went from our tribe and we took our very own cook, Tribal Member Joey Barton, this year which we were very grateful for! Ground crew is very important without ground crew it is that much more exhausting to cook your own meals, put up your own tent, etc. after pulling 20+ miles. As a puller our hands are always held up in thanks to ground crew.

When we are traveling in other tribes waters it is necessary to ask permission to both come ashore and to untie or leave their lands. We made a total of five overnight stops by way of canoeing each time asking permission to come ashore and untie. Where we started at Potlatch State Park there were about five other canoes

"It's something that you don't experience anywhere else. I haven't found the kindness, the generosity, and the open hearts that I've seen on Canoe Journey anywhere else in the world."

- James Barton

"I was the Elder on the event. I can't tell you how emotional and how rewarding this whole event was. I really think that if you could possibly go and spend any time at any part of the event and visit...meet other Tribal people and listen to their stories...it's such a rewarding experience and I want to encourage you to be a part of it in some way or another...It's a must that it continues and more people get involved. Until you go you'll never know, and once you go you'll be touched and that will be the end and the beginning. Thank you."

- Earla Kirk

traveling on the waters around us including the Grande Ronde and the Chinook whom we've travelled with for many years and have always treated us like family. The amount of canoes grew quickly from six to 32 to 72 and at the final landing at Nisqually it seemed like there were hundreds. Many tribes hosted huge meals along the way including an amazing clam bake by Port Gamble S'klallam and also the Suquamish with all you can eat clams!

Once we arrived at Nisqually we were hosted with showers, laundry, protocol, and of course more food. On Tuesday we had our protocol and what an amazing and humbling experience. Protocol is when each tribe gets up in front of everyone and shares songs, dances, stories, and/or whatever they want to share from their culture. This is the first time our tribe did the big protocol and everyone did very well. We shared a little about our history and shared seven songs. It was nice to be able to present a few of our traditional songs from the central and southern Oregon coast because they are very different

than those shared from up north in Washington and Canada. We also did a round dance song and invited audience participation. We expected a few people to come down but it seemed like it was more like over fifty people came down and danced with us. It was very powerful; I'd never seen so many people dance to one of our songs. After our protocol our Skipper, Doug Barrett, handled the gifting and asked permission to untie.

Canoe Journey was full of challenges, from sickness, exhaustion, lost voices, lost sleep, blisters, smashed fingers, sore muscles, etc. but it was also full of accomplishments finishing pulls where there were doubts, getting blessed by many Eagles, Seals, and even a few porpoises, finishing protocol, and probably the biggest accomplishment of all; having the honor of representing our Tribes to the many other Native Nations of the World. Many thanks go out to Tribal Council, Administration and the Tribal Membership for all of the support. I encourage every Tribal Family Member to live their culture and participate in the Canoe Journey in the future. It'll change you, for the better.

"I was really appreciative to get to go. I struggle with culture and I feel that the Canoe Journey helped push me into the area I want to be in for the rest of my life, that's with you guys."

- Michael Romine

"I feel super blessed to be able to have gone this year. To be able to share culture with so many different people...to see how strong you are, it tests you...I learned so much, and to see us up there representing our Tribe was amazing."

- Alycia Cossey

Watch CTCLUSI at the Canoe Journey Landing Online

<http://www.ustream.tv/channel/canoejourney>

Video name: Nisqually Port of Olympia Canoe Landing 7-30-16

Hour mark in the video where you can see the landing: 3:57:20



These photographs of Canoe Journey are courtesy of Ashley Russell



Canoe Journey: A Tribal Member and Staff Perspective

Contributed by Mark Petrie, Tobacco Prevention Coordinator

July 22 through August 3rd I had the honor of participating in this year's Tribal Canoe Journey Paddle to Nisqually. As one of the largest Drug & Alcohol free events held in the States, people of all walks were drawn in by the thousands to the Native Northwest Cultural hotspot.

One thing that I love about the Canoe Journeys is that all of the turmoil and feuding among the Tribes is left behind for the purpose of working together for a successful event for the benefit of everyone. The comradery between all the different native nations was something to behold with awe. At many of the canoe landings there were thousands of people along the beaches or shores to watch the dozens of canoes ask permission to come ashore. The Puyallup Owen Beach landing was a beautiful spot. A very well taken care of beach that was prepared to receive the dozens of canoes and hordes of people. Hundreds of able-bodied men and women volunteered their muscles to lift each canoe and carry them to the grassy area above the beach. Our own Lottie

was among the heaviest dugout canoes to land; competing in size, beauty and craftsmanship. We can thank the carver Guy Capoeman of Quinault for our beautiful canoe, Lottie. We heard many compliments about Lottie.

This was my fourth year going on the Canoe Journey. Each year I found that my expectations for the journey are blown out of the water with an experience that I will carry for the rest of my life. Each journey is unique, to say the least. All of the staff, volunteers and youth that came, many for their first time, bonded and worked together to make the journey a success. There were a few obstacles to overcome along the way. Some people call those growing pains. I was tremendously happy to have my wife and two children come and experience the joy and the adversity of the journey for their first time. My 2-year old son is still singing some of the songs we performed at our protocol in Nisqually. Teaching culture is one thing, living it is something else entirely. Thank you to everyone who had a part in making the Journey happen for our Tribes!

The Healing of the Canoe Program - A Healing Circle

Contributed by Anne Niblett, Healing of the Canoe Program Assistant

There were 12 of us. It was midnight, but we were still up. Josiah accepted the eagle feather rope that was handed to him and it was his turn to talk. Facing one of the other young men in the circle he replied in a voice choked with emotion, "No offense Angel, but I am not going to respect your wishes. Even if you don't want me to, I am going to trust you. In fact, I'm going to trust you even more because of what you said tonight, I know it took a lot of courage. I'm going to trust you, and I'm always going to be there for you too."

I looked across the circle at Angel and saw his shoulders slumped and his head facing the ground below. Tears were streaming down his face at this pledge of loyalty from a tribal "cousin." Looking around at the faces in front of me, I noticed hardly a dry eye in the circle - and this from a group of men and boys. "Wow," I thought as silent tears streamed down my own cheeks, "this is what Canoe Journey is all about."

We had come together to support the Confederated Tribes of Coos, Lower Umpqua and Siuslaw (CTCLUSI) tribe and their participation in 2016 Canoe Journey to Nisqually. Canoe Journey was an annual event that brought tribes together from all over the Pacific Northwest and Canada. It was a way to get tribes together to celebrate their culture and reclaim their relationship with the water highways of their ancestral past. I was there as a staff member with the CTCLUSI tribe and their Healing of the Canoe (HOC) Program, and several Coquille tribal youth (including my three oldest children) whom attended the HOC workshops, were also there to participate.

It had been a rich, but exhausting trip thus far. Most days, between driving, setting up and then tearing down camp again, paddling, cooking, planning, practicing protocol, attending meetings and seeing to the needs of more than a dozen youth, we averaged 14+ hour days. The first week, most of the staff got 4 or 5 hours of sleep a night and the kids only got a couple more. Paddlers averaged 22 miles a day in the canoe. They came back to camp absolutely beat by the sun and difficult pace. We stayed in tents side by side and loud snores from other tents and drumming and singing from tribes doing protocol far into the night, were the sounds that put us to sleep. Needless to say, everyone got to know each other really well.

The boys had come to me earlier that evening to sort out a dispute between them. It seemed one group of boys was continually irritating another. My son told me that things were going too far and someone needed to step in. "Alright," I said as he looked at me expectantly, "we'll have a talking circle with the boys tonight." Mollified, he left.

Since it was a boy's group, I asked Jesse Beers, the CTCLUSI tribe's Culture Director, to take the lead. He easily agreed.



The boys practicing songs for protocol during Canoe Journe 2016. Photo courtesy of Mark Petrie

After a staff meeting that ended around 10 that evening, we grouped some chairs in a circle in front of our make-shift camp kitchen, and asked the boys to attend. I knew a couple of them were pretty upset at the others, and I wondered what the climate of the circle would be like.

Jesse started the circle out by explaining the rules for engaging in soft neutral tones. He was so quiet, I almost had to lean in to hear him. Later, I wondered if he did that on purpose. He told the boys and a couple more male staff that were there, that only one person could talk at a time and no one else was allowed to comment or make any noise, unless it was their turn. Absent a stick, Jesse used the rope we tied on the front of the canoe that had several eagle feathers attached to it, as the token to pass around that indicated whose turn it was to speak. Everyone was careful not to let the cherished feathers touch the ground.

Jesse started the talk by introducing himself and telling the circle a little bit about him. Each of the boys did in turn. I noted how speaking calmly and beginning the talk with something that had nothing to do with the dispute at hand, set the mood for peaceful communication. By the time everyone had gone around the circle, the respectful tone was set. When it was my turn to speak, I encouraged the boys to be real about what was bothering them, knowing they needed to express their frustrations if they were going to get resolved.

One of my sons started the conversation and I was horrified by what he said his older brother and others were saying to tease him and his friends. Luckily, I couldn't talk, because if it had been at home, I would have laid into my oldest about his unacceptable behavior. But I couldn't. I had to sit and bite my tongue while everyone spoke before me - lucky me. I learned something that night. As one of my sons complained about the other, I watched tears well up in the eyes of the one who had done the teasing. He knew he was in the wrong, and he was ashamed. His offense was being brought up in front of others, but it was done in a way that was respectful and without loud accusations, so he was able to accept the reproof without reacting to emotion. Wow. I realized I had been handling him wrong all this time. He did care. And given the room to acknowledge it himself, he would.

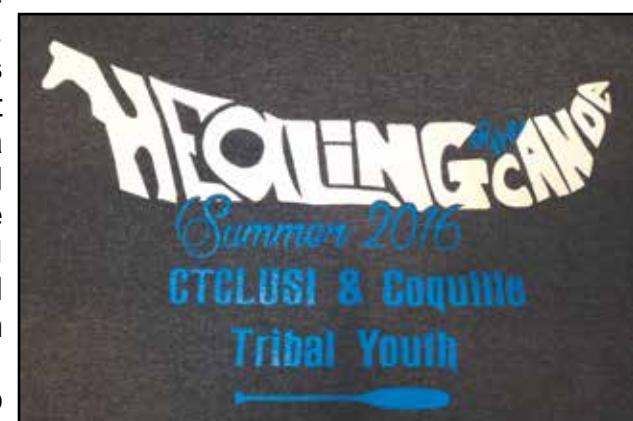
When it was time for my oldest son to

speak, he did so through tears, apologizing to his brother and anyone else he had hurt. That seemed to start the floodgate. One by one, the boys began to get real and talk about things that were hurting them. Many things came out that night. Many things were said; some heartbreaking, some inspiring. I watched men and boys get real about pain – suicide, parents leaving, the effects of alcohol and drug abuse in their lives - and even encourage one another to cry when they needed to. The honesty, wisdom, and compassion that came from that group of young tribal men, amazed and blessed me. I was humbled to be there to witness the healing they provided to one another.

The circle lasted for over 2 hours, and despite our weary minds and bodies, we made it. It was worth it. Later, at the end of the circle, each of the boys got up and gave each other a hug to end their time together. I stepped aside, and watched them all with a grateful spirit. Canoe Journey had done many things in the lives of these young people – it had taught them many things - but I knew that the experience tonight, was one of the most profound. I walked to my tent with a full heart.

[In the previous two months before the Canoe Journey, tribal youth from the CTCLUSI tribe and the Coquille Indian tribe, got together to participate in 3 Healing of the Canoe weekend workshops. There tribal youth learned about their culture, talked about issues facing them including drugs, alcohol and suicide, and made connections with staff members from both tribes. I believe the camaraderie and trust that the Healing of the Canoe workshops helped facilitate in the lives of these youth, set the tone for the miraculous Healing Circle that took place that night on Canoe Journey.]

*Permissions were given from those mentioned above to run this story





Pictured above are some of the youth that attended the Healing of the Canoe Program Weekends in July

Pictured left to right: Back row, Jaiden Garcia, Josiah Niblett, Robert Cantu, Mark Petrie, Jesse Davies

Middle Row: Charis Niblett, Haley Garcia, Jasmine Cantu, Kari Herrin, Orion Petrie, Gregory Sparhawk, Damon Rodriguez

Front Row; Noah Niblett, Dylan Brainard, Shianne Myers, Ashley Russell, Anne Niblett, and Alhana McNutt. Photo by Morgan Gaines



Waiting for permission to come ashore during one of the landings on Canoe Journey



Morning pull one of the days of Canoe Journey

Above right: Noah and Angel

Right: Orion Petrie hamming it up on Canoe Journey



Above photos of youth and canoes on Journey courtesy of Anne Niblett

Pictured below: CTCLUSI and Coquille youth pull the canoes during the HOC weekend workshop in preparation for Journey
Photograph by Morgan Gaines



Exciting Culture Coalition Vacancies!

Contributed by Jesse Beers, Culture Director

The Culture Coalition has an opening and is looking for volunteers who are interested in our tribes' culture and the arts. The Culture Coalition decides what to do with our Oregon Culture Coalition Dollars. These dollars are given to our Tribes from the Oregon Cultural Trust by way of a grant that the Culture/DNR Department maintains. Oregon Cultural Trust dollars are spent towards things that fuse culture and the arts. Some examples of accomplishments are commissioned art pieces representing our Tribes and our traditional stories, as well as the concrete animal figures in front of Tribal Hall. Right now the Culture Coalition is working on an exciting project in which they are working with Tribal Member artisans to illustrate a story book full of our traditional stories for the Tribal Membership to have and to use. If you are interested in becoming a member please call the Coalition Chair-woman, Pam Stoeshler at (541) 884-4230.



One of our stories painted to life by Pam Stoeshler, one of the many projects funded by the Culture Coalition

New OSU Forestry Complex Seeks input from Tribes

Contributed by Jesse Beers, Culture Director

Oregon State University is going to be constructing a new Forestry Complex on the Corvallis Campus and they are seeking input and art from the Nine Federally Recognized Tribes of Oregon. OSU has been doing an amazing job of outreach with our tribe and they not only want to include tribal artwork but also historical information about lands, plants, Traditional Ecological Knowledge (TEK) and pre contact woodworking techniques. If you would like to be considered to be a contributing artist of any media please call or write in to Jesse Beers @ 541 297-0748 or jbeers@ctclusi.org. If you'd like to see what the Forestry Complex is projected to look like please visit www.youtube.com/watch?v=dZWL8fscDYo.

Did You Know?

Free Eye Exams in North Bend / Coos Bay

If you are an established patient at the Coquille Indian Tribe Community Health Center you are eligible to get a free eye exam at Cheslock Optical. On the third Tuesday of every month Cheslock Optical has Native Eye Day. Patients of the Coquille clinic get a free eye exam; if you're uninsured you also receive 20% off the cost of equipment. You must be an established patient of the clinic. You can call (541) 888-9494 for more information or to schedule your eye exam.

23rd Annual Agness-Illahe Gathering of the People

SEPTEMBER 17-18

AT BIG BEND (NEAR FOSTER BAR — AGNESS, OR)

GRAND ENTRY SATURDAY SEPTEMBER 17

1:00 PM AND 7:00 PM

SUNDAY SEPTEMBER 18

12:00 NOON

**ALL DRUMS WELCOME
ALL VENDORS WELCOME
CAMPSPACES AVAILABLE
CANOE EXHIBITS**



FOR MORE INFORMATION CONTACT:

Donald L. Fry 541-267-0571

Nina Fry 541-404-3991

Elders Corner

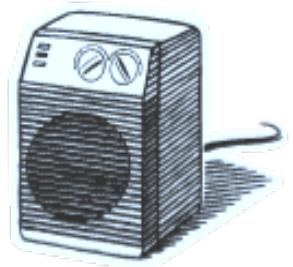
Welcome New Tribal Elder

Anthony Havelock

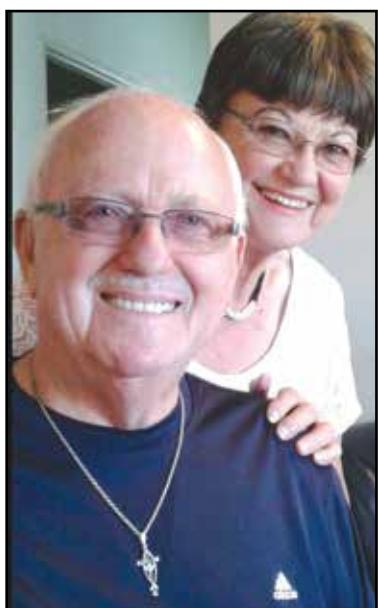
LIHEAP Energy Assistance!

CTCLUSI Family Services continues to offer energy assistance to low income families through our Tribal LIHEAP Program. Contact CTCLUSI Family Services to see if you qualify!

Coos Bay Family Services: 541-888-7516
Springfield Outreach Office: 541-744-1334
Florence Outreach Office: 541-997-6685



ELDER SPOTLIGHT OF THE MONTH - September 2016



Tribal Elder Chet Perry with wife
Joan

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. If the next Elder on the list chooses to participate they will be interviewed for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. **Thank you Elders!**

Contributed by Andrew Brainard, CHR and Elders Activity Program Coordinator

Congratulations to Chet Perry, our male Elder Spotlight of the Month for September 2016. Chet is a Lower Umpqua Tribal member. He has been married to Joan for 9 years, 4 children, 6 grandchildren and 6 great grandchildren. In Chet's spare time he has managed Soft Winds Mobile Court in Sutherlin, Oregon for over 30 years. Chet loves Salmon fishing and has been a Christian for 45 years.

Congratulations to Roberta Lowry, our female Elder Spotlight of the Month for September 2016. Roberta is a Coos Tribal member. She has 3 children, 5 grandchildren and 9 great grandchildren. In Roberta's spare time she loves genealogy, travel and loves mysteries. In conclusion, Roberta is related to Kentuck Thomas, who was named after the Kentuck Slough in North Bend, Oregon.



Tribal Elder Roberta Lowry

Child Care Payment Assistance

- ⇒ Do you need child care payment assistance?
- ⇒ Are your children enrolled members of CTCLUSI?
- ⇒ Are you employed or in school for a total of 40 hours per week?

The Child Care Development Fund helps pay for qualifying child care expenses.

To qualify your family must:

- ⇒ Meet Income Eligibility Requirements
- ⇒ Use a State Licensed Provider (We can help.)

For more information about the CTCLUSI Tribal CCDF Program call: CTCLUSI Family Services at:

(541) 888-6169

Elders Luncheon

THURSDAY, October 6th, 2016

at 11:30 A.M.

CTCLUSI TRIBAL COMMUNITY CENTER



R.S.V.P. by Monday, October 3, 2016

Please contact Andrew Brainard,
Elders Coordinator/ CHR at (541) 888-7533
LIMITED TRANSPORTATION IS PROVIDED.

1:00—2:00

2017 Elders Survey Collaboration

After lunch, please join us with your suggestions & ideas for the 2017 Elders Activity Survey. If you are unable to attend, please send your ideas & suggestions to Andrew @ 541-888-7533 or email abrainard@ctclusi.org by October 20th.



Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians

Health & Human Services Division

Elders Activity Program

Unearthing the Past and Preserving the Present for the Future

Contributed by Morgan Gaines, Communications Specialist

On July 28th the field school organized by the Southern Oregon University (SOU) Laboratory of Anthropology ended its excavation of the former Geisel homestead and Miner's Fort near Gold Beach, Oregon. Led by SOU Professor Mark Tveskov and Project Archaeologist Chelsea Rose, students from across the United States used this field school as an opportunity to not only meet their academic requirements but to aid in adding these and several sites linked to the Rogue River Indian War to nomination on the National Register of Historic Places. A grant from Oregon State Parks and Recreation Department funded this summer's archaeology field school.

Among the SOU staff members, volunteers, and students was Coos Tribal member Courtney Krossman. As a student of the University of Oregon Archaeological Program, Courtney camped with the group for four weeks and worked each day in the field aiding in the archaeological dig.

A number of interesting items were unearthed at the site. Every piece helping to flesh out the story of what happened between the settlers, miners, and Native American Indians in 1856. On site at the Miner's fort, described as more of a "crude earthen fort", where more than 100 settlers were holed up for one month, artifacts were found that told a story of their desperation and struggle for survival. These same artifacts, viewed in our lens as Native peoples tell the story of exasperation, desperation, and struggle for survival as indigenous peoples whose lives and lifestyles have been put in jeopardy by encroaching settlers mining for gold up the rivers, clogging up streams home to fish, and rooting out camas bulbs. Just as these are staples to our Tribe, fish and camas were mainstays of the Tututni Indian's diet, and were being destroyed. The Pioneers violations of their own governments federal law by settling on land not ceded by treaty and causing damage to the indigenous resources was a major point of contention for the local Tribe and eventually culminated in the attacks upon settlements between Port Orford and the California border.

Items such as musket balls, nails, musket parts, pottery shards, trade beads, and animal bones broken down into small pieces to extrude every last bit of nutrients as food became scarce, are all evidence of the hardships faced by both sides. The items found within the fort also tell the story of how there were people from both sides also working together. Russian immigrant Charlie Brown and his Native American wife Betsy (Tolowa) negotiated the ransomed release of some settlers being held captive by the Tututni.

Helping to tell the stories of the past and to preserve the past for the future is the goal of these archaeological digs. Being a Tribal member on a dig site featuring the story of another sister Tribe is also a benefit to those participating. Courtney was able to provide a Tribal perspective to the artifacts unearthed to help educate her fellow students on the Native side of the story.

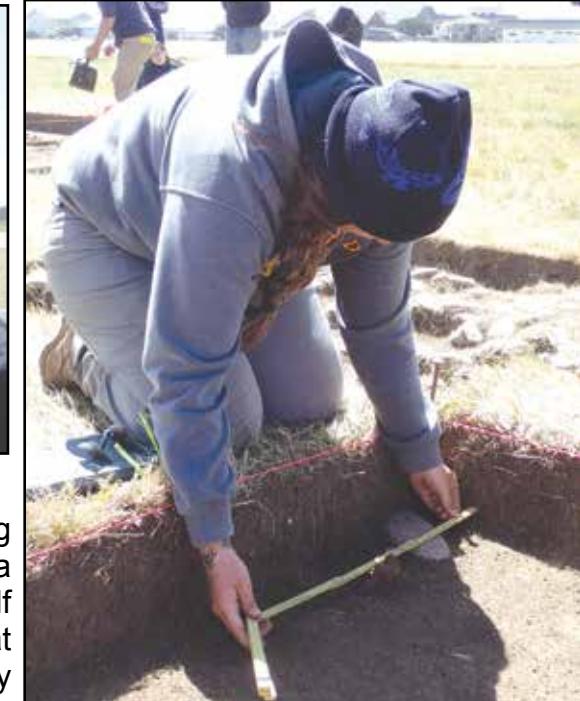
Here is what she shared about her experience: "In completion of this field school I am now one step closer to completing my degree and reaching my goals of becoming an Archaeologist.

There were many field schools offered all over the state, but when I learned there would be one close by and recording an event that hits so close to home for our tribe, I knew I had to attend.

Growing up within the Tribe, the Rogue River War is an event that was always being talked about. Whether this was during Youth Camps, or hiking the Amanda Trail, the Rogue River War



Courtney wields a trowel and has a little fun on site (photo from SOULA)
Below left: Morgan Gaines, Courtney Krossman, and Patty Whereat - Phillips. Below Right:
Courtney measures and documents an object found at the Miner's Fort site.



was being mentioned.

By attending this dig I was able to create a larger picture for myself of the events that occurred that so greatly shaped the world in which we live as Native people.

While digging, we would find artifacts such as musket balls and shotgun pellets. These finds were a constant reminder of the fight between the local Tribe's and the events that followed the Rogue River Wars.

While digging at one of these sites, I found my first Chert Flake, an object that is distinctive evidence for Native American tool making. To me this was one of the most interesting finds. It's a piece of evidence that really encompasses the entire story. You have the Native American's living on the Oregon Coast, gathering and managing their lands since time immemorial, and these miners and settlers moving in; putting up fences, and claiming the land as their own.

This excavation reminded us all of the suffering both the settlers and the Tribal people went through."

As part of the education process, a number of special guests were invited to host lecture series to the students and to the community. Coos Tribal member and linguist, Patricia Whereat-Phillips spoke about the Ethnobotany of the Coos, Lower Umpqua & Siuslaw, which is also the subject of her recently published book. Throughout her discussion she highlighted indigenous resources that our Tribe, and likely the Tututni and other coastal Tribes, used in their day to day. From traditional food sources such as camas, myrtlewood nuts, skunk cabbage roots, and various berries to plant resources that provided basket materials, such as cattail, spruce root, and willow, Patty shared a brief glimpse into the traditional and current culture of the Tribe.

To read more about the SOU Laboratory of Anthropology's work on the Rogue River Indian War, you can follow them on Facebook or be on the look-out for a book publication by Mark Tveskov on the discoveries of these sites and more in 2017.

This Month...be on the Lookout for Myrtle Nuts

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Myrtle nuts are a product of the Oregon myrtle aka the California laurel or bay laurel. This tree is in the family Lauraceae, the laurel family. Avocados, laurels, sassafras, and cinnamon also belong to this family. Oregon myrtles are endemic to the coastal forests of Southern Oregon and Northern/Central California and can grow to heights of 100 feet tall. The aromatic 3 to 5 inch long leaves are, shiny, lance-shaped and pointed (like a Bay leaf) and the small umbel-shaped flowers this tree produces range from yellow to yellowish-green. These flowers produce two to three green, oval seeds that give rise to brittle, brownish purple nuts when mature.

Food: The nuts of the Oregon myrtle were gathered in the fall and immediately hulled and dried. Many nuts were stored in baskets for winter use. Because myrtle nuts are very bitter, roasting over hot ashes before consumption was essential. Proper roasting yielded an exquisite coffee/unsweetened chocolate flavor.

Medicine: The leaves were made into a tea to aid in tension headaches and diarrhea or intestinal cramps resulting from stress. The tea was also used as an antimicrobial skin wash or mild antifungal.



Hanis: shichils, begenhl (tree)

Miluk: shichils

Scientific Name: Umbellularia californica

Summer Solstice and Tribal Family Gathering

Contributed by Mark Petrie, Cultural Specialist

Summer Solstice has come and gone, as it has since time began. Solstice is a time for ceremony, good food, games, and coming together. Our Tribal Summer School in Coos Bay started on solstice day this year which was a great opportunity to teach our youth about what solstice means and why we celebrate it. Staff from the culture and natural resource departments provided a visual aide presentation of the relation between the Earth and the Sun inside of the Plank House to give the students an understanding of the event. We gave thanks for the change of seasons, longer days, and all the blessings we received throughout the year. A traditional way to show respect and give thanks is to dance. We dance for our ancestors, for Mother Earth, relatives and dance

for those who can no longer dance. We practiced and performed the feather dance this year with an enthusiastic group of young people who danced with heart, and love.

The Health Department planned their Family Gathering Dinner to coincide with this year's solstice which was a benefit to both activities. Thanks go out to the Health Department and Joey Barton for providing the delicious meal.

This event is put on each year by the Culture Department and is largely supported by volunteer participants and is open to all tribal families and friends. We would like to thank all of those who came and made the event memorable. Keep an eye out for the Winter Solstice flyer for December 21st.

Tart Blackberry Soda Syrup Recipe

Ingredients:

- 8 cups Fresh Blackberries
- 7 cups Sugar
- 2 cups Filtered Water
- 2 Tbsp. Plus 2 Tsp. Tartaric Acid
- Seltzer
- Makes about 6 cups

Mix all ingredients together and let sit for at least four days (turning container gentle to stir each day). Strain out berries and separate out the syrup. Strain syrup through a cheese cloth to remove any remaining pieces of berry. Add syrup to seltzer or club soda for a refreshing and delicious drink. You can also drizzle over ice cream for an amazing dessert!

Enjoy!

John Schaefer of the Department of Natural Resources shared and made the above recipe in the Tribal Government office recently and it was delicious!



PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.



For more information about Peacegiving or Peace-giving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

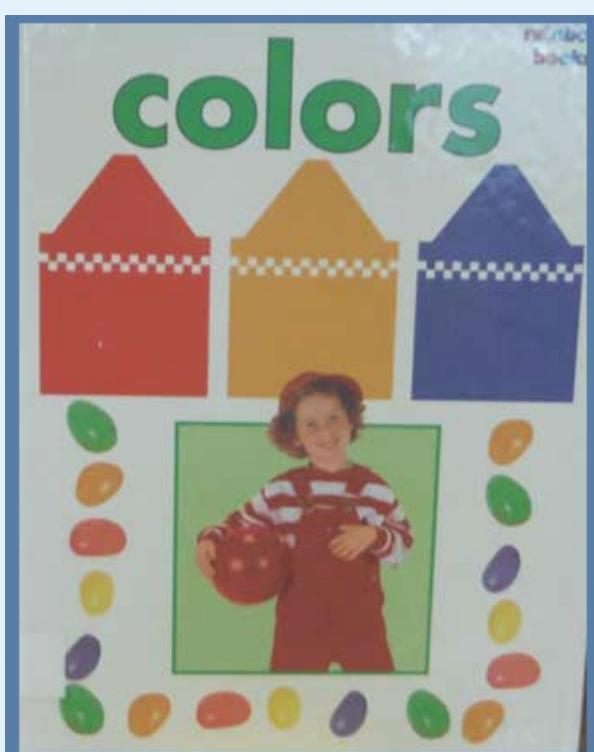
Peacegiving Court Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420
PHONE: (541) 888-1306 or (541) 888-1316
EMAIL: Peacegivingcourt@ctclusi.org Website: <http://ctclusi.org/peacegiving>

EDUCATION CORNER

Red, Green, Blue -- It is time for school and time to help your children learn about the different colors. Check out this book and give your child a head start on learning.

The September "BOOK OF THE MONTH" is:

COLORS



Check out the "Kid's Corner" of your CTCLUSI Tribal Library today and discover books on Numbers, ABC's and much more.

Garcia Sisters Excel in Academics

Simplicio and Florence Garcia, the proud grandparents of Trinity, Sierra, and Bianca, want the girls to know what a great job they are doing in school.

Trinity Garcia is receiving top marks at her middle school. Trinity is in the 8th grade attending a school in Lancaster, California.

Sierra Garcia will be a High School Senior this school year. She worked hard and earned herself an impressive 4.36 gpa.

Bianca Garcia is attending the University of Santa Barbara where she is interested in studying social science for a potential career in social work. She also has an interest in Greek mythology.

Keep up the good work!

It's Back to School Time!

COME JOIN US FOR; FUN, FRIENDSHIP, FOOD & ACTIVITIES!



ALL CTCLUSI STUDENTS and FAMILY

- CALL THE EDUCATION DEPARTMENT @ 541-888-9577 TO SIGN UP.
- **DEADLINE TO SIGN UP IS 9/8/16**

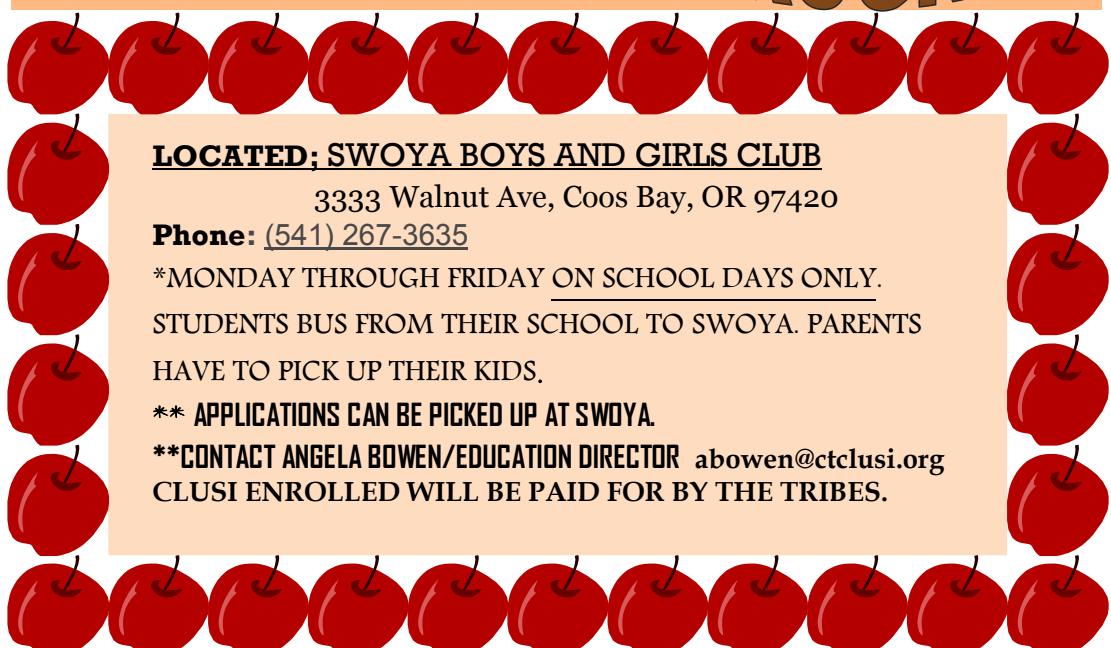
There will be pizza in the park and swimming at the pool. Please RSVP if you plan to go swimming. CLUSI will have to pay in advance. If you don't RSVP, you will have to pay for your swimming.

→ WHERE; Eugene/Springfield Areas; Amazon Park
Coos Bay/North Bend Areas; Mingus Park
Florence students may attend either of the above.

→ TIME; 11:00 A.M. TO 2:00 P.M.

→ DATE; Saturday September 10th, 2016
➤ **ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT @ ALL TIMES NO EXCEPTIONS.**
➤ **NO TRANSPORTATION PROVIDED.**

AFTER SCHOOL PROGRAM



LOCATED; SWOYA BOYS AND GIRLS CLUB

3333 Walnut Ave, Coos Bay, OR 97420

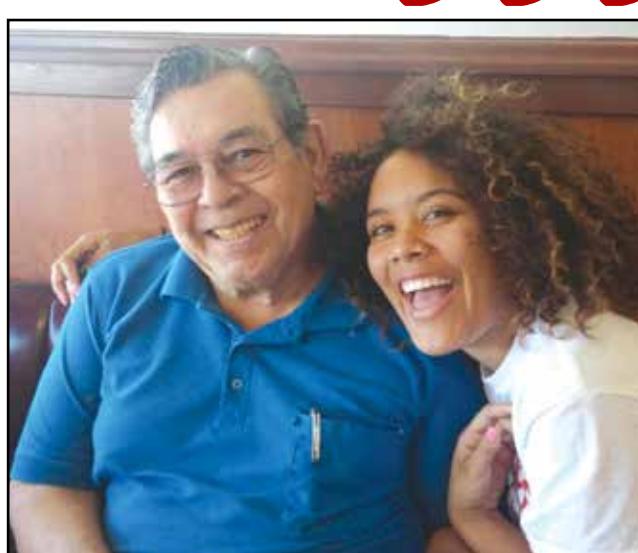
Phone: (541) 267-3635

*MONDAY THROUGH FRIDAY ON SCHOOL DAYS ONLY.

STUDENTS BUS FROM THEIR SCHOOL TO SWOYA. PARENTS HAVE TO PICK UP THEIR KIDS.

** APPLICATIONS CAN BE PICKED UP AT SWOYA.

**CONTACT ANGELA BOWEN/EDUCATION DIRECTOR abowen@ctclusi.org
CLUSI ENROLLED WILL BE PAID FOR BY THE TRIBES.



Simplicio and granddaughter Bianca



Sierra, Trinity, and Bianca

School to Work Program Aids Youth in Job Readiness

Contributed by Mary Lou Hunter, Family Services Intern

Family Services staff worked with a fresh group of CTCLUSI youth for a week-long program that focused on job seeking skills and certification courses. The curriculum focused on job training including: CPR and First Aide, food handler's certification, resumé building, an interviewing workshop, job applications, insights into casino job opportunities, and motivational guidance circles. The Tribal youth and guest speakers put in large amounts of work to keep up with the intense day-to-day activities. It was not all work, work, work though! Each day the group got to explore the outdoors. This included the hobbit trails by Sutton Lake, Heceta Beach, and the beautiful view of Cape Perpetua. Also, an awesome walk through and the story of the "Amanda Trail" made for a special experience to give thanks to our ancestors' sacrifice and appreciate the hard work that went into restoring the site.

The beginning of the week focused on resumé building and obtaining food handler's permits. The group learned how to form a clean and concise resumé while including attributes of their community and tribal volunteer work and school activities. There were special informational tours of Three Rivers Casinos in Florence and Coos Bay by guides Mike Smith and Bob Garcia. Each guide gave Tribal youth unique ideas how young workers fit in the work force community. Also, Tribal youth witnessed insider details that will help them understand the mechanics of building job skills while working. In the middle of the week, Doug Morrison, CHR, Health & Human Services Division, taught CPR and First Aide techniques for infants, children and adults. Doug put a tremendous amount of time and energy to create hands-on training that matched his many years of personal and professional experience. As the week progressed, special guest speakers met with the youth. Pam Hickson from CTCLUSI Human Resources

gave great insider knowledge on what interviewers will be looking for and how to present themselves with their resumés. Anne Niblett, Healing of the Canoe Program Assistant, Planning Department, lead a great group discussion on setting goals and getting to know oneself to better format long-term possibilities. Jesse Beers, Culture Director, gave a presentation of "Healing of the Canoe" and the "Canoe Journey" to inspire youth to join in on CTCLUSI volunteer and work opportunities unique to the Tribes.

After all the hard work was put in, the youth got a special treat of shopping and lunch with a view at Valley River Inn! They shopped for work outfits appropriate for each of their job needs. And the whole week provided materials to put together a portfolio complete with a cover letter, resumé, permits, and a certificate of completion for the program. A special thanks to all the guest speakers, educators and participants who made the program fun and worthwhile. Another special thanks to DeeDee Plaep and Doug Morrison in the Florence Outreach Office for hosting and working with us all week to make the learning environment fun and exciting!



Gregory Sparhawk, Alex Ford, Mary Lou Hunter, Zak Pace, and Shayne Platz

Business Incubator: We Can Help You with Business Classes!

Contributed by MJ Koreiva, Business Incubator Manager

It's Back to School Time.

Are you thinking about starting your own business? Would you like to know where to start? Here are some excellent 2-hour workshops in the Eugene/Springfield area and in the Coos Bay/North Bend area to help you.

On the South Coast:

SWOCC's Small Business Development Center is offering a Small Business Start-Up class.

Ready, Set, Start Your Business: Start-up Business Assistance Workshop—2-hour class.

Learn about the critical "first steps" that everyone faces when considering starting a new business! This 2-hour workshop includes information about:

- Permits & Licensing
- Personal readiness checklist
- Defining a business structure
- Doing business planning
- Financing a business
- Finding business resources

There are five different sessions that you can choose from to fit your schedule.

10am to 12pm Thursday, September 1st

2 - 4pm Wednesday, September 7th

1 - 3pm Tuesday, September 13th

5:30 – 7:30pm, Wednesday, September 21st

3 – 5pm, Thursday, September 29th

Workshop Location: SWOCC's Business Center, 2455 Maple Leaf, North Bend.

Registration Fee: \$20

Registration: online at www.socc.edu/sbdc. Call (541)756-6866 for more information.

In the Willamette Valley:

Lane Community College Small Business Development Center is also offering a 2-hour Small Business Start-Up class. Ready, Set, Start Your Business: Start-up Business Assistance Workshop—2-hour class.

Begin your business the right way! Do you have a great idea you think could be a successful business but just don't know how to get started? Cover the basics in two hours and decide if running a business is for you.

There are seven different sessions that you can choose from to fit your schedule.

5 - 7 pm, Thursday, September 1 – Course Number 11369

5 - 7 pm, Tuesday, September 27 – Course Number 23241

12 - 2 pm, Friday, October 7 – Course Number 23242

12 - 2 pm, Wednesday, October 19 – Course Number 23243

6 - 8 pm, Thursday, November 3 – Course Number 23244

9 - 11 am, Tuesday, November 15 – Course Number 23242

11am -1 pm, Friday, December 9 – Course Number 23242

Workshop Location: Lane Community College's Downtown Campus, 101 W. 10th Ave, Room 303 in downtown Eugene.

Registration Fee: \$20

Registration: You can register online at www.lanesbdc.com.

Call: (541) 463-6200 for more information.

Help with Financing the Registration Fee: If you need financial assistance with the registration fee, contact MJ Koreiva, Small Business Incubator Manager for the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians at the Tribal Government Office, 1245 Fulton Ave, Coos Bay, OR 97420. Call MJ at (541) 888-9755, ext. #7549 or email MJ at: mkoreiva@ctclusi.org

Tribe Welcomes New Human Resources Coordinator, Debbie Will

Contributed by Stephanie Watkin, Director of Human Resources

Please join me in welcoming Debbie Will the HR departments new Human Resource Coordinator. Debbie comes to our Tribe with over 10 years' experience in the field. In addition, her strengths and interest are with small business development, and she truly recognizes the importance of Workforce Development. These are attributes that will be so helpful with the continued delivery of the Tribal Workforce Development Program and the Student Internship Program, both executed by the Department of Human Resources.

Debbie is very energetic and likes working with people. She has spent the last two years working at the Coos Art Museum, greeting patrons and getting to know the community. She enjoys spending time with her family taking walks on the beach, hiking for waterfalls and volunteering together. Debbie and her family moved to Coos Bay in 2014 after living thirteen years in the Willamette Valley. Debbie expressed "the Southern Oregon Coast is such an amazing place to call home" and I must say we are happy she and her family are here...Welcome Debbie!



Debbie Will

UPDATE YOUR CONTACT INFORMATION !

Tribal Council has approved a gift in the form of a check to be sent to every Enrolled Tribal Member this year.

Gifts will be mailed on December 1, 2016 to the last address we have on file. If we do not have a valid address, no check will be issued. If a check is sent to an invalid address due to lack of update, it can take up to a month to re-issue.

All Tribal information updates **must** go through the Enrollment office with a completed [Change of Address Form](#). You can find this form on the Tribes website www.ctclusi.org under Enrollment, or one can be obtained at any Tribal Government Office in Coos Bay, Florence & Springfield. You may also update your address by contacting Jeannie McNeil, Enrollment Coordinator at 541-888-7506; or by email jmcneil@ctclusi.org. Please provide a contact phone number so your information can be verified over the phone.



Tribe Welcomes Sonja McCarty, HOC Facilitator

Contributed by the Planning Department

Sonja McCarty is newest member to join the Planning Department as the Healing of the Canoe (HOC) Facilitator. She comes with an extensive background in the prevention field. With her Masters in Teaching from George Fox University, she has transitioned from alternative education into youth development. Those transitions ultimately created to her passion for prevention. Sonja is a recent transplant from Clackamas County.

When not at work she enjoys spending time on the water with friends and family.



Sonja McCarty



PLEASE JOIN US FOR GOOD FOOD AND FUN WITH OTHER TRIBAL FAMILIES.

ALL TRIBAL FAMILIES WELCOME TO ATTEND.

NO TRANSPORTATION IS PROVIDED.

TRIBAL FAMILY GATHERING

TUESDAY, SEPTEMBER 20TH , 2016

AT

CTCLUSI TRIBAL COMMUNITY CENTER

6:00 PM—8:00 PM



PLEASE CONTACT ANDREW BRAINARD TO R.S.V.P.

541-888-7533 OR TOLL FREE 1-888-280-0726

RSVP BY SEPTEMBER 16TH 2016

SPEAKER:

RITA HOOVER, SOUTH COAST DIABETES PROGRAM AND COORDINATOR FOR BAY AREA HOSPITAL DIABETES PROGRAM

SPONSORED BY: HEALTH & HUMAN SERVICES DIVISION — DIABETES GRANT



JOIN A TRIBAL COMMITTEE

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest.

All letters of interest are kept on file for one year.

Many Committees currently have openings. Every Committee will have an opening that needs filled by December 31, 2016



Submit your letter of interest to Jeannie McNeil at
jmcneil@ctclusi.org or find forms online at www.ctclusi.org

Posted September 1, 2016

ENROLLMENT COMMITTEE'S RECOMMENDATIONS FOR TRIBAL MEMBERSHIP

The Enrollment Committee recommends that the enrollment of the Applicants listed below should be approved. Besides publication in the Tribal Newsletter, according to CLUSITC 7-1-36(i), this information will be posted in the Administrative Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino for twenty-eight (28) days from the date listed above.

JayCee Lynn Elliott	Ayla Terri Lee Nelson
Parent: Chad Ryan Elliott	Parent: Fawna Lee Andrews
Lineal Descendant: Harmon Franklin Elliott	Lineal Descendant: Geraldine Tabernig
Tribe: Siuslaw	Tribe: Coos
Carly Sue Elliott	Lincoln Howard Barrett
Parent: Brian Scott Elliott	Parent: Jacob Hudson Barrett
Lineal Descendant: Fay Elliott	Lineal Descendant: Timothy Morgan Barrett
Tribe: Siuslaw	Tribe: Siuslaw
Noah Scott Elliott	Maddilyn Elizabeth Wilkins
Parent: Brian Scott Elliot	Parent: Jeffrey Alan Wilkins
Lineal Descendant: Fay Elliott	Lineal Descendant: Arleen Perkins
Tribe: Siuslaw	Tribe: Coos
Kenneth Warren Hermsen	Erica Lee Fenley
Parent: Rudy Warren Hermsen	Parent: Charity Richelle Fenely
Lineal Descendant: Hattie Mae Spencer	Lineal Descendant: Rudy Warren Hermsen
Tribe: Lower Umpqua	Tribe: Lower Umpqua
Harmony Michelle Hermsen	Satera Lee Davis
Parent: Kenneth Warren Hermsen	Parent: Charity Richelle Fenely
Lineal Descendant: Rudy Warren Hermsen	Lineal Descendant: Rudy Warren Hermsen
Tribe: Lower Umpqua	Tribe: Lower Umpqua
Charity Richelle Fenley	Michelle Annette Davis
Parent: Kenneth Warren Hermsen	Parent: Charity Richelle Fenely
Lineal Descendant: Rudy Warren Hermsen	Lineal Descendant: Rudy Warren Hermsen
Tribe: Lower Umpqua	Tribe: Lower Umpqua

In accordance with CLUSITC 7-1-37(a), Tribal Members shall have the right to protest the recommendation of the Committee approving an application and must file a written, signed protest with the Committee stating their reasons for believing that an Applicant(s) is not entitled to enrollment. The protest must be filed with the Committee within twenty-eight (28) days after notice of the proposed enrollment is posted as described in CLUSITC 7-1-36(i).

CTCLUSI Dental Clinic Hours

Clinic Hours:

Open 8:00 a.m.

Close 5:00 p.m.

The clinic will be closed on Fridays during Odd Months (January, March, May, July, September, November)

The clinic will be closed on Mondays during Even Months (February, April, June, August, October, December)

Call the Dental Clinic today to schedule your appointment **(541) 888-6433**

The Clinic is located at the main Tribal Government Office at 1245 Fulton Avenue, Coos Bay, Oregon 97420

Save the Date

Come join us for the Annual PINK & BLUE Health and Wellness Celebration

Saturday, October 29, 2016

10:00 am - 2:00 pm

Three Rivers Casino, Florence Event Center

We will have Health related booths, Candle Lighting, Speakers and more.

Please RSVP by October 20, 2016 to

Traci Stefanek at 541-808-8684

or tstefanek@ctclusi.org

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you!

Deadline for contributions to the October 2016 edition is September 14, 2016 by 4:00 p.m. Send information to mgaines@ctclusi.org or call 541-888-7536

-Morgan Gaines

Job or Career? How to Decide Which is Right For You

Contributed by Mike Smith, Training and Development Specialist

Your Department of Human Resources is always ready to help you find the path that best suits you and your needs. Contact us today if you are interested in what may be the best fit for you!

There are two types of people in this world: job people and career people. Neither one is better than the other - it's simply a matter of personal preference. After all, not everyone feels the need or desire to work their way up the corporate ladder, while others dream of having a corner office with a view and an executive job title.

Then there are people who are a mix of both. For example, many people have pursued long-term careers only to decide later that a job would be better suited to their lifestyle, while others may start off in jobs that they eventually turn into careers.

Not sure which category you fall into? Consider the differences between having a job and having a career:

Job versus career: What's the difference?

A job is defined as "the work that a person does regularly in order to earn money." A career is defined as "a job or profession that someone does for a long time."

Career people tend to thrive in a competitive corporate environment, constantly working toward the next promotion or searching for a bigger opportunity. They have an actual answer to the question, "Where do you see yourself in five years?"

Job people tend to be less concerned with their job title or stature and simply want to make a living. They may enjoy what they do and be good at it, but they are usually more concerned with making enough money to pay the bills than making the necessary sacrifices to move up in the company. They would rather use that time to pursue a passion or interest outside of work.

Career people may hold several different jobs or roles as they get promoted, gain more experience, demand higher pay and work their way up. Job people might also hold several different

roles, but they might be unrelated to one another in scope, department or industry.

Whether one has a job or a career, both will require a certain level of education or special certification, depending on the role and industry. However, people in careers are more likely to take ongoing educational classes and training sessions to supplement their skills and accelerate their career advancement.

Perhaps the simplest way to decide if a career or a job is right for you is to ask yourself if you want a promotion more than just a paycheck, and what you're willing to do to get it.

Content taken from "Job or career? How to decide which is right for you" Published 8-2-2016 © 2016 CareerBuilder, LLC



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Three Rivers Casino Resort ~ Florence

Food & Beverage Manager
Bartender ~ Beverage Server
Buffet Cashier ~ Bushperson~ Food Server ~ Host
Lead Cook ~ Line Cook ~ Night Cook/Cleaner
Buffet Station Attendant ~ Dish Machine Operator
Laundry Attendant ~ PBX/Reservations Clerk
Guest Services Attendant
Soft Count Team Member Dual Rate Lead
Security Officer I
Special Events Team Member
Table Games Dealer 1-8
Entertainment/Events Manager
Special Events Team Member

Blue Earth

No openings at this time

Tribal Government Offices

Special Events Employee (Assignment Varies)
Dental Health Aide Therapist (Coos Bay)
Dental Health Aide Therapist Prog Asst (Coos Bay)
Surveillance Agent I (Florence)



<http://ctclusi-int.atsondemand.com/>
Go to **Job Opportunities** on the website for full job posting and to Apply Online

Updated Daily

Or call Recruitment at **541-902-6504**

Three Rivers Casino Resort ~ Coos Bay

Bartender/Server
Casino Team Member

THREE RIVERS
CASINO RESORT

SPA-tember!

Win 1 of 11
Durasport Cypress spas
valued at \$2,249.00!

Earn Entries September 1-30

X WEST HUCK FEST SANDBOARD COMPETITION
Saturday, September 17th 2016
2:00PM-4:00PM

18TH ANNUAL PRO/AM INTERNATIONAL "BIG AIR" SANDBOARD COMPETITION

Things are luckier here! • FLORENCE • COOS BAY • 877-374-8377 • THREE RIVERS CASINO.COM

3rd Annual Wellness Fair Work/Life Balance

October 26th from 10AM to 3PM
338 Wallace St. - Coos Bay

"Culinary Challenge"

CTCLUSI staff versus TRCR Coos Bay staff
Two teams competing for "Best of Show" in Salad, Appetizer and Entrée rounds
Judged by Tribal Council members



Door prizes,
kid games and more!

Come experience the exciting culinary competition and learn about work/life balance products and services from our many vendors!

This FREE event is open only to tribal members and employees of tribal entities plus everyone's family.

THREE RIVERS
CASINO RESORT



The Voice of CLUSI



October 2016

Issue 10

Volume 17

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

CLUSI Participates in Annual Canoe Races

Contributed by Morgan Gaines, Communications Specialist

Members of the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians spent the weekend of September 10th participating in the annual canoe races and cultural demonstrations at the 13th Annual Mill Luck Salmon Celebration held by the Coquille Indian Tribe.

Having just held a culture/ canoeing camp, and participating in the Canoe Journey 2016: Paddle to Nisqually our canoe family was strong and ready for the races. The Tribe had both of our newer canoes at the races, the cedar strip canoe Tyee E. Bowen, and the cedar dugout canoe Lottie. Both of these canoes are named after Tribal Elders as a way to honor them for their endeavors within the Tribe. They were both also made by Master Canoe Carver Guy Capoeman of the Quinault Indian Nation. Our hands go up in thanks to you all.

Alongside us for the races were the

Ko'kwel (Coquille) youth canoe Omashi dugwn (Grandmother Hummingbird) and Ponto (Slow and Steady) skippered by Jesse Davis (Mavis), Grand Ronde's canoes Stankiya (Coyote) skippered by Bobby Mercier and Christina (Tina) Lara and youth canoe Ulxyaut (Seal) skippered by Kailiyah Krehbiel, South Slough canoe Chimoosh, and a dugout river style canoe skippered by John McCallum of Applegate Boatworks. The canoe races were enjoyed by all, the pullers enjoying the time on the water, and the crowd loving the experience of traditional canoeing.

The races went very well for us as we brought home first place in the women's, men's, and traditional dugout mixed divisions, and second place in mixed division race. This was the first year that canoe Lottie raced in Mill Luck Days and was skippered by Tribal Elder Doug Barrett. Canoe Tyee E. Bowen was skippered by Doug Barrett in the men's

Story continues on page 5...see Canoe Races



Council member Doc Slyter plays flute at Mill Luck Days

Blue Earth Receives Spirit Mountain Grant



Chief Warren Brainard accepts the Spirit Mountain Grant Award for the Tribe

Contributed by Stephanie Watkins, Director of Human Services

The Spirit Mountain Community Fund has graciously funded our Tribe \$75,000.00 to conduct a one-time Community Assessment for Vocational and Educational Planning. This endeavor is created to provide linkage and integration of the educational vocational programs with the economic development programs of CTCLUSI. This is a twelve month-project designed to provide relevant data and information for which will coordinate the education, employment and economic development strategy for Blue Earth Federal Corporation. This is a collaborative project that actively engages multiple department, agencies and organizations. The project will be led by the Department of Human Resources which provides Human Resource services for all of the Tribe's governmental and economic development activities. If you have any questions about this amazing gift, or other workforce development opportunities, please don't hesitate to contact Stephanie Watkins at 541-999-1360.

Save the Dates

Restoration Celebration

October 15, 2016

Fall Harvest/ Drum Making

November 19, 2016

Tribal Holiday Celebration

December 10, 2016

Tribal Council Business

As Reported at the September 11, 2016 Regular Tribal Council Meeting

Chief Warren Brainard:

Aug 14 Tribal Council Regular Meeting;
later I met at Plank House
Aug 16 Coos County Courthouse; Health
Board Meeting; Enrollment Committee
Meeting; Tribal Family Gathering Dinner
Aug 18 Executive Work session
Aug 23 Grant Acceptance From Grand
Ronde
Aug 26-28 Elders Hood River Train Trip
Aug 31 Tribal Council Business Meeting
Sep 2 Meeting with University of Oregon
President
Sept 8 Native College Day, University of
Oregon; Government Staff Appreciation
BBQ; Culture Committee Meeting;
Executive Work Session

Doc Slyter:

Aug 14 Tribal Council Regular; later I met
at Plank House
Aug 16 Coos County Courthouse; Tribal
Family Gathering Dinner
Aug 17 Oregon Public Broadcasting
(OPB) Interview
Aug 18 Executive Work Session

Aug 25 Special Tribal Council Meeting
Aug 26-28 Elders Hood River Dinner Train
Trip
Aug 31 Tribal Council Business Meeting
Sept 8 Executive Work Session; Culture
Committee Meeting
Sept 10 Played Flutes Coquille Salmon
Celebration, attended Canoe Races

Beaver Bowen:

Aug 14 Tribal Council Regular Meeting
Aug 18 Executive Work session
Aug 25 Special Tribal Council Meeting
Aug 31 Tribal Council Business Meeting;
Gaming Facility Operations Review Board
(GFORB)
Sept 8 Executive Work Session

Teresa Spangler, Vice - Chairman:

Aug 14 Tribal Council Regular Meeting
Aug 18 Executive Work session
Aug 25 Special Tribal Council Meeting
Aug 31 Tribal Council Business Meeting
Sept 8 Government Staff Appreciation
BBQ; Executive Work Session

Arron McNutt:

Aug 14 Tribal Council Regular Meeting
Aug 18 Executive Work Session
Aug 25 Special Tribal Council Meeting
Aug 31 Tribal Council Business Meeting
Sept 8 Executive Work Session

Tara Bowen:

Aug 14 Tribal Council Regular Meeting
Aug 18 Executive Work Session
Aug 24 Meeting with Oregon Youth
Council
Aug 25 Special Tribal Council Meeting
Aug 31 Tribal Council Business Meeting
Sept 8 Executive Work Session

Mark Ingersoll, Chairman:

Aug 14 Tribal Council Regular Meeting
Aug 18 Executive Work Session
Aug 25 Special Tribal Council Meeting
Aug 31 Tribal Council Business Meeting
Sept 8 Executive Work Session

CTCLUSI Resolutions

RESOLUTION NO.:16-049

Date of Passage: August 25, 2016

Subject (title): Appointment of Executive Director to the Gaming Commission

Explanation: Tribal Council appointed Brad Kneaper, Executive Director, as a Gaming Commissioner, position number to be later established, for a one-year term.

RESOLUTION NO.:16-050

Date of Passage: August 31, 2016

Subject (title): ATNI Membership Delegate and Alternate(s) Appointment

Explanation: Tribal Council designated Teresa Spangler as Delegate and Beaver Bowen and Arron McNutt as Alternate Delegates to ATNI.

RESOLUTION NO.:16-051

Date of Passage: August 31, 2016

Subject (title): Approval of the Peace Harbor Medical Center Foundation Emergency Services Campaign Pledge Agreement Annual Payment

Explanation: Tribal Council approved the payment of \$60,000 toward the amount pledged under the Peace Harbor Medical Center Foundation Emergency Services Campaign Pledge Agreement.

RESOLUTION NO.:16-053

Date of Passage: August 31, 2016

Subject (title): Waiver of Sovereign Immunity for Telecommunication Systems Division Dealer Agreement between Blue Earth Services & Technology LLC and Toshiba America Information Systems, Inc.

Explanation: Tribal Council waived the sovereign immunity of BEST to the extent necessary to permit full enforcement of the Agreement, and no further.

RESOLUTION NO.:16-054

Date of Passage: September 11, 2016

Subject (title): Approval of State of Oregon Tribal Agreement

Explanation: Tribal Council approved the Tribal Agreement to further the purposes of the Indian Child Welfare Act to protect

and further the best interests of CTCLUSI children and their biological families.

RESOLUTION NO.:16-055

Date of Passage: September 11, 2016

Subject (title): Approval of Amendment to the CY 2015 Funding Agreement with the U.S. Department of Health and Human Services

Explanation: Tribal Council approved the Amendment concerning the 2015 calendar year payment and directed the repayment of the overpayment to the U.S. Department of Health and Human Services.

RESOLUTION NO.:16-056

Date of Passage: September 11, 2016

Subject (title): Approval for Contribution and Participation in the Winona La Duke Presentation

Explanation: Tribal Council approved the contribution of \$700 and four Salmon toward the Winona La Duke event on November 19, 2016, at the University of Oregon.

RESOLUTION NO.:16-057

Date of Passage: September 11, 2016

Subject (title): Approval to accept funding from the Oregon Community Foundation for a Creative Heights proposal

Explanation: Tribal Council approved the grant and associated funding from the Oregon Community Foundation to act as a fiscal sponsor and recipient of funds for the Creative Heights program, which funding will support assistance for repatriation of cultural items, including NAGPRA claims and development of curatorial facilities.

RESOLUTION NO.:16-058

Date of Passage: September 11, 2016

Subject (title): Approval of Tribal Court/State Court Forum Memorandum of Understanding

Explanation: Tribal Council approved the Tribal Court State Court Forum Memorandum of Understanding to encourage the Oregon Supreme Court to formally establish a forum for the discussion of cross-jurisdictional issues between the state courts and the tribal courts of the nine federally recognized tribes.

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief
541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter

Position #1 Council
541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen

Position #2 Council
541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll, Chairman

Position #3 Council
541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen

Position #4 Council
541-808-7394
tbowen@ctclusi.org

Teresa Spangler, Vice Chair

Position #5 Council
541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt

Position #6 Council
541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting

October 9, 2016

Regular Council Meeting 10 a.m.

General Council Meeting 1 p.m.

Valley River Inn

1000 Valley River Way, Eugene OR 97401

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Administration Building

Alexis Barry
Tribal Administrator
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division

Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department

Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Purchased/Referred Care (FKA Contract Health Services)

Sharon Arnold - PRC Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department

Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services

Shayne Platz, Caseworker
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic

Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Health Services

Assistant Director
Iliana Montiel
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-5388
Toll Free 1-888-280-0726
imontiel@ctclusi.org

Tribal Court

J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department

Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office

1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police

Brad Kneaper
Chief of Police
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi
Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org



Coos Head Area Master Plan (CHAMP)

HELP PLAN COOS HEAD!

Please Participate in the Draft Master Plan for Coos Head Currently Underway!

After being taken by the U.S. over 140 years ago and developed into a military facility, Coos Head is once again under local CTCLUSI ownership and management. CTCLUSI has spent the past 10 years cleaning up this important cultural and historic site. The Coos Head environmental cleanup is now nearly complete and under a Transportation and Growth Management grant from the State of Oregon, we are now preparing a Master Plan for Coos Head.

Please visit the Planning Department's website to review and comment on the draft opportunities and constraints memorandum. Planning staff has directed the consulting team, led by Cogan Owens Greene, to consider both the Bal'diyaka Plan and also the Integrated Resources Management Plan for Coos Head as a basis for the Coos Head Area Master Plan or CHAMP.

"We foresee an environmentally sensitive redevelopment of Coos Head as a benefit not only for Tribal members, but also for the greater Charleston and Coos Bay area economy"
- Chief Warren Brainard.

Early concepts show a tremendous opportunity for a cultural interpretive and retreat center at Coos Head to showcase the CTCLUSI culture and traditions which were nearly lost.



This meeting is an opportunity to meet with staff, technical and citizen advisory committee members – hear information about the Bal'diyaka precedent study and draft plans. Help inform development of site options.

All ages welcome * Light refreshments provided.

For more information, please contact CTCLUSI Planning Director Jeff Stump at 541-888-1305 or JStump@ctclusi.org. Additional information, slide show and a comment form will be available on our website at <http://ctclusi.org/planning> from September 21-October 12.



COOS HEAD MASTER PLAN

Additional information and a comment form will be available on our website at <http://ctclusi.org/planning> from September 21 - October 12.

HELP PLAN THE FUTURE OF COOS HEAD!

Contributed by the Planning Department

After being taken by the U.S. more than 140 years ago and developed into a military facility, Coos Head is once again under local CTCLUSI ownership and management. CTCLUSI has spent the past 10 years cleaning up this important cultural and historic site. The environmental cleanup is now complete, and we are preparing a Master Plan for Coos Head funded by a Transportation and Growth Management grant from the State of Oregon.

Planning staff has directed the consulting team, led by Cogan Owens Greene, to consider both the Bal'diyaka Plan and the Integrated Resources Management Plan for Coos Head as a basis for the Coos Head Area Master Plan (CHAMP). Our early concepts show a tremendous opportunity for a cultural interpretive and retreat center at Coos Head that showcases CTCLUSI culture and traditions. Chief Warren Brainard says "We foresee an environmentally sensitive redevelopment of Coos Head as a benefit not only for Tribal members, but also for the greater Charleston and Coos Bay area economy".

Please participate in creating the Draft Master Plan for Coos Head! CTCLUSI held a public meeting on September 22 at the Oregon Institute of Marine Biology (OIMB) Boathouse in Charleston. If you were unable to attend the public meeting, please visit the Planning Department's website to review and comment on the draft opportunities and constraints memorandum. Information from our public meeting, including a slide show and a comment form, are available at <http://ctclusi.org/planning> from September 21-October 12. For more information, please contact CTCLUSI Planning Director Jeff Stump at 541-888-1305 or JStump@ctclusi.org. Thank you in advance for helping plan this important asset for generations to come!

NOTICE OF PROPOSED CODE AMENDMENT

The following proposed Code amendment was passed for first reading by Tribal Council on June 29, 2016.

TITLE:

CLUSITC Chapter 1-9 Tribal Council

DATE OF THE TRIBAL COUNCIL MEETING AT WHICH THE PROPOSED CODE AMENDMENT IS EXPECTED TO BE CONSIDERED FOR FINAL PASSAGE:

November 13, 2016

The notice of the proposed amendment shall be published in the Tribal Newsletter and the text of the amendment will be posted for public comment for twenty-eight (28) days in the Administration Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino (Office of the Gaming Commission). Written comments should be sent to the Tribal Council in care of Jeannie McNeil, Administration Office, 1245 Fulton Avenue, Coos Bay OR 97420 or email: jmcneil@ctclusi.org.

Canoe Races... continued from cover page

mixed division races and skippered by Tribal member Courtney Krossman in the women's race.

When asked about skippering the canoe Courtney shared "I appreciated all the women in the race today and the hard work they put in pulling. For a lot of the pullers this was their first time in the water. Despite some obstacles throughout the race, my crew pulled strong and we were able to come in the lead. It's an honor to have been chosen as a canoe skipper and I will continue training to help lead on the many journeys ahead."

Tribal member Mark Petrie also shared his thoughts about the event. "I get an elated feeling when we pull in our waters with our relatives from other nations. Strengthening our relationships with the Coquille, Grande Ronde, and local communities is an important responsibility. Together, we are stronger. Thank you to those who came and represented our Tribes to take home three out of five 1st place wins!"

Not only did the Tribes participate in the exhilarating canoe races, but many Tribal members were also a part of the community cultural education activities. Tribal Council member Doc Slyter gave multiple native flute demonstrations. He spoke on the tradition of music within indigenous cultures around the world and played many beautiful songs on the numerous flutes he makes by hand. His music and presentation was enjoyed by all. Tribal Elder, Chief David Brainard gave demonstrations and spoke to the community about traditional tools. He had a booth displaying the tools he has carved including a leister spear, harpoon, herring rake and many other fishing and hunting tools.

Tribal member Ashley Russell helped at a tule weaving booth where Tribal members taught various weaving projects using tule including ducks, mini mats, headbands, and roses. Ashley shared her thoughts, "Tule belongs to the family Cyperaceae, the sedge family and two species, *Schoenoplectus tabernaemontani* and *S. acutus*, grow within our Ancestral territory. The former prefers freshwater lakes, while the later grows in areas of the upper estuary that are more conducive to freshwater than brackish water. It was great to be able to share this part of our culture with the community as well as distant visitors from all over Oregon and beyond. Kids of all ages seemed be the most interested and talented of all of our weavers. It was also thrilling to see the other activities that were taking place, which included bear grass weaving, basketweaving and cedar rose making, beading, flint knapping, and dreamcatchers. I can think of no better way to bring about cultural awareness than through the sharing of one's culture. Thank you, Ko-Kwel Tribe, for allowing us to participate in your salmon celebration and share our cultures with our community. Hope to see you again next year!"

Thank you to all those who participated and made this year's races and cultural sharing a blast!



Canoe Skippers and crews holding a morning meetings before the days races
Canoe Lottie is pictured front and center, this was her first year in the canoe races



Pictured above left to right: Andrew Brainard, Stefanie Dean, Doug Barrett, Bill Logan, and JT Dean. Pictured in front holding the 1st Place plaque for the mixed division is Jeremiah Dean

Pictured at right: Doug Barrett and Ashley Russell demonstrate making tule headbands

Pictured below: Courtney Krossman skips during the womens canoe race



CLUSI took home first place in the mixed division dugout race, mens, and womens races, and second place in the mixed division race

Purchased/Referred Care Program

Contributed by Vicki Faciane, Health & Human Services Director

The end of the year is coming up fast and with that it's almost time for the annual Purchased/Referred Care (PRC) renewals to be sent out. We will be sending out packets on October 21 and applications are due back to PRC by November 18, 2016. These forms are for Fiscal Year 2017, so you will need to send a new form even if you've recently sent one to us. This year we will have a fillable form available on our website that you can fill out and send back. You must get your 2017 PRC applications to us by the deadline or you may not be able to get a PO after January 1, 2017.

Under Federal Regulations, you are required to apply for and use any alternate resources for which you are eligible before you can use PRC benefits. Alternate resources include, but are not limited to: Oregon Health Plan (OHP, Medicaid, CHIP), Veterans benefits, Medicare and private insurance (if it's available to you at no cost). This year if you do not have any alternate resources or private insurance, you must provide proof that you either: 1) applied for OHP/CHIP and were denied or 2) you are over income for the benefit (as verified by proof of income). You must show this proof in writing; we cannot accept it verbally. All of our staff in PRC, as well as Iliana Montiel (Health Administration) and Maryann Adams (Dental), are Certified Application Counselors and they are available, by appointment, to help you with your OHP application or to answer any questions you may have. We can also mail you an application packet for you to complete at home.

Please remember you must call PRC at 541-888-4873 or Toll Free at 1-800-227-0392 to get a purchase order (PO) before any non-emergency medical or dental appointments. **If you use an IHS clinic, such as the Coquille Indian Tribe Health Center or the CTCLUSI Dental Clinic, you do not need a PO. If you are seen for emergency care or are hospitalized, you must get a PO within 72 hours.** The purpose of the PO is to ensure that the care is a covered service and to authorize payment to the provider. If we receive a medical or dental claim for which you did not get a PO the bill will not be paid, you and your healthcare professional will get a denial letter from us, and you will be responsible for the entire bill. If you did get a PO but you receive a bill from your provider, please contact PRC to verify that they also sent the bill to us as soon as you receive the bill. We've had a few instances where providers have billed the patient rather than PRC for services. The sooner you contact us, the quicker we can resolve the issue. Once a bill goes into collection we cannot pay it.

PRC Eligibility

- You must be an enrolled member of the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians.
- Your primary residence must be within the 5-county Service Delivery Area (SDA) [Coos, Curry, Douglas, Lane and Lincoln counties in Oregon].
- You must have lived in the SDA for at least 90 days. If you move outside the SDA, you will continue to have PRC eligibility for 180 days.
- You must submit an application initially and then each year thereafter.
- Students who reside in the SDA prior to going to college, vocational school, etc., remain eligible for PRC wherever they go to school, until 180 days after graduation. If they move back to the SDA their eligibility continues.
- Non-Tribal members who are pregnant with the child of an enrolled Tribal member are eligible for pregnancy-related health care for the duration of the pregnancy and up to the 6-week post-partum appointment. This benefit is subject to proof of parentage of the child.

Finally, if you have any changes to the information you provide to us on your application (change of address, new phone number, change in insurance, etc.) please contact us as soon as possible to update your information. If you have any questions about PRC, please call us at 541-888-4873 or Toll Free at 1-800-227-0392.

CTCLUSI Dental Clinic Hours

Clinic Hours:
Open 8:00 a.m.
Close 5:00 p.m.

The clinic will be closed on Fridays during Odd Months (January, March, May, July, September, November)

The clinic will be closed on Mondays during Even Months (February, April, June, August, October, December)

Call the Dental Clinic today to schedule your appointment (541) 888-6433

The Clinic is located at the main Tribal Government Office at 1245 Fulton Avenue, Coos Bay, Oregon 97420

Youth & Adult Fitness Program 2016

REMINDER

All 2016 receipts must be turned in for reimbursement by Friday, January 13, 2017

2016 receipts or reimbursement request will not be accepted after the deadline.

If you have questions, please contact DeeDee Plaep, 541-997-6685 or dplaep@ctclusi.org

Child Care Payment Assistance

- ⇒ Do you need child care payment assistance?
- ⇒ Are your children enrolled members of CTCLUSI?
- ⇒ Are you employed or in school for a total of 40 hours per week?

The Child Care Development Fund helps pay for qualifying child care expenses.

To qualify your family must:

- ⇒ Meet Income Eligibility Requirements
- ⇒ Use a State Licensed Provider (We can help)

For more information about the CTCLUSI Tribal CCDF Program call: CTCLUSI Family Services at:

(541) 888-6169



32nd Restoration Celebration

Three Rivers Casino Resort Event Center

5647 Highway 126, Florence, Oregon 97439

Saturday, October 15, 2016 at 1:00pm

This is a drug and alcohol free event

One guest per adult Tribal Member please

Families with children under 21 must enter the Event Center
from the exterior entrance.

RSVP 541-888-9577 or 1-888-280-0726

Amanda Trail Walk, Yachats OR

9:00 am before Restoration

Meet @ Cape Perpetua lookout

For information on the walk contact Jesse Beers
541-888-7319 jbeers@ctclusi.org

Restoration Celebration Morning Amanda Trail Hike

Contributed by Jesse Beers, Culture Director

The celebration of our Restoration as a Sovereign Nation by the United States Government is right around the corner on Oct 15th. For the last few years it has become tradition for a group of us to hike the Amanda Trail before the Restoration Celebration. The biggest difference this year is that the Amanda Grotto is totally different due to a mud slide that came down last winter. More healing will need to happen because of this and this trail is the place to do it. We will start from the top of Cape Perpetua, just north of Siuslaw territory, at 9:00am and walk down the Amanda Trail. This hike is a beautiful hike full of plants that were/are used by our tribes but it is also very solemn when remembering the story of Amanda and all those that had to march the trails up to Yachats during the Reservation Years.

If you'd like to hike please join us on the very top Cape Perpetua at the Cape Perpetua Day Use area at 9:00am on Oct 15th. Heading north on hwy 101 you'll turn right (east) onto Cape Perpetua Lookout/NFD55 then turn left onto Cape Perpetua Lookout Road and head up, up, until you can't go any farther. It is a 36-minute drive from Florence. The portion of trail we will be hiking is only about 1.5 miles but it is fairly steep in certain sections and may prove difficult for young children and Elders. In October on the coast it is hard to guess what the weather will be doing, please dress appropriately.

The Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians logo interpreted

Contributed by Jesse Beers, Culture Director

When you look at a logo or a flag of a people it is full of symbols that represent those peoples. Ours is no different. When you look at our logo you can see what's important to us, as a sovereign nation; our natural world and the balance within it. In more detail the Flag is blue because of a Coos creation story the Arrow Young Men in which two young men create the first land by using discs of blue clay or blue earth and putting them into the water until they reached beyond the surface. The specific land featured on our logo is Sunset Bay featuring Qochyax Island. Qochyax (Women and Children) Island is named this because when the military was taking our people off our lands and moving them to the reservation women would hide on the back side of Qochyax and the sound of the crashing waves would hide the baby's cries. Today Sunset bay is a great place to canoe in and out of and is sacred to the Coos people. To the left side of the circle we have the Bull Elk which is not only a sign of strength but was and continues to be an important food and tool source for our Tribes. To the right we have the Beaver who is known for its industrious nature as well as being used for hides and tools as well. The Beaver was also our original logo before restoration. At the bottom we have a Sea Lion which is a very important animal to our people. Traditionally the meat and hides were harvested and oil was also harvested from the Sea Lion. Just above the Sea Lion we have the Gray Whale who, in the stories, were on many occasions given to us by the Sea Serpent in order to use for meat, oil and children would make toy bows out of the baleen. In the center is the Salmon, we are Salmon People and the Salmon and us are tied through a sacred relationship spanning thousands of years. Finally, we have the circle of life ring around everything that makes our world complete. More important than any one piece of our logo is the whole. All of the animals, the waters, the lands make us what we are and we are here, just as our Ancestors, to be good stewards for them and to practice the culture in which they created for us.



Save the Dates

Restoration Celebration

October 15, 2016

Fall Harvest/ Drum Making

November 19, 2016

Tribal Holiday Celebration

December 10, 2016

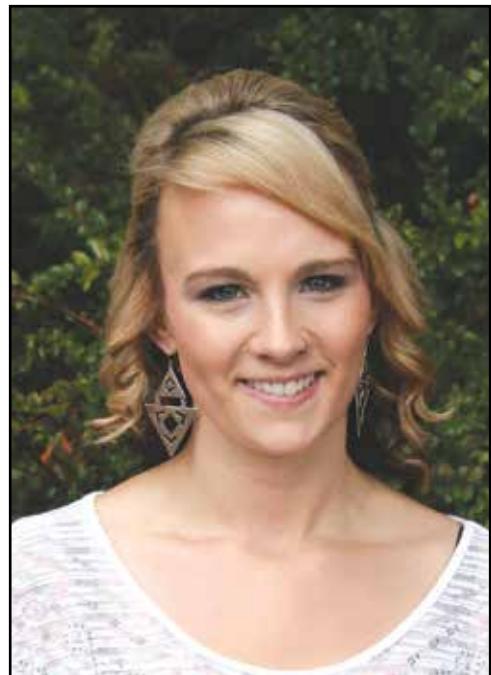
Tribal Members Can Expect to See Many New Faces in Tribal Government

New DHAT Program Coordinator

Contributed by the Health & Human Services Department

Marissa Pittman has joined our team as the DHAT (Dental Health Aide Therapist) Coordinator/Program Assistant. She will be working with the dental team to collect data for the Dental Health Aide Therapist pilot project that has started here in our Dental Clinic. Prior to coming to CTCLUSI, she has been an expanded function dental assistant for three and half years. Marissa is originally from Pendleton, Oregon, and she attended Blue Mountain Community College in Pendleton

where she achieved her Associates in Science as well as her dental certificates. She is very eager and excited to work on the new DHAT program and in expanding her dental career in a new direction. When not at work, Marissa likes to spend time with her family, exploring the coastal area, and crafting.



Marissa Pittman

New CTCLUSI Dental Assistant

Contributed by the Health & Human Services Department

Tara Kissinger joined the CTCLUSI dental team August 30, 2016. She attended school in Eugene, Oregon where she received her certificates for Dental assisting. She has been an assistant for 7 years and is currently working on getting her EFDA, expanded function dental assistant certification. She grew up in Coos Bay, Oregon and later moved away to Bend, Oregon and eventually moved back to Coos Bay. Tara enjoys meeting new people and working with everyone. When asked what she loves most about dentistry, she says "her dental team, helping patients with optimal care and making sure they leave happy." She came to work for the Tribe because she was interested in a change. She said "It feels like a huge family here." She is very pleased to be a part of Confederated Tribes and looks forward to meeting everyone and helping in any way she can. When Tara is not at work she enjoys being with her family, watching her son play sports, hiking, camping, traveling, fishing, hunting, walking on the beach, riding dirt bikes, kayaking and just about anything outdoors is where you will find Tara, out in Nature.



Tara Kissinger

New Family Services Program Assistant

Contributed by the Health & Human Services Department



Meagan Davenport

Meagan Davenport joins the Family Services and Health & Human Services Administration team as the Family Services Program Assistant to assist in providing services to Tribal members. Originally from this area, she spent three years in Southern California working in the insurance field. Upon moving home to be closer to family, she obtained this position in hopes to properly put to use her Bachelor's degree in Psychology. She feels very grateful and honored to be chosen to fill this position. In her spare time Meagan enjoys spending time with family, traveling, the outdoors, cooking/baking/eating, coffee and reading.

New Caseworker

Contributed by the Health & Human Services Department

Lovel Lewis is of the Comanche Nation and she joins the CTCLUSI Tribe in the Health and Human Services Department; Family Services, as a Caseworker/ICWA specialist. She studied Criminal Justice and Psychology at Northeastern State University in Oklahoma where she received a Bachelor of Science degree. She has worked for other tribes in financial accounting and social work, namely working with Cherokee Nation's ICWA program and Court Advocacy and Permanency Services as a Child Welfare worker. She has extensive experience in working with children as a previous head start teacher. Passionate about assisting others through community and/or tribal programs through the course of her career, Lovel is a dedicated professional with strong organizational skills and thoroughness that are key in assisting families through various programs. Grateful for an amazing group of people to work with at this new employment she feels welcomed in working for the CTCLUSI Tribe. Lovel is an avid reader and enjoys learning about the rich history and traditions of indigenous tribes and other cultures worldwide. She also enjoys beadwork, cryptic puzzles, and coastal views.



Lovel Lewis

Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities



Three Rivers Casino Resort ~ Florence

Bartender ~ Beverage Server
Buffet Cashier ~ Bushperson~ Food Server ~ Host
Lead Cook ~ Line Cook ~ Prep Cook
Night Cook/Cleaner
Buffet Station Attendant ~ Dish Machine Operator
Laundry Attendant ~Guest Room Attendant
PBX/Reservations Clerk
Guest Services Attendant
Security Officer I
Banquet Captain ~ Special Events Team Member
Slot/Keno/Bingo Attendant ~ Table Games Dealer

Tribal Government Offices

Special Events Employee (Assignment Varies)
Dental Health Aide Therapist (Coos Bay)
Community Health Representative (Springfield)
Wastewater Plant & Water Systems Trainee (Florence)
Surveillance Agent (Florence)
Surveillance Lead (Florence)



<http://ctclusi-int.atsondemand.com/>

Go to **Job Opportunities** on the website for full job posting and to Apply Online
Updated Daily

Or call Recruitment at **541-902-6504**

Blue Earth

No openings at this time

Tribal Member Jeff Wilkins Hired as Housing Maintenance

Contributed by Human Resources

The Housing Department would like to welcome Jeff Wilkins, a member of the Hanis Coos Tribe to the housing team. Jeff will be assisting Tribal Members as the new Housing Maintenance Employee. His duties will include preventative maintenance and routine repairs on all Tribal Housing units.

Jeff is very excited for the opportunity to work for his Tribe. A Coos Bay/North Bend local, Jeff graduated from North Bend High School and learned the construction trade by working alongside his Dad. When asked about why he likes construction work Jeff replied, "Construction work is very satisfying because you can build something with your hands and see the results of your labor when a project is completed. I like how it feels to see a project or job completed."

Entrepreneurial minded, Jeff is currently pursuing his contractor's

license and hopes to establish his own General Construction Business in the near future. Jeff sees a need for quality, reliable contractor services in the area and hopes to be able to fill this need. When asked the types of services he plans to offer he noted there is a need for skilled roofers and hopes to add this service to his product offering.

Please join us in welcoming Jeff Wilkins.



Small Business Incubator Program Updates

Contributed by the Planning Department

Small Business Incubator Lab Manager MJ Koreiva has been working with the Tribal Members to help them refine their idea for a product or service, conduct research and develop a business plan.

For other Tribal Members who already have a small business established, MJ is working to connect them with the information, educational courses and infrastructure resources that will help grow their businesses. In some cases, it is

connecting them with classes that will help them better manage anything from marketing, suppliers, employees, to bookkeeping.

If you have an idea for a small business, a plan in place or need help getting a small business up and running, please contact MJ Koreiva at the Tribal Administrative Offices, 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-9577, ext 7549, email:mkoreiva@ctclusi.org.

Made At The Kitchen Table

Artisans and Crafters – would you like to learn how to market your creations? The Business Incubator lab can help you better understand how to make that happen.

Made At The Kitchen Table – is a workshop based program to help individual crafters and artisans learn how to turn their creative efforts into a self-employment business. Learn how to analyze the cost of creating your products, pricing your products, develop product quality needs. You'll also learn how to manage cash flow for your inventory, and the fundamentals of marketing your goods.

If you are interested in participating in the Made At The Kitchen Table workshops; contact MJ Koreiva at the Tribal Administrative Offices, 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-9577, ext 7549, email:mkoreiva@ctclusi.org.



Business Incubator Lab is coming to 93420 Coal Bank Lane in Coos Bay

The Business Incubator Lab has its first client: Blue Earth Services and Technologies. Moving into the front offices in July, BEST has more room for customizing equipment and able to hold meetings their clients.

Over the next few weeks, continued improvements of the workspaces at the Business Incubator lab are taking place. To make this happen, 4 additional rooms needed to be cleared out. With help from the Maintenance Crew, most of the larger items were relocated. But the carefully stacked hardwood floors that were salvaged from the basketball court at the former Coos Head Naval Facility needed special care and handling to get it moved. Jeremy Petrie in Maintenance advised us: you have to stack the tongue-in-groove flooring *just right* to keep it from getting damaged; it will take you 4 days to move that pile.

The challenge to this time consuming task needed a team of smart thinkers to properly move this beautiful birds-eye Maple, solid Oak and straight grain Fir flooring so it can be re-used for future flooring in Tribal Hall. James Barton, Kathy Perkins and Nicole Romine came to the rescue.

Moving the flooring piece-by-piece required the team to come up with a process to unstack, move and then restack the flooring so it is up off the floor, have some airflow between rows, and restacked so the weight of the flooring is evenly balanced to prevent sagging.

James & Nicole calculated exactly how to they would put flooring in place, row by row, level by level. Kathy calculated

how to pull the flooring from the original stack, move it and set it in place for James & Nicole to re-stack. Once the process was figured out, the team was able to get the entire stack moved in 2 days. And Jeremy was very impressed with the re-stacked flooring.



Fall Weaving Workshops

Dear CTCLUSI weavers and future weavers,

We have begun our fall weaving workshops and are having a ball! We hope you will join us as the workshops go forward. We have had some good news, I was awarded a grant to continue the workshops through the next year and plan on doing a few each month as well as gathering field trips. In about a year I hope we double our tribal weaving base! Please contact me if you are interested in joining these workshops so I can give you more information, times, locations, and materials vary, so make sure to get in touch: sarasiestreem@hotmail.com (RSVP is required for participation)

I am looking forward to weaving with you this year!

Best,

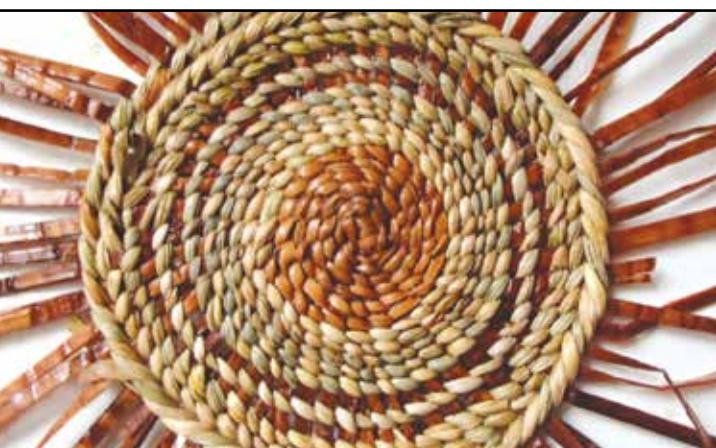
Sara Siestreem (Hanis Coos)



Pictures courtesy of Sara Siestreem
showing the progress of the
weavers in the weaving workshops.
Join us for the upcoming
workshops!

sarasiestreem@hotmail.com

Upcoming Weaving Workshop Schedule



October 29th & 30th from 10:00 a.m. - 5:00 p.m.

November 20th & 27th from 10:00 a.m. - 5:00 p.m.

December 17th & 18th from 10:00 a.m. - 5:00 p.m.

Contact Sara Siestreem for more information by e-mailing Sara Siestreem at
sarasiestreem@hotmail.com

Hanis Coos recordings from 1941 at Smithsonian

Posted on Tribal member Patty Whereat-Phillips blog <http://shichils.wordpress.com> on September 9, 2016

John Peabody Harrington was an eccentric yet talented linguist whose decades of work recorded numerous indigenous languages – including Hanis, Siuslaw-Lower Umpqua and some Milluk in 1942. Other Oregon languages he worked on in the 1930s and 40s include several dialects of Athabaskan (Klatskanie, Upper Coquille, Galice Creek, Upper Umpqua, Chetco and lower Rogue River), Takelma, Tillamook and Alsea. In 1941, Harrington sent his young assistant Jack Marr ahead to make sound recordings of some native speakers on what was then state-of-the-art recording equipment, aluminum discs. He made some recordings of Louey Fuller in Tillamook, John Albert in Alsea, and Frank Drew in Hanis Coos (and possibly some Siuslaw, but I have yet to go through all of the recordings to determine that. Dad (Don Whereat) wrote about Jack Marr's adventures in recording on page 293 of [the book he authored titled *Our Culture and History* which can be viewed online at http://www.yachats.info/history/Indigenous/Our_Culture_&_History.pdf]. Marr was given a list of word

prompts to ask his informants. In his Coos work, he did ask Frank Drew many words. [The recordings can be found online by visiting the Smithsonian Institution at http://collections.si.edu/search/results.htm?fq=online_media_type%3A%22Sound+recordings%22&tag.cstype=all&q=harrington+sound&fq=culture:%22Coos+Indians%22] The first 8 recordings are all songs. After that they include recordings of short speeches and individual words. Unfortunately the sound quality is generally not good. It can be hard at times to understand both the English prompts and the native words. Hopefully the recordings can be manipulated with software to see if they can be made any clearer. Still, it is interesting to listen to these recordings (as sometimes they are comprehensible). So take a listen if you are curious! The links here are all to the Coos recordings. If you do other searches you will find Galice Creek, Tillamook (under the heading "Siletz") and Alsea recordings.

Youth in the News



Dylan Brainard displays a salmon he recently caught. Dylan has a goal to catch 50 salmon by the end of the season to donate to tribal or community families in need. If you would like to help Dylan reach his goal by donating salmon, please contact Healing of the Canoe Program Assistant, Anne Niblett, by calling (541) 808-7699.

Fall Harvest Dinner

Drum Making (Tribal Hall)

Saturday November 12, 2016



Drum Making 9:00 to 1:00 Tribal Hall sponsored by Family Services, Prevention and Culture

Doug & Mark will be instructing how to make and use a hand drum.

[One Drum per Tribal Family, Drums go first to RSVP list.](#)

[Non RSVP guests will go on a waiting list until all RSVP guests receive their drums.](#)

[DRUM MAKING RSVP: Meagan Davenport @ 541-888-1311 or 1-800-618-6827 by 11/10/16.](#)

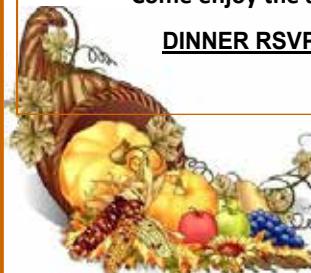
Traditional Thanksgiving Dinner at 1:00 p.m.

Approximate meal time

Crafts & Activities following Dinner (2:00-3:30 p.m.)

Come enjoy the afternoon and dinner with family and friends.

[DINNER RSVP: 541-888-9577 or toll-free 1-888-280-0726.](#)



Coquille Tribe Offers Diabetes Prevention Program to All Native Americans

Who qualifies for the Program:

Registered Native Americans of a federally recognized tribe, as well as their dependents 18 years of age and older. Participants will be accepted based on most urgent need based on their risk for diabetes.

Why is there a Prevention Program?

While there is no cure for diabetes, it can be prevented or delayed by making healthy food choices and being physically active. Our Lifestyle Coach will help you in three ways:

Lose Weight and Keep it off!!

The lifestyle coach and Registered Dietitian will teach you to eat less calories in a manner that works for you and your family!

Get Fit!

Everyone's exercise ability is different, however, we know that people who have more muscle and less body fat are able to maintain weight loss better. Lifestyle Coaches will work with you to achieve the goal of becoming more physically active.

Start by Making Small Changes!

Your Lifestyle Coach will work with you to make changes by setting goals you can meet & can continue to meet your entire life.

Small Steps, Big Rewards

Your **GAME PLAN** for Preventing Diabetes:

Our Doctors, Nutritionists, and Lifestyle Coaches have created a comprehensive program called the "GAME PLAN". Goals, Accountability, Monitoring, & Effectiveness: Prevention through a Lifestyle of Activity & Nutrition. Our team will provide a "how to guide" with suggestions for helping you initiate and maintain risk-reducing behaviors and help you decide how to reward yourself when you do what you have planned.



DPP Reward bucks can be earned at each session to be redeemed at the Prevention Store for valuable health items, such as cook books, cooking utensils, exercise apparel, etc.

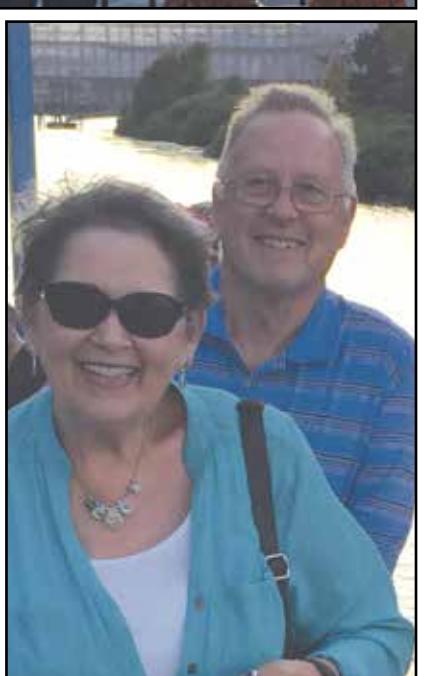
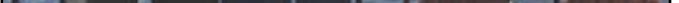
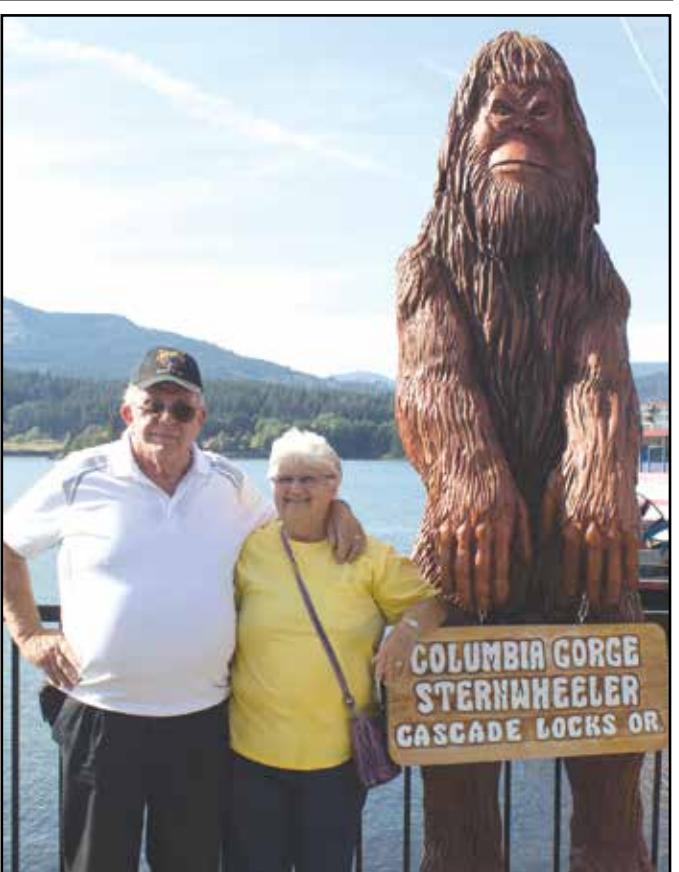
Weekend and Evening Classes Available!!!!

The Ultimate reward is your health & preventing diabetes

Contact Dani Bliss for more information:

541-888-9494 ext.2216 or danellebliss@coquilletribe.org

Elders Corner



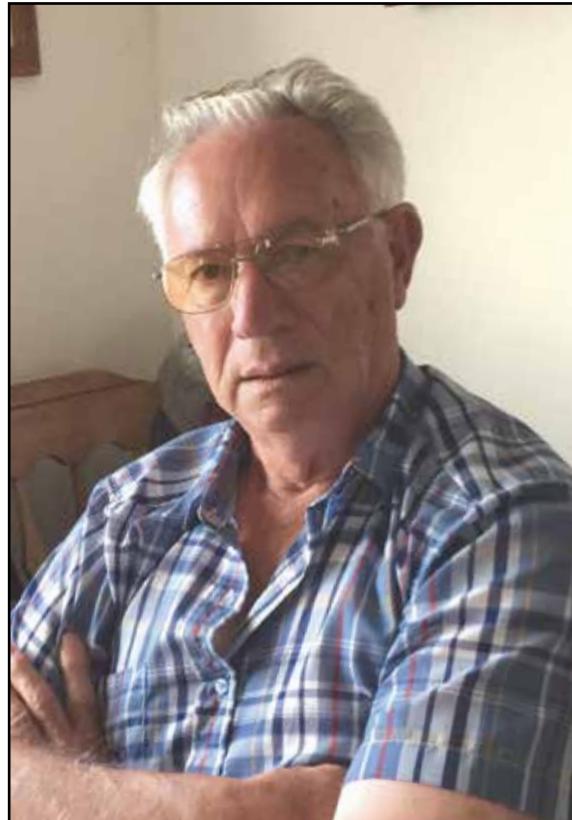
Elders Corner

ELDER SPOTLIGHT OF THE MONTH - October 2016

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. If the next Elder on the list chooses to participate they will be interviewed for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. **Thank you Elders!**

**Contributed by Andrew Brainard,
CHR and Elders Activity Program
Coordinator**

Congratulations William "Bill" Perry who is your male Elder Spotlight of the Month for October 2016. Bill is a Lower Umpqua Tribal Member and has been married to his wife Joan for 64 years. Bill has 3 children, 5 grandchildren and 7 great grandchildren. Before retiring, Bill worked in the Timber Industry as a heavy equipment operator for 45 years. In Bill's spare time he enjoys salmon and halibut fishing.



Bill Perry

**Contributed by
Morgan Gaines,
Communications
Specialist**

This October's Elder Spotlight of the Month goes to Anna Campbell, a Lower Umpqua Tribal member descended of Charlie (grandfather) and Augustus (father) Macey. Anna's father Augustus, aunt Anna, cousin, and one of her brothers spent time at Chemawa Indian School near Salem Oregon. Anna's grandfather

Charlie Macey served on Council in 1917, Charlie's wife Lizzy Amos (Amess) was the daughter of Siuslaw George Amos who was one of the treaty signers. Anna still has ownership of one of the original Indian Allotments given to the Macey family. Through her mother Aleena Towler, Anna is also Tolowa, Tututuni, and Chetco Indian. Anna just celebrated her 59th wedding anniversary to her loving husband Glenn Campbell. Together they have three children, three grandchildren, and four great-grandchildren.

Throughout her life Anna has served as a Boy Scout and Girl Scout leader, worked seventeen years as a bookkeeper and teller at a bank, spent eight years working in electronics for Litton's Guidance and Control, and served as a medical transcriptionist for five years before her retirement. Throughout her various jobs she also sold Tupperware and even made an exciting sale to Lucasfilm Ltd to be used in Star Wars: Episode VI - Return of the Jedi.

Anna has served on the Tribal Child Protection Team as Chairwoman for eleven years and also served a position on the original committee that aided in establishing Tribal Peacegiving. Anna has also served as the Vice-Chair for the South Coast Basket Weavers Association and makes beautiful pine needle baskets. She has taught classes for pine needle basketry for the Tribes and has taught Tribal youth basketry during summer camps. Each Elders Honor Day celebration Anna donates one of her baskets as a gift, in return for one of her pine needle baskets she received a beautifully carved wooden eagle from Tribal Elder Paul Benasco, something she still cherishes as a beautiful work of art for her home.



Anna Campbell shown wearing some of her regalia. Her dentalium hat and necklace were made by Sue Olson, shell necklace by Arleen Perkins, and dentalium earrings by Morgan Gaines

Elders Luncheon

Thursday, October 6, 2016

Time: 11:30 a.m.

CTCLUSI Tribal Community Center
Please R.S.V.P by Monday, October 3rd

by calling Andrew Brainard at 541-888-7533

*2017 Elders Survey Collaboration will follow lunch
from 1:00 p.m. to 2:00 p.m.*

Tribal Elders trip to Hood River

Contributed by Iliana Montiel, Assistant Health Director

Tribal Elders departed early from all locations on Friday, August 26th. The Coos Bay Elders got to sport the new Transportation bus. Yes, it has finally arrived! After a few glitches, we all finally made it to lunch in Salem. Wow, what a hot day.....I think some of the Elders were melting. Then it was back on the road where it seemed like forever in Friday Portland traffic, no matter which direction you were going. When we arrived, there was the big beautiful sternwheeler waiting for all 54 of us. The Elders visited and enjoyed their beautiful surroundings as dinner and fabulous desserts were served during our cruise. The next morning we had our option of having breakfast inside or outside on the river overlooking the mountains. After a hearty breakfast, some Elders chose to stay and rest, while others went to the Western Antique Aero Plane & Automobile Museum. The Elders enjoyed and reminisced over some of the "classic" vehicles. Once we returned to the hotel, lunch was awaiting for all the Elders followed by DeeDee "torturing" those who were willing with a wellness walk. Our walk was led by our own pied piper, Councilman Doc Slyter, who led 12 of us for about 2 miles. Then it was time to load up and head towards our train ride. Our Elders had our own train cars, which was set up beautifully. The trip was two hours with a scenic dinner cruise. The next day everyone met for breakfast and said our goodbyes. It was a lovely weekend with great friends.

tlexem shighichxom (talking circle - Hanis Coos), waa-cî'ntcata (to talk in a circle - Siuslaw/ Lower Umpqua)

Contributed by Scott Slyter, Culture Committee Chair

In the September edition of The Voice of CLUSI tribal newsletter, on page 10, one of the Healing of the Canoe staff wrote an article about a talking circle that took place during Canoe Journey and I recommend if you haven't read it, go back and read it. I'll wait a few minutes.

Now, that you've read that wonderful article you have some context of just how helpful and healing talking circles can be. Many of us use talking circles in multiple ways, such as, meetings, peace-giving court, camps, sweats, etc. Lately there has been a lot of talk in the Culture Committee Meetings about getting talking circles going after the Council Meetings to assist with some collaborative solutions in a positive way. The Culture Committee would like to offer themselves to help lead these Circles.

The Culture Committee would like to host their first Talking Circle after the November 13th council meeting at 1:00-3:00 at Tribal Hall in Coos Bay.

The Culture Committee has also asked me to talk about the practice of talking circles in the form of a newsletter article so that people know this is something the culture committee is working on and what they should expect if they would like to participate in one of these circles.

First of all, a talking circle is not just a circle of people speaking, it is a sacred space and should be treated as such. Behavior of participants should be the same in a talking circle as in any other Ceremony, respectful. The circle leader should talk to everyone involved before anyone sits in the circle to discuss protocol of entrance so if the circle is empty please ask before sitting in it. When the circle leader invites people into the circle please enter the circle where the leader asks and please either enter the circle or leave the area. It is seen as being disrespectful to refuse to enter the circle although it is even more disrespectful to stay and listen from the outside. The reason for this is that the conductor of the circle is creating a sacred and trusting space in the circle and that is very difficult if

there are people hanging out on the outside of the circle. Once the circle is established the circle leader will introduce the use of a token, stick, feather with strong cultural, personal, spiritual meaning to him/herself and/or the people in the circle. This item is the talking stick. It is to be respected and will be passed by the leader, usually clockwise, around the circle. When the talking stick is in a persons' hands only that person may speak. When the talking stick is not in your hands you may not speak but the talking stick can go around the circle as many times as it needs too. It is up to the leader in which way the circle is closed.

Something that may help the circle move forward in a positive

way is to remember to use I statements; I feel, I did, I wish, I need, etc., instead of you statements; you did, you need to, etc. When we use I statements instead of you statements it helps people from becoming defensive or feeling attacked. Without respectful communication a talking circle cannot move forward, even over difficult topics the circle needs to be respected with only truth crossing it. If it is apparent that the people participating in the circle are not willing to participate with a good heart or in a good way it is up to the leader to end the circle and this may need to happen if people are unwilling to have buy in to the talking circle, but I've only seen this once. Another thing to remember within a talking circle is that whatever is spoken in the talking circle is not spoken outside the circle unless permission has been obtained during the circle. So if you are looking to continue something after the circle, say bring something to council, or admin you must get permission unless it is going to hurt yourself or others then it up to the leader of the circle to take the necessary steps. In other words, for the most part,

we all must bring topics up during the circle. Once the circle is finished it is finished.

The Culture Committee is very excited to start these circles and help to bring our Tribes forward in a positive way through them. **Please join them once again for the first circle on November 13th starting at 1:00pm in Tribal Hall in Coos Bay.**



Photograph by Morgan Gaines

USA Today Covers Native American Imagery as Mascots in Online Article

Contributed by Doc Slyter, Council member

Council member Doc Slyter shared an article with Tribal Council and the general council membership. The Real History of Native American Team Names appeared on USA Today's website on August 25, 2016 by Erik Brady. This article covers the subject of Native American Indian team names and mascot depictions in pro sports. Doc encourages you to read the article in its entirety.

Read the article online by typing the following webpage url into your browser.

"The Washington Post released a poll in May that said nine of 10 Native Americans are not bothered by the Washington team name. Gover says he doesn't believe that figure. He doesn't doubt the good faith of the poll-takers but believes methodological problems in polling self-identified American Indians make it difficult to know."

"It doesn't feel like an honor when you do not confront the truth of the people you claim to be honoring," Gover says. "They never honor the Native American truth. They are honoring their own notion of heritage, their own non-Indian version of history"

This Month...be on the Lookout for Pacific Crab Apple

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Pacific crab apples are in the family Rosaceae, the rose family. Pears, raspberries, cherries, apricots, plums, and strawberries are but a few of the fruits that are produced by trees that belong to this family. These deciduous, scraggly trees with thorny spurs from which flowers and fruit emerge can grow to be 6-35 feet tall and favor wet places, especially wetlands and streambanks. They are tolerant of brackish water with a low salt concentration, meaning that they can be found alongside bays and estuaries given the right conditions. It's toothed, 2-4 inch leaves vary from lance-shaped to elliptical and are slightly hairy underneath. Fragrant flowers bloom in April or May and vary from white to pink, bearing 5 petals.

Food: Crabapples were gathered in large quantities from late summer after blackberry season to autumn and were best after the first frost, as frost helps to soften and sweeten the small, tart fruits. Fresh, ripe crabapples were usually mashed with red elderberries, seal oil, and salmon eggs. This particular mixture was carefully eaten by scooping a handful, squeezing the mixture, and licking the juices that extruded through the fingers to avoid the toxic elderberry seeds. The green fruits were boiled, mashed into cakes, and then dried for winter use. Because of their high acid content, unripe crabapples kept extremely well without further processing in cedar boxes or water tight baskets, allowing them to become softer and sweeter over time. Some Tribes would line their water tight baskets with skunk cabbage leaves and submerge the crabapples in water and/or cover them with a layer of animal grease. Today, these tart gems are enjoyed fresh or made into, jams, jellies, butter, and juice, which, unsweetened, makes a great lemon substitute.

Medicine: Bark from the inner tree was also made into a tea or "cure-all" tonic to treat various ailments from stomach disorders to rheumatism. **Caution: The seeds and bark of the Pacific Crab Apple contain the toxin hydrogen cyanide and should only be consumed with the guidance of a trained professional or knowledgeable elder.**

Other: The strong wood of crab apple trees was purposed into tool handles and fire tongs. Nauhin or pa'kwii (shiny club) were also made out of crabapple wood.



Photograph courtesy of Ashley Russell

Hanis: sisuuxw (green), mich'le'wos (ripe)

Miluk: sisuuxw (green), mich'le'wos (ripe)

Siuslaw: q'at'ii

Scientific Name: Malus fusca



Prevention Activity



Please Choose one Activity

Saturday, October 1, 2016

You can follow us from The Tribal offices at 9:30 am.
We will meet at Mahaffey Ranch for Prevention Education,
Corn Maze, Hay Rides and Pumpkin Patch from 10:00 am. to 12:00 pm.
After that we will travel to Abby's Pizza from 12:30 pm—2:30 pm

OR

Saturday, October 8, 2016

We will meet at Putter's Pizza for Prevention Education,
Food and Games from 11:00 am—1:00 pm
After that we will travel to Lone Pine Farms to explore
their Corn Maze and Pumpkin Patch from 2:00 p.m.—4:00 p.m.

Please come and join us for some great FUN the whole family can enjoy!
No Transportation will be provided.



Abby's Pizza
997 S 1st St.
Coos Bay
541-267-5839

Lone Pine Farms
91909 River Rd.
Junction City
541-688-4389

Prevention Topic: Healthy Lifestyles & HOC (Healing of the Canoe)
All CTCLUSI families are eligible to attend.
Each family unit must be accompanied by an adult over the age of 18.

Sponsored by:
Confederated Tribes of
Coos, Lower Umpqua
& Siuslaw Indians
Health & Human Services Division
Family Services
Prevention Activity Program



R.S.V.P. to: Meagan
at 541-888-1311 or
Toll-free at 1-800-618-6827
or Doug at 541-297-2130
before
Thursday September 29, 2016 for
Mahaffey Fun Farm
OR
Thursday, October 6, 2016 for
Lone Pine Farms

New OSU Forestry Complex Seeks input from Tribes

Contributed by Jesse Beers, Culture Director

Oregon State University is going to be constructing a new Forestry Complex on the Corvallis Campus and they are seeking input and art from the Nine Federally Recognized Tribes of Oregon. OSU has been doing an amazing job of outreach with our tribe and they not only want to include tribal artwork but also historical information about lands, plants, Traditional Ecological Knowledge (TEK) and pre contact woodworking techniques. If you would like to be considered to be a contributing artist of any media please call or write in to Jesse Beers @ 541 297-0748 or jbeers@ctclusi.org. If you'd like to see what the Forestry Complex is projected to look like please visit www.youtube.com/watch?v=dZWL8fscDYo.

Building Better Relationships through Healing to Wellness

Contributed by Jennifer Stephens, Case Manager/ Resource Coordinator

Healing to Wellness Court is about relationships. For those with drug and alcohol issues it is about developing positive, supportive relationships with family, friends and tribe that can replace things that contribute to substance use and abuse. For the families and the tribes, these same relationships will help build stronger family units and tribal strength.

Good communicating relationships allow us as individuals and groups to celebrate the joys and benefits of time together. They also allow us to share our sorrows and face a problem with others at our side. We learn through these relationships the need for give and take that is fair and respectful and how everyone is stronger for this exchange. Healing to Wellness Court will target many skills and needs, but above all the relationship work involved will change lives.

Building a Healing to Wellness Court, or any other program, is also about community relationships. This involves court staff building strong, trusting relationships with local law enforcement, probation, juvenile departments and district attorneys. These relationships will help when a tribal member finds themselves in legal trouble related to drugs and alcohol. Good working relationships with these agencies will help a case get referred to Tribal Healing to Wellness Court so that the tribes approach and strength can be used to find a more traditional path. Currently, Tribal Court staff is working with these local agencies to form agreements that will guide these referrals.

The building and operation of the Healing to Wellness Court also requires open, supportive staff relationships within the different departments of the tribal organization. Departments can work together to provide a program that uses the tribes' cultural strengths and knowledge to help individuals and families learn new ways to live and succeed without drugs and alcohol. That requires trust, interest, and teamwork. It comes back to that "give and take" and how staff members and departments can work together to help each other's programs succeed and be stronger.

The current work for the Healing to Wellness Court staff is revolving around building these relationships with fellow staff

and tribal members through events like Canoe Journey and Tribal Family Dinners and programs such as Healing of the Canoe. When other departments contribute to the Tribal Courts by assisting with steering committee planning, strategizing tribal community service needs, and even setting up new work spaces, these relationships grow to be the foundation of successful programs.

The Healing to Wellness Court needs to be driven by tribal member vision that gets put into action through open communication and good teamwork of many tribal departments. We ask that you reach out to lend a hand or share your vision to the process anytime by stopping by or contacting the Tribal Courts at the Coos Bay government office building or by phone or email, (541)-888-1307 or tribalct@ctclusi.org.



PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.



For more information about Peacegiving or Peacegiving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420
PHONE: (541) 888-1306 or (541) 888-1316
EMAIL: Peacegivingcourt@ctclusi.org Website: <http://ctclusi.org/peacegiving>

JOIN A TRIBAL COMMITTEE

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest.

All letters of interest are kept on file for one year.

Many Committees currently have openings. Every Committee will have an opening that needs filled by December 31, 2016



Submit your letter of interest to Jeannie McNeil at
jmcneil@ctclusi.org or find forms online at www.ctclusi.org

LIHEAP

Low Income Home Energy Assistance Program !

Family Services continues to offer energy assistance to qualified low

income families in tribal households. Contact us today!

For more information or to make an appointment contact

Family Services Caseworkers

Shayne Platz — Located in the Springfield Office- 541-744-1334

Or

Lovel Lewis — Located in the Coos Bay Office— 541-888-7516





Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians

Upcoming Events 2016

October

October 1st - Prevention Activity Mahaffey Ranch Pumpkin Patch, Coos Bay

October 6th - Elders Luncheon 11:30 a.m., Community Center

October 8th - Prevention Lone Pine Farms, Springfield

October 9th - Regular Tribal Council Meeting, Valley River Inn, Eugene 10:00 a.m.

October 9th - General Council Meeting, Valley River Inn, Eugene, 1 p.m.

October 12th - Last day to submit public comment on Coos Head Master Plan

October 13th - Elders Committee Meeting, Coos Bay Tribal Hall 12:00 p.m.

October 15th - Amanda Trail Peace Hike, Cape Perpetua look out, 9:00 a.m.

October 15th - 32nd Restoration Celebration, TRC Florence, Event Center, 1:00 p.m.

October 17th - Restoration Day, All Tribal Offices will be Closed

October 26th - Wellness Fair, Community Center Coos Bay, 10:00 a.m.

October 27th - Wellness Fair, Three Rivers Casino Florence

October 29th - Pink & Blue Celebration, TRC Florence, Event Center, 10:00 a.m.

October 29th - Weaving Workshop, Florence Outreach Office, 10:00 a.m.

October 30th - Weaving Workshop, Florence Outreach Office, 10 a.m.



November December

November 13th - Regular Council Meeting, Community Center 10:00 a.m.

November 13th - Talking Circle, 1:00 p.m. in Tribal Hall

November 19th - Fall Harvest, Dinner served at 1:00 p.m. in Community Center

November 19th - Drum Making class at 9:00 a.m. in the Tribal Hall

November 20th - Weaving Workshop, Florence Outreach Office, 10:00 a.m.

November 27th - Weaving Workshop, Florence Outreach Office, 10:00 a.m.

December 1st - Elders Luncheon, Florence

December 10th - Tribal Holiday Celebration, TRC Florence, Event Center

December 11th - Regular Council Meeting, Community Center 10:00 a.m.

December 17th - Weaving Workshop, Florence Outreach Office, 10:00 a.m.

December 18th - Weaving Workshop, Florence Outreach Office, 10 a.m.

December 21st - Winter Solstice

The Culture Committee meets the second Thursday of the month at 4:00 p.m. in Tribal Hall
 The Education Committee meets the third Monday of the month at 5:00 p.m. in the Tribal Government Office
 The Housing Committee meets the third Wednesday of the month at 4:30 p.m. in the Housing Office

Restoration Celebration

October 15, 2016

Restoration Day

October 17, 2016

Fall Harvest

November 19, 2016

Tribal Holiday Celebration

December 10, 2016

Winter Solstice

December 21, 2016



Siixai, Ix Tlguus Canoe Family

If you interested in participating in future Canoe Family activities, please reach out to us by emailing at: siixaiixtlguus@gmail.com or reach out to Courtney Krossman (541)260-9594 or Scott Slyter (541)260-8066.



New Tribal Website Coming Soon!



The Tribal Government website www.ctclusi.org is getting a whole new look and improved functionality. You should see the new site within the next month or two. Tribal members will have to re-register to access all the content but we are happy to help you through the process. Check out future editions of The Voice of CLUSI for more information.

-Morgan Gaines, Communications Specialist

OCTOBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Prevention Activity, Mahaffey Ranch, Meet at Tribal Hall 9:30 a.m.
2	3	4	5	Elders Luncheon, Community Center 11:30 a.m.	6	7
9 Regular Council Meeting, Valley River Inn, Eugene 10 a.m. General Council 1p.m.	10	11	12 Last day to submit public comment on Coos Head Master Plan	13 Elders Committee Mtng Tribal Hall 12:00 p.m.	14	15 Amanda Trail Hike Cape Perpetua 9:00 a.m. Restoration Celebration TRC Event Center 1p.m.
16 Restoration Day All Tribal Offices will be CLOSED	17	18	19	20	21	22
23 30 Weaving Workshop, 10 a.m.	24 31 Halloween Day	25	26 Wellness Fair, Community Center 10:00 a.m.	27 Wellness Fair, TRC Events Center	28	29 Pink & Blue Celebration TRC Event Center, Florence 10:00 a.m. Weaving Workshop, Florence Outreach Office 10

NOVEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12 Veterans Day All Tribal Offices will be CLOSED
13 Regular Council Mtng Community Center 10:00 a.m. Talking Circle in Tribal Hall 1:00 p.m.	14	15	16	17	18	19 Drum Making, Tribal Hall 9:00 a.m. Fall Harvest, Community Center 1:00 p.m.
20 Weaving Workshop Florence Outreach 10:00 a.m.	21	22	23	24 Thanksgiving Day All Tribal Offices will be CLOSED	25	26
27 Weaving Workshop Florence Outreach 10:00 a.m.	28	29	30			

DECEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Elders Luncheon, TRC Buffet	2	3
4	5	6	7	8	9	10 Tribal Holiday Celebration, TRC Event Center
11 Regular Council Mtng Community Center 10:00 a.m.	12	13	14	15	16	17 Weaving Workshop Florence Outreach Office 10:00 a.m.
18 Weaving Workshop Florence Outreach Office 10:00 a.m.	19	20	21 Winter Solstice	22	23	24 Christmas Eve
25 Christmas Day	26 All Tribal Offices will be CLOSED	27	28	29	30	31

ON CALL SPECIAL EVENTS EMPLOYEE

Special Events Employee's support and supplement activities for the Tribal Administration of Coos, Lower Umpqua and Siuslaw Indians. Hours and types of work vary according to assignment and Department submitting need request.

MINIMUM JOB REQUIREMENTS:

Open to all CTCLUSI Tribal Members OR a Spouse or Registered Domestic Partner of CTCLUSI Tribal Member. Food Handlers card may be required. Minimum age requirement depending on assignment. Must possess a reasonable ability to communicate in English. Position is subject to pre-employment drug testing, criminal history background check and fingerprinting. Must have employment eligibility in the U.S. Indian preference will be observed in the hiring process.



→ **Apply online at www.ctclusi.org**

Go to Job Opportunities and click CTCLUSI Tribal Member link.

For more information contact: Pam (541) 902-6504 or Debbie (541) 888-7523

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you!

Deadline for contributions to the November 2016 edition is October 14, 2016 by 4:00 p.m. Send information to mgaines@ctclusi.org or call 541-888-7536

-Morgan Gaines

UPDATE YOUR CONTACT INFORMATION !

Tribal Council has approved a gift in the form of a check to be sent to every Enrolled Tribal Member this year.

Gifts will be mailed on December 1, 2016 to the last address we have on file. If we do not have a valid address, no check will be issued. If a check is sent to an invalid address due to lack of update, it can take up to a month to re-issue.

All Tribal information updates **must** go through the Enrollment office with a completed Change of Address Form. You can find this form on the Tribes website www.ctclusi.org under Enrollment, or one can be obtained at any Tribal Government Office in Coos Bay, Florence & Springfield. You may also update your address by contacting Jeannie McNeil, Enrollment Coordinator at 541-888-7506; or by email jmcneil@ctclusi.org. Please provide a contact phone number so your information can be verified over the phone.



Have a New Business Idea?

Contact:
Tribal Business Incubator Program

Is here to assist Tribal Members with developing your concept, mentoring and helping connect you to local resources. Our goal is to help you be successful.



Contact:

Stephanie Watkins
Human Resources
541-902-6502
sWatkins@ctclusihr.org

Did You Know...

Human Resources can help you with:

Resume Building

Work Skills Assessment

Job Search

Vocational & On-the-Job Training

Tuition Assistance

Educational Counseling

Disliking Your Job: Obstacle to Your Wellness

Contributed by Mike Smith, Training & Development Specialist

You know that saying, "this job may be hazardous to your health?" Those words, according to a recent study, might not solely apply to careers spent around toxic waste or malfunctioning equipment—they could very well describe any career that's leaving you unsatisfied.

The Ohio State University surveyed workers between 25 and 39 about both their job satisfaction and physical and mental health (building off a study from the '70s), and found that those who expressed lower levels of fulfillment in their career were more likely to also report issues like depression or sleep difficulty.

Maybe that's not too surprising: If you're not happy at work, your emotional well-being is bound to take a hit. But the results suggest that the effects may go further—those with low satisfaction throughout their careers were also more likely to be diagnosed with emotional issues, the study says, and tend to worry excessively.

Even your physical health can take a toll: Unsatisfied workers were more likely to report back pain, for instance, and also claimed to become ill with greater regularity than respondents who said they were content in their career.

"The higher levels of mental health problems for those with low job satisfaction may be a precursor to future physical problems," Hui Zheng, a sociology professor at OSU and author of the study, said in a statement. "Increased anxiety and depression could lead to cardiovascular or other health problems that won't show up

until they are older."

Though there's no way to predict or guarantee how you'll eventually feel about a given job, OSU's study should serve as a wakeup call for job seekers. Take a close look at an employer's workplace culture, whether you're reading reviews online or simply observing your surroundings when you come on-site for an interview. Do people seem happy to be working there? It's not a trivial question.

Of course, it also helps to have a short list of fields where workers love what they do. A recent survey conducted by Monster and social media analytics firm Brandwatch included just that, identifying which industries tended to employ people who love their jobs. Travel, education and media all ranked highly—but location counts too. According to the survey, workers in low-population states like Idaho, Montana and North Dakota were more likely to express job satisfaction.

And if you're still worried about your job potentially affecting your mental health, we've got good news: Another study ranked numerous careers by their likeliness to safeguard your brain against Alzheimer's disease. The key element? Working closely with other people: Physicians, lawyers and speech pathologists were among the highest-ranking roles.

Content taken from "Hating your job is bad for more than just your career" by Mack Gelber © 2016 Monster Worldwide

Saturday
October 29, 2016

Doors open at
9:45 am and ends at
2:00 pm

Three Rivers
Casino Events
Center
5647 Highway 126
Florence, Oregon 97439

Awareness
Prevention
Wellness
Health

PINK & BLUE
HEALTH AND WELLNESS
CELEBRATION

The CTCLUSI Community Health Representatives, through the Health & Human Services Division are excited to host this year's Celebration. Please come and join us for Awareness on various types of Health related topics. Feel free to Wear Pink or Blue!

See you there!




Special Prizes

Pink Glove Dance

RSVP
To
Dee Dee Plaep
541-997-6685
Dplaep@ctclusi.org

RSVP
By
October 21, 2016

The Voice of CLUSI



November 2016

Issue 11

Volume 17

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Tribal Youth go to Washington D.C. for Youth Summit

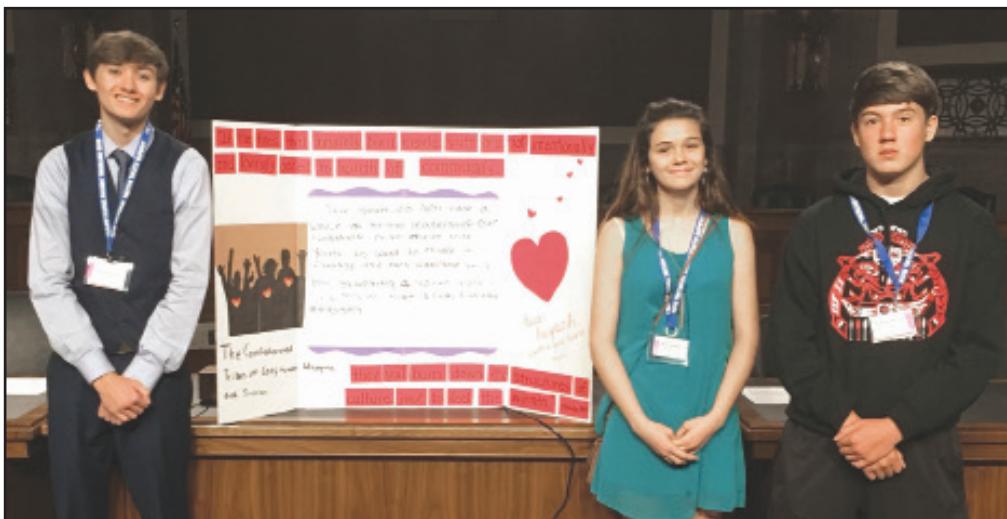
Contributed by Anne Niblett,
Healing of the Canoe Program
Assistant

The last weekend in September, three tribal youth, Kaden Petrie, Orion Petrie, and Vanessa Woehlert, were able to attend a leadership conference, the National Native Youth Summit, in our nation's capital. The three youth submitted essays and applied through a grant sponsored by HUD and were chosen to be one of five tribes to represent the Pacific Northwest (Oregon, Washington, and Idaho).

While in DC, the three attended a series of workshops that taught them about the history of US government and Indian relations, they toured monuments throughout the capital, and they presented a leadership project on Capitol Hill. They were also able to participate in a panel discussion with Secretary Julian Castro who is a member of President Obama's cabinet and 13th in line to the presidency.

When asked about his time in Washington D.C., Kaden Petrie had this to say:

"My name is Kaden Petrie, and I am part of the Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians. This year



Kaden Petrie, Vanessa Woehlert, and Orion Petrie during the Native Youth Summit

me and a couple other tribal members, got the privilege to go to a National Native Youth Summit in Washington DC, where we learned leadership skills, made new friends from all around the country, got to visit monuments, and became youth ambassadors.

I would describe my trip to Washington D.C. as a once in a lifetime experience. I realized that me, and the rest of the tribal youth were capable of having an impact on important issues that are

going on today, whether it be helping our tribal community and building it stronger, or assisting other tribes throughout the country, such as aiding and spreading awareness on the Dakota Access Pipeline.

Some things that stood out to me, were that we can make a change, with connecting with other tribes and working as a whole, it connects us and brings us closer, while allowing us to become stronger. Some things that surprised me on the trip was how easy it was to connect and bond with other people that come together in D.C., and how much in common everyone had. Some things I learned about myself and my tribe on this trip was that we are able to make an impact for the better."

Quiiich (Lower Umpqua) Tribal Member Stands with Standing Rock Sioux

Contributed by Morgan Gaines, Communications Specialist

Our indigenous cousins in North Dakota are currently peacefully protesting the Dakota access pipeline construction through their territory. This massive, billion dollar project is already more than half completed and would transport thousands of barrels of oil a day across four states. The pipeline would bring crude oil from North Dakota to Illinois, and a section of the pipeline would cross directly through the sacred sites and burial grounds of The Standing Rock Sioux and the Cheyenne River Sioux Tribes. The pipeline would also cross directly beneath their reservation's main source of drinking water, the Missouri River. This pipeline is both an environmental and cultural threat to their homeland. It is also a threat to Native communities all over the world, as it could set a precedent for large corporation's abilities to continue to encroach on indigenous lands. The protectors (as they have chosen to call themselves in place of protestors) are standing up not only for the wrong doings happening in North Dakota with the threat to these



Photograph of the Sacred Stone Camp where thousands have gathered to peacefully protest the Dakota access pipeline. Photo courtesy of Melissa Reeves.

Story continues on page 5...see Standing Rock Sioux

Save the Date

November 19, 2016

Drum Making - 9:00 a.m.

Restoration Celebration - 12:00 p.m.

Fall Harvest - 1:00 p.m.

Tribal Council Business

As Reported at the October 9, 2016 Regular Tribal Council Meeting

Chief Warren Brainard:

Sept 11 Regular Tribal Council Meeting
 Sept 18-27 Trip to Washington D. C.
 Sept 29 Business Tribal Council Meeting
 Oct 6 Elders Luncheon; Executive Work Session
 Oct 8 Prevention Activity – Corn Maze

Doc Slyter:

Sept 11 Regular Tribal Council Meeting
 Sept 18-28 Trip to Washington D. C.
 Sept 29 Business Tribal Council Meeting
 Oct 6 Executive Work Session

Beaver Bowen:

Sept 11 Regular Tribal Council Meeting
 Sept 18-27 Trip to Washington D. C.
 Sept 29 Business Tribal Council Meeting
 Gaming Facility Operations Review Board (GFORB)
 Oct 6 Executive Work Session

Teresa Spangler, Vice - Chairman:

Sept 11 Regular Tribal Council Meeting

Sept 19 Education Committee Meeting

Sept 21 Benefits Board Meeting; Housing Committee Meeting
 Sept 29 Business Tribal Council Meeting
 Oct 6 Executive Work Session

Arron McNutt:

Sept 11 Regular Tribal Council Meeting
 Sept 29 Business Tribal Council Meeting
 Oct 6 Executive Work Session

Tara Bowen:

Sept 11 Regular Tribal Council Meeting
 Sept 18-27 Trip to Washington D. C.
 Sept 29 Business Tribal Council Meeting
 Oct 6 Executive Work Session

Mark Ingersoll, Chairman:

Sept 11 Regular Tribal Council Meeting
 Sept 18-23 Trip to Washington D. C.
 Sept 29 Business Tribal Council Meeting
 Oct 6 Executive Work Session

CTCLUSI Resolutions

RESOLUTION NO.:16-060

Date of Passage: September 29, 2016

Subject (title):Approval of Assumed Business Name Registration

Explanation: Tribal Council approved registration of the assumed business name "EZ Mini Store" for the Storage unit rental property in Coos Bay.

RESOLUTION NO.:16-061

Date of Passage: September 29, 2016

Subject (title):Appointment of Executive Director of the CTCLUSI Gaming Commission

Explanation: Tribal Council re-appointed Brad Kneaper as Executive Director of the CTCLUSI Gaming Commission, effective August 10, 2016.

RESOLUTION NO.:16-062

Date of Passage: September 29, 2016

Subject (title):Establishment of Compensation Rate for Gaming Commissioners

Explanation: Tribal Council approved establishing the compensation rate for Gaming Commissioners effective October 1, 2016.

RESOLUTION NO.:16-063

Date of Passage: September 29, 2016

Subject (title):Approval of Influenza Vaccine Administration Program Agreement

Explanation: Tribal Council approved the Influenza Vaccine Administration Program Agreement with Rite Aid to provide flu shots to eligible employees of the Tribes and Casino.

RESOLUTION NO.:16-065

Date of Passage: October 9, 2016

Subject (title):Approval of the Indian Housing Plan for 2017

Explanation: Tribal Council approved the Indian Housing Plan for 2017 and its submission to HUD.

RESOLUTION NO.:16-066

Date of Passage: October 9, 2016

Subject (title):Approval of Enrollment of New Tribal Members

Explanation: Tribal Council, by a majority vote, adopted this Resolution approving the enrollment of the applicants listed below and found and certified them to be Members of the Confederated Tribes of Coos, LowerUmpqua and Siuslaw Indians.

RESOLUTION NO.:16-067

Date of Passage: October 9, 2016

Subject (title):Changes and Corrections to the Roll - Name Change

Explanation: Tribal Council accepted and approved the Enrollment Committee's recommendation to change names.



JOIN A TRIBAL COMMITTEE

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest.

All letters of interest are kept on file for one year.

Many Committees currently have openings. Every Committee will have an opening that needs filled by December 31, 2016



Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org or find forms online at www.ctclusi.org

Regular Council Meeting

November 13, 2016

10:00 a.m.

CTCLUSI Community Center

338 Wallace Street, Coos Bay, Oregon 97420

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief
541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter

Position #1 Council
541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen

Position #2 Council
541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll, Chairman

Position #3 Council
541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen

Position #4 Council
541-808-7394
tbowen@ctclusi.org

Teresa Spangler, Vice Chair

Position #5 Council
541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt

Position #6 Council
541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting

November 13, 2016

Regular Council Meeting

10:00 a.m.

CTCLUSI Community Center
338 Wallace Street, Coos Bay, OR
97420

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Government Office

Alexis Barry
Chief Executive Officer
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division

Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department

Linda Malcomb - Director

1245 Fulton Avenue

Coos Bay, OR 97420

Phone 541-888-1310

Fax 541-888-2853

lmalcomb@ctclusi.org

Purchased/Referred Care

(FKA Contract Health Services)
Sharon Arnold - PRC Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department

Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services

Shayne Platz, Lead Case Manager
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic

Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Elders Activities

Andrew Brainard
CHR/Elders Activity Program Coordinator
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-997-6685
Fax 541-997-1715
Toll Free 1-888-280-0726
imontiel@ctclusi.org

Tribal Court

J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department

Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office

1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police

Brad Kneaper
Chief of Police
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi
Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

CTCLUSI Sends Letter of Support to Standing Rock Sioux and Cheyenne River Sioux Tribes



CONFEDERATED TRIBES OF COOS, LOWER UMPQUA AND SIUSLAW INDIANS
1245 Fulton Ave. - Coos Bay, OR 97420
Telephone: (541) 888-9577 1-888-280-0726 Fax: (541) 888-2853

September 14, 2016

Chairman Dave Archambault II
Standing Rock Sioux Tribe
P.O. Box D
Fort Yates ND 58538

Chairman Harold C. Frazier
Cheyenne River Sioux Tribe
P.O. Box 590
Eagle Butte SD 57625

Dear Chairmen,

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians of Oregon recognize your great struggle, and we stand in solidarity with your Tribes in your efforts to compel meaningful and results-oriented government-to-government consultation with the U.S. Army Corps of Engineers and other federal agencies.

Our Confederated Tribes face these same challenges, and so we understand all too well both the costs involved, and the great risks of failure. For example, while our Tribe remains neutral towards the enormous Jordan Cove LNG and Pacific Connector Pipeline projects proposed for southern Oregon, we have long struggled with the Federal Energy Regulatory Commission, the U.S. Army Corps of Engineers, and other agencies to protect the quality of our air and water, and to safeguard our ancestral burial grounds and irreplaceable sacred places.

Like your Tribes, we have also been confronted with fast-tracked projects brought under the Army's Nationwide Permit program – a procedure which we believe vests far too much authority and discretion in self-interested project proponents and applicants.

And as with your Tribes, solemn treaty promises made to us by the United States Government during the Nineteenth Century were dishonored and ignored. Thus, we too face modern-day injustices piled atop egregious historic wrongs.

For all these reasons we stand in solidarity with your Tribes, and with all native and indigenous peoples. We cannot quietly watch the destruction of our mother earth, or the desecration of the graves of our ancestors. All life requires clean water and air, and unspoiled land to survive. And it may even be possible to build and operate enormous industrial projects like these while still protecting and honoring the necessities of physical and spiritual life. But profit-driven corporations will rarely attempt to do so unless compelled by those government

September 14, 2016
Standing Rock Sioux Tribal Council & Cheyenne River Sioux Tribal Council
Page 2 of 2

agencies charged with environmental and cultural protection. Unfortunately, all too often those same government agencies cannot – or will not – recognize the great risks involved until they have consulted in good faith with our Tribal leaders, and until they have taken to heart the concerns our people raise.

All of us are indebted to your Tribes, and to all those others who have sacrificed greatly to increase public awareness of these important matters. We look forward with much anticipation to participating alongside you in the promised and long overdue multi-agency, government-to-government talks regarding the many failures under the existing consultation laws and regulations, and we are eager to work with you to prevent such failures in the future. Together, we are always stronger.

In the course of assessing the legislative and regulatory framework of Tribal consultation, we also hope that Congress will recognize the impartial technical expertise provided by the State Historic Preservation Offices and the Advisory Council on Historic Preservation, and further empower and support them in their important work.

Finally, we pray for the continued safety of your people, as well as for protection of the air, water, and land resources upon which all our people have always depended.

Gala de luwe (*with a good heart*),

Mark Ingersoll

Chairman Mark Ingersoll

CC: Eric Fanning, Secretary of the Army
Sally Jewell, Secretary of the Interior
Loretta E. Lynch, Attorney General of the United States
Gina McCarthy, Administrator of the U.S. Environmental Protection Agency
Lisa Sumption, Director of the Oregon State Historic Preservation Office
Milford Wayne Donaldson, Chairman of the Advisory Council on Historic Preservation
Norman C. Bay, Chairman of the Federal Energy Regulatory Commission

How Can You Help Support The Standing Rock Sioux Tribe

Information pulled from the Standing Rock Sioux Tribe's website
www.standingrock.org

You can support the Standing Rock Sioux Tribe in its fight to protect its waters and sacred places by contacting your members of Congress and the Administration to oppose the easement from the Army Corps of Engineers:

Do not allow the Army Corps to grant Dakota Access Pipeline an easement to drill under Lake Oahe until the Standing Rock Sioux Tribe's waters and sacred places are protected.

1. Call or Email your Congressional Representative or Senator.
To find your Congressional Representative click [here](#).
2. Call or Email Denis McDonough, Chief of Staff to the President and Jo-Ellen Darcy, Assistant Secretary of Army Corp of Engineers:

Denis McDonough, Chief of Staff to the President
dmcos@who.eop.gov
(202) 456-3182

Jo-Ellen Darcy, Assistant Secretary of Army Corp of Engineers
joellen.darcy@us.army.mil
(703)697-8986

Background Information:

The Standing Rock Sioux Tribe has been locked in a legal battle to stop the Dakota Access Pipeline from impacting its cultural, water, and natural resources. The Dakota Access Pipeline (DAPL) is a 1,168-mile long crude oil pipeline that will transport nearly 570,000 barrels of oil each day from North Dakota to Illinois. The Army Corps of Engineers green-lighted several sections of the process without fully satisfying the National Historic Preservation Act, various environmental statutes, and its trust responsibility to the Standing Rock Sioux Tribe.

This is another chapter in the long history of the federal government granting the construction of potentially hazardous projects near or through tribal lands, waters, and cultural places without including the tribe. The current proposed pipeline route crosses under Lake Oahe, just a half mile up from the Standing Rock Sioux Reservation.

While the Tribe is waiting for a federal court decision on a preliminary injunction to stop the pipeline construction, the pipeline company is waiting for the Army Corps of Engineers to grant an easement to drill under Lake Oahe. The Army Corps of Engineers, the White House, and Congress must halt the easement because the Standing Rock Sioux Tribe's waters and sacred places must be protected.

Suggested Email language

RE: Stop the Dakota Access Pipeline

I am writing to you today to voice my opposition to the Dakota Access Pipeline. I support the Standing Rock Sioux Tribe and other communities in their fight against this dangerous and destructive pipeline.

Oil pipelines break, spill and leak—it's not a question of if, it's a question of where and when. But the Army Corps never took a hard look at the impacts of an oil spill on the Tribe, as the law requires. Yet a route close to Bismarck was deemed not viable due to the proximity to Bismarck, and the fact that the route crossed through or in close proximity to several wellhead source water protection areas, including areas that contribute water to municipal water supply wells.

So now, the pipeline would run through land that is sacred to the Tribe. The law requires that sacred places be protected in consultation with the Tribe, but the Corps has not complied with that requirement, either.

Please don't rush the Dakota Access Pipeline—the Corps must carefully consider all of the impacts to the Tribe before issuing any approvals. Do not allow the Army Corps to grant Dakota Access an easement - the Tribe's sacred lands and resources must be protected.

Standing Rock Sioux...continued from cover page

sacred sites, but for the rights of all sovereign nations around the world.

Thousands have gathered peacefully in one of the largest Native American demonstrations in recent years. Both non-native environmentalists and hundreds of Tribes have bonded together in solidarity against the pipeline. One of our own, a Quuiich (Lower Umpqua) Tribal member, Melissa Reeves visited North Dakota to stand with The Standing Rock Sioux and lend her support.

Melissa traveled with friends from the Bishop Paiute Tribe the beginning of September 6th and camped amongst the Hoopa Valley Tribe and other protectors from September 8th through September 11th. While she was there Melissa participated in a canoe pull along the Missouri River, a journey of about six hours. There were eight to ten canoes and rafts that reached the river bank near the Sacred Stone Camp on the Standing Rock Reservation where they held protocol in which they shared traditional songs and asked for permission to come ashore to join The Standing Rock Sioux to protect the land and water alongside them.

The following day she traveled to the North Dakota capitol building to join in a peaceful protest. There, she danced in the largest round dance that she had ever been a part of. Together she joined hands with hundreds of people in front of the capitol building. She shared the following thoughts about her whole experience.

"I felt really proud and honored to be there and to

experience it. IfeltlikeIwasn'talone,thattherestofmyTribewasthere representing with me. It was an amazing experience to be a part of so many people coming together to protect our land and water. It's important not just to indigenous people but people all over the world...this experience has reminded me that I'm grateful to be a part of an amazing community of indigenous family. Through this I have a better understanding of who I am...I am fortunate to have grown up in the Tribe and am grateful for all that I have."

Thank you, Melissa for being a part of this important endeavor. It takes courage to stand for what you believe is right, it takes strength in spirit to be a part of something that is bigger than ourselves, and that can effect and cause change for people everywhere. Your presence amongst The Standing Rock Sioux and Cheyenne River Sioux Tribes carried the heart of your Tribe with you, without you even knowing. To quote our own Tribal Chairman, Mark Ingersoll, in a letter of support addressed to Chairman Dave Archambault II of the Standing Rock Sioux Tribe and Chairman Harold C. Frazier of the Cheyenne River Sioux Tribe, the Confederated Tribes of Coos, Lower Umpqua, & Siuslaw Indians "stand in solidarity with your Tribes, and with all native and indigenous peoples. We cannot quietly watch the destruction of our mother earth, or the desecration of the graves of our ancestors. All life requires clean water and air, and unspoiled land to survive...All of us are indebted to your Tribes, and to all those others who have sacrificed greatly to increase public awareness of these important matters."



A peaceful gathering in front of the North Dakota Capitol building
Photograph courtesy of Melissa Reeves

Saturday November 19, 2016

Restoration & Fall Harvest Dinner

**Drum Making -Tribal Hall
Tribal Member Event**



Restoration was cancelled due to weather. We will now be celebrating Restoration with Fall Harvest on Saturday November 19th.

RSVP by 11/11/16 is very important to accommodate our guests.

541-888-9577 or toll free 1-888-280-0726

This is a drug and alcohol free event

Drum Making 9:00 to 12:00 -Tribal Hall sponsored by Family Services, Prevention, Culture and Education. Instructors Doug Barret, Jesse Beers, and Mark Petrie.

One Drum per Tribal Family, Drums go first to RSVP list.

Non RSVP guests will go on a waiting list until all RSVP guests receive their drums.

DRUM MAKING RSVP:

Tribal Government @ 541-888-9577 or toll free 1-888-280-0726 by 11/11/16.

Restoration Program—12:00 p.m.

Return of the Canoe

Traditional Thanksgiving dinner—1:00 p.m.

Approximate meal time

Museum open

Crafts & Activities following dinner (2:00-4:00)

Come enjoy the afternoon and dinner with family and friends.

RSVP to 541-888-9577 or toll free 1-888-280-0726

THREE RIVERS FOUNDATION

INVESTING IN OUR LOCAL COMMUNITIES

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians are accepting applications for Grants to charitable organizations December 1 - 31, 2016.

Non-Profit organizations are encouraged to visit the Foundation website for more information.

ThreeRiversFoundation.org



Are You Prepared for a Dental Emergency?

Contributed by Shannon M. Schritter, BS, RDH

Thousands of dental emergencies—from injuries to a painful, abscessed tooth—take place every day. Would you know what to do if you or your child broke a tooth or had a tooth knocked out while playing outdoors? What if you had a bad toothache in the middle of the night and couldn't get to the dentist until the next day, or even on a weekend? Knowing what to do can lessen the pain and save a tooth that might otherwise be lost. A good rule of thumb is to keep your dental office phone number and an emergency number where the dentist can be reached after hours with your other emergency numbers, (such as your family doctor, and fire and police departments). Some families post these numbers on the refrigerator or inside a kitchen cabinet door near the phone. You could also enter these numbers into your cell phone, or keep a copy of them in the jockey box of your car, just in case! The following are some common dental emergencies, and what you can do for them until you reach a dentist:

Toothache: Rinse the mouth with warm water to clean it out. Gently use dental floss or an interdental cleaner to remove any food or other debris that may be caught between the teeth. Never put aspirin or any other painkiller against the gums near the aching tooth. This could burn gum tissue. Don't rely on painkillers! They may temporarily relieve pain, but your dentist should evaluate the condition.

Knocked-out (avulsed) tooth: Try to find the tooth! This may not be as easy as you think if the injury took place on a playground, basketball court, or while skateboarding, so try to stay calm. Hold the tooth by the crown (not the root!) and rinse the root in water if the tooth is dirty. Don't scrub it or remove any attached

tissue fragments. If it's possible, gently insert and hold the tooth in its socket while you head to the dentist. If that's not possible, put the tooth in a cup of milk and bring it to the dentist. Time is critical for successful re-implantation, so try to get to your dentist immediately.

Broken tooth: Rinse your mouth with warm water to clean the area. Use cold compresses on the outside of the cheek to help reduce the swelling.

Swelling: Swelling is usually a sign of infection, and it is very important to never ignore facial swelling. Use cold compresses on the outside of the cheek to help reduce the swelling, but you need to see a dentist right away, or the emergency room or clinic so antibiotics can be prescribed as soon as possible.

Possible broken jaw: Apply cold compresses to control swelling. Get to the hospital emergency room immediately.

Hopefully none of these dental emergencies will ever happen to you, but odds are one of them will at some point in your life! Here are the numbers to our clinic, and the emergency line for Bay Area Hospital for your records!

CTCLUSI Dental Clinic: (541)888-6433

Dental emergency if it is after hours and cannot wait, or a weekend: Call the Bay Area Hospital at (541) 269-8085, and ask for the phone number to the dentist on call.

CTCLUSI Dental Clinic Hour of Operation

8:00 a.m. - 5:00 p.m.

The clinic is open Monday through Thursday during the months of January, March, May, July, September, and November.

The clinic is open Tuesday through Friday during the months of February, April, June, August, October, and December.

Call the Dental Clinic today to schedule your appointment (541) 888-6433

For Sale: Electric Toothbrushes!

For Sale by CTCLUSI Dental

ONLY \$20.00

Oral-B Vitality Electric Toothbrush-
es! Refill heads also available!

Call - (541) 888-1301

Remove more plaque and decrease inflammation with an electric toothbrush!! This brush features 7600 oscillations per minute, a 2-minute timer, 2 brush heads, 1 charging station, and 1 rechargeable battery!

Order yours today!! Must pre-pay when ordered. (Shipping available for an extra fee)



Youth & Adult Fitness Program 2016 **REMINDER**

All 2016 receipts
must be turned in
for reimbursement
by
Friday, January
13, 2017

2016 receipts or
reimbursement
request will not be
accepted after the
deadline.

If you have questions,
please contact DeeDee
Plaep, 541-997-6685 or
dplaep@ctclusi.org

Tribal Youth Attend White House Tribal Nations Conference



Joe Barton, Billy Mills, Nicole Romine, and Dylan Brainard

Contributed by Morgan Gaines, Communications Specialist
Photographs courtesy of Joe Barton and Nicole Romine

Tribal youth Dylan Brainard, Nicole Romine, and Joe Barton just recently returned from a trip September 25th-28th from the White House Tribal Youth Gathering 2016 in Washington D.C. They attended as representative from the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians Tribal Youth Council. These youth were able to attend to gain knowledge and begin networking to aid them with their startup of the CTCLUSI Youth Council. The Tribal Youth Gathering was an opportunity for Tribal leaders to gather, discuss, and address the issues that we all face within our various Tribal communities. Some of the break-out sessions that they were able to attend where regarding issues on Environmental and Climate Change, a panel discussing youth opportunities, health and wellness, and a civic engagement panel on the importance of using our voice as Tribal people. They met and spoke with the Presidential Cabinet Secretaries about their work in Indian Country.

One additional highlight from their trip was meeting one of the conference guest speakers. William "Billy" Mills, of the Oglala Lakota Tribe, and the second Native American to win an Olympic gold medal when he accomplished the feat of the 10,000 meter run in the 1964 Tokyo Olympics. Joe Barton shared that "it was incredible to meet a Tribal member who had accomplished so much, it really helps bring recognition to all Tribal members, and shows us that anything is possible."

Nicole Romine also shared that "this is the second opportunity that I've had as a youth delegate through the Tribal Youth Council to visit Washington D.C. In the two years that I have attended conferences there I have made many connections throughout Indian Country and together we have brainstormed solutions for major problems that Tribal youth face, such as suicide rates, teen pregnancy, and drug use and addiction. In fact I still keep in touch with these contacts through various means of social media."

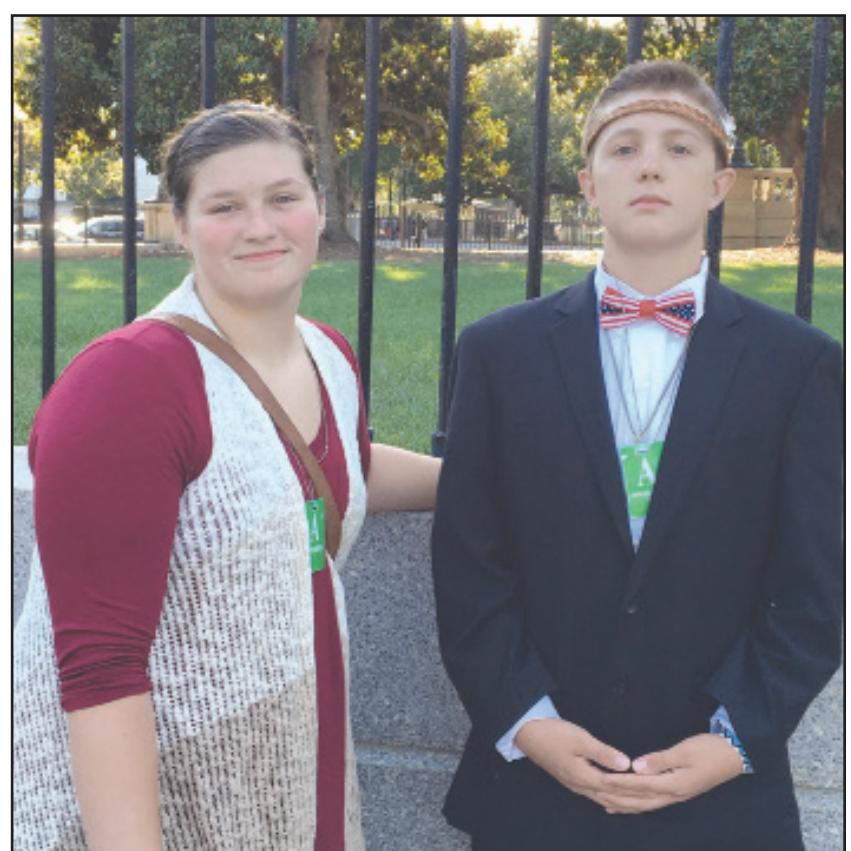
If you are interested in participating in the CTCLUSI Youth Council please contact Joe Barton by e-mailing joebarton@ctclusi.org. Be sure to check out the Tribal website www.ctclusi.org and future editions of The Voice of CLUSI newsletter for more information and upcoming event announcements.



CTCLUSI Youth Delegates were invited to attend the Tribal Nations Conference where President Barack Obama was gifted with a cedar hat.



Dylan Brainard was excited to meet Jonathan Nomee, a member of Powwow Sweat, a dancing group that encourages physical activity through traditional practice for health and wellness.



Nicole Romine and Dylan Brainard

This Month...be on the Lookout for Rosehips

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Wild roses are in the family Rosaceae, the Rose family. Other culturally significant species in this family include: salmonberry, blackberry, thimbleberry, black raspberry, coastal strawberry, Indian plum, silverweed, and Sitka mountain-ash. There are several species of wild rose found in western Oregon, the most common being Nootka rose and dwarf rose. Both species have showy pinkish to deep rose-colored petals that encircle a yellow center adorned atop thorny stalks and serrated, compound leaves. Moist clearings, especially along beaches, rivers, and streams, forest edges, and broken canopies of wet forests are the best places to find the bright reddish-orange fruits (hips).

Food: Rose petals, although mostly used in medicinal preparations, are edible as well as the leaves and can be useful in salads, soups, omelets, etc. and should be gathered soon after they first appear. Rose shoots can also be eaten, much like salmonberry shoots. Rosehips, when cleaned and scraped of interior prickly hairs and seeds, are either eaten fresh or made into jam. Rich in vitamin C and antioxidants, these berry-like powerhouses impart a bland pumpkin to cherry flavor and are best gathered in summer to autumn as they ripen.

Medicine: Rosehips, petals and leaves can be used in teas. Rosehips can also be crushed and applied as an astringent to draw sores. The petals of this fragrant plant are often soaked in water to make rosewater, which was traditionally rubbed on hunting and fishing gear and wood used in cradle boards to bring protection and good luck.

Other: Roses were believed to be purifying and could rid one of spirits as well as bad luck. Rose branches were often used to cleanse one's home and could be placed under the bed as well. Basket designs were also inspired by wild rose blossoms.



Photograph courtesy of Morgan Gaines

Hanis: muxwtsi'ne

Scientific Name: Rosa sp (Rosa nutkana, Rosa gymnocarpa)

Know Before You Go

It's getting close to prime crab/shellfish harvesting season and we want to encourage Tribal families to "Know Before You Go." Be sure and call the Shellfish Safety Hotline before harvesting mussels, clams, and crabs. The hotline is updated immediately when shellfish toxins reach the alert level and is the best source for up-to-date clam and mussel closure information:

Phone: 800-448-2474

Alt Phone: 503-986-4728

Website: <https://www.oregon.gov/ODA/programs/FoodSafety/Shellfish/Pages/ShellfishClosures.aspx>

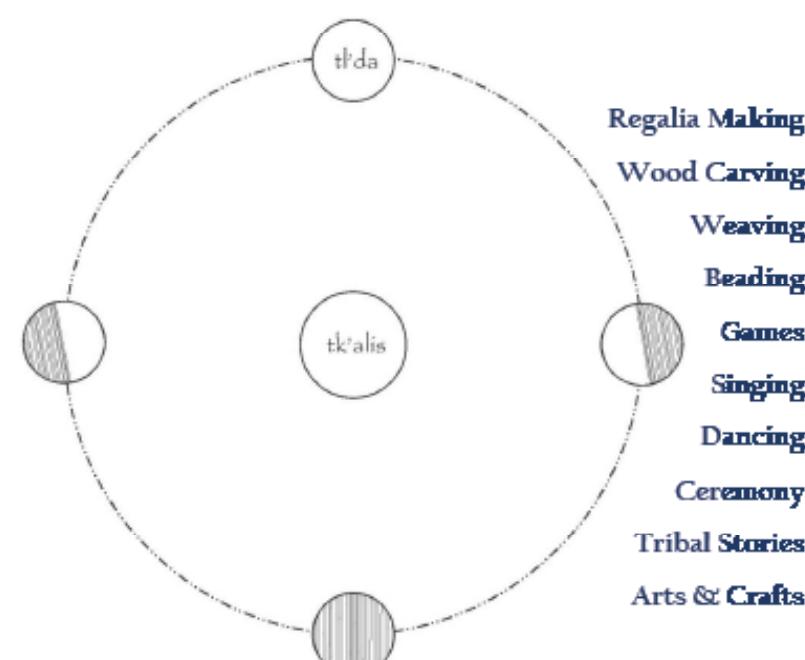
There is also a useful website for recreational fish/shellfish and contaminants of concern. Be sure to also view this website before harvesting certain fish/shellfish species listed on the website:

<https://public.health.oregon.gov/HealthyEnvironments/Recreation/FishConsumption/Pages/fishadvisories.aspx#shellfish>

Happy Hunting
nu'w hlnta Hanis- Happy Hunting
Hiis paaiLn – Siuslaw- Good Hunt

Winter Solstice

Tribal Hall & Plank House
338 Wallace, Coos Bay OR 97420



Light Breakfast 8-9am • Light Lunch 12-1pm

Potluck Dinner (with Salmon) 5-6pm • Light Snacks

Doors open at 11pm on December 20th – Closes 12:30am December 22nd

Mark Petrie
541.297.3681



Jesse Beers
541.297.0748

PLEASE RSVP

CHAMP Entering Alternatives Development Phase

Contributed by Jeffrey Stump, Director of Planning and Zachary Flathers, Assistant Planner

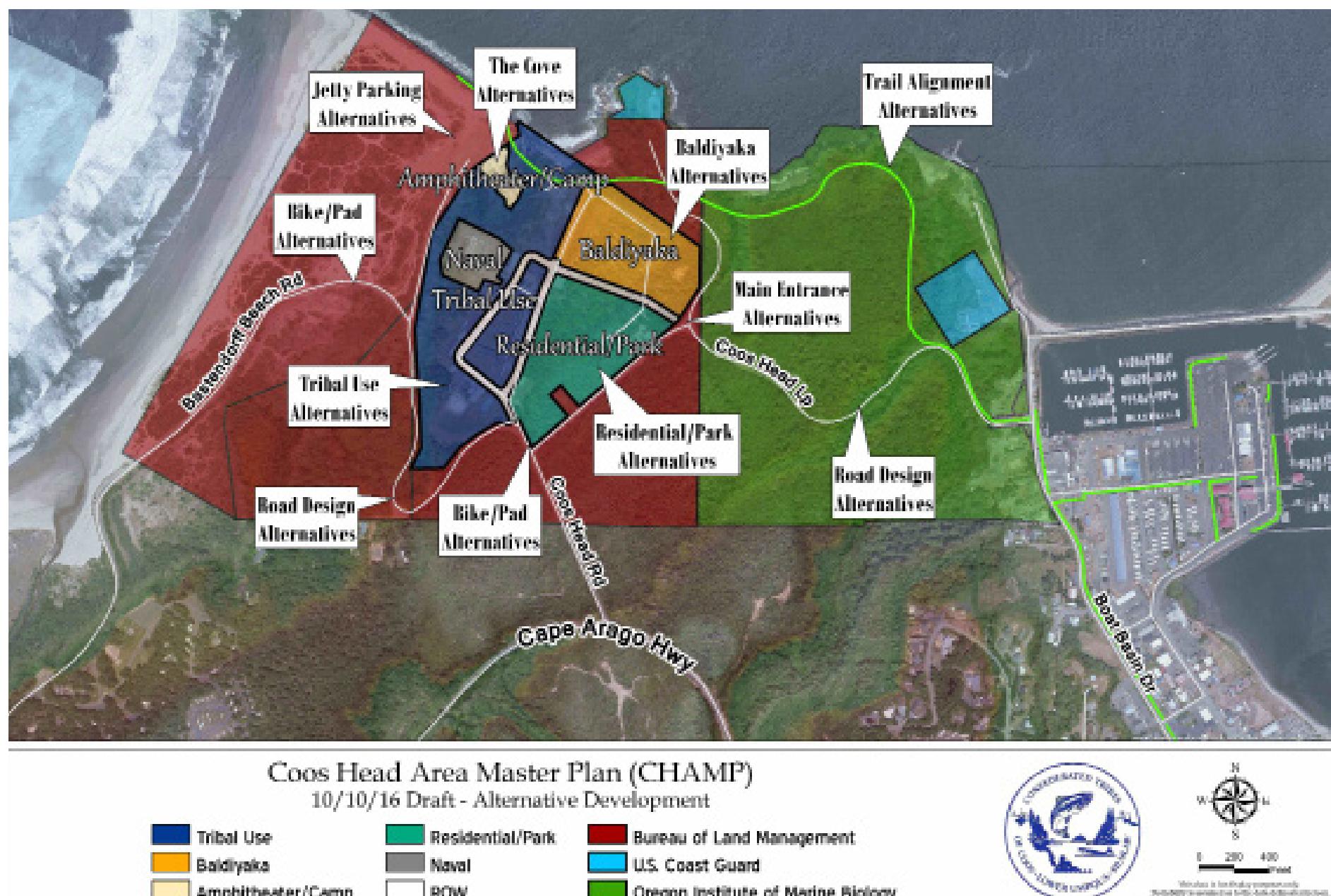
September and October were very important and busy months in the development of the Tribes Coos Head Area Master Plan (CHAMP). The Planning Department continues to present the Tribes vision for Coos Head and garner public support for the plan. Public support of the Tribes vision for Coos Head is important as we look to fund the developments we seek and partner to develop the off-site infrastructure supporting the Tribes future development at Coos Head. The Tribes draft CHAMP has now been presented to the Board of Coos County Commissioners and the general public which are very supportive of the CHAMP project.

The latest Tribal CHAMP meeting held on October 22nd included a summary and discussion of these meetings and the feedback the Tribes have received. The next phase of CHAMP, Alternatives Development, was discussed as well and Technical Memorandum

#3, Alternatives Development, will be the primary focus of the next Tribal CHAMP meeting in November.

CHAMP is based on the Tribal vision for Coos Head. It is critical that Tribal members continue to provide feedback as we seek to turn the Tribes vision into reality. Specific alternative options for Coos Head now being discussed include the proposed Tribal Use Area, trail development, the Baldiyaka k'a Plan, the cove, bike/pedestrian paths and other draft land use concepts. We will also be discussing land use planning for areas adjacent to Tribes Coos Head property including Chicken Point and Bastendorff Beach.

Planning for the use of these sacred lands is a critical part of creating a sustainable, economically feasible plan that meets the needs of all our Tribal members. Please join us in creating a collaborative plan for the good of the Tribes.



Coos Head Area Master Plan (CHAMP)

10/10/16 Draft - Alternative Development

Tribal Use	Residential/Park	Bureau of Land Management
Baldiyaka	Naval	U.S. Coast Guard
Amphitheater/Camp	ROW	Oregon Institute of Marine Biology



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Upcoming Basket Weaving Classes

Dear Tribal Members,

Mark your calendars and RSVP to sarasiestreem@hotmail.com for the November weaving workshops! This month we will be weaving at the Tribal Hall in Coos Bay on November 20th and 27th. See you then!

Best,

Sara Siestreem (Hanis Coos)



A beautiful new basket start by Tribal member Ashley Russell

This basket is being woven from sedge

PREVENTION ACTIVITIES

Corn Mazes & Pumpkin Patches 2016

Contributed by Doug Barrett, Prevention Activities Coordinator

On Saturday, October 1st, in Coos Bay, a caravan of cars headed for Mahaffy Ranch near Allegany. Most of the kids and a few adults started out in the hay maze and slide — this was a new attraction this year. With our wristbands purchased, we piled onto the hay wagon for a ride between the river and the pumpkin patch. Next, it was off to the corn cannons and taking shots at pumpkins as well as shots at either the Ducks or Beavers signs. There was a pumpkin on top of one of those signs, and Sailee Baldwin-Garcia and I knocked the pumpkin off. We each won a bag of small doughnuts. The corn maze was next. It was small but still fun to run around in. Some of the kids tried to scare me this year. Lastly was the pumpkin patch where we pushed wheelbarrows out to the patch. Everyone loaded their handpicked small and large pumpkins and wheeled them up the hill to have them weighed. With the pumpkins loaded up, the car caravan headed back down the road for Abby's Pizza. We had a great meal with good company. I talked and handed out material on the Canoe Journey and The HOC (Healing of the Canoe) Program. I touched a bit on the opioid epidemic and new synthetic drugs on the Internet.

On Saturday, October 8th, we met at Putters Pizza in Springfield where we enjoyed good food and company. Again, I spoke about and handed out material on the Canoe Journey and HOC Program. I touched again on the opioid epidemic and the scary new synthetic drugs being sold on the Internet. Almost everyone played 18 holes of miniature golf and there were even some holes-in-one! After that excitement, we drove to Lone Pine Farms in Junction City. Tickets were purchased for their huge corn maze. It took a while to navigate, even with clue sheets. Some got lost and went through the same maze areas twice. Last, but not least, everyone was able to find their "perfect" pumpkin to take home.

Thank you to all who attended and made both events fun for everyone.



Did You Know: Carfentanil, a sedative for large animals, is being added to acid and other illicit drugs. This drug is about 10,000 times more powerful than morphine. People are dying from these lethal mixtures.



Emily Stefanek, Jeremiah Dean, and Paisley Dean have fun playing mini golf at Putters Pizza before exploring the corn maze and picking out pumpkins to take home.



Hadley Walton and Emma McGinness have fun in the hay during the Mahaffy Ranch maze prevention activity.

PURCHASED/REFERRED CARE NOTICE

Annual PRC (formerly CHS) renewal packets for calendar year 2017 were mailed on October 21 to PRC-eligible Tribal members (*must live in the PRC service delivery area of Coos, Curry, Douglas, Lane and Lincoln counties in Oregon*). If you have not received your packet, please call PRC at (541) 888-4873 or (800) 227-0392 to get another packet mailed to you.

Completed applications are due back to PRC no later than November 18, 2016.

Beginning October 25, 2016, you can also complete and submit your renewal online:

- Go to www.ctclusi.org and logon or register
- Click on Member Services
- Click on Purchased/Referred Care

You can fill out the application, sign it electronically and submit it directly to PRC. Regardless of whether you submit electronically or by paper, please remember to send copies of the front and back of all current insurance cards to the address on the application or to prc@ctclusi.org.

If you do not have insurance (Medicare, Medicaid, private insurance, etc.), you must show either: 1) denial letter from OHP/Medicaid, or 2) proof of income.

PRC staff will be at the following Tribal events to assist with PRC applications and to answer questions about the Oregon Health Plan and the Federally Facilitated Marketplace:

- Fall Harvest Party
- Tribal Christmas Party

Nov. 19, 2016

Dec. 10, 2016

Tribal Community Center, Coos Bay

Three Rivers Casino, Florence

Made At The Kitchen Table

Contributed by MJ Koreiva, Small Business Incubator Manager

Across rural Oregon there are hundreds of individuals producing a wide array of hand crafted products in their homes. In general, these 'hobbyists' don't view their craft as a business. Made at the Kitchen Table was inspired by these hobbyists and is designed to help them turn their efforts into a business, creating a level of self-employment for themselves and their households through the sales of their hobby products.



Through this program, these 'kitchen table' producers are able to learn the fundamentals of producing and selling their hobby. Although the workshops are designed for crafters and artisans, the program provides valuable assistance to people starting a small service business as well.

Workshops: The Made at the Kitchen Table (MKT) workshops provide people entering self-employment with assistance to be successful in many ways: analyze their household budget, set savings goals, estimate the production costs, develop quality production standards, manage cash flow for inventory

and set selling prices. They will be introduced to ideas on how to market their MKT products and how to co-market with other producers.



MKT Quality Control Team & Brandings: During the training, producers will be encouraged to set up class member teams to encourage each participant to individually set quality standards. Teams completing the workshops will be eligible to use the Made



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Three Rivers Casino Resort - Florence

Bartender ** Beverage Server
Food Server ** Buffet Cashier ** Host
Lead Cook ** Line Cook
Night Cook/Cleaner
Dish Machine Operator
Laundry Attendant ** Guest Room Attendant
Guest Services Attendant
Security Officer I
Special Events Team Member
Soft Count Team Member Dual Rate Lead
Slot/Keno/Bingo Attendant
Table Games Dealer 5-8

Three Rivers Casino Resort - Coos Bay

Line Cook

Blue Earth
No openings at this time

Tribal Government Offices

Special Events Employee (Assignment Varies)
Dental Health Aide Therapist (Coos Bay)
Dental Health Aide Therapist (Coos Bay)
Coordinator/Program Assistant (Coos Bay)
Surveillance Agent (Florence)
Surveillance Lead (Florence)
Tutor (Springfield), Closes 11/3/16 at 4pm



<http://ctclusi-int.atsondemand.com/>
Go to Job Opportunities on the website for
full job posting and to Apply Online
Updated Daily
Or call Recruitment at 541-902-6504

at the Kitchen Table brand for marketing their products.

How Many Workshops?

There are 6 workshops in the series. Each will be a 3-hour workshop, meeting 1 once a week over the course of 6-7 weeks for a total of 18 hours of training. Workbooks will be provided for all workshops.

1. Back of the Napkin Analysis
2. What Does it Cost & What Must I Charge?
3. Cash, Inventory & My Empty Pocketbook
4. Your Quality Product
5. How to Market to the Market
6. Cooperate, Collaborate and Co-Market

How Much Time Will Be Spent Outside of the Workshops?

Participants should plan to spend 1 - 2 hours outside of class each week doing research that relates to the workshop topic.

Who Should Attend?

People who produce items they think might have a market they could sell to.

People who have produced items in the past and might be interested in again producing if they had a market to sell to.

People seeking self-employment options, either knowledge based or providing a service.



If you are interested in participating in the Made At The Kitchen Table workshops, please contact:
MJ Koreiva, Small Business Incubator Manager.
Call:(541)-888-9577 email:mkoreiva@ctclusi.org.



CONFEDERATED TRIBES OF COOS, LOWER UMPQUA AND SIUSLAW INDIANS TRIBAL GOVERNMENT OFFICES

1245 Fulton Avenue • Coos Bay, OR 97420
(541) 888-9577 • 1-888-280-0726 • General Office Fax: (541) 888-2853

CONFEDERATED TRIBES OF COOS, LOWER UMPQUA AND SIUSLAW INDIANS

BUDGET HEARING

Tribal Member input is sought on the construction of a Fiscal Budget for the 2017 Calendar Year

Pursuant to Tribal Code 7-10-3, the Budget Committee seeks to hear from Tribal Members on items to be considered in the preparation of the Tribal Budget for the 2017 Calendar Year

The Hearing will be held at
CTCLUSI COMMUNITY CENTER
338 WALLACE STREET
COOS BAY, OREGON 97420

9:00 AM

Sunday, November 13, 2016

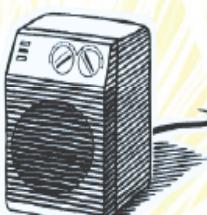
*Written Comments may be submitted to the following address:
Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
1245 Fulton Avenue, Coos Bay, OR 97420
Attn: Chief Financial Officer*

LIHEAP

Low Income Home Energy Assistance Program

The program is designed to help people that qualify to receive heating assistance when winter bills are at their highest. To qualify for heating assistance through LIHEAP, families must reside in the 5-county service area of Coos, Curry, Douglas, Lane, and Lincoln, and fall into 60% of the Estimated Oregon State Median Income as listed below. To qualify in December 2016 your yearly income needs to be at or below the following:

1 Person Family	\$22,626
2 Person Family	\$29,587
3 Person Family	\$36,549
4 Person Family	\$43,511
5 Person Family	\$50,473
6 Person Family	\$57,435



Family Services will be accepting applications at each of the three offices on the following dates and times.

Family Services Coos Bay Office	Dec. 12th, 2016 (Mon)	10:00 a.m.—4:00 p.m.
Florence Outreach Office	Dec. 13th 2016 (Tues)	10:00 a.m.—4:00 p.m.
Springfield Outreach Office	Dec. 14th 2016 (Wed)	10:00 a.m.—4:00 p.m.

In order for your application to be processed, you must bring ALL of the following that apply to you and those living in your household:

Proof of Income (Pay Stub)	Social Security Card
Copy of your utility bill	SSI or SSDI Statement of Benefits
Tribal Enrollment Card	Child Support Statement
Oregon Trail Card	Current Oregon Health Plan Card

If you have any questions regarding LIHEAP please contact Family Services at 541-888-6169
*Note that available funding may be subject to change.

Elders Luncheon

Thursday, December 1, 2016
At 11:30 A.M.

Three Rivers Casino Resort
World Market Buffet
5647 Oregon 126, Florence, OR 97439



There will be a gift exchange for those who wish to participate.
Please mark your gift for male or female.



For further information or to RSVP please contact Andrew at 541-888-7533.

Limited Transportation is Provided.

Please RSVP by Monday, November 28, 2016

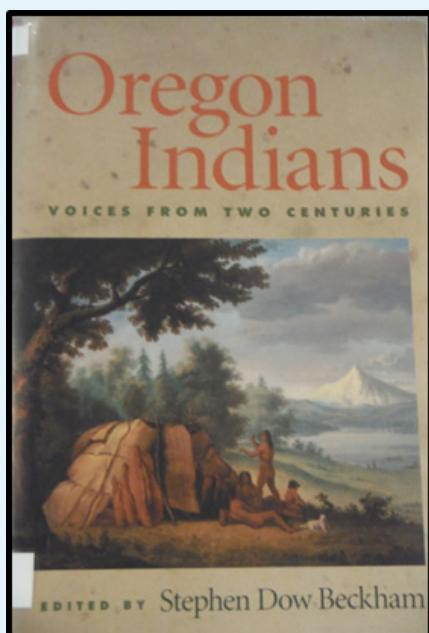


Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Elders Activity Program

EDUCATION CORNER

From first encounters in the late eighteenth century to modern tribal economies, this rich documentary history charts the major trends shaping the lives of Oregon Indians and how those Indians perceived their changing world.

That is why our feature **“BOOK OF THE MONTH”** is
OREGON INDIANS



In this volume, Stephen Dow Beckham brings together for the first time commentary by Native Americans about the events affecting their lives in Oregon.

We hope you will come and visit your Tribal Library and the Education Department Staff soon in our new location at in Tribal Hall at 338 Wallace Street, Coos Bay, OR 97420

NEXTGEN

Doctoral Training Grant

A training grant for the Next Generation of Native American special educators

Application Deadline : January 5, 2017

NEXT GEN

NEXT GEN will provide doctoral training in special education to scholars who will be prepared to respond to the needs of American Indian & Alaska Native (AI/AN) students with disabilities.

An emphasis will be placed on recruiting, retaining, and graduating AI/AN scholars for an integrated training experience that will lead to a Ph.D. in special education.

Project NEXT GEN will produce university faculty members in special education, who will be fully prepared to conduct the next generation of research and training focusing on the needs of AI/AN children and youth with disabilities.

PROGRAM OF STUDY

Next Gen scholars will participate in rigorous coursework in research methods, specialized coursework in Indigenous studies and special education, guided research experiences in research units and centers, internships with local and state education agencies, and mentored personnel preparation activities.

Benefits of NEXTGEN

- Tuition paid
- Monthly stipend (\$1500/mo)
- Health Insurance
- Academic and mentorship support
- A cohort model as an extended community

For more information contact
Chris Murray, PhD, 541 346-1445
cjmurray@uoregon.edu

Elders Corner

ELDER SPOTLIGHT OF THE MONTH - October 2016

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. If the next Elder on the list chooses to participate they will be interviewed for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. ***Thank you Elders!***

Contributed by Andrew Brainard, Elders Activity Coordinator

The male Elder for November is George Barton from Coos Bay. George is Miluk Coos. He has been married to Barb Barton for 35 years. George's parents were George and Crystal Barton and his grandparents were Conrad Lapp and Clara Elliot. He and Barb have four children (Jeanne, David, Janet and Diana), eight grandchildren (Jon, Joe, James, Matthew, Michael, Madeline, Jeffrey and Michael) and four great-grandchildren (Marcus, Ava, Silas and Cienna).

George was born in North Bend at Keizer Memorial Hospital on the same day in 1936 that the McCullough Bridge was dedicated. During his childhood and early adult years, he lived in Powers, Myrtle Point, Corvallis and Port Orford. He has lived in Coos Bay continually for 56 years. He began his work career at Barton Brothers in Myrtle Point, working in logging for 20 years. From there he went to Georgia Pacific, retiring in 1982 after 48 years. Barb worked in radiology and as a lab technician for 40 years.

One of George's hobbies is wood working. He gives a lot of the items he makes to Tribal and community members as special gifts. He enjoys teaching paddle making to children

and he loves to work with dried Port Orford white cedar. He loves both the San Francisco 49ers and the Seattle Seahawks – he won't bet against either team when they play each other! He's also a big fan of the Oregon State Beavers. George and Barb love to travel. Their favorite destinations include Alaska, New Mexico, and Scammon's Lagoon in Baja California, where they got to see Gray Whales up close and personal.

George has been very active in both the Tribal community as well as within the local and state communities. He was Tribal Council Chairman from 1960-1972 during the Termination years and has served on Tribal Council after Restoration. He has also served in the following positions: President and CFO of PBI Corporation; volunteer fire fighter for the Charleston Rural Fire Department; Charleston Fire Department Board of Directors from 1986-1996; Director of Special Districts Association of Oregon 1992-1996; Director of Special Districts Insurance Trust 1992-1996; President of Oregon Fire District Directors Association 1995-1996; Member of Joint Fire Services Legislative Commission 2 sessions 1992-1996; Tribal representative to the Legislative Commission on Indian Services; awarded Oregon's highest award for excellence in Fire Safety in 1996; inducted into the Oregon Fire District Directors Association Hall of Fame – 1996; Member of the Coos County Speaker's Bureau for 15 years and was invited to speak on tribal history and culture in local school district; Member of the Title IV (now VII Parent committee); and he has worked (past and present) on several Tribal committees, including working on the Constitution, as well as Budget, Elders, Culture and other committees.

George's most unusual achievement is the discovery and classification of the largest worm in the Americas (*platellis bartoni*) which grows up to 90 inches in length and is on display at Southern Oregon University in Ashland. What George is most proud of, however, is his part in the enactment of a bill that allowed parity between Tribal fire services and general fire services. This bill allows fire services to ignore political boundaries when responding to fire emergencies.



George Barton shown pointing to the likeness of his grandmother in a painting by Tribal member Pam Stoehsler



Tribal Elder Bettie Mitchell

The female Elder this month is Bettie Mitchell from Walnut Creek, California. Bettie is Hanis Coos. She has been married to Larry Mitchell for 58 years. Her parents were Andy Hodges and Elizabeth Carlson; her grandparents were Gustaf Carlson and Etta Miller. Bettie has one brother, Carl, and a sister, Daisy. She and Larry have two children (Barry and Lisa) and two grandchildren (Thomas and Maya).

Bettie was born in North Bend in 1936 and lived in the North Bend/Coos Bay area for 15 years. She attended junior college in Santa Rosa, California, where she graduated in 1956. She went from there to San Francisco State University, graduating in 1958 with a degree in business administration. Betty and Larry moved to Walnut Creek in 1963, where they've lived for more than 53 years. Betty worked as a secretary to the CFO at a hospital in Martinez, California, for 26 years. Prior to that she worked in a social services program. Larry worked for PGE Electric as a budget coordinator for 40 years.

Some of the activities the Mitchells enjoy include traveling and snorkeling in Tahiti, Fiji and the Caribbean. Bettie loves to read and to visit the ATC theater, ballet and symphony. Betty and Larry also love their home teams: the San Francisco Giants; the Golden State Warriors and the San Francisco 49ers (they were season ticket holders from 1968-2015!). Bettie also enjoys taking French classes.

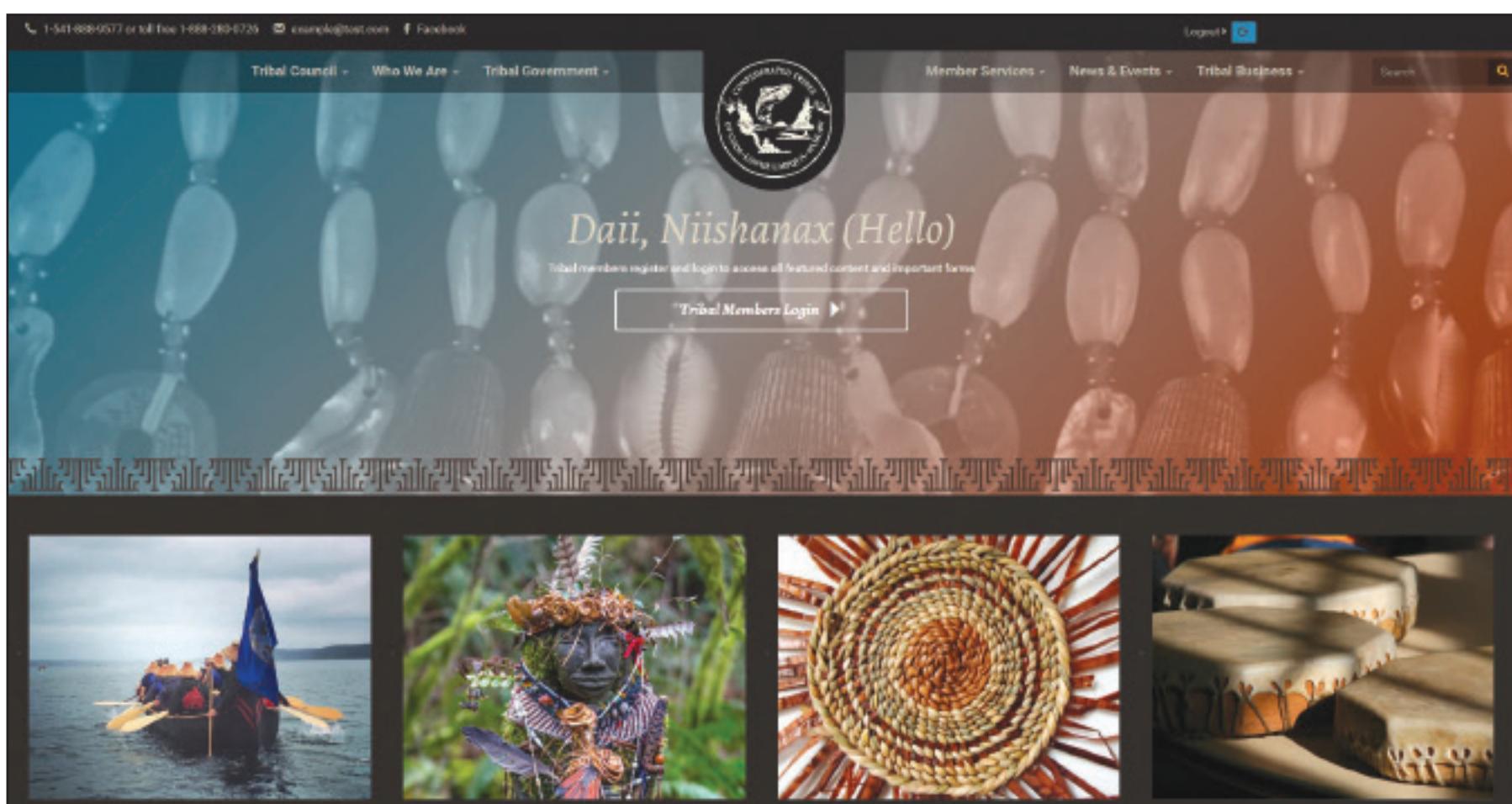
Some of Bettie's fondest memories from her childhood are fishing at Ten Mile Lake with her cousin, Carolyn Slyter, playing with the cow dogs and feeding pancakes to the hound dogs. The most important thing she wants to tell her family and fellow Tribal members is this: "Life brings surprises; deal with them as they come along."

Welcome New Tribal Elder

Jamie Tervort

The New and Improved Tribal Website is Live!

www.ctclusi.org



To provide Tribal members with the best online experience, the most up to date information, and ease of use, the Tribe has launched its new website on October 25, 2016. You can visit the site today at the same url of www.ctclusi.org.

Unfortunately, Tribal members will have to register to access all the available content. Just follow the simple steps on screen instructions when you visit the website and register.

Should you have any questions or need additional assistance logging on to www.ctclusi.org please call 541-888-7536 or 541-888-7506.

What you need to know:

- You'll still visit www.ctclusi.org for the latest information about upcoming events and Tribal services.
- You will need to re-register as an official user to view all the content available to you. We apologize for any inconvenience but will gladly help you through the process of registering for the site or registering for the first time.
- The registration process will take only a few minutes. Just click the blue square link on the top left hand side of the page where it says "login" and fill out the onscreen information.
- You will need to include your name, a valid e-mail address, your Tribal Enrollment number, and choose a password you will easily remember but will be difficult for others to guess.
- Please allow for some time for your information to be verified through Enrollment. You will receive an e-mail alerting you to when you have full access to the website.

Shown above is the look of the new Tribal website www.ctclusi.org. Navigate through the tabs or use the search function on the top right of the screen to find specific departmental programs available to Tribal members.

Below is what the registration page looks like. When you visit www.ctclusi.org please click either the log in blue box at the top right of the screen or the link in the middle of the screen below the Tribal logo that says "Tribal Member Login". You will then select "Account Registration" and fill out the information (as seen below).

Register for an account

All required fields are marked with a *. Please enter an Employee Id, Tribal Member ID or both.

First name: *	<input type="text" value="First Name"/>
Last name: *	<input type="text" value="Last Name"/>
Email: *	<input type="text" value="jemail@example.com"/>
Phone: *	<input type="text" value="XXXXXXXXXX"/>
Birthdate: *	<input type="text" value="Select month..."/> <input type="text" value="Select day..."/> <input type="text" value="YYYY"/>
Employee ID:	<input type="text" value="XXXX"/>
Tribal Member ID:	<input type="text" value="XXXX"/>
Password: *	<input type="password"/>
Retype Password: *	<input type="password"/>
Please complete the form...	

Should you encounter any difficulties with the new login registration process or require further assistance with the Tribal website www.ctclusi.org please contact Morgan Gaines, Communications Specialist (541) 888-7536 or mgaines@ctclusi.org

ON CALL SPECIAL EVENTS EMPLOYEE

Special Events Employee's support and supplement activities for the Tribal Administration of Coos, Lower Umpqua and Siuslaw Indians. Hours and types of work vary according to assignment and Department submitting need request.

MINIMUM JOB REQUIREMENTS:

Open to all CTCLUSI Tribal Members OR a Spouse or Registered Domestic Partner of CTCLUSI Tribal Member. Food Handlers card may be required. Minimum age requirement depending on assignment. Must possess a reasonable ability to communicate in English. Position is subject to pre-employment drug testing, criminal history background check and fingerprinting. Must have employment eligibility.

In the U.S. Indian preference will be observed in the hiring process.

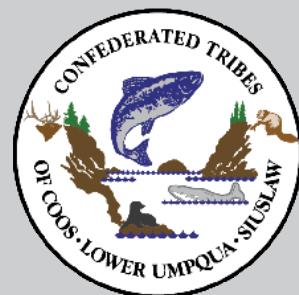


→ **Apply online at www.ctclusi.org**

Go to Job Opportunities and click CTCLUSI Tribal Member link.

For more information contact: Pam (541) 902-6504 or Debbie (541) 888-7523

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you!

Send information to mgaines@ctclusi.org or call 541-888-7536

-Morgan Gaines

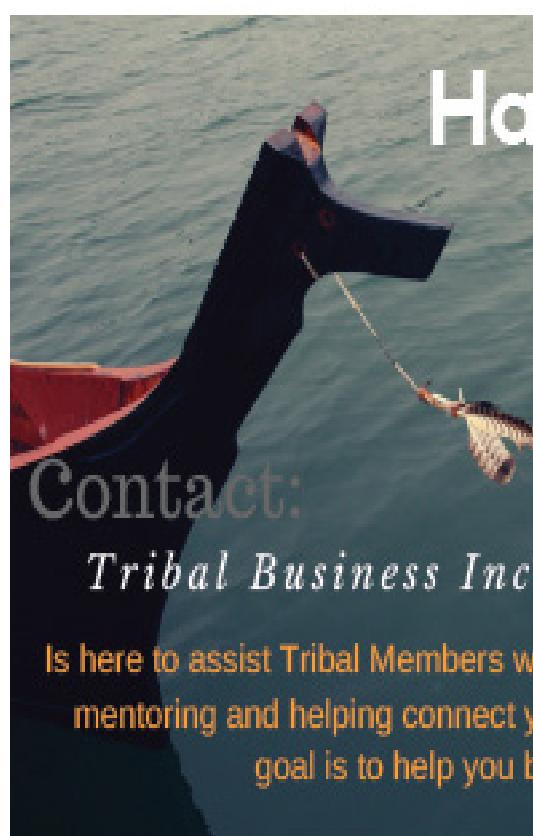
UPDATE YOUR CONTACT INFORMATION !

Tribal Council has approved a gift in the form of a check to be sent to every Enrolled Tribal Member this year.

Gifts will be mailed on December 1, 2016 to the last address we have on file. If we do not have a valid address, no check will be issued. If a check is sent to an invalid address due to lack of update, it can take up to a month to re-issue.

All Tribal information updates **must** go through the Enrollment office with a completed Change of Address Form. You can find this form on the Tribes website www.ctclusi.org under Enrollment, or one can be obtained at any Tribal Government Office in Coos Bay, Florence & Springfield. You may also update your address by contacting Jeannie McNeil, Enrollment Coordinator at 541-888-7506; or by email jmcneil@ctclusi.org. Please provide a contact phone number so your information can be verified over the phone.

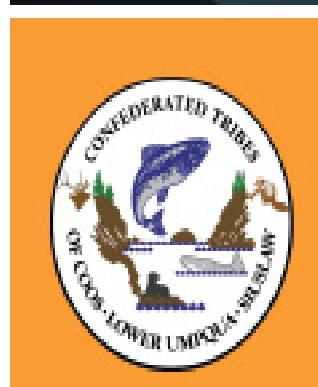
Have a New Business Idea?



Contact:

Tribal Business Incubator Program

Is here to assist Tribal Members with developing your concept, mentoring and helping connect you to local resources. Our goal is to help you be successful.



Contact:

Stephanie Watkins
Human Resources
541-902-6502
sWatkins@ctclusihr.org

Did You Know...

Human Resources can help you with:

Resume Building

Work Skills Assessment

Job Search

Vocational & On-the-Job Training

Tuition Assistance

Educational Counseling

What Your Body Language Says About You When Interviewing

Contributed by Mike Smith, Training & Development Specialist

Sometimes it's the little things that can make or break your chance at a new career. Here's some practical tips to help prevent body language from costing you a job offer.

Everyone has physical habits they rarely notice. In an interview setting, these nervous ticks offer a physical outlet for the stress you're under. But they come at a price. Rather than focusing on what you're saying or the experience you'd bring, the hiring manager's attention turns to your nail-biting or hair-twirling. The scariest part? You may not even realize you're doing it.

Poor body language can send messages that you're incapable, nervous or unhappy – all adjectives you don't want an interviewer associating with you. An interviewer may forgive you for a subpar answer on the fifth question you're asked, but if your body language offers physical evidence you don't work well under pressure or you're not confident in your abilities? It's going to be hard to come back.

Don't undermine how qualified you are with poor habits. Practice avoiding these common moves before they cost you your next job.

Slouching

Remember when your mom would tell you to stand up straight? She was on to something.

Slouching makes you look as though you're bored and disengaged, and leaning forward too much can make the interviewer feel crowded. Standing up straight instills a sense of confidence and ownership of the situation. To the interviewer, it makes you look taller but also more capable and self-assured.

Slumping

Think about the last social gathering you attended where you didn't know anyone. Did you cross your arms? Put your hands in your pockets?

Crossing your arms or hunching over (which most of us have a habit of doing without realizing) can make you seem insecure. Although it can feel comforting to fold your arms in front of your chest, the movement sends a signal that you're uninterested or unapproachable in the conversation. Some even view it as aggressive.

You want to appear open, approachable and friendly during an interview. To avoid the hunch, remember to keep your arms relaxed by your side or hold your resume folio in your hands to prevent yourself from resorting to old habits. Having good posture throughout the interview will make you look – and actually *feel* – more confident.

Smirking

Avoid rolling your eyes or giving any signs you're nervous or frustrated, but that doesn't mean you need to remain absolutely serious during an interview. You should also try to showcase your personality. An easy way to help break the ice is to smile. When you do, you're telling your potential future employer that 1) you're normal and 2) it would actually be fun to work with you on a daily basis. Most importantly, a smile will help you relax so you can present the best version of yourself.

Fiddling

Whether it's tucking your hair behind your ear, touching your face or tapping your foot, nervous gestures creep up out of nowhere. They can make you look distracted or, worse, showcase insecurity. Be self-aware. Take control by placing your hands on the table or on the armrest.

Not sure how to act? One way to instill a sense of trust during an interview is to subtly mimic the movement of your interviewer. Without acting like a copycat, try to mirror your interviewer's body language. If your interviewer is leaning forward during the conversation, lean slightly forward as well to show you're interested in what she has to say. This subtle technique shows you're on the same team.

Handshaking

Your handshake alone can set the stage for the rest of the interview. No pressure! A too firm handshake can signal you're

overcompensating. A too light handshake hints at a lack of confidence. If you offer a weak handshake during a high-pressure situation like an interview, the interviewer might wonder how you'd handle meeting an important stakeholder. Practice makes perfect so try some mock introductions with friends or family to get it right.

And don't be afraid to be the first person to extend your hand. A strong handshake is one of the few ways to appropriately touch someone in a corporate setting, and it can instill a sense of kindness and warmth – if done right.

A word on eye contact

Think about the last few conversations you had. Did anyone stare at you for too long? Did they frequently look away? What was your gut reaction about that person?

Maintaining eye contact with your interviewer demonstrates you're confident and can hold your own in a conversation, but staring too long can feel unnatural. If you consistently avert your interviewer's gaze, your interviewer may find cause for concern – a shifty gaze signals you can't be trusted.

Find the happy medium (eye contact about 70 percent of the time) that will demonstrate your emotional intelligence without scaring anyone away.

At its worst, poor body language can send a message that we're incapable of the task at hand. When your dream job is on the line, you don't want to risk losing out because you crossed your arms at the wrong time. Create a neutral canvas to give yourself the best start for your next great opportunity!

Content taken from "What your body language is saying about you in your interview" by Tanya Kertsman, Career Contessa Contributor © 2016 CareerBuilder, LLC. Original publish date: 3-21-2016

THREE RIVERS CASINO RESORT

CIVIL WAR TAILGATE PARTY!

SATURDAY NOVEMBER 26
12:30PM \$15 PER PERSON
Includes \$5.00 Free Play!
DOORS OPEN AT 11:30 AM

**• FREE FOOD
• CASH DRAWINGS!
• BONUS! 3X POINTS ALL DAY LONG!
• FREE STADIUM CUSHION WITH TICKET PURCHASE!**

SCRATCH & WIN!
UP TO **\$100,000.00**
November 1-30

Things are better here! • Florence • Coos Bay • 877-374-8377 • THREERIVERSCASINO.COM

The Voice of CLUSI



December 2016

Issue 12

Volume 17

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Tribal Members Celebrate 32nd Restoration and Fall Harvest



Members of the South Coast Land Conservancy Board were honored for their efforts in helping return Fossil Point lands to the stewardship of the Tribe



Shane Henderson and daughter Amber make a drum together

Contributed by Morgan Gaines, Communications Specialist

On Saturday, November 19, 2016 Tribal families, friends, and honored guests gathered together in celebration for Drum Making, Restoration, and Fall Harvest. The day was packed with activities, excitement and comradery amongst the Tribal community.

The morning began with our annual Drum Making Prevention Activity. We started the activity with an opening ceremony which included a moment of silence for the loss of a great mentor, Clifford "Greywolf" Latta, who had walked on in October. Greywolf was very enthusiastic about making drums and helping others bring drumming into their lives, he had been working with us on drums for several years. Though he has walked on he was with us in spirit as we made over two dozen drums that day.

As drum making is also an alcohol and drug prevention activity we also discussed Canoe Journey, the Healing of the Canoe Curriculum, and mentioned that November 19th is also National Survivors of Suicide Loss Day. If you or someone you know is having thoughts of hurting themselves, reach out and contact us or call the National Suicide Prevention Hotline at 1-800-273-8255.

At noon, activities began for our 32nd Restoration Celebration. Restoration Day is October 17th but this year, due to weather, the celebration had to be rescheduled. What better time to celebrate our Tribal Restoration than when many of us are



Tribal Youth had fun making drums



Council member Doc Slyter

- Story continues on page 10 with more photographs from the event

Permit #44
North Bend, OR
PAID
U.S. Postage
Presorted Standard

Lower Umpqua and Siuslaw Indians
1245 Fullton Avenue
Coos Bay, OR 97420

Save the Date

Tribal Holiday Celebration
December 10, 2016

Youth Council Movie Night
December 29, 2016

Chairman's Corner

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians have entered into a unique partnership with Lone Rock Timber Management Company to acquire and manage the Elliott State Forest.

Located near the coast in Douglas and Coos Counties, the Elliott State Forest lies at the very heart of our ancestral territory. After years of operating losses, this 82,500-acre land sale would return approximately \$220.8 million to the Common School Fund where it will help support Oregon's public schools.

It wasn't our idea to sell the Elliott. But we knew the State Land Board was serious about selling, and we knew there would be at least one bid. So if the forest was going to be sold, the Council felt it was crucial that the Confederated Tribes have a meaningful say in how these lands, resources, and uses were protected.

Under the proposal submitted on November 15, 2016, the Confederated Tribes would hold a perpetual conservation easement which gives legal protection to buffer zones on spawning streams, to more than 20,000 acres of logging protection areas, and to at least 41,250 acres of public access lands.

Under our proposal Lone Rock Timber Management Company and their investment partners would purchase the land, and commercially manage the forest to provide much needed jobs and economic benefits to our region. The landowners would also guarantee funding to meet all the Confederated Tribes' stewardship obligations and duties in perpetuity.

The Conservation Fund, a highly respected national non-profit organization, would provide support and advice to the Confederated Tribes in our role as land steward. Additional advisory support has also been offered by The Cow Creek Band of Umpqua Tribe of Indians, The Confederated Tribes of Siletz Indians, The Confederated Tribes of the Grande Ronde, Dr. John Gordon (Pinchot Professor Emeritus of Forestry and Environmental Studies at the Yale School), the College of Forestry at Oregon State University, and the Oregon Department of Forestry.

The Oregon Department of State Lands will now review our plan. On December 13, 2016 the State Land Board will receive the staff report, take public comment, and make a decision.

If the State Land Board accepts our proposal, the Confederated Tribes will begin the important work of nailing down the details over the coming year. The work still ahead is for our staff, working with our elders and with the project partners and advisors, to craft a conservation easement that fully protects the land, air, water, wildlife, traditional uses, and cultural resources that have always been ours to protect.

I believe we can feel good that the Confederated Tribes have played a key role in helping to bring together this extraordinarily capable group. Together, we are working hard to ensure that the Elliott State Forest will be responsibly and sustainably managed by and for Oregonians who live, work, and recreate in the local community.

As is fitting, this unique collaborative effort affords a special role to the Confederated Tribes in recognition of our proven capabilities, and because of our deep ancestral and stewardship ties to this land.

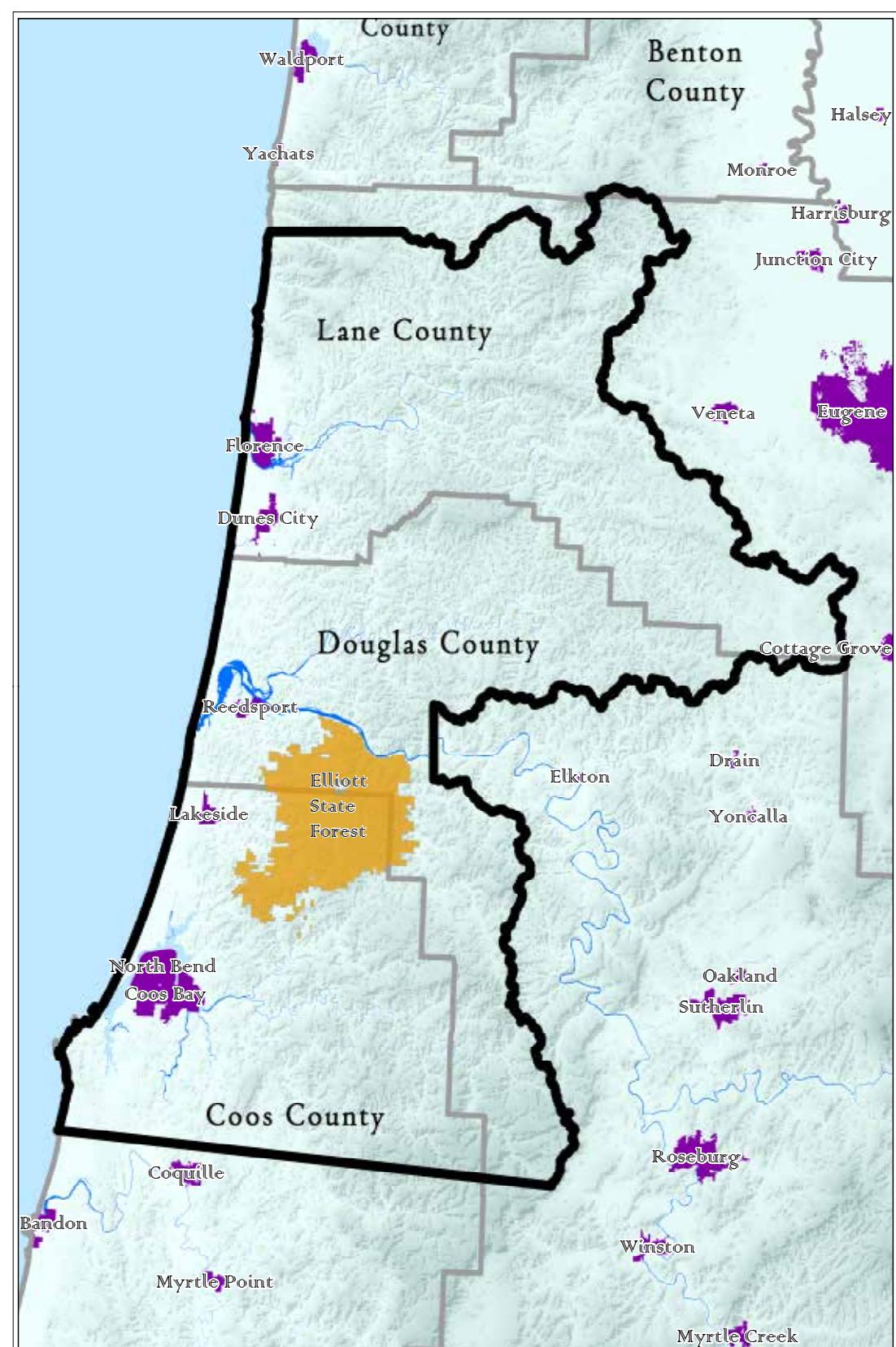
Protecting the Elliott is an enormous responsibility, but we are more than up to the challenge.

If you have other questions or concerns, please contact me at (541) 888-9577 or toll free at (888) 280-0726.

-Chairman Mark Ingersoll

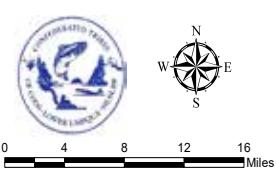


Chairman Mark Ingersoll



CTCLUSI Ancestral Territory
Cities
County
Elliott State Forest

Ancestral Territory of the Confederated Tribes of the Coos, Lower Umpqua and Siuslaw Indians



This data is for display purposes only. No liability is assumed as to the data delineated hereon.

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard,

Chief

Tribal Chief

541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter

Position #1 Council

541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen

Position #2 Council

541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll,

Chairman

Position #3 Council

541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen

Position #4 Council

541-808-7394
tbowen@ctclusi.org

Teresa Spangler,

Vice Chair

Position #5 Council

541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt

Position #6 Council

541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting

December 11, 2016

Three Rivers Casino

5647 Highway 126, Florence,
Oregon 97439

10:00 a.m.

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

Government Office

Alexis Barry
Chief Executive Officer
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division

Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department

Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Purchased/Referred Care (FKA Contract Health Services)

Sharon Arnold - PRC Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department

Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services

Shayne Platz, Lead Case Manager
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic

Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Elders Activities

Andrew Brainard
Elders Activity Coordinator
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-5388
Toll Free 1-888-280-0726
abrainard@ctclusi.org

Tribal Court

J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department

Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office

1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper
Executive Director of the
Gaming Commission
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police

Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi
Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

Tribal Council Business

As Reported at the November 13, 2016 Regular Tribal Council Meeting

Chief Warren Brainard:

Oct 9 Regular Tribal Council Meeting;
General Council Meeting
 Oct 12 Coos Head Area Master Plan Meeting (CHAMP); Executive Management Meeting
 Oct 13 Elders Committee; Culture Committee; Executive Work Session
 Oct 15 Meeting with visiting Veterans
 Oct 18 Meeting for Veterans Day Parade
 Oct 19 Special Council Meeting
 Oct 21 Meeting in Coos Bay
 Oct 22 Budget Committee Meeting; Cottage Grove Mayor's Ball Fund Raiser
 Oct 23 Tribal Meeting in Seattle to Testify to Army Core of Engineers
 Oct 26 Judge in Cooking Contest during Wellness Fair in Coos Bay; Business Council Meeting; Gaming Facility Operations Review Board (GFORB)
 Oct 29 Pink & Blue Party
 Oct 31 Meeting in Portland, OR with Senator Merkley
 Nov 3 Executive Work Session
 Nov 4 Meeting in Coos Bay with Congressman Peter DeFazio
 Nov 6 Veterans Day Parade in Eugene
 Nov 9-10 Bureau of Land Management, Coastal Oregon, Resource Advisory Council, (R.A.C.) Meeting
 Nov 10 Culture Committee Meeting; Executive Work Session

Doc Slyter:

Oct 9 Regular Tribal Council Meeting;
General Council Meeting
 Oct 12 Executive Management Meeting
 Oct 13 Culture Committee Meeting; Executive Work Session
 Oct 19 Special Council Meeting
 Oct 22 Budget Committee Meeting; Coos Head Area Master Plan Meeting (CHAMP)

Meeting

Oct 23 Tribal SWEAT
 Oct 26 Business Council Meeting
 Nov 3 Special Council Meeting
 Nov 4 Meeting in Coos Bay with Congressman Peter DeFazio
 Nov 5 Preview Watchman Canoe
 Nov 9 Tribal Sweat
 Nov 10 Bureau of Land Management, Coastal Oregon, Resource Advisory Council, (R.A.C.) Meeting
 Nov 10 All Staff Meeting for Tribal Government; Executive Work Session

Beaver Bowen:

Oct 9 Regular Tribal Council Meeting;
General Council Meeting
 Oct 12 Executive Management Meeting
 Oct 13 Executive Work Session
 Oct 19 Election Board Meeting; Special Council Meeting
 Oct 26 Business Council Meeting; Gaming Facility Operations Review Board (GFORB)
 Oct 27 Wellness Fair
 Oct 31 Meeting in Portland, OR with Senator Merkley
 Nov 3 Special Council Meeting
 Nov 10 Executive Work Session

Teresa Spangler, Vice - Chairman:

Oct 9 Regular Tribal Council Meeting;
General Council Meeting
 Oct 12 Executive Management Meeting
 Oct 13 Executive Work Session
 Oct 17 Meeting with visiting Veterans
 Oct 19 Special Tribal Council Meeting; Housing Committee Meeting
 Oct 22 Budget Committee Meeting
 Oct 25 Education Committee Meeting
 Oct 26 Judge in Cooking Contest during Wellness Fair in Coos Bay; Business

Council Meeting

Oct 27 Wellness Fair in Florence
 Oct 31 Meeting in Portland, OR with Senator Merkley
 Nov 3 Special Council Meeting
 Nov 8,9 & 10 - Casino Team Members and Tribal Government Staff Meetings, attended all six.
 Nov 10 Executive Work Session

Arron McNutt:

Not Present

Tara Bowen:

Oct 9 Regular Tribal Council Meeting;
General Council Meeting
 Oct 12 Executive Management Meeting
 Oct 13 Executive Work Session
 Oct 19 Special Council Meeting
 Oct 25 Attended Tribal Meeting in Seattle
 Oct 26 Business Council Meeting
 Oct 31 Meeting in Portland, OR with Senator Merkley
 Nov 3 Special Council Meeting
 Nov 10 Executive Work Session

Mark Ingersoll, Chairman:

Oct 9 Regular Tribal Council Meeting;
General Council Meeting
 Oct 12 Executive Management Meeting
 Oct 13 Executive Work Session
 Oct 18 Blue Earth Services and Technology Meeting (BEST)
 Oct 19 Special Council Meeting
 Oct 22 Budget Meeting; Coos Head Area Master Plan Meeting (CHAMP) Meeting
 Oct 26 Business Council Meeting
 Oct 29 Pink & Blue Party
 Nov 3 Special Council Meeting
 Nov 5 Preview Watchman Canoe
 Nov 10 Executive Work Session

CTCLUSI Resolutions

RESOLUTION NO.: 16-068

Date of Passage: October 26, 2016

Subject (title): Water Purchase and Sale Agreement with the City of Florence

Explanation: Tribal Council approved the Water Purchase and Sale Agreement to purchase additional water from the City to store in the Tribes' water storage reservoir to obtain a reliable and redundant water supply, particularly in case of fire emergency.

RESOLUTION NO.: 16-069

Date of Passage: November 13, 2016

Subject (title): Approval of Data Sharing Agreement

Explanation: Tribal Council approved an Agreement with Mekinak Consulting and the Northwest Portland Area Indian Health Board, which will allow the exchange of data to facilitate the dental health of American Indians and Alaska Natives. Data obtained under this Agreement will be kept in a secure place and will be accessible only by specifically authorized staff members.

RESOLUTION NO.: 16-070

Date of Passage: November 13, 2016

Subject (title): Approving Revised Procurement Policy and Procedures

Explanation: Tribal Council approved revisions to the Procurement Policy in order to comply with the requirements of the Uniform Administrative Requirements, Cost Principles, and Audit Requirements for Federal Awards.

RESOLUTION NO.: 16-071

Date of Passage: November 13, 2016

Subject (title): Organization of the CTCLUSI Youth Council

Explanation: Tribal Council authorized the formation of the CTCLUSI Youth Council, which will operate under the supervision and with the support and encouragement of Tribal Council, in order to provide a greater voice for our youth and to give them more opportunities to develop as leaders. Tribal Council also authorized the CTCLUSI Youth Council to join the UNITY Network, which is sponsored by United National Indian Tribal Youth, Inc., in an effort to bring about positive change in Native America and to provide youth with greater opportunities to work with other youth leaders throughout the nation.

ORDINANCE NO:049D

Date of Passage: November 13, 2016

Subject (title): An Ordinance Revising Tribal Council Code (CLUSITC 1-9)

Explanation: Tribal Council adopted the amendments to CLUSITC Chapter 1-9 (Tribal Council) to clarify that Tribal Council members may participate and vote in special meetings by phone or other electronic means of communication by which all Tribal Council members participating may simultaneously hear each other.

Posted December 1, 2016

ENROLLMENT COMMITTEE'S RECOMMENDATIONS FOR TRIBAL MEMBERSHIP

The Enrollment Committee recommends that the enrollment of the Applicants listed below should be approved. Besides publication in the Tribal Newsletter, according to CLUSITC 7-1-36(i), this information will be posted in the Administrative Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino for twenty-eight (28) days from the date listed above.

Freddie Dickson Lott	Sierra Michelle Hermsen
Parent: John Leon Lott Sr.	Parent: Rudy Thomas Hermsen
Lineal Descendant: Lillian Mae Slossen Lott	Lineal Descendant: Hattie Mae Spencer
Tribe: Lower Umpqua	Tribe: Lower Umpqua
Brayden Thorn	Loyd James Hermsen
Parent: Jesse Thorn	Parent: Kenneth Hermsen Sr.
Lineal Descendant: Tom Thorn	Lineal Descendant: Hattie Mae Spencer
Tribe: Lower Umpqua	Tribe: Lower Umpqua
Lucas Maxwell Nickle	Phillip Daniel Lee McGinness
Parent: Katurynia Gardner	Parent: Lorin Krossman
Lineal Descendant: Bernice Gardner	Lineal Descendant: Mary Adamec
Tribe: Lower Umpqua	Tribe: Coos
Rudy Thomas Hermsen	Andrew Thomas Newsome
Parent: Kenneth Warren Hermsen Sr	Parent: Gail Rae (Morris) Newsome
Lineal Descendant: Hattie Mae Spencer	Lineal Descendant: Howard Morris
Tribe: Lower Umpqua	Tribe: Lower Umpqua

In accordance with CLUSITC 7-1-37(a), Tribal Members shall have the right to protest the recommendation of the Committee approving an application and must file a written, signed protest with the Committee stating their reasons for believing that an Applicant(s) is not entitled to enrollment. The protest must be filed with the Committee within twenty-eight (28) days after notice of the proposed enrollment is posted as described in CLUSITC 7-1-36(i).



**CONFEDERATED TRIBES
OF COOS, LOWER UMPQUA AND SIUSLAW INDIANS**
TRIBAL GOVERNMENT OFFICES
1245 Fulton Avenue • Coos Bay, OR 97420
(541) 888-9577 • 1-888-280-0726 • General Office Fax: (541) 888-2853

CONFEDERATED TRIBES OF COOS, LOWER UMPQUA AND SIUSLAW INDIANS

BUDGET HEARING

**Tribal Member input is sought on the construction of a
Fiscal Budget for the 2017 Calendar Year**

Pursuant to Tribal Code 7-10-3, the Tribal Council seeks to hear from Tribal Members on items to be considered in the preparation of the Tribal Budget for the 2017 Calendar Year

The Hearing will be held at

**THREE RIVERS CASINO RESORT
EVENTS CENTER
5647 Highway 126, Florence Oregon
9:00 AM
Sunday, DECEMBER 11, 2016**

*Written Comments may be submitted to the following address:
Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
1245 Fulton Avenue, Coos Bay, OR 97420
Attn: Chief Financial Officer*

Call for Counselors

SPRING BREAK CAMP

4-H Camp in Salem, Oregon – March 27–31, 2017

(mandatory training on March 11, 2017)

- Are you a positive role model?
- Do you enjoy working with others in a team environment?
- Do you enjoy working with Tribal Youth and Staff?

Then Sign Up and be a Counselor (ages 18+) or
Counselor-In-Training (ages 16+)

(Must be CTCLUSI Tribal Member, CTCLUSI Spouse or Domestic Partner or applicant with longstanding relationship with the Tribe and are in Tribal Families.)

HOW TO APPLY

Complete the online application (starting December 20, 2016):

Website: www.ctclusi.org

If you have any questions, please call Pam Hickson at 541-902-6504

Tribal Youth Logo Contest

The winner receives a [new bicycle & helmet](#), and their art on the 2017 spring break camp sweatshirts. [All submissions will receive a participation prize](#) and all submissions will be posted on the Tribal website www.ctclusi.org

Ages: 8-18

The submissions will be posted in the waiting room at the Administration Building in Coos Bay where the administration staff will vote on the winner!

Mail or email all submissions to:

Amanda Craig
1245 Fulton Ave.
Coos Bay, OR 97420
-or-
acraig@ctclusi.org
By January 13th 2017

Design the 2017 Spring Break Camp Sweatshirts!



Tsalila Education Days

Contributed by Mark Petrie, Cultural Assistant & Tobacco Grant Coordinator

The Culture Dept. looks forward to going to Tsalila Education Days each year and sharing our tribal culture and history with hundreds of 4th and 5th grade students from all over Oregon. Classes of students were split up into groups of 10-12 and followed a schedule of 24 minute sessions at multiple stations throughout the day. The Tsalila event today is sponsored and/or supported by the City of Reedsport, Oregon Dept. of Fish & Wildlife, BLM, Coast Guard, local businesses, and our Tribes. Our Tribes had three stations this year. Jesse Beers taught groups how to 'listen to logs' when splitting cedar planks; Mark Petrie, taught how to make tule duck toys, and; Maree Beers taught beading.

This year we were glad to have tribal members Kathy Perkins and Jill Barrett assist with Maree's and Mark's stations.

Animal Rescue: During a lunch break, With the help of a volunteer high school student from Reedsport, Jill Barrett caught a one-eyed Seagull that had a large fishing hook stuck in its breast. Mark was able to tenderly remove the hook while Jill held the seagull in hand. The poor bird pecking and biting the whole way through, connecting one, not so gentle, kiss on Jill's cheek. Jill forgave the seagull for the insult to her cheek and carefully placed the bird in the river where it swam confidently away.

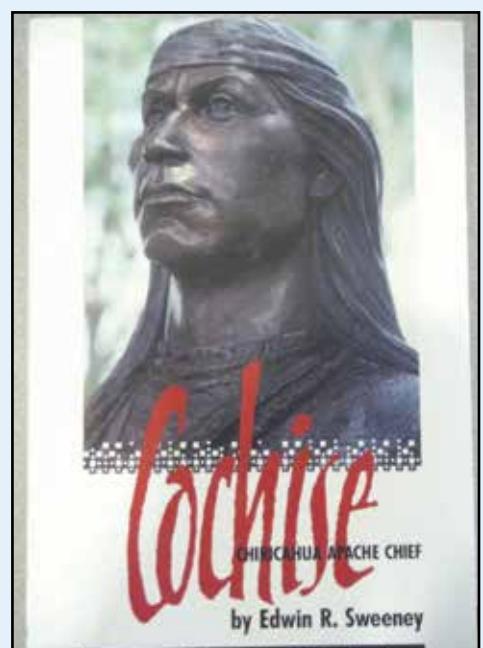


EDUCATION CORNER

Winter is upon us and who doesn't enjoy curling up with a nice cup of hot cocoa and a good book? Why not try the biography - Cochise, Chiricahua Apache Chief. Cochise was one of the most noted Apache leaders (along with Geronimo and Mangas Coloradas) to resist intrusions by European Americans during the 19th century. He was said to be the most resourceful, most brutal, and most feared Apache.

The December "BOOK OF THE MONTH" is:
COCHISE
'Chiricahua Apache Chief'

He and his warriors raided in both Mexico and the United States. Cochise ultimately submitted to a reservation only in the face of overwhelming military superiority. Your CTCLUSI Tribal Library has a wide collection of biographies located in the Non-Fiction section under 921.





Circles of Healing

Did you know?

Education Topic: What is Consent?

"Consent is an agreement between participants to engage in sexual activity," according to Rape, Abuse and Incest National Network (RAINN). It is a decision made of someone's free will.

Oregon law specifies that a person is incapable of consenting to a sexual act if the person is:

- Under 18 years of age
- Mentally defective
- Mentally incapacitated
- Physically helpless

Rape and sexual assault do not always involve physical force or violence.

For assistance or more information, please contact:

Rebecca Ambrose
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: (541) 888-1309
Fax: (541) 888-1837
Email: rambrose@ctclusi.org



Tribal Family Holiday Celebration

2016

Three Rivers Casino Resort Event Center

Saturday December 10, 2016

Doors open at 3:00 pm.

Families with children under 21 will need to enter at the SW Event Center entrance

Santa will visit after the Holiday Meal

Each child attending will receive a filled stocking from Santa.

RSVP Line: 541-435-7155 or toll free 1-888-365-7155

please include children's name & age

RSVP by December 5, 2016

TRANSPORTATION WILL NOT BE PROVIDED

THIS IS A DRUG & ALCOHOL FREE EVENT

Hotel rooms are available on a first-come, first-serve basis at a discounted price \$69.00

For room reservations call 1-877-374-8377

You must reserve your hotel room by December 5th, 2016 for this discount.

For more information, please contact Jan Lawrence @ 541-888-7538



DID YOU KNOW?

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians Planning Department Need Assessment

Purpose of Tribal Member Need Assessments and Surveys:

The Planning Department has begun its annual Tribal Member Needs Assessment! The purpose of a tribal member needs assessment is to provide needs-based information to Tribal Government to ensure that the programs and services offered meet the needs of as many Tribal members as possible. This information will also allow us to compile statistical information for use when completing grant applications. Many of the programs offered to Tribal members are partially or fully funded through grants received by the Tribe. Having demographic data about our Tribal population helps explain the needs of our Tribal community when applying for grant funding. This information will also help us identify any gaps in the services available to Tribal members and/or identify new Tribal member needs.

FAQ

Q: What is the difference between a needs assessment and a survey?

A: A needs assessment is conducted to assess the needs of Tribal members in relation to the programs and services offered by the Tribe and what changes can be made to best suit the needs of CTCLUSI Tribal members. A survey is conducted to access specific information related to a proposed project or program.

Q: Who will see this data?

A: This data will be used internally within the Tribal Government to assess the needs of the Tribal community. It will be accessed by Tribal Government employees as needed and used to generate statistical information for grant applications and reporting.

Q: How will my personal information be protected?

A: Starting this year the Needs Assessment will ask respondents to include their tribal ID number. However, staff cannot determine a tribal member's identity using this number without permission from their Department Director for a specific purpose. Respondents can also specify they do not wish to be contacted based on this Needs Assessment.

Q: How do I become eligible for prize drawings (If Applicable)?

A: There may be prize drawings or other incentives associated with Planning Department need assessments and surveys. Eligibility will be based on the submission of fully completed forms to the Planning Department.



Potential Survey and Need Assessment Topics:

- ♦ Transit
- ♦ Youth Programs
- ♦ Business Development
- ♦ Land Use
- ♦ Graphic Design Selections
- ♦ Emergency Preparedness
- ♦ Job and Vocational Training
- ♦ Cultural Resources
- ♦ Tribal Member Needs Assessment




Youth Council Movie Night



✓ Where: Tribal Hall Coos Bay

✓ When: Thursday December 29th @ 3:00pm-7:00pm

✓ Who: Ages 14-24 Interested in participating in the Tribal Youth Council

*No guests please

Transportation: Springfield outreach office leave @ 12:00pm Florence Outreach office leave @ 1:30pm

*You must be at the outreach office before departure time

TO ENTER DRAWING YOU MUST RSVP BY December 27th

To RSVP Please call 541-435-7155 or 1-888-365-7155

✓ Pizza and snacks will be provided

This Month...be on the Lookout for Springbank Clover

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Springbank clover is in the family, Fabaceae, the Pea family. Another culturally significant species in this family includes the seashore lupine. This perennial herb, like most clovers, prefers moist open areas, especially riparian areas (streambanks), tidal flats, and well drained, sunny sites and contains 3 finely toothed leaves that grow up to 1 inch long. Unlike most clovers, however, the leaves of springbank clover are easily distinguishable from other clovers in that they are very oblong and the flowers are usually a bright pink, but can sometimes be purple or red with white tips.

Food: The rhizomes (roots) of this plant were a main staple of many Pacific Northwest peoples and were usually gathered and prepared with silverweed in the autumn after the leaves died down. The roots were boiled or baked/steamed in earth ovens and sometimes dipped in seal grease or oolichan oil. They could also be dried and stored for later use. The young leaves of this plant can also be eaten and are best in the spring.

Medicine: The flower heads or blossoms of springbank clover is a great addition to any herbal tea.

Other: The dried stems of this plant and a wild lettuce were threaded and used in necklaces by children as imitation dentalium. Kinnikinnick berries were often times used in these necklaces as beads. Annie Miner Peterson referred to this as "Playing Coyote", as the Trickster would sometimes dress up in this imitation finery.

Also this month, be on the lookout for:

Hedgehog mushrooms- There are two species of fungi that are commonly known as hedgehog or sweet tooth mushrooms: *Hydnellum repandum* and *Hydnellum umbilicatum*. These fungi are the most easy to identify in that they have spines like that of a hedgehog located on the underside of their yellowish to orangey caps. But don't worry, the "spines" are much, much softer and the mushrooms are prized for their deliciously, sweet taste and bug-free existence. So next time you are out in the woods this fall, be on the look-out for these delectable morsels.

CAUTION: Although the likelihood of misidentifying this mushroom is extremely unlikely, please take caution. If you are not sure as to the identification of a mushroom, leave it be. Poisonous mushrooms can easily be mistaken for edible ones.



Photographs courtesy of Ashley Russell and John Schaefer

Names:
Hanis: ye'et
Miluk: ye'et
Siuslaw: q'wiin
Scientific Name: *Trifolium wormskjoldii*



7th Annual New Year's Peace Hike on the Amanda Trail

Contributed by Jesse Beers, Culture Director

It's time for the 7th Annual New Year's Peace Hike in Yachats Sunday January 1st starting promptly at 10 am at the Yachats Commons. The route will head north on the 804 Trail to the Ya'Xaik Trail and back, approximately 2.5 miles. Siletz Tribal Member Mary Beth and CLUSI Tribal Council Member Doc Slyter will be performing after the Hike. There will be breakfast breads and coffee / tea provided before the Hike and a potluck after. Well behaved dogs are welcome if on a leash. Questions may be directed to Joanne Kittel at jnkittel@peak.org or 541.961.8374. If anyone wishes to contribute to the potluck (not required) then contact Sandy White, food coordinator, at virgoswede@peak.org. There is no cost to attend the event. Please come and join us in bringing in the new year in a good way with a good heart.

7th Annual New Year's Peace Hike
Sunday, January 1, 2017
Meet at the Yachats Commons at 10:00 a.m.



Exotic Pests Attacking Culturally Important Plants

Contributed by John Schaefer, Water Protection Specialist and Biologist

Last spring, DNR staff announced the culprit behind the apparent bleaching of Salal leaves. In case you missed it, below is a reprint of the spring article back in May.

You may have recently noticed large patches of salal (*Gaultheria shallon*) with bleached white or silvery leaves. This is especially noticeable along Highway 101 between Reedsport and Florence, but the problem is widespread. This damage is alarming as salal berries are an important First Food for our people. Large amounts of berries were mashed, often with crabapples, and then dried and pressed into cakes for winter use.

The bleaching damage isn't from roadside herbicide spraying, a coating of road dust or an exotic fungus. The culprits are tiny insects called greenhouse thrips (*Heliothrips haemorrhoidalis*). As the common name suggests, it is predominately associated with greenhouses in temperate climates. Originally from South America, it has been a greenhouse pest in Europe and the United States for over 100 years. In Southern California it is a significant outdoor pest of avocados and ornamental shrubs and trees.

Greenhouse thrips attack the undersides of salal leaves and reproduce quickly during warm weather. As feeding progresses and the population increases, the upper surface of the leaves becomes ghostly pale. At the same time, the undersides of the leaves become covered with small excreted droplets of a reddish fluid that turns black over time. The damaged leaves tend to remain attached to the plant through the winter and drop off as they are replaced by new growth in the spring.

Since this pest is originally from a warm climate, it isn't considered cold hardy and should die off during winter freezes. Unfortunately, our recent mild winters and early spring weather do not appear to be harsh enough to prevent overwintering survival. DNR staff collected a sample of salal leaves at Sunset Bay on April 12th with at least 2 adult greenhouse thrips present. The affected plants are not dead and new spring leaves are emerging. It is unknown if the salal plants will continue to survive successive years of thrips damage. Greenhouse thrips are also known to damage rhododendrons, azaleas and ferns and may spread to those and other plants in the future.

In October, DNR staff again assessed the greenhouse thrips damage and it doesn't look good. The pest damage is much more extensive on Salal and has predictably spread to several other plant species. The current list of greenhouse thrips infested plants locally documented so far includes, Salal, Sword Fern, Evergreen Huckleberry, Wax Myrtle, Rhododendron and Labrador Tea. Unfortunately, many of these are highly valued by our people. Hopefully, there will be a significant winter freeze that will kill off the majority of greenhouse thrips and give our plants time to recover.



Thrips damaged rhododendron



Thrips on the underside of Labrador tea leaf

Cedar Work Day!

December 3rd from 9:00 am to 5:00 pm we are having a free for all cedar work day. Cedar logs, planks, pieces around Tribal Hall property are going to be available for use for participants. Cedar is a great wood for carving and splitting. If you're a woodworker or just a person interested in the craft, feel free to come and explore the possibilities. The Culture Department has carved cedar canoe paddles and made traditional tools, salmon stakes, miniature canoes, etc. with cedar. Feel free to collect good pieces and take them home for other projects. You can expect most of the necessary tools and equipment to work with on site (hand saws, splitting wedges, draw knives, sawhorses, etc.). Cultural staff will be on site to assist. If you're unable to take the cedar home that you were working on that day, you'll have until Jan 6th to pick it up. If you're unable to come carve on December 3rd but are interested in acquiring cedar for a cultural project, then please feel free to contact Mark Petrie or Jesse Beers. The cedar must be picked up by January 6th at the latest and is first come first serve. Please RSVP for the Dec 3rd event to Mark Petrie @ (541) 888-1318.



Photograph courtesy of Mark Petrie

Restoration

...continued from cover page

already gathered together. In the Tribal Community Center at noon, Chairman Mark Ingersoll shared some opening remarks about Restoration.

"Restoration refers to something torn apart then put back together, better than before. We are proof that we were never torn fully apart... Let's [continue to] work together and raise our children. Let's educate them to the highest levels. Let's care for our Elders. Let's house and feed our less fortunate. Let's prosper together. Let's help the other Tribes and communities that need our help."

After Chairman's opening remarks, Council member Doc Slyter then played a song he wrote, "Three Rivers", on one of the wooden flutes he had made. His flute playing is a wonderful way to celebrate the moment, and enjoyed by all.

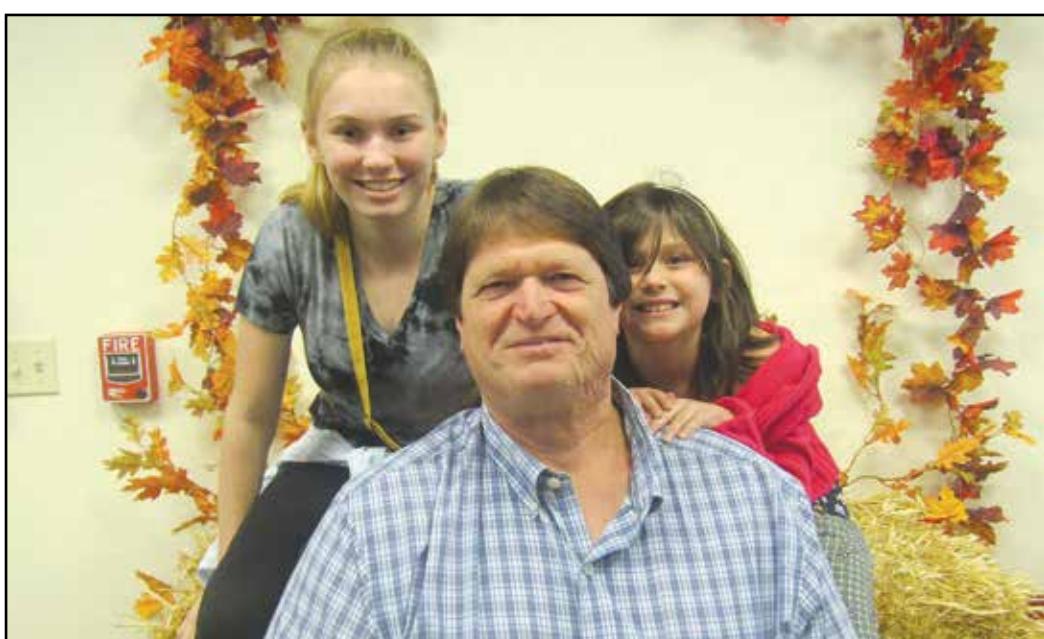
Chairman Ingersoll then made a special announcement and invited up honored guests from the South Coast Land Conservancy Board; Margie Ryan, Dr. Janet Hodder, Jamie Fereday, and Mike Graybill. The South Coast Land Conservancy Board were integral in the return of Fossil Point lands to the stewardship of the Tribe. They were each gifted by Tribal Council with a Pendleton blanket to show our appreciation of their generosity and keeping us in their thoughts

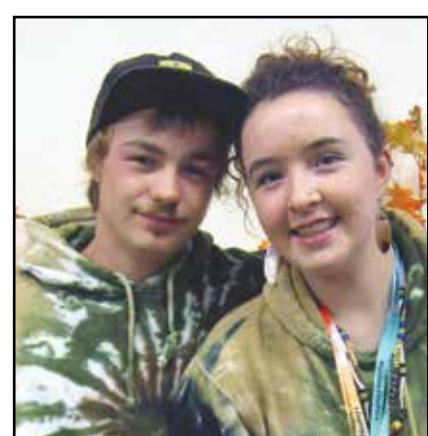
To keep the generosity flowing, members of the Canoe Family who traveled on this year's Canoe Journey: Paddle to Nisqually, gathered together, spoke briefly about their experience on Journey, and shared three songs, one of which was created on Journey. They then gave out Canoe Journey T-shirts to everyone who went on the Canoe Journey this year, the design of which shows the bow of the canoe breaking of the waves of the ocean, with a salmon jumping, and the canoe has all styles of paddles coming from it to show the uniqueness of the traditional styles that Tribal people have as well as the modern styles we incorporate today while honoring our traditions.

Tribal Elder George Barton then led us in an invocation before we shared in a feast together prepared by Cook Joe Barton. Elders and Honored Guests were invited to fill their plates first with the wonderful turkey, mashed potatoes, squash and other delicious treats while everyone visited amongst family and friends.

Following the meal, Tribal members enjoyed a number of activities lead by various Tribal Departments. The Housing Department helped the youth, and those young at heart, make delicious caramel and chocolate covered apples, Enrollment took and printed family photos to commemorate the day, Purchase and Referred Care staff were available to help Tribal members fill out their PRC applications, The Department of Natural Resources and Culture staff made fabulous soaps and cedar boughs, The Dental Clinic had a fun "spin it to win it" game with lots of fun prizes, Family Services helped the youth paint fun, festive, autumn trees, Tribal Court made talking sticks, the Education Department made beautiful glass candle holders, and the Planning Department had information available about the Healing of the Canoe Program, the Small Business Incubator Program, and had a chance for Tribal member to enter into a drawing if they filled out a brief survey. The Communications team was also available to help Tribal members register and get full access to the newly updated Tribal website.

Thank you to all the Administration Staff and Departments that came together to put this event on, without your hard work this would not have been possible. And many thanks to all those who came and celebrated together. We hope to see you again soon!





Talking Circles

Contributed by Scott Slyter, Culture Committee Chair

Greeting tribal members! The Culture Committee will be holding quarterly talking circles starting this January 8th following the regular Council meeting at 1:00 pm at Tribal Hall. These talking circles will be a way for tribal members to solve problems, discuss issues, and to allow us to express ourselves with complete freedom. Like our canoes, it is a place of positivity and good thoughts. No negativity or bad thoughts are allowed. The talking circle is a sacred and private place where you can talk freely and everything that is discussed in the circle, is to stay in the circle. Our main goal is to provide a SAFE and POSITIVE meeting place where everyone can talk and discuss in a **PEACEFUL** manner.

Another one of our goals, to be able to set up Talking Circles whenever they are needed and for anyone who would like one. Maybe you have questions/comments/concerns about tribal affairs but not sure who to ask? Perhaps you need a mediator? Or want to hear the opinions of others? Or maybe just need someone to talk to? Not sure what to talk about? The Culture Committee will have a list of topics that we can discuss if needed. No matter how big or small the topic, we can work together and come up with a peaceful solution.

Dates, times, and locations are subject to change, so be sure to read the newsletter and check the tribal website, www.ctclusi.org for updates or contact Scott Slyter at sslyter@ctclusi.org for more information. Snacks will be provided, and (hopefully soon) there could be frybread?!? Thank you for your time and come join us in January!

Youth & Adult Fitness Program 2016 Reminder

All 2016 receipts must be turned in for reimbursement by Friday, January 13, 2016

2016 receipts or reimbursement requests will not be accepted after the deadline.

If you have questions, please contact Dee Dee Plaep at 541-997-6685 or dplaep@ctclusi.org

Elders Honor Day Planning Meeting
Thursday, December 8th
12:00 p.m. at Tribal Hall
For More Information
Contact Andrew Brainard
at 541-888-7533

Welcome New Tribal Elder
Angela Bowen



PARENTING WORKSHOP

PRESENTED BY THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS FAMILY SERVICES DEPARTMENT



When:
 Tuesdays-
 November 15th
 November 22nd
 November 29th
 December 6th

Time: 5:30-7:30pm
Location:
 CLUSI Tribal Community Center
 338 Wallace St.
 Coos Bay, OR 97420

Childcare & Meals Will Be Provided

RSVP is required for participation

Please **RSVP**
 with
 Meagan Davenport at
 (541) 888-6169
by Wednesday November 9 2016



Prevention Activity Beading & Paddles

Prevention Topic: HOC (Healing of the Canoe) & Canoe Journey
 All Tribal Members and the Families of the
 Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
 are eligible to attend.

Choose one location only.

You must RSVP by the date indicated for the location you chose.

JANUARY COOS BAY

Saturday, January 14, 2017
 Tribal Hall
 338 Wallace, Coos Bay OR
 For Beading, Necklace Making
 & Paddle Making
 10:00 AM to 2:00 PM
 Please **RSVP** by Tuesday,
 January 10th.

FEBRUARY SPRINGFIELD

Saturday, February 11, 2017
 Chifin Native Youth Center
 1084 G street Springfield OR, east entrance
 For Beading, Necklace Making
 & Paddle Making
 10:00 AM to 2:00 PM
 Please **RSVP** by Tuesday,
 February 7th.



RSVP Line:
541-435-7155

or toll free
1-888-365-7155



We will be providing:
 Snacks
 Beads, Necklace Making
 Supplies & Paddles Blanks



Sponsored by:
 Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians Prevention Program, Family Services, Health & Human Services Division & The Culture Department

Elders Corner

ELDER SPOTLIGHT OF THE MONTH - October 2016

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. If the next Elder on the list chooses to participate they will be interviewed for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. **Thank you Elders!**

Contributed by Andrew Brainard, CHR/Elders Activities Program Coordinator

Warren "Tom" Brainard

Tom Brainard is from the Miluk Coos Tribe. Tom's parents, Roy R. Brainard and Marie I. Elroy had six children, including him: daughters Jean Bouman, Florence Garcia and Madeline Knowlton and sons Roy O. Brainard and Chief David Brainard. Tom's grandfather, William Henry Brainard was lost in 1912 when his mail boat, the North Star, capsized. Tom's grandmother, Abigail Elliot Brainard, then married Joe Taylor. Tom was born in Eugene, Oregon, in 1938 but has lived his life in Coos Bay, Oregon. He attended Eastside Elementary, graduated from Marshfield High School and attended Southwestern Oregon Community College for a year. He and his wife Janet Brainard have been married for 56 years and have two sons: Thomas E. Brainard and Roy D. Brainard. They also have three grandchildren: Andrew K. Brainard, Michael S. Brainard and Alycia T. Cossey. Tom and Janet have one great-grandchild, Langston C. Brainard.

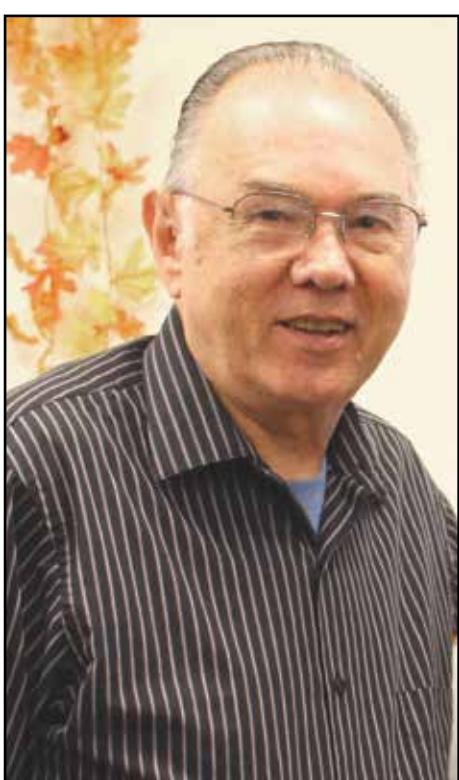
Tom worked for Georgia Pacific for 22 years, Weyerhaeuser paper mill for 12 years, Accra Print for 6 years and Roseburg Forest Products for 5 years. Janet has spent 9 years cleaning for numerous doctors here in the Bay Area, 3 years with Millicoma Middle School and half a year at JC Penney's.

Mr. Brainard enjoys bow hunting, fishing, camping, gardening, reading local history and has been a part of the local Rivermen's club for 40 years. He has spent 21 plus years on the Enrollment Committee, 2 years on the Gaming Commission, and one year on the Elders Committee all of which he still commits his time to.

Tom enjoys the Oregon Ducks, Oakland Raiders and follows his local Marshfield Pirates. He prides himself and is known for being a Christian for 21 years, and is a continuous Elder at the Church of Christ in Coos Bay, Oregon.

He and Janet enjoy going to Bend and Eastern Oregon for vacation to visit family and to go hunting. They also like to go camping up the river in Alleghany, Oregon.

One thing Tom would like to see the Tribe do in the future is for Elder's spouses to receive more benefits.



Tom Brainard

Contributed by Andrew Brainard, CHR/Elders Activities Program Coordinator

Wanda Hughes Williford

Wanda was born on May 4, 1935, at a home that was located on the property where the Coquille Indian Tribe Administration building now sits. Her parents were Florence Mae Lambert (Coos) and Eugene Hughes. She is a descendant of Caroline Evans, a Hanis Coos woman, who was on the 1940 rolls for the Coos. Caroline was a Roseburg allottee and her allotment was on the ocean side of the Cape Arago highway and just past Sunset Bay, now a part of Shore Acres State Park. She was the daughter of Ixu'mta (Coos) and Kistooli (Lower Umpqua). Caroline's youngest daughter, Susie was Wanda's great-grandmother. Susie's father was "Tenmile Charley" Nate, an Alsea man. He and his sister, Jane Baxter, were Alsea/Nestucca.

Wanda's grandparents were Dora Evelyn Goodman (Coos – daughter of Susie) and George Joseph Lambert.

Wanda and John Williford have been married for 61 years. They have three daughters: Vicki Faciane, Wendy Garcia and Jacquie Armstrong. They have four grandchildren: Cori Kelly, John Faciane, Ashley Faciane and Amanda Craig. They have one great granddaughter, Samantha Kelly. They met when John was stationed at the old North Bend Air Station. They moved every couple of years throughout John's Air Force career, living mostly in the South and West. They also lived on Clark AFB in the Philippines twice in the mid to late 1960s.

After retiring from the Air Force in 1976, John went to work for the FAA. He retired from the FAA with 42 years of government service. They moved from Slidell, Louisiana to Cold Bay, Alaska. They remained in Alaska until 1994, living in Cold Bay, Bethel, Eagle River, Fairbanks and Anchorage. Wanda retired from Banking Manager of Alaska USA Federal Credit Union in Bethel. In 1994 Wanda returned home to help her mother and Aunt Safronia Erickson in their later years of life. From 1994-1999 Wanda followed her passion with cookbooks and published a newsletter, Cookbooks of America. Currently she is co-owner of Native American Technology Corporation (NATECH), for which she is also CEO and Chairman of the Board of Directors.

Wanda enjoys embroidery, reading and collecting cookbooks. Wanda has donated many of her beautiful embroidered tablecloths for various Tribal events, including one each year for Elders' Honors Day. She was on Tribal Council and is the only woman who has served as Tribal Chair for our Tribes. She has also served on the Elders Committee, Enrollment Committee and 9 ½ years on the Gaming Commission. Although she has no time for taking vacations, Wanda particularly enjoys celebrating her birthdays.

What Wanda would like to see for the future of the Tribe is more dental coverage for elders, orthodontic care for children and for the Education Department to provide laptops for kids starting college.



Wanda Williford

Tribal Members Art Featured in Augen Gallery, Portland

Contributed by Sara Siestreem

Tribal member Sara Siestreem was the first of several upcoming printmaking residencies that will culminate in a 2018 exhibition at the Missoula Art Museum of works created at Matrix, surveying contemporary American Indian approaches to abstraction. Here is a portion of her artists statement for her exhibit THANKS GIVING / GIVING THANKS.

"...It represents a militant pacifistic approach to push back against this systemic oppression suffered by the people and the land.

PRAYER: In this image I use my hands in fists holding red cedar bark. The fist is a symbol of resistance and claiming power which I call a prayer. Red Cedar is a spiritually significant, high status plant to Indigenous people in the Pacific Northwest.

NON-VIOLENT: In this image I am using the "hands up" pose showing my open palms. In this image the cord of my huckleberry basket, also made with red cedar bark is wrapped around my hands. This represents the bondage created through birth into an oppressed people. What should only bring joy is dangerous

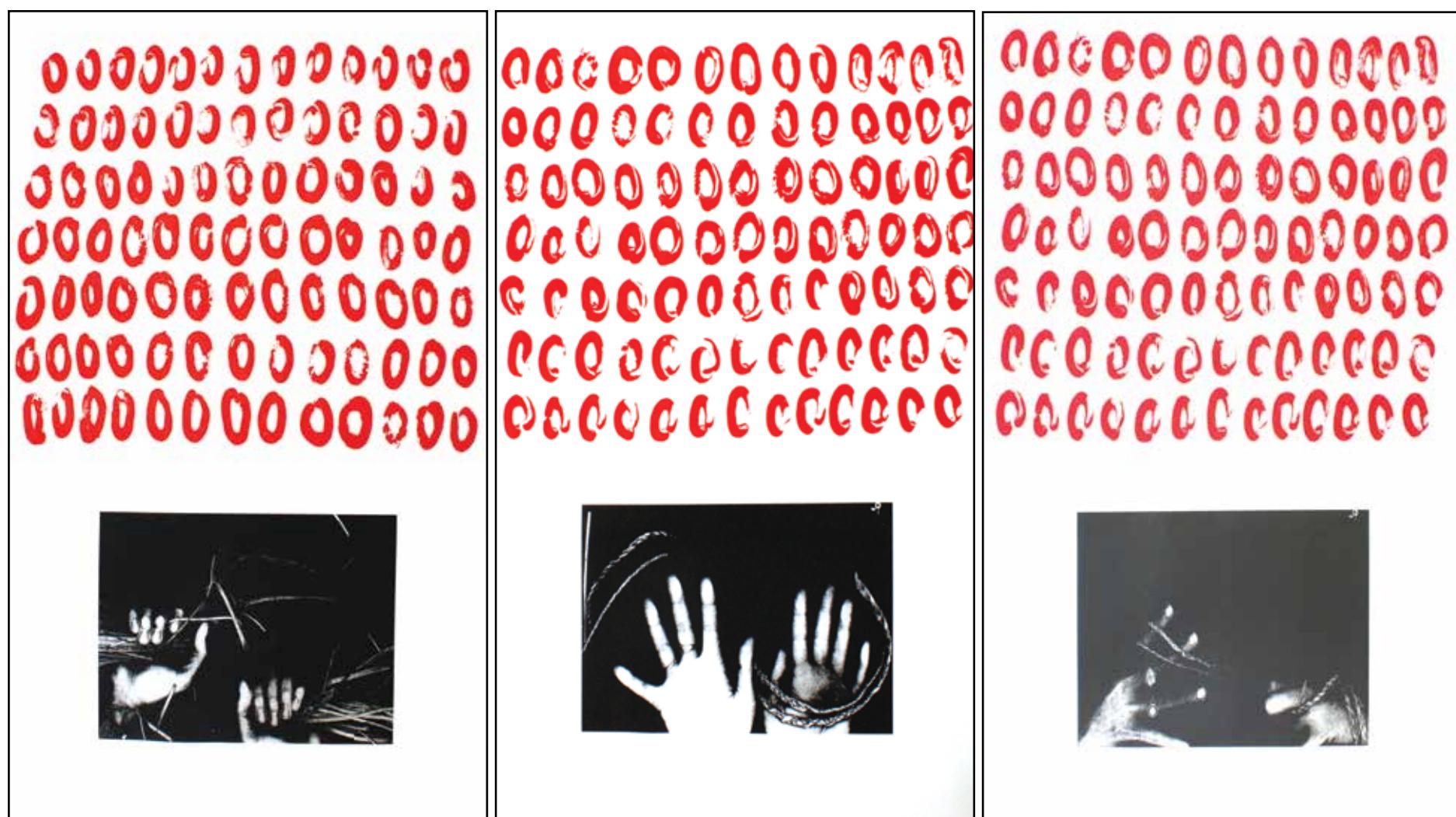
in our society.

UNARMED: In this image my hand holding an invisible gun. This represents a non-violent, unarmed approach to resistance. The cord is again present.

Each image is coupled with a matrix of red circles. In my work these circles are included to universalize the message; they occur in all cultures and all through nature, holding varied significance. I invite all people in through this symbol. Red represents power and Indigeneity, pointing to Indigenous strategies of land management and leadership.

...This work is my thanksgiving celebration, a feast I share with all of you. I am expressing gratitude to the land and our fundamental relationship to it. I am giving thanks to those who conspired all through time to put us here today. Lastly, it is a public invitation to give thanks to those who are on the front lines, pushing back for all of us."

To read Sara's full artist statement please visit <http://www.matrixpress.org/sara-siestreem.html>



PRAYER

NON-VIOLENT

UNARMED

Tribe Welcomes New DHAT Coordinator/ Dental Program Assistant

Contributed by Vicki Faciane, Health and Human Services Director

Please join us in welcoming Jamie Meyers as our new DHAT (Dental Health Aide Therapist) Coordinator/Dental Program Assistant. She will be working in the dental clinic on the DHAT project, as well as performing front office duties including scheduling and billing for dental services.

Jamie was born and raised in the Coos Bay/North Bend area. She has a diverse background working in medical offices, retail businesses and property management. As a single mother of two, Jamie worked full-time while obtaining her Associate degree, as well as a Bachelor of Science in business management. She is looking forward to the opportunity to work for the Tribes and learning more about our culture. She is self-motivated and a great team player.

Outside of work, Jamie is recently engaged and she just purchased a home. She spends her time working on her new home and spending time with her family exploring all the beautiful Oregon Coast has to offer.



Jamie Meyers

Tribal Elder Brenda Brainard's Cedar Work Featured in Gallery

Contributed by Brenda Brainard

Tribal Elder Brenda Brainard's cedar work is currently being featured in the Emerald Art Center gallery in Springfield, Oregon. She has woven a lamp, a purse and a flapper hat. All of her items in the show are made with Red and Yellow Cedar. The items will be shown all month and a gallery reception for the artists was held on November 11, 2016.

Planning to go see the show? You can visit the gallery Tuesday - Saturday, from 11:00 a.m. - 4:00 p.m. at 500 Main Street, Springfield, Oregon, 97477.



Tribe Hosts Annual Pink & Blue Celebration

Contributed by Doug Morrison, Community Health Representative

This year's Annual **Pink & Blue** Celebration was all about Prevention and Awareness.

There were several vendors on hand representing the American Cancer Society, Veterans Administration, the Northwest Tribal Comprehensive Cancer Program, CTCLUSI Dental Clinic, CTCLUSI Family Services, CTCLUSI Prevention, CTCLUSI Purchased and Referred Care and Western Lane Ambulance. There was also a Station with information on how germs spread and proper hand washing techniques to help stop them.

Our morning started with registration and an opening prayer offered by Chief Warren Brainard. We had a brief welcome to all in attendance and then went right to our Guest Speakers.

The first speaker, Rick Dancer, was a former Coos Bay and Eugene area News Anchor who is a prostate cancer survivor. His story was riveting with moments of humor but lead us on an inspirational journey for all that listened.

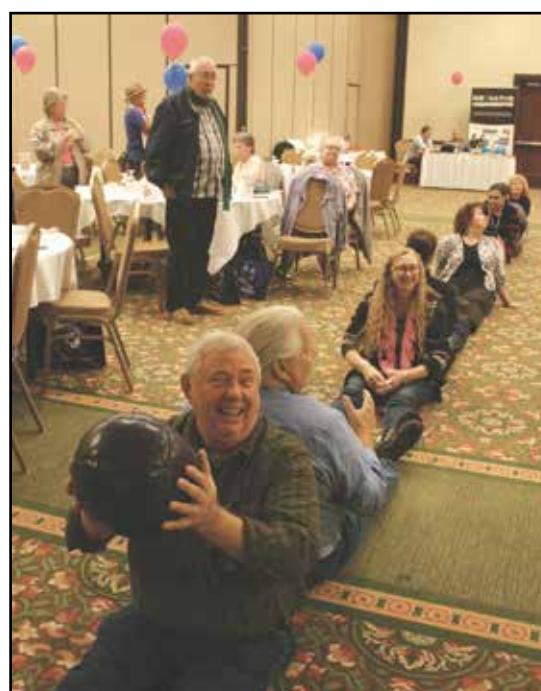
The next speaker was Misty Heaton via video. Misty is our own Starla Brown's (Purchased & Referred Care Specialist) sister who is a breast cancer survivor. The video walked us through Misty's many struggles and victories during her fight with cancer. And we are happy to announce she is currently in remission. The Veterans Administration also provided a video covering many aspects of health care for veterans.

Things got a little sweaty after that with an absolutely Fun Filled Fitness and Stretching session led by Dee Dee Plaep from the Florence Outreach Office followed by a "Pink & Blue Glove Dance" that got everybody up and moving...even Rick Dancer, who was living up to his namesake. (By the way...rumor has it that there might be a video of this.)

Following the exercise we sat down to a wonderful lunch that was catered by the Three Rivers Casino & Resort. After lunch, we held a candle lighting and moment of silence in remembrance / honor of those who are battling or who have succumbed to cancer.

Finally, it was time for the Raffle to begin. There was several fitness related items given away and the grand prizes were a Fit Bit and a Nutribullet.

Thank you to all vendors and all that attended for making this year's Pink & Blue Celebration a great success!



2016 Wellness Fair

Contributed by Debbie Will, Human Resources Coordinator

The Department of Human Resources would like to thank everyone who participated in or visited the 2016 Health and Wellness Fair. This year's event, which focused on healthy eating and work/life balance, was a huge success!

The event included two separate Wellness Fairs. The first Wellness Fair on October 26th was located at the Community Center in Coos Bay. Staff and Tribal members were invited to attend this event between 10-3 pm. All who attended enjoyed a soup and chili lunch. In total 16 vendors participated in the fair and over 80 visitors attended. The second wellness event was held at Three Rivers Casino Resort in Florence on October 27th. The Florence event featured 26 vendors and was open to the general public.

One of the highlights of this year's Health and Wellness Fair was the Culinary Challenge. Two separate competitions were held, one in Coos Bay and the other in Florence. Before the event, teams were given the opportunity to meet and plan a strategy. The challenge was not knowing what items would be in the pantry to prepare two different dishes within a 60 minute time frame. Teams were given the ability to use three different proteins: beef, chicken, and fish. Dishes were judged on presentation, eye appeal, texture, spiciness, flavor, use of pantry and proteins.

The competition in Coos Bay was between Staff from the Tribal Government and Team Members from Three Rivers Casino Resort Coos Bay. The Tribal Government team included: Mark Petrie, Amanda Craig, Sharon Arnold, Jennifer Stephens, Nancy Spray and Meagan Davenport. The team from Three Rivers Casino Resort Coos Bay included: Megan Medina, Cindi Peters, Lisa Miranda and Shelly Barrett. As the competition unfolded the fragrance of their creations filled the air of the Community Center making everyone present hungry. Teams were animated and cheerful as they presented the judges, Chief Warren Brainard and Tribal Vice Chair Teresa Spangler beautiful plates of food. In the end victory went to the Team from the Tribal Government. The winning team received first place aprons and a trophy to display proudly.

The competition in Florence was between Team Members from four departments within Three Rivers Casino Resort. The



four teams were:
Team Teresa: Rebecca Kase, Shalynn Wittman, Tom Thomas, and Barbara Colborn.
Team David: David Clark, Jim Lawson, Mel Samel, and Kim McDaniel.
Team Cliff: Ray Lynch, Lotu Tupua, Lindsay Whatley, and Scott Anderson.
Team Rich: Rich Colton, and Elizabeth DeGuire.

Set on center stage for all fair goers to see, the teams created artful, healthy offerings for the three judges to evaluate. The judges for the Florence competition included: Hank Costello, Joy Derosa, and Mike Downing. In the end victory went to Team Teresa.

Once again Thank you to everyone who participated in the event and we hope to see you at next year's Health and Wellness Fair.



Springfield Veterans Day Parade

Contributed by Chief Warren Brainard and Marjene Brainard

The 17th Annual Veterans Day Parade in Springfield, Oregon was held under beautiful sunny skies. Our Tribal Honor Guard once again lead the entries to the reviewing stand were flags representing the Tribe, the United States of American, Oregon State and POW were placed.

Leading the parade was the Confederated Tribes Honor Guard consisting of Chief Warren Brainard, Skip Brainard, Patrick Brainard, and Kip Brainard. Springfield Mayor Christine Lundberg, a US Navy Veteran, opened the proceedings where she and Dan Rupe, Tribal Veteran's Affairs Official, took turns announcing entries.

Willamette Leadership Academy participated, including dozens of marching cadets and SGM Jim Brainard. They were impressive by their sheer number and marching abilities as they marched by chanting in front of the reviewing stand. The Academy takes 6th to 12th grades as is part of the Springfield School District. The young adults come from Albany to Drain to attend both Middle and High School.

Riding with the many motorcycles was Chris Turner, veteran, and his wife Taunya Brainard Turner.

The Tribe has participated in this parade since it was founded although in the past, some Tribal members have attended and even been named Grand Marshall, the Tribal presence has declined over the years and now consists of one family representing the Confederated Tribes of Coos, Lower Umpqua, & Siuslaw Indians. Anyone who may be interested in helping to show the community that although Springfield is not our home lands, it is now our HOME, and as a Tribe we Support our men and women in arms, please contact Chief.



Have You Considered a Career in Accounting?

Contributed by Stephanie Watkins, Director of Human Resources

Picking a career field or job can be a big decision. With so many options to choose from I thought this would be a great opportunity to highlight one career field utilized by Tribal business enterprises, Business Finance. Accounting is the department that oversees all monetary transactions of a business. This includes daily processes such as accounts payable, payroll and grant tracking. Additionally, the Finance Department is responsible for assessing the financial health of an enterprise and communicating the data through monthly and annual reporting.

Accounting positions are very structured. All functions flow on a consistent set of rules and processes defined on a global level. The benefit of this is a continuity of job requirements from one company to another. As a result, applicants know what to expect when they accept an accounting position. Another byproduct of a unified industry structure is compensation and job availability. Accounting professionals have confidence in knowing that no matter where they are located there will be a certain number of positions available and a fairly consistent salary grade associated to the various jobs within the field. All companies have someone managing the financial applications of their business. For example, within the Tribal enterprises there are seventeen finance based positions at the Casino(s), six at the Government Office and one at Blue Earth. There are often clear levels and structure for growth and advancement within a finance department. The larger the company the more opportunity.

"Accounting professionals have confidence in knowing that no matter where they are located there will be a certain number of positions available and a fairly consistent salary grade associated to the various jobs within the field."

Skills needed for finance professionals are organization, data entry and a comfort working on a computer. Positions vary by level of responsibility from clerk to Chief Financial officer. Education requirements for accounting positions can include certificate programs, AA degrees, Bachelors or even Masters.

Choosing a course of education in Accountancy does not limit your choices. Did you know many jobs require a basic understanding of business finance? Managers are often called upon to produce annual budgets and work within them. If your career path is unclear, consider accounting as a baseline. A good understanding of business accounting principles is an important and valuable skill. The American Institute of Certified Public Accountants (AICPA) summarized it best in its

newly issued pamphlet: "Accounting: The One Degree with 360 Degrees of Possibilities."

If you would like help exploring your educational and career options please contact me at 541-902-6502 or on my cell at 541-999-1360.

On a final note, did you know famous musicians Kenny G and Mick Jagger have degrees in accounting along with author John Grisham? So I encourage you to consider the possibilities.

Nick Mathew Takes on New Role in Waste Water

Contributed by Pam Hickson, Recruitment Specialist

Nick Mathew, a member of the Coos Tribe, began a new career with the Tribe as a Waste Water Plan & Water Systems Trainee in Florence on October 24.

Nick is no stranger to working for the Tribe. He began his work history as a Facilities Summer Team Member at Three Rivers Casino Resort in Florence in June 2009 where he worked with the Maintenance Department. After that summer assignment ended, he continued working On Call at the Florence Casino in various departments including Environmental Services and Events. In

November of 2009, Nick took a permanent

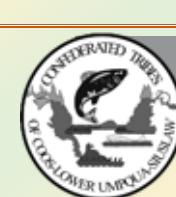
position with Three Rivers Casino Resort as a Receiving Clerk where he worked for several years. Then, Nick accepted a position in May of 2012 as a Maintenance Technician 1 back in Facilities where it had begun.

As a Maintenance Technician, Nick has had a unique opportunity to partner with the Waste Water staff to assist in projects. Nick states that although he will miss the daily interaction with the friends he's made at the Casino, he is excited for this new opportunity and sees it as a long term career choice.

In his free time, Nick loves being outdoors. He enjoys fishing, yearly elk & deer hunting, as well as dirt bike and ATV riding with his girlfriend.



Nick Mathew



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

[Three Rivers Casino Resort ~ Florence](#)
 Bartender ~ Beverage Server
 Food Server ~ Buffet Cashier ~ Host
 Busperson
 Line Cook ~ Night Cook/Cleaner
 Dish Machine Operator
 Guest Room Attendant
 Environmental Services Technician
 Table Games Dealer 5-8
 Slot/Keno/Bingo Attendant
 Special Events Team Member

[Three Rivers Casino Resort ~ Coos Bay](#)
 Casino Team Member
 Line Cook

[Blue Earth](#)
 No openings at this time

[Tribal Government Offices](#)
 Special Events Employee (Assignment Varies)
 Behavioral Health Specialist (Coos Bay)



<http://ctclusi-int.atsondemand.com/>
 Go to **Job Opportunities** on the website for full job posting and to Apply Online
Updated Daily
 Or call Recruitment at 541-902-6504

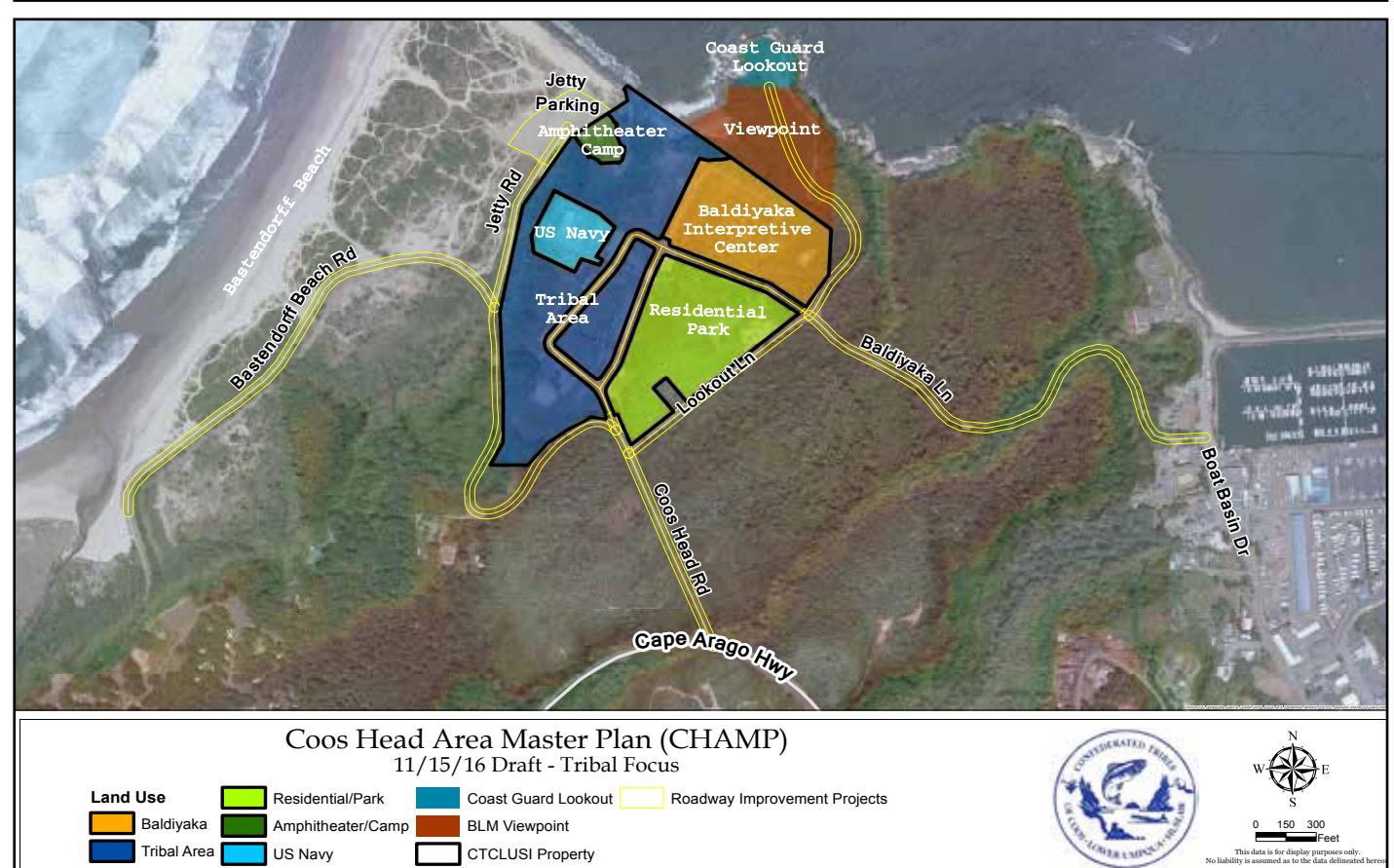
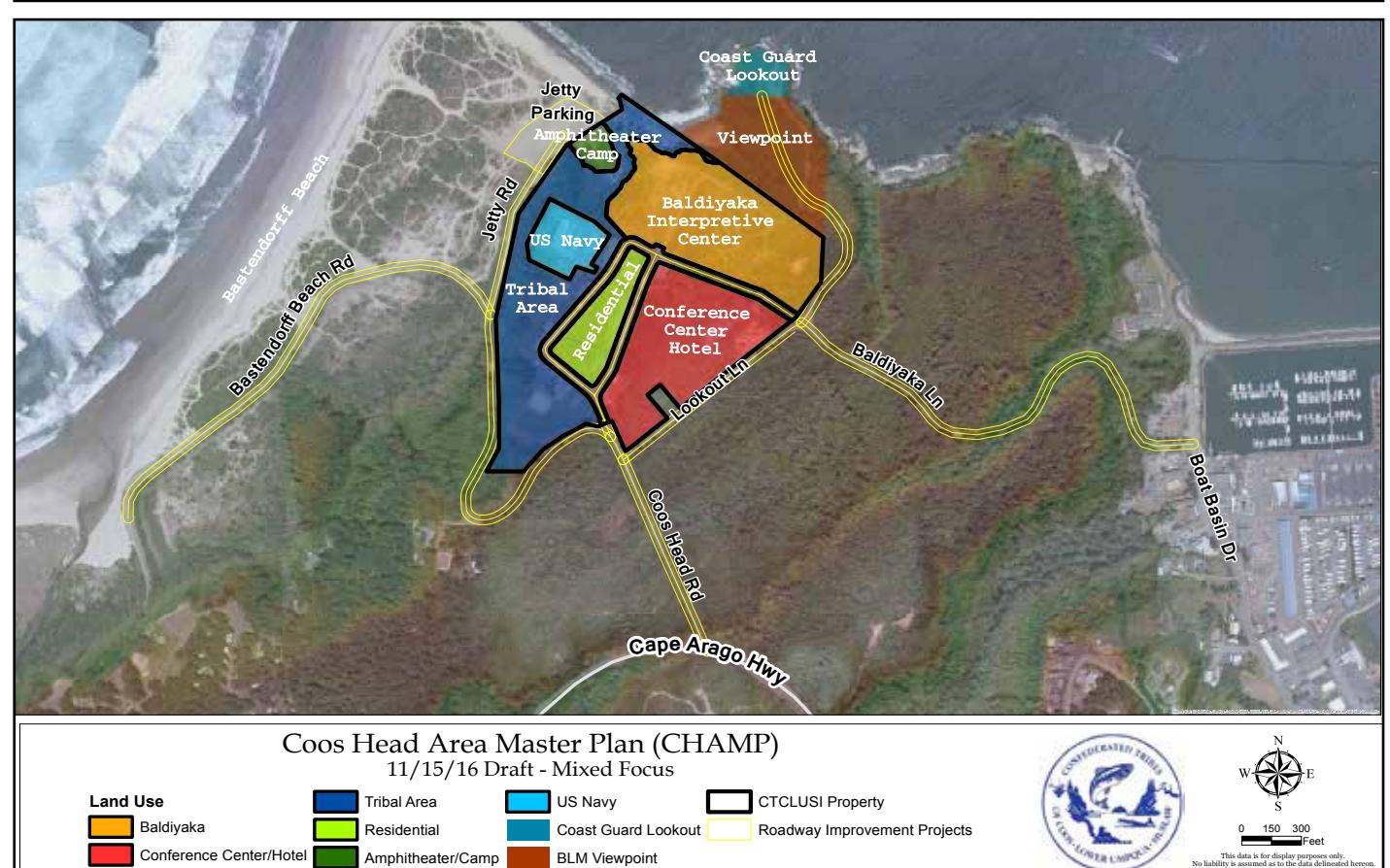
CHAMP ALTERNATIVES DEVELOPMENT PHASE PROGRESSES

Contributed by Jeff Stump,
Planning Director and
Zach Flathers, Assistant Planner

Development of the Coos Head Area Master Plan (CHAMP) alternatives continue. The foundation for the CHAMP alternatives development is the Coos Head Land Use Concept Plan, A Vision for Seven Generations. The Baldiyaka k'a Master Plan and Coos Head Feasibility Study have been key as well in the crafting of the three current land use alternatives. Tribal member input and feedback will help us determine which alternative is chosen as the preferred alternative early next year. The preferred alternative will be the centerpiece of the final version of the Coos Head Area Master Plan (CHAMP).

The three CHAMP alternatives or concepts developed correspond with the three distinct uses initially identified in the 2008 Coos Head Land Use Concept Plan. The selection of a preferred development alternative will allow the Tribes to move forward on a more specific development plan for Coos Head. Specific funding requests or applications require a more detailed development plan. It is very important that tribal members provide feedback and guide the Planning Department in developing these alternatives. No final decision has yet been made but time is running out. The preferred alternative will be the only option further developed. Please contact Director of Planning Jeff Stump (phone: 541-888-1305 e-mail: jstump@ctclusi.org) or Assistant Planner Zach Flathers (phone: 541-888-9577 e-mail: zflathers@ctclusi.org) to provide feedback on these alternatives before the end of the year.

To ensure that CTCLUSI and tribal members enough time to provide feedback, the advisory committee and public meetings have been rescheduled from December to January. Remember to keep an eye out for notices in your mailbox about upcoming Coos Head meetings for tribal members.



Ready, Set, Start Your Business – a 2-Hour ‘Starter’ Class

Contributed by MJ Koreiva, Business incubator Manager

Are you interested in starting a small business but are not quite sure where to start? Would you like some help in understanding the basics?

Ready, Set, Start Your Business is a 2-hour class being offered during December and January at SWOCC’s Small Business Development Center, located at 2455 Maple Leaf in North Bend.

In this ‘starter’ class, you’ll learn about the critical ‘first steps’ that everyone faces when considering starting a new business. This 2-hour class includes information about:

- Permits & Licensing
- Personal readiness checklist
- Defining a business structure
- Doing business planning
- Financing a business

The cost is only \$20. And we can help by underwriting the tuition fee. First look at the schedule of classes and then determine which

one works best for you. There are 3 different dates in December and 4 different dates in January for you to choose from.

Once you have figured out the class that works best with your schedule, contact MJ Koreiva: (541) 888-9577 or email: mkoreiva@ctclusi.org and we’ll get you signed up for the class.

December 2016 class selection:

Thursday December 8th from 1 pm – 3 pm
Wednesday December 14th from 5:30 pm – 7:30 pm
Tuesday December 20th from 10 am – 12 noon

January 2017 class selection:

Wednesday January 4th from 1 pm – 3 pm
Thursday January 12th from 10 am – 12 noon
Wednesday, January 18 from 5:30 pm – 7:30 pm
Tuesday, January 24 from 3 pm – 5pm

This 2-hour class is a great way for you to learn more about the basics of starting your own business. Let us know if you are interested in signing up.

Made At The Kitchen Table

Workshops Teaching Self-Employment Skills for Tribal Artisans

Contributed by MJ Koreiva, Business incubator Manager

Mailing You a FLYER and REPSONSE CARD - We Want to Hear from You!

Across rural Oregon there are hundreds of individuals producing a wide array of hand crafted products in their homes. In general, these ‘hobbyists’ don’t view their craft as a business. *Made at the Kitchen Table* was inspired by these hobbyists and is designed to help them turn their efforts into a business, creating a level of self-employment for themselves and their households through the sales of their hobby products. Through this program, these ‘kitchen table’ artisans are able to learn the fundamentals of producing and selling their hobby. Although the workshops are designed for crafters and artisans, the program provides valuable assistance to people starting a small service business as well.

Workshops: The *Made at the Kitchen Table* (MKT) workshops provide people entering self-employment with assistance to be successful in many ways: analyze their household budget, set savings goals, estimate the production costs, develop quality production standards, manage cash flow for inventory and set selling prices. They will be introduced to ideas on how to market their MKT products and how to co-market with other producers.

Made At The Kitchen Table

MKT Quality Control Team & Brandings: During the training, participants will be encouraged to set up class member teams to encourage each person to individually set quality standards. Teams completing the workshops will be eligible to use the *Made at the Kitchen Table* brand for marketing their products. **How Many Workshops?**

There are a total of **6 workshops** that will meet **once a month** over the course of 6 -7 months.

Each workshop will be **3-hours in length**, for a total of 18 hours of training.

Workbooks will be provided for each participant for all workshops.

Workshop Subjects:

1. Back of the Napkin Analysis
2. What Does it Cost & What Must I Charge?
3. Cash, Inventory & My Empty Pocketbook
4. Your Quality Product
5. How to Market to the Market
6. Cooperate, Collaborate and Co-Market

How Much Time Will Be Spent Outside of the Workshops?

Participants should plan to spend 1 -2 hours outside of class each month doing research that relates to the workshop topic.

Who Should Attend?

People who produce items they think might have a market they could sell to.

People who have produced items in the past and might be interested in again producing if they had a market to sell to.

People seeking self-employment options, either knowledge based or providing a service.



If you are interested in participating in the *Made At The Kitchen Table* workshops, please LOOK FOR THE FLYER IN THE MAIL, THEN PLEASE FILL OUT THE RESPONSE CARD AND MAIL IT IN.

If you have any questions please contact: MJ Koreiva, Small Business Incubator Manager.

Call: (541) 888-9577, or email: mkoreiva@ctclusi.org

The Benefits of Part-Time Employment

Contributed by Mike Smith, Training & Development Specialist

A great avenue for supplemental income and additional work experience is the Tribe's On Call Special Events program. This program allows Tribal Members, and their spouses or domestic partners, the opportunity to assist with various Tribal events, special assignments, or staff outages that occur throughout the year. For more information, or to apply, please visit us online at www.ctclusi.org/hjobopportunities.

Part-time jobs offer flexibility, extra income, and the chance to advance in a new career, but they're not right for everyone's career path. Learn who benefits from part-time jobs, and decide whether this is the right choice for you.

Students

Whether you're pursuing a two-year degree, a four-year degree, or a graduate degree, focusing on school is important. Part-time jobs take away from the time you could be studying, but they offer a range of benefits that often outweigh the negatives. Whether you take a job as a retail sales associate or a bartender, part-time work helps you learn skills such as budgeting and time management. You'll also gain experience that can help you get a head start on your career.

Parents

From school drop-offs and extracurricular activities to sports tournaments and sick days, the demands of being a parent can make keeping a full-time job truly challenging. Many part-time jobs offer flexible schedules that help you achieve a healthy work-life balance while still supporting your family. If you're planning to look for a full-time job again once the kids get older, a part-time job can help you maintain important contacts in your industry.

Location-Bound Workers

It isn't always possible to find your dream job in a specific location, especially if you live in a small town or a remote area. In some cases, you may have to choose between working a part-time job in your area, or taking a full-time job that requires a substantial commute. Since time is money and commutes can be expensive, taking a part-time job in your area could benefit your bank account and your resume.

Creatives

When you have a creative personality, you excel at thinking outside of the box and doing things differently. Those qualities can help you get ahead, but they can also make full-time jobs seem stifling. Whether you're a writer, a web designer, a marketer, or an entrepreneur, working one or more part-time jobs enables you to stay creative without slowing down your energy.

Career Changers

Leaving a less-than-ideal job behind and starting a new career isn't easy. It's especially tough if you only have limited experience in your new industry. Landing a part-time job can give you the ideal opportunity to get your foot in the door. Taking on an exciting new side gig also enables you to pursue your passions and do something you love while making money at the same time.

Retirees

If you've been working hard for decades, retirement gives you the chance to take a much-deserved break. Making the transition from a long, successful career to a relaxing retirement, however, has its own set of challenges. Whether you miss the regular interaction with coworkers or the sense of accomplishment after doing a job well, taking a part-time position can help you regain those feelings. If retirement is causing a serious strain on your bank account, part-time work can give you some much-needed spending money, too.

Part-time work might not be the right decision for everyone, but it might be a smart choice for you. If you're a student, a busy parent, or a millennial with a new career in mind, taking a part-time job makes a lot of sense.

Content taken from "Who Benefits From Part-time Jobs?" © 2016 CareerBuilder, LLC. Original publish date: 10.25.2016

Spring Break Activity Camp

March 27th–March 31st, 2017



We Have New and Exciting Activities Planned for a Week of Fun Adventures!

Call for more information



Register for camp by
**4:00 p.m. Wednesday,
February 22nd**

You must register by the
above date to have the
required registration packets
for camp mailed to you

Tribal Youth

between the ages of 10
and 18 who are enrolled
in school are eligible to
attend

**Registration packets must be
received by
4:00 p.m. Wednesday, March 1st**

To register for camp please call Megan Davenport @ (541) 888-1311

Upcoming Weaving Workshops

Dates: December 17th and 18th

Location: Tribal Hall in Coos Bay

Time: 10:00 a.m. - 5:00 p.m.

Potluck lunch, please bring something to share with everyone

RSVP by December 5 to
sarasiestreem@hotmail.com

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Sunday, December 11

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Sunday, December 18

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Every Hour
From 3PM - 9PM

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Every Hour
From 12PM - 6PM

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with your club card at any slot machine
or table game, you get to pick a wrapped gift!

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All of the Eras of Elvis

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